

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

February 2020

CNA Mixer

Friday, Feb. 21, 6-8 p.m. Yes Yes Healing Garden 1626 N.E. Alberta St.

Brought to you by **CNA and Yes Yes Heal**ing Garden, this is the year's first opportunity to mingle with your neighbors. It's admission free and just down the block. See details on Pages 10 and 12.

CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

Nesika Illahee brings community

By Steve Elder CNA Media Team

he developers of Nesika Illahee set out to construct a Native American community to house and care for an underserved and underrepresented population.

They built a three-story, mostly wood community located on the east side of 42nd Avenue at Holman Street. The building will also contain artwork and landscaping - including murals, decorative stone columns and cultural references intended to be of special significance for Native American residents. All are intended to be welcoming and inclusive.

The term "affordable housing" appears in press descriptions of the project, but it's intended to be much more. Nesika Illahee means "our place" in Chinook.

Basically the project is an affordable housing development of 59 residential units, ranging from studios to threebedroom apartments available to people earning less than 60% of the area's median family income. Twenty of the units will be reserved for enrolled members of federally recognized tribes.

Fifty-nine units may not make much of a dent in the Portland metro area's need for affordable housing, but the number is a milestone for Native American groups.

A portion of the construction funds came from the Confederated Tribes of Siletz Indians in the form of a Native American Housing Block Grant, which is usually limited to construction within the boundaries of reservations. The project is believed to be the first time federal grant money has been used to build housing in an off-reservation location.

The project also represents a unique effort between tribal and nontribal partners. In addition to involvement of the Siletz tribes, Community Development Partners is serving as the project devel-



Steve Elder, East2@ ConcordiaPDX.org, is an inactive lawyer, a developer, activist and old grouch.



Affordable housing on 42nd Avenue will be comfortable, inclusive and artful, according to Paul Lumley, NAYA executive director. A mural by Toma Villa graces an outside wall, accompanied by stone pillars designed by Lillian Pitt. In the entryway is a mural by **Greg Robinson. Photo by Nancy Varekamp**

When Nesika Illahee opens, the two nonprofits will provide support services. All residents, for example, will be able to use the medical, dental and behavioral health care services that will be offered in-house.

oper. The Native American Youth and ican Rehabilitation Association of the Northwest have helped move the project forward.

When Nesika Illahee opens, the two nonprofits will provide support services. All residents, for example, will be able to use the medical, dental and behavioral health care services that will be offered in-house.

The off-reservation project funded by Family Center and the Native Amer- tribal and nontribal sources had many naysayers, according to Delores Pigsley, Siletz Tribal Council chairman. She said the project is a turning point - a sign of what can be accomplished to help those who identify as members, including more than 300 Siletz in Multnomah County.

She added, "We look at this project as a beginning of what we need to do in more areas."



ROSIE'S OPENS TO APPLAUSE New lounge décor, menu attract theater goers, the thirsty & hungry.

See Page 4



THIS IS FOR THE FOODIES Two writers who grew up in Concordia recall old, treasure the new.

See Pages 6-7



THEY'RE CRUISIN' IN FOR FUN Cruzroom's new Annex offers comedy, games, open mic, & plenty more.

See Page 8

CNA VOICES

By Astrid Furstner, CNA Chair

We've set goals for 2020

As you can see, we have set a few

goals for ourselves. I would really

love to have more participation from

our neighbors and hear more voices.

provide input.

reetings Concordia Neighbors! I am honored to have been elected as the 2020 chair for our Concordia Neighborhood Association (CNA). Many of us begin a new year with resolutions or goals that we wish to accomplish. CNA is no different.

At our January board meeting we held a meaningful discussion of various items we would like to see continue and others we wish to begin. With the

help of the board members, our committees and our neighbors, I am sure that we can make that happen.

Let me begin by thanking our former chair,

Chris Lopez, for his leadership and dedication over the past few years. Chris has faithfully fulfilled his service through his leadership and guidance. CNA successfully put together a few wonderful events last year, such as the spring egg hunt at Fernhill Park, the neighborhood clean up, the neighborhood-wide yard sale, the holiday event at Cerimon House, concerts in the park, and various mixers at local businesses.

In this new year, we hope to continue to provide you with the annual spring egg hunt, the every-othermonth mixers, the concerts in the park through our association with Portland Parks & Recreation. And we are also committed to ensuring we have speakers at our general meetings who can help address various community concerns.

We are working on potentially hosting a barbecue event in the summer to provide an opportunity for our neighbors to come together, have fun, meet each

Concordia Districts and

NE Prescott St.

other and generally create more community bonds.

We also hope to be more involved with our community businesses and nonprofit organizations. In doing so, our association is hoping to launch the community partner designation. The details are still in the works but, in essence, we hope to foster relationships with organizations that work in partnership with CNA to provide services such as education, advocacy at low or no cost, and that foster an equitable

> and inclusive relationship with those who reside or work in and/or near Concordia.

We are hoping to have an announcement soon, so that all can

As you can see, we have set a few goals for ourselves. I would really love to have more participation from our neighbors and hear more voices.

If there is a particular event that you have enjoyed every year, we could use your help! Come to one of our meetings and let us hear from you. What makes our neighborhood great? What ideas do you have?

Concordia is already an awesome place to live, but is there something more we can do to continue to foster relationships with our community? Feel free to email me your ideas at Chair@ConcordiaPDX.org.

Astrid Furstner is a mother, a wife, an immigrant, a local artist and an artisan. She lives with her luthier husband, Brent, and her artist-in-the-making daughter, Luciana. Together, they call Concordia their home.

adjoining neighborhoods Northwest District East District NE Killingsworth St. Southwest District NE Alberta Ct.

CNA Board of Directors

Chair | Chair@ConcordiaPDX.org Astrid Furstner East 1 | East1@ConcordiaPDX.org Heather Pashley East 2 | East2@ConcordiaPDX.org Steve Elder Northwest 1 | NW1@ConcordiaPDX.org Isham "Ike" Harris Northwest 2 | NW2@ConcordiaPDX.org Amelie Marian Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong

Southwest 2 | SW2@ConcordiaPDX.org Ali Novak At Large 1 | AL1@ConcordiaPDX.org Robert Bowles

At Large 2 | AL2@ConcordiaPDX.org Donn Dennis At Large 3 | AL3@ConcordiaPDX.org John McSherry

At Large 4 | AL4@ConcordiaPDX.org Sonia Fornoni At Large 5 | AL5@ConcordiaPDX.org Truls Neal At Large 6 | AL6@ConcordiaPDX.org Matt Boyd

Need a place for your event?

The Community Room at McMenamins Kennedy School is a great place for your book club, birthday or baby shower.

Pricing: \$25/hr (\$15/hr. for nonprofits)

Concordia Neighborhood Association

Board Meeting

1st Wednesday of the month, Wednesday, Feb. 5, 7 p.m., McMenamins Kennedy School Community Room

General Membership Meeting

Wednesday, March 4, 7 p.m., McMenamins Kennedy School Community Room

Social Committee

If you'd like to volunteer to help plan fun, community building events, contact Sonia Fornoni at SoniaGF419@ gmail.com.

Media Team

1st Tuesday of the month, Tuesday, Feb. 4, 6 p.m., McMenamins Kennedy School Community Room, contact MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, Feb. 19, 7 p.m., McMenamins Kennedy School Community Room, contact LandUse@ConcordiaPDX.org

Finance Committee

Last Wednesday of the month, Wednesday, Feb. 26, 7 p.m., no November and December meetings. Contact Heather Pashley, Treasurer@ConcordiaPDX.org

Community Room Rental

For info and scheduling, visit ConcordiaPDX.org/ community-room-rental or contact Sonia Fornoni at CNARoomKennedy@gmail.com.

CONTACTS

CNA Chair

Astrid Furstner, Chair@ConcordiaPDX.org

CNA Vice Chair

Garlynn Woodsong, SW1@ConcordiaPDX.org

CNA Secretary

Steve Elder, Secretary@ConcordiaPDX.org

CNA Treasurer

Heather Pashley, Treasurer@ConcordiaPDX.org

North Community Safety Team | Community **Safety Coordinator**

Jacob Brostoff, north.pdxteam@portlandoregon.gov, 503-823-4064

Neighborhood Response Team Officer

Anthony Zoeller, Anthony.Zoeller@PortlandOregon.gov, 503.823.0743

SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org Submissions to CNA Website: Submit nonprofit news

& events to MediaTeamLead@ConcordiaPDX.org

Advertising: Gina Levine, CNewsBusiness@ ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

CNA Board Liaisons: Heather Pashley, John McSherry Media Team Lead: Gordon Riggs, MediaTeamLead@ ConcordiaPDX.org, 503.515.8209

CNews Editor: Nancy Varekamp, CNewsEditor@ ConcordiaPDX.org, 503.740.5245

CNews Graphic Designer: Gordon Riggs

Media Team: Chris Baker, Tom Buell, Joel Dippold, Steve Elder, Jamie Elsbury, Tamara Anne Fowler, Tami Fung, Will Goubert, Lloyd Kimeldorf, Gina Levine, Karen Lotts, Vanessa Miali, Theresia Munywoki, Rachel Richards, Gordon Riggs, Rob Rogers, Marsha Sandman, Nancy Varekamp, Karen Wells, Carrie Wenninger, Dan Werle



Beaumont-Wilshire

THE FACTS:

Targeted, local audience

Delivered to 5,500 homes & 1,000 businesses monthly

Readership of 10,000

Hyperlocal content your customers & prospects are READING

Extended shelf life: Your message has **STAYING POWER**



Concordia News

To advertise – contact us TODAY! CNewsBusiness@ConcordiaPDX.org Concordia art works

Graffiti isn't new & it's worldwide largest art

By Maquette Reeverts
Alberta Art Works

You walk by it a thousand times a day. It is a part of our landscape. Regardless of how you feel about it, graffiti is a part of our everyday visual experience.

Graffiti is currently the largest worldwide art movement.

The word was originally given to the writings scrawled on the walls of ancient buildings in Rome and Pompei. The quips found rival current bathroom writings telling of sexual encounters, poking fun and tattling on friends.

As early American settlers headed West, they carved their names into Signature Rock on the Oregon Trail, now a national landmark.

It wasn't until the late 1960s that graffiti emerged into the form we know now, and much of that rise is contributed to the invention of paint in a spray can.

New York City was the midwife of modern graffiti, birthing artists like



Michel Reeverts, aka Maquette, holds a master of arts degree in art education, serves Alberta Art Works as director and Alberta Street Gallery as a board

member. She is also a practicing artist. Contact her at Maquette@AlbertaArt-Works.org Cornbread and TAKI183.

The '80s saw some of the first graffiti artists to cross over into galleries – giving the public access to artists such as Keith Harring and Basquiat. The movement gained some legitimacy in the '90s and brought the world works from Shepard Fairey and Banksy.

Like it or not, graffiti is art.

You can find work from Shepard Fairey locally, peering out from a window of the Community Cycling building, 1700 N.E. Alberta St. Most known for "Hope," his 2008 portrait of Barack Obama, he in 2017 released the "We the People" series in a protest of Donald Trump.

The series features portraits of Native Americans, African Americans, Muslims and Latinas paired with slogans such as "Women are Perfect" and "Defend Dignity." He made the images free to the public via his website, ObeyGiant.com.

Like it or not, graffiti is art. It doesn't happen in a gallery or a museum. Instead, it erupts in the gaps.

Renowned street artist Shepard Fairey's work is represented among Alberta Art District's collection of graffiti. This selection from his "We the People" series appears in a window of the Community Cycling Center.



Become our partner?

re you involved in an organization or business that is committed to this community prospering in all ways – especially in equity and inclusivity?

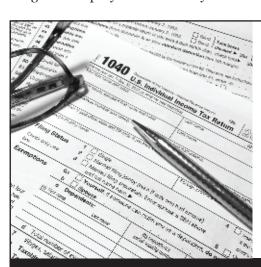
Do you agree with the Concordia Neighborhood Association (CNA) board of directors that working in partnership with each other, the effectiveness of each entity can be maximized?

If yes, then mark your calendar for Wednesday, March 4. The CNA board invites you – and all individuals – to its quarterly general meeting. The discussion will focus on how the various groups in and near Concordia can work together to further education or advocacy toward the goals of equity and inclusivity.

"We're looking for partners to increase our own efforts – and theirs – to further and more effectively serve the community at low or no cost," explained CNA chair Astrid Furstner. "We want to help increase outreach and communications opportunities here in Concordia and with people and organizations in neighborhoods next door.

"As a neighborhood association, we believe we can help be a catalyst for collaboration," she added. "Let us know how you think that might work best."

If you cannot attend the meeting, but want to explore the concept further, contact Astrid at Chair@ConcordiaPDX. org.



Tax solutions, no matter what type of tax return you have.

(503) 683-3843



Your neighborhood law firm

The Howe Law Firm 4920 NE 47th Avenue Portland, OR 97218

- Business transactions
- Estate planning
- Tax solutions

Association Seeks Recording Secretary



The association is seeking a person to take and transcribe minutes of directors and land use meetings and general meetings.

The contractor position requires literacy, document preparation skills and good hearing. The most important requirement is dependability. Concordia is fortunate enough to be able to afford to pay for a recording secretary.

Residence in Concordia is not mandatory.

Compensation is \$20/hour for meetings – no mileage – and for time spent preparing and publishing minutes on the website. The outgoing recording secretary worked an average of 6 to 7 hours per month.

Directors meetings are generally held at 7 p.m. on the first Wednesday of each month and land use meetings are generally at 7 p.m. the third Wednesday. Meetings are held at the Kennedy School. Agendas are prepared and published by the committee chair. Particulars are in the association bylaws, available on the website.

This is a contract position. If the contractor is indisposed, he/she is expected to ensure the activities are covered.

Interest can be communicated to the CNA chair, copy the secretary.

References and a sample of work will aid decision-making.

Chair: Chair@ConcordiaPDX.org

Secretary: Secretary@ConcordiaPDX.org **Bylaws:** ConcordiaPDX.org/about-cna/bylaws/

Page • 4 | February 2020 Concordia News

There's love in the details at new lounge

By Marsha Sandman CNA Media Team

s if the Alberta Rose Theatre isn't fabulous enough. Joe Cawley, owner and purveyor of all things amazing, has opened Rosie's Lounge right across the street.

It's a cocktail lounge, restaurant,

assistant manager – are longtime Concordians. You might recognize Sarah as the singer with The Nowhere Band at the Alberta Rose Theatre.

They are the creative talent behind the interior design.

Blest produced the cocktail offerings and Sarah helped to build the dinner, happy hour and late night snack menus

This is not your typical minimalist Portland Bar. Rosie's Lounge is Portland proud with 90% of the décor sourced locally.

late night spot and a perfectly warm and inviting oasis. Guests say they are impressed immediately with the delightful décor which is, of course, dominated by roses.

Both warm and engaging – Blest VonWeter, manager, and Sarah King,

After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at MarshaJSandman@gmail.com.

for the 4 p.m.-1 a.m. lounge.

Blest and Sarah have been friends for more than 30 years and business partners for five as interior designers and owners of Gold Dust, which was once located inside the Alberta Rose building.

Joe appreciated their design esthetics and knew they were the perfect pair when he learned Gold Dust on Alberta Street at 14th Avenue will close soon.

He gave them complete artistic license in the remodeling and design of the former Stella Taco at 2940 N.E. Alberta St.

"It's decadent, colorful, glamorous, romantic and welcoming," Sarah explained. Gilded mirrors and larger-



Joe Cawley gave Sarah King and Blest VonWeter free rein on designing Rosie's Lounge, across the street from his Alberta Rose Theatre. Pictured here, they didn't disappoint. Photo by Marsha Sandman

than-life roses grace the walls. Blest built the beautiful and abundant crystal chandolors

The new solid walnut bar is an excellent spot to enjoy libations. This is not your typical minimalist Portland bar. Rosie's Lounge is Portland proud with 90% of the décor sourced locally.

"Love is in the details," Sarah pointed out.

After you've settled in, you'll be wowed by the dinner and drinks menus. Blest is a master mixologist who promises seasonal changes.

The impressive dinner menu was

designed by the owner, head chef Dee Dee Hopkins, and a group of other talented chefs, in addition to Sarah. It's a unique and interesting menu intended to please all palettes.

Next spring Rosie's plans to offer a brunch service with outside seating. Promised is a menu with seasonal changes and all food is, like its surroundings, sourced locally.

Facebook.com/rosiesloungeportland and Instagram's @Rosie'sLounge offer evidence of the popularity of Rosie's Lounge since it opened in December.



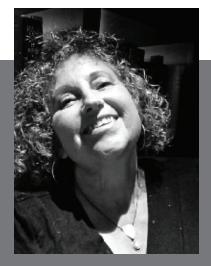
When you list your house with us we pay for several up front costs, including your Home Energy Score, a professional cleaning service, and a staging consultation.

Call Mark for a free market overview of your home



Concordia News

is THE place to write!



"I enjoy writing for the Concordia News because I believe everyone has a story.

I delight in being continually amazed. What's your story?"

Marsha Sandman, CNA Media Team Marsha JSandman@gmail.com

Choose the subjects you want to cover — from events to new businesses, schools to community issues and so much more.

CONTACT US TODAY

CNewsEditor@ConcordiaPDX.org ConcordiaPDX.org



LUTC update

Smell pollution? There's an app for that

By Garlynn Woodsong CNA Board Member, SW1 CNA LUTC Chair

oncordians may smell a foul odor in the air from time to time – especially when there's an inversion layer that traps a layer of warmer air next to the ground underneath a layer of cooler air, preventing pollution from escaping upwards.

Concordia is located near:

- Two major arterials
- A major transcontinental freight railroad line frequented by many hardworking diesel locomotives that are not subject to any meaningful pollution regulation
- An industrial zone that is home to many polluting uses, including propane tank facilities prone to leaking



Garlynn Woodsong lives on 29th Avenue. serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the citu his son will inherit. He is the

planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at LandUse@ ConcordiaPDX.org.

It can be frustrating, overwhelming and demoralizing to walk outside, breathe a foul odor, and to feel helpless and unable to do anything about it.

- The airport, which is a hive of petroleum-burning activity, especially aviation gasoline and jet fuel – both of which are exempt from any meaningful emissions regulations
- Many other emissions sources, both fixed- and mobile-source

This foul air quality, although it is usually invisible, can have very real, long-term impacts on our health and quality of life. We, our children, our friends and our families all breathe in this air. If our air smells toxic, then we are likely inhaling toxins.

It can be frustrating, overwhelming and demoralizing to walk outside, breathe a foul odor, and to feel helpless and unable to do anything about it.

Now you can use a new free smartphone app, provided by Portland Clean Air, to crowdsource reports of pollution odors traveling through the neighborhood. The app also helps track down sources of industrial air pollution inci-

You can download the app today and make a smell report – even if you walk outside, smell a beautiful clean-air day and, as a result, the smell report is posi-

Portland Clean Air has been working with app developer Beatrice Dias from Carnegie Melon University and with Seventh Generation to launch the app city-wide in Portland.

The Smell MyCity app crowdsources community reports of pollution odors and visualizes the city's air quality. You can help with the launch of the app by downloading it today and making a smell report.

This is a better alternative than your complaints being ignored by DEQ, or floating around Nextdoor.com.

Portland Clean Air now has a toxic smell response team with monitoring equipment, and data from nine agencies to help pinpoint the source so negotiators can be sent in to help reduce or eliminate the emissions source.

Find the Smell MyCity app free on the App Store and on Google Play.

SmellMyCity.org makes smell report data accessible publicly and easy for all residents and community groups to explore. It includes a map visualization page of how smell reports are distributed across the city over time. And it offers a data access page to download smell report data for further analysis.

Smell, submit, share!

What's Selling in Concordia?

Homes sold in RMLS in last 12 months as of Jan. 10

Increase in Average Sale Price since 2019

Avg. Sale Price in 2019: \$522,547 Avg. Sale Price currently:\$532,027 Avg. Days on market:31

This information provided by Mark Charlesworth, Concordia resident & Broker Keller Williams, Portland Central. charlesworthhomes@gmail.com · 503.807.9911

News from the NET

What is the CSZ?

By Amy Gard, Team Leader Concordia/Vernon/Woodlawn NET

nce upon a time, 320 years The past month or two have been filled with holidays and celebrations for many of us. A lesser known observation also just passed – the 320th anniversary of the megathrust Cascadia

Subduction Zone (CSZ) rupture which is

estimated to have hit our shores (liter-

region has experienced these megathrust quakes at least 41 times in the past 10,000 years, as recently as 190 years or as long as 1,200 years apart.

Great subduction zone quakes are the most powerful quakes experienced on the planet, and our CSZ has provided many. Researchers predict there is a 37% chance it will produce a 7.1+ quake within the next 50 years. If it had followed the average, we would be observing the anni-

Great subduction zone quakes are the most powerful quakes experienced on the planet, and our CSZ has provided many.

ally) around 9 p.m. Jan. 26, 1700, with versary of the Great Quake of 1946. an estimated 9.0 magnitude.

For Oregon Coast visitors, you may be familiar with some of its work, namely several of the ghost forests that dot the coastal landscape – although the one at Neskowin resulted from a CSZ rupture circa 20 AD.

Geological core samples taken from along the northwest coast indicate our



Amy Gard is a mother, retired teacher/administrator, former Concordia business owner, saxophone player and active volunteer for the NET

and Oregon Food Bank.

So what exactly is the CSZ? It is a 600-mile fault that lies 70-100 miles off the Pacific coast and that stretches from northern Vancouver Island to Mendocino, California.

This fault is where the Juan de Fuca ocean plate is pushing underneath the North American plate, slowly building pressure while pushing the coastal lands up.

At semi-regular intervals, this pressure is released violently, resulting in a quake that produces tsunamis for the Northwest coast and, later, for Japan – in addition to shaking that is felt far inland, with even some areas east of Bend experiencing light to moderate damage.

Please visit Oregon.gov/oem for further information and resources.



Concordia News Page • 6 | **February 2020**

Former Concordian children recollect stories

Change is inevitable. And the "foodscape" of Concordia has changed across the years. One thing that hasn't changed, however, is its wealth, diversity, quality and the memories it instills.

Two employees of Northeast Coalition of Neighborhoods (NECN) grew up here – and they have plenty of memories.

Mischa Webley, NECN communications manager, was fond of the small convenience stores that dotted the neighborhood. He found they filled his maturing tastes – from candy to VHS tapes – as he grew.

Jessica Rojas, NECN associate director, is a self-described tacomentarian and a known taco-anthropologist who follows the motto "tacos over vatos."

The latest issue of NECN's Hey Neighbor! newsletter featured much – very much – about food. CNews can't reprint it all in this space. But to the right are some of the highlights. See "the rest of the story" in Hey Neighbor! at bit.ly/ NECNW2020.





Mischa Webley

113C-10 503.282.1841

When it comes to bathrooms, kitchens, additions and more...







the only tool you need. mac-bo.com

He grew up to praise all things mini mart

By Mischa Webley

Ainsworth Food Market

Ainsworth Food Market on 30th Avenue and Ainsworth Street had a little bit of everything: cheap food, soda and an eclectic collection of everything for sale - from dusty pieces of Tupperware to a strangely specific selection of stationery to a huge selection of flavored incense with pornographic names.

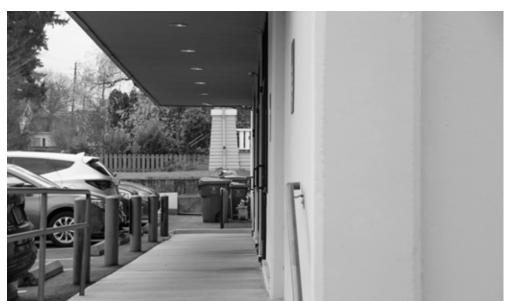
I could see it from the front yard of the house I grew up in, and I ended up there at least a few times a week. Over the years the reasons would change for walking up there. First was the candy. Fifty cents would buy you one of those just picked up the phone and called my dad to clear it with him. From then on, I could rent anything I wanted, no questions

Where can you get customer service like that anymore?

Jay's Food Mart

A little bit further up the street, Jay's Food Mart sat on the northwest corner of 33rd Avenue and Killingsworth Street. Jay's was a classic, no-frills mini-mart that reliably had all the junk food and vices you might need.

It was also right on the intersection of the old No. 10 and No. 72 bus lines for added convenience.



Ainsworth Food Market kept pace with Mischa Webley's maturing tastes.

"fruit" pies - no fruit, just sugar - and I was happily addicted to them.

Then it was for more practical reasons like running errands for my mom. Maybe she was baking and ran out of flour or salt or oil. We would get a last-minute dozen eggs or orange juice and occasionally even some produce, which was parked in the back corner and always looked a little sad.

For my parents, who were very uptight about what food we ate, the candy was my secret, and the occasional purchase of non-organic flour was my mom's. I kept both to myself.

As I got older, I developed a new addiction to movies, and the market had me covered on that too. I rented VHS tapes from the standing racks of random titles that were scattered around the store. Most of them were out of date and just about all of them were rated R.

The first movie I ever rented, at the age of 12, was Platoon. Of course it wasn't ageappropriate, but the owner - who worked behind the counter seven days a week -

Jay's shut down several years ago and the building sat empty for a long time. The sight of its replacement, a Mud Bay outlet that sells gourmet pet food, is still jarring to me.

Back in the day, the unhealthy selection of food at Jay's was still some of the only food close by - that part of northeast was a certifiable food desert. The irony is that now it's a store that sells food for pets that is probably healthier than the food Jav's sold to us.

But I still miss the old market.

The irony is that now it's a store that sells food for pets that is probably healthier than the food Jay's sold to us.



Jay's Food Mart sold junk food; whereas, its replacement sells healthy pet food.

These are what she's here to taco-bout

go to different taquerias, for different reasons. So I gotta talk about – taco-bout – some of my

That is a part of our culture, to take care of our community through food and hospitality.

La Sirenita

The everyday staple taco for taquerias in northeast is La Sirenita on Alberta Street and 28th Avenue, and it's OG Veterano, home of the affordable comida since Day 1. I can still remember the humble beginnings of that location which, back then, was a small store with a jukebox that played oldies and had a food cart outside.

The elder who first owned the building took me and my sisters in as family, and I worked there in the tiendita, the store side. The family that made the food and ran the kitchen was separate from the

By Jessica Rojas store. Over the years, I watched three aquerias, for generations work the front counter of their kitchen.

My old time favorite is black bean tostada and salsa verde. What I value so much about them is that, when I did not have the money to eat, sometimes they just fed me, saying, "You need to eat."

That is a part of our culture, to take care of our community through food and hospitality. And to this day, most people of northeast know of La Sirenita as an affordable, consistent provider of quality Mexican food.

Santo Domingo

When it's Sunday, and I am most likely visiting my dad, he is going to want a carne asada burrito. By this point in the week, I've had my staple and work tacos, but there is something more I crave.

That is when I go to Santo Domingo at 42nd Avenue and Killingsworth Street. My main motivation is chicken mole tacos and steak fajitas. I like to say, "Don't cheat yourself – treat yourself." Sunday is a good day for sour cream anyways.

The parking isn't the greatest, but it is close to the bus line on an up-andcoming new main street, 42nd Avenue.

The menu will not disappoint you.

Taco Machine

Looking for a taco truck? Taco



Taco machine is where Jessica Rojas fights the "hangries."

Machine at Killingsworth Street and 16th Avenue is my local taco truck. They have the carne asada fries and potato or mushroom tacos for the moments I don't feel like eating meat. All for a very good price.

Let's support this small business. I would like to see them expand their hours as this part of Killingsworth grows.

She has the classics at a good price. This is where I go when I am ready to eat/"hangry." Sometimes I will write a – always nice – message on her whiteboard, which is decorated in notes of gratitude from the many loyal visitors.



Santo Domingo is the place to treat yourself.



La Sirenita started out in business as a store and food cart

Have you checked out CNA's Facebook page?

Keep informed of CNA activities and your neighbors' comments.

Check out the page for:

CNA Board meeting invites & meeting minutes

Facebook.com/groups/ConcordiaPDX/

- Neighborhood events
- CNews story highlights
- Community discussions







Page • 8 | February 2020 Concordia News

Live from Alberta Street ... it's the Annex

By Carrie Wenninger CNA Media Team

ometimes things fall apart, only to come back together better than you ever could have imagined.

Such was the case with the Annex, the event venue across the courtyard from Cruzroom's main bar and restaurant at

performance venue.

Open for a year, the Annex hosts a packed schedule of local and larger bands; dedicated nights for jazz and Brazilian music, comedy, trivia and open mic; Yoga and Tacos events; miscellaneous classes; and more.

Jake is also the bassist for the Portland band Fir. He and friends had a

The Annex served as car storage for the shop, then sat idle for decades. It has now found new life as a thriving 150-person capacity performance venue.

2338 N.E. Alberta Street.

Ready to open a second location, owner Octavio 'Tavi' Cruz-Uribe had scouted the perfect space across town when the deal suddenly fell through, explained the Annex's manager and head booker Jake Jarvis.

And that's precisely when the spacious, empty building mere feet away became available.

A mechanic shop in the 1940s, Cruzroom is now a favorite gathering place known for its cocktails, innovative tacos and popular outdoor patio. The Annex served as car storage for the shop, then sat idle for decades. It has now found new life as a thriving 150-person capacity

huge hand in the renovations and interior build-out. Rumor has it the space also boasts the only full-size pool table on Alberta Street, previously owned by former Portland Trail Blazers great Kevin Duckworth.

Crowds were initially slow to arrive, but things picked up last spring thanks to the increasingly popular open mic night, which draws in an eclectic mix of talent.

Angelyna Tropets of Honey Latte Presents assists with all-ages show bookings and the website and social media presence. Jake focuses on cultivating curated events and residencies in addition to managing the Annex.

Care about

or land use

transportation

issues affecting

our Concordia

neighborhood?

Find the event schedule at Cruzroom.



Opening the Cruzroom Annex was good luck for both owner Octavio 'Tavi' Cruz-Uribe and manager Jake Jarvis (pictured). Local residents are finding good entertainment there. Photo by Carrie Wenninger

com/annex. Looking to book a show? Email CruzroomAnnex@gmail.com

"We want to be a positive part of the neighborhood, a space where people can come, relax and be safe while enjoying a variety of shows," Jake emphasized.

"We welcome all people and we absolutely do not tolerate any sort of discrimination,"

Not just about skinny jeans, band t-shirts and flannels, the Annex's wideranging offerings make it clear there's something here for everyone. The menu is the same as Cruzroom's, including many vegan and gluten-free options, the patio is smoker-friendly, and all ages are welcome until 10 p.m.



Carrie Wenninger lives on 29th Avenue in Concordia. She is a freelance writer, a mom, a world traveler and a small business marketing consultant. Contact

her at WurdGurl@gmail.com.

Want to get involved locally?



It's easy. The Concordia Land Use & Transportation Committee meets next on Wednesday, Feb. 19 at 7 p.m. in the McMenamins Kennedy School Community Room.

(Generally, meetings are held on the 3rd Wednesday of the month.)



Meetings are open to the public. Just show up or contact LandUse@ConcordiaPDX.org.

Info: ConcordiaPDX.org/lutc







SUPPORTING
SEWISTS & STITCHERS
SINCE 2005

NEW LOCATION + CLASSES! 4636 NE 42ND AVE., STE. C PORTLAND, OR 97218 503.287.2658 Whether you're making clothing, curtains, or a quilt, we're ready to help. Check our website for class offerinas and open sew hours.

www.boltfabricboutique.com

@boltfabricpdx

Concordia Neighborhood friends, bring in this ad and receive 10% off your purchase.

Not to be combined with other offers. Expires: 5/31/20

Want to get involved locally?

Join us at the next Concordia Neighborhood Association Board Meeting on Wednesday, Feb. 5, 7-9 p.m. in the McMenamins Kennedy School Community Room.

All are welcome!



Want to get to know your neighbors?

Thanks for asking

Have you heard of National Freedom Day?

By Karen Wells CNA Media Team

ave you heard of National Freedom Day? It's celebrated Feb. 1, commemorating a congressional resolution built from the Emancipation Proclamation of 1863.

Feb. 1 also ushers in Black History Month, a time to focus attention on the achievements and contributions of people of the African-American diaspora.

In February 1865, President Abraham Lincoln presented Congress a signed resolution proposing an amendment to the U.S. Constitution changing the legal status of more than three million Americans of African ancestry from "slave" to "free."

A nine-year-old child of African ancestry living in Georgia as a slave grew to become an officer in the Spanish-American War, banker, distinguished educator, college president and civil rights activist.

His name was Maj. Richard Robert Wright Sr., founder of National Freedom Day Association. Under his leadership, the association repeatedly lobbied Congress to establish a national observance commemorating the signing of the 13th Amendment, which outlaws the practice of applying property law to people.

That former slave died in 1947. The following year, President Harry S. Truman signed a bill proclaiming Feb. 1 National Freedom Day, a precursor of Black History Month.

In 1976, Black History Month garnered national support during the U.S. bicentennial when President Gerald Ford urged Americans to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history."

His life overlapped that of Carter Godwin Woodson, historian, scholar, educator, activist, journalist and publisher. In 1926, the historian launched a celebration of Negro History Week the second week of February.

He selected that week to honor the life of social justice activist Frederick Douglas, whose birthday is Feb. 14. Fast forward to 1969, Kent State University's (KSU's) Black Students United, supported by KSU African-American professors, proposed changing the name from "Negro History" to "Black History" and extending the observance to the entire month.

1970 was the first year Black History Month was observed in academic and cultural centers of Portland, and across the nation. In 1976, Black History Month garnered national support during the U.S.

bicentennial when President Gerald Ford urged Americans to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history."

From the early 1900s to the present, African American Portlanders have served in the military. African Americans in military service demonstrate patriotism, and more important, contest the myth of white supremacy.

In 1918 50 African Americans were

drafted by the Selective Service System to travel 110 miles north for training at Fort Lewis. They were the first of many black men deployed to the front lines of France in World War 1.

Black Concordians have served in military conflicts and crises since then.



Is Portland's history punctuated by black Concordians' achievements and moxie? Thanks for asking.

Editor's note: Karen consulted several sources for this piece and shares them with you on Facebook.com/groups/ConcordiaPDX. Do you have a crosscultural question for her? Send it to CNewsEditor@ConcordiaPDX.org.



Karen Wells is a retired early childhood community educator, health and safety trainer.

Need a place for your PARTY?

The Community Room at McMenamins Kennedy School is available for your next meeting, gathering, book club, birthday, baby shower or special occasion.

CNA manages the rental space & benefits from the proceeds.

Pricing: \$25/hr. (\$15/hr. for nonprofits)

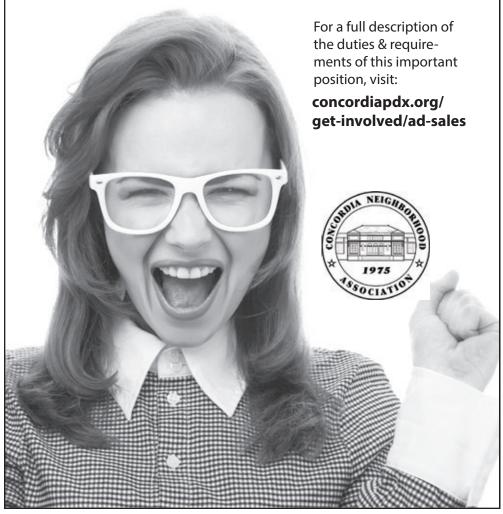


For more information, visit ConcordiaPDX.org/communityroom-rental/, or email CNARoomKennedy@gmail.com



I can help businesses and make \$\$\$\$ too!

Do you have marketing savvy and a customer-focused approach to advertising sales? Join the CNA Ad Sales Team as an **Advertising Sales & Service Representative.** Earn commission while helping advertisers reach our 10,000 very loyal readers.





Concordia News Page • 10 February 2020

To your wellness

Intention has power

By Penny Hill Licensed Massage Therapist

ntention has power. Power to harness your vision, energy, drive and heart toward a single

It is a desire given muscle. Those muscles consist of several actions you against your will and break down your resolve. This is why resolutions fail.

Will power is limited, and the pull of your history has patience, persistence and its own power.

How to win this tug of war between what you want and what you have? First you have to have an intention to succeed.

Will power is limited, and the pull of your history has patience, persistence and its own power.

take repeatedly to build up their strength. When you intend to do something, the gears of the universe turn to make it possible.

When you intend to do something, you do it. You do whatever is required to accomplish the goal.

You do your part by reminding yourself daily what you intend. And even more important, you describe your "why." Without a firm grip on your "why," the temptations of the moment will batter



Penny Hill provides stress relief to her neighbors through her businesses, Rising Sun Massage, and Tapping for Less Stress. Find other resources and contact

information at CalmHealthEase.com.

Then you have to discover and remove what is in the way.

One way is to state your intention and listen for any thoughts that may arise in your mind, such as "Oh right, that's never going to happen."

So now you've discovered a hidden belief that will cause interference in the creation of your goal. Or you might feel a tension, a lump or a heaviness somewhere in your body.

Ask your body what this might mean. You'd be surprised how effective this is for eliciting answers. Listen quietly with reverence. Your inner self is speaking it's hurt. Listen with love and the intention to heal and integrate this part of you.

Then bring the joy, lightness or freedom you expect to feel in the future into your present. This creates a "towline" to that future you, encourages you and pulls you forward.



Friday, Feb. 21, 6-8pm

Yes Yes Healing Garden 1626 N.E. Alberta St.

CNA Mixer

Brought to you by CNA and Yes Yes Healing Garden, this is the year's first opportunity to mingle with your neighbors. It's admission free and just down the block.



For details, contact Sonia at: soniagf419@gmail.com

Community Room Calendar

Concordia Neighborhood Association hosts these events in McMenamins Kennedy School Community Room. If you're interested in sponsoring community-building events in this 49-person-capacity venue, contact Sonia Fornoni, SoniaGF419@gmail.com. Unless noted otherwise, events are admission free.

Monday, Feb. 3, 17, 10-11am

EFT TAPPING STRESS RELIEF

EFT combines cognitive elements with tapping certain acupuncture points. This allows for quick release of current stress & the release of old, stuck energy that may be affecting your health & well-being. Details: pheft22@gmail.com, 503.493.5954, calmhealthease.com

Thursdays, Feb. 6, 13, 20, 6-7:30pm

SPANISH CONVERSATION

CNA sponsors these free classes. Brush up on your Spanish skills to reach out to the Hispanic community more effectively. All levels are welcome.

Details: soniagf419@gmail.com

Friday, Feb. 7, 7-9pm

SPIRITUAL ABUSE FORUM

This informal, open group meets quarterly to explore issues of abuse that occur in churches & other religious organizations. Each meeting offers a topic. Details: betsyfreeman16@gmail.com

Saturday, Feb 8, 10-11::30am

THE IMAGINARIES TOOL CRIB **INFO SESSION**

Come and learn about simple machines. This event is for families with toddlers

eager to explore the world around them through the tools we use every day. Admission: \$20 per family.

Details: reframenw@gmail.com, thereframecollective.com

Thursday Feb. 20, 2-5pm

FUNDRAISING TRAINING

Monthly fundraising training hosted by Willamette Valley Development Officers Details/RSVP: kaitlin.nam@wvdo-or.org

Sunday Feb. 23, 3-6pm and Thursday, Feb. 27, 7-9pm

SACRED HARP SINGING

This is not a choir, & there are no auditions & no performances. Each session is composed of whomever attends, including every possible level of musical experience & ability-even those who were asked not to sing in their church choirs. Details: portlandsacredharp.org

Saturday, Feb. 29, noon-2:30pm

PANEL DISCUSSION FOR

Pathways 4 Success panel discussion for middle and high school students and parents. ADHD support and peer-to-peer

Details: julie@jhidesign.com, 703.608.

For events scheduled after CNews press time, visit ConcordiaPDX.org/ community-room-calendar

Thanks for the memories

he Dec. 11 CNA Holiday Party was a smashing success with an estimated 250 guests making merry at Cerimon House and enjoying entertainment and food provided by nearly two dozen businesses and organizations.

The food courtyard came alive with the international flavors of Aladdin Café, Alecocina, Angel's Donuts & Ice Cream, HOTLIPS pizza, Los Pepitos Locos, Lovejoy's Tea Room, Seastar Bakery, Teote Mezcalería and Vita Café.

Vernon School Band and Faubion School Choir entertained Concordians during the evening, which was culminated with the high energy Andean and Latin American music of Grupo Lati-

Raffle sales raised \$275 for Northeast Food Pantry, and guests also donated plenty of food and clothing.

Raffle prize contributors included Aladdin Café, Frock, Lovejoy's Tea Room, Mathnasium, Miss Zumstein's Bakery and Coffee Shop, Mud Bay and YesYes Healing Garden.

Additional food and decoration items were donated by Fred Meyer and Whole Foods. The Kids Corner – complete with crafts and activities - came alive with materials donated by collagepdx, faithful volunteer Elizabeth Keenan and Mathnasium.

A big thanks to everyone who helped in every way, and to all of the Concordians who took time out of their schedules

If you missed the party, don't worry. There'll likely be another late this year.

Look for details next November and December in CNews and on Facebook. com/groups/ConcordiaPDX.

Like your neighborhood?

Opportunities abound – volunteer and sometimes paid – to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.



Ready to help?

Email: Chair@ConcordiaPDX.org

Ask the historian

Pose a question worth pondering

By Doug Decker Historian

've been watching two commercial corners just a few blocks apart that share similar histories but are on very different pathways to the future. They pose a question worth pondering: what do we want our neighborhood to feel like in the future?

The old Logan Grocery structure at 33rd Avenue and Alberta Street, built in 1910, is slated for demolition to be replaced by a three-story, 19-unit, short-term Airbnb hotel.

Meanwhile, a few blocks over, at the northeast corner of 30th Avenue and Emerson Street, a similar but very different story is unfolding.

Here, a 107-year-old wood-frame, mixed-use, commercial building that was once also a grocery store is being restored and repurposed for a medical practice and neighborhood coffee shop.

Both buildings – and most 100-yearold-plus buildings – have foundations that need work. For the Logan Grocery building, it was a deal breaker, and the owner chose to start over through demolition.

At 30th and Emerson, with similar infrastructure, the owner chose to renovate. That work begins with major foundation and structural work and then completely renovating the interior and using the existing exterior building envelope.

That offers a contrast between old and new while staying at the same scale as the surrounding neighborhood. The clinic and a new coffee shop are to occupy the first floor. Glass roll-up garage doors in the coffee shop on the north face of the building are planned to open onto an open outdoor patio. Upstairs are apartments, much like the old days.

Our neighborhood continues to wrestle with growth, density, affordability, traffic and many other pressures and needs. I hope we can bring a memory, an appreciation and a sense of our past forward with us to help create a better future.

This will be my last piece as your "Ask the historian" columnist. Thanks for caring about Concordia history. It's been a fun and enlightening five years. I step aside from CNews to make room for continued teaching, research and scholarship about our collective public history. I invite you to follow my continuing northeast Portland early history explorations on my blog AlamedaHistory.org, where I'm always available to respond to inquiries and observations about our past.



Doug Decker initiated his blog Alameda History. org in 2007 to collect and share knowledge about the life of old houses, buildings and neighborhoods

in northeast Portland. His basic notion is that insight to the past adds new meaning to the present.



The 107-year-old former grocery at 30th Avenue and Emerson Street is planned to be restored and repurposed for a medical practice and neighborhood coffee shop. Photo by Doug Decker



The 110-year-old Logan Grocery structure at 33rd Avenue and Alberta Street is slated for demolition to be replaced by a three-story, 19-unit, short-term Airbnb hotel. Photo by Gordon Riggs





Concordia community events calendar

Continuing through March 20, CU Library open hours

HEATHER GOODWIND EXHIBIT

Location: Concordia University Library Helen Goodwind deploys paint, ink & graphite to create a personal anthology of the archetypal images she presents as a permanent record of her experience. Her current projects include large scale works on canvas, & self-data collection to track & optimize her creative process. The exhibit is hosted by Concordia University Library Multicultural Arts & Events Program. A reception for the artist is Thursday, Jan. 30, 5:30-8:30pm. Details/library open hours: cu-portland. edu/academics/libraries/library-calendar

Saturday, Feb. 1, 9am-noon

STEWARDSHIP SATURDAY: COLUMBIA CHILDREN'S ARBORETUM

Location: 10040 NE 6th

Join Columbia Slough Watershed Council, Portland Parks & Recreation, & Friends of Columbia Children's Arboretum to continue restoring the arboretum. You'll assist in planting native shrubs & trees to restore wildlife habitat for pollinators & birds, & help reduce stormwater runoff. Dress for the weather, bring water, rain gear & sturdy shoes. Snacks, tools, training & gloves provided. All ages welcome, but any anyone younger than age 14 must be accompanied by an adult. Details/registration: rachel.walsh@ columbiaslough.org, columbiaslough.org/

Sunday, Feb. 2, 9am-noon

events/event/366

STEWARDSHIP SATURDAY: **WORLD WETLANDS DAY**

Locations: Smith & Bybee wetlands Join Columbia Slough Watershed Council to celebrate World Wetlands Day by helping restore Smith & Bybee Wetlands ecosystem. Dress for the weather, bring water, rain gear & sturdy shoes. Snacks, tools, training & gloves provided. All ages welcome, but any anyone younger than age 14 must be accompanied by an adult. Meet in the Interlake parking lot off of Marine. Check accessibility at accesstrails.org

Details/registration: rachel.walsh@ columbiaslough.org, columbiaslough.org/ events/event/596

Wednesday, Feb. 5, 6-8pm Saturday, Feb. 15, 3-5pm

HOME ENERGY SCORE

WORKSHOPS Location: 2900 SE Stark

Portland homes now require home energy scores to be listed for sale. This class is for home sellers/buyers & real estate brokers. Class covers interpreting home energy score reports & effective energy efficiency upgrades.

Details/registration:

communityenergyproject.org/services/ calendar, 503.284.6827 x109

Fridays, Feb. 7, 14, 21, 28, 10:30am-noon

FEAST COMMUNITY CHOIR Location: Subud Portland, 3185 NE Re-

gents Forget Everything & Sing Together (FEAST)

is a community acapella choir with the goal to build community. New singers welcome. Details/fee: feastcommunitychoir.com

Saturday, Feb. 8, 10am-1pm

STEWARDSHIP SATURDAY: AINSWORTH HABITAT CORRIDOR PROJECT

Location: Alberta Park, north side Join Columbia Slough Watershed Council, Bureau of Environmental Services, Bureau of Transportation, Audubon Society & Wisdom of the Elders to install a native habitat corridor on NE Ainsworth Street. This pilot project is to improve & beautify the right-ofway starting at Alberta Park & moving east toward Fernhill Park. You can help plant native shrubs, rushes & grasses in the medians on Ainsworth to create habitat for pollinators, birds & other wildlife. This project is funded by the city's Neighborhood to River program. Dress for the weather, bring water, rain gear & sturdy shoes. Snacks, tools, training & aloves provided.

Details: rachel.walsh@columbiaslough.org, columbiaslough.org/events/event/592

Saturday, Feb. 8, 2-7pm

PORTLAND INDIGENOUS MARKETPLACE

Location: 5431 NE 20th

Indigenous Come Up is hosting a series of marketplaces in 2020 to ensure indigenous vendors have opportunities to sell their wares at affordable & culturally respectful events. The larger markets will include entertainment such as music, storytelling & other performing arts. Great Spirit Church is the marketplace's fiscal sponsor & Metro supports its efforts through a Community Placemaking Grant.

Details: giftingartsandcrafts.com/buy

Monday, Feb. 10, 7pm

PARANORMAL PUB: OREGON'S AQUATIC CRYPTID CRITTERS

Location: McMenamins Kennedy School Jeff Davis, author of "Weird Oregon' describes a cryptid as a creature that is supposed to be extinct, but is not. Oregon has more than its share of these creatures, both on land & in the water. He will discuss the facts & myths surrounding the Wallowa Lake Monster, the devil of Devil's Lake, to a possible cousin of the Loch Ness Monster living off the Oregon Coast. Minors welcome with parents or guardians. Doors open 6pm. Details: mcmenamins.com/events/213288paranormal-pub-oregons-aquatic-cryptid-

Tuesday, Feb. 11, 7pm

RACE TALKS: PPU & PPS BOARD OF EDUCATION

Location: McMenamins Kennedy School The Portland Parent Union invited the Portland Public Schools Board of Education to engage in an open dialogue about the community's concerns regarding the progress of the board's goals via an open letter at medium.com. Specifically, it expressed apprehension about the disparity of educational opportunities for students on the east side of Portland. This event provides an open forum for PPS Board members to talk with students, parents & concerned citizens-in facilitated discussion groups-about equitable opportunities & outcomes for all students. Minors welcome with parents or guardians. Doors open 6pm.

Details: mcmenamins.com/events/213277race-talks-opportunities-for-dialogue

Thursday, Feb. 13, 6:30-8:30pm

COMMUNITY CONVERSATION: HOMELESSNESS

Location: Beaumont Middle School cafeteria Mayor Ted Wheeler convenes this meeting & others in February & March to present his homelessness policy agenda & host a community conversation about solving the homelessness crisis.

Details/venues/RSVPs: portlandoregon. gov/wheeler/80228

Thursday, Feb. 20, 6-8pm

FREE CRAFT NIGHT

Location: Atlas Pizza, 710 N Killingsworth collage & Atlas Pizza collaborate the third Thursday of each month to sponsor this event. Supplies & instructors provided, no registration necessary.

Details: collagepdx.com

Friday, Feb. 21, 6-8pm

CONCORDIA NEIGHBORHOOD ASSOCIATION MIXER

Location: Yes Yes Healing Garden, 1626 NE Alberta

Tour Alberta Street's newest wellness practice. It offers acupuncture, Chinese herbal medicine, several genres of massage Saturday Feb. 22, 9am-noon STEWARDSHIP SATURDAY: **HERON LAKES GOLF COURSE** Location: 3500 N Victory

and more. Founders John Kozel and KMA

Sullivan will offer tours, beverages and hors

d'oeuvres. This is CNA's first opportunity in

2020 to mingle with your neighbors.

Details: soniagf419@gmail.com

Plant native shrubs & trees to create wildlife habitat on this publicly-owned golf course in historic Vanport. The 340-acre site is operated by Portland Parks & Recreation, & it contains a full 18-hole course with ponds, wetlands & natural habitats that provide ecosystem services in the watershed. Columbia Slough Watershed Council & the city collaborate to restore micro-habitats throughout the course, with Blueprint Foundation partnering to lead the restoration plantings. Dress for the weather, bring water, rain gear & sturdy shoes. Snacks, tools, training & gloves provided. All ages welcome, but any anyone younger than age 14 must be accompanied by an adult.

Details: rachel.walsh@columbiaslough.org, columbiaslough.org/events/event/546

Saturday, Feb. 22, 10-11:30am **LEAD POISONING PREVENTION WORKSHOP**

Location: 2900 SE Stark

Participants learn how to prevent lead exposure in their homes, especially homes built before 1978 housing children, pregnant women & others concerned about lead exposure.

Details/registration:

communityenergyproject.org/services/ calendar, 503.284.6827 x109

Saturday, Feb. 22, noon-2pm

LEAD SAFE HOME PROJECTS WORKSHOP

Location: 2900 SE Stark Learn how to perform small DIY projects at in your pre-1978 home-demolition, scraping, sanding, or remodeling-with respect for & safety from exposure to lead paint.

Details: communityenergyproject.org/ services/calendar, 503.284.6827 x109

Monday, Feb. 24, 7pm **HISTORY PUB: DETAINED BY MY COUNTRY**

Location: McMenamins Kennedy School Presenters Toby & Kenneth Loftus interview their mother Mitzi, about the unforgettable time she spent as a child in internment camps with other Japanese Americans during World War II. She lived in Hood River with her parents-who immigrated to the United States in 1904 & 1911-until 1942 when they were sent to internment camps in Wyoming & northern California. She will share photographs & memories of interment & resettlement in Oregon, with the attendant discrimination they experienced in the postwar years. Doors open at 6pm.

Details: mcmenamins.com/events/213240detained-by-my-country

Saturday Feb. 29, 9am-noon

STEWARDSHIP SATURDAY: **WILKES CREEK HEADWATERS**

Location: NE 154th & Fremont This venue contains the springs that feed the only free-flowing stream in the city that still enters the Columbia Slough. Restoring headwaters habitat is a key part of the waterway restoration process. Volunteer restoration efforts at the former hazelnut orchard & holly farm have been focused on enhancing the already-existing Western red cedar forest, & adding native trees, as well as shrub & forb understory to the rest of the site. Dress for the weather, bring water, rain gear & sturdy shoes. Snacks, tools, training & gloves provided. All ages welcome, but any anyone younger than age 14 must be accompanied by an adult.

Details/registration: rachel.walsh@ columbiaslough.org, columbiaslough.org/ events/event/367



32ND ANNUAL **WINTERFOLK** A BENEFIT FOR JOIN PDX FEATURING **TRACY GRAMMER**

1

2

3

6

8

9

10

13

14

19

20

21

22

25

29

LOUDON WAINWRIGHT III



LIVE WIRE RADIO WITH LUKE BURBANK

RIZO LOSING THE LADY

SOMETHING TO TALK ABOUT A PORTLAND

BONNIE RAITT TRIBUTE

FALL IN LOVE WIITH FLAMENCO

11 12 IT'S NOT ME, IT'S YOU STORIES FROM THE DARK SIDE OF DATING

EILEN JEWELL

MYSTERY BOX SHOW SPECIAL VALENTIINE'S DAY SHOW

15 16 MORTIFIED 3 SHOWS

> SCIENCE ON TAP COSMIC REVOLUTION WHAT HAPPENED BEFORE THE BIG BANG?

LIVE WIRE RADIO WITH LUKE BURBANK ALASDAIR FRASER

& NATALIE HAAS 21ST ANNUAL PORTLAND

CLOWNS WITHOUT BORDERS BENEFIT SHOW

24 SCIENCE ON TAP YOUR BRAIN ON PLEASURE & IN LOVE DISCUSSION AND CONCERT

ALBERT CUMMINGS

26 2020 BIAMP PDX JAZZ FESTIVAL KENNY BARRON + JOHN MEDESKI

KEROSENE DREAM

TOMMY CASTRO & THE PAINKILLERS

ALBERTAROSETHEATRE.COM 503.764.4131 | 3000 NE ALBERTA



Community calendar items

Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.