



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

March 2019

Mingle at the mixer

Mark your calendar for 5:30-7:30 p.m., Sunday, March 24. It's the Concordia Neighborhood Association's mixer. See details on Page 9.

CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

Non Profit Org
U.S. Postage
PAID
Portland, OR
Permit No. 452

Concordia Neighborhood Association
P.O. Box 11194
Portland, OR 97211

Church generates own power



Facing northwest, this photo displays the new solar panels on St. Charles Catholic Church's classroom building. Energy savings are estimated at \$7,481 per year, which helps the parish focus more resources on community work. Photo courtesy of Neil Kelly Company

By Steve Elder
CNA Media Team

Unless you're a bird or a piloted drone, you probably haven't noticed the array of solar collectors on top of the 67-year-old classroom building along the Emerson Street side of the 42nd Avenue St. Charles Church.

Perhaps you saw the large banner on the church listing the organizations that made the project possible.

The rooftop panels are part of the installed equipment that came on line in January. The 81.07-kilowatt (kw) (DC), 66.6-kw (AC) installation consists of 235 345-watt modules. Two Solar Edge inverters provide 98.5 percent efficiency.

Cost was \$3.45 per watt installed, with an estimated energy savings of 88,015 kilowatt-hours per five per year — which translates to \$9,000 per year in energy savings.

"This solar project solidifies our environmental commitment while allowing us to focus more of our resources on our community and faith outreach work," said the Rev. Elwin Schwab, parish priest.

"Our parish of 350 families recycles most everything and encourages its people to care for this earth."

The genesis of the project was spring 2016, when St. Charles Borromeo Parish planned a 122-kilowatt solar installation for the building and an additional battery storage component on church property.

The church and Neil Kelly Company applied for a Pacific Power Blue Sky Community Projects grant.

Customers of the utility support new renewable energy generation by volunteering to pay as little as \$1.95 extra per month on their power bills. Since 2006, Blue Sky participants have helped fund more than 100 new community-based renewable energy projects in Oregon, Washington and California communities.

A grant for the St. Charles project was not approved at that time, due to a perceived lack of adequate community impact. However, in 2017, the church joined with Neil Kelly again, and with Verde Builds in a successful grant application.

Verde is a licensed general contractor

that conceives, designs and implements environmental infrastructure projects.

Verde Builds describes itself as being by and of low-income communities, and was initiated by Hacienda Community Development Corporation, an affordable housing provider in the Cully neighborhood.

The \$300,000 Blue Sky grant helped defray a 78-kilowatt installation, designated Phase I by the parish. Funds are now being raised for Phase II, the rest of the installation and energy storage.

Due to the success of the partnership, Verde Builds has moved forward another local solar project with Neil Kelly and is currently developing an energy efficiency program for low-income homeowners in Cully.

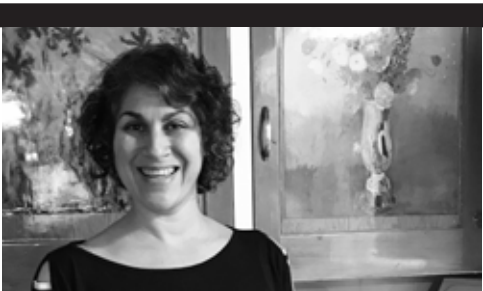


Steve Elder, *East2@ConcordiaPDX.org*, is an inactive lawyer, a developer, activist and old grouch.



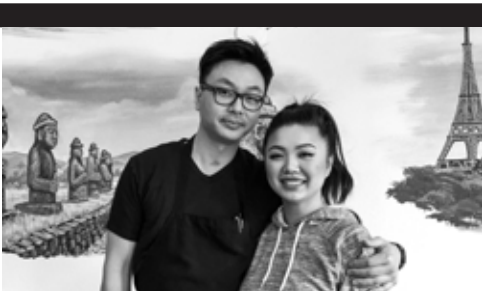
EXPO EDUCATES ON EMERGENCIES
Preparing for emergencies was the topic for this daylong event.

See Page 4



SYRIAN FOOD IS MADE TO ORDER
Leila Yacoub Piazza cooks from recipes her father imported.

See Page 6



THEY OFFER KOREAN, VIETNAMESE
Couple dishes up food from both their ancestral homelands.

See Page 8

CNA VOICES

By Lew Frederick
State Senator, District 22



Education is one of top issues in 2019 Legislature

The legislative session is in full swing, with myriad issues and hundreds of bills under consideration. Among the most important issues is funding education. My goal is a comprehensive education for all Oregonians and joy in learning.

As a former educator and past public information officer for Portland Public Schools, I’m steeped in educational issues with three of my committee assignments.

I co-chair the Joint Committee on Ways and Means Subcommittee on Education and the Joint Committee on Student Success Subcommittee on Early Childhood Education, and I’m a member of the Joint Committee on Student Success (JCSS).

Our major goal is to better prepare Oregon’s students for higher education or the workforce by giving students more options. Oregon ranks 49th in the nation for its high school graduation rate. We need to do a better job preparing the next generation for taking charge of the future. That means increasing our efforts to prepare them for career technical education (CTE) and/or college.

Not every high school student needs to go to college to be successful. But all of them are relying on schools to prepare them for success at making a living and supporting their families. It’s the Legislature’s job to help secure funding sources for schools to do that.

As for early education, the Legislature is looking to increase access to educational experiences for pre-

school-age children from low-income households and communities of color. It’s a significant topic of discussion.

I am also now a member of the Joint Committee on Transportation, a complex and compelling topic for me. As you’ve undoubtedly heard, the Oregon Department of Transportation is considering adding auxiliary lanes on I-5 at the Rose Quarter.

Many people may misunderstand that proposal. The Oregon Department of Transportation (ODOT) isn’t trying to add a lane to increase vehicle capacity. Instead, ODOT is planning to construct a ramp-to-ramp or auxiliary lane. Auxiliary lanes improve the flow of traffic and reduce collisions by providing a direct connection from one interchange ramp to the next.

Drivers can transition from one ramp to the next without having to merge into through traffic. There are several examples of that already on I-5, like the southbound connection between Greeley Avenue and Broadway Street or northbound between Broadway and the entrance to the Fremont Bridge.

If you’re moved by any of the issues affecting Concordia, I encourage you to come visit the capitol, call my office at 503.986.1722 or write me an email at Sen.LewFrederick@OregonLegislature.gov to discuss them with me.

Your engagement is important to the political process. Constituent voices impact what happens in Salem.

CNA Board of Directors

Chair | Chair@ConcordiaPDX.org Chris Lopez
East 1 | East1@ConcordiaPDX.org Heather Pashley
East 2 | East2@ConcordiaPDX.org Steve Elder
Northwest 1 | NW1@ConcordiaPDX.org Isham “Ike” Harris
Northwest 2 | NW2@ConcordiaPDX.org Amelie Marian
Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong
Southwest 2 | SW2@ConcordiaPDX.org Ali Novak
At Large 1 | AL1@ConcordiaPDX.org Robert Bowles
At Large 2 | AL2@ConcordiaPDX.org Donn Dennis
At Large 3 | AL3@ConcordiaPDX.org John McSherry
At Large 4 | AL4@ConcordiaPDX.org Sonia Fornoni
At Large 5 | AL5@ConcordiaPDX.org Truls Neal
At Large 6 | AL6@ConcordiaPDX.org Matt Boyd

Need a place for your event?

The Community Room at McMenamins Kennedy School is a great place for your book club, birthday or baby shower.

Pricing: \$25/hr (\$15/hr. for nonprofits)

Info: ConcordiaDPX.org/community-room-rental

Concordia Neighborhood Association

Board Meeting

1st Wednesday of the month, Wednesday, March 6 , 7 p.m., McMenamins Kennedy School Community Room

General Membership Meeting

Wednesday, April 3, 7 p.m., McMenamins Kennedy School Community Room

Social Committee

If you’d like to volunteer to help plan the CNA Spring Egg Hunt and other fun, community building events, contact Sonia Fornoni at SoniaGF419@gmail.com.

Media Team

1st Tuesday of the month, Tuesday, March 5, 6 p.m., McMenamins Kennedy School Community Room, contact MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, March 20, 7 p.m., McMenamins Kennedy School Community Room, contact LandUse@ConcordiaPDX.org

Finance Committee

Last Wednesday of the month, Wednesday, March 27, 7 p.m., McMenamins Kennedy School Community Room, contact Heather Pashley, Treasurer@ConcordiaPDX.org

CONTACTS

CNA Chair

Chris Lopez, Chair@ConcordiaPDX.org, 503.290.6871

CNA Vice Chair

Truls Neal, TrulsRobin@hotmail.com

CNA Secretary

Steve Elder, Secretary@ConcordiaPDX.org

CNA Treasurer

Heather Pashley, Treasurer@ConcordiaPDX.org

Crime Prevention Coordinator

Mary Tompkins, Mary.Tompkins@PortlandOregon.gov, 503.823.4764

Neighborhood Response Team Officer

Anthony Zoeller, Anthony.Zoeller@PortlandOregon.gov, 503.823.0743

SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org
Submissions to CNA Website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org
Advertising: Gina Levine , CNewsBusiness@ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

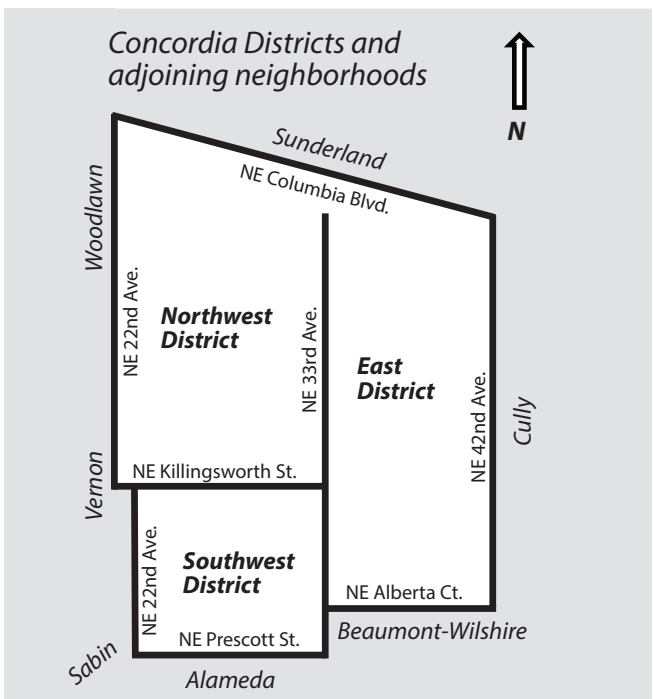
CNA Board Liaisons: Heather Pashley, John McSherry

Media Team Lead: Gordon Riggs, MediaTeamLead@ConcordiaPDX.org, 503.515.8209

CNews Editor: Nancy Varekamp, CNewsEditor@ConcordiaPDX.org, 503.740.5245

CNews Graphic Designer: Gordon Riggs

Media Team: Chris Baker, Tom Buell, Joel Dippold, Jamie Elsbury, Tamara Anne Fowler, Tami Fung, Will Goubert, Lloyd Kimeldorf, Gina Levine, Karen Lotts, Vanessa Miali, Theresia Munywoki, Rachel Richards, Gordon Riggs, Rob Rogers, Marsha Sandman, John Smith, Nancy Varekamp, Karen Wells, Carrie Wenninger, Dan Werle



Association Seeks Recording Secretary

The association is seeking a person to take and transcribe minutes of directors and land use meetings and general meetings.

The contractor position requires literacy, document preparation skills and good hearing. The most important requirement is dependability. Concordia is fortunate enough to be able to afford to pay for a recording secretary.

Residence in Concordia is not mandatory.

Compensation is \$20/hour for meetings – no mileage – and for time spent preparing and publishing minutes on the website. The outgoing recording secretary worked an average of 6 to 7 hours per month.

Directors meetings are generally held at 7 p.m. on the first Wednesday of each month and land use meetings are generally at 7 p.m. the third

Wednesday. Meetings are held at the Kennedy School. Agendas are prepared and published by the committee chair. Particulars are in the association bylaws, available on the website.

This is a contract position. If the contractor is indisposed, he/she is expected to ensure the activities are covered.

Interest can be communicated to the CNA chair, copy the secretary.

References and a sample of work will aid decision-making.

Chair: Chair@ConcordiaPDX.org

Secretary: Secretary@ConcordiaPDX.org

Bylaws: ConcordiaPDX.org/about-cna/bylaws/



Concordia murals

Syrian flavors aren’t confined to the menu

The mural on the outside, west-facing wall of Aladdin’s Restaurant looks like it could be set in Syria, precisely what restaurant owner and chef Diyana Kassab wanted.

She had admired the works of local muralist Pablo on Alberta Street and elsewhere. “I decided long ago that I wanted him to do murals inside and outside my café, and six months ago it all came together.”

All she had to do was tell him she wanted a Mediterranean scene, he offered options and they collaborated on the designs. One was for the exterior wall and the other is a panorama across two interior walls.

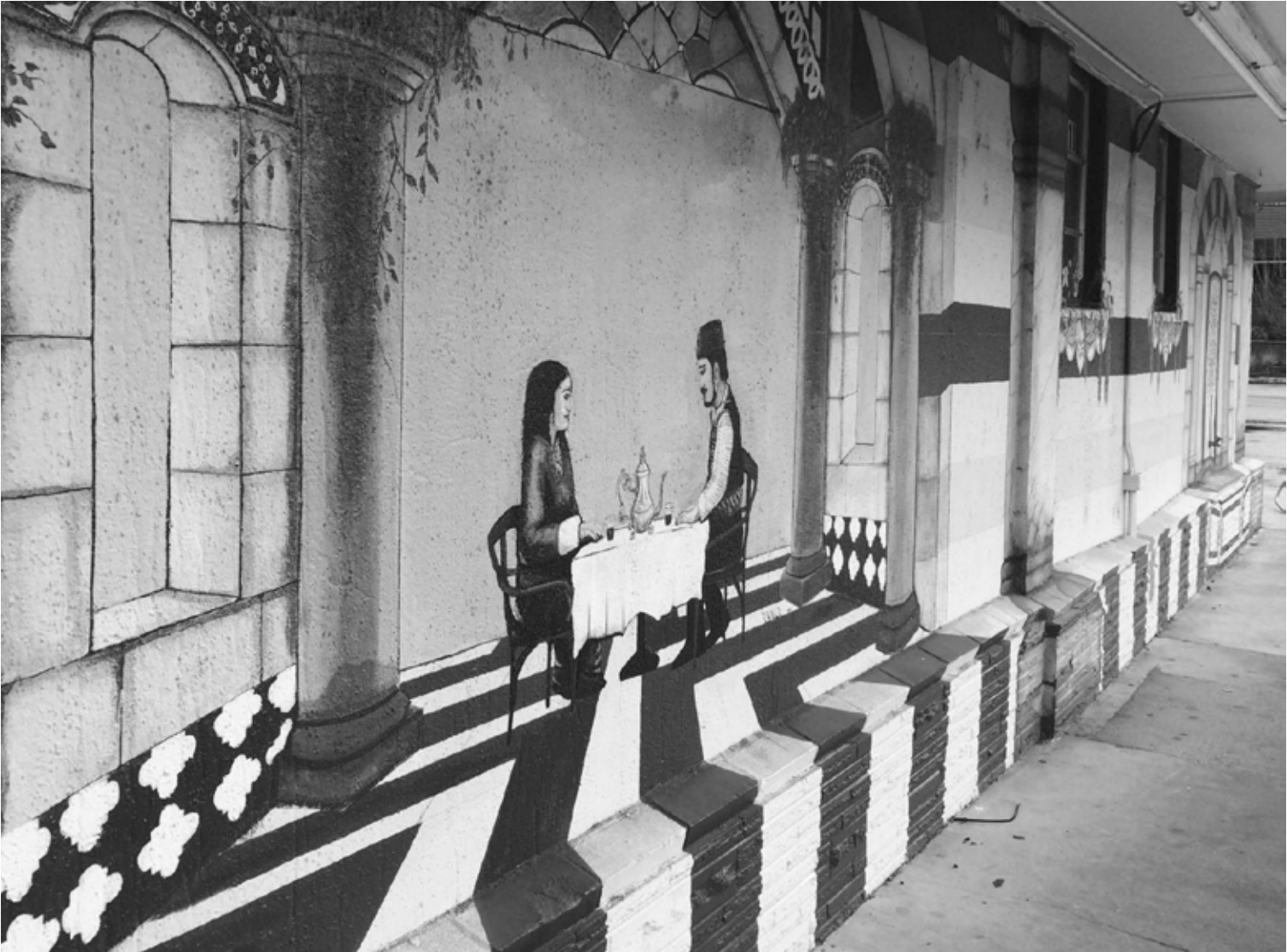
The outside mural, in fact, carries the colors of the exterior walls you’d find in Diyana’s homeland. “Many people dine outside there, so I told him I needed two people sitting at a table.”

Pablo even painted a pool of water below the hose faucet. “That was a great idea,” Diyana said of the detail.

Customers comment on both murals. “They come and enjoy what they see,” she said. In fact, those diners served as audiences while Pablo painted the interior one.

“The restaurant, our food and our customers are like family,” Diyana reported. Those who’d usually dine at Aladdin once a month were coming in twice a week to view Pablo’s progress.

“There are a lot of people who follow his work on Instagram,” she said. Diyana is one of them.



Aladdin Restaurant wants diners to experience more than the tastes of Syria. Murals inside and out take on the visual flavor of the owner’s homeland. Photo by Nancy Varekamp

Hardesty slated to greet Concordians April 3

A visit with Portland city commissioner Jo Ann Hardesty and board elections are on tap Wednesday, April 3, at the Concordia Neighborhood Association (CNA) General Membership Meeting. It begins at 7 p.m. in McMenamins Kennedy School Community Room.

Seven incumbents will run for re-election. However, you’re invited to nominate yourself or other Concordians for any of these positions (see zone map and board list on facing page): East 2, Northwest 2, Southwest 2, At Large 2, At Large 4, At Large 6 and Chair.

Then settle in to hear the commissioner comment on her first three months in office, and her hopes and aspirations for Portland. She’ll welcome questions from you and your neighbors.



Jo Ann Hardesty

Have you checked out CNA’s Facebook page?

- Keep informed of CNA activities and your neighbors’ comments.
- Check out the page for:
- CNA Board meeting invites & meeting minutes
 - Neighborhood events
 - CNews story highlights
 - Community discussions



Facebook.com/groups/ConcordiaPDX/



EVER SEEN ONE OF THESE?



Times are changing - you may want an experienced Realtor to sell your home.

You are lucky! One of our areas Top Agents lives nearby and is willing to help you with a free appointment to discuss, at no obligation, what it would look like to sell your house in this market.

CALL TODAY
503.807.9911



Check out seismic contractors and DIY info

By Nancy Varekamp
CNews Editor

“When you have something that’s unregulated and there’s tons of fear, there are all sorts of placebos,” said Tim Cook, NW Seismic structural consultant.

He told participants at the recent, local Neighborhood Emergency Preparedness Expo to be careful about making – or hiring – residential seismic retrofits.

Following the event, Tim explained there’s no code for installing anchors to hold an existing home to its foundation during an earthquake. New home construction codes offer some reference for builders. And forensic engineering studies of homes damaged by earthquakes offer evidence-based criteria for optimum retrofit methods.

“It’s not rocket science, of course, but there are a lot of nuances,” he reported. Tim has been involved in the retrofit industry for six years, now working for a company that traces its roots to the Spring Break Quake in the 1990s.

“There’s no education required to do

seismic reinforcement. We see a lot of engineering that people are paying for that isn’t going to work,” he said.

A survey in the San Francisco Bay area – ground zero in terms of industry knowledge – found 80 percent of the residential retrofits inspected probably won’t be effective.

“If city inspectors don’t understand this, why would contractors go out of their way to learn the basics?”

– Tim Cook

“In this way, this is really embarrassing to the industry,” Tim noted.

Websites can provide both good and bad information. Tim pointed to the site maintained by the city of Salem Building & Safety Division. It recommends hardware designed to resist uplift forces generated by wind, rather than the lateral forces generated by earthquakes.

“If city inspectors don’t understand this, why would contractors go out of their way to learn the basics?” Tim asked.



Nancy Varekamp is semiretired from her career in journalism, public relations and – her favorite work engagement – writing and editing targeted newsletters.



Claire Alexander (front) practices shutting off a natural gas meter while Ann Hall looks on. The January Neighborhood Emergency Preparedness Expo offered hands-on learning along with opportunities to inspect emergency supplies, chat with experts and hear from a panel about seismic retrofits

He has these suggestions for DIYers and/or those who plan to hire contractors:

- Research contractors’ websites for information on their experience, methods and recommendations. Take note if they provide simple statements about earthquakes and nothing about how all the components fit together.
- Research Tim’s company website at NWSeismic.com to learn the basics about retrofitting.
- Attend a free workshop. Multnomah County Library invited NW Seismic

to present them. The workshops are geared to homeowners – some of whom are DIYers and some who just want to be informed consumers. For details, visit MultCoLib.org/events/seismic-retrofitting.

“Just keep digging deep and asking questions until you’re comfortable to make decisions,” Tim advised.

“Above all, remember this business is fussy enough,” he added. “We recommend contractors do only seismic. If they do insulation, they shouldn’t do seismic. It’s not a recipe for success.”

Juniper

Psychological Services

Dedicated to providing inclusive, caring, and competent therapy practices.

2827 NE Alberta Street
971.350.0900 | info@juniperpsych.com
juniperpsychologicalservices.com

Computer help

for homes, small businesses, and non-profits.

Efficient, friendly, cost-effective, computing help. PCs, Macs, iOS, cloud & more. In the neighborhood!

Certified IT Consultant (Apple and Windows Certified Support Professional).

email: help@itsupportpdx.com

call Shawn: 503.314.2215

itsupportpdx.com

Heart in Hand Preschool

Waldorf in the neighborhood since 2002

OPEN HOUSE EVERY FIRST WEDNESDAY!

rsvp; heartinhandpreschool.com

Parent- Child Classes Starting Monthly

gnomeshome.org

Meticulous PLUMBING

HOME SERVICES LLC

“Portland’s Painless Professional Plumber”

(503) 208-2812
www.meticulousplumbing.com

Syrian Home Cooking

Featuring fresh, healthy, homemade Syrian savories and pastries, made-to-order and available for pick-up right here in the Concordia neighborhood.

Leila Piazza
503-467-6232
syrianhomecooking@gmail.com
syrianhomecooking.com

Mention this ad for a 10% discount in the month of March.

LUTC reports

Bikeways diversion plan awaits city action

By Garlynn Woodsong
Chair, CNA LUTC

A few years ago, the city of Portland solicited feedback from the Concordia Neighborhood Association (CNA) about the 20s Bikeway project.

One of our responses was to request diverters at major streets in our neighborhood – such as Prescott and Killingsworth – to prevent cut-through car traffic from turning onto the narrow one-lane streets on which the 20s Bikeway is routed. That practice can stress out potential bicyclists on the route who may be interested in bicycling more, but are concerned for their safety.

But we were told the city would only install diverters on streets with higher than a certain amount of automobile traffic.

They then informed us they had changed their policies, and now they only installed diverters on streets with sufficiently high traffic volumes. They measured the traffic volumes in Concordia, and the single-lane streets of the 20s Bikeway project didn't have enough cars to meet their new standard (for two-lane streets), so therefore they didn't feel diverters were necessary.



Garlynn Woodsong lives on 29th Avenue, serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at LandUse@ConcordiaPDX.org.

I've told this story to folks around the city. In doing so, I've found a coalition of folks who also want to see physical diversions installed to protect our investment in the bicycle greenway system and keep it safe for bicyclists of all ages and abilities.

Together we developed a community-based policy proposal called "Diversion on Bikeways as Urban Form." The basic

*Traditionally,
public engagement
involves
discussions in
meeting rooms
far from actual
installation sites.*

concept is that the urban form of bicycle greenways should include diverters to ensure that they are local-access-only for motor vehicles, while allowing bicycles to continue as through traffic.

The idea is the same as the existing urban form standard for sidewalks that includes wheelchair ramps where sidewalks meet street intersections, and for driveways that includes ramps and aprons where driveways meet streets,

This policy proposal is endorsed by CNA, the Northeast Coalition of Neighborhoods, SE Uplift and BikeLoudPDX.

Those groups presented this policy proposal to Portland Bureau of Transportation (PBOT) staff in December.

We were told PBOT will take no further action until it fills its new greenways coordinator position.

Once this policy is adopted officially, it includes a strategy to deploy temporary installations initially to test each diverter location. It advises using kiosks to allow neighbors to provide feedback to PBOT, so temporary installations can be moved or adjusted, retested and perhaps moved and tested again, before being made permanent.

This sort of iterative public feedback loop is proposed as a more effective

version of public engagement.

Traditionally, public engagement involves discussions in meeting rooms far from actual installation sites. Feedback thus received comes from people who haven't yet interacted with the physical diversions in question as a part of their daily travels.

We look forward to working with the city to test this new policy to help encourage more bicycling in Portland – in a way that is respectful of and responsive to the concerns of neighbors and roadway users.

News from the NET

Expo prepares neighbors for any future emergencies

By Tom Phillips
Concordia/Vernon/Woodlawn NET

Presentations on water storage, being "quake ready," radio emergency communications and structural and interior earthquake mitigation strategies drew nearly 200 neighbors to the Oregon Public House Village Ballroom Jan. 21.

They attended the Emergency Preparedness Expo sponsored by the Concordia/Woodlawn/Vernon Neighborhood Emergency Team (NET).

Our own Fire Station 14 first responders fielded an information booth and pulled up in front with the fire engine to the delight of kids and grownups alike.

Additionally, the excellent Oregon Public Broadcasting (OPB) documentary "Unprepared" was screened. If you missed the 55-minute program, you can view it at Watch.OPB.org/video/oregon-field-guide-unprepared-oregon-field-guide-special.

OPB's "Oregon Field Guide" spent 1½ years probing into the state of Oregon's preparedness. It found that – when it comes to bridges, schools, hospitals, building codes and energy infrastructure – Oregon lags far behind many quake-prone regions of the country.

We thank Oregon Public House for providing the venue and for also donating a portion of the day's proceeds. Those funds, totaling \$487, will go toward the purchase of NET emergency preparedness supplies.

The NET also received more than \$700 from a raffle with prizes that included water storage tanks, emergency gas shutoffs with installation and a "go bag" completely filled with supplies.

Our thanks go to all who bought raffle tickets, and to the donors of the prizes: Andy and Bax, Green Concepts Containers, the Horton family, Earthquake Tech, NW Seismic and Cascadia Quake Kits.

We also thank Tim Cook, NW Seismic; Steve Gemmell, Earthquake Tech; and Herb Weiner, Erin Cooper and Amy Gard from the NET for sharing their expertise.



Tom Phillips completed his volunteer NET certification training 2½ years ago. A retired federal employee, he lives in Woodlawn which – along with Concordia and Vernon – is part of the local NET.

ReThink. ReDesign. ReBuild.

mac-bo

503.282.1841

Call NOW to learn what Mac-Bo can do for your home.

When it comes to kitchens, bathrooms, additions and more...



Mac-Bo makes the difference.

mac-bo.com

ccb 166263

What's Selling in Concordia?

179 Homes sold in RMLS in last 12 months as of Feb. 13

1.4% Increase in Average Sale Price since 2018

Avg. Sale Price in 2018: \$523,453

Avg. Sale Price currently: \$530,739

Avg. Days on market: 32

This information provided by Mark Charlesworth, Concordia resident & Broker Keller Williams, Portland Central. charlesworthhomes@gmail.com • 503.807.9911

Find more news on our website

ConcordiaPDX.org

Leila has a passion for cooking, caring

By Marsha Sandman
CNA Media Team

Concordian Leila Yacoub Piazza is a first generation Syrian-American who has cooked traditional food for family and friends all her life. Her father arrived here in the 1950s from his Syrian village of Amar Al Hosn.

The war left many families suffering and in dire need due to the tragic loss of husbands and sons. They lost financial support, and bombed factories can no longer produce basic life needs. Leila’s nephew in Amar Al Hosn helped to identify 17 families she could help. She was able to distribute money and hygiene products directly to families

SyrianHomeCooking.com was born from passion, caring and need.

Although he left behind family and friends, he brought with him the recipes, flavors, traditions, and passions of his home. In 2018 Leila spent a month in Amar Al Hosn visiting her brother and sister. It was her first trip there since the Syrian war broke out in 2011.

“I’d been waiting for eight years for the fighting to die down in Syria,” she said. By the end of 2017, it had. “The rebels had left our valley.”



After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at MarshaJSandman@gmail.com.

with the help of her nephew and a local priest. Before her trip to Amar Al Hosn Leila sponsored a bake sale and raised \$1,700 by cooking and selling an assortment of exotic Syrian foods. During a very warm July, friends and family helped cook savory meat and cheese pies, traditional dips and sweet desserts. “Altogether, we turned out 10 to 12 dozen each of seven recipes. We sold out in six hours and turned people away.” After her trip Leila said, “I couldn’t stop thinking about this, but I also need to earn a living. So I started Syrian Home Cooking. “I make a living while cooking. I donate a portion of the profits to help those families in Syria, share my cooking and heritage with my neighbors, and I spend some of my work hours doing something I love.”



Through her new business, Syrian Home Cooking, Leila Yacoub Piazza fills custom orders and sometimes operates a pop-up. A percentage of what she earns helps the people ravaged by war in her father’s homeland. Photo by Marsha Sandman

SyrianHomeCooking.com was born from passion, caring and need. In addition to a delicious rotating menu, Leila offers Syrian cooking lessons in her home, custom cooking for celebrations, and has recently stocked a pop-up at High-Wheel Fizzy Wine Co. in the Dekum neighborhood.

“Each week, we will bake made-to-order specialties available for pick up right here in Concordia. All our food is made fresh, using quality ingredients, and is prepared in our fully-licensed home kitchen.” For a taste of Syria, contact Leila through her website or at 503.467.6232.




HOME.
It's where you make pasta.
Let us help you find a great kitchen to make pasta.

Intuitive Eating: Done with Dieting

Four week class starts Tuesday April 9, 2019, 7-9 pm
Community Room at McMenamins Kennedy School

Taught by a Registered Dietitian Nutritionist. Learn more and sign up at: meredithkleinhenz.wixsite.com/website

Cornucopia Wellness, LLC: Nourishing Lifestyle Change



Want to get involved locally?

Want to get to know your neighbors?



Join us at the next Concordia Neighborhood Association Board Meeting on Wednesday, March 6, 7-9 p.m. in the McMenamins Kennedy School Community Room.

All are welcome!

ARYNE + DULCINEA



EARTH ADVANTAGE BROKERS
ADU CERTIFIED SPECIALISTS
503-449-1630 | 503-380-5124
aryne@livingroomre.com | dulcinea@livingroomre.com
aryneanddulcinea.com | livingroomre.com
Oregon Licensed Real Estate Brokers

Local students illustrate book

By Karen Lotts
CNA Media Team

A group of Vernon Elementary School students are officially published illustrators thanks to a collaboration between their fourth grade classes and authors/Ethiopian literacy advocates Jane and Caroline Kurtz.

The students’ drawings appear in the children’s book “Home,” written by the Portland-based Kurtz sisters. It tells a story of immigration framed in a tale about white storks that migrate annually from Europe to Ethiopia.

The text is written in both English and Amharic, one of the three main languages spoken in Ethiopia.

According to the sisters, who grew up in Ethiopia, children’s literature is just taking root in that country. There are still limited options for beginner books that

According to the sisters, who grew up in Ethiopia, children’s literature is just taking root in that country.

both appeal to children and are written in Ethiopian languages.

To help meet this need, Jane cofounded the nonprofit Ethiopia Reads 20 years ago and in 2016 began writing stories for Ethiopian children learning to read. Jane and Caroline now volunteer as creative directors for Ready Set Go Books, a project of the Seattle-based nonprofit Open Hearts Big Dreams.

They have collaborated previously with community volunteer illustrators through churches or community college art programs. The project with Vernon came to life last spring when teacher Marie McMahon asked the sisters if they’d be interested in her students contributing to their next book.

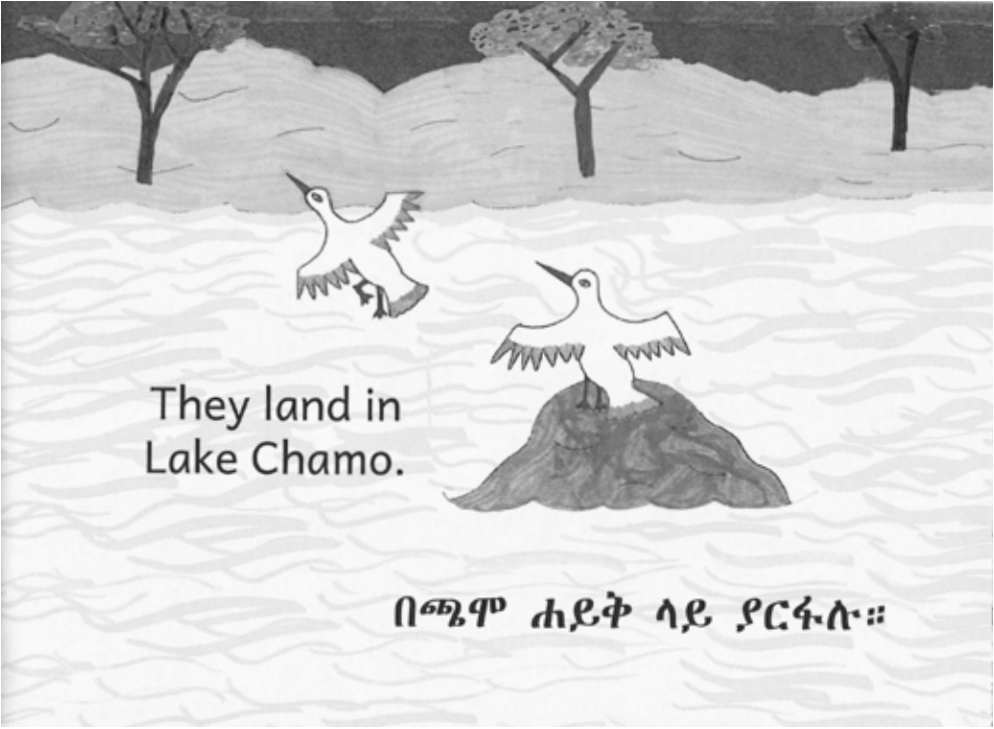
“When my students heard that they could be a part of making a difference in other children’s lives by increasing access to literacy, they were immediately on board,” Marie said.

During a presentation at Vernon, Jane and Caroline spoke to the students about growing up and going to school in Ethiopia and the importance of these books to the young readers there.

In the pursuit of authenticity, the students then researched Ethiopian landscapes and white storks before meeting with volunteer illustrator Jordy Farrell, from Ready Set Go Books, who offered illustration tips.



Karen Lotts is a local freelance writer who helps local small businesses and nonprofits connect with their audiences through copywriting. She can be reached at KarenLotts.com.



Vernon Elementary School fourth graders collaborated with Ethiopian literacy advocates to produce a book. It’s available now on Amazon.com but, more to the point, it’s being distributed to children in Ethiopia. Art reprinted with permission from Open Hearts Big Dreams Fund

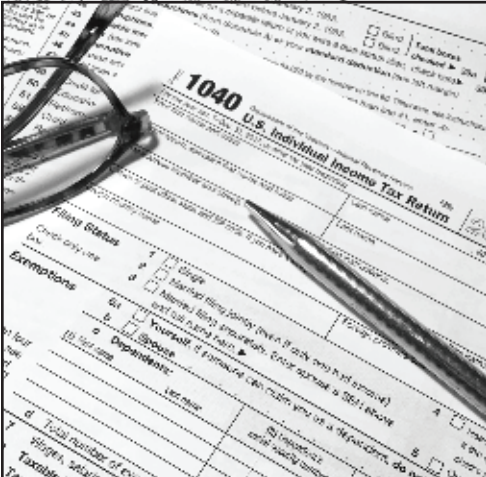
Using additional background art from a previous collaboration with students in Beaverton and combining it with the illustrations from Vernon students, a colorful book was ready to be published online and printed in Ethiopia.

The Vernon community has reacted warmly to the philanthropic project, and gathered recently at Cafe Eleven for the debut of the book and copies signed by

the student illustrators.

“As a published author, I face incredible odds...a hard craft journey...and the payoff is in seeing readers connect with my books,” Jane said. “I think something similar happened with these students.”

The books are available through Amazon.com. Involvement opportunities can be found via EthiopiaReads.org and OpenHeartsBigDreams.org.



Tax solutions, no matter what type of tax return you have.

(503) 683-3843



Your neighborhood law firm

The Howe Law Firm
4920 NE 47th Avenue
Portland, OR 97218

- Business transactions
- Estate planning
- Tax solutions

KENNEDY SCHOOL
McMenamins

5736 N.E. 33rd Ave. • Portland
(503) 249-3983
mcmenamins.com

Free • All ages welcome
(unless noted)

Thursday, March 7

JENNY DON'T
& THE SPURS

As part of Great Northwest Music Tour
Gym • 7 pm

Saturday, March 2, 9, 23, 30
and Thursday, March 14

Opera on Tap

Live opera singers in & around the Honors Bar.
7 - 9 pm • 21 & over

Monday, March 11

NEW MONTHLY EVENT

PARANORMAL PUB:

Celtic Paganism in Modern Practice
Theater • 6 pm doors; 7 pm event

Tuesday, March 12

RACE TALKS: An Opportunity
for Dialogue

Gym • 6 pm doors; 7 pm event

Wednesday, March 13

Hall Pass to Whiskey

Includes 10 tokens and
passed hors d'oeuvres
\$35 per person • 5:30 pm
Tickets at cascadetickets.com

Friday through Sunday, March 15-17

3-DAY

ST. PATRICK'S DAY
CELEBRATION!

We do so love this particular holiday! Join
us for Irish dancers, food specials and more.
Friday music starts at 4 pm:
BROTHERS DUNNE
BIDDY ON THE BENCH
Saturday music starts at noon:
DANNY O'HANLON
THE STOMPTOWNERS
THE JUNEBUGS • RIVER CITY PIPE BAND
Sunday music starts at noon:
DANNY O'HANLON • CASTLETOWN
NEVER COME DOWN
RIVER CITY PIPE BAND
All Day! • All ages welcome

Wednesday, March 20

ETHOS ROCK BAND SHOWCASE

10 amazing student bands
Gym • 6 pm

Thursday, March 21

Ruby's 33rd Birthday

\$4.50 pints and \$9 growler
fills of Ruby and food specials all day!

Thursday, March 21

LIMITED-EDITION
BEER TASTING

W/ BRIAN RILEY & RYAN LUND
5 - 7 pm • Brewery • 21 & over

Thursday, March 21

JSO BENEFIT CONCERT FOR
CATHEDRAL PARK JAZZ FESTIVAL

W/ THE PORTLAND WOODSHED JAZZ ORCHESTRA
& THE CHAIRMEN OF THE BOARD QUINTET
Gym • 7 pm

Monday, March 25

HISTORY PUB

Theater • 6 pm doors; 7 pm event

Thursday, March 28

MA FONDUE

Soul, funk, blues & Americana fusion
Gym • 7 pm

nana cooks up Vietnamese, Korean cuisine

By Vanessa Miali
CNA Media Team

It started as a joke driving down Alberta Street when Thao Huynh noticed there was no Vietnamese or Korean food anywhere. She told her husband, Bo Shin, they should open a restaurant featuring their favorite foods from both their cultures.

This was a turning point for the couple and last May they opened their restaurant at 1625 N.E. Alberta and called it nana, their daughter's nickname.

Concordia gained an authentic dual-experience restaurant with home-cooked food from both worlds. "The food at nana is exactly like I serve inside my home, at my table," Thao said.

"It took us a lot of time to get the recipes just right," Bo explained. "We did many tastings with friends and family before finalizing our menu."

Owned and operated by the husband and wife, both are passionate about food and home style cooking. Bo is more of the operator and Thao brings the flare, style and flavors that make their restaurant authentic.

"Everything has to be perfect. All the ingredients must connect, have the right preparation, amounts and, of course, freshness," Thao explained.

Preparation of the Vietnamese pho broth is an example of their dedication to the utmost traditional foods. The menu describes pho as a complex broth made from a variety of spices and beef bones that simmer for more than 16 hours.

"No one touches the broth but me because it's a delicate balance of spices," Thao explained. "The way you roast the onion and ginger can change the flavor of the broth."

The food is plated with many colorful sauces, veggies and sides. "You eat with your eyes first," Thao said. "Then it's all about creating texture and balance."

For instance, the crunchy and delicious Korean bibimbap dolsot is a mix of veggies and bulgogi beef served in a sizzling stone bowl. Bo said bibim means "to mix" and bap means "rice," so typically it's eaten all stirred up.

"Many people mistake Korean food for only BBQ," Bo pointed out.

One menu change since they opened has been adding seafood such as grilled mackerel and steamed clams. nana also offers gluten-free, vegetarian and vegan options seven days a week for lunch and dinner.

Lunch is served from 11 a.m. to 3 p.m. and dinner is from 5 to 9 p.m.

"We put a lot of love into each of our menu items," Thao noted. "We want people to come back because of the taste."



Vanessa Miali has lived in Concordia for 18 years. She is a former public relations professional with two kids who cooks every day and gardens occasionally.



Bo Shin (left) and Thao Huynh share their love for Vietnamese and Korean cooking at their new Alberta restaurant named for their daughter, nana. Photo by Vanessa Miali

Lessons I Learned from My Mother's Experience as A Medical Doctor

– By Leading Back Pain Expert, Dr. Carl Baird DC, MS



One of the most common questions I get asked is how did I decide to be a chiropractor? And if I'm being honest, the answer isn't because I'm IN

LOVE with chiropractic care. The answer goes a bit deeper than that.

Growing up I always knew I wanted to be in the health field. When I was 8 years old my mom went back to medical school. I was old enough to see the work and sacrifice it takes to go back to medical school.

I also saw her gradually become frustrated with how the medical system operates and the impact it can have on patient care and outcomes. Hospitals setting appointment times. Insurance companies determining what treatments to prescribe. She routinely expressed her frustration with not being able to deliver the care her patients deserved.

Feeling burned out - she eventually left the hospital system and opened a private practice. Her experience in the medical system left a lasting impression on my career path and provided three important lessons that I carry into my life and work today:

Lesson 1: We've placed so much

focus on the doctors, treatments, and technologies that we've lost sight of the most important part of the treatment plan – the patient. Treatment plans should be tailored to the individual's unique concerns and goals.

Lesson 2: The experience matters. How we're greeted when we walk in the door. Being fully engaged in the treatment plan. Providing a positive and fun environment to reach health goals. **These are things that matter if a smooth enjoyable, and successful recovery is what we're after.**

Lesson 3: Don't forget the big picture. Health is more than a number on a scale or the finding of a lab report – health is about how we experience the world we live in. Our ability to do what makes us happy. And as such, healthcare should be about **creating the optimum conditions to achieve happiness.**

So to answer the question - why did I become a chiropractor? It was because of my mom. Because of her confidence to leave a system that wasn't working for her or her patients and create a clinic that gave her the freedom to make her patients priority number one.

The author, Carl Baird, is owner of Evolve Performance Healthcare. He's happy to answer any questions about his experience by phone at (503) 954-2495 or by email at hello@performancehealthcarepdx.com

Paid for by the office of Dr. Carl Baird DC, MS, CCSP

*“Journalism will kill you,
but it will keep you alive
while you're at it.”*

– Horace Greeley

Feel alive – write for us!



CONCORDIA NEWS

Email: CNewsEditor@ConcordiaPDX.org

To your wellness

Rewrite the story of you by identifying your themes

By Penny Hill
Licensed massage therapist

We've all been there: the place where we look around and think, "How did this happen again?"

The same bad romance, but with a different partner. The same money issues. The promotion you did not get again. We've all watched our friends – or been that friend – make the same mistakes repeatedly. Not thinking things through. Making choices that everyone

*We are
mesmerized by
our story.*

else can see will lead to the same old problems.

Why? We are mesmerized by our story. We all have one.

Actually we have at least two:

- The one in our conscious mind where we are the hero of the story: brave, honest and true
- The story that is really running the show, the one in our subconscious

Of the two, the second is by far the most powerful. This story is written

primarily when we are young and establishes many of the themes that play out over and over in our lives.

There certainly can be good themes: that we are loved no matter what, and we are capable. But the most enduring themes are established when our experiences come with powerful, often negative, emotions.

The most important component is not the event itself, but how we reacted to it. Look back over your life and write down a few key events and important people.

How did you react to them? Can you see a recurring pattern? Did you respond with fight, flight or freeze? The sum of your reactions may add up to something like: "I'm not good enough," or "If I don't do it, it won't get done."

Look for your themes. See how they are playing out in your life. They may wear many different masks.

Once you've seen the script you can begin to rewrite it. Author! Author!



Penny Hill provides stress relief to her neighbors through her massage business, Rising Sun Massage, and Tapping For Less Stress at CalmHealthEase.com.

\$5 million grant goes to CU business school

Concordia University (CU) in February received the largest financial contribution in its 114-year history.

The \$5 million grant from the Robert D. and Marcia H. Randall Charitable Trust will establish the Robert D. Randall Endowed Chair for Business and Technology.

According to university officials, that chair will expand the CU School of Management's focus on an innovative business education and technology program.

"This gift will be transformative in advancing Concordia's commitment to developing ethical and impactful leaders," said Michelle M. Cowing, Ph.D., school of management dean.

"Concordia Portland will continue its long history of innovative partnerships to solve difficult societal and business challenges throughout the Pacific Northwest."

The focus for the business & technology program is driven by the unique makeup of the regional economy, she added. It's one fueled by homegrown businesses as well as global enterprises.

A new clinical model and tech-



nology curriculum will be codesigned with regional business leaders working in small and large businesses alike, startups and the growing tech sector.

According to the dean, engaging students in a variety of clinical experiences and a strong technology emphasis will prepare future leaders who are able to help businesses respond to ever-increasing economic and technological change.

The \$5 million grant kicks off a university campaign to raise an additional \$1.25 million. That's also for the university's business program, which is now named the Randall Fellows Clinical Program for Business & Technology.

Mingle at the mixer March 24

A community-wide mixer is scheduled Sunday, March 10, for Concordians to mingle. Mark your calendar for 5:30 to 7:30 p.m. at Jinx, 3000 N.E. Killingsworth St.

It's the first of a series of mixers Concordia Neighborhood Association (CNA), plans for every other month. Admission is free, and participants are welcome to purchase additional food and drinks from the menu.

"It's a partnership with local businesses to provide the opportunity for Concordians to get to know their neighbors, and to enjoy delicious samplings of appetizers and drinks," explained Sonia Fornoni, CNA Social Committee chair.

She invites other businesses – including retailers, caterers, service providers and nonprofits – to contact her about future mixers. Venues aren't limited to the boundaries of Concordia neighborhood. Businesses from neighboring associations are also invited to host CNA mixers. Those include Cully, Beaumont-Wilshire, Alameda, Sabin, Vernon, Woodlawn and Sunderland.

Email Sonia at SoniaGF419@gmail.com for details and/or to make plans.

"This is all about CNA's mission to connect people – business people as well as residents – and build community," Sonia reported.

Save April 20 for the annual egg hunt



Volunteers are needed:

- April 19 to stuff 6,000 plastic eggs with candy
- April 20 to hide those eggs

Contact Sonia Fornoni,
SoniaGF419@gmail.com

Watch for details in the April CNews

Sponsored by CNA & American Legion Post 134

Cerimon House

is an arts & humanities organization at the heart of the Alberta Arts District, offering dynamic programming for the community. The history-filled building is ADA compliant, climate controlled, and welcomes rentals including classes, activities, and life celebrations.

cerimonhouse.org

CERIMON HOUSE

creativepathwalk.org

Ongoing events include:

- Art Exhibits - Textile Tuesdays: a weekly evening of crafting & camaraderie
- Creative Path Walk: a restorative indoor labyrinth every month

Find us at the corner of NE 23rd Ave. & Sumner St.



PROUD CONCORDIA
RESIDENT SINCE 2009

Amelie
REAL ESTATE

AMELIE MARIAN

Broker Licensed in OR + WA

360-907-9513

amelie@hasson.com

www.ameliemarian.hasson.com

**HASSON
COMPANY
REALTORS®**

Community Room Calendar

Concordia Neighborhood Association hosts these events in McMenamins Kennedy School Community Room. If you're interested in sponsoring community-building events in this 49-person-capacity venue, contact Sonia Fornoni at SoniaGF419@gmail.com.

Friday, March 1, 7-9pm

SPIRITUAL ABUSE FORUM

Admission: free

This informal, open group meets quarterly to explore issues of abuse that occur in churches & other religious organizations. Each meeting offers a topic.

Details: betsyfreeman16@gmail.com.

Mondays, March 4, 11, 18, 25, 10-11am

EFT TAPPING STRESS RELIEF

Admission: free

EFT combines cognitive elements with tapping certain acupuncture points. This allows for quick release of current stress & the release of old, stuck energy that may be affecting your health & well-being.

Details: Penny Hill, pheft22@gmail.com, 503.493.5954, calmhealthease.com

Thursdays, March 7, 14, 21, 6:00-7:30pm

SPANISH CONVERSATION

Admission: free

CNA sponsors these free classes. Brush up on your Spanish skills to reach out to the Hispanic community more effectively. All levels are welcome.

Details: soniagf419@gmail.com

Wednesday, March 13, Tuesday March 26, 7-9pm

TALLERES & FANDANGO

Admission: free

"Fandango" is a family-friendly celebration of traditional music & folk dancing from Veracruz, Mexico. Beginners are welcome at these intergenerational workshops.

Details: Chariti Montez, 360-280-3868

For events scheduled after CNews press time, visit ConcordiaPDX.org/community-room-calendar

Tuesday, March 19, 6-8pm

THE INTENTIONALS

Admission: free

The goal of this semi-regular gathering is to strengthen the intergenerational community. Everyone has the opportunity to live intentionally and create traditions. Meetings are open to all ages and genders who are allowed to share stories, craft and create meaning together.

Details/RSVP: reframenw@gmail.com

Friday, March 22, 6-8:30pm

TWEEN MONTHLY GAME NIGHT

Admission: free

A Concordia family organizes this game night for children ages 8-12. Throw your favorite card or board games (no electronics please!) in a bag & join in the fun. Registration is required, due to room capacity limit, & a parent or guardian must accompany his or her children.

Details/RSVP: virtualjohanna@gmail.com and specify the number of attendees, children's ages & indicate if you are able to help with room set up &/or break down

Thursday, March 28, 7-9pm & Sunday, March 24, 3-6pm

SACRED HARP SINGING

Admission: free

This is not a choir, & there are no auditions & no performances. Each session is composed of whomever attends, including every possible level of musical experience & ability – even those who were asked not to sing in their church choir. Songs selected come most often from "The Sacred Harp," the most enduring of a series of books that employ the shape note system.

Details: portlandsacredharp.org

Gardening guidelines

It's time to get started on preparing garden edibles

By Jolie Ann Donohue
The Gardening Goddess

According to "Farmers' Almanac" weather folklore, sayings are as colorful as the imagination: "If March comes in like a lion, it will go out like a lamb."

Relying on this weather proverb is as unpredictable as our wild March weather in Concordia.

The first day of spring arrives on the equinox, March 20. The earth is awakening, and so is our persistent gardening urge. To be most successful in your vegetable garden, keep in mind a few guidelines. Our average last frost – 32 degrees – is March 15. Cool season vegetable planting spans March-May.

Working in wet gardens causes soil compaction that impacts plant health. Covering your garden beds with cardboard or a tarp will help them dry faster so you can prep soil for planting on a dry day.

In addition to dry soil, optimal planting conditions include day temperatures rising to 50 degrees and soil warming to 55 degrees. In wet cold soil potato tubers will rot, seeds won't germinate and transplants will struggle to grow.

Into April we generally have more ideal planting conditions.

It's too early for summer heat-loving edibles, so wait until after May 15 to plant basil, beans, cucumbers, squash and tomatoes.

For now, focus on cool season edible crops and keep handy a frost blanket, cloche or cold frame for temperature dips. Plant these:

- Vegetables from crowns/roots/tubers: asparagus, garlic, horseradish, potatoes, onions, shallots and sunchokes
- Direct seed salad greens: arugula, cress, endive/escarole, lettuce, mache and mesclun
- From seed or transplants: Asian greens, broccoli, cabbage, cauliflower, chard, fennel, kale, lettuce, leeks, mustard greens, peas, radicchio, radish, scallions, spinach and turnips
- Herb gardens with cool-loving annual herbs like chervil, cilantro and parsley
- Perennial herbs from transplants: chives, lavender, mint, oregano, rosemary, sage and thyme
- Small fruit and fruit trees: apple, blueberry, cherry, currant, grape, hops, kiwi, pear, plum, raspberry and strawberry



Jolie Ann Donohue is a garden educator, consultant and designer. She is the author of *The Gardening Goddess's Guide to Edible Gardening in Portland* releasing this spring. Reach her at her website, JolieAnnDonohue.com.

Want to get involved locally?



Care about transportation or land use issues affecting our Concordia neighborhood?

It's easy. The Concordia Land Use & Transportation Committee meets next on Wednesday, March 20 at 7 p.m. in the Kennedy School Community Room.

(Generally, meetings are held on the 3rd Wednesday of the month.)



Meetings are open to the public. Just show up or contact LandUse@ConcordiaPDX.org.

Info: ConcordiaPDX.org/lutc



Mark your calendar for Vanport Mosaic Festival



The 2019 Vanport Mosaic Festival returns for its fourth event May 21-June 2, organized by community-driven nonprofit Vanport Mosaic

"Through exhibits, documentary screenings, tours, performances and dialogues, we will celebrate the lessons of resilience and resistance as defined and told by historically oppressed communities," reported the festival's Facebook page.

The multi-disciplinary festival has received the Oregon Heritage Excellence Award, the Spirit of Portland Award and the Columbia Slough Watershed Council's Achievement Award. Returning sponsors and funding sources are Oregon Historical Society, Portland Bureau of Emergency Management, Multnomah County Drainage District, Port of Portland, Regional Arts & Culture Council and Multnomah County Cultural Coalition.

The festival is seeking more sponsors, funders and volunteers. For details, contact Info@VanportMosaic.org or visit Facebook.com/events/318232912147588.

Photo courtesy of Vanport Mosaic Festival, Oregon Historical Society digital file no. bao18658

Ask the historian

Why are the lots on my block extra long?

By Doug Decker
Historian

The question:

We live on 35th and Ainsworth in a home built in 1941 and – like the rest of our neighbors between 33rd and 37th circling the blocks of Ainsworth and Simpson – we all have lots 50 by 230 feet. Why do you suppose the lots on this block were platted so long?

– Rose and John Yandell

The historian reports:

The long, narrow configuration of this block stems from decisions made more than 100 years ago by John D. Kennedy. He once owned much of the property between Killingsworth and Ainsworth streets,

Northeast Portland’s ripeness for real estate didn’t take place until the years after the 1905 Lewis and Clark Exposition, when it seemed anyone who could was buying property or building houses.

and 33rd and 42nd avenues, and Kennedy School was named for him.

The Irishman immigrated to Oregon in 1866, found his way to Baker City and worked in and then owned a dry goods store.

After coming to Portland about 1881, Kennedy bought this property, originally part of the 1855 Isaac Rennison Donation Land Claim. It was outside the city limits and far from any developments.

Kennedy was ahead of his time in the market. Northeast Portland’s ripeness for real estate didn’t take place until



Ask the historian is a CNews standing feature that encourages readers to ask questions about the history of the neighborhood and its buildings. Is there something you’ve wondered about? Drop a line to CNewsEditor@ConcordiaPDX.org and ask Doug Decker to do some digging.

the years after the 1905 Lewis and Clark Exposition, when it seemed anyone who could was buying property or building houses.

But Kennedy had platted these lands as the Kennedy Addition back in 1890, a grid of 15 square blocks with more than 200 lots. Two years later, he platted Kennedy’s Second Addition, adjacent to the east, with room for another 120 homes.

Several other nearby plats were filed about that time, but they were also just lines on paper. There was no market yet for residential development. So, in 1906, city council approved his petition to “vacate” five of the blocks in his addition. That officially eliminated platted streets, even if they didn’t yet exist – like

all of the north-south streets in the block between Ainsworth and Simpson, from 33rd east to 37th.

Kennedy’s stated rationale was to sell the larger chunk of land as acreage for farm fields.

As urbanization spread in the years that followed, neighborhoods were built to the north, south and west, but the 12-acre parcel – with no north-south through streets – stayed as one big block in farm use.

Kennedy died in December 1936. In 1938 the property was controlled by Ward D. Cook, a Portland insurance and real estate agent, who designated 80 lots on the long block ready for construction.

After World War II the market truly picked up. Most of the houses were built and sold between 1940 and 1950.

So there you have it. In the original Kennedy’s Addition plat, that one long block was going to be five blocks. But then Kennedy did away with the blocks to better sell the property, which he never did.

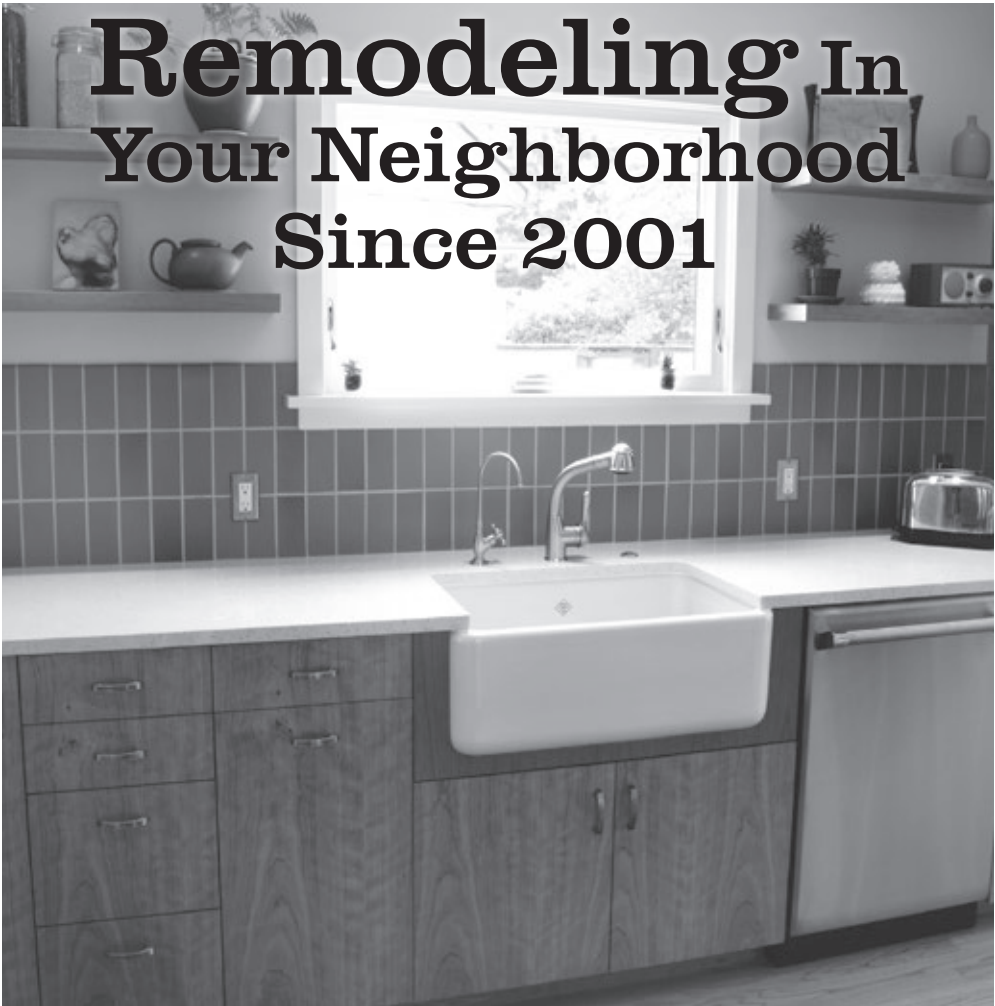
The market came and went and came back again. Then another speculator



In 1906, Portland City Council accepted John D. Kennedy’s plan to eliminate as-yet-unbuilt streets and change his previous intention to create five blocks to one very long block. He intended to sell that as farmland. It didn’t sell until after his death, when a developer divided it into 50-plus residential lots.

saw opportunity and turned the island of farm into the more than 50 lots there today, most of them a very long and narrow quarter-acre each.

Read more and check out maps and historic aerial photos on this topic at AlamedaHistory.org.



ReCraft Home Remodeling
recrafthome.com
503.680.0939

Licensed, Bonded, Insured • CCB #206087

Feast Community Choir

Singing for the pure joy of creating harmony in community

Community Singing Party

Friday, March 15, 10:30 – 12:30

SUBUD Center, 3185 NE Regents Drive

Admission by cash donation for the NE Emergency Food Program. All welcome.

FeastCommunityChoir.com

Like your neighborhood?

Opportunities abound – volunteer and sometimes paid – to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.

Ready to help? Email Chair@ConcordiaPDX.org

Concordia community events calendar

Fridays, March 1, 8, 15, 10:30am-noon
FEAST COMMUNITY CHOIR
Location: Subud Portland, 3185 NE Regents Dr
Forget Everything & Sing Together (FEAST) is a community acapella choir with the goal to build community. Guests welcome for end of term sing on March 15.
Details/fee: feastcommunitychoir.com

Monday, March 4, 6-8pm
IN GOOD FAITH: EXPLORING RELIGIOUS DIFFERENCE IN OREGON
Location: Concordia University Library lobby, 2800 NE Liberty St
The Library Multicultural Arts & Events Program, in partnership with the University Foundation, presents this Oregon Humanities Conversation Project. Writer & former chaplain Elizabeth Harlan-Ferlo leads participants to examine tools used to talk about religion without dismissing others’ beliefs. Light refreshments are provided.
Details: cu-portland.edu/about/events/campus-calendar

Tuesdays, March 5, 12, 19, 26, 4:30-8pm
TEXTILE TUESDAYS & OPEN ART GALLERY
Location: Cerimon House, 5131 NE 23rd Ave
Stitch, knit, crochet & chat in a simple gathering of artful citizens. Peruse the art gallery exhibits. Fold origami with the Soul Box Project to help with the goal of 200,000 small boxes for a national display.
Details: cerimonhouse.org

Thursday, March 7 & 14
LEAD POISONING PREVENTION
Locations: varied
Participants learn how to prevent lead exposure in their homes, especially homes built before 1978 with children, pregnant women & others concerned about lead exposure.
• March 7: 4:30-5:30pm, Northeast WIC Clinic, 5329 NE Martin Luther King Jr Blvd
• March 14: 6:30-8pm, Community Energy Project, 2900 SE Stark St A
Details/registration: communityenergyproject.org, 503.284.68

Thursdays, March 7, 14, 21, 28, 7:40-8:40am
TOASTMASTERS
Location: Concordia University Library, 2800 NE Liberty St
Advisors Toastmasters is a small, but active group that gives members opportunities to try speaking & leadership in a safe, nurturing & supportive environment with feedback that is aimed at helping improve speaking, listening & leadership skills.
Details: advisors.toastmastersclubs.org



Friday, March 8, 6-9:30pm
21ST CELEBRATION GALA AWARDS CEREMONY & BANQUET
Location: Sheraton Airport Hotel, 8235 NE Airport Wy
This annual event honors outstanding leadership & achievement in support of Columbia Slough Watershed Council’s mission: to protect & enhance the slough & its watershed through community engagement, education & restoration. The event includes a curated silent auction, wine wall raffle, dessert dash & photo booth.
Details/tickets: columbiaslough.org/events/event/69

Friday, March 8, 7-9pm
INSTRUMENTAL CHAMBER MUSIC CONCERT WITH BRASS, HANDBELLS & STRING ENSEMBLES
Location: Concordia University Fine Arts Building, 2811 NE Holman St
This is the university’s annual Instrumental Chamber Music Concert.
Details: cu-portland.edu/about/events/campus-calendar

Monday, March 11, 6pm
ABOUT CELTIC PAGANISM IN MODERN PRACTICE
Location: McMenamins Kennedy School theater
The March Paranormal Pub, sponsored by McMenamins Kennedy School & the UFO Festival, hosts Jenny Wilde & Iris Meredith Bell to explore the practices & beliefs in Celtic Paganism, delving into mythology, divination, herbalism & rituals. A minor may be admitted with a parent or guardian.
Details: mcmenamins.com/events/199326-the-nature-of-time-and-its-anomalies

Tuesday, March 12, 6pm
RACE TALKS
Location: McMenamins Kennedy School
These opportunities for dialogue about race in Oregon – both historically & the current time – are presented by McMenamins History & Donna Maxey. Doors open: 6pm; discussion: 7pm
Details: racetalkspdx.com

Wednesday, March 13, 6-8pm
HOME ENERGY SCORE WORKSHOP
Location: Community Energy Project, 2900 SE Stark St A
Portland homes now require home energy scores to be listed for sale. This class is for home sellers/buyers & real estate brokers. Class covers interpreting home energy score reports & effective energy efficiency upgrades.
Details/registration: communityenergyproject.org

Friday, March 15, 7-9pm
OFF THE COUCH EVENTS ACTIVITY NIGHT
Location: St. Charles Catholic Church, 5310 NE 42nd Ave
Differently-abled individuals, 18 & older are invited for games, crafts, dancing & snacks. Admission is \$7 per participant & first companion is free.
Details: offthecouchevents@gmail.com, 503.702.2394



Saturday, March 16, 9am-noon
STEWARDSHIP SATURDAY: BUFFALO SLOUGH
Location: 33rd & NE Holland Ct
Volunteers will help the restoration efforts at Buffalo Slough, an arm of the main stem of the Columbia Slough, by planting trees & shrubs that provide habitat for native creatures & improve water quality. Restoration efforts began on this site more than 20 years ago.
Details/registration: columbiaslough.org/events/event/76

Saturday, March 16, 1-3pm
LEAD-SAFE HOME PROJECTS WORKSHOP
Location: Community Energy Project, 2900 SE Stark St
This class is for anyone who is planning to complete a small project that may involve exposure to lead paint, such as sanding down an old window frame, repurposing an older door or any other small construction project in an older home. Each qualified participant receives a free kit of supplies.
Details/registration: communityenergyproject.org, 503.284.6827 x109



Saturday & Sunday, March 16 & 17, noon-4:30pm
CREATIVE PATH WALK
Location: Cerimon House, 5131 NE 23rd Ave
Cerimon House hosts a monthly indoor labyrinth walk installation, each featuring a new theme. The 30-minute immersive & contemplative experience offers a place to unplug, focus & restore. Enjoy the unique replicas of historic patterns from Reims, Chartres & guest patterns. This quiet activity is recommended for walkers 9 years & older, & walkers are welcome. Donations are accepted.
Details/reservations: creativepathwalk.org

Sunday, March 17, 3-5pm
WINTER CONCERT/LENT PRESENTATION
Location: St. Michael’s Lutheran Church, 6700 NE 29th Ave
The voices & instruments of Concordia University’s Concert Choir & Christi Crux Ensemble combine at this concert.
Details: cu-portland.edu/about/events/campus-calendar

Wednesday, March 20, noon-1pm & 7-8pm
CIVIL DISOBEDIENCE SYMPOSIUM
Locations: varied
The Center for Applied Lutheran Leadership hosts this symposium. Guest speaker is the Rev. Greg Seltz, Lutheran Church for Religious Liberties.
• noon-1pm, Hagen Building 2nd floor
• 7-8pm, Fine Arts Building
Details: cu-portland.edu/about/events/campus-calendar

Thursday, March 21, 6-8pm
FREE CRAFT NIGHT
Location: Atlas Pizza, 710 N Killingsworth St
collage & Atlas Pizza collaborate the third Thursday of each month to sponsor this event. Supplies & instructors are provided, no registration necessary.
Details: collagepdx.com

Sunday, March 24, 5:30-7:30pm
CNA MIXER
Location: Jinx, 3000 NE Killingsworth St
This partnership with local businesses offers Concordians the opportunity to mingle with neighbors.
Details: Page 9

Monday, March 25, 6pm
CRISIS ON THE COLUMBIA: MAKING A DIFFERENCE AT MID-CENTURY
Location: McMenamins Kennedy School
The March History Pub focuses on the crisis of the native fishing community of Celilo Village following World War II. An illustrated presentation by author Katy Barber is followed by a Q&A session featuring Linda Meanus, Confederated Tribes of the Warm Springs Reservation.
Details: mcmenamins.com/events/197518-kennedy-school-history-pub



MARCH 2019	
1	JOHN MCCUTCHEON
2	RISE UP THE HAMILTON TRIBUTE BAND
3	WILDWOOD FARM SANCTUARY PRESENTS TEEN WOLF PACK MARCH MONSTER MOVIE MADNESS!
6	LIVING ROOM 10TH ANNIVERSARY ONCE IN A DECADE PARTY
7	THE BUGLE PODCAST LIVE!
8	SEAMUS EGAN PROJECT
9	I PUT A SPELL ON YOU A TRIBUTE TO NINA SIMONE BY THE ADRIAN MARTIN SEXTET FEAT. LARHONDA STEELE
10	MUSIC TOGETHER OF PORTLAND PRESENTS UNCLE GERRY IN CONCERT!
11	PORTLAND YOUTH JAZZ ORCHESTRA WINTER SESSION GALA
14	TOMMY CASTRO & THE PAINKILLERS RECORD RELEASE TOUR
15	RUTHIE FOSTER + NICKEL & ROSE
16	DAR WILLIAMS + LINDI ORTEGA
17	ST. PATRICKS DAY CELEBRATION KEVIN BURKE & FRIENDS FEAT. PIPER TOM CREEGAN
20	OREGON HUMANITIES PRESENTS THINK & DRINK WITH OMAR EL AKKAD AUTHOR OF AMERICAN WAR
21	DERVISH
22	MAKANA THE SUNSET TOUR
23	QUARTERFLASH FAREWELL
27	RAMBLIN’ JACK ELLIOTT + KORY QUINN
28	LIVE WIRE RADIO WITH LUKE BURBANK
29	AN EVENING WITH THE SUN
30	CHAMBER MUSIC NORTHWEST PRESENTS THE SHIFRIN/POLONSKY/WILEY TRIO
ALBERTAROSETHEATRE.COM 503.764.4131 3000 NE ALBERTA	

Community calendar items

Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.