



# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | [ConcordiaPDX.org](http://ConcordiaPDX.org)

August 2018



**National Night Out** activities begin Friday, Aug. 3, at 6 p.m. Set your sights on Fernhill Park for children's activities and vendors' fare, Parisian Americana music from Eric John Kaiser and the movie "Isle of Dogs" with Spanish subtitles.

See Page 4 for details.

## CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

## Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

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## Park updates promise big splash

By Rachel Richards  
CNA Media Team

**Y**ou CAN teach an old park new tricks.

Seventy-eight-year-old Fernhill Park will soon sport a new splash pad, the thoroughly modern version of running through a sprinkler.

Splash pads have replaced wading pools in several Portland parks. According to Portland Parks and Recreation project manager Travis Ruybal, children of all ages love the opportunity for water play provided by these features that shoot water into the air to allow a fun cool down on hot summer days.

Another benefit of splash pads is no city employees are needed to operate them, and parents are expected to supervise their children playing.

Restroom renovation is part of the project, with relocation of doors and windows in line with ADA requirements. Travis said he plans to invite the Beaumont Middle School students who last year painted the murals — one on each of the four exterior walls — to touch up and add to the mural when the renovations are complete.

Additional project elements involve water service lines, benches and irrigation improvements.

*Another benefit of splash pads is no city employees are needed to operate them, and parents are expected to supervise their children playing.*

New amenities will also include bike racks and updated drinking fountains, as well as additional picnic tables. New sidewalks and pathways are being added to make the park more accessible for all



**New amenities are due at Fernhill Park this month. Children anxiously await construction completion, especially the thoroughly modern splash pad. Aerial photo by Rob Rogers, ground-level photo by Nancy Varekamp**



members of the community.

"The improvements will provide enhanced opportunity at the park, allowing the community to come recreate together at the new splash pad, paths and the other furnishings," Travis pointed out.

These new amenities join the current baseball field, dog off-leash area, horse-shoe pit, paved paths, picnic tables, playground, soccer field, softball field, tennis court, track and volleyball court on 26.63 acres. The park is open daily from 5 a.m. until midnight, and the splash pad will be open from 11 a.m. to 7 p.m. through Labor Day.

Travis said construction is slated to wrap up this month, with an Aug. 25 grand opening of the splash pad. Keep an eye on [Facebook.com/groups/ConcordiaPDX](https://www.facebook.com/groups/ConcordiaPDX) for details.

The costs for the project total \$1.25 million dollars, with \$500,000 provided by the Parks Bond Development Measure voters approved in 2014 and \$750,000 from System Development Charges

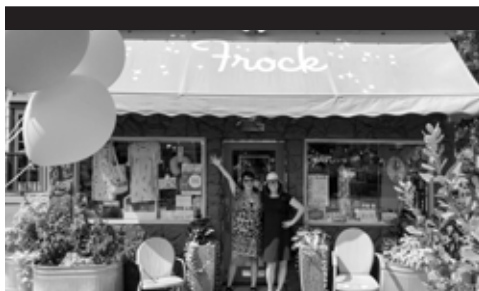
(SDCs).

Those SDCs are one-time fees assessed on new development to cover a portion of the costs of providing specific types of public infrastructure. They are for urgent repairs and other capital costs, not park operations.

"Park SDCs help ensure that Portland's quality of life keeps pace with our growing and changing city," Travis pointed out. "They provide additional parks and recreation facilities needed to accommodate growth."

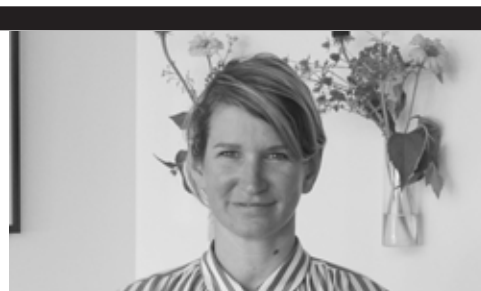


*Rachel is a 16-year Concordia resident who loves her community. She has a background in counseling/education and uses her passion for helping others in her work as a real estate broker. Contact Rachel or learn more about her at [RachelRichardsRealtor.com](http://RachelRichardsRealtor.com).*



**FRIENDSHIP RESULTS IN FROCK**  
From Burning Man to Alberta Street, Frock continues to expand.

See Page 4



**OFFERINGS TINY, TASTES LARGE**  
Rawdelicious Desserts now has a storefront café, Tiny Moreso.

See Page 7



**HE'S ALWAYS BEEN COOKING**  
Seven Rivers likes his barbecue so much, he gave it his name.

See Page 8



CNA VOICES

By Debbie Caselton  
Portland Bureau of Environmental Services



Sewer work ahead of plan

Environmental Services – your public sewer and stormwater services provider – is constructing a sewer project to replace or repair as much as 16,000 feet, or about three miles, of public sewer pipes in the Concordia Neighborhood, plus a few blocks in Woodlawn and Beaumont-Wilshire.

Most of the sewers in these neighborhoods are 90-100 years old and in deteriorating condition. The project extends from Lombard to Bryce streets, and 10th to 41st avenues.

Landis & Landis Construction, a family-owned business, has been contracted by Environmental Services to do the construction.

Crew members mentioned that they are enjoying working in this area because the people really seem to take pride in their homes and the neighborhood, and they seem to care about their neighbors. They report that neighbors seem eager to work with the construction crews and city workers to help make the project go smoothly and with a minimum of impact.

The contractor has two to three crews working simultaneously in different areas of the project, from 7 a.m. to 6 p.m. Mondays through Thursdays. The project is on schedule and construction is about one-third of the way to completion. It is scheduled to be complete by next summer, but is likely to be finished sooner.

One of the most common questions received during construction is about street restoration or paving. “Why is the street lumpy?”

After repairing or replacing the pipe, the

contractor patches the sewer trenches with temporary asphalt pavement. Sometimes the temporary patch will be for an extended period and can be rough and uneven, until final pavement restoration can be completed.

Periods of inactivity ranging from a few weeks to a few months are common between completing repairs and final pavement restoration for a variety of reasons, but are most commonly due to paving subcontractor availability issues and weather.

At the end of the project, you’ll see equipment and supplies leaving the neighborhood. The curbs

that have been chipped or damaged will be repaired, the street will be cleaned up, and construction signs will be taken down.

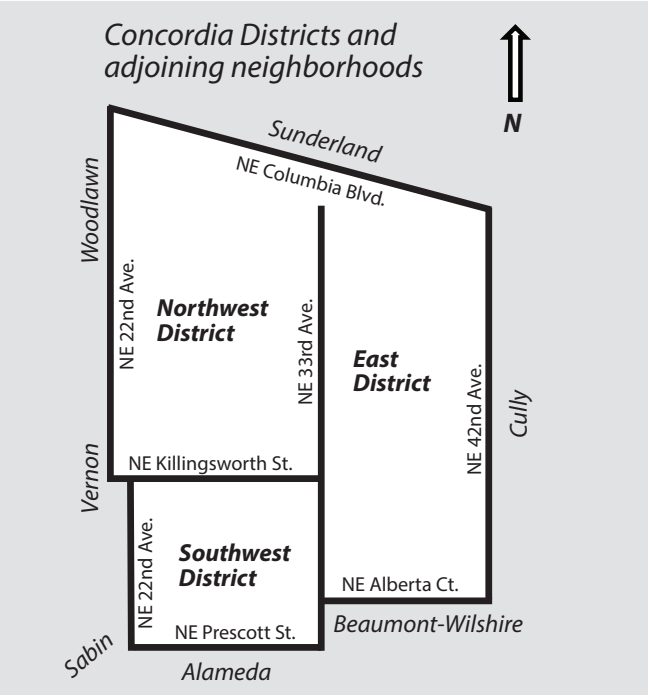
These sewer repairs will improve sewer and stormwater infrastruc-

ture, increase sewer capacity, and reduce the risks of street flooding and sewage releases to homes, businesses and streets.

For more information, please contact me at Debbie. Caselton@PortlandOregon.gov or 503.823.2831. The project webpage at PortlandOregon.gov/bes/concordia is updated regularly.

*Debbie Caselton has worked in community outreach at the city of Portland Bureau of Environmental Services for 16 years. She works on a large variety of sewer and stormwater projects in various stages of design through construction across the city. Outside of work, you might find her volunteering at SCRAP PDX or creatively reusing found objects in her artwork.*

*The project is on schedule and construction is about one-third of the way to completion.*



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**Need a place for your event?**

The Community Room at McMenamins Kennedy School is a great place for your book club, birthday or baby shower.

**Pricing:** \$25/hr (\$15/hr. for nonprofits)  
**Info:** ConcordiaDPX.org/community-room-rental

Concordia Neighborhood Association

**Board Meeting**  
1st Wednesday of the month, Wednesday, Aug. 1, 7 p.m., McMenamins Kennedy School Community Room

**General Meeting**  
Wednesday, Sept. 5, 7 p.m., McMenamins Kennedy School Community Room

**Social Committee**  
If you’d like to help plan fun, community building events, contact Katie Ugolini, 503.449.9690, KTUgolini@gmail.com.

**Media Team**  
1st Tuesday of the month, Tuesday, Aug. 7, 6 p.m., McMenamins Kennedy School Community Room, contact MediaTeamLead@ConcordiaPDX.org

**Land Use & Transportation Committee**  
3rd Wednesday of the month, Wednesday, Aug. 15, 7 p.m., McMenamins Kennedy School Community Room, contact LandUse@ConcordiaPDX.org

**Finance Committee**  
Last Wednesday of the month, Wednesday, Aug. 29, 7 p.m., McMenamins Kennedy School Community Room, contact Heather Pashley, Treasurer@ConcordiaPDX.org

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**Submissions to Concordia News:** Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org  
**Submissions to CNA Website:** Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org  
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Want to work as a beat reporter?

As a reporter for CNews, experience the thrill of bringing relevant info to Concordia readers! Choose the subjects you want to cover — from events to new businesses, schools to community issues and so much more.

**CONTACT US TODAY!**  
**CNewsEditor@ConcordiaPDX.org**  
**ConcordiaPDX.org**





Concordia murals

# Muralist’s work offers vibrancy, whimsy

By Karen Wells  
CNA Media Team

In need of a whimsical mental party? Standing in front of Hampton Rodriguez’s 2005 mural facing 14th Place at Alberta Street offers a refreshing “chill pill.”

You don’t need water to absorb the vibrancy of the conga drum, saxophone and tambourine “getting down to business.” A street carnival scene set against a field of blues that fade to shades of green, captures your imagination.

Polka dots, irregular lines, zebra stripes and reptilian scale patterns adorn the party goers. Or are the jovial five heading for some serious shopping at Frock, just inside 1439 N.E. Alberta?

A 16-year Portland resident, Hampton blends images of celebration, diversity and colorful attire on a hand-sewn multi-panel fabric canvas. He is originally from the Dominican Republic, where he studied contemporary abstract art and illustration at Altos de Chavon School of Design.

Rodriguez has continuously worked as an artist, illustrator and muralist since 1997, and his work has been displayed internationally in Spain, Cuba and the Dominican Republic.

In the Northwest, his work has been featured in group shows from Vancouver to Independence. His 2006 mural “Fusion” is on the south-facing wall of an apartment complex at 6850 N.E. Killingsworth St.



Hampton Rodriguez’s subjects on the Frock wall facing 14th Place are always ready for a party. In fact, a “block party” in July celebrated the store’s 15th anniversary. Read about the business on Page 4. Photo by Chris Baker

In fact, Hampton has created more than 10,000 images of Portland’s art scene, the Portlanders who live and thrive in the arts, and regular people who call Portland home. Bold colors, diversity and the contemporary urban experience are principle elements of his work. Willamette Valley Vineyard will host

“El Maestro” Hampton’s show “Art, Wine and Music,” through Aug. 20, at the tasting room in McMinnville. Not in the mood to drive to McMinnville? You can find shade and a seat on a red bench at the mural on 14th Place. Relax with a copy of “Fruits.” Enjoy.

Editor’s note: If you’d like to know more about Hampton Rodriguez, his life and his art, Karen shares her resources

online. Visit [ConcordiaPDX.org/hampton-rodriguez](http://ConcordiaPDX.org/hampton-rodriguez)



Karen Wells is a retired early childhood community educator, health and safety trainer.

## Calling all Vernon alumni

Your alma mater will celebrate its 111th anniversary at an open house Thursday, Oct 4, from 5:30 to 7:30 p.m. at the school, 2044 N.E. Killingsworth St. All Vernon alumni, their families and the entire Vernon community are invited.

The school is updating its database of alumni. If you attended Vernon School, add your name and contact information to the database at [Goo.gl/forms/wNUAxO2W3J6Z58aB2/Connie](http://Goo.gl/forms/wNUAxO2W3J6Z58aB2/Connie) or email [CSchwend@pps.net](mailto:CSchwend@pps.net). If you know people who attended, please provide that URL and/or contact information to them.

### Corrections

The May CNews misspelled the first name of Faubion School’s 3 to PHD services coordinator. Our apologies to Jaclyn Sisto. Find the corrected story at [ConcordiaPDX.org/2018/05/faubion-families-share-culture-food/](http://ConcordiaPDX.org/2018/05/faubion-families-share-culture-food/)

The July CNews published a mistaken address for the Jackie Robinson mural that faces Sumner Street from the east side of 42nd Avenue. Find the corrected story at [ConcordiaPDX.org/2018/07/concordia-murals-like-robinson-mural-is-larger-than-life/](http://ConcordiaPDX.org/2018/07/concordia-murals-like-robinson-mural-is-larger-than-life/)



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Concordia Neighborhood Association  
PRESENTS



Friday, Aug. 3, at Fernhill Park

Join us to celebrate our community  
and to get to know your neighbors.

Bring the whole family (including the dog)!  
Free entertainment and activities are nonstop  
on the west side of Fernhill Park.

6 p.m. free activities

- Balloon artist
- Henna artist
- Face painter
- Firetruck to explore and local firefighters to meet



6:30 - 8:15 p.m. free music

- Eric John Kaiser, the amazing French troubadour performs Parisian Americana music



After dusk free movie & snacks

- Isle of Dogs, with Spanish subtitles, rated PG
- Popcorn
- Helados ice cream & fruit bars



Bring beverages & your picnic dinner or buy them  
from one of our sponsoring vendors:

- Aladdin Cafe
- Island Daydream Shave Ice
- Tortilleria Y Tienda De Leon's

National Night Out has been celebrated across North America during the first week of August since 1983. It's a time when people hold outdoor parties to strengthen community cohesiveness and crime resistance, and they get to know their neighbors and their local public safety officials.

When neighbors get to know each other, they create a connected and safer community. Every year, more than 20,000 people in Portland participate in National Night Out events across the city. So come on out and celebrate our Concordia community spirit!

Frock rejoices in its  
roots, 15th anniversary



Ali Wykhuis (left) and Angie Heiney started their boutique business at Burning Man prior to opening their brick-and-mortar shop on Alberta Street 15 years ago. In addition to celebrating their anniversary last month, they are embarking on a 1,000-foot addition this month. Photo by Wes

By Vanessa Miali  
CNA Media Team

From its inception at Burning Man to a fixture on Alberta Street, Frock has become one of the most unique stores in Portland for clothing, gifts and one-of-a-kind treasures.

Last month, Frock celebrated its 15th anniversary, and this month begins a 1,000-square-foot expansion.

Co-owners Angie Heiney and Ali Wykhuis met in Portland in 1997 and have been friends ever since. Ali has a bachelor's degree in apparel design and Angie has a master's in business administration.

Their talents brought them together, and their inspiration for Frock was ignited at Burning Man.

From 1999 to 2002, they attended the event in the northwest Nevada desert and spent thousands of dollars of their own money creating a vintage clothing store that quickly became one of the most popular boutiques at Burning Man.

"It was a huge privilege because we were contacted by Burning Man's organizers to be a partner in the center camp," Angie reported.

The crowd was treated to a shop filled with mannequins dressed in fanciful costumes, vintage clothing, accessories and wild decor. In the Burning Man "gift economy" tradition, Angie and Ali gave everything away.

"At one point I looked around at the amazing shop we had built in the middle of the desert and said to Ali, 'This is nuts. Our shop is as good as any boutique I've

ever seen in the world.'"

The following year, Frock opened its doors on Alberta. "It's like a curated collection of things that represent the Alberta vibe," Ali said.

*"This is nuts. Our shop is as good as any boutique I've ever seen in the world."*

— Angie Heiney

Walking into Frock is like being swept away at a carnival. You'll find everything from off-the-wall accessories to modern and eclectic

clothing mixes. Who doesn't need platform shoes with a garden party in the sole?

"We like to offer things people cannot find elsewhere," Ali said. "We've had customers burst into tears over a found purchase."

The Frock ladies owe their long-term success to shared business goals. They let each other try out new ideas and foster a nonrestrictive philosophy.

"It takes fortune, luck and a shared level of commitment," Angie pointed out. "This is not some come-and-go shop. We have our heels dug in for the long haul." As to why they've thrived, "Last Thursday drew us to the area and the support of the Concordia community keeps us here."

What started out as radical self-expression and a costume mindset has evolved into complete fashion insanity and their customers love it.



Vanessa Miali has lived in Concordia for 18 years. She is a former public relations professional with two kids who cooks every day and gardens occasionally.



Heart in Hand Preschool

Waldorf in the neighborhood since 2002

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Parent- Child Classes Starting Monthly



gnomeshome.org



# Retrofits help net-zero emissions

By Garlynn Woodsong  
Chair, CNA LUTC

I’m a planner who specializes in the impacts of urban development on greenhouse gas emissions. As a Realtor and a general contractor, I spend a lot of time on job sites talking to people in the trades, in offices with professionals hearing about the latest technology, then installing it or otherwise having the opportunity to observe it in action.

I’m very interested in technologies that allow us to fuel-switch away from carbon-based fuels and toward electricity and other options to achieve net-zero-emission lifestyles. Installing solar panels on a house — ideally a minimum of three kilowatt-hours capacity per roof — provides power for water, home heating and home cooling services to shift efficiently toward electricity.

In this context, I share with you three strategies to support fuel switch to electric in pursuit of net zero, with which I have some experience:

**Whole-house fans** – There are two basic types:

- A standard insulated-door fan sits at the top of the livable space. When turned on, the insulated door on top opens to allow the fan to blow the hot air from the house interior into the attic, where it escapes through roof venting. You may have to add more

roof vents to provide sufficient square footage for quick, efficient ventilation.

- An in-line fan can either hook up to your existing HVAC ducting system, or be installed as a new duct run, to suck hot air out of the house. Both use much less energy than air conditioning systems, but during much of the year can be just as effective at cooling your house. The downside is they cool the house by sucking in outside air through open windows in your house. Thus, if operated when outside air is not noticeably cooler

*All three of these are technologies that will save you money on home operational costs.*

than interior air at the top of the house, they won’t make much difference. At all other times, however, they really work well, especially at providing moderate-weather cooling.

**Mini-split systems** – These come in two varieties:

- Ductless mini-split systems are the most common. An interior “head” unit – a rounded rectangle about 18 by 36 inches that sits high up on the wall – is connected via heating/cooling pipes and an electrical cable to an external unit, just like built-in whole-house air conditioners. It also features a conden-

sate drain tube, which can either be routed to a drain internal to the house – like a floor or laundry drain – or to the outside of the house through a wall.

- Ducted mini-split systems use ductwork to distribute their climate control services to each room.

**Hybrid heat pump water heaters** – These are the latest and greatest in water heating. Five years ago, it was tankless water heaters, but these units are now available for one-half to one-third the price. They operate by using a heat exchanger to suck heat out of the ambient air, and use it to bring the tank of water up to room temperature. The electrical heating element is then used only to elevate the water from room temperature to the desired setting. They are more efficient at heating water than anything except passive solar panels. However, they have two issues:

- They can be loud. Not just a little loud, but jet-plane-taking-off loud.
  - Did I mention they suck heat out of a room? Yeah. They need at least 100 square feet of room to operate, and more is better. They will keep a room that size cool like a wine cellar, by transferring room heat into the water. They should be placed accordingly away from sleeping areas and in open areas with lots of cubic feet of air is
- Story continued on Page 6*

## News from the NET

# Don’t forget to store water

By Tom Phillips  
Concordia/Vernon/Woodlawn NET

During our June Neighborhood Emergency Team (NET) meeting we conducted a tabletop disaster scenario exercise. We tried to simulate our response during an emergency situation. We talked about how we would meet at our Alberta Park incident command site, and from there provide such services as we could to help our community.

At one point, someone mentioned that people arriving at Alberta Park would be wanting water. Our team lead immediately stepped in to say, bluntly: “We are not there to distribute water.” We all knew what she meant. We knew that city water lines would be devastated. We knew that we wouldn’t have any water to distribute. We knew no one would be bringing deliveries of water.

The only available drinking water would be what individuals and families had stored beforehand. Any supplies that stores might have will be gone quickly, if any stores are open at all.

Not only that, there would be no other water for cleaning, cooking or sanitary needs. Remember – water is life! An active person needs at least two quarts of water each day. Hot environments and intense physical activity can double that need.

To adequately prepare for your water needs during an emergency we recommend that you store one gallon of water per person per day – two quarts for drinking, and two quarts for food preparation and sanitation. And keep at least a three- to seven-day supply of water for each person in your household.

For a family of four that would mean storing 12 gallons of water for a three-day supply and 28 gallons for a seven-day supply. There are many water storage and purification solutions available to us but will do us little good if we do not prepare them ahead of time.

For more information, we encourage you to visit the Regional Water Providers Consortium website at [RegionalH2o.org/](http://RegionalH2o.org/) storing-water-emergency.

*Editor’s note: If you have questions about emergency preparation – individually or related to the Concordia neighborhood – send them to [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org).*



Tom Phillips completed his volunteer NET certification training 2½ years ago. A retired federal employee, he lives in Woodlawn which – along with Concordia and Vernon – comprises the local NET.

## What’s Selling in Concordia?

189	Homes sold in RMLS in last 12 months as of July 5 <sup>th</sup>
6.7%	Increase in Average Sale Price since 2017
Avg. Sale Price in 2017: ..... \$503,593	
Avg. Sale Price currently: ..... \$537,378	
Avg. Days on market: ..... 30	

*This information provided by*  
Mark Charlesworth, Concordia resident & Broker  
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Thursday, August 2  
**DANNY BARNES  
TRIO**  
Great Northwest Music Tour  
Gym • 7 p.m.

Saturdays, August 4, 11, 18, 25  
**Opera on Tap**  
Live opera singers in & around  
the Honors Bar.  
7 p.m. 'til 9 p.m.

Thursday, August 9  
**BATTLE OF THE  
LAWYER BANDS**  
Rock battle  
Gym • 7 p.m.

Tuesday, August 14  
**RACE TALKS**: An Opportunity  
for Dialogue  
**CANDIDATES FORUM: PORTLAND'S  
FIRST AFRICAN-AMERICAN FEMALE  
CITY COUNCILMEMBER**  
Gym • 6 p.m. doors; 7 p.m. event

Thursday, August 16  
**EXTRA CREDIT  
BEER TASTING**  
5 p.m. 'til 7 p.m. • Brewery • 21 & over

Thursday, August 16  
**BIGFOOT MOJO**  
Bluegrass  
Gym • 7 p.m.

Thursday, August 23  
**MA FONDUE**  
R&B  
Gym • 7 p.m.

Monday, August 27  
**HISTORY PUB**  
Theater • 6 p.m. doors; 7 p.m. event

Thursday, August 30  
**ANOMELEA**  
Country & blues  
Gym • 7 p.m.

Saturday, September 29  
**SECOND ANNUAL  
OKTOBERFEST  
BREWFEST**  
German-style craft beers, live music.



# Filmmaker prefers Concordia, new career

By Tamara Anne Fowler  
CNA Media Team

Shannon Guirl lights up the world. And it all started with inspiration from Alberta Street. Shannon grew up in Chicago and traveled through Europe prior to landing in Brooklyn to work on film and television documentaries like "Bowling for Columbine" and "Shut Up and Sing" about The Dixie Chicks, plus reality TV shows like

exploring past mid-century designs. I felt the curves and shapes expressed a more modern version of the mid-century look."

After that, it was mostly reading books, watching YouTube.com videos and talking to other ceramicists, turners and makers that helped Shannon develop the skills to make her product and run her business.

She was drawn from Brooklyn to Portland in 2010. "Through my work with Etsy, I could see that the makers in

*"Through my work with Etsy, I could see that the makers in Portland were building a strong creative community, and I wanted to be part of it."*

— Shannon Guirl

"American Pickers" and "Cash Cab."

She worked primarily as an editor, but also assisted with filming on documentaries and documentary-based TV shows. After 12 years in the film & TV industry, Shannon found she had hit a wall.

She needed something different.

In 2009, she took a ceramics class in Brooklyn and learned the basics of slip casting and mold making.

"I researched and designed my first lamp on my own after work and on the weekends," Shannon explained. "It was a combination of the textures and materials I had become familiar with while

Portland were building a strong creative community, and I wanted to be part of it."

Shannon released her first design, The Alberta on Kickstarter.com that same year. The campaign was successful and she raised more than \$50,000 in seed money to start Caravan Pacific.

Shannon assembled and packed each lamp for all of the backers. "It was a wonderful feeling to be supported by so many people and feel their excitement in producing that first design," she recalled.

"During my time in Portland, I've had the honor to be included in a number of formal and informal groups that support



Shannon Guirl once helped light TV and movie screens with documentaries and reality shows. Now she lights the homes of Portlanders and others with the lamps she makes in her Concordia home. Photo by Annika Bussmann

women-run businesses and designers, including the League of Women Designers and the Join Collective.

"I think sharing what you've learned and what you're struggling with in a supportive environment helps create an atmosphere of inclusiveness and learning," she added.

"I really hope I never stop exploring and challenging myself. It's been quite an adventure already."

Shannon currently produces a collection of ceramic lamps for Rejuvenation as well as her own collection, available on

Caravan-Pacific.com.

"Concordia is a great place to call home. I just love it here."



Tamara Anne Fowler is a copy/content editor, fiction editor and accountability coach. Visit her at [EditKitten.com](http://EditKitten.com), email her at [Tamara@editkitten.com](mailto:Tamara@editkitten.com) or call

310.359.6038. She would love to hear from you.

## Retrofits can help...

Continued from Page 5

available from which to suck heat. Garages, attics, basements and large utility rooms are thus the best places to put them.

All three of these are technologies that will save you money on home operational costs. Each home and each system would have its own cost-benefit ratio and, if you're curious, look into each one further.

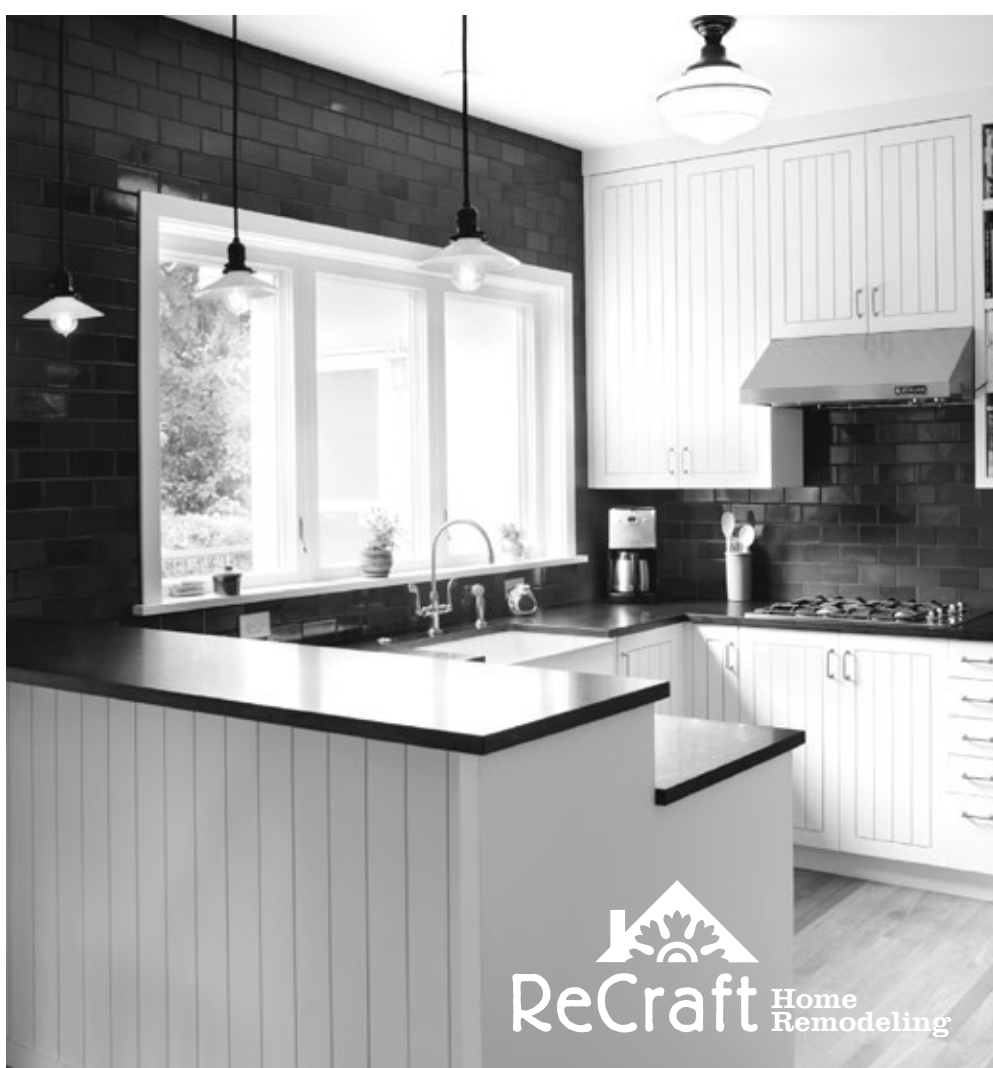
Although this sort of home energy efficiency upgrade discussion is a bit beyond our usual discussions, the CNA Land Use and Transportation Committee meets the third Wednesday of each month from 7 to 9 p.m. in McMenamins Kennedy

School Community Room. I encourage you to join us Sept. 19 for a discussion of current land use & transportation issues in our community.



Garlynn Woodson lives on 29th Avenue, serves on the CNA Board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the

planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at [LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org).



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# Tastes grow for Tiny Moreso desserts

By Dan Werle  
CNA Media Team

In January, 42nd Avenue welcomed Tiny Moreso to its ever-growing, diverse community. The café is tucked just inside the southwest corner of the Cully neighborhood, between

*Jenn returned to Portland and began experimenting with her own raw, plant-based recipes.*

(com)motion & Caribbean Spice. The sunny, cozy new home to Rawdacious Desserts provides a unique, healthy option for drinks, small plates and sweets.

Jenn Pereau named her café with wit. Small temptations come from her small bakery operation, Rawdacious Desserts. However, each delicacy achieves a greater degree of flavor and delight than any non-raw, non-vegan counterpart.

She initiated Rawdacious Desserts, after enjoying an inspiring raw dessert at a vegan/raw food restaurant in Austin, Texas, nine years ago.

Jenn returned to Portland and began experimenting with her own raw, plant-based recipes.

Many of the longtime vegetarian and vegan café manager’s creations were met with enthusiastic high-fives and pats on the back. That led her to begin making individual desserts for Prasad restaurant.

The taste for her desserts grew, resulting in Jenn starting Rawdacious in southeast Portland. She and her staff continued their work at The Ford Building for the next seven years, producing delicious desserts for events, local restaurants and other businesses, such as New Seasons.

Jenn and her staff loved their work, but wanted more interaction with the people who buy their desserts.

She met with Michael DeMarco, Our 42nd Avenue executive director, identified a suitable location and made the move.

The café’s menu includes such notable options as ohQua Jazz tea, Lion Heart kombucha, New Cascadia toast with house-made almond butter, white bean tarragon dip, smoothies, juices and – of course – cheesecakes and other top-rung desserts.

Rawdacious has a proven track-record of being ahead of the curve with respect to raw materials and environmental responsibility. Tiny Moreso continues that tradition by including cannabidiol (CBD) in some of the drinks, and uses paper and stainless steel straws instead of plastic.

The to-go drinks are poured into glass mugs, requiring a one-time, \$2 deposit before they head out the door. That encourages people to re-use them at home and take them back for refills. And, of course, no plant-based, raw, northeast Portland café would be complete without a website page dedicated to bathroom selfies. Visit TinyMoresoPDX.com/bathroom-selfies for the gallery.



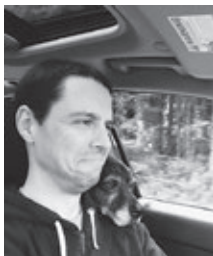
Jenn Pereau and her tiny staff enjoyed making Rawdacious Desserts, but longed to meet the people who buy them. So she opened a storefront café on 42nd Avenue. Photo by Dan Werle

Special orders are welcomed for events large and small via TinyMoresoPDX.com, 503.602.4243 or in person at 4520 N.E. 42nd Ave.

Tiny Moreso is open Tuesdays through Saturdays from 11 a.m. to 8 p.m., and Sundays from 11 a.m. to 3 p.m.

Jenn is looking to expand the menu to include more hot foods and longer hours in the fall, and the tiny staff of four is also interested in hiring a part-time team member.

*Editor’s note: Look for Rawdacious Desserts Thursdays, Aug. 2, 16 and 30 from 4 to 8 p.m. at the Cully Farmers Market. (See Page 12.)*



Dan Werle lives in Concordia with his wife, Anna, and their dogs.



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**The Creative Path Walk** is a popular and artful community event. It features an indoor labyrinth, and provides a contemplative and restorative experience.



**Saturday Aug. 18: Noon - 4pm**  
**Sunday, Aug. 19: Noon - 4pm**  
Visit our website to schedule your 30-minute walk.

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**Oregon Humanities Conversation Project**  
Wednesday, August 15  
at 4:00pm & 5:15pm

**Textile Tuesdays**  
Each Tuesday 6:30pm - 9pm  
Camaraderie and craftiness. Bring your textile or art project, and we'll sip tea and tell yarns.

**The Evening Watch**  
Tuesdays & Sundays thru Sept. 23  
6:30pm-8:00 pm  
*A Cultural Initiative*  
Neighbors gathering in quiet vigil, aware of the troubling times.

Visit our website for details, and find us at the corner of NE 23rd Ave. & NE Sumner St.  
**CERIMONHOUSE.ORG**



# Man and food cart, both are Seven Rivers

By Steve Elder  
CNA Media Team

Seven Rivers Barbecue is the eponymous creation of Seven Rivers. Yes, he gave his name to his food cart, a mix of the conventional and the unconventional.

The conventional is that Seven cooks and sells fine barbecue. Seven will tell you he makes brisket primarily, but the ribs are to die for.

It's hard to say where the unconventional starts. There's the location. The

mayonnaise. Potato salad with a catered order is great.

For the conventional, flags and banners wave during business hours. Signs are up and down the sidewalks.

Seven Rivers' real name is Seven Rivers. He was born on the seventh day of the seventh month of the seventh decade of the 20th century. His father was Ocie Rivers. His uncle was Alfred Rivers, lead singer of the Ink Spots, the pop vocal group that gained fame in the 1930s and '40s.

*“My grandmother was from Birmingham, Alabama. I was always in the kitchen. She would cook stuff like chitlins.”*

– Seven Rivers

historical location of the barbecue is at 5527½ N.E. 34th Ave., behind Tuan's service station. There are no other food carts on the street, or within blocks. No tables outside. You can leave home without your American Express card because the cart takes just cash.

The proper name of the place is Seven Rivers Catering and BBQ. That's more like it.

The place on 34th, for example, doesn't include potato salad as a side dish – too much risk of food poisoning from

He claims no relationship to Doc Rivers, the coach of the Los Angeles Clippers basketball team, or Doc's son and player Austin Rivers. “Don't call him Doc. He'll tell you his name is Glen.”

Seven's basketball claim is David Rivers, who played for Notre Dame and briefly for the Los Angeles Lakers.

Seven Rivers was born and raised about a half mile down the street. When did he start cooking?

“I don't think there was any time when I didn't,” he said. “My grandmother



Seven Rivers (background) and Jamie, general manager, won't serve you potato salad at their food cart – by his same name – on 34th Avenue. There's too much risk of spoilage. But you can find ribs there all the time. Look for the potato salad on the catering menu. Photo by Steve Elder

was from Birmingham, Alabama. I was always in the kitchen. She would cook stuff like chitlins. I learned to do it early.”

Seven Rivers isn't just in Concordia. For more than 10 years, he had the barbecue outlet at the Moda Center where he sold Blazer Nachos. After a year off, he soon will start selling wings at Moda events.

This summer, Seven Rivers Barbecue is at the Cully Farmers Market in the parking lot of Los Pepitos restaurant

at 5011 N.E. 42nd Ave. Thursdays from 4 to 8 p.m. in August and 4 to 7 p.m. in September.



Steve Elder, East2@ConcordiaPDX.org, is an inactive lawyer, a developer, activist and old grouch.

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## Are you speaking kindly to your body?

By Penny Hill  
Licensed massage therapist

When your body hurts do you think ungentle thoughts toward it? Perhaps even angry or frustrated thoughts?

You might want to rethink that habit. Thoughts are pathways in the brain and instructions to the body. The more often you have a thought, the bigger becomes the pathway devoted to it in the brain – especially ones packed with strong emotion behind them.

Additionally, your thoughts are instructions to the body. So, let's say you're going up a flight of stairs and your left knee hurts. With every step you take and think “#%^&\* knee,” you are creating a bigger neural network devoted to actually feeling the pain.

The pain may not be getting worse, but your brain is telling you it is because the pathways for feeling it are getting bigger. You become hyper aware. And then think it's getting worse, which causes more thoughts about how bad your knee is. And your body listens to your brain, and it can make the knee worse to follow your instructions.

Yikes, why weren't we told this is how

it works?

So let's change that! It's pretty easy. Stop it. OK, that was a joke. But really, it's not hard. Sure, the pain is there but, when you're going up that flight of stairs instead of cursing out your left knee, give it some love. It's been working really hard for you for how many years?

Or affirm what you'd like to be true: that it's getting stronger, that this is a temporary situation.

Or focus on an area in your body that does not hurt. Try, “My right knee feels great.”

Watch your thoughts. They mean things and shape your life and energy. Always, always pick the best ones, those that move you in the direction of what you'd like to be feeling and experiencing.



Penny Hill is owner at Rising Sun Massage and CalmHealthEase.com, EFT Tapping for Stress Relief. She is also a cofounder of Concordia Area Massage and Bodywork Professionals.



# Helping moms is right up Concordian’s alley

By Tamara Anne Fowler  
CNA Media Team

Dana Lester focuses on Moms, thanks to her employment with Quality Health Solutions (QHS), a wellness company based here in Portland. She works as the program

does work on projects in line with her major. A lot of what Dana does relates directly to the public health classes she took for her degree.

Since QHS customizes their programs to the needs of each client, Dana works with them individually and creates a

*“Knowing how important support is during pregnancy from a prevention stance, it feels like I am really helping make a difference in future moms’ lives.”*

– Dana Lester

coordinator for the commercial accounts department, and she helps maintain client relationships.

QHS is renovating its Maternity Assistance Program, and Dana is spearheading the project. She works closely with the nurses on staff who provide the maternity coaching service.

"We are creating a robust online resource for new moms entering motherhood," she explained. "Knowing how important support is during pregnancy from a prevention stance, it feels like I am really helping make a difference in future moms’ lives."

Dana majored in nutrition and dietetics at Oregon State University. While she does not provide direct health education in her position at QHS, she

program design and marketing strategy, as well as setting communications avenues in place.

Dana has lived in the Concordia neighborhood for just more than a year. She moved here from Corvallis after graduation.

She and partner Jonathan both work downtown, so they wanted a neighborhood reasonably close and an easy commute by busing or running. They also love how many parks are within walking distance. Their corgi-pomeranian Toby loves to run around Fernhill and Alberta parks.

Dana appreciates all the care Concordians take of their properties. "This time of year I can't help but stop and stare at the gardens and yards," she



Her job brought her to Portland, but Dana Lester’s move to Concordia a year ago fulfilled her need for livability and an easy commute downtown. Her dog Toby likes it here too. Photo by Lauren Lester

said. “They are overflowing with plants. It’s truly beautiful.”

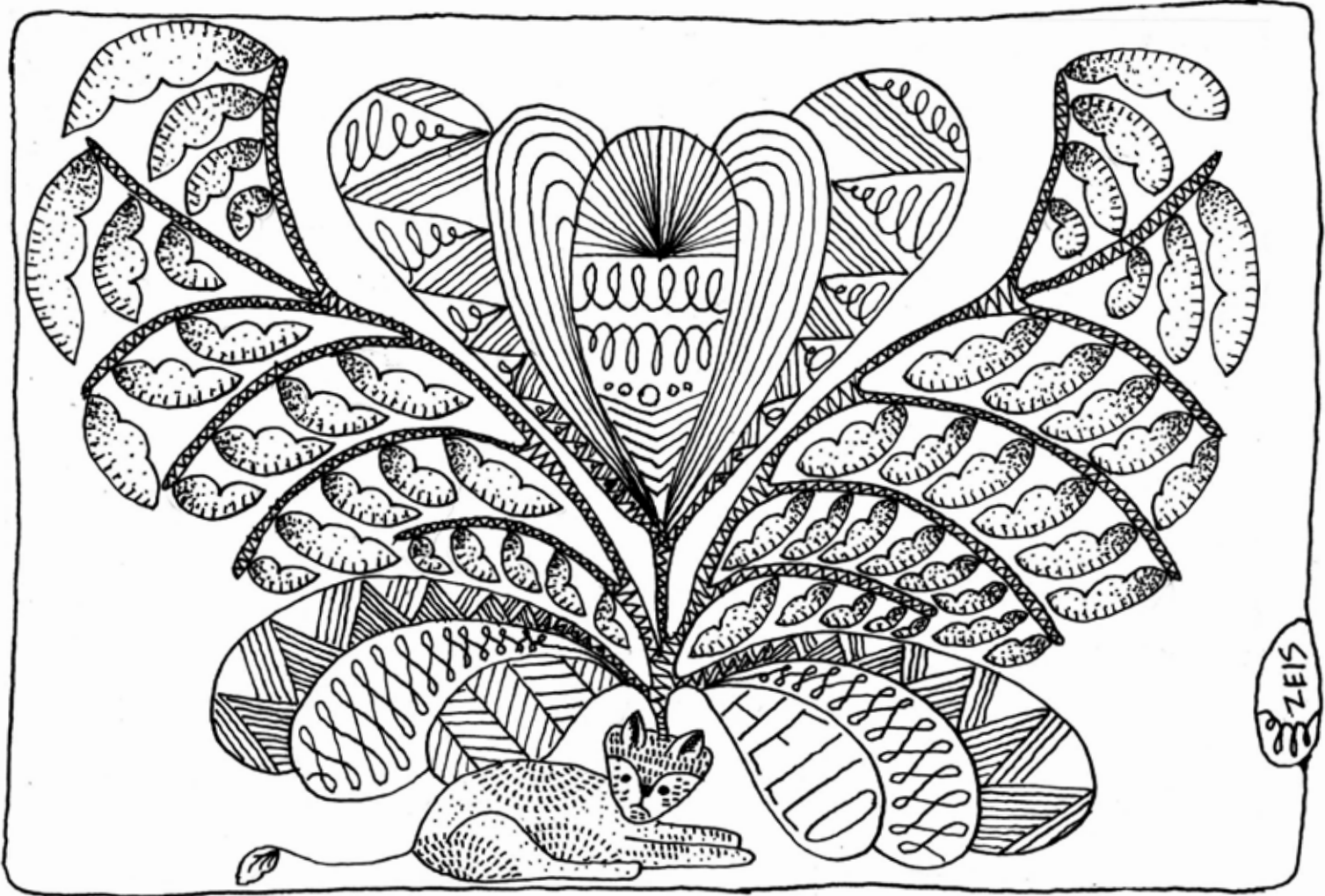
Since moving here, two houses have been demolished on the same block as her rental. She knows more are in store.

Dana hopes to see continued work to provide affordable housing options. She knows it will be difficult as a future first-time home buyer to enter the market, especially if they want to stay in Concordia.



Tamara Anne Fowler is a copy/content editor, fiction editor and accountability coach. Visit her at [EditKitten.com](http://EditKitten.com), email her at [Tamara@editkitten.com](mailto:Tamara@editkitten.com) or call 310.359.6038. She would love to hear from you.

## Art Corner



### Like your neighborhood?

Ready to help?  
Email [Chair@ConcordiaPDX.org](mailto:Chair@ConcordiaPDX.org)

Opportunities abound – volunteer and sometimes paid – to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.



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Barbara Wharton, Photo by Karen Wells

# Fernhill trees need you

By Karen Wells  
CNA Media Team

Calling all hands! Our Fernhill Park Tree Inventory is scheduled for Wednesday, Aug. 29, from 4:30 to 8 p.m. and Saturday, Sept. 8, from 8:30 a.m. to noon. The Concordia Tree Team needs your help for both.

All hands are welcome. Young people, adults, kids and seniors are needed to measure, map and record information about the trees of Fernhill Park. Each new set of hands will be paired with a trained team leader from Portland Parks and Recreation/Urban Forestry and/or Concordia Tree Team member.

Register for both dates at [PortlandOregon.gov/parks/article/485261](http://PortlandOregon.gov/parks/article/485261), [TinyURL.com/Fernhill1](http://TinyURL.com/Fernhill1) or [TinyURL.com/Fernhill2](http://TinyURL.com/Fernhill2).

**You will need to bring:** Your enthusiasm and team spirit, water, layered clothing for cool mornings/hot afternoon), cell phone, hat, sunglasses, sunscreen and backpack for miscellaneous items.

**Your team leader will provide:** a yellow vest to wear at all times, information and supplies/materials.

**Information you will record:** tree location, name, height, diameter, crown or width and condition.

**You will get:** Some walking exercise, new information about trees and a

good feeling knowing you’ve helped your urban environment be more sustainable for future generations.

Past generations did not see the social, environmental or local climate benefits of the area now known as Fernhill Park. At the beginning of the 20th century, the surrounding areas were farms with dirt roads traversing the interior. A dump occupied the area.

In 1940, the city started buying land for public parks and, in 1956, changed the name from Ainsworth Park to Fernhill Park with a size of almost 27 acres.

Concordia Tree Team member Barbara Wharton has been a tree team member since she moved to the neighborhood in 2008. She has enjoyed learning about park tree health concerns and building community while advocating for the green canopy of Concordia.

The Concordia Tree Team Facebook page – [Facebook.com/Concordia-Tree-Team-456805847727560/](https://Facebook.com/Concordia-Tree-Team-456805847727560/) – gives more information on the team.



Karen Wells is a retired early childhood community educator, health and safety trainer.

# Knock, knock, have you got a bed tonight?

By Marsha Sandman  
CNA Media Team

When money comes knocking at your door do you answer?

You might if you own one of the 116 accessory short-term rentals in the Concordia neighborhood.

What is an accessory short-term rental (ASTR)? According to the Portland Bureau of Development Services (BDS), “An ASTR is where an individual or family resides in a dwelling unit and rents bedrooms to overnight guests for less than 30 days.”

Regulations allow ASTRs in houses, attached houses, duplexes, manufactured homes on their own lots, and accessory dwelling units (ADUs). Each ASTR type has unique requirements based on the number of bedrooms and structure type. Six or more guestroom rentals at one time are not considered ASTRs.

If sharing your home or ADU sounds appealing, there are a few hoops the city requires you to jump through:

- Fill out an application.
- Notify your immediate neighbors with the city’s form letter, “Neighborhood Notice.”
- Pay a permit fee rental (\$180 and more).
- Obtain a permit from BDS every two years (\$50 and more). In the intervening renewal years – or years two, four, eight, 10, etc. – the resident may self-certify compliance with the bedroom requirements.
- Have the rental bedroom(s) inspected by BDS. Rental bedroom(s) are inspected every six years thereafter

Still interested in that knock on your door?

Each bedroom must have a smoke detector and may require a carbon monoxide detector.

Hosts with ASTR permits are required to occupy their residences for at least 270 days during each calendar year.

There are no limits to the number of nights you may have a short-term



Concordia is home to 116 accessory short-term rentals. How does that work? Read on. Photo by Marsha Sandman

rental. The maximum number of days you may be away from home and renting to overnight guests is 95, or roughly three months.

Rules, rules, rules. If you operate an ASTR without the required permit, you’ll be found in violation of Portland City Code and subject to citations with civil penalties of \$1,000 to \$5,000.

So it’s a good idea to know what you are doing before you answer that knock at your door. Information about the general inspection process is available at [PortlandOregon.gov/bds/65603](http://PortlandOregon.gov/bds/65603).

For questions about ASTRs, visit [PortlandOregon.gov/bds/66835](http://PortlandOregon.gov/bds/66835) or call 503. 823.7526.

If you own an ASTR or live near one, and you have an opinion you’d like to share in a subsequent issue of CNews, please contact Marsha.



After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at [MarshaJSandman@gmail.com](mailto:MarshaJSandman@gmail.com).

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# Want to get involved locally?

# Want to get to know your neighbors?



Join us at the next Concordia Neighborhood Association Board Meeting on Wednesday, Aug. 1, 7-9 p.m. in the McMenamins Kennedy School Community Room.

All are welcome!



Ask the historian

# Dig, follow clues about your home’s history

By Doug Decker  
Historian

**The question:**

We’re interested in researching the history of our house. Suggestions about how to do that?  
— Jennifer Maddox

**The historian reports:**

Researching your own home is a lot of fun, but let’s get the bad news out of the way first: chances are there are no remaining copies of plans for your house. And, most likely, you won’t be able to find individual photos of your house in any of the easily accessible public document collections.  
But here’s the good news: there is a lot of information about your house. If you’re willing to dig a bit and then follow the clues, you might eventually find a past family member with photos to share. I did.  
Here are some suggestions of places to look.

*If you’re willing to dig a bit and then follow the clues, you might eventually find a past family member with photos to share. I did.*

- **Multnomah County Division of Assessment & Taxation:** Microfilm on file here will reveal home ownership over the years, when and between whom it changed hands, selling costs, property valuation and other information. As you search through the early years of the 20th century, be sure to “watch” the rest of the neighborhood, not just your property. You’ll see some interesting changes.
- **Sanborn Maps:** The Sanborn Fire Insurance Co. mapped Portland and hundreds of other American towns and cities from 1879 up until the early 1960s. These maps will come in handy,

particularly when it comes to finding the original address for your house.  
The Portland street grid was completely renumbered in 1933 so, if your house was built before then, the address you have today will not be of much help. Try the Oregon Historical Society (OHS) Library. They’re also available online via the Multnomah County Library System, but be sure to go look at the OHS originals just for fun because they are beautiful and a sight to see.  
• **Polk Directories:** Even if you aren’t looking for your own house here, these directories read like an annotated history of Portland life. Compiled by street address, they list the names and professions of the people who lived in your house.  
While not an official public document like you’ll find at the county, these directories are quick and easy to search, and make for fascinating reading. You’ll find these at the OHS Library and at the Multnomah County

Library. You can also find online copies of these at places like Ancestry.com.  
• **Building Permits:** You’ll be surprised how much you can learn about your house by looking at building permits. The folks at the Portland Bureau of Buildings are very helpful. Go up to the counter and tell them you’d like to look at the historic building permits and inspection cards for your address. Be sure to tell them you are the homeowner.  
• **Other Sources:** Once you’ve gathered the official information on your house, you can extend your detective work, which could include searches



The Morrison children pose in the 1920s in front of the home Doug Decker owns, restored and researched. He offers tips on how you can research the history of your own home.

through biographical indexes, OHS death records, U.S. Census records and obituaries. The Oregonian is now searchable back to 1866 from the Multnomah County Library website. Go look up your old address and see what you find.  
If you get stuck and want a sounding board, drop me a note at Doug@AlamedaHistory.org.  
My house was built by William B. Donahue in July 1912 and lived in by five families since then, most of whom I’ve met. Your research will pay off!



Doug Decker initiated his blog *AlamedaHistory.org* in 2007 to collect and share knowledge about the life of old houses, buildings and neighborhoods in northeast Portland. His basic notion is that insight to the past adds new meaning to the present. If you have a question for him to answer in CNews, send it to CNewsEditor@ConcordiaPDX.com.

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Concordia community events calendar

Daily, beginning Aug. 1  
**SUMMER READING PROGRAM FOR CHILDREN**  
**Location:** Concordia University, George R. White Library & Learning Center, 2800 NE Liberty St.  
Hours: Mondays-Fridays 7am-10pm, Saturdays 7:30am-10pm, Sundays noon-8pm  
**Details:** Drop by to learn about the summer reading program, which is open to all children.

Mondays-Fridays, Aug. 1-Aug. 17 & 22  
**FREE LUNCH + PLAY**  
**Locations:** Various parks  
Lunches are free to youths 18 & younger, adult or guardian must accompany anyone younger than 10. In addition to standard daily fare – lunch, sports & games, arts & crafts – special events are planned with music groups, sports teams, libraries & more.  
**Details:** PortlandOregon.gov/parks/sffa  
• Woodlawn Park, through Aug. 17, activities 11am-3pm, lunch 11:30am  
• Alberta Park, through Aug. 22, activities 11am-3pm, lunch noon  
• K'unamokwst Park, through Aug. 22, activities 11am-3pm, lunch 12:30pm

Mondays-Fridays, Aug. 1-17, noon  
**FAUBION SUN SCHOOL COMMUNITY LUNCH**  
**Location:** Faubion School, 2930 NE Dekum St  
Lunches are free to youths 18 & younger, \$4 for adults

Wednesday, Aug. 1  
**CONCERT & MOVIE IN THE PARK**  
**Location:** Woodlawn Park  
Concert: 6:30pm, Mz. Etta's World featuring Arietta Ward; Movie: after dusk, "Hidden Figures"  
**Details:** portlandoregon.gov/parks/61921?

Wednesdays-Sundays, through Sept 16, 1-4pm  
**WING LUKE MUSEUM EXHIBIT OF ART OF JIMMY TSUTOMU MIRIKITANI**  
**Location:** Emerson Street House, 1006 NE Emerson St  
Jimmy Tsutomu Mirikitani was a fiercely independent Japanese American artist who lost his family & friends to the US internment camps during World War II & the Hiroshima bombing. This remarkable exhibition about his art & life is a poignant exploration of the lasting impacts of war & discrimination, & the healing power of creativity.  
**Details:** emersonstreethouse.com/currentexhibit/

Thursdays, Aug. 2, 9, 16, 23, 30, 7:30-8:45am  
**TOASTMASTERS**  
**Location:** George R. White Library & Learning Center Community Room, 2800 NE Liberty  
Advisors Toastmasters is a small, but active, group that gives members opportunities to try speaking & leadership in a safe, nurturing & supportive environment with feedback that is aimed at helping you improve your speaking, listening & leadership skills.  
**Details:** advisors.toastmastersclubs.org/

Thursdays, Aug. 2, 9, 16, 23, 30, 4-8pm  
**CULLY FARMERS MARKET**  
**Location:** 5011 NE 42nd Ave  
Farmers market is back every Thursday through September. Meet continuing & new vendors, enjoy entertainment, grab dinner with friends, connect with your community, buy fresh veggies, support local farms & artisans, trade/sell your homegrown/handmade items at the Community Table.  
**Details:** cullyfarmersmarket.org, facebook.com/cullyfarmersmarket/

Thursday, Aug. 2, 4:30-5:30pm  
**LEAD POISONING PREVENTION**  
**Location:** Multnomah County Northeast Health Center, 5329 NE Martin Luther King Jr Blvd  
Participants learn how to prevent lead exposure in their homes, especially homes built before 1978 with children, pregnant women & others concerned about lead exposure.  
**Details/registration:** communityenergyproject.org, 503.284.6827, x109



Friday, Aug. 3, 6pm  
**CNA CELEBRATES NATIONAL NIGHT OUT**  
**Location:** Fernhill Park  
It's the final concert of the season in the park, & it's Concordia's celebration of National Night Out. Groove to the Parisian Americana tunes of Eric John Kaiser beginning at 6:30 pm, & enjoy the PG movie "Isle of Dogs" with Spanish subtitles beginning after dusk. Children's activities are free. So are popcorn & Helados ice cream & fruit bars for all ages.  
**Details:** Page 4



Sunday Aug. 5, 10am-2pm  
**24TH ANNUAL COLUMBIA SLOUGH REGATTA**  
**Location:** St. John's Launch, one driveway west of 9363 N Columbia Blvd  
Columbia Slough Watershed Council stages its annual celebration of the slough with its on-the-water festival. More than 500 people will have the opportunity to rent canoes or kayaks to explore & learn more about the slough. Despite the name, the regatta is not a race, but a leisurely wildlife-watching group paddle. Other activities are designed to develop connections with nature & neighborhood resources.  
**Details/registration:** columbiaslough.org/events/event/248/, suggested donation: \$10-\$50/person or \$25-\$70/family, sliding scale, no one will be turned away due to lack of funds; questions: susanne.raymond@columbiaslough.org, 503.281.1132

Mondays, Aug. 6, 13, 20, 27, sunrise-3pm  
**FREE GOLF MONDAYS**  
**Location:** Colwood Golf Center  
Portland Parks & Recreation rounds of golf, time on the driving range & use of clubs on Mondays. The course is 9-hole, par 3 & the offer is open to youths age 17 & younger. Each child 9 & younger must be accompanied by an adult during play. Experienced golfers & newcomers to the sport are welcome. No reservations are taken, so tee times are on a walk-up basis.  
**Details:** 503.254.5515



Tuesdays, Aug. 7, 14, 21, 28, 6:30-9pm  
**TEXTILE TUESDAYS**  
**Location:** Cerimon House, 5131 NE 23rdAve  
Join other neighbors for camaraderie & craftiness. Bring a textile project you are working on or observe others – as the group stitches, knits, quilts & crafts. It's a simple gathering of artful citizens.  
**Details:** cerimonhouse.org

Saturday, Aug. 11  
**FESTIVAL LATINO**  
**Location:** Thomas Curry Park  
Concert: 6:30pm, Colectivo Son Jarocho de Portland; Movie: after dusk: "Coco" in Spanish with English subtitles  
**Details:** portlandoregon.gov/parks/61921?



Tuesday, Aug. 14, 6pm  
**RACE TALKS**  
**Location:** McMenamins Kennedy School  
These opportunities for dialogue about race in Oregon – both historically & the current time – are presented by McMenamins History & Donna Maxey. Doors open: 6pm; discussion: 7pm  
**Details:** racetalkspdx.com

Sunday, Aug. 19, noon-4pm  
**CREATIVE PATH WALK**  
**Location:** Cerimon House, 5131 NE 23rd Ave  
Cerimon House hosts a contemplative labyrinth walk with a monthly theme. The 30-minute immersive indoor experience of light, sound & walking meditation offers a place for you to focus, unplug, & restore. This is a unique replica of a historic pattern from Reims, France. \$10 suggested donation  
**Details/reservations:** cerimonhouse.org

Saturday-Sunday, Aug. 25-26, 9am-4:30pm  
**CONCORDIA TEACHER CORPS VOLUNTEER SIGN UP**  
**Location:** Concordia University George R. White Library & Learning Center, Room 120, 2800 NE Liberty St.  
Concordia Teacher Corps, pairs young readers with volunteer reading coaches. Get your complimentary fingerprinting & background check completed these two days to volunteer during the 2018-2019 school year.  
**Details:** concordiateachercorps@cu-portland.edu, 503.493.6269

Wednesday, Aug. 29, 4:30-8pm  
**FERNHILL PARK TREE INVENTORY**  
**Location:** Fernhill Park  
Volunteers of all ages are needed to help with the inventory. Each new set of hands will be paired with a trained team leader from Portland Parks & Recreation/Urban Forestry &/or a Concordia Tree Team member. A second day is scheduled for Saturday, Sept.8, 8:30am-noon, to continue the inventory.  
**Details:** Page 10, portlandoregon.gov/parks/article/485261, tinyurl.com/fernhill1, tinyurl.com/fernhill2



Thursday, Aug. 30, 6-9pm  
**LAST THURSDAY**  
**Location:** Alberta Street, 15th-30th avenues  
This is the summer's final Last Thursday – complete with street closure. Musicians, other performers, artists, artisans & food vendors line Alberta Street. The brick & mortar restaurants &, of course, the galleries will be open.  
**Details:** lastthurspxd.org

ALBERTA ROSE THEATRE

GREAT FOOD MUSIC BEER & WINE

AUGUST 2018

2

TOMMY CASTRO & THE PAINKILLERS

STOMPIN GROUND TOUR

3

TUCK & PATTI

+ ADLAI ALEXANDER

4

DELTA RAE

9

GIVING FEAR THE FINGER: THE OKAY FINE WHATEVER

BOOK RELEASE

10

DUFFY BISHOP & HER BADASS

BLUES BUDDIES

11

THE MYSTERY BOX SHOW

12

SAWYER FREDERICKS + PARSONSFIELD

15

THE NOWHERE BAND

PRESENTS

SGT. PEPPER'S LONELY HEARTS CLUB BAND

21

SCIENCE ON TAP

INVENTIVE CONNECTIONS: MOVIE STARS, MATH, & MARINE MAMMALS

24

AMANDA SHIRES + LILLY HIATT

25

CULT OF ORPHEUS: 5<sup>TH</sup> ANNIVERSARY CONCERT

26

A TRIBUTE TO CHARLES MINGUS JR. THE ANGRY MAN OF JAZZ

BY AMP JAZZ ORCHESTRA FEAT. DEVIN PHILLIPS

29

THE GIRLIE SHOW

FEMME-FATALE BURLESQUE CIRCUS

30

SEP 1

31

SEP 1

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3000 NE ALBERTA

Community calendar items

Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.