



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

February 2018

Stay tuned for 2018 CNA events details

March 30: Stuff plastic eggs at American Legion Post 234, 2104 N.E. Alberta, 5-8 p.m.

March 31: Spring Egg Hunt, Fernhill Park, 10 a.m. SHARP

May date TBD: neighborhood clean up

Summer date TBD: Neighborhood-wide yard sale

July 23: Northeast Sunday Parkways, course TBD

July Fridays: Concerts in the Park

August date TBD: National Night Out concert & movie

December date TBD: Holiday Party

CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

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‘Priced Out’ due local screenings



By Joel Dippold
CNA Media Team

Perfectly timed for Black History Month, February brings multiple screenings of the new film “Priced Out: 15 Years of Gentrification in Portland, Oregon.”

The documentary is part time capsule, part breaking news. It offers glimpses of street scenes that have either been demolished or remodeled beyond recognition, and might leave you wondering what parts of the neighborhood will be the next to go.

Director Cornelius Swart touches on urban planning and macroeconomics, but his focus is on the very personal toll gentrification has taken on members of the African-American community.

The story is told through the personal history of Nikki Williams, who lived what seems like several lifetimes in the Albina area. That historical designation includes Concordia.

Like many African-Americans her age, she had a happy childhood in a vibrant community, but saw that community eviscerated by years of governmental neglect and later by drugs and gangs.

Then, as crime diminished and the neighborhood began to turn around economically, Nikki and her friends and family were priced out of their homes.

They became internally displaced persons, living with the pain of losing the only home they’d known and being



Nikki Williams appears in the film to talk about the neighborhood she used to call home. Photo courtesy of Dream Photography

displaced by a more affluent white population that seemed not even to care.

The concept of community was central to the film’s production. The director, a professional journalist who also launched and ran community newspaper The Portland Sentinel and managed content for GoLocalPDX.com, assembled an all-volunteer team to document the social and economic upheaval of gentrification.

The team’s first product was the 2002

documentary “Northeast Passage: The Inner City and the American Dream.” In it, viewers meet young Nikki in her new Habitat for Humanity home. In “Priced Out” you see her make the difficult decision to sell and start a new life in another city. (Spoiler alert: it’s Dallas, and she loves it.)

There are several screenings this month. Visit PricedOutMovie.com/new-events. The two closest are: Thursday, Feb. 1, 6:30 p.m., Portsmouth Union Church, 4775 N. Lombard St., and Friday, Feb. 16, 6 p.m., Self-Enhancement Inc., 3920 N. Kerby Ave.

People who have already seen the film recommend staying for the community discussion afterward. To schedule a screening visit PricedOutMovie.com.

You can watch a 2017 remastering of “Northeast Passage” on YouTube. Another documentary the director recommends is “Losing Alberta: Gentrification in Northeast Portland,” put together by a team of Grant High School students, also available on YouTube. Visit ConcordiaPDX.org/cnews-updates for links to these two videos.

Joel is a freelance writer and editor who has lived in Concordia since 2000.

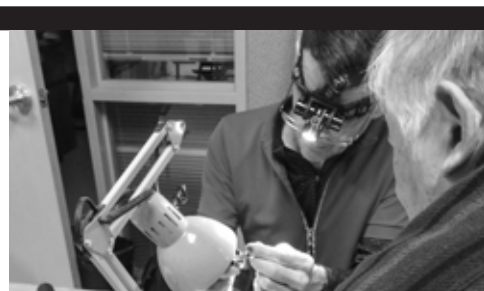


For decades Albina – including North Williams Avenue in 1969 – and its residents suffered under redlining, destructive urban renewal projects and the social chaos of the drug wars. Photo courtesy of the Oregon Historical Society



FURNITURE STORE MOVES IN
A Life Designed specializes in ‘sophisticated man caves.’

See Page 4



GET IT FIXED AT THE FIX-IT-FAIR
Quick fixes and resources are available at the Feb. 24 fair.

See Page 6



BEES ARE HIS BUSINESS, HOBBY
Glen Andresen shares his house, yard with cats, bees.

See Page 8

CNA VOICES

By Truls Neal
CNA Board Member



Concordia Neighborhood Association

Board Meeting

1st Wednesday of the month, Wednesday, Feb. 7, 7-8:30 p.m., McMenamins Kennedy School Community Room

General Meeting

Wednesday, March 7, 7-9 p.m., McMenamins Kennedy School Community Room

Safety & Livability Committee

2nd Tuesday of the month
Tuesday, Feb. 13, 7-8:30 p.m., McMenamins Kennedy School Community Room

Social Committee

If you'd like to help plan the annual Spring Egg Hunt for March and/or plan other fun, community building events, contact Katie Ugolini, 503.449.9690, KTUgolini@gmail.com.

Media Team

1st Tuesday of the month, Tuesday, Feb. 6, 6 p.m., McMenamins Kennedy School Community Room, contact MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, Feb. 21, 7 p.m., McMenamins Kennedy School Community Room, contact LandUse@ConcordiaPDX.org

Finance Committee

Last Wednesday of the month, Wednesday, Feb. 28, 7 p.m., McMenamins Kennedy School Community Room, contact Jody Pollack at East1@ConcordiaPDX.org

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SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org

Submissions to CNA Website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org

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Can you survive a disaster?
Let's figure it out together

Just read the headlines. It's proved true worldwide in areas that have experienced disasters – natural and otherwise. Neighbors are the first to respond to help each other survive until the professionals can get there.

We're fortunate to live in Multnomah County, where trained professionals make emergency plans for the local infrastructure.

And we have the Concordia-Vernon-Wood-

lawn Neighborhood Emergency Team (NET) with committed volunteers ready, willing and able to help. They plan and practice regularly to do their best when a disaster hits.

However – and this is a really big however – there are only 20 to 30 NET volunteers, and they are spread pretty thin across the 2.4 square miles where 17,000 people live.

The county and the NET estimate it might take as long as two weeks for outside help to get here after a disaster.

Do you know what you and your family will do to stay safe and alive for two weeks? You probably can't do it alone. And the NET can't do it all for you. We need to be ready to help ourselves.

As neighbors, we in Concordia must pull together,

make plans and determine how we can help each other.

We've heard it over and over again. The "big one" is going to hit here eventually. And earthquakes aren't the only threats that may face us. Severe weather, natural disasters, industrial accidents – they all have the potential to put us in danger.

This isn't about alarmism. It's about resiliency. Block by block, we need to plan how we'll react

We've heard it over and over again. The "big one" is going to hit here eventually. And earthquakes aren't the only threats that may face us.

in a disaster. Where can you look for help to connect to make those plans and assure the safety for your family and your neighbors?

The Concordia Neighborhood Association (CNA) is the ideal catalyst. After all, our stated mission is to "connect" Concordians.

But the 12 members of the CNA board of directors can't do it alone.

The more people who get involved, the less work it is for each of us. Please step forward. Join the CNA Safety & Livability Committee. Offer your skills, local knowledge, contacts and enthusiasm to focus on this small piece of Portland we call home.

Email me at TrulsRobin@hotmail.com or call me at 971.207.5862. We need to get started on this now Before it's too late.

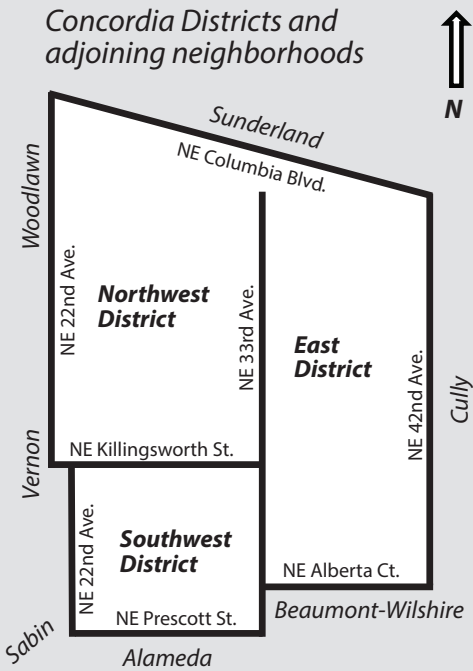
CNA Board of Directors

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East 2 | East2@ConcordiaPDX.org Steve Elder
Northwest 1 | NW1@ConcordiaPDX.org Isham "Ike" Harris
Northwest 2 | NW2@ConcordiaPDX.org Amelie Marian
Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong
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At Large 4 | AL4@ConcordiaPDX.org Ali Novak
At Large 5 | AL5@ConcordiaPDX.org Truls Neal
At Large 6 | AL6@ConcordiaPDX.org Heather Pashley

Need a place for your party?

The Community Room at McMenamins Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds.

Pricing: \$25/hr (\$15/hr. for nonprofits)
Email: CNARoomKennedy@gmail.com



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Concordia murals

Sewing, fashion are inside and out



By Karen Wells
CNA Media Team

A mural inspired by signature fashions of the 1950s, 1960s and 1970s momentarily transports the viewer back in time. It's no coincidence that it adorns a wall of Silhouette Design, Tailoring and Dressmaking

Julia GaRey, women's tailor and dressmaker, had been wanting a mural painted on the side of the building for years. She wanted a mural that captured the art of vintage sewing patterns, despite the limited space of the 12-foot eastside wall. Hers is the smallest shop on the block.

Building owner and 30-year Beaumont-Wilshire resident Georjean Melonas was very supportive of the project. She was instrumental in guiding Julia through the permit process with the city and with the Beaumont-Wilshire Neighborhood Association.

Location: Silhouette, 4225 N.E. Fremont St., at the opening to parking behind the building.

Artist: Raziah Roushan has lived in Portland for about seven years. San Diego is her hometown and where she got her start as a muralist. She received her bachelor's degree in painting from Pacific Northwest College of Art and has more than 20 large-scale murals in her portfolio.

She recently finished three murals for the Cedar Hills Crossing Mall renovation. To see more of her murals visit: RaziahRoushan.com/galleries/murals/.

Raziah loves working with clients during the creative process and receiving positive responses from the community. While working on this mural, a 90-year-old resident stopped to watch her work and commented, "I've never seen a muralist in action. Fascinating."

What the mural represents: The art of sewing and signature vintage



The art of fashion – and the practice of it – are the specialty of Silhouette Design, Tailoring and Dressmaking in nearby Beaumont-Wilshire. Photo by Karen Wells

fashion styles using the mannequin form
Installation: 2016

If you have an off-the-rack garment in need of special attention to make it fabulous, Julia may be able to help. See her work at SilhouetteTailoringStudio.com.

Karen is a retired early childhood community educator, health and safety trainer. Reach her at 619.244.7892.

Holiday party was a big hit, thanks to many

If you missed the December Concordia Neighborhood Association (CNA) Holiday Party, you missed a great time.

More than 200 Concordians – young and not so young – enjoyed light eats, nonalcoholic beverages, entertainment and crafts. Many lucky raffle ticket purchasers won gifts. Northeast Food Pantry received \$234 from the ticket sales to continue its work providing food and clothing to those who need it.

"A big hat's off to all the volunteers who made the party possible," said Katie Ugolini, CNA Social Committee chair. "And thanks to the many contributors of food and gifts, and to our entertainers."

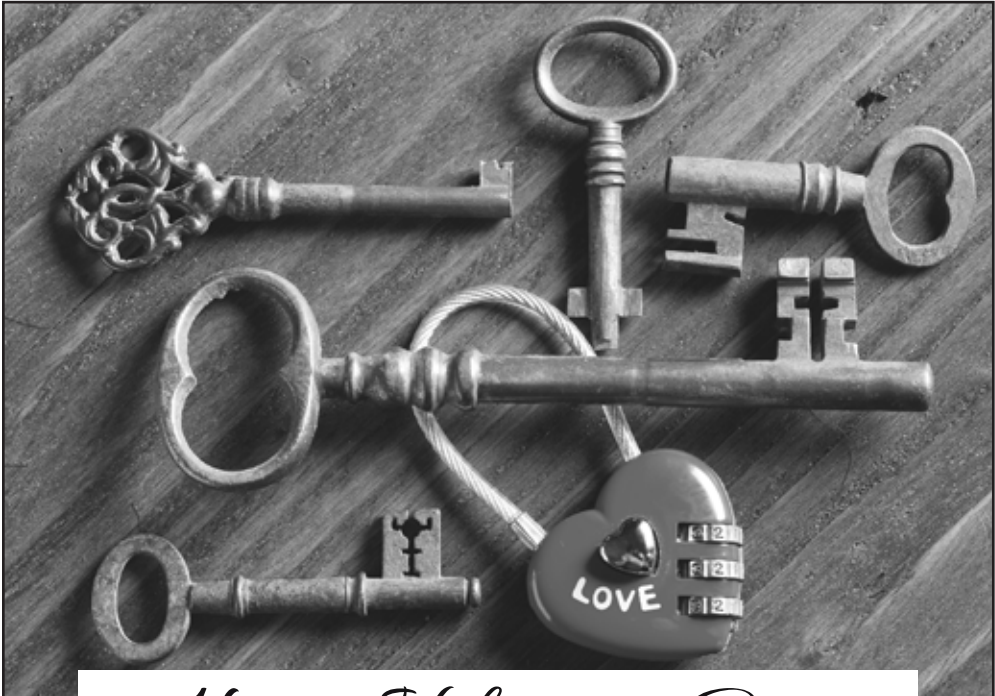
They include: Basics, a Pacific Foods Store; Caffe Vita; Cannon's Ribs Express; Cerimon House; Cottage Pantry; Dekum Street Doorway; Hollywood West & Interstate Fred Meyer; Frock; Grand Central Bakery; Just Bob; FEAST Community Choir; Hasson Company Realtors, Amelie Marian; Hot Lips Pizza; Just Bob; Pizza Jerk; Grant Park QFC; Red Sauce Pizza; Martin Luther King Safeway; Portraits in Prose ink, Sarah Miller; Seastar Bakery; Vernon School Choir; and Verum Ultimum Art Gallery.

CNA board elects officers

There's just one new officer on the Concordia Neighborhood Association Board of Directors this year. Truls Neal was elected Jan. 3 as vice chair. Re-elected were Steve Elder, secretary, and Heather Pashley, treasurer.

Chris Lopez was re-elected as chair during November's Annual Membership Meeting.

One board position remains open. If you're interested in volunteering to fill it, contact Chris at Chair@ConcordiaPDX.org.



Happy Valentines Day

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New on Alberta

Online furniture goes brick and mortar



By Tamara Anne Fowler
CNA Media Team

You are sure you hear Frank Sinatra croon "My Way" as you enter furniture store A Life Designed (ALD). Owner and curator Randy Sloan created ALD 4½ years ago while living in Scottsdale, Arizona. His style leans toward "sophisticated man cave," Randy explained. "Martinis, the Rat Pack, low lighting, leather."

charge for everything: couches, art work, everything. They cleaned him out, packed everything in their trailer and headed off to New York.

ALD started as an online business in 2013 – ALDPDX.com – which thrives to this day. Randy buys a lot from Los Angeles estate sales and people moving.

He has clients in Toronto, Scottsdale and even Tokyo. Shipping alone cost a Tokyo client twice what he paid for a 1950s midcentury modern desk.

Scottsdale was getting expensive and Randy had no real storefront. Coming to Portland, Randy looked in the Pearl, but



Randy Sloan's furniture sales business, A Life Designed, began as a dot.com in 2013. Now it's expanded to a storefront in the Alberta Arts District. He describes his offerings as "sophisticated man cave." Photo by Chris Baker

While Randy was living in Scottsdale, he moved five times within three years. Each time he needed to downsize, and each time he sold his excess items on Craigslist.

But, when he makes purchases for ALD, Randy does not speculate. He buys only what he loves, what speaks to him. And, as this is the case, many clients find more than one piece to purchase. They all work together.

While Randy was living in Scottsdale, he moved five times within three years. Each time he needed to downsize, and each time he sold his excess items on Craigslist.

During one of those downsizings a husband and wife contacted him. They were buying furniture for their son in Soho. They were scavenging Craigslist for pieces. They were astonished by all that Randy was selling.

"Your taste is exactly what our son loves," he was told. "Are you an interior designer? You should be."

The couple asked what he would

it would have limited him. "There was no storefront. I would have been selling out of my apartment just like in Scottsdale," he said.

Randy got on Craigslist. A space had just become available in the Alberta Arts District. He moved in at the tail end of August and opened ALD in September. It's at 4966 N.E. 14th Ave. Current hours are Mondays - Fridays 11 a.m. - 5 p.m., and evenings and weekends by appointment by calling 360.359.8458.

Now that Randy has his own shop, he has the freedom to add vendors. The inaugural vendor is a candle maker out of Brooklyn, Urban Sundry. The candles emit scents that are unmistakably masculine.

Randy plans to set up gallery showings. He would not take commissions for any of the pieces sold. He would be doing

it primarily to share community.

Tamara is Edit Kitten, a writer with 20-plus years of experience offering a softer, gentler approach to editing

and coaching. Her personal editors – Armani, Max Factor and Spicey'D – are also her cats. Visit her at EditKitten.com or contact her at Tamara@editkitten.com.

Save the Date!

Spring Egg Hunt Saturday, March 31 Fernhill Park

The hunt begins at 10 am SHARP.
Don't be late – it ends in a flash!



Volunteers needed to:

- stuff 6,000 plastic eggs with candy on Friday, March 30
- hide 6,000 candy-filled eggs on Saturday, March 31

Contact Katie Ugolini at Social@ConcordiaPDX.org or 503.449.9690.

Sponsored by Concordia Neighborhood Association & American Legion Post 134



BDS issues tiny home guidelines



By Garlynn Woodsong
Chair, CNA LUTC

As of Oct. 16, 2017, and for the duration of the housing emergency declared by the city council, Portland's Bureau of Development Services (BDS) has agreed to the request of Commissioner Chloe Eudaly to "deprioritize enforcement against tiny homes and people sleeping in RVs parked on private property."

The commissioner made the request as an acknowledgement of her belief that, "Housing is a basic need and a human right."

Until a permanent code is developed to implement this request, BDS is oper-

The commissioner made the request as an acknowledgement of her belief that, "Housing is a basic need and a human right."

ating under the following temporary guidelines:

- **Nonresidential parking lots:** A limit of three vehicles may be occupied for sleeping, with the permission of the property owner.
- **Single-family homes and duplexes:** One vehicle may be occupied for sleeping, with the permission of the property owner or tenant. Such a vehicle must be parked on an area of

the property that is a legal parking area under the zoning code.

- **Sanitation:** Sanitary facilities must be available, and portable toilets are only allowed where the host property is nonresidential. Garbage, recycling, and composting services must be provided by the property owner.
- **Electrical:** A plugged electrical connection must be available, and generators are not allowed to be used

to meet this requirement.

- **Accessory short-term rental:** Short-term rental operations may not be operated out of vehicles (tiny homes, RVs, camper trailers, motorhomes, etc.).

BDS staff has begun working to develop city code language to allow tiny homes permanently, in conformance with Oregon's recently passed House Bill 2737, which requires the adoption of standards for homes of 600 square feet or less.

As the land use chair of the Concordia Neighborhood Association, I'm trying to get up to speed on these new rules and what they mean. If you'd like more information, contact David Austin at David.Austin@portlandoregon.gov or 503.823.1365.

Land use & transportation committee update

By Garlynn Woodsong
Chair, CNA LUTC

Speed limits reduced

On Jan. 17, 2018, Portland City Council reduced the speed limit on all residential streets from 25 miles per hour to 20. This move will help reduce crashes, save lives and get the city one step closer to reaching Vision Zero goals.

Lowering speed limits by five miles per hour may seem like a small change, but research shows it can go a long way in reducing both the likelihood and seriousness of crashes on the streets.

The city plans to replace speed limit signs on residential streets between February and April. Speed limits were reduced previously on Alberta Street from 25 to 20, on Ainsworth Street from 30 to 25, and on 42nd Avenue from 30 to 25.

Comprehensive Plan Update status

The Portland Comprehensive Plan was adopted by Portland City Council in June, and the package of early implementation projects were approved in December. Those include: changes to the zoning map, zoning code and other implementation documents.

The entire plan is now under review by the state Department of Land Conservation and Development. Pending that department's acknowledgement, the new plan will take effect in May.

Map Refinement Project status

The Map Refinement Project, which makes small changes to the zoning map to bring it in alignment with the comprehensive plan, was reviewed and voted on by the Portland Planning & Sustainability Commission in November. Project staff is expected to release the recommended draft to the city council in February.

The public comment period will then be open on this draft through the remainder of winter and into early spring.

Residential Infill Project status

The Residential Infill Project is rewriting the zoning code in Portland's low-intensity residential zones (R2.5, R5, and R7). The Concordia Neigh-

borhood Association (CNA) Board of Directors sent a comment letter during the public review period for the project, which closed in December. Comments submitted are being summarized in a report that was due to be published in late January.

The Planning and Sustainability Commission will begin discussing the project Feb. 13 and continue through March, April, May and to a scheduled work session and recommendation June 26. That recommendation will then be presented by project staff to Portland City Council, likely with a new public comment period during the summer.

Better Housing by Design status

The Better Housing by Design Project is revising development and design standards in Portland's multi-dwelling zones (R3, R2, R1 and RH) outside the central city, which is governed by a separate central city plan.

The Planning and Sustainability Commission will begin discussing the project in May and continue through to a scheduled work session and recommendation on July 10. That recommendation will then be presented by project staff to the city council, likely with a new public comment period during late summer and early fall.

Concordia residents are always welcome at CNA LUTC meetings, every third Wednesday – except December – at 7 p.m. in the McMenamins Kennedy School Community Room. For more

information, visit ConcordiaPDX.org/lutc/, send your questions to LandUse@ConcordiaPDX.org, or email LUTC_Secretary@ConcordiaPDX.org to join the LUTC notification list.



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What's Selling in Concordia?

174	Homes sold in RMLS in last 12 months as of Jan 12 th
4.5%	Increase in Average Sale Price since 2017
Avg. Sale Price in 2017: \$503,593	
Avg. Sale Price currently: \$525,180	
Avg. Days on market: 25	

This information provided by
Mark Charlesworth, Concordia resident & Broker
Keller Williams, Portland Central.
charlesworthhomes@gmail.com • 503.807.9911

Find more news on our website: ConcordiaPDX.org



Find repairs, resources at Fix-It Fair



Volunteers at Fix-It-Fairs repair Portlanders' clothing, appliances and more. The next fair is at nearby Madison High School Saturday, Feb. 24. Admission is free.

By Tamara Anne Fowler
CNA Media Team

"The Fix-It Fairs are a great resource for neighbors who want to learn how to save money, keep their families healthy and improve their homes," Arianne Sperry reported.

She should know. Arianne is a city employee and nearby neighbor – just four blocks into Woodlawn neighborhood – who has volunteered for more than five years at the events. You may see her at the Saturday, Feb. 24, fair between 9:30 a.m. and 2:30 p.m. at Madison High School.

"There are exhibitors who can answer questions and point you in the right direction on a number of topics from

the closest of the 2018 Fix-It Fairs to Concordia neighborhood.

"You can bring in things that need repair, like clothes or small appliances, and that alone makes a visit worthwhile," Arianne explained. "But my favorite part of the fairs are the classes. As a new homeowner, a lot of home improvements feel really daunting.

"A lot of people come with a specific class in mind or an item that needs repair. I direct them to the classroom or the repair café.

"And then, when they're heading out, I love to hear their excitement at a mission accomplished. They're waving their now-working lamp or they've got a look of determination in their eyes – and an armful of supplies – as they head home to disconnect their downspouts.

"Everything is free, including lunch,

The Madison event is the closest of the 2018 Fix-It Fairs to Concordia neighborhood.

pesticide-free gardening, to recycling, to how to get around by bike," she said.

"You can even pick up free helpful tools like a faucet aerator or a lead paint test kit."

The Fix-It Fairs occur three times a year during the winter months, when people are thinking the most about utility savings, keeping healthy and budgeting household finances. The fairs have been held continuously for 31 years.

Sponsors are the Portland bureaus of Planning & Sustainability and Water, Energy Trust of Oregon and Pacific Power, with KUNP Univision and KBOO Community Radio as media sponsors.

The sites change from year to year. Fairs are usually held at middle or high schools which have the room needed to host upwards of 70 community program info tables and the classrooms for dozens of workshops. The Madison event is



Arianne Sperry works for the city department that facilitates three Fix-It-Fairs a year, but she volunteers at the events. Classes, information and even on-the-spot repairs are available. Photos by Nancy Varekamp

and even childcare is provided." Each fair is different, and every season of fairs is different, according to Arianne. But the core offerings remain the same: community programs that provide free or low-cost resources that encourage healthful and sustainable choices.

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CONCORDIA NEWS

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Concordian enjoys ‘pay back’



By Marsha Sandman
CNA Media Team

Three days per week Helen Horton, a delightful senior citizen, leaves the easy comfort of retirement to volunteer at Providence St. Vincent Medical Center’s two gift shops.

For the past 28 years, Helen has worked behind the scenes pricing and stocking the two shops that together gross about \$1 million annually.

Helen is a longtime resident of the Concordia neighborhood. That’s a long way from the small coal mining town in Wyoming where she met her husband. Three kids and seven grandchildren later, she finds joy in service.

You’ll find one gift shop in the hospital

A four- to five-month stay at St. Vincent motivated her to “pay back” all the care and kindness she received at that time.

lobby. Greeted by Geoffrey, a 5-foot-tall stuffed giraffe, visitors will discover a delightful variety of gifts, cards, magazines, floral arrangements, toys and many items for newborns.

The East Pavilion lobby shop has gifts for every occasion, including seasonal home decor, clothing, jewelry, health and beauty items, creative options for babies and pets, and unique items for kids and adults.

After working 35 years in her church office Helen decided to volunteer. A four- to five-month stay at St. Vincent motivated her to “pay back” all the care and kindness she received at that time.

She started volunteering in the nutrition department and eventually transferred to the gift shops. With the exception of the manager, all staff members are volunteers.



It takes a squad of volunteers to operate the gift shops at Providence St. Vincent Medical Center. Helen Horton (center front) started 28 years ago and, 17,000 hours later, the Concordian continues to enjoy her work. Photo by Marsha Sandman

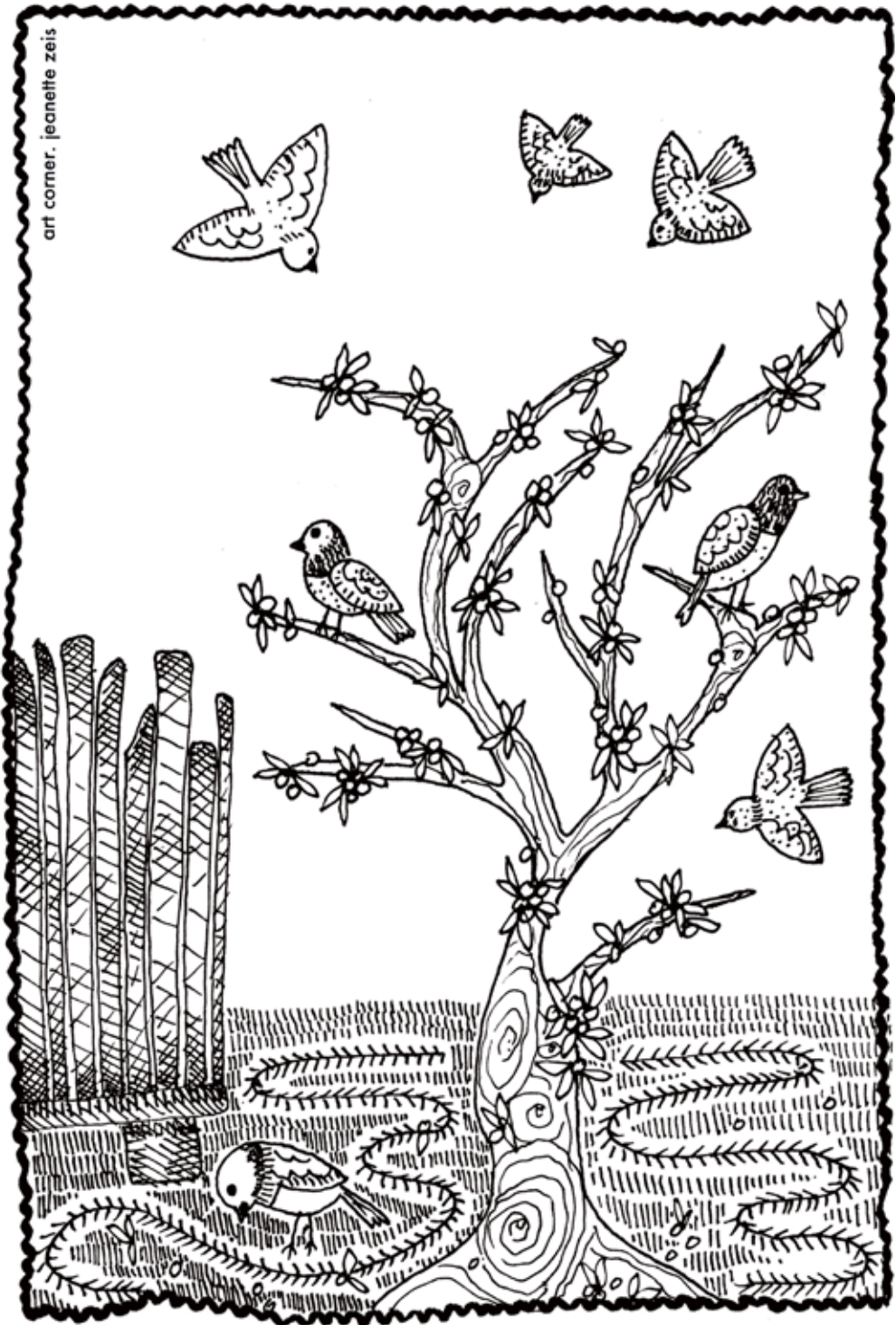
Helen claims she was a shy person and volunteering at the gift shop has helped her a great deal. Shy no more, she was eager to discuss the gift shops and how they benefit the hospital.

All profits benefit the Providence St. Vincent Medical Foundation, the philanthropic arm of the hospital. The

foundation helps fund leading-edge research, acquire the latest technology and help those less fortunate.

After living east, south, north and west, Marsha's home at last. And she wants to hear your story. Contact her at MarshaJSandman@gmail.com.

Art Corner



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Gochujang sauce, bulgogi bacon, fried egg, kimchi slaw & miso mayo

FEB. 5-11: TAKE ME TO THE MOON BURGER
White cheddar, Red Eye bacon jam, Terminator mayo, lettuce, tomato, red onion & pickles

FEB. 12-18: MULHOLLAND DRIVE-IN BURGER
Bacon, avocado, habanero jack, pickled jalapenos, thousand island dressing, lettuce, tomato, red onion & pickles

FEB. 19-28: MAUI WAUI BURGER
Pineapple sambal, shoyu-caramelized onions, sriracha mayo, lettuce & tomato



All burgers include fries

Thursday, February 1
MEXICAN GUNFIGHT
Soulful songcraft
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Every Saturday
Opera on Tap
Live opera singers in & around the Honors Bar.
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Thursday, February 8
ASHLEIGH FLYNN AND THE RIVETERS
Americana
Gym • 7 p.m.

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VALENTINE'S OVERNIGHT PACKAGE
Lodging, dinner, a bottle of Edgefield Sparkling Wine with keepsake flutes and breakfast the following day
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Tuesday, February 13
RACE TALKS An Opportunity for Dialogue
"CROSSING OVER: TRANSGENDER PEOPLE OF COLOR"
Gym • 6 p.m. doors; 7 p.m. event

Thursday, February 15
SONNY HESS
Local blues legend
Gym • 7 p.m.

Thursday, February 22
BILL WADHAMS & FRIENDS
Rock
Gym • 7 p.m.

Monday, February 26
McMenamins, Oregon Historical Society and Holy Names Heritage Center present...
HISTORY PUB
Theater • 6 p.m. doors; 7 p.m. event



He'd rather be with his bees and garden



By Steve Elder
CNA Media Team

Glen Andresen shares his house and yard on Alberta Court with his cats Boo and Rio. And about 300,000 honeybees.

In addition to beehives, the land around the house he's owned for 30 years has native fruit trees and organic garden beds. Glen has been keeping bees in his back yard since 1992, and in other people's back yards since 2002.

Glen has a degree in economics and has studied classical music, but said he'd rather play with bees and dig in the dirt.

In addition to keeping bees, Andresen is a master gardener. He's the host of the long running hour-long edible gardening show, "The Dirt Bag," heard the second Wednesday of each month at 11 a.m. on community radio station KBOO.

He also teaches backyard organic

"Honey bee pollination is critical to the cultivation of over a third of our food supply."

— Glen Andresen

beekeeping through Portland Community College, and the gardening supply store Garden Fever. Glen was named the Oregon recycler of the year in 2009 by the Association of Oregon Recyclers.

In 2013 Glen cofounded Bridgetown Bees, a project whose goal is to breed selectively and raise a Portland strain of honey bee queens here that can survive

local winters without treatment of any kind.

"It's not just the cold that's hard on bees, it's the cold and damp," he said.

Helping reduce the decline of honeybees in the region is an integral goal of the Bridgetown Bees mission. Since 2006, honeybees have been dying off at an unsustainable rate with billions of bees disappearing in the U.S.

Losses are estimated at greater than 40 percent a year. Today there are half as many beekeepers as there were in the 1980s, Glen said.

"The collapse of honeybee populations also threatens the security of our food supply," he added.

"Honey bee pollination is critical to the cultivation of over a third of our food supply."

Glen sells honey and organic produce from his porch self-serve stand, but most honey is sold through a neighborhood co-op grocery and a local donut shop which is known for its honey-coated offerings.

He usually runs out of honey each year, retailing close to 5,000 pounds in



Glen Andresen studied economics and classical music, but he said he'd rather play with bees and dig in the dirt. So he shares his property on Alberta Court with about 300,000 honeybees. Photo courtesy of Kirk Crippens

most seasons.

Glen restocks colonies and starts new ones with swarm captures and colony cutouts. He does some 10 building removals each year, some for a fee.

In a normal season he may capture 50 swarms. Anyone who is host of an unwelcome swarm can contact Glen at 503.333.9271 or Glen@bridgetownbees.com.



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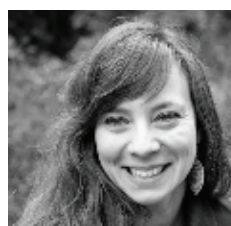
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Here's how to stick to those pesky new year's resolutions



By Jenn Noble
CNA Media Team

It's that time of year when New Year's resolutions are getting challenging. I'm not one to make resolutions, but I do like to work on myself and understand how tough that can be.

Changing habits is hard. With the demands of "adulting," working, main-

leave yourself motivating voicemails.

- Tell others what you're doing: This helps create a supportive community and reminds your brain that you're doing things differently. If you're not sure who to tell, start with those closest to you, people you meet in new classes/events, or find a Meet-up or Facebook group online.
- Cut yourself some slack. We all have rough days where things don't go as

Changing a habit is challenging and takes persistence and patience.

taining relationships and squeezing in time for fun, it can seem impossible. But it's not. Sometimes you just need a little encouragement.

Here are some tricks to stay motivated:

- Stop whatever you're about to do and ask yourself: "How will I feel after I (eat that cookie, go to happy hour instead of yoga, watch TV instead of working on my budget, etc.)?" Bring yourself back to the present moment and remember how the little choices you make add up to real change over time.
- Be your own cheerleader: Leave yourself encouraging notes on your computer, use dry erase markers to write on your mirror or windows, or

planned. Be kind to yourself and don't let a slip-up derail you. Changing a habit is challenging and takes persistence and patience. The nicer you are to yourself, the better results you'll have and the more you'll enjoy the process.

It's never too late to start taking better care of yourself (or to get back at it), and the benefits are certainly worth it.

Take it one step at a time, have faith in the process and you'll see positive change in no time!

Jenn, RYT 500, is a Concordia resident who teaches yoga and meditation. Want to work with her or learn more? Visit JennNobleYoga.com or contact her at JennNobleYoga@gmail.com.

Gnome’s Home

Workshops aren’t just for kids anymore



By Dan Werle
CNA Media Team

Tucked away in a cozy, smartly-organized, annexed building off 30th Avenue on the south side of Killingsworth Street sits Gnome’s Home, one of Concordia’s best kept secret surpluses of enrichment, energy and promise. The building has historically been used as a learning center for young children, who are able to discover – or fine

more small classes, covering an even broader scope of topics, in the coming year. She started Heart in Hand Preschool in 2002, across the street from McMenamins Kennedy School. In 2005, after moving to a home on 30th Avenue, the annex that currently houses Gnome’s Home was built, and used as the preschool. In 2015, Heart in Hand moved into the main building, and, soon after, Gnome’s Home was opened in the former Heart in Hand building. Yvonne is formally trained, and she



Yvonne de Maat, owner of Heart in Hand Preschool, now makes her Gnome’s Home space available for adult workshops, in addition to the ones she sponsors for children. Plant-dyeing, felt-making, and discussions on essential oils are among recent events in the workshop space. Photo by Dan Werle

Yvonne hopes it can be used for even more small classes, covering an even broader scope of topics, in the coming year.

tune – their learning (and playing) skills. However, over the past year, Gnome’s Home’s reach has expanded beyond the hands of kids alone, and is now providing a space for non-kids to learn different skills, too. Over the past year, Yvonne de Maat has been working to expand Gnome’s Home’s use. “I’d like more community engagement,” she said. Plant-dyeing, felt-making, and discussions on essential oils are all some of the classes that have been taught for adults in the space. Yvonne hopes it can be used for even

practices as a Waldorf early education instructor, focusing on creative play, and practical, hands-on activities. She’s also a children’s yoga teacher, Simplicity Parenting group leader, and top-rung handmade doll creator. Simplicity Parenting works synergistically with Waldorf teaching to help reduce unnecessary distractions in kids’ lives, and help children and their parents develop calmness, independence and improved critical thinking skills. Waldorf education principles and Simplicity Parenting ideas radiate

throughout Gnome’s Home. The building’s ceiling is fitted with skylights, allowing natural sunlight to bathe much of the area. Tucked in one corner of the room are a few dolls that Yvonne has made. The space has a quiet, peaceful presence. Also, a window on the south side of the building provides a tantalizing view of the yard, which doubles as a capital-A awesome play area, where chickens,

squirrels and birds frolic about and forage for food, while children’s play equipment waits anxiously to be put into action. If you would like to teach a class on homemaking or parenting at Gnome’s Home, contact Yvonne at MsYvonne@heartinhandpreschool.com. Dan lives in Concordia with his wife, Anna, and their dogs.

We aren’t just what we eat... but how we eat



By Kim Magraw

Eating is one of life’s great pleasures, and the lack of food among its great miseries. Since eating is central to life, isn’t it odd that so many of us eat mindlessly? We binge on what we know is unhealthy. We eat hurriedly, as though it is just another thing to get through. We try to multitask while we eat – driving, reading, texting, applying makeup, and sometimes eating-driving-texting-reading-makeup – you know you’ve seen it on I-5! I invite you to try an experiment. It’s called “mindful eating” – what we eat, how rapidly we eat, and what we pay attention to while we eat. At your next meal: • Make eating the only thing you do. Sit silently without distractions. Yes, even if it is a shared meal, make the choice not to speak. • Focus your attention on each bite. What are the various flavors? Where

exactly do you “feel” the flavors? Do the flavors change as you chew and as your enzymes begin to digest the food? What about textures and the feeling of chewing? • Try closing your eyes. Do you find yourself enjoying the food more? Are you more aware of the quality of the food you’ve chosen? What do you notice your mind doing or wanting to do? It may be difficult to slow down and complete each chewing cycle before going for the next fork-full. It may be difficult not to pick up your devices of distraction. You may feel you are “wasting your time” sitting in silence just eating. These can be helpful insights into our inner world of rushing, distracting, and avoiding. Eating mindfully reveals insights and lessons about ourselves. Plus, there are health benefits of being more conscious about what we eat, and how much and how quickly we eat. Kim Magraw, L.M.T., practices at Concordia Wellness – ConcordiaWellness.com – and is a founding member of Concordia Area Massage and Bodywork Professionals.

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Visit our website to learn more about renting the space, booking a contemplative walk, or attending other artful events.

CERIMONHOUSE.ORG

She makes positive changes



By Rachel Richards
CNA Media Team

Mary Tompkins has lived in Concordia for 27 years. She has worked within the criminal justice system for 30 years, and has been in her current role of crime prevention coordinator for inner northeast Portland with the city's Office of Neighborhood Involvement for the past 12.

Her position involves collaborating with many agencies to respond to citizen concerns about crime and their fears about crime.

Providing public safety community trainings, coordinating Neighborhood Watch and organizing National Night Out events are all a part of what Portland's nine crime prevention coordinators do.

Responding to concerns from residents is a large part of the job, and Mary said the three biggest issues she hears about are the same citywide: car prowls, property crimes and homelessness. The concerns increase as Portland's population grows.

Mary and her husband raised their now 21-year-old son here and she loves the neighborhood's diversity, great parks and proximity to the airport.

She likes seeing young families move into the neighborhood to attend the new state-of-the-art K-8 program developed by Concordia and Portland Public Schools at Faubion.

"Concordia is unique, and I like seeing



Mary Tompkins has lived in Concordia for 27 of the 30 years she has served in the criminal justice system. As a crime prevention officer, she responds to citizen concerns about crime. Photo by Rachel Richards

residents brought together frequently through the neighborhood association, and having the Kennedy School host events for the community, including Race Talks," she pointed out.

Mary discussed the idea of crime prevention through environmental design – something she is able to work on with local homes, businesses, churches, schools, and for parks and public spaces. In 2016 she was part of a team that received an award for helping transform Holladay Park in the Lloyd District into a safe place via instituting activities to engage youth and families.

What can residents do to help in crime prevention? The Neighborhood Watch program is a great way to get involved in the community, she explained.

Call Mary at 503-823-4764 to get help with organizing, and to receive training for Neighborhood Watch. That includes

"Concordia is unique, and I like seeing residents brought together frequently through the neighborhood association, and having the Kennedy School host events for the community, including Race Talks."

– Mary Tompkins

information on how to report both criminal and noncriminal issues and how to look out for your neighbors.

Mary enjoys making positive changes in local neighborhoods, using creative ideas and knowledge of systems along with an understanding of what it means to be live in northeast Portland.

She helps define what it means to be not just a resident, but a community member.

Rachel is a 16-year Concordia resident who loves her community. She has a background in counseling/education and uses her passion for helping others in her work as a real estate broker. Contact Rachel or learn more about her at RachelRichardsRealtor.com.

Letter to the editor

Thief empties freezer

I received a phone call from Billy, a Concordia resident, who was very upset. He informed me that food was stolen from his outdoor freezer, now twice. The first theft prompted him to lock the freezer, but that didn't deter someone from returning and completely emptying his freezer of food that Billy had received from a local food bank.

That someone would steal food from a person relying on donated food was particularly painful for Billy.

Billy called me to express his anger and his sense of betrayal by the community that has been his home for eight years. His fixed income is limited, and the loss of \$100 of food gives him one more reason to feel that he won't be able

to make ends meet here in Concordia.

Billy wasn't asking me to fix his problem by taking up a collection or replacing his stolen food. What he wanted was for me to listen, take interest and share his story through CNews.

Gordon Riggs
CNA Media Team Lead

The opinions expressed by this writer do not necessarily reflect the views of the Concordia Neighborhood Association. Submit letters (250 words maximum) to CNewsEditor@ConcordiaPDX.org.

Want to get to know your neighbors?

Want to get involved locally?

Join us at the next Concordia Neighborhood Association General Meeting on Wednesday, March 7, 7-9 p.m. in the McMenamins Kennedy School Community Room.



For more information, visit ConcordiaPDX.org/get-involved/



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Ask the Historian

North-south alleys are longer, plentiful

The question:

There are several north-south alleys in Concordia, beginning around 25th Avenue, but very few east-west alleys. Why so few east-west alleys compared with all of the north-south ones?

– Dan Werle

The historian reports:



By Doug Decker
Historian

The subject of alleys is close to our heart... we frequently enjoy walking what is essentially a built-in trail system that provides a sense of our neighborhood from a completely different perspective. If you haven't already, get out there and walk them! In Concordia and Vernon, you'll find two types of alleys: the obvious ones are the north-south alleys that run up the

Alleys in Portland, as in so many other U.S. cities, were a utilitarian feature designed before the age of automobiles.

middle of the blocks adjacent to back yards and paralleling the lengths of the fronted streets – typically the numbered avenues. In the area between Prescott and Killingsworth streets, you'll find these from 24th to 33rd avenues. Between Killingsworth and Rosa Parks Way, you'll find them from 22nd to 33rd avenues. The other form you'll find is the tee alley, on either side of Ainsworth Street between 23rd and 33rd avenues. These are the east-west alleys you refer to. They are shorter than the others and take the form of a cross alley – like the top of a letter T – that bisects the longer north-south alleys. The north-south alleys are more plentiful because they are much longer than the cross alleys and because they serve more back yards and houses. Observant readers will note that some eastside neighborhoods have alleys and

some have none at all. Alleys in Portland, as in so many other U.S. cities, were a utilitarian feature designed before the age of automobiles. The barn out back that might have housed a horse or wagon also contained garbage and other chaos that you didn't want to have out front. Then the car came along – a symbol of convenience, independence and even status – and garages began their migration from out back to the fronts of the houses. After about 1910, land development companies platting Portland's eastside neighborhoods responded to this shift by dropping alleys and back garages from their plans. Not incidentally, this allowed houses to be a bit larger and to shift back farther from the street, allowing for front yards and landscaping, as well as driveways and garages. The presence or absence of alleys was central to the question of site and

building design, real estate value and marketing potential at the turn of the last century. Throw in the advent of automobiles and you've crossed a tipping point away from alleys in the minds of early property developers. Why bother with alleys anymore? So, there's our answer to why some eastside neighborhoods have them and some don't: it's largely related to timing, pre- and post-1909 as the key date), with the advent of the car looming large. After 1909, no more new alleys were built on Portland's eastside.

Editor's note: If you have a question for the neighborhood historian, send it to CNewsEditor@ConcordiaPDX.org, and it will be forwarded to Doug to do some digging. Check out his blog for more on local history at AlamedaHistory.org – including a map of eastside alleys.

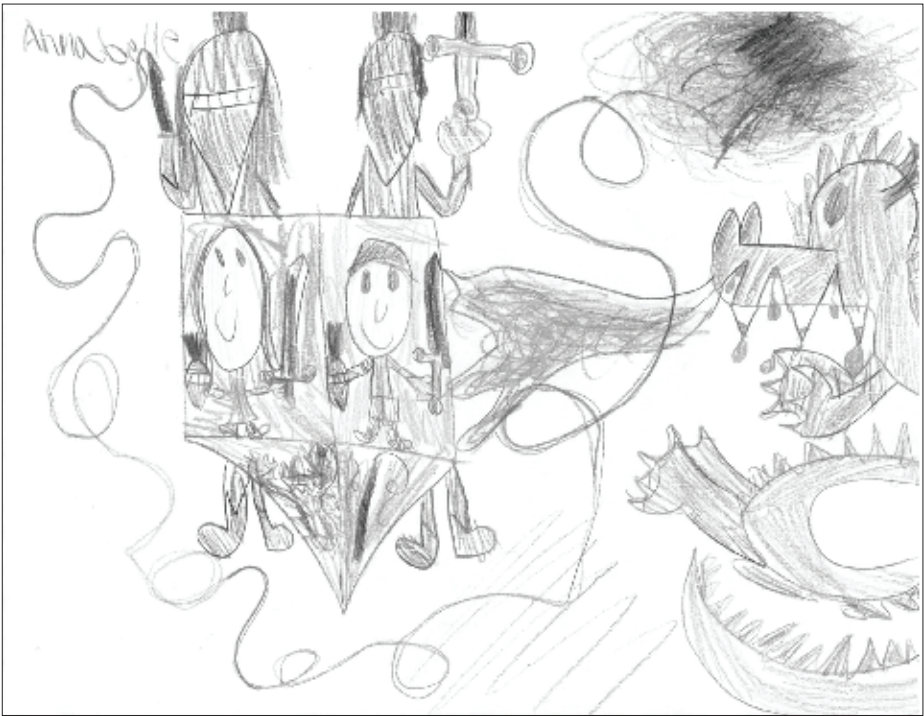


A network of north-south and east-west alleys – planned during the days before automobiles came to Portland – provide an alternative pathway for your next walk. Here's one in Concordia. Photo by Doug Decker

Creative Concordia!

Congratulations to Annabelle. Her drawing was selected from entries in the February Drawing Contest.

Annabelle C., Age 8,
"Annabelle & Crosby save the day"



Children's Drawing Contest: We Want Your Entries!

Drawings with "Lucky" theme accepted now through February 10th, 2018. Selected entries will be printed in the March CNews. Official rules, entry form and past entries can be found at ConcordiaPDX.org/concordia-creative.

Submit entries by **Saturday, February 10, 2018** to:

Geoff Dorn, Country Financial
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CNews updates

Funds raised for Alberta Rose

The Alberta Rose Theatre now owns the 91-year-old building it has occupied since 2010. A GoFundMe.com campaign raised \$125,000 since June to help purchase the building and preserve a historic piece of Portland's performing arts scene. Raising the funds for a down payment to purchase the building was a partnership between theater owner Joseph Cawley, Premier Community Bank and the community. Four donors contributed \$12,000 or more and each received two lifetime. One donor contributed \$6,000 or more for an annual pass for two. The building purchase closed in mid-January. Details of the effort were in CNews in July. Learn more at ConcordiaPDX.org/cnews-updates.

Publican trades apron for TV cameras, temporarily

Last March CNews introduced you to Irishman Tom O'Leary, owner of T.C. O'Leary's on Alberta Street. The pub was new and he had forsaken his acting career in favor of Portland and owning a restaurant. That story is available online at ConcordiaPDX.org/wp-content/uploads/2017/03/cna-20170303-web.pdf Weeks later last spring, Irish soap opera producers beckoned him to his homeland for two weeks to reprise his role as a doctor convicted of a mercy killing. Learn more about Tom, his pub, acting career and family at ConcordiaPDX.org/cnews-updates.

Concordia community events calendar

Feb. 1 & 28

LEAD POISONING PREVENTION

Locations: Various
Participants learn how to prevent lead exposure in their homes, especially homes built before 1978 with children, pregnant women & others concerned about lead exposure.
• Thursday, Feb. 1: 5329 NE Martin Luther King Jr Blvd, 4:30- 5:30pm
• Wednesday, Feb. 28, Community Energy Project, 2900 SE Stark St A, 5:30-7pm
Details/registration/additional dates & locations: communityenergyproject.org, 503.284.6827 ext. 109



Friday, Feb. 2-Sunday, March 4
28TH ANNUAL CASCADE FESTIVAL OF AFRICAN FILMS
Locations: Portland Community College Cascadia Campus & Hollywood Theatre
In celebration of Black History Month, the festival sponsored by PCC offers a look at Africa through the eyes of Africans, rather than a vision of Africa packaged for Western viewers. The films celebrate Africa's achievements, expose its failures & reveal possibilities for a hopeful future. The festival is the longest running annual, nonprofit, noncommercial, largely-volunteer-run African film festival in the U.S.
Details: africanfilmfestival.org



Fridays, Feb 2, 9, 16 & 23, noon
FEAST COMMUNITY CHOIR
Location: Subud Portland, 3185 NE Regents Ave
Forget Everything & Sing Together (FEAST) is a community acapella choir with the goal to build community.
Details/fee: feastcommunitychoir@gmail.com



Saturday, Feb. 3, 9am-noon
STEWARDSHIP SATURDAY: JOHNSON LAKE
Location: NE 92nd Ave & Colfax St
Johnson Lake has experienced a number of changes over the past century. It was a popular swimming hole until the Vanport flood in 1948. Since then the lake has experienced pollution, but clean-up projects have helped restore the property surrounding the lake. Help the Columbia Slough Watershed Council continue to contribute to its health.
Details: Kirk Fatland, volunteer@columbiaslough.org, 503.281.1132

Tuesday, Feb. 6, 6-8pm
DIY WEATHERIZATION WORKSHOP

Location: Community Energy Project 2900 SE Stark St A
Homeowners & renters can learn how to stop drafts at home, especially around doors & windows to save energy & increase comfort. Each qualified participant receives a free kit of weatherization supplies.
Registration: communityenergyproject.org, 503.284.6827 x108



Tuesday, Feb. 13, 6pm
RACE TALKS
Location: McMenamins Kennedy School
These opportunities for dialogue about race in Oregon – both historically & the current time – are presented by McMenamins History & Donna Maxey; doors open: 6pm; discussion: 7pm
Details: racetalkspdx.com

Saturday, Feb. 10, 9am-noon
STEWARDSHIP SATURDAY: SMITH & BYBEE WETLANDS
Location: 5300 N Marine Dr
Did you know Smith & Bybee wetlands is the largest urban wetland in the U.S.? Join the Columbia Slough Watershed Council to plant native plants as part of the continued effort to maintain this Portland treasure.
Details: Kirk Fatland, volunteer@columbiaslough.org, 503.2811132

Sunday, Feb. 11, 1-5pm
RAIN GARDENS 101 WORKSHOP
Location: Whitaker Ponds Nature Park, 7040 NE 47th Ave
Join the Columbia Slough Watershed Council & East Multnomah Soil & Water Conservation District for this workshop. Learn how to build your own rain garden, explore the critical role rain gardens can play in urban stream restoration, & how they add beautiful landscaping to your yard at the same time.
Registration: emswcd.org/workshops-and-events/upcoming-workshops/



OFF THE COUCH EVENTS

Friday, Feb. 16, 7-9pm
OFF THE COUCH EVENTS ACTIVITY NIGHT
Location: St. Charles Catholic Church, 5310 NE 42nd Ave
Differently-abled individuals, 18 & older, are invited for games, crafts, dancing & snacks. In February the group celebrates its ninth anniversary. Admission is \$7 per participant & first companion is free.
Details: offthecouchevents@gmail.com, 503.702.2394



Sunday, Feb. 18, noon-4pm
CREATIVE PATH WALK
Location: Cerimon House, 5131 NE 23rd Ave
Cerimon House hosts a contemplative labyrinth walk the third Sunday of every month. It's a 30-minute immersive indoor experience of light, sound & walking meditation – a place for you to focus, unplug & restore. The February theme is "The Golden Rule." \$10 suggested donation
Details/appointments: cerimonhouse.org



Saturday, Feb. 24, 9am-noon
STEWARDSHIP SATURDAY: ALBERTA PARK
Location: 1905 NE Killingsworth St
Help the Columbia Slough Watershed Council plant a new habitat patch at Alberta Park as a part of Portland Parks & Recreation's Ecologically Sustainable Landscapes Program. Volunteers will add native pollinator plants such as red-flowering currant, Western serviceberry & mock orange to complete the understory landscape. For more information about the project, read the CNews December story online at http://concordiapdx.org/2017/12/ecology-sustainability-merge-in-local-park.
Registration: Kirk Fatland, volunteer@columbiaslough.org, 503. 281.1132

Saturday, Feb. 24, 9am-1pm
NATURESCAPING BASICS
Location: Portland Expo Center, 2060 N Marine Dr, Rm D202
Naturescaping is the practice of designing/ redesigning your landscape so it reduces water use & decreases stormwater runoff while saving you time, money & energy. East Multnomah Soil & Water Conservation District's introductory workshop offers the core concepts of naturescaping. Even if you decide to enlist the help of a contractor, you'll have the framework to make decisions & effectively communicate the vision you have for your yard. Class will visit a nearby naturescaped project to see design principles in action. You'll receive a comprehensive workbook to help you get started.
Details/registration: emswcd.org/workshops-and-events/

Saturday, Feb.24, 9:30am-2:30pm
FIX-IT-FAIR
Location: Madison High School
This is one of three fairs sponsored this winter by the city of Portland, Energy Trust of Oregon and Pacific Power, with KUNP Univision and KBOO Community Radio as media sponsors.
Details: See story Page 6

Tuesday, Feb. 27, 6-7:30pm
LEAD-SAFE HOME PROJECTS WORKSHOP
Location: Community Energy Project, 2900 SE Stark St A, 5:30-7pm
This class is for anyone who is planning to complete a small project that may involve exposure to lead paint, such as sanding down an old window frame, repurposing an older door, or any other small construction project in an older home. Each qualified participant receives a free kit of supplies.
Details/registration: communityenergyproject.org, 503.284.6827 x109



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6 7 **IT'S NOT ME, IT'S YOU: STORIES FROM THE DARK SIDE OF DATING**

8 **OPB'S THINK OUT LOUD**
10TH ANNIVERSARY SPECIAL LIVE SHOW

9 **19TH ANNUAL PORTLAND CLOWNS WITHOUT BORDERS BENEFIT SHOW**

10 **SCIENCE ON TAP SEX, RELATIONSHIPS, & TECHNOLOGY**

14 **THE MYSTERY BOX SHOW**

15 **ALL CLASSICAL LOVE FEST 2018**

16 17 **MORTIFIED PORTLAND**

18 **an evening with KARLA BONOFF**

20 **TOMMY CASTRO AND THE PAINKILLERS**

21 **PORTLAND OPERA PRESENTS OPERA & MUSICAL THEATER'S BEST LOVED SONGS**

22 **LIVE WIRE WITH LUKE BURBANK**

23 24 **THE MADS FROM MYSTERY SCIENCE THEATER 3000**

25 **THE MAMMALS + CALEB KLAUDER & REEB WILLMS**

27 **an evening with TOM RUSSELL**

28 **ALTAN + LÚNASA + KEVIN BURKE**

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Community calendar items
Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.

Looking for a home game?

CNews now publishes an online schedule of local school athletic home events. Find it updated each month at ConcordiaPDX.org/school-athletic-events.

This month's schedule features home games for: Jefferson High School boys and girls basketball, Madison High School boys and girls basketball.