



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

November 2017

Mark your calendar

CNA Annual Membership Meeting

**Wednesday, Nov. 1
7 - 9 p.m.
McMenamins
Kennedy School
Community Room**

- Board elections
- Emergency preparedness presentations
- Public comments
- CNA updates

See details Pages 3 and 7

CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

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Portland, OR 97211

Groups glean food, serve neighbors



By Karen Wells
CNA Media Team

Marie M. is a talkative, friendly elder and long-time resident of Humboldt Gardens Apartments in nearby Humboldt neighborhood.

She's one of about 20 residents who gather in the community room for the weekly Mobile Market hosted by Humboldt Gardens/Home Forward and sponsored by Urban Gleaners.

It's one of five Urban Gleaners Mobile Markets in north and northeast Portland. The others are at Charles Jordan Community Center, Cathedral Gardens Apartments, Hacienda CDC and Peninsula Park Community Center.

Mobile Market is a program sponsored by Urban Gleaners (UG), which was founded in 2006 with the mission of reducing food waste and alleviating hunger in the Portland area.

The Mobile Market is a drop-off site for a variety of foodstuffs for distribution to families with children, elders and/or neighbors in need of additional food. Items available for selection are arranged attractively by site staff to support the dignity of recipients. No questions are asked. If a person is in need of food, he or she is welcome to participate.

Neighborhood Gleaners (NG) is a partnership between Hollywood Senior Center and Hollywood Farmer's Market. It grew out of a special project started at the Northeast Community Center. In 2010, NG moved to the Hollywood



Thanksgiving dinner, sponsored by Hollywood Senior Center and Neighborhood Gleaners, offers fun, food and friendship. Photo courtesy of Hollywood Senior Center

Senior Center (HSC) to continue its work of distributing "leftover" produce from the Hollywood Farmers Market (HFM) to seniors in need of food.

Volunteers clad in black aprons collect HFM vendor food/produce donations. Monday mornings, starting at 8:30, the HSC is abuzz with food distribution.

Seniors bring bags, and share stories about cooking, with some participants polishing their English language skills. NG, like all nutrition organizations, serves a diverse population.

It partners with Kitchen Share Northeast to offer an annual Thanksgiving Dinner at HSC. NG cooks, serves, decorates and cleans up.

The Thanksgiving dinner is the highlight of NG's season — and a holiday highlight for 70 seniors, who go home with leftovers.

Karen is a retired early childhood community educator, health and safety trainer. Reach her at 619.244.7892.

Need help? Know someone who does?

Do you know anyone who would benefit from receiving gleaned foodstuffs? Pull up your internet connection and check these sites:

Edible Portland: EdiblePortland.com

Feeding America: FeedingAmerica.org

Kitchen Share Northeast: KitchenShare.org/locations/northeast

Neighborhood Gleaners:

- WoodstockMarketPDX.com/2014/02/08/open-letter-from-neighborhood-gleaners/
- HollywoodSeniorCenter.org/support/hollywood-gleaners/

Oregon Food Bank: OregonFoodBank.org/give/donate-food/individual-food-donations/

Portland Fruit Tree Project: PortlandFruit.org

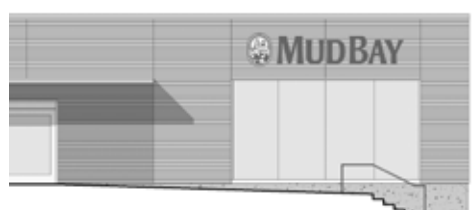
Produce for People Program: PortlandOregon.gov/parks/index.cfm?&c=65818

Urban Gleaners: UrbanGleaners.org



HE'S NOT YOUR TYPICAL RESIDENT
Dan Mewth has a home and job, despite challenges life has thrown at him.

See Page 5



DEVELOPMENT COMES TO 33RD
The LUTC welcomes news of development plans for 33rd & Killingsworth.

See Page 6



DO YOU HAVE TOO MUCH CANDY?
Local dentists have a solution for those leftover Halloween treats.

See Page 10

CNA VOICES

By Chloe Eudaly
Portland City Commissioner



Newcomers may lead ONI; mission won't waver

There is new energy and leadership at the Office of Neighborhood Involvement (ONI). I became ONI's new commissioner-in-charge in January. In August, Suk Rhee joined as bureau director.

New leaders have joined ONI and its network of community partners as staff, board members and volunteers.

What has not changed is ONI's mission: "Promote a culture of civic engagement by connecting and supporting all Portlanders

working together and with government to build inclusive, safe and livable neighborhoods and communities."

ONI is the bureau for engaging Portlanders in the work of the city. We began in the 1970s with the neighborhood association system, which was focused on land use issues and has evolved to provide a wide range of engagement opportunities addressing many aspects of the city's work.

Many things have changed for Portland since then: our people, economy, skyline, neighborhoods and more. Individuals and communities identify themselves in many ways: geography, issues, culture or ethnicity, and a broad variety of lived experiences.

Any one of us can strongly identify with a neighborhood, topic of concern, cultural tradition, racial or ethnic group, or experience such as "parent," "renter" or "breast cancer survivor," or all of these all at once. We believe that there should be many ways

to engage in order to reflect the ways communities organize themselves.

Over four decades, ONI has built upon the neighborhood system and added new ways to engage, such as the Disability Leadership Academy, the Diversity and Civic Leadership Program, and the New Portlanders program for immigrant and refugee integration.

In addition, ONI houses city/county information and referral – 503.823.4000 – and noise control, graffiti abatement, crime prevention, liquor

licensing and cannabis programs.

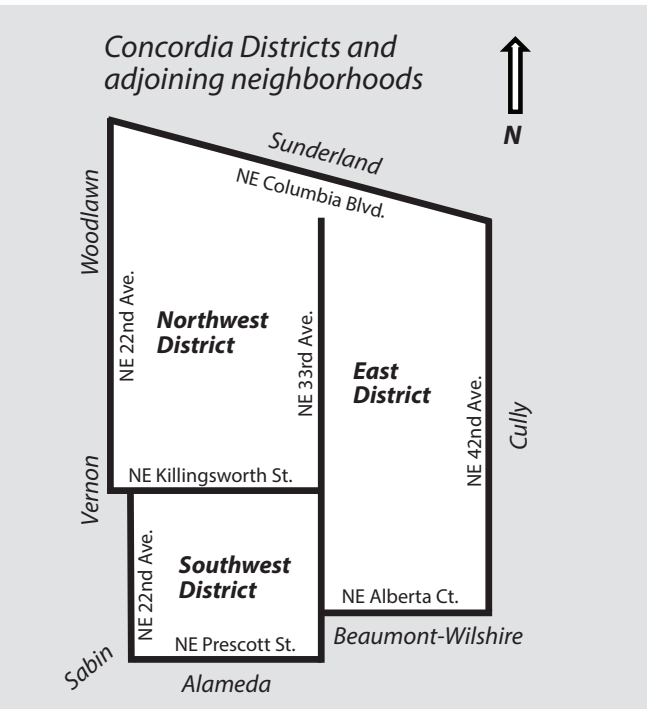
We will build upon our past accomplishments to ensure community engagement systems are inclusive of our rich diversity. ONI and all our partners will be working to bring diverse parts of our community together to build common ground toward shared goals.

Differing perspectives are welcome and needed. How we bring those differences to the table in respectful, constructive and celebratory ways is as critical to our mission as the work itself.

ONI's evolution reminds us that our actions today shape the inheritance for future generations.

Just as we did at ONI's founding, and many times since, I invite you to join me in asking these questions of ourselves: What do we want for all neighbors, communities and neighborhoods? What do we want to accomplish together as neighbors and communities for our city?

We will build upon our past accomplishments to ensure community engagement systems are inclusive of our rich diversity.



CNA Board of Directors

Chair | Chair@ConcordiaPDX.org Chris Lopez
East 1 | East1@ConcordiaPDX.org Tyler Bullen
East 2 | East2@ConcordiaPDX.org Steve Elder
Northwest 1 | NW1@ConcordiaPDX.org Isham "Ike" Harris
Northwest 2 | NW2@ConcordiaPDX.org Amelie Marian
Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong
Southwest 2 | SW2@ConcordiaPDX.org Daniel Greenstadt
At Large 1 | AL1@ConcordiaPDX.org Robert Bowles
At Large 2 | AL2@ConcordiaPDX.org Donn Dennis
At Large 3 | AL3@ConcordiaPDX.org Jody Pollak
At Large 4 | AL4@ConcordiaPDX.org Ali Novak
At Large 5 | AL5@ConcordiaPDX.org Truls Neal
At Large 6 | AL6@ConcordiaPDX.org Heather Pashley



Need a place for your party?

The Community Room at McMenamins Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds.

Pricing: \$25/hr (\$15/hr. for nonprofits)
Email: CNARoomKennedy@gmail.com

Concordia Neighborhood Association

MEETINGS

Board Meeting

1st Wednesday of the month
Wednesday, Nov. 1, 5:30-7 p.m., McMenamins Kennedy School Community Room

Annual Membership meeting

Wednesday, Nov. 1, 7-9 p.m., McMenamins Kennedy School Community Room

Safety & Livability Committee

Second Tuesday of the month
Tuesday, Nov. 14, 7-8:30 p.m., McMenamins Kennedy School Community Room

Social Committee

If you'd like to help plan the annual CNA Holiday Party for December and/or plan other fun, community building events, Katie Ugolini, 503.449.9690, KTUgolini@gmail.com.

Media Team

1st Tuesday of the month, Tuesday, Nov. 7, 6 p.m., McMenamins Kennedy School Community Room, contact MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, Nov. 15, 7 p.m., McMenamins Kennedy School Community Room, contact LandUse@ConcordiaPDX.org

CONTACTS

CNA Chair

Chris Lopez, Chair@ConcordiaPDX.org, 503.290.6871

CNA Vice Chair

Daniel Greenstadt, ViceChair@ConcordiaPDX.org

CNA Secretary

Steve Elder, Secretary@ConcordiaPDX.org

CNA Treasurer

Heather Pashley, Treasurer@ConcordiaPDX.org

Crime Prevention Coordinator

Mary Tompkins, Mary.Tompkins@PortlandOregon.gov, 503.823.4764

Neighborhood Response Team Officer

Anthony Zoeller, Anthony.Zoeller@PortlandOregon.gov, 503.823.0743

SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org

Submissions to CNA Website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org

Advertising: CNewsBusiness@ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

CNA Board Advisers: Steve Elder & Daniel Greenstadt

Media Team Lead: Gordon Riggs, MediaTeamLead@ConcordiaPDX.org, 503.515.8209

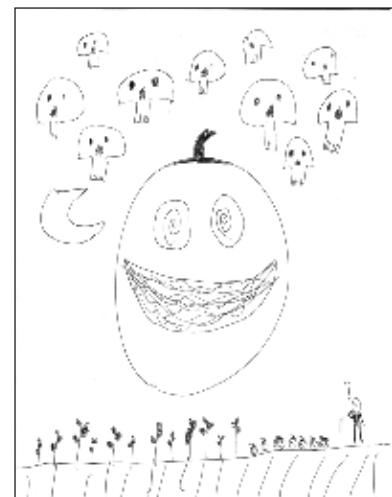
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CNews Graphic Designer: Gordon Riggs

Media Team: Chris Baker, Brian Burk, Kathy Crabtree, Joel Dippold, Tami Fung, Will Goubert, Eric Hoyer, Gina Levine, Theresia Munywoki, Riley O'Boyle, Gordon Riggs, Rob Rogers, Susan Trabucco, Nancy Varekamp, Karen Wells, Carrie Wenninger, Dan Werle

Advertising Representative: Gina Levine, CNewsBusiness@ConcordiaPDX.org, 503.891.7178

Childrens Drawing Contest Results!



Killian L., Age 12, "Halloween"

Congratulations to Killian and Adelaida. Their drawings were selected from entries in the October Drawing Contest.



Adelaida C., Age 4, "Ghost in the Garden"

View all drawing contest entries for "Harvest Theme" at ConcordiaPDX.org/concordia-creative.

"Winter Wonderland" Childrens Drawing Contest!

Two grade categories: K-5 and 6-8.

For official rules and entry form, pick up the Country Financial office or visit ConcordiaPDX.org/concordia-creative.

Submit entries by **Friday, Nov. 10** in person or mail to:

Country Financial
1468 N.E. Alberta St., Portland, 97211

Selected entry in each category will be printed in the December CNews. All entries will be posted on ConcordiaPDX.org/concordia-creative and on display at the Country Financial office.

Sponsored by Country Financial and Concordia News



Concordia murals

Eleven artists contribute to Alberta mural



By Nancy Varekamp
CNews Editor

One and one-half years ago, Zin Supichyangoon was tired of finding graffiti on the west wall of her restaurant, ChaBa Thai, in the 3000 block of

Albert Street.

So she was pleased when Alberta Artworks approached her about painting a mural. “That interested me,” Zin said. “It’s nice that people can now see pictures on the wall.”

Volunteers comprise the nonprofit organization that works to cover and maintain graffiti-prone areas with murals, while paying local artists for their work. Muralists McTools and Kango painted the original mural on ChaBa Thai.

Six months later when the mural was

tagged, they collaborated with additional artists to repaint it, filling every square inch of wall space with art and using supplies donated by Alberta Artworks. Those muralists are: Kujo, Zaeos, Alter, Murphy Welch, Klutch, Matt Schlosky, Danny Ebru, Lucid Rose, Rupeezy and Dominatah.

Zin likes the festive, diverse theme of the mural. And she’s glad to provide one among the many murals on Alberta Street.

The original ChaBa Thai on Sandy Boulevard was opened in 1999, and the Alberta location in 2010. She sold the other restaurant a couple of years ago to concentrate on the Alberta restaurant.

“I like the neighborhood here,” Zin said. “There’s the combination of things you have on Alberta Street.

It feels nice and strong, and you can really reach out to the community here. It’s small and warm, like a village.”



Nov. 1 election beckons CNA board candidates

Wednesday, Nov. 1, is election day for Concordia Neighborhood Association (CNA). In addition to the election/re-election of board members are presentations on emergency preparedness, CNA committee reports and time for you to speak up on neighborhood concerns.

Immediately prior to the 7 p.m. Annual Membership Meeting, the CNA Board of Directors will convene for its regular monthly meeting at 5:30 p.m.

- At large 3, Jody Pollak
- At large 5, Truls Neal
- Chair, Chris Lopez

See the map on Page 2 for CNA district boundaries.

The primary qualification is residing in or owning property or business interests in the neighborhood. The age minimum is 14 years, and any nominee younger than 18 must have written permission from a parent. The two-year terms begin in January.

This year eight positions will be included in the election.

Members of the public are welcome and encouraged to also attend that meeting and contribute.

Each year, seven two-year positions – half of the CNA Board of Directors – are up for election/re-election. Incumbents may or may not stand for re-election. In either case you’re welcome to nominate yourself or another Concordian for office.

This year eight positions will be included in the election. That’s because the Southwest 2 position is being vacated, with one year remaining in the term. The incumbent in the East 1 position has indicated he will decline re-election to a two-year term.

Terms expiring and/or becoming vacant Dec. 31, and the incumbents, are:

- East 1, Tyler Bullen
- Southwest 1, Garlynn Woodsong
- Southwest 2, Daniel Greenstadt
- Northwest 1, Isham "Ike" Harris
- At large 1, Robert Bowles

Each board member commits to attending monthly board meetings, attending regular and special membership meetings, attending CNA-sponsored events and membership on at least one CNA committee.

Board members should additionally be willing to represent the community to the city on issues such as land use, livability and safety. They are also ambassadors within the neighborhood and at association events.

For complete details on CNA elections and positions, visit ConcordiaPDX.org/about-cna/bylaws/. If you have questions prior to the Nov. 1 meeting, contact board member Ali Novak, AL4@ConcordiaPDX.org.

In addition to the board election, the CNA Annual Meeting features emergency preparedness presentations by the local neighborhood emergency team and Multnomah County.

See details on Page 7.

The Concordia Neighborhood Holiday Party is coming!

Before your calendar fills up, mark **Tuesday, Dec. 12**, for the Concordia Neighborhood Association Holiday Party, from 6:30 to 9 p.m. at Cerimon House, 5131 N.E. 23rd Ave.

All residents and business owners of the Concordia neighborhood are invited to the free holiday festivities.

The holiday party is a great way to meet new neighbors and mix and mingle with friends – old and new – in a festive and family-friendly atmosphere.

If you would like to help organize the annual event, contact Katie at Social@ConcordiaPDX.org or 503.449.9690.

Come for scrumptious desserts and savory treats, with plenty of nonalcoholic beverages
Holiday music and festivities for the tykes top off the event.



Look for details in the December CNews and on Facebook

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Books still make best bedtime stories



Natasha Forrester Campbell, youth librarian at Multnomah County Library Hollywood Branch has many stories to recommend. In fact, she will facilitate the Children's Authors and Illustrators Panel at this year's, 2017 Wordstock book festival Saturday, Nov. 11, at the Portland Art Museum. Photo by Karen Wells

By Karen Wells
CNA Media Team

Bedtime is the best time for toddlers and parents. After a long, exciting day of exploring and learning new fine motor skills, rest is best for growing toddlers. Back in the day, bedtime meant pulling out a favorite book, turning down the household distractions, and finding a comfy place and lap.

Bedtime was a time for bonding, unwinding and marveling as the story unfolded with the soothing voice of a

Here are some things to consider before handing that smart device to your toddler before bed.

They've just discovered their index fingers can point, at everything. They point to get attention and to things that have gotten their attention. Toddlers are developing their fine hand skills: grasping cups, holding spoons, pulling up their pants. Although, these seem like simple tasks to adults, they are important stepping stones on the path to self care and independence.

Holding a book supports important

Holding a book supports important hand and learning skills that toddlers build upon. Touching a book and turning pages while the story is read helps a child learn language, meaning, and how to read.

parent.

Has bedtime reading changed in the digital age of iPads and other smart devices?

A 2015 Pew Research Center report, "Parenting in America," found, "About eight in 10 parents with children younger than six say their children have screen time on a typical day."

A bit of screen time before bed?

hand and learning skills that toddlers build upon. Touching a book and turning pages while the story is read helps a child learn language, meaning, and how to read.

Many "learning" applications targeted at the very young have not been proven to be effective. Many are poorly designed, too sophisticated for young children or only "teach" rote rudimentary skills.

Skills are best learned by active interaction with the environment, peers and family.

Screen time before bed, with its bright light, the "bells and whistles" of the app, and potential for frustrations – on the part of parent and/or child – distract from the goals of bonding, relaxing and falling asleep.

Multnomah County Library youth librarians and Concordia University's George R. White Library & Learning Center can help with advice on age-appropriate digital device applications, children's book titles and/or materials.

Concordia University's six reference librarians are available weekdays to answer questions.

Multnomah County Library's youth librarian at the Hollywood Branch, Natasha Forrester Campbell, recommends good bedtime reads like "Lola Loves Stories," by Anna McQuinn, "Go to Bed, Monster!" by Natasha Wing, and "Goodnight Moon" by Margaret Wise Brown.

So, get the house quiet, pull out a favorite book and find a comfy place. It's bedtime. Sweet dreams.

Editors' note: There's a wealth of information on the web about the effect of screen time on young children. Karen provides many sites for your use at ConcordiaPDX.org/screen-time-research.

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Dan Mewth: he’s a Concordia resident, poet



By Steve Elder
CNA Media Team

Some 10,000 people live in the Concordia neighborhood. Many also work here. Residents’ homes range from bungalows to million dollar McMansions. Their occupations range from corporate executives to grocery clerks.

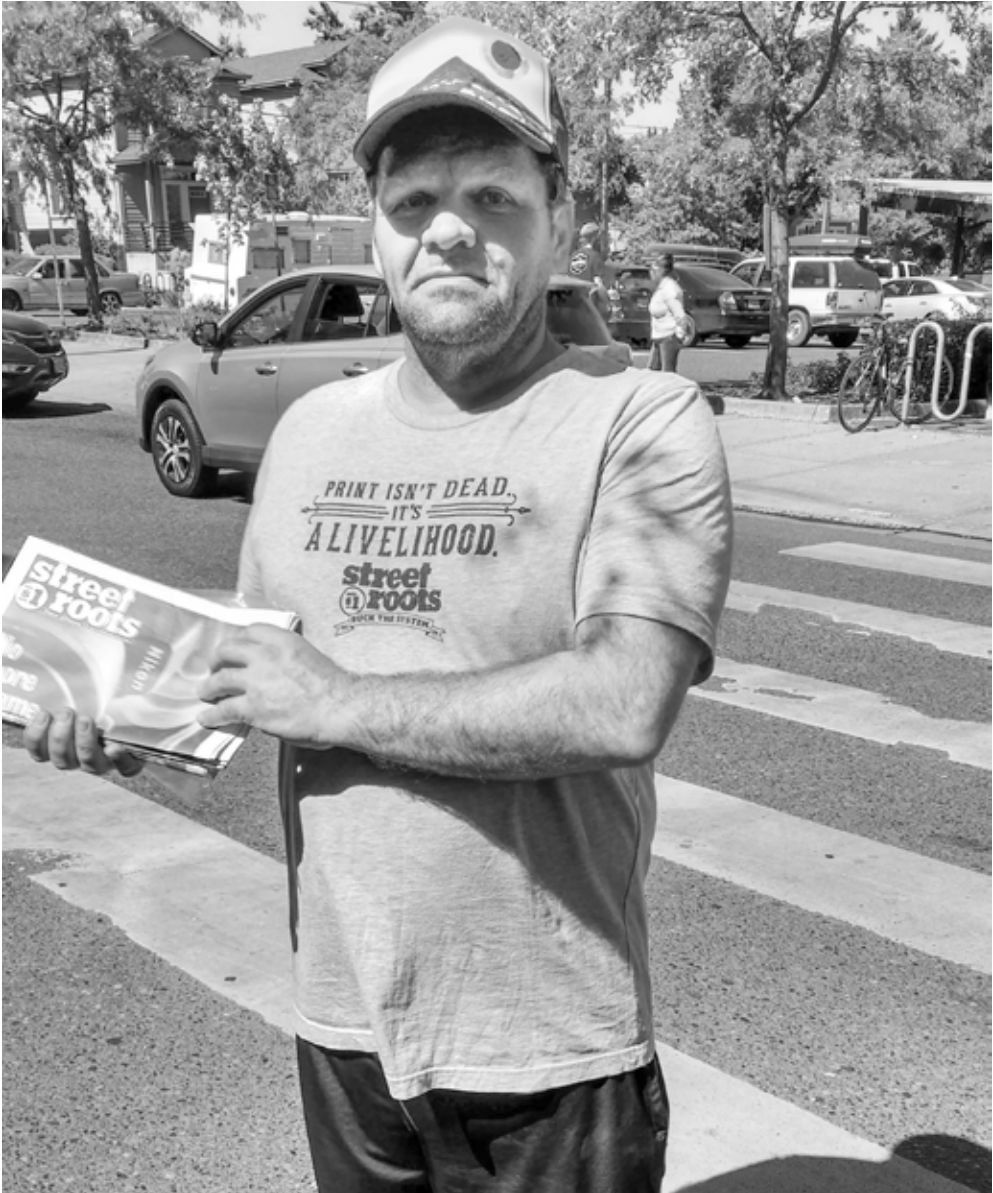
efficient, but once in a while I’ll make a mistake. One cost several thousands of dollars. I was relieved of my job.”
In the late 1990s, Dan’s marriage broke up. He was overwhelmed with child support and tax debt. His wages and bank account were garnished.
“I would have had to make double the minimum wage just to pay rent. I became homeless.”
Dan and his ex-wife have one child. “She’s remarried and now lives some-

“I would have had to make double the minimum wage just to pay rent. I became homeless.”

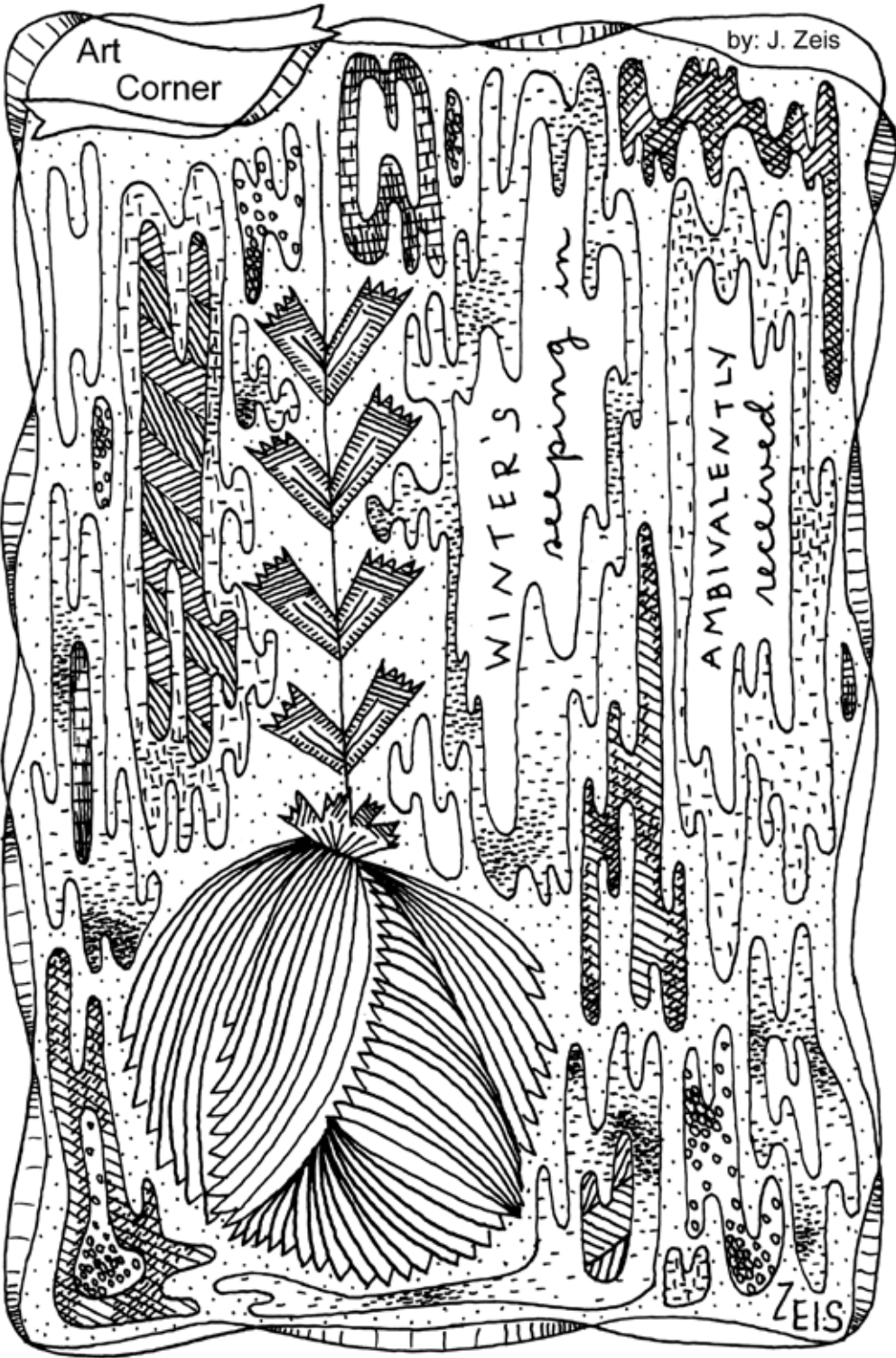
– Dan Mewth

Dan Mewth lives and works in Concordia. He’s a Portland native. He didn’t graduate from high school.
“I’m dyslexic and couldn’t pass English. I mix up my letters and stuff,” he said, and acknowledged being diagnosed with a “mild cognitive impairment.”
Neither kept him from serving four years in the Army. He got a GED and an honorable discharge. After his army service, Dan worked as a troubleshooter in high tech, using skills he learned in the Army.
“Most of those jobs are going away now if you don’t have a degree.” Dan said. “The way my brain works, I’m quick and

where in South Carolina.” He has a grandchild he’s never met.
Dan’s Concordia abode is modest, but he said he’s not technically homeless.
“There’s a gentleman down the street,” he said. “He lets me sleep in a shed in his back yard. It’s not like I have an apartment or anything. If any of the neighbors complain, I’m gone. But it’s a place I can lock up my stuff during the day.”
Dan gets medical care from the Veterans Administration. “They’re OK, but they keep trying to put me on psychotropic drugs. I refuse to do that.”
“I function pretty well for a few hours each day, but my brain gets overwhelmed



Dan Mewth is a familiar sight selling copies of Street Roots. The newspaper has also publishes several of his essays and poems. Photo by Steve Elder



and I can’t make decisions. Sometimes I have a hard time deciding what I’m going to get at the grocery after I sell the papers.”
Dan’s sole income is from the Street Roots newspaper.
“Street Roots is a big part of my life,” he explained. He doesn’t just sell it. “They taught me how to write.” In fact, the newspaper has published several of his essays and poems.
He can tell you the content in every issue, and stands behind Street Roots.
“I want people to know the whole story about what’s going on in the world.”
Steve is at East2@ConcordiaPDX.org.



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J's Food Mart to become Mud Bay pet store



By Ben Earle
Secretary, CNA LUTC

The Land Use & Transportation Committee last month welcomed some news on the Concordia development front.

Henry Point Development and Edge Development last month announced they are partnering to acquire and transform the languishing J's Food Mart property at Killingsworth Street and 33rd Avenue into a 4,850-square-foot Mud Bay pet store.

Designed by Michael Flowers Architects and WDY Engineers, principle project lead Travis Henry said the goal for the development is to breathe life into this long under-utilized site.

They will expand the existing 2,700-square-foot convenience shop into a modern, attractive, one-story store.

It will be Mud Bay's 44th store in Oregon and Washington, its 10th in the Portland area, and it will be the company's first to introduce a new self-serve pet washing service.

According to its website, Seattle-based Mud Bay is the Pacific Northwest's premier independent pet retail chain, with natural, solution-based and competitively-priced foods and supplies for dogs and cats.

Started as a family business in 1988, Mud Bay has garnered praise across the years, including Pet Business magazine's 2015 Retailer of the Year.



The old J's Food Mart will look a lot different when it transforms to a larger, more modern looking Mud Bay pet supply store, due to open in the spring.

“Mud Bay Concordia will be a high-quality retail development located in the heart of one of Portland's most popular residential neighborhoods. We are excited to be developing a project compatible with the scale and needs of the surrounding area by bringing a strong local retailer to a new audience of pet owners.”

— Henry Point

Mud Bay also is known for providing a supportive and engaging work environment, and recently extended company ownership to its 400 employees.

In addition to the appealing new building profile, site improvements include:

- Reworked frontage with space for eight cars and a new parking area for bicycles
- Pedestrian- and wheelchair-friendly connection from Killingsworth to the store's entrance

• Tasteful landscaping

Construction is anticipated to start by year's end, with opening targeted for next spring.

“Mud Bay Concordia will be a high-quality retail development located in the heart of one of Portland's most popular residential neighborhoods,” reported developer Henry.

“We are excited to be developing a project compatible with the scale and needs of the surrounding area by bringing a strong local retailer to a new

audience of pet owners.”

He is a Portland native, who returned to Oregon in 2008 after college and post-graduate studies to work in environmentally-friendly agriculture and watershed restoration. He then transitioned into urban planning, and more recently into commercial and retail development.

He said his firm is committed to community-oriented projects that respect and enhance the unique character of Portland's distinctive neighborhoods.

Only On Alberta...

we want your feedback

Alberta Main Street is beginning a strategic planning process that will help us determine how we can best serve the Alberta Street community and prioritize our goals and activities for the coming years. **We would like your input** to our decisions because we believe our community's perspective is important. We will be gathering feedback via group listening sessions, individual interviews, and an online survey.

More information: albertamainst.org/get-involved/strategic-planning

call to artists

REQUEST FOR QUALIFICATIONS (RFQ) ALBERTA STREET HISTORICAL MARKERS PROJECT

Alberta Main Street invites artists or artist-led teams to submit their qualifications for consideration in the Alberta Street Historical Markers Project. The selected artist or artist-led team will be commissioned to create permanent public artwork in the form of historical and cultural markers along NE Alberta Street in Portland, Oregon. The markers, inspired by stories from past and present African American community members, will honor and document the history of the African American community on Alberta Street.

Submission Deadline: Tues, November 21, 2017 3:00 p.m. Pacific Time

Pre-application Informational Meeting: Thursday, November 2, 2017 at 7:00 p.m. at St. Andrew Catholic Church Community Center - 806 NE Alberta Street in the San Andres Room. RSVP to RFQ@albertamainst.org

For more information and to download the RFQ, visit:

albertamainst.org/whats-happening/historical-markers-project/call-to-artists

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Letter to the editor

‘Homeless, not hopeless’

I live in northeast Portland – right off of Prescott – right in between the Alameda and Concordia neighborhoods, and I have been reading Concordia News for many years.

I am writing to say thank you to Dan Werle for writing that superb piece on Ashley. My family has provided some cash to her a number of times. We always wish we could do more.

It was so powerful for me to finally get to know a little bit more about her and her situation. So often, I believe it is easy for us who are blessed with financial means to create excuses in our minds as to why we should not give to someone with a sign asking for some help.

Today we got to hear firsthand from a young woman who is struggling day

to day to stay off the streets. I stopped wondering why anybody is on the streets and trying to rationalize walking past someone who is in a very bad situation many years ago.

It was a very insightful story and I applaud Dan for thinking about writing that story and you all for running it.

I would like to see Concordia News develop a focus on helping those in most need right here in our neighborhood and maybe convene a group of like-minded neighbors to work through solution stories.

I would love to one day see Ashley contributing to the paper or a story about her getting a job at a local company!

— John Morris

The opinions expressed by this writer do not necessarily reflect the views of the Concordia Neighborhood Association. Submit letters (250 words maximum) to CNewsEditor@ConcordiaPDX.org.

Slough needs volunteers

Are you looking for a service opportunity for your business or community group?

Columbia Slough Watershed Council offers group volunteer experiences throughout the calendar year.

Count on volunteer efforts to build camaraderie and get some exercise. At the same time, you'll share the council's mission to – through community engagement, education and restoration

– protect and enhance the 32,700-acre Columbia Slough.

It incorporates six lakes, three ponds, 50 miles of waterways, 30 miles of flood control levees, and more than 150 miles of trails. And it's home to wildlife, 175 bird species and 26 fish species including endangered salmon

For more information, contact volunteer coordinator Kirk Fatland, Kirk.Fatland@or.503.281.1132.

Emergency prep takes center stage Nov. 1

Recent events indicate nowhere is safe from disaster, natural and otherwise. Dedicated volunteers and professionals in Concordia – throughout Portland, the state and the nation – are ready to help you prepare for events that may come.

Two of them will share details with you at the Wednesday, Nov. 1, Concordia Neighborhood Association (CNA) Annual Membership Meeting. It begins at 7 p.m. in the McMenamins Kennedy School Community Room.

Immediately prior to the 7 p.m. Annual Membership Meeting, the CNA Board of Directors will convene for its regular monthly meeting at 5:30 p.m. Members of the public are welcome and encouraged to attend and contribute.

Justin Ross, community capacity specialist, represents Multnomah County Emergency Management at the



Justin Ross



Amy Gard

CNA meeting. That department hosts and sponsors a variety of personal and community preparedness classes through its new Community Preparedness Education and Outreach Team.

His presentation will outline the impacts of a Cascadia Subduction Zone earthquake. Scientists estimate that zone, a fault that stretches from northern California to Vancouver Island, has a 37 percent probability to rupture within the next 50 years and produce a 9.0-plus

earthquake in Portland.

He'll also discuss the necessity for local residents, businesses, agencies, organizations and governments to become disaster resilient. That requires them to:

- Create plans
- Build community connections
- Obtain training

Amy Gard, leader of the all-volunteer Concordia/Vernon/Woodlawn Neighborhood Emergency Team (NET) will explain how the three-dozen-member team plans and drills for natural disasters. She'll also discuss "Map Your Neighborhood," an Oregon Emergency Management/Oregon Citizen Corps publication.

The NET is one of 71 across Portland that are trained by the Portland Bureau of Emergency Management and Portland Fire & Rescue to respond to events that

include:

- Earthquakes
- Floods
- Severe winter storms
- Hazardous material spills
- Other citywide/regional emergencies

The local team is tasked with acting as first responders to help the 17,000 local residents survive until the arrival of adequate emergency services. NETs aren't new to Portland which, in 1994, was the third city in the country to form them.

See Page 3 for additional details – including the board election – about the CNA Annual Membership Meeting.

Land use and transportation update

By Garlynn Woodsong
Chair, CNA LUTC

RIP draft report out for public comment

The latest draft of the Residential Infill Project (RIP) has been released by staff, and public comments will be accepted until Nov. 20. All information is available online at the following links:

- PowerPoint presentation: PortlandOregon.gov/bps/article/658612
- 8-page color project summary: portlandoregon.gov/bps/article/657675
- Volume 1: Staff Report and Map Amendments: PortlandOregon.gov/bps/article/657688
- Volume 2: Zoning Code Amendments: PortlandOregon.gov/bps/article/657692V
- Volume 3: Appendices: PortlandOregon.gov/bps/75086

Also, parcel-specific information that shows which amendments will affect individual properties is available through the Map App: PortlandOregon.gov/bps/infill/mapapp

CNA LUTC recommends action regarding the draft RIP proposal

The Concordia Neighborhood Association (CNA) Land Use & Transportation Committee voted at its October meeting

to recommend the CNA Board submit comments during the public comment period, concerning a few key points:

- The minimum lot size in the R2.5 zone should be 2,500 square feet, and the minimum lot width 25 feet, for truth in zoning.
- With all of the work that has been put into developing standards for skinny houses to make them palatable to neighbors – including banning garages that dominate the front facade, reducing the allowable height and other design regulations – the city should now give it a chance, and run the experiment to see if the next generation of skinny houses will be better received.
- The Housing Opportunity Overlay Zone, otherwise known as the new 'a' overlay, attempts to prevent gentrification and displacement by denying the opportunity to take advantage of the new RIP regulations to areas at risk of gentrification and displacement. This is equivalent to red-lining poor neighborhoods of the city, and denying them the opportunity to improve their lots in life by replacing existing, substandard housing stock with newer development that could allow owners to lift themselves out of poverty by the bootstraps and follow the American Dream. It's quite possible that doing so may be a violation of the Federal Fair Housing Act. The city should not seek to deny opportunity in this manner to low-

income areas.

- The current RIP proposal, according to its own economic analysis, will result in limiting new homeowners in Portland's single-family zones to high-income households. No longer will new construction be affordable to middle-income Portlanders, and the price per square foot resulting from these regulations will increase, further accelerating price appreciation of existing homes. The allowable floor area ratio should thus be increased for new development with multiple units, the cap on the number of units within a structure should be lifted (four or more should be allowed by right), and the height calculation should be changed to clarify that a 2½-story house will always be legal in all zones.

These recommendations will be considered by the CNA Board at its meeting Wednesday, Nov. 1, at 5:30 p.m. in McMenamins Kennedy School Community Room.

Concordia residents are always welcome at CNA LUTC meetings, every third Wednesday – except December – at 7 p.m. in the McMenamins Kennedy School Community Room. For more information, visit ConcordiaPDX.org/lutc/, send your questions to LandUse@ConcordiaPDX.org, or email LUTC_Secretary@ConcordiaPDX.org to join the LUTC notification list.



Cerimon House is a humanities and cultural arts organization, located in the former Alberta Lodge on the corner of NE 23rd Ave. and NE Sumner St. and renovated to maintain its 1920's charm.

We welcome your rentals and are fully ADA compliant.

The **Creative Path Walks** series, a signature monthly program, is a labyrinth walking experience and unique community activity.

Visit our website to learn more about renting the space, booking a contemplative walk, or attending other artful events.

CERIMONHOUSE.ORG

Find more news on our website
ConcordiaPDX.org

172 Homes sold in RMLS in last 12 months as of Oct 18th

10.7% Increase in Average Sale Price since 2016

Avg. Sale Price in 2016: \$469,377

Avg. Sale Price currently: \$522,254

Avg. Days on market: 24

This information provided by
Mark Charlesworth, Concordia resident & Broker
Keller Williams, Portland Central.
charlesworthhomes@gmail.com • 503.807.9911

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Giving Tuesday is Nov. 28

'tis the season to share with (local) nonprofits

By Nancy Varekamp
CNews Editor

Black Friday – Nov. 24 this year – kicks off the holiday season of giving with shoppers swarming the malls in search of bargains. Then Small Business Saturday sends shoppers to independent stores. After a day of rest, Cyber Monday tempts shoppers with online deals.

Then comes Giving Tuesday Nov. 28. It's become a nationwide effort to infuse the coffers of local nonprofits to help each community's less fortunate during the holidays – and throughout the year.

Below is undoubtedly an incomplete

list of nonprofits located in and near Concordia that welcome your donations at any time of year.

If you know of others, please add them to CNA's Facebook page at Facebook.com/groups/ConcordiaPDX/.

And don't forget, local schools, PTAs and churches can do great things with your financial support too.

- **Alberta Art Works:**
AlbertaArtWorks.org/
- **Alberta Main Street:**

It's become a nationwide effort to infuse the coffers of local nonprofits to help each community's less fortunate during the holidays – and throughout the year.

- **Center for Biological Diversity:**
BiologicalDiversity.org/support/give/
- **Community Cycling Center:**
CommunityCyclingCenter.org/get-involved/donate/
- **Ecumenical Ministries of Oregon** (for local for HIV Services, Northeast Emergency Food Program and a host of other programs):
ssl.charityweb.net/emoregon/
- **Eritrean Community Center:**
FundRaise.com/non-profit/portland-or-eritrean-community-association-of-oregon
- **I Have a Dream – Oregon:**
DreamOregon.org/get-involved
- **LifeWorks/Umoja Center:**
LifeWorksNW.org/contribute/make-a-contribution/
- **Oregon Food Bank:**
Give.OregonFoodBank.org/checkout/donation?eid=92782
- **Oregon Humane Society:**
OregonHumane.org/donate/
- **Oregon Stamp Foundation:**
win-bohme@gmail.com
- **Portland Parks & Recreation Foundation:**
PortlandOregon.gov/parks/46239?

AlbertaMainSt.org/get-involved/give/

- **American Legion Post 134:** 2104 N.E. Alberta St, Portland, OR 97211
- **Black United Fund of Oregon:**
bufor.org/index.php/site/about-us/impact-of-your-donations
- **Cerimon House:**
CerimonHouse.org/donate/
- **Concordia Neighborhood Association:**
POB 11194, Portland, OR 97211

'Neighbors' in the gorge need help now too

By Karen Wells
CNA Media Team

Thanksgiving season is here, and many people are making plans for the traditional meal and/or family gatherings which warm the heart and feed the spirit.

Sept. 2, however, the communities and neighbors of the Columbia River Gorge National Scenic Area experienced the devastation caused by the Eagle Creek Fire. Many families were evacuated to keep out of harm's way. Neighbors helped neighbors as the fire raged, ever advancing on their communities, homes and schools.

In the spirit of Thanksgiving and neighbors helping miles-away neighbors, below is a short list – doubtless incomplete, but representative of the relief efforts and local agencies that are helping – that would put your donations to good use this Thanksgiving.

- **American Red Cross:** Redcross.org, 1.800.REDCROSS
- **Cascade Locks Elementary School:** HoodRiver.K12.or.us/Domain/712, Amy Moreland @ 541.3748467, 300 Wa Na Pa, Cascade Locks, OR 97014
- **Cascade Locks/Emergency Medical Services:**
CascadeLocksFire.com
- **Cascade Locks Strong** for online purchases of merchandise and gift cards from businesses affected by the fire: CascadeLocksStrong.com
- **FISH Food Bank** (Friendly Instant Sympathetic Help) Hood River, Cascade Locks and surrounding communities: Fish-Food-Bank.com
- **Go Fund Me** several Cascade Locks and surrounding communities: GoFundMe.com/search/us/cascade-locks-or-fundraising
- **Harvest Christian Church** Red Cross Evacuation Shelter: P.O. Box 745, Troutdale, OR 97060, 503.492.9800
- **Hood River County Sheriff's Office:** 541.387.6911
- **National Forest Foundation** Eagle Creek Fire Restoration: FundNationalForests.org/donate/eagle-creek-fire
- **The Next Door** social services organization: 965 Tucker Rd, Hood River, OR 97031, 541.386-6665, NextDoorInc.org



The Eagle Creek Fire in the Columbia Gorge drew attention locally and nationally. Here, onlookers brave the smoke for a look at – and photos of – the blaze. Photo courtesy of Inciweb fire information page

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Night Strike assists hungry, homeless

By Logan Wilmoth
Concordia University student

Every Thursday night, rain or shine, willing volunteers and homeless alike gather under the Burnside Bridge for Night Strike, an evening of care and companionship.

Concordia University (CU) students, faculty and staff work with local nonprofit Because People Matter Inc. to provide relief, mobilization and transformation.

This service opportunity, Night

Ferguson, associate dean of student engagement & student affairs.

Night Strike is not only an opportunity for any member of the homeless community to enjoy a hot meal, receive a free haircut, replace clothing and enjoy company. It is an ideal occasion for volunteers to join in relationship with some incredibly resilient individuals, he added.

The university sends 200 volunteers each semester to experience this evening

“This organization holds such a huge piece of my heart because of how it challenges me every time I am there to recognize who I am serving, why I am serving and why I love it.”

– Cecilia Magistrale

Strike, was born both from the university’s Christian mission and the need and necessity to love and care for those impacted by food and housing insecurity in the Portland area, according to Scott

mission.

One of them, Cecilia Magistrale, Concordia student and Night Strike coordinator, explained, “Night Strike develops relationships, and offers a unique experi-



Night Strike – a weekly evening focused on Portland’s homeless – relies on volunteers to distribute food, clothing, blankets and goodwill. Concordia University sends 200 volunteers each semester to help. Courtesy of Bridgetown Inc., Photo by Eric DePangher, SightGlass Photography.

ence for volunteers to break free of biases by stepping out of one’s comfort zone.”

She also helps lead CU’s Hunger & Homelessness Awareness Week events Nov. 11-19. For details on that event, visit HHWeek.org. For more information on Night Strike, visit bpmidx.org.

For Cecilia, the Night Strike experience is a powerful one. “This organization holds such a huge piece of my heart because of how it challenges me every time I am there to recognize who I am serving, why I am serving and why I love it.”

Scott explains the lasting impact the experience has given him, and others at CU, “I have never been more humbled

and blessed to assist another human being – by washing their road weary feet and having the opportunity to hear their journey – to better understand not only the struggles they have overcome, but still face.”

He likens the experience to a quote from Ralph Waldo Emerson, “The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.”

Logan is a Portland native and a junior at Concordia University studying psychology and fine art.

Do you want to join the Night Strike volunteers?

Night Strike relies on scores of volunteers and about \$800 for supplies for each Thursday evening event.

A project of Because People Matter, sponsored by Bridgetown Inc., the events offer opportunities for members of Portland’s homeless community to:

- Engage in conversation
- Enjoy hot meals
- Hang out
- Have their feet washed and nails painted

- Receive free haircuts or shaves
- Replace their old shoes, clothes and sleeping bags
- Select books to read
- And more

Visit BPMidx.org/night-strike/ to learn more about volunteer opportunities for supervised minors, individual adults and groups. The same web site provides information about how to make donations of money and/or supplies.



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Unload some of those Halloween treats



Clio, Killian and Crosby plan to participate in the 2017 Halloween Candy Buy Back program. They'll deliver some of what they collect to a local dentistry office – which will reward them with cash or toys – to send the candy to troops stationed overseas. Photo by Chris Baker

Three dentistry offices in northeast and north Portland will exchange some of the candy stash your trick or treaters collected this year – some for cash, others for toys.

The dentists are participating in the 2017 Halloween Buy Back program and partnering with local veterans organizations to send the candy to military troops stationed overseas. Since 2015, the program has collected more than 130 tons of candy nationwide.

Children have benefited by reducing their sugar intake, dentists seize the opportunity to contribute to their community and military personnel appreciate being remembered.

Local dentistry offices are:

Hollywood Children's Dentistry
3839 N.E. Tillamook St., 503.288.5891
Email: Info@hcdpdx.com
Wednesday - Friday, Nov. 1 - 3, 8 a.m. - 4 p.m.
Exchange: \$1 per pound of candy

North Portland Orthodontics
3332 N. Lombard St., 503.289.1992
Nov. 1, 8 - 4 p.m.
Exchange: \$1 per pound of candy (five pound limit)

World Of Smiles Pediatric Dentistry North
4548 N. Albina Ave., 503.626.9711
Wednesday, Nov. 1 - Friday, Nov. 10, 8 a.m. - 5 p.m. Mondays - Thursdays, 8 a.m. - 2 p.m. Fridays
Exchange: toys for candy, children are encouraged to write notes of appreciation to the troops

New Alberta speed limit improves safety

The temporary red flags make the new speed limit signs on Alberta Street difficult to ignore.

The change from 25 miles per hour (mph) to 20 came recently at the request of Alberta Main Street. It required a formal request by the city of Portland to the state, with supporting data to meet the eligibility criteria for a 20 mph limit.

Referred to as a business district, an

area that is eligible for the reduced speed limit must sport at least 50 percent occupation by businesses. Latest crash data on deaths and serious injuries on the street segment are also reviewed by the state, as is evidence of support from the community.

The entire length of Alberta Street didn't qualify, based on the requirement that 50 percent of the frontage occupants must be businesses. So only the area

between 13th and 31st avenues received the reduced speed limit.

Examples of other local street segments the Portland Bureau of Transportation (PBOT) offers as examples of business districts are:

- Fremont, 42nd to 52nd avenues
- Killingsworth, I-5 to Cleveland Street
- The PBOT website goes on to point out the benefits for the reduced speed:
- Increases safety: This is true even at relatively low speeds; a person who

drives at 20 mph instead of 25 mph, and who crashes into a person walking, is up to 10 percent less likely to kill that person.

- Improves walkability: A 20 mph speed limit supports city goals to encourage walking by helping people feel safe and comfortable.
- Advances Vision Zero: Safe driving speeds support the city's goal to eliminate traffic deaths and serious injuries by 2025.

The entire length of Alberta Street didn't qualify, based on the requirement that 50 percent of the frontage occupants must be businesses. So only the area between 13th and 31st avenues received the reduced speed limit.



Eighteen blocks of Alberta Street – defined by the state as a business district – now have a 20-mile-per-hour speed limit. Eligibility for the reduced speed limit is based largely on the percentage of businesses fronting on the street. Photo by Chris Baker

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Ask the historian

House name is testament to Doc’s impact

The question:

Who was Dr. Duncan and why is there a house on Alberta Street at 24th Avenue named the “Dr. Duncan House”?
– Daniel Greenstadt

The historian reports:



For 45 years – from 1945 until his retirement in 1990 – David G. Duncan, MD, was an Alberta Street institution, respected and revered by local families as the neighborhood physician who was always there for them and their families. Practicing out of his converted bungalow at 4936 N.E. 24th Ave., the doctor – known simply as Dr. D or Doc – was there for births, deaths, injuries, illnesses, moral support and sincere friendship with his patients and neighbors.

The fact that his name remains asso-

The fact that his name remains associated with the house today – almost 30 years after he retired from medicine and five years after his death at age 102 – stands as a quiet testament to the role and impact he had in taking care of the neighborhood.

ciated with the house today – almost 30 years after he retired from medicine and five years after his death at age 102 – stands as a quiet testament to the role and impact he had in taking care of the neighborhood. The doctor was born in Litchville, North Dakota, in 1910. He graduated from the University of Minnesota and earned his medical degree from Creighton University in 1936. After an internship at Emanuel Hospital in Portland, where he met his future bride Miriam, he worked as a doctor in several Civilian Conservation Corps camps and then for the Union Pacific Railway in Huntington, Oregon, and in Council, Idaho. The doctor served three years in the South Pacific during WWII where, among other assignments, he ran a hospital in Guadalcanal and served as a trauma neurosurgeon in the Philippines, where he took care of injured soldiers and sailors.

A June 2010 article by Judy Kujovich, MD, that appeared in a publication of the Oregon Medical Association recounted the following about the Concordia physi-



The patient entrance at the Dr. Duncan House faced 24th Avenue, with examining rooms, waiting room and office space occupying the entire first floor. The doctor and his wife Miriam lived and raised a family of three boys – Douglas, Dean and Angus – on the second floor. Photo by Doug Decker



Between 1945 and 1990, several generations of Concordia neighbors passed through this door of the doctor’s office on Alberta Street. Photo by Doug Decker

Editor’s note: If you have a question for the neighborhood historian, send it to CNewsEditor@ConcordiaPDX.org, and we’ll ask Doug Decker to do some digging. Check out Doug’s blog for more on local history: www.alamedahistory.org.

cian: Shortly after his return [from WWII service] he learned of a medical practice for sale on the corner of NE Alberta Street and 24th Avenue. Dr. Vernon Brown had built the Alberta Street home and office [in 1922] but was ready to retire. He had known Dr. Duncan’s wife, Miriam, from her days in nurse’s training and offered to sell the practice to Dr. Duncan, who explained he was a veteran with no money. However, because of his excellent reputation, he was offered the Alberta Street practice on a casual payment plan. “I know you well enough,” Dr. Brown told him, “just pay me off whenever you can.” He opened his newly shingled front door to patients in January 1946, and moved his family into the second floor of the home...

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CONCORDIA NEWS

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Thursday, November 2
GREAT NORTHWEST MUSIC TOUR
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Gym • 7 p.m.

Thursday, November 9
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Loop ninja
Gym • 7 p.m.

Friday, November 10
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Saturday, November 11
KENNEDY SCHOOL’S 102ND BIRTHDAY
Live music by:
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Tuesday, November 14
RACE TALKS: An Opportunity for Dialogue
Don’t Shoot PDX!
Gym • 6 p.m. doors; 7 p.m. event

Thursday, November 16
LIMITED-EDITION BEER TASTING
5 p.m. ‘til 7 p.m.
Brewery • All ages; 21 & over to drink

Thursday, November 16
hearts of oak
Alt-country
Gym • 7 p.m.

Sunday, November 19
Happy Birthday, Terminator!
\$4 pints, \$8 growler fills of Terminator and food specials all day!

Thursday, November 23
THANKSGIVING BUFFET
Classic dishes plus unique sides.
1 p.m. ‘til 7 p.m.
\$32 adults, \$20 kids 5-12

Concordia community events calendar



Tuesday, Oct. 31, 3:30-6pm
TRICK OR TREAT ALBERTA STREET
Location: Participating Alberta Main Street businesses
 Costumed trick or treaters are welcome at businesses that display Trick or Treat Alberta Street posters.

Wednesday, Nov. 1, 5:30-7pm & 7-9pm
CNA BOARD MEETING & ANNUAL MEMBERSHIP MEETING
Location: McMenamins Kennedy School Community Room
 The CNA Board of Directors meet at an earlier hour this month to accommodate the Annual Membership Meeting. The public is welcome to both. Find the board meeting agenda at concordiapdx.org/get-involved/upcoming-meetings/. At the CNA Annual Membership meeting, plans call for election/ re-election of eight board member positions & presentations on emergency preparedness.
Details: Pages 3 and 7

Thursday, Nov 2, 6-8:30pm
NATIVE PLANTS
Location: Whitaker Ponds Nature Park, 7040 NE 47th Ave
 East Multnomah Soil & Water Conservation District, partnering with the Columbia Slough Watershed Council, will teach you about the different kinds of pollinators that might be living in your garden. Discover a plant palette to help attract & support pollinators & go beyond the bloom to consider ways to provide shelter, water, nesting & overwintering sites.
Details/registration: emswcd.org/workshops-and-events/upcoming-workshops/, 503-222-7645

Nov. 2 & 12
LEAD POISONING PREVENTION WORKSHOP
Location: various
 Learn how to prevent lead exposure in your home. This workshop is for households with children or pregnant women, especially those living in homes built before 1978. Each qualified participant receives a free kit of safety & testing supplies.
Details/registration: communityenergyproject.org, 503.284.6827 x109
 • Thursday, Nov. 2, 4:30-5:30pm, Northeast WIC Clinic, 5329 NE MLK Blvd
 • Sunday, Nov. 12, 1-2:30pm - Community Energy Project, 2900 SE Stark St, Suite A

Nov. 2, 5, 11, 13, 14
DIY WEATHERIZATION WORKSHOP
Location: various
 Homeowners & renters can learn how to stop drafts at home, especially around doors & windows to save energy & increase comfort. Each qualified participant receives a free kit of weatherization supplies.
Details/registration: communityenergyproject.org, 503.284.6827 x108
 • Thursday, Nov. 2, 6-8pm, Ockley Green Middle School, 6031 N Montana Ave
 • Sunday, Nov. 5, 2:30-4:30pm, Multnomah County Central Library, 801 SW 10th Ave
 • Saturday, Nov. 11, 2:30-4:30pm, St. Johns Library, 7510 N Charleston Ave
 • Monday, Nov. 13, 5:30-7:30pm, Roseway Heights SUN School, 7334 NE Siskiyou St
 • Tuesday, Nov. 14, 6:45-8:15pm, St. Johns Community Center, 8427 N Central St

Fridays, Nov. 3, 10, 17, 24
FEAST COMMUNITY CHOIR
Location: Subud Portland, 3185 NE Regents Ave
 Forget Everything & Sing (FEAST) is a community acapella choir with the goal to build community.
Details/fee: feastcommunitychoir@gmail.com



Saturday, Nov. 4, 9am-noon
STEWARDSHIP SATURDAY
Location: Buffalo Slough, 33rd Ave & NE Holland Ct
 Volunteer with Columbia Slough Watershed Council to help the restoration efforts at Buffalo Slough, an arm of the main stem of the Columbia Slough. Volunteers will plant more than 600 native trees to provide habitat for native creatures & improve water quality. These restoration efforts began at this site more than 20 years ago.
Details/registration: Kirk Fatland, kirk.fatland@columbiaslough.org, 503.281.1132

Tuesday, Nov. 7, 6-8pm
DIY INSULATION WORKSHOP
Location: North Portland Tool Library, 2209 N Schofield St
 Learn how to weatherize a flat attic. Topics covered include safety, air sealing, ventilation, installing insulation & incentives to help cover the cost of your project.
Details/registration: communityenergyproject.org, 503.284.6827 x108

Sunday, Nov. 12, 3-4:30pm
LEAD-SAFE HOME PROJECTS WORKSHOP
Location: Community Energy Project, 2900 SE Stark St, Suite A
 This class is for anyone who is planning to complete a small project that may involve exposure to lead paint, such as sanding down an old window frame, repurposing an older door, or any other small construction project in an older home. Each qualified participant receives a free kit of supplies.
Details/registration: communityenergyproject.org, 503.284.6827 x109

Tuesday, Nov. 14, 6pm
RACE TALKS
Location: McMenamins Kennedy School
 These opportunities for dialogue about race in Oregon – both historically & the current time – are presented by McMenamins History & Donna Maxey; doors open: 6pm; discussion: 7pm
Details: racetalkspdx.com



Friday, Nov. 16, 7-9pm
OFF THE COUCH EVENTS ACTIVITY NIGHT
Location: St. Charles Catholic Church, 5310 NE 42nd Ave
 Differently-abled individuals 18 & older, are invited for games, crafts, dancing & snacks; admission is \$7 per participant & first companion is free.
Details: offthecouchevents@gmail.com, 503.702.2394

Community calendar items
 Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.

Sunday, Nov. 19, noon-4pm
CREATIVE PATH WALK
Location: Cerimon House, 5131 NE 23rd Ave
 Cerimon House hosts a monthly contemplative labyrinth walk the third Sunday of every month. It's a 30-minute immersive indoor experience of light, sound & walking meditation – a place for you to focus, unplug & restore. The November theme is "Gratitude & Thanks." \$10 suggested donation
Details/appointments: cerimonhouse.org



Wednesday, Nov. 29, 6-8:30pm
ATTRACTING POLLINATORS
Location: Whitaker Ponds Nature Park, 7040 NE 47th Ave
 Find out about the many benefits of gardening with native plants from East Multnomah Soil & Water Conservation District, partnering with the Columbia Slough Watershed Council. You'll walk away with information to help you decide which native plants will work well in your yard. You'll be introduced to common native plant communities in Portland, see examples of species that do well in similar growing conditions, reap successful planting tips that will help them thrive & more.
Details/registration: emswcd.org/workshops-and-events/upcoming-workshops/, 503-222-7645

Thursday, Nov 30, 6:30-8:30pm
CONVERSATION PROJECT: A PLACE TO CALL HOME: EXPLORING HOUSING IN OREGON
Location: Northeast Coalition of Neighborhoods, 4815 NE 7th Ave
 At the most basic level, homes provide shelter, protection from the weather& unsafe situations, & where people live & raise families. If housing is a basic human right, why do so many people struggle to find or keep housing? How do individuals & society make decisions that undermine the idea that everyone has a right to a home? Join Oregon Humanities facilitator Cristina Palacios in a conversation to share your own experiences with housing, & to explore the ways that people value –and discount – home as a basic human right.
Details: oregonhumanities.org/programs/conversation-project/catalog/a-place-to-call-home/



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Looking for a home game?

CNews now publishes an online schedule of local school athletic home events. Find it updated each month at ConcordiaPDX.org/school-athletic-events.
 This month's schedule features:

home football and volleyball games of Jefferson High School; football, volleyball and soccer home games at Madison High School; and home games for Concordia University's women's soccer, men's soccer and volleyball teams.