

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

June 2016

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Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia Neighborhood.

Mission Statement

To connect Concordia residents and businesses - inform, educate and report on activities, issues and opportunities of the neighborhood.

Website

www.ConcordiaPDX.org

Concordia Neighborhood Association P.O. Box 1194 Portland, OR 97211

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L-R: Robert Bowles (outgoing CNA Treasurer), Abby Francis and Terry Medaris, a long-time volunteer, attend to business during CNA's annual Clean-Up event.

The Concordia neighborhood is many pounds lighter as a result of CNA's annual clean-up held May 14 this year. Many truckloads of trash, recycling and re-usable goods made it to a better place than Concordian basements and attics. The clean-up is important to the neighborhood association financially, too – the event netted CNA \$1,800.

Nice job everyone – see you next year!

A HUGE & heartfelt THANK YOU to our volunteers & sponsors!

Volunteers:

Robert Bowles Paul Carrier Belinda Clark Donn Dennis Don & Abby Francis Samuel Garcia Will GoubertTerry MedarisIsham HarrisTJ MillbrookeNora HilbersSusan MillhauserDarnell HurstIsaac QuinteroChris LopezKatie UgoliniKim McGrawPaul Wilkins



Bureau of Planning & Sustainability Caffe Vita



Nora Hilbers, salesperson extraordinaire, at the You Price It Yard Sale held as part of the annual CNA Clean-Up.

HAVE AN Excitini Alley IDEAS?



Isham "Ike" Harris, CNA board member, was on hand to help at the annual Clean-Up event.

At left, Samuel Garcia, Master's Student in PSU's Urban and Regional Planning Program and the Concordia Neighborhood's Sustainability Intern works the Clean-Up event to solicit support for the Portland Alley Project program.

Clean-Up Photos by Will Goubert



Metro Metals Community Warehouse E & A Recycling Heiberg Garbage & Recycling Multnomah County Community Service METRO NECN New Seasons Market Sharptool Edge Service



A cardboard robot lifts its lid at the Vernon Elementary School STEAM fair held recently. Photo by Carl Jameson

Vernon STEAM Fair See Page 11



NEW EQUITY COORDINATOR Kenya Budd fills position with Alberta

Main Street

See page 3

STREET PAINTING JUNE 3

Dragon painting at N.E. 23rd & Sumner brings community together See page 5



PDX GOLD DUST HITS ALBERTA Home décor shop offers fine vintage, new and repurposed items See page 8

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Very small, larger ways to help planet, neighborhood

ISAAC QUINTERO Chair Concordia Neighborhood Assoc.

CHAIR'S CORNER

Welcome back Neighbor,

ive been asking myself: As a community so far from the world stage, can we really make a difference? Considering even our legislators can't agree on the time of day much less promoting goodwill abroad, I wasn't so sure. But then I took a close look at our community and realized we can have an impact in the world just by being friendly and approachable. We can start with the foreign-born students attending Concordia University; they are our portals to the Middle East, Asia, South America and beyond. These students should be our ambassadors, telling the real story of America upon returning home.

So I ask you, what would happen if each one of us extended ourselves to these visitors in the same way we do with those who live here? You might ask how we do this. The answer is to just say "hi" and smile. A smile is the same in any language, the rest will follow. It is a start and if we do it enough, we can positively impact the world.

Paid, Part-time staff for Concordia News

Now back to business matters. At its last general meeting, the CNA board was presented with the concept of paying for professional assistance in producing the Concordia News. The board agreed to do so, starting with the July issue. I for one strongly support the idea of part-time, paid staff people, as I believe the Concordia News is the single most important avenue of communication within our neighborhood.

CNEWS is looking good now, due to the efforts of professionals who have been volunteering over the last several months. And, over time, it's projected to pay for its production costs. But I believe the newspaper will cease publication if we do not retain the skills and time dedicated by professional staff. Visit www.concordiapdx.org/get-involved/ open-staff-positions for information about the available positions.

New treasurer needed

Also high on the CNA agenda is our search for a new Treasurer to replace Robert Bowles, our outgoing Treasurer. He has served for much of the past decade. As modest as we are, CNA actually has a rather large budget compared to most other Portland neighborhood associations. Robert has done a wonderful job shepherding our finances, but he's moving on to new challenges. If you, or anyone you know, have basic accounting skills and a few volunteer hours to devote to your neighborhood, we'd love to hear from you.

Bighouse site talks break down

Lastly, the ongoing discussion with Ascend Holdings, the developer of the Bighouse site at NE 30th & Killingsworth, has hit an impasse. (See article by Spencer Parson's on page 7 for more information.) The developer's representative recently told the CNA Land Use & Transportation Committee (LUTC) that Ascend is moving forward on construction of a 4-story apartment building, as submitted originally, to the Portland Bureau of Development Services. The rub is that LUTC had made suggestions to make the project more "neighborhood friendly." The developer, however, had issues with the suggestions and would not provide a response to LUTC, nor did Ascend want LUTC to have any formal say in its plans.

I became involved in the LUTC/Ascend Holdings issue after their communication broke down. I cannot go into specifics, but I do know there was no one bad guy involved. I am hoping the developer will come back to the table to consider our concerns as a model of how to work with a community. It could be a re-start, but our experience is telling us that CNA – and the City – must provide all developers with not only the building code, but also a profile of neighborhood sensitivities. Doing so would be a positive approach to avoiding problems in advance of final plans.

While we are a diverse community with a variety of people and opinions, we expect compromise. We are not looking for an "I win - you lose" situation but for win-win. The only way that happens is by talking to each other. I will continue my discussion with Ascend and keep you up to date. Or come to CNA Land Use Committee meetings and follow along.

Isaac Quintero Chair/Concordia Neighborhood Association

Concordia Neighborhood Association

Meetings & Updates

Board Meeting

June 14 @ 7:00 PM - 8:30 PM Second Tuesday of the Month McMenamin's Kennedy School Community Room

General Membership Meeting

September 13 @ 7:00 PM - 9:00 PM Second Tuesday Bi-Monthly McMenamin's Kennedy School Community Room

Social Committee

If you'd like to volunteer to help with the Fernhill Concerts in the Park and/or National Night Out Pedestrian and Bicycle Parade, please contact Katie Ugolini at ktugolini@gmail.com or call (503) 449-9690

Finance Committee

Policies/Procedures visit our website or email: Treasurer@ConcordiaPDX.org

Media Team

June 21 @ 6:00 PM

3rd Tuesday of the Month. Location changes monthly. Join the Media Team to volunteer on the newspaper, Website or Social Media. For more info & meeting location contact Susan Trabucco at susan@trabucco.biz or call (503) 440-7732

Land Use & Transportation Committee

June 15 at 7:00 PM Third Wednesday of the Month This month only our meeting will be held in the

Concordia University Library, room GRW 303. Find the library (#19) on the Concordia University map. View the map by visiting www.cu-portland.edu/documents/ campus_map.pdf. LandUse@ConcordiaPDX.org

CNA Chair

Isaac Quintero (503) 352-4585 | Chair@ConcordiaPDX.org

CNA Vice Chair Chris Lopez | Vicechair@ConcordiaPDX.org

CNA Secretary Ali Novak| Secretary@ConcordiaPDX.org

CNA Treasurer

Robert Bowles (503)490-5153 | Treasurer@ConcordiaPDX.org

Concordia Community Room Rental | CommunityRoom@ConcordiaPDX.org

Crime Prevention Officer Mary Tompkins (503)823-4764, mary.tompkins@portlandoregon.gov

Neighborhood Response Team Officer Anthony Zoeller

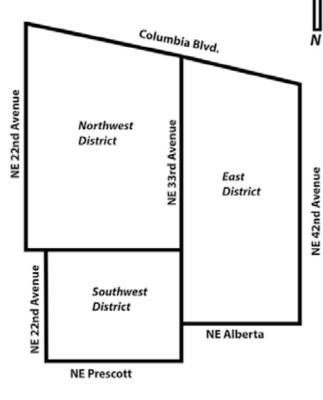
(503)823-0743, Anthony.Zoeller@portlandoregon.gov

Submissions

The deadline for submissions is the 15th of the month

Concordia Neighborhood Districts

ts 🏠



Board of Directors (Elected Jan. 1, 2016)

Concordia Neighborhood Association

East1 | east1@concordiaPDX.org East2 | east2@concordiaPDX.org NorthWest1 | nw1@concordiaPDX.org NorthWest2 | nw2@concordiaPDX.org SouthWest1 | sw1@concordiaPDX.org SouthWest2 | sw2@concordiaPDX.org At Large1 | al1@concordiaPDX.org At Large2 | al2@concordiaPDX.org At Large3 | al3@concordiaPDX.org At Large4 | al4@concordiaPDX.org At Large5 | al5@concordiaPDX.org At Large6 | al6@concordiaPDX.org

Steve Elder Vacant Isham "Ike" Harris Sean Duffy Garlynn Woodsong Daniel Greenstadt Robert Bowles Donn Dennis Joe Culhane Ali Novak Chris Lopez Truls Neal

For Rent: Neighborhood Community Room

The Community Room at McMenamin's Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds. \$15/hour for nonprofit organizations. All others just \$25/hour. Email: CommunityRoom@ConcordiaPDX.org. prior to Monthly publication.

Advertising

Please send ad inquiries to CNewsBusiness@ ConcordiaPDX.org

Editor

Please send article submissions to the Editor CnewsEditor@ConcordiaPDX.org

CNA Media Team CNA Board Advisors: Daniel Greenstadt & Steve Elder

CNEWS Production: Susan Trabucco, Gordon Riggs, Dan Werle

CNA Website: Michael French, Tami Fung

CNA Facebook: Eric Hoyer



Community & Association News

Kenya Budd hopes to close the equity gap on Alberta Street

corridor,

to be welcoming,

By Susan Trabucco CNA Media Team

ate last year, Alberta Main Street received a grant from The William G. Gilmore Fund of The Oregon Community Foundation to fund Equitable Alberta Street. The project aims to expand the organization's capacity to address issues related to equity, diversity, and inclusion on and around NE Alberta Street, and to ensure that underserved populations are informed about and supported in their efforts to access social and economic resources available to them.

Specifically, the grant provided funding to hire a part-time Equity and Engagement Coordinator. AMS recently chose Kenya Budd for the position. Budd will support the organization's work on three goals: (1) Adopting policies and performing outreach to diversify the base of committed volunteers and skilled community leaders; (2) implementing projects that create greater economic and social opportunities for local minority residents and youth, and (3) providing technical assistance and AMS financial support to underserved populations.

Budd identified the means by which she will approach those goals.

"My work will include forming relationships with the variety of people and cultures that represent our diverse community," she said.

Budd brings over 10 years of experience as an educator and consultant, training senior leaders and developing measurement tools for businesses to help improve diversity outcomes.



Kenya Budd

but she acknowledges the challenges to that effort.

"Because of systematic disinvestment and displacement, mistrust has grown over the years. To rebuild trust will take time," she said.

Budd also encourages neighborhood newcomers to become more knowledgeable about the history of the area to understand the displacement that has occurred over the years. To learn more, she suggested visiting Alberta Main Street or the Research Room at the City of Portland Archives & Records Center (1800 SW 6th Ave, Suite 550). Some information is also available online on the Main Street website albertamainst.org/ about-2/history/ and the City Auditor's website: www.portlandoregon.gov/archives/article/550898.

Budd lives in the Overlook area of North Portland. Reach her Tuesdays and Wednesdays at the Alberta Main Street office (1722 NE Alberta Street), email kenya@albertamainst.org or call (503) 683 - 3252.

Fernhill Park SUMMERCONCERTS



Brought to you by the Concordia Neighborhood Association and many generous sponsors (although we could use a few more!)

Check out our fantastic NW All-Star lineup!

FRI, JULY 8

TONY STARLIGHT SHOW!

THE QUICK & EASY BOYS!

FRI, JULY 22 LaRHONDA STEELE!

MARIACHI VIVA MEXICO!

And for the season finale and to celebrate National Night Out 2016

> **TUES. AUGUST 2** WANDERLUST ORKESTRA

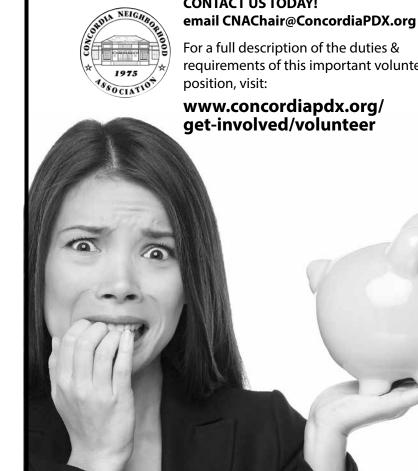
We need the support of ALL CONCORDIANS to make this Concert Series happen! And - the Kristan Knapp Fund will match up to \$500!

If you are a family or individual and would like to contribute:

- Go to www.parklandia.org/give-concerts
- Choose SFFA Summer Concerts in the Park
- From the Pull Down Menu under "I would like to give to"
- Type in Fernhill Park when asked "Is there a specific park you'd prefer to support"
- Donate Now & Get an Immediate Tax Receipt!



Join the CNA Board as Treasurer. Be a critical part of helping your neighborhood association run smoothly, while building your credentials as a nonprofit manager.



CONTACT US TODAY!

requirements of this important volunteer

FRI, JULY 15

FRI, JULY 29

To become a business sponsor contact: Lynn Shisler; Coordinator, Neighborhood Concerts in Portland Parks. (503)317-2062 or emailt lynn.shisler@portlandoregon.gov.

Please help support the power of live music to bring communities together!



Thank you to our Sponsors-to-Date CNA• Vacasa • Concordia University • Inventif Solutions Legacy Health • McMenamins Kennedy School Collage • Grasshopper Boutique • Our 42nd Avenue St. Michael's Lutheran Church • Lombard Animal Hospital Smiles on Sandy • Gazelle Natural Fibre Clothing • EcoTech

Community & Association News

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Sunday, June 5 **POISON WATERS DRAG QUEEN BRUNCH** AND A MOVIE

Mommie Dearest (PG) 10:30 a.m. doors, 11 a.m. brunch buffet and show, movie following \$21 · 21 and over Advance tickets at cascadetickets.com



Tuesday, June 14 RACE TALKS : An Opportunity for Dialogue **A PRESENTATION BY DONNA MAXEY** Gym · 6 p.m. doors; 7 p.m. event

Thursday, June 16 EXTRA CREDIT BEER TASTING SOMMERZEIT KÖLSCH 5 p.m. 'til the beer is gone Brewery · 21 & over



Thursday through Sunday, June 16-26 Oregon Cider Week Edgefield Hard Cider special: \$5.50 pints

Thursday, June 23

WHO's Making it WORK?

YOUR Neighborhood Association Volunteers



Garlynn Woodsong and his son Nehalem

Garlynn G Woodsong

CNA Board Member: SW District 1

Chair: Land Use & Transportation Committee

Lives: With his partner Carrie, their son Nehalem, and cat Huasca on NE 29th Ave, between Alberta & Killingsworth

Has lived in Concordia: Since 2012

Has lived in Portland: Since 1980. Though I have lived elsewhere, I always keep coming back to my home, the place that I love.

Served as a CNA Volunteer: Since 2013

What inspired you to volunteer with CNA?

I had just started attending LUTC meetings when George Bruender had to step down; he asked me to fill the position. As I had served as a LUTC chair in a different neighborhood, I felt comfortable stepping in on short notice.

A little about Garlynn:

I graduated from PSU with a B.A. in Geography, and fell into Urban & Regional Planning while working for the Metropolitan Transportation Commission (MTC) in the San Francisco Bay Area. I then worked for Calthorpe Associates, the pre-eminent regional planning firm.

I moved back to Portland right after we had our son, as I wanted him to grow up an Oregonian and be near my family.

With all the home demolitions, I was inspired to pursue building flats — an up-down triplex or quadplex instead of just a highend single family house.

I currently have two adaptive re-use projects underway. I hope to prove that demolitions can be avoided and additional housing created by turning a single-family home into flats.

I am also a licensed Realtor, and would be happy to help any of my neighbors looking to buy, sell, or invest in real estate.

What do you MOST love about living in the Concordia neighborhood?

I love that we were able to buy our fixer home for under \$300k in 2012. I love the sidewalks that lead to some of my favorite restaurants and grocery stores; the alleys, the people, the trees, the birds and wildlife; and the bicyclists that cruise happily around the neighborhood.

Alberta Main Street announces June 6 deadline for VISTA volunteer application

Alberta Main Street is seeking an AmeriCorps VISTA volunteer to serve August 2016 to August 2017. The VISTA position will also focus efforts on Equitable Alberta Street. The application deadline is June 6, 2016. Visit albertamainst. org to learn more and apply online.

Alberta Main Street is a nonprofit community and economic development organization that engages residents, small business and commercial property owners to seek community-based solutions to challenges by leveraging the resources within the community. Founded in 2010, Alberta Main Street advances efforts to develop Alberta Street as a vibrant, creative, equitable, and sustainable commercial district serving residents and visitors to the community.

Portland Housing Bureau launches housing assistance program for those displaced from N/NE

In May, the Portland Housing Bureau kicked off a housing program aimed at assisting longtime residents of N/NE Portland who experienced displacement – or are at risk now. Although a May application deadline has passed, there will be future opportunities to apply for home ownership assistance.

Recognizing that past City of Portland actions have marginalized and displaced many longtime residents of North and Northeast Portland, the PHB developed the Affordable Housing Preference Policy as a tool to prioritize impacted households for PHB housing opportunities in the area. Current and former residents of specific areas in N/NE Portland that were subject to high levels of urban renewal, and their descendants, are eligible to receive preference.

Whenever PHB housing in N/NE Portland becomes available, PHB will advertise an open application round for households to apply to receive preference for those openings. This will apply to rental apartments, ownership homes, and down payment assistance for firsttime homebuyers. Top priority will be given to households (and their descendants) who owned property that was taken by Portland City government-during the building of Memorial Coliseum or the expansion of Emanuel Hospital, for example. These are "priority status" households.

For more information, including how to apply for the next round of assistance, visit www.portlandoregon.gov/phb. The Portland Housing Bureau is available to answer your questions or to assist you by phone at (503) 823-4147 or by email at PHBwaitlist@portlandoregon.gov.

DAVID CHILDERS As part of Great Northwest Music Tour North Carolina songwriter Gym · 7 p.m.

Monday, June 27 **HISTORY PUB:** "Portland to the Rescue: Rose City Rushes to 1906 Stricken San Francisco" Theater · 6 p.m. doors; 7 p.m. event

Thursday, June 30 MOIO PHOOEY Soul, funk, R&B, and rock roots Gym · 7 p.m.





SPENCER Q. PARSONS Attorney

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Find us (and LIKE US!) on Facebook for updates on land use and other timely information.

www.facebook.com/concordianeighborhoodassociation



New! Summer Art Camps Five week-long camps • 8-13 yrs See site for details!

Free Morning Vacation Bible School Join Us for Cave Quest • June 20-24 Trinity Lutheran Church & School

503.288.6403 • TrinityPortland.org 5520 NE Killingsworth

June dragon street painting project brings beauty, community connections



year's street painting bonanza from June 3 - 12 will be the 16th annual Village Building Convergence put on by the City Repair Project. What

started as a quirky idea in inner Southeast has turned into a city-wide movement and a source of pride, publicized around the world.

It is not simply about paint. Ours is a society in which individuals find themselves feeling increasingly isolated. We live in close proximity with people, but don't know each other's names. These street painting projects serve to bring neighbors together. Not only are these creative murals a thing of beauty that reflect the neighborhood's spirit and add color to the dull asphalt of the concrete jungle – they are also a source of pride, notable landmarks, and symbols of unity and cooperation.

Last year, my block joined in the fun by creating the dragon on the corner of NE 32nd and Sumner avenues. Our community, led by art designer Taylor Nehrling, came together in planning sessions to discuss design and logistics. Soon, people who had merely waved to each other in passing were now breaking bread together.

After the initial stage, people went door-to-door, contacting everyone within the four affected blocks. In the week leading up to the big painting event, neighbors came out to clean the street, watch for traffic, and trace the design. It was truly a community project.

The weekend of the painting was sweltering and although there were likely a few sunburns, the lack of rain was perfect for painting. The worksite quickly became a festive two-day block party. Everyone helped as best they could. Kids played, adults shared food and drink, and everyone worked as a team. Even people from outside the core blocks stopped by to join in the merry work – the project acting as a magnet for the larger neighborhood.

"It was a perfect weekend of community building," said Nehrling. "Everyone became a leader and worked together as a team to create something beautiful to claim where we live."

Since the dragon's painting, it has appeared on "Portlandia," in European T.V. shows, and in numerous newspaper and Web articles. But most importantly is what it means to the people who got involved and who now take pride in their work. Though it may not seem like much in the grand scheme of things, it is always good to add beauty to the world.

So if you are out and about at the beginning of June and you see some people painting a street, stop by, say "hello," and pick up a brush.

*Special thanks to the Concordia Neighborhood Association and Mark Charlesworth for their generous financial support.

Luke Griffin is a native of Northeast Portland. A committed social and environmental activist, he has written for numerous publications, dedicated time fighting for civil rights in housing, served on the CNA board, and utilized world-bridging communication and management skills for the positive betterment of society. He is currently a freelance writer and is completing his Masters of Teaching at Concordia University. Reach Luke by emailing lukeg003@gmail.com.

Small Remodels

Restoration



Folks from the NE 32nd & Sumner area worked together last year to paint an artistdesigned dragon at that intersection. From June 3-5 this year, it will get an update – everyone is welcome to help out. Photo: Luke Griffin



GRANNY'S GARDEN COTTAGE VACATION RENTAL



Friends or relatives coming to visit? Have them nearby and preserve privacy for everyone.

Remodeling your kitchen and need to get away from it for a while?

Enjoy a getaway in this newly-built cottage in a large garden setting, in the Cully neighborhood of NE Portland.

Owners, Carolyn Matthews and Bruce Nelson, long-time Portland residents, live on the property.

www.grannysgardencottage.com (503) 287-7690

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CNA Land Use, Transportation & Livability update



ay brought another full slate of issues into which the nine members of your Land Use Transportation & Committee could

By Ben Earle Secretary, CNA LUTC sink our teeth.

LUTC Mission

We made a first pass at identifying goals and objectives for the rest of the year and beyond:

Development. Implement programs to:

- · Establish Design Guidelines for residential and mixed use development.
- · Encourage developers to comply with demo and construction codes and laws, and establish responsive communications with neighbors and the community.

Good Neighbor Agreements. Renew or create GNAs for:

· Concordia University's on & off campus development plans, new buildings, parking, traffic, bicycle and pedestrian passage, and neighbor relations.

As many area businesses as possible.

Transportation. Pursue actions to improve:

- · Traffic safety for pedestrians, bicyclists, and vehicles.
- Alleviation of increased parking.

Homelessness. Work to:

• Identify temporary "placement" loca-

tions and support resources.

- Promote community awareness and engagement.
- LUTC Operations. Work on:
- Improving administrative and public communications.
- · Reviving the Safety and Livability Committee (SALC).
- Engaging with like-minded local and city-wide groups.
- A half-day planning "retreat."

Bighouse development

See Bighouse Redesign Team member Spencer Parsons' article (next page) for the status of developer Brian Spencer's response to the redesign recommendations resulting from his and CNA Chair Isaac Quintero's meeting with him that was facilitated by Concordia University CFO Denny Stoecklin. For current info, check the CNA website "Bighouse sidebar" at www.concordiapdx.org/tag/ bighouse-project.

Residential demolitions

Nice to have some relatively good news to report on this front! On behalf of the nearby neighbors who received a demolition notice for the house at the SE corner of 37th and Killingsworth, I contacted developer Satterberg Construction to find they are using deconstruction to salvage many internal features and materials for use in the four "standalone" 2-story single family residence homes they'll fit on the property's R2 zoned lots totaling nearly 12,000 sq. ft. One house has a detached garage with the others integrated, and all have basements, 3 bedrooms, and 2 baths.

Not only do John and Brandy Satterberg, Portland natives who live in Hosford Abernathy, specialize in building classic Portland bungalow style homes with quality construction designed to fit with surrounding older homes, but they are also meeting with the neighbors and a LUTC representative as part of their commitment to establish a positive relationship with the neighborhood throughout the year-long development.

Residential Infill Project

Public outreach meetings to get feedback on proposed residential zoning code updates to improve the scale of houses, narrow lot development, and alternative housing options are slated for June 13 – August 8. For schedule details and more info, see www.portlandoregon.gov/ bps/67728, email julia.gisler@portlandoregon.gov, or call Jill at (503)823-7624.

Mixed Use Zoning Project

Though public testimony on the Mixed Use Zoning Draft closed May 24, comments on the resulting Composite Zoning Map can be submitted in writing and via the online Map App until the Planning and Sustainability Commission (PSC) July 12 Hearing. See www. portlandoregon.gov/bps/article/572733, email psc@portlandoregon.gov, or call the Bureau of Planning and Sustainability (BPS) at (503) 823-7700.

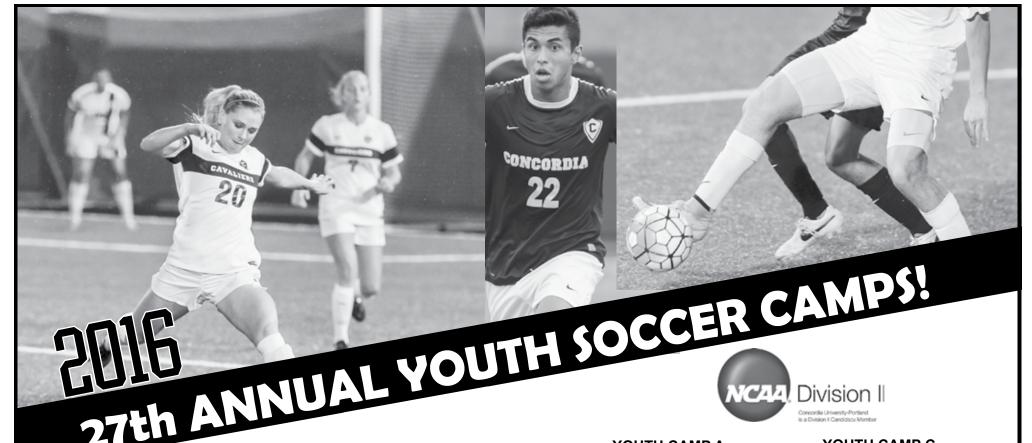
Comprehensive Plan

The final City Council vote on its Comprehensive Plan Amendments will be June 15 and the full package vote is expected in August. BPS is holding "Neighborhood Drop-In Hours" Tuesday June 21 at the Hollywood Library from 5-7 p.m. And you can always contact the City Council directly, call BPS at (503) 823-7700, or go to www.portlandoregon. gov/bps.

Transportation

In response to calls to "provide safe passage for all bicyclists and pedestrians using N.E. Portland Blvd./US 30," after the tragic bicyclist death last December at the 42nd Avenue crossing, ODOT says its traffic study indicates this "road" is "too busy" to qualify for traffic calming installations. The LUTC is sending letters to elected and bureau leaders at both the City and State to help pressure ODOT to act. We encourage continued citizen requests to "Ask ODOT" at 888-275-6368 or www.oregon.gov/ODOT.

Concordia residents are always welcome at CNA LUTC Meetings, 7pm every third Wednesday. The June 15 meeting will be in Room GRW 303 at Concordia University Library. For more info see the LUTC section of the CNA website at www.concordiapdx.org/category/landuse-livability, send your questions to landuse@concordiapdx.org, and email *lutc_secretary@concordiapdx.org* to get on the LUTC notification list.





"Our curriculum encourages fundamental skills, cooperation, and creativity. Our camp environment is upbeat, fun, and positive, yet challenging."

— D. Birkey, **Camp Director and Concordia Men's Soccer** Head Coach

CONCORDIA

Portland, OR 97211

2811 NE Holman Street

UNIVERSITY

YOUTH CAMP A June 13 - 17, 2016 Boys & Girls, Ages 5 - 14 YOUTH CAMP C July 11 - 15, 2016 Boys & Girls, Ages 5 - 14

YOUTH CAMP B June 20 - 24, 2016 Boys & Girls, Ages 5 - 14

YOUTH CAMP D July 25 - 29, 2016 Boys & Girls. Ages 5 - 14

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Register Today!: cu-portland.edu/concordia-youth-soccer-camps

Land Use & Real Estate

OPINION: Will anything come to be at the Bighouse site except a residential 'Big Box?'

Quick background

This past spring, I was part of a group of five neighborhood professionals – three architects, a designer / builder, and a land use attorney (me) – who collaborated on behalf of the Concordia Land Use & Transportation Committee (LUTC) to address neighborhood com-



patibility issues with the proposed Bighouse Development at the corner of NE 30th and Killingsworth Streets. These concerns arose from

By Spencer Parsons, P.C. the drawings devel-

oper Brian Spencer of Ascend Holdings and builder Rick Porter of Union Corner Construction provided at the February LUTC Meeting. Mr. Spencer agreed to review any recommendations we might provide.

In early April, the LUTC submitted the "Bighouse Redesign Team's" conscientiously researched and carefully considered design changes intended to dramatically improve the building's integration into the long-standing character of this unique intersection at the heart of Concordia – without negatively impacting its functionality or the project's overall economics.

Problems with the proposed design

The most obvious shortcoming of the planned 4-story, 30 unit apartment building is that the design is totally tonedeaf in relation to the surrounding quaint yet vibrant "mini" commercial node.

First, though the lot is zoned "Commercial Storefront," it provides a bare minimum of ground floor business space, sacrificing most of this valuable commercial real estate in exchange for three residential units.

Who wants to live on the ground floor at such a busy intersection, with passing pedestrians, a constant stream of cars and busses, and ambient noise from nearby stores and restaurants at all hours? The blinds will be pulled on the first floor residences 24/7. Count on it.

Additionally, none of these units open on to the street, a fatal flaw for any design striving for a compatible character. The stated reason they must face inward, with a single shared outside entrance, is for "security" purposes, though many close-by residential and commercial units open to the sidewalk without a problem.

Compare the Rexall condo building, a few hundred feet south on 30th, where all ground-floor units face outward – some are residential, some commercial, and their use changes periodically as occupants change. Opening the Bighouse ground level units to the street would preserve future flexibility for commercial use. However, walling them off from the outside blocks the building from community integration, both literally and figuratively.

What the regulations say

Portland Zoning Code (PZC) 33.130

calls for new developments that "enhance the economic viability of the specific commercial district" and directs them to "preserve and enhance older commercial areas ... compatible with the desired [storefront] character". It explicitly intends accommodating and fostering "a full range of retail, service and business uses with a local and regional market area" and that all new buildings are "pedestrian-oriented" and built "with a storefront character."

What we've asked for

While the Team determined the development, as proposed, does not progress the City's vision for commercial use of this site, our list of suggested modest modifications sent by the LUTC to Mr. Spencer and Mr. Porter were prudently crafted to address the design shortcomings without going back to the proverbial drawing board.

The first and most significant item on our list requests conversion of the three ground-floor residential units to commercial use, or at least making them mixed use live/work spaces with separate entrances to the sidewalk.

We also asked that an acoustical engineer be engaged to mitigate Killingsworth's heavy traffic sounds and noise from nearby businesses, both of which will negatively impact the first floor living experience.

Also recommended are several affordable improvements to the building façade to better link it with the neighborhood, including -- but not limited to -- delineating the building base, upgrading exterior cladding, adding cornices, improved exterior lighting, and integration of sunshades, awnings, and public art elements to enhance the exterior and deter vandalism. The Team's complete report is posted under the "Bighouse sidebar" on the CNA website www.concordiapdx.org/tag/bighouse-project.

Where we are now

Unfortunately, the answer is not clear. Mr. Spencer agreed to respond to our requests in writing at a meeting last month between he, Mr. Porter, CNA Board Chair Isaac Quintero and myself that Concordia University's CFO Denny Stoecklin facilitated. However, while we appreciate finding out on May 16 that his "design and construction teams have had discussions," as of press-time we still have not received anything in writing addressing the recommended specifics, other than an email indicating "some of the façade, lighting and shadings enhancements are being considered."

It is fair to say neither we, nor anyone at CNA, knows what, if any, changes might be incorporated into what is perhaps the most significant new Concordia development since the transformation of 33rd & Killingsworth. It may be time for others to begin asking ...

Spencer Parsons is a land use attorney whose home and law office are both in the Concordia Neighborhood. To reach him email spencer@sqplaw.com or call (971) 279-2018.

OPINON: Diary of demolition & development: Part 8



Everyone in Concordia has had the opportunity to watch a house be torn down to make way for new houses, duplexes, and "skinnies," for bet-

ter and/or for worse. This is the continued chronicle of my personal experience.

The spaceship has landed

The finishing touches are now being put up or in. The outside, with the exception of the very limited yard area, is complete. Blinding white and a morose sleet grey were the colors chosen, and the workers who painted it repeatedly joked about the bland choice. To highlight its faux-modern looks. gaudy outdoor lighting floods down from the roof line making the structure seem a cubist alien spaceship that landed mistakenly far from its square launch site. One of the developers repeatedly leaves most of the lights on in the drapeless windows, apparently to act as a beacon for would-be buyers. Driving in his slick Land Rover, he often drives by at odd hours to revel in the cheesy magnificence of his bread box, undoubtedly giddy about future profit. And as I come down my street, any hint of my own home is blocked by these well-lit sheer cliff walls leaving my end of the street cut off from the rest of the neighborhood. It's a stark reminder of the "new" Portland and its decidedly un-Portland values.

Excessive noise, sidewalk

Since the neighbors complained to the City about excessive off-hour construction noise two months ago, the noise issues continue. Power saws running after 8 p.m. split the evening silence, and cement trucks chug out their loads at 7 a.m. many mornings of the week, fostering more negative resentment for the project. The only silver lining has been that after a year of construction there is finally a sidewalk – great for the kids and less abled-bodied neighbors who have been forced onto the street all this time. two-year headache and an eyesore which will arrogantly stand forever as a gross representation of the selling out of our neighborhood, our city, our values and our quickly-dying culture that put the good of the community before personal profit.

This native N.E. Portlander now has a permanent reminder of his lost hometown right next door. Sadly, with thoughtful urban planning and reflected city regulations, it wouldn't be this way.

Concerned? Here's what to do

Contact Portland City Council, get

tion, start a petition. The question is not if we change but how we change.

Luke Griffin is a native of Northeast Portland. A committed social and environmental activist, he has written for numerous publications, dedicated time fighting for civil rights in housing, served on the CNA board, and utilized world-bridging communication and management skills for the positive betterment of society. He is currently a freelance writer and is completing his Masters of Teaching at Concordia University. Reach Luke by emailing hukea003@amail.com

Final days

By early June, this two-headed monster will be on the market. The neighbors wonder who will move in. It certainly will not be working-class families, artists or displaced former residents. Each unit, with fake fireplaces and cement pad backyards, will sell for a half million dollars, excluding many buyers. Those who have the cash and appreciate this plastic grandeur of new Portland will likely not value green space, gardening, outdoor hanging out, or community interaction. They will be impressed by the chunky angles, the glaring sharpness, and the blinding lights.

Of course, if they are nice, the neighborhood will embrace them with little to no resentment, the long-time residents keeping the communal spirit alive.

As for the developers, they will have profited greatly on our neighborhood and given back almost nothing save for a



Page • 8 | June 2016

Alberta's PDX Gold Dust offers unique new, vintage and repurposed home décor items



he Cambridge English Dictionary describes gold dust as "a thing that is difficult to find or obtain." Know-By Susan Trabucco CNA Media Team of a shop recently

opened near NE 30th & Alberta streets makes perfect sense. While housed in an intimately-sized space on the south side of the street, PDX Gold Dust purveys a significant treasure trove of fine but curious, creative and eclectic items sure to add a one-of-a-kind flair to a home or of-

"I'm really just a designer who happens to own power tools."

> —James Weter Co-owner, PDX Gold Dust

fice. It's worth the trek to the Alberta Art District's eastern edge to see what this small shop has to offer.

Where else, for example, would one find a shimmering, pearlescent-blue taxidermied peacock, splendid at its full six foot length? Or a real bull's skull, artfully painted in glossy black and gold by one of the shop's talented proprietors? These items and more adorn the walls, seating areas and even the floor, where a soft-gray animal hide serves to anchor an intricately hand-carved and finelyfinished wooden bench.

Like most of the items discovered or repurposed by the shops proprietors -Sarah King and James "Blest" Weter the ornate bench, hauled from Vietnam by a friend, has a story. Visitors to the shop who have the time to linger will be regaled by entertaining tales of acquisition, art, craft and refurbishment.

Weter and King have been friends since their teen years, and are now business partners. Both have lived and worked on or around Alberta and NE Portland for many years. Weter previously owned Dandy Lions, which was just a few blocks down the street from PDX Gold Dust. Also a woodcrafter and artist whose abilities are showcased everywhere in the shop, Weter is humble.

"I'm really just a designer who happens to own power tools," he said with a laugh.

King has worked in retail and waitressed on Alberta for years, but it was a management stint at a NE Portland resale shop that inspired King to pair up with Weter to open PDX Gold Dust. The resale shop's focus on sustainability and keeping things out of landfills is impor-





Co-owners and friends Sarah King and James "Blest" Weter recently opened PDX Gold Dust at 3012 Alberta Avenue. The duo trade in one-of-a kind vintage, new and repurposed home décor items. Merchandise ranges in price from \$1 to \$1,200. Photo by Carl Jameson

tant to both Weter and King. So, opening their own store with a similar ethos and merchandise unique to their creative interests and talents was a natural.

For this dynamic duo, opening their own store on Alberta is a dream two years in the making. It took them that long to find a space that was both available and affordable.

"We don't have a one percenter's budget," Weter quipped.

The shop's location near their respective homes has encouraged them to walk or ride their bikes to work each day;



they both acknowledge the Alberta area is where they feel at home, and love to spend most of their time; driving is becoming a thing of the past.

"We don't get out much," laughed King.

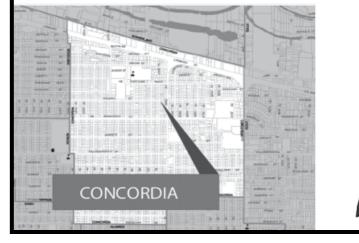
Find PDX Gold Dust and its lively and welcoming proprietors at 3012 N.E. Alberta St. You'll also find frequent updates on Facebook and Instagram, where new finds are posted. Hours of operation are Wed. - Sun., 11 a.m. to 6 p.m. For more information call (503) 288-4610 or visit www.pdxgolddust.com.



Street Address

SUBMIT

503.807.9911 charlesworthhomes@gmail.com





This bull's skull for sale at PDX Gold Dust was artfully painted by one of the shop's proprietors. Photo by Susan Trabucco

A blue, man-sized taxidermied peacock is a unique find at PDX Gold Dust, now open on Alberta Street. Photo by Susan Trabucco



History & Culture

Part 4: The Alberta District and its bungalow grocery

The life and times of a neighborhood store and its people



This is the fourth of a fourpart series about the early days of the Alberta business district, written by Northeast Portland neighborhood his-

Historian torian Doug Deck-

er. To read more about the neighborhood's mom and pop grocery stores, visit Doug's blog: www. alamedahistory.org.

icking up where we left off in Part 3, one of our favorite momand-pop grocery stores, at the northwest corner of NE 27th and Going, had risen from a vacant lot in the midst of the Alberta District's 1909 muddy streets, to a men's clothing store in 1911, to a vibrant neighborhood grocery run by a local family from 1921 to 1943.

But after years as a store, church, artist's studio, and run-down residence, deferred maintenance was catching up. So when it sold to a developer in 2002, the property was well on its way to becoming a vacant lot. Fortunately for the building, an adventurous fixer-upper couple - Chad Crouch and Sheryl Eckrich – bought it and brought it back to life.

"I was attracted to its unusual livework facade which I thought was very handsome, unique, and proportionally graceful," remembers Crouch. But he

also remembers that it was in very sorry shape. The southeast corner was rotted and sinking. The foundation and the floor of the store had to be completely replaced. The residential kitchen was a disaster.

While it had been almost 40 years since being an active retail store, Crouch and Eckrich found two clues, including a Franz Bread ad and the word "LIP-TON's" etched into window glass. Other than that, the store space held no clues to generations of retail activity.

"It was very spare: plaster walls and painted wood floors; florescent shop lighting; no original fixtures, stenciling, or noteworthy mouldings. There was a wood stove taking up a lot of floor space," said Crouch.

Crouch and Eckrich invested sweatequity and financial capital in the restoration, and did so in a creative way.

"We used some of the original wood flooring in a step-up elevated dining platform and perimeter bench in the main room. It turned out to be more work than it was probably worth, as the planks had been compressed by traffic patterns of 100 years of foot traffic. Some hand-planing was required to work out the refinishing. We put up salvaged tin ceiling tiles on the new span joists we ran to accommodate a master bedroom in the 1/2 story above," Crouch explained.

Chad and Sheryl have done a great service to the future and to the past with their careful, thoughtful restoration. The Smythes, the Coulters and the other proprietors-plus the generations of families and neighbors who bought their groceries and necessities here-would definitely recognize the building and think it's in fine shape for being 106 years old.

Today, Alberta's bungalow-grocery is an attractive and vibrant old building that serves as a kind of time capsule for the neighborhood, showing just how nicely old buildings can be restored and repurposed instead of razed and replaced. In a neighborhood where change is the common denominator, this success story holds hope for the future.



In 2002, with much of its south-side clapboard replaced with T-111 siding, a clear southward slump, rotted floors, and replacement aluminum sliding windows, the bungalow-grocery at NE 27th and Going was crumbling and weeks away from being torn down. Photo courtesy of Chad Crouch.



THEN: Shopkeeper Isabella Coulter pauses in front of her bungalow grocery store at NE 27th and Going, about 1930. Photo by David White



When it comes to bathrooms, kitchens, additions and more...





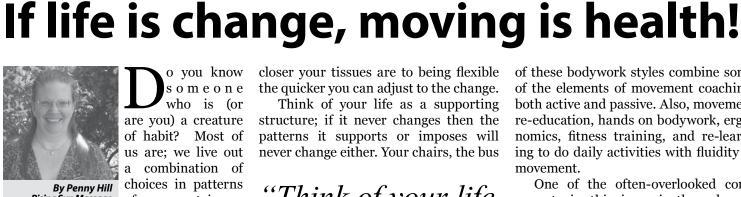
NOW: Following a thoughtful restoration, the bungalow grocery has regained much of its earlier charm and form, and would likely be recognized by neighborhood residents from more than 100 years ago.

the only tool you need. mac-bo.com ccb 166263

Look!

This ad space waiting for YOUR message!

Reserve it



o you know someone who is (or are you) a creature of habit? Most of us are; we live out a combination of choices in patterns of movement, in our bodies and minds,

enforced by life, jobs, family, emotions, and injuries. We follow the same paths, think the same thoughts, choose the same reactions, and adopt the same postures at work. No wonder some of my massage clients come in with the same areas bothering them session after session, wondering why massage is not helping them feel better for more than just a few days or a week at a time.

Have you ever noticed that when you go on vacation you stop hurting in the usual places? In part, this is due to the fact that you have changed the physical structures and habits that have been reinforcing a pattern of pain. Of course sometimes it works the other way, too. New beds are notorious for being uncomfortable at first. But after a while, your body starts to let go of the patterns your own bed has been reinforcing, and the closer your tissues are to being flexible the quicker you can adjust to the change.

Think of your life as a supporting structure; if it never changes then the patterns it supports or imposes will never change either. Your chairs, the bus

"Think of your life as a supporting structure."

ride, your workstation, and even your thoughts, impose a pattern upon your body that is probably not perfectly suited to your ease and well-being.

So what are we to do? Start moving in a new way! Movement habits establish weak and hard patterns in the body. These are patterns of overstretched and chronically contracted muscles and tissues.

There are many schools of bodywork to address just this issue. The most prominent among them are: Aston Patterning, the Trager Approach, Feldenkrais Method, and Alexander Technique. All of these bodywork styles combine some of the elements of movement coaching, both active and passive. Also, movement re-education, hands on bodywork, ergonomics, fitness training, and re-learning to do daily activities with fluidity of movement.

One of the often-overlooked components in this issue is the role our thoughts - and especially our feelings play in maintaining uncomfortable patterns in our bodies. We have to move our energies in new ways as well. If we continue to reinforce the idea that we can never heal, we can never change, or that our bodies will bend to our will - we will stay stuck.

In my bodywork sessions you'll hear me say, even as we work on a painful area, "don't focus on the pain, focus on the opening and releasing."

The emerging fields of energy psychology, such as EFT (Emotional Freedom Techniques) address the subconscious structure and the support we may have for those intractable problems.

I'm ready to get up and move in a new way, how about you?

Penny Hill is a licensed bodyworker and can be reached at www.Concordia-MassagePros.com.

For great taste, grow organic cucumbers

ucumbers are a favorite warm season edible for the home gardener. A cucumber harvested at the peak of freshness from the summer By Jolie Donohue rdening Goddess garden is hands down better than

any cucumber you will ever get from the grocery store.

Growing cucumbers in Portland is relatively easy if you plant them at the right time. Cucumbers need ground temperature of 60-65 degrees and night air temperature of at least 55 degrees. Typically in Portland this is mid-May to early June. If the weather is not warm and dry, cucumber plants will grow slowly and fall prey to disease.

Cucumis sativus, cucumbers, are member of the cucurbits family along with zucchini, summer squash, winter squash, pumpkins and melons. Cucumbers require a full sun location with at least 6 hours of sun per day. They are rambling vine plants that need to be spaced 3-4 feet apart in all directions. I have successfully grown cucumbers up a trellis in my raised beds. These days there are also patio varieties that don't get as large and are excellent for growing in small spaces including containers and raised beds. 'Patio Snacker' produced an excellent yield in my 2015 garden.

Cucumbers require very rich, welldraining soil. They will rot in the thick clay of native Portland soil. Prepare your planting bed by adding fresh compost. Better yet, grow cucumbers in a raised bed filled with fresh planting mix.

In Portland you can plant cucumbers by seed or by transplant. Cucumbers are "heavy feeders" and benefit from an organic granular vegetable fertilizer in the



planting hole. Additional applications of organic granular fertilizer are every 4 weeks during the growing season. Once plants have grown to a decent size and are beginning to set flowers, begin applying an organic liquid bloom fertilizer every 2-3 weeks. More than 90% water, cucumbers are stressed by insufficient watering. Cucumbers want average to moist watering while growing, about 2 inches a week. Water stress can be the cause of bitter tasting fruit and odd shaped fruit that is smaller at one end. How often you water will depend on your soil and location. The cucurbits family, including cucumbers, has separate male and female flowers on the same plant that require pollination for fruit set. If your plants develop flowers and then the subsequent tiny fruits fall off, lack of pollination is the cause. Be sure to plant plenty of flowers in your biodiverse garden to encourage pollinators- and keep them safe by gardening organically and avoiding the use of sprays throughout your yard.

In Portland it is inevitable that cucumbers will fall prey to the dreaded powdery mildew. The leaves will develop a white residue and then shrivel up with crispy brown edges. Powdery mildew is a fungal disease that flourishes in the summer in Portland. During the growing season you can prevent powdery mildew by spacing your plants appropriately to provide good air circulation. Water the soil, not the plant, by use of a watering wand, drip irrigation or soaker house. If you use overhead watering the fungal disease easily spreads by splashing from leaf to leaf and soil to leaf. Practice crop rotation and in the fall clean up all plant debris. Compost has long been recognized by organic gardeners for promoting overall garden health. Beyond stimulating plant growth, compost and compost tea can actually fight off diseases by inoculating plants with beneficial organisms like bacteria, yeasts and fungi. These tiny organisms are beneficial if they form a physical barrier against pathogens, or if they effectively compete with or attack the plant pathogens. To prevent powdery mildew on cucumber plants, apply compost tea to your garden soil and as a foliar spray on cucumber leaves at 2-3 week intervals beginning at planting time; you can find garden tea at some area nurseries. Garden on Portland! For more information: jolieanndonohue.com

now!



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Family & Kids

STEAM-powered robots investigated at Vernon School fair



he Vernon E l e m e n tary School STEAM fair on May 10 highlighted the work of students from kindergarten through 8th grade. The hallways were

By Carl Jameson CNA Media Team

covered with class projects, and the gym was filled with tri-fold displays of student-led, science-based investigations. It was the fourth year for the popular event where robots were the main attraction – from found-object art pieces to mobile WALL-E look-alikes. [WALL-E is a 2008 American computer-animated sciencefiction comedy film that follows the story of a robot of the same name.]

Vernon is an International Baccalaureate school and the STEAM fair dovetails into its mission to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

"STEAM integrates science, technology, engineering, art and math," said Jennifer Hulford Odell, one of the event's organizers. "So, if you are trying to design a robot you will use all of the different components."

Anna Mafchir, art teacher, noted that younger students might not have a grasp of scientific and technological specifics.

"But," she said, "they can use their conceptual skills to design robots that

pick up trash, or suck pollution out of the air or whatever is needed to make the world a better place."

Hulford Odell emphasized the inquiry approach students take in this process.

"We're all about students asking questions, finding answers, taking action, so this is just another component of that inquiry that happens to be focused on STEAM – it could have been social studies or any other subject," she said.

Tarehna Wicker, a second-grade teacher, and Ashley Black, a fifth-grade teacher, made a video series to prepare students for the fair.

"We're about teaching concepts and skills," said Wicker. "We do this all the way down to kindergarten where they just need questions and solid observation and careful reporting of what they do. Children are natural scientists, so this draws out the best in them."

Judging by the volume and excitement of the students during the fair it was a roaring success.

"The kids really enjoy it, they take ownership of their projects," said Black. "They seem really proud about what they've done. And the number of people who showed up tonight is overwhelming because it shows all the support that they have for this program."

Carl Jameson is a writer/director/ videographer at Craftmaster Productions, a creative media company. He's lived in Concordia since 2001. Email him at: carlj@craftmasterpro.com.



A student explains his work with sugar crystals at the STEAM fair held recently at Vernon Elementary School. He and fellow students are learning to ask questions, find answers and take action based on International Baccalaureate practices. Photo by Carl Jameson



Vernon students review each other's work at the STEAM fair held at Vernon Elementary School. The displays showcased their use of the scientific method by asking a question, generating a hypothesis, solid observation and careful reporting. Photo by Carl Jameson

Favorite tricks for good behavior



t our daycare, guiding the children requires discipline. I've learned the hard way that some methods can backfire while others

By Rachel Ivey Room to Grow Childcare f

teach a lasting skill. Here are two methods that work for us.

Your child is doing something they shouldn't be doing. Instead of whatever you're saying that *isn't* working, try this: "When you do that it shows me that (this scenario) isn't working. Is that right?"

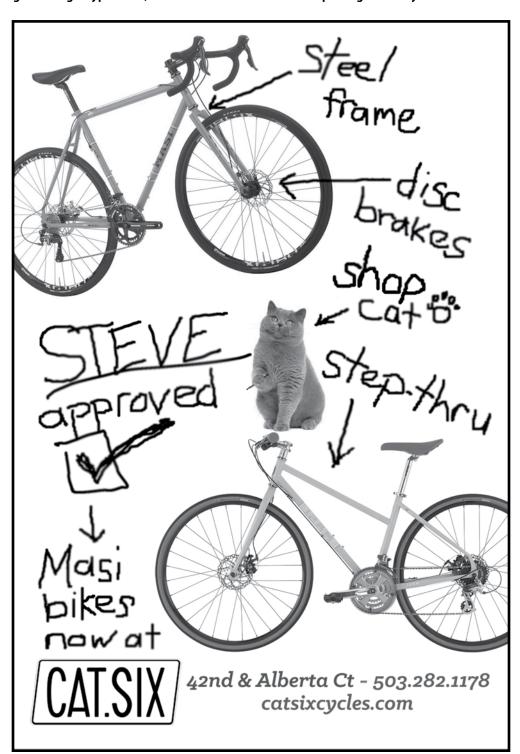
For example: "When you ignore me when you're playing dolls, it shows me that the dolls are too distracting and need to be put away. Is that right?" This works two ways. One, it offers the child a choice. If he or she is being absent-minded, it provides an opportunity to refocus. If the child chooses to be contrary, then the consequence has been built in. Away go the dolls. The child chose, with that behavior, what happened next. Secondly, with time, it helps a child do what you need done once you make it clear that you mean business and will follow through, without shaming or negotiating. The trick to making this work is to be kind but firm. "What a bummer that the dolls are being put away! Oh well. They can try again next time!"

comply at daycare? *Empathy*.

"Wow, you do NOT want to go outside right now. I hear that. You are unhappy about going outside and you wish we were staying in. Is that right?" Child nods. "I see that. (Pause to change gears) Ok, do you want to put your shoes on or should I?"

Next child: "Boy, you want to go outside NOW, is that right? **I hear you.** (Pause) Do you want to hold my hand while you wait or sit on the floor?"

Children are people and people want desperately to be seen and heard. They know they don't have a choice, but they want their desires to matter! Why wouldn't they? You can see the relief on their faces when you acknowledge the



Next up, your child doesn't want to do something. Putting on shoes. Taking off shoes. Going outside. Coming inside. Name a thing. They *do not* want to do. Strongly. How do we get 6 children to

problem they are having.

Empathy doesn't strive to solve that problem, or release them from towing the line, but it doesn't ask them to pretend they don't feel it. Empathy HEARS. Empathy SEES. It's one of those tricks that's simple even if it's not easy.

These two issues encompass many kinds of 'problem' behavior and using these solutions over and over gives parents a quick 'go-to' solution and teaches their children what to expect. Consistency and empathy not only diminish "wild care" behavior, but also build a lasting bridge between you and your child. Hugs from our home to yours.

Rachel Ivey is a mother, owner and operator of Room To Grow Childcare and researcher of all things home and child. She is proud to have her nest and business in the heart of Concordia. For tips, tricks, and advice on thriving with children, please feel free to contact roomtogrowportland@gmail.com.

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Neighborhood Events

Cully Farmers Market on 42nd Avenue

Thursdays, starting in June

Every Thursday, 4p.m.-8p.m. June – August. 4p.m.-7p.m. in September. Local produce, food vendors, live entertainment, crafts, activities for kids. Up to \$10 match for SNAP recipients. 5011 NE 42nd Ave @ Alberta St. (In the parking lots of Old Salt & Roses.) Call (503) 912-8936 or visit www.cullyfarmersmarket.org

Columbia Slough Watershed Events

¡Explorando el Columbia slough!

June 11, 1p.m. – 5 p.m. 11 de Junio de 1p.m. – 5 p.m.

Para encontrar información sobre este evento en español, visite www.columbiaslough.org/events/event/139

Whitaker Ponds Nature Park 7040 NE 47th Ave, Portland, OR 97218

Celebrate nature in the city and the environment of the Columbia Slough! This bilingual family environmental festival offers activities in Spanish and English for all ages. Explorando is free, and includes guided canoe trips, live music, folk dancing, storytelling, arts & crafts, workshops, and more! The first 200 visitors receive a free Explorando t-shirt.

Interested in volunteering? We need your help! Visit our Volunteer

Registration page to learn more or contact Volunteer Coordinator Hanna Davis at hanna.davis@columbiaslough.org or call (503) 281-1132.

Tadpole Tales Mondays in June, 10-11 a.m.



Children aged 3-5 with their parents are invited to a short story and guided nature walk on every Monday May through June. Watch birds fly overhead, search for macroinvertebrates (water bugs) and learn about local trees and flowers.

Event runs rain or shine, and families are welcome to bring a snack.

\$3 admission/donation per child, no charge

Alberta Street Gallery May 26 – June 29



Anomalies II - Art from Maquette: Thy tongue is in the cheek Maquette is known for her acrylic paintings based on poor photography with a quirky sense of humor. The results are unexpected and attention grabbing art that deviates from the normal order of things. 2724 NE Alberta Street (503) 280-6329

Guardino Gallery May 26-June 28



MAIN GALLERY

Karen Croner creates mixed media animal sculptures. Her current work is inspired by old folk tales and fables. Each piece is her interpretation of forces and emotions that drive those stories: mystery and menace, loyalty and betrayal, mischief and humor.

Gay Freeborn will be presenting oil paintings of animals and their relationship with man and each other. She has two series: Love Story and Odd Couples. In Love Story the human/animal bond is explored. With Odd Couples two seemingly incompatible animals are put together.

FEATURE AREA

Yelena Roslaya creates exquisite ceramic donut configurations to explore glazes and the sculpture form. The donut shapes are slip-cast and are stacked vertically to facilitate experiment with glazes pored on them.

Kelli MacConnell's chosen medium is linocut, relief printmaking. Her current body of work focuses on the expansive, diverse environment of the Pacific Northwest landscape in black and white. 2939 NE Alberta St Portland)R 97211 (503) 281-9048 Room of George White Library at Concordia University. Meet people who can offer support and guidance and others raising grandchildren. No formal agenda is planned for this event - just an opportunity for a fun and supportive social environment. Refreshments will be provided. For more information email kwilson@jfrfoundation.org or call (503) 408-4088.

Lead Poisoning Prevention Workshop

Free workshop where participants learn how to prevent lead exposure in their home. Great for households with children or pregnant women in housing older than 1978, or those concerned about lead exposure. Qualified participants receive a free kit of safety and testing supplies!

Register for the workshop at www. communityenergyproject.org or call 503.284.6827x109

Thurs, June 9, 6-7:30pm Library, 385 NW Miller Ave, Gresham

Tues, June 14, 6-7:30pm Community Energy Project - 2900 SE Stark St, Suite A, Portland

Mon, June 27, 6-7:30p.m. Gregory Heights Library, 7921 NE Sandy Blvd, Portland

Lead-Safe Home Projects Workshop

Before any demo, scraping, sanding, or remodeling in pre-1978 housing, check out this class! Great for people who want to do a small project that may involve exposure to lead paint, such as sanding down an old window frame or a reused door with potential lead paint, or a small construction project in an older home. Register for the workshop at www.communityenergyproject.org or call 503.284.6827 x109.

Sat, June 4, 10:30am-12pm Southeast Portland Tool Library 1137 SE 20th Ave Portland

Tues, June 21, 6-7:30pm Community Energy Project 2900 SE Stark St, Suite A, Portland

Concordia U. hosts Free Summer Events & Camps

Concordia University will host a series of free, public, summer events on its Portland, Ore. campus at 2811 N.E. Holman St., For a full list of events

visit www.cu-portland.edu/events.

Free community library cards and Saturday story times for children are available throughout the summer at Con-



for adults.

Monday, June 6: Children's Arboretum 10040 NE 6th Drive Portland, OR 97211

Monday, June 13 Whitaker Ponds Nature Park 7040 NE 47th Ave Portland, OR 97218

Monday, June 20 16650 NE Airport Way Portland, OR 97230

Monday, June 27

Kelley Point Park N Kelley Point Park Road Portland, OR 97203

Questions? Contact Jennifer Starkey at (503)281-1132 or email jennifer.starkey@ columbiaslough.org www.columbiaslough.org Ties that Bind: Grandparents who Parent "Social"

June 14, TUES., 2p.m.

Ties That Bind is a monthly program developed to support grandparents (and other non-parent family members) who are raising grandchildren. *Ties That Bind* provides participants with a rotating lineup of experts on issues of interest to grandparents. In addition, peer support is available during sharing time, as is information about available resources. Veteran program members have the opportunity to volunteer as community navigators for other grandparents.

On Tues., June 14, Starts at 2:p.m. Grandparents and their grandchildren will be hosted at a summer social in the Community cordia University's George R. White Library & Learning Center, 2800 NE Liberty St. in Portland. The library's summer hours are Monday through Friday 7 a.m. to 10 p.m., Saturday 7:30 a.m. to 10 p.m. and Sunday 12 p.m. to 8 p.m.

Summer athletic camps are also available through Concordia University Athletics. For information about soccer, baseball, softball, basketball, and volleyball camps, visit www.gocugo.com.

Summer Story Time Saturdays in June 10:30-11:30 a.m. (June 4, 11, 18 & 25)

Children of all ages and their parents are invited to drop in for a free summer story time at Concordia University's George R. White Library & Learning Center in the Jody Thurston Northwest Center for Children's Literature. ²⁶ EDNA VAZQUEZ THE VILLALOBOS BROTHERS

25 siren nation presents 11TH ANNUAL DOLLY PARTON HOOT NIGHT WITH lenore + gerle haggard band + mama coal + the dolly partners + more!

29 CHAMBER MUSIC NORTHWEST SUMMER FESTIVAL PERCUSSION & PIANO

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