



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

October 2016

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Concordia News

is a free monthly publication of the Concordia neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

Mission Statement

To connect Concordia residents and businesses – inform, educate and report on activities, issues and opportunities of the neighborhood.

Website

ConcordiaPDX.org

Concordia Neighborhood Association
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OSS celebrates centennial

Philatelists call Concordia home



By Nancy Varekamp
CNews Editor

They aren't full-time residents, but many Portland members of the Oregon Stamp Society devote untold hours in Concordia. They've spent 56

of the organization's 100 years based at the former fire station on 33rd Avenue at Alberta Court, and this year they invited visitors from around the world to visit.

"The stability of having our own clubhouse and library promotes a vibrant philatelic community," pointed out Eric Hummel, president.

You'll find him at the clubhouse several days a week – frequently with other members – maintaining the building and the stamp collections and displays.

When OSS bought the retired fire station in 1960, it was unusual for a stamp club to own a building. Now several do, but Hummel believes OSS' is the most unusual, despite the fact American Philatelic Society's clubhouse is a converted match factory in Pennsylvania.

OSS activities include two meetings per month, an annual auction, the Rose City and Collectors Corner monthly stamp fairs and the PIPEX annual national stamp show. The centennial prompted a few more gatherings this year.

The 220 members – in Oregon, throughout the United States and Canada – hosted a summer exhibition at the Multnomah County Central Library, a clubhouse reception in July and an Au-



The former fire station at 33rd Avenue and Alberta Court now houses the Oregon Stamp Society, which celebrates its centennial this year.

"The stability of having our own clubhouse and library promotes a vibrant philatelic community."

Eric Hummel

gust weekend-long open house, complete with building tours, exhibits of members' stamp collections and a display depicting the group's history.

Sheryll Ruecker, OSS archivist, reported on the summer celebrations in the journal Federated Philatelist. They included installing a time capsule on clubhouse grounds. Filling it are club memorabilia, old and new philatelic souvenirs and U.S. Forever stamps.

"I wonder what those members who open it up 100 years from now will make of them," she said. "Will Forever stamps actually last forever?"

When OSS purchased the clubhouse, it added initiation fees to its membership dues to help pay off the \$13,500 city loan. Renting the space to other groups helped pay the mortgage – in less than 10 years – and continues to help support building maintenance.

After 56 years, Hummel said, members continue to feel welcome in Concordia and they return the favor.

"We are in a residential neighborhood," he pointed out. "We and all who use the building make an effort to be good neighbors."

Editor's note: See Page 11 for Ask the Historian's look at Oregon Stamp Society's restored 1928 fire station clubhouse in Concordia.



Many of the Oregon Stamp Society's 220 members attended centennial festivities at their clubhouse in the heart of Concordia neighborhood.



GREEN STRIPES AHEAD

The city's first 2 crossbikes are here in Concordia

See Page 7



SAFE & HAPPY HALLOWEEN

CNews columnists offer tips for ensuring safe and happy trick or treating.

See Page 9



15-MILE TOUR

Biking levees is one of countless October events.

See Page 12

P.O. Box 11194
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CHAIR'S CORNER

ISAAC QUINTERO
Chair
Concordia Neighborhood Association



If we don't create/share our neighborhood's future, top-down government will do it

Hello Neighbor!
Glad to see you checking back in. In August, I asked you to send your vision for our neighborhood one, five and 10 years from now. I know we have a community overflowing with diverse hopes and desires, but I'm sure we haven't yet heard them all. It's important that we do, because the future of our neighborhood lies in your hands. So keep those thoughts and dreams coming to Chair@ConcordiaPDX.org

You can also share your ideas at our general membership meeting Nov. 8. This isn't simply a mental exercise. Portland city commissioner Amanda Fritz will be there, and I have asked her to be prepared to give us her understanding of – and expectations for – the future of the Concordia neighborhood. Let's see if our vision for the future and hers align.

If you don't have any idea of where we should work to be in 10 years, then we will, for better or worse, receive our marching orders from on high at city hall. Your Concordia Neighborhood (CNA) board is here to help mold our neighborhood's future. But we can't do it without you.

Take, for example, an email I received recently

asking the board to intervene with city hall about problems the writer and neighbors have with Airbnb. I doubt if the board will take it on, as none of us would be able to address specifics when none of us are experiencing the problem. We would not have the evidence nor the credibility to petition city hall or the relevant city agencies.

So what is a person to do? Give up? No. Organize! Find others having similar concerns, boil the issues down and then present your findings to the CNA board for support. That's what we're here for.

The problem in today's society is many neighbors don't talk to anyone more than two doors away. Alternatively, send your issues to the board via me at Chair@ConcordiaPDX.org and we will assist in gathering those with similar concerns to organize and get your issues heard.

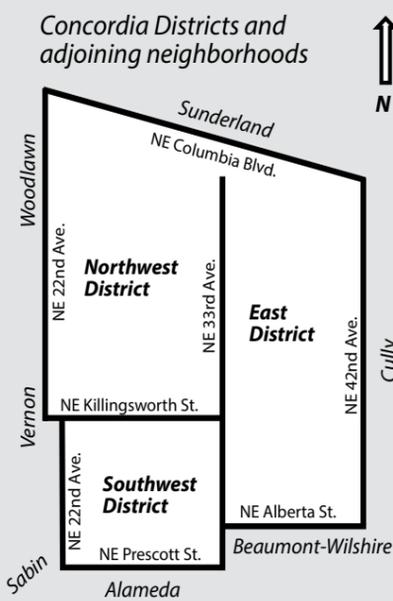
Is that getting political? Perhaps so, but then again who is going to do it for us?

Just a last note... Have you noticed how some of our newly landscaped alleyways are showing up on favorite walking tours? Let me know – at Chair@ConcordiaPDX.com – which ones are your favorites.

Best regards and Semper Fi.

Isaac

The problem in today's society is many neighbors don't talk to anyone more than two doors away.



CNA Board of Directors (Elected Jan. 1, 2016)

- East 1 | East1@ConcordiaPDX.org Steve Elder
- East 2 | East2@ConcordiaPDX.org Vacant
- Northwest 1 | NW1@ConcordiaPDX.org Isham "Ike" Harris
- Northwest 2 | NW2@ConcordiaPDX.org Sean Duffy
- Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong
- Southwest 2 | SW2@ConcordiaPDX.org Daniel Greenstadt
- At Large 1 | AL1@ConcordiaPDX.org Robert Bowles
- At Large 2 | AL2@ConcordiaPDX.org Donn Dennis
- At Large 3 | AL3@ConcordiaPDX.org Joe Culhane
- At Large 4 | AL4@ConcordiaPDX.org Ali Novak
- At Large 5 | AL5@ConcordiaPDX.org Chris Lopez
- At Large 6 | AL6@ConcordiaPDX.org Truls Neal

Need a place for your party?
The Community Room at McMenamans Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds.
\$15/hr. for nonprofits. All others just \$25/hr.
Email: CommunityRoom@ConcordiaPDX.org

Concordia Neighborhood Association

MEETINGS

Board Meeting

Oct. 11, 7 - 8:30 PM
2nd Tuesday of the month
McMenamins Kennedy School Community Room

General Membership Meeting

Nov. 8, 7 PM
McMenamins Kennedy School Community Room

Social Committee

If you'd like to help plan the annual CNA Holiday Party for December and/or plan other fun, community-building events, contact Katie Ugolini, 503.449.9690, KTUgolini@gmail.com.

Media Team

Oct. 18, 6 PM
3rd Tuesday of the month
4910 N.E. 34th Ave. (private home)
Contact CNewsME@ConcordiaPDX.org

Land Use & Transportation Committee

Oct. 19, 7 PM
3rd Wednesday of the month
McMenamins Kennedy School Community Room
Contact LandUse@ConcordiaPDX.org

CONTACTS

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CNA Treasurer

Robert Bowles, Treasurer@ConcordiaPDX.org

Crime Prevention Coordinator

Mary Tompkins, Mary.Tompkins@PortlandOregon.gov, 503.823.4764

Neighborhood Response Team Officer

Anthony Zoeller, Anthony.Zoeller@PortlandOregon.gov, 503.823.0743

SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org

Submissions to CNA Website: Submit nonprofit news & events to CNewsME@ConcordiaPDX.org

Advertising: CNewsBusiness@ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

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Website Managers: Michael French, Tami Fung

Facebook Manager: Eric Hoyer

Advertising Representative: Gina Levine, CNewsBusiness@ConcordiaPDX.org, 503.891.7178

Will YOU grab the baton?

It's election time Nov. 8, even for the Concordia Neighborhood Association. This may be your golden opportunity to join the board of directors and help lead your neighborhood into the future.

Six positions are expiring: East 1, Northwest 2, Southwest 2, and At Large positions 2, 4, and 5. Districts are shown on the map (above left). Five incumbents have expressed interest in continuing their service. A seventh position, East 2, is vacant with one year before it expires. The board hopes the person elected to that that position will serve as treasurer.

If you or someone you know may be interested in serving a two-year term on the board, contact the CNA Election Committee at East1@ConcordiaPDX.org and/or attend the 7 p.m. meeting Nov. 8. Candidates for contested positions will be asked at the meeting to make brief statements about their interest. Written statements (300 words maximum) received prior to Nov. 5 will be posted on ConcordiaPDX.com.

Positions are open to residents, property owners and designated representatives of businesses or organizations operating on Concordia. Board members are required to attend regular board meetings (about 11 per year) and to assist with at least one CNA subcommittee.

It's your neighborhood. Lead it!



ConcordiaPDX.org

Concordia Murals

“You are confined only by the walls you build yourself”



By Carrie Wenninger
CNA Media Team

Mural Location: Aladdin Finishers Inc., 2127 N.E. Alberta St.

Artist: Blaine Fontana with special thanks to the Furious Six of Fontana Studios. See more at TheFontanaStudios.com.

Representation/age: A follow-up inspirational message to the 2013 mural on the opposite side of the building, the artwork was painted as a part of Forest for the Trees’ (FFTT) annual mural event in 2014. The quote is from author Andrew Murphy. FFTT is a nonprofit project dedicated to the creation of contem-

porary public art in Portland.

Business owner: Steffen Bettger is the fourth generation proprietor of Aladdin Finishers, established in 1948. The master craftsmen have worked on Liberace’s touring piano, restored a cobbler’s bench owned by Ben Franklin, and are presently restoring 130 chairs and Victorian era sofas belonging to the Columbia Queen steamboat.

Fun Fact: Now in its fourth year, FFTT’s annual mural painting event brings together artists from all over the world, and is putting Portland on the map as a city known for its street art! Learn more at ForestForTheTreesNW.com.

Gina Levine at your service for Concordia News ads

The Concordia Neighborhood Association is pleased to announce it has contracted Gina Levine for the Concordia News ad sales and service representative role on a part-time basis.

Gina, who has lived in the Concordia neighborhood for eight years, is a seasoned professional in the areas of sales and sales management, including work in advertising sales. Her past experience includes developing promotional marketing strategies and innovative sales initiatives.

Most recently, Gina has embraced the challenging role of mom, further honing her already strong multi-tasking skills. Advertising clients should expect to oc-

asionally encounter Gina with her youngest in tow. She and husband Josh have three children, ages nine years, three years and 18 months. The two oldest children attend Faubion Elementary School.



Gina Levine
CNews Ad Sales Rep

Gina holds a bachelors of business administration degree in organizational psychology and development from American Intercontinental University.

To advertise in CNews, contact Gina at CNewsBusiness@ConcordiaPDX.org or call 503.891.7178.

Board bullet points: news from your neighborhood association board

Highlights from the Sept. 13 Concordia Neighborhood Association (CNA) Board meeting include:

- Several neighbors shared concerns, including a proposed city zone change from R5 to R2.5 for part of Concordia and traffic safety on 32nd Place. It was suggested the discussions be continued at a Land Use & Transportation (LUTC) meeting.
- Outgoing board treasurer Robert Bowles presented the finance report and introduced two candidates for treasurer. Chair Isaac Quintero expressed appreciation for their interest, and added that all neighbors, not only board members, are welcome and needed on CNA committees.
- The Media Team update introduced new Concordia News ad sales representative Gina Levine. Managing editor Susan Trabucco announced her

resignation, reported that a plan is developed for continued high-quality newsletters in the absence of that position, and board members thanked her for her hard work.

- The LUTC update reported on the Big House project at 30th Avenue and Killingsworth Street and submitted a recommendation to send a letter to the city – which the board approved – about the Residential Infill Project.
- The Nov. 8 general meeting is at 7 p.m. in McMenamins Kennedy School Community Room. City commissioner Amanda Fritz will be there to learn more about the neighborhood’s hopes for the future. The board election is also on the agenda.
- The next CNA Board meeting is Tuesday, Oct. 11, at 7 p.m. in McMenamins Kennedy School Community Room. Meetings are open to all.

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Transplanted & thriving

If only we could unleash ourselves like our dogs do



By Kathy Crabtree
CNA Media Team

As a transplant, I cannot help but notice Portlanders have a delightful habit of sharing most activities with their dogs. Any time of day one can observe

them casually walking their dogs along Alberta or, in my case, observe the dogs walking me.

Dog owners seem comfortable hiking, hunting, fishing, paddleboarding and even dining with their canines. As my pups are rather large and furry, I prefer they dine alone. The big fella would be table surfing and stealing bread from other diners while the cute one would be shamelessly begging for attention and any morsel available.

But they are perfect candidates to enjoy the off-leash Alberta dog park. As soon as we reach the off-leash area, they are off like furry cannon balls, joining the huddle of sniffers and barkers. We are familiar with most of the other regulars.

At the Alberta Co-op gathering, I sat next to a woman who lives close to the RV

Park we stayed in last year. I remarked about walking our dogs in the fenced-in nearby schoolyard. She said she did the same, and wasn't it odd we hadn't met before?

I described my dogs and she gasped, "Are Mutton and Raven your dogs? My dog is Kayla!" Unbelievably we had chatted frequently at the schoolyard. Yet we didn't recognize each other without our pets!

It's the same thing at the dog park. We know each others' dogs. We stand together and discuss the remarkable contrasts of their features and antics. Amazingly enough, we take pleasure in the assortment of breeds, coat markings, form and breed characteristics and actually enjoy the diversity of the dog park.

Upon reflection, wouldn't it be nice if we could all play together unleashed from our biases and preconceived notions and just enjoy each other like our pets, unconcerned about origins, breed, color or culture? Maybe then we could celebrate our diversities and enjoy the differences just as the pet owners do.

Kathy moved to Concordia last year from the Midwest and, as she reports in CNews, things are a lot different here.

How we decide what goes into Concordia News



By Susan Trabucco
CNA Managing Editor

A quote by comedian Jerry Seinfeld from one of his routines goes like this: "It's amazing that the amount of news that happens in the world every day always just exactly fits the newspaper."

As a newswoman, that cracks me up. Because when you've experienced putting a newspaper together, you know just

News. They are as follows:

1. The news and events of the Concordia Neighborhood Association Board of Directors and CNA committees (After all, it is the association's newspaper!)
2. Letters to the editor
3. Community-focused, secular, non-profit news and events of interest to the Concordia neighborhood
4. Timely articles produced by volunteer reporters covering areas such as new business or community-relevant features
5. Information provided by columnists across a broad spectrum of subjects
6. As space allows, the Neighborhood Events calendar is available for Concordia-area secular event announcements of nonprofit organizations, and by businesses that donate the proceeds to nonprofits.

We invite readers to weigh in on subject interests. Visit ConcordiaPDX.org to participate in our survey.

A nod to the CNA Media Team

Although I will still be involved with CNews as an adviser, this is my last issue as managing editor and media team leader. Family needs beckon. It's been a rewarding 10-month experience during which I've enjoyed meeting many great people while producing and retooling CNews.

I have a special appreciation for the CNA Media Team. See their names in the righthand column on Page 2. They're a collaborative, creative and supportive group of people committed to bettering their community.

Thank you.

Now I must close because I have to make sure my words fit this space... exactly!

"It's amazing that the amount of news that happens in the world every day always just exactly fits the newspaper."

Jerry Seinfeld

how many decisions go into determining what ultimately makes it onto the page. And, for the record, being the decider is tough and pleasing everyone is impossible.

So to help readers – and contributors – understand why certain copy makes the paper and why some doesn't, we want to clarify space priorities for Concordia



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Community, Concordia U dedicate K-Street Commons

More than 100 people attended the Sept. 9 opening and dedication of the Concordia University K-Street Commons at 1650 N.E. Killingsworth St.

The pedestrian-oriented, ground-level restaurant and retail space is intended to encourage a vibrant, walkable and transit-friendly neighborhood, in addition to 34 units of housing for Concordia University graduate-level and age 25-plus students, including studios to one- and two-bedroom apartments.

Project partners were carefully selected to reflect the neighborhood interest and local ownership. The project was built in collaboration with Colas Construction, Hugh Development, UD+P,

Works Partnership Architecture, and master tenant Concordia University, along with a grant from Metro's Transit-Oriented Development program.

"I'm pleased this unique public-private-university partnership can help bring more housing options to the Concordia community," said Metro president Tom Hughes. "By making a relatively modest investment, Metro was able to help create more housing opportunities."

Andrew Clarke of Hugh Development, a project codeveloper, added, "This project was the culmination of vision, hard work, and a coordinated collaboration between so many partners."

"With K-Street, we've worked to cre-

ate a building that will contribute to the neighborhood fabric of the Killingsworth Corridor for generations," said Avi Ben-Zaken, cofounder of UD+P. "From the beginning, we designed the building to integrate with the surrounding environment and provide space for new locally-owned businesses."

Eric Cress, UD+P co-founder, noted, "Metro and Concordia University have been critical in bringing this project out of the ground and connecting it with the community. Their vision and partnership will ensure that the building benefits both students and the neighborhood over the long term."

Contributed by Concordia University

Text to 911

Text to 911 is available throughout Multnomah County, according to the Portland 911 Bureau of Emergency Communications.

The service is intended to benefit people who may not be able to speak due to an emergency such as a home invasion or abusive partner, as well as individuals who are deaf, hard of hearing, or who have limited speech capabilities.

"Like other 911 calls, Text to 911 should be used for in-progress emergencies, those requiring immediate response from police, fire and/or emergency medical services," said bureau liaison manager Laura Wolfe. If the situation is not an emergency requiring immediate response, she advised calling the public safety non-emergency line 503.823-3333.

For Text to 911, simply address your text to 911 – with no dashes or spaces – then type your message and send.

"Do not send your message to multiple people in a group text," she added. "That will stop the message from reaching a 911 center."

If you are within an area that does not yet offer the service, you will receive a return message that states services are not available. If that happens, place a voice call to 911 to report your emergency.

"It is critical that you know your location," the bureau liaison said. "In general, the 911 center cannot always identify your location if you're contacting us from a cell phone."

No word of Doug, but lots more on Nextdoor.com



By Carrie Wenninger
CNA Media Team

Where for art thou, Doug?

Sadly, no updates this month.

In a twist, gardeners growl,

"Prostrate knotweed ties up valu-

able green space, worst it's been in 20 years!" Try boiling water, vinegar to eradicate.

Got Rats? Multnomah County vector control can help. Reach them at 503.988.3464 and find helpful tips by

visiting MultCo.US/health/staying-healthy/pest-prevention-and-control/rats.

Good samaritan and super recycler: Juniana helps neighbors round up pesky, hard-to-recycle block Styrofoam, drives it out to Beaverton "for her own satisfaction." Two thumbs up, Juniana!

You know 911... but do you also have the non-emergency number handy? It's 503.823.3333. Save it to your phone now while you're thinking about it!

Sold a bill of (internet) goods? Neighbors are frustrated with Century Link's door-to-door bait and switch

tactics. Nextdoor poster recommends speaking with the loyalty department to sort out what was frustratingly over promised and under delivered. Let us know if it works!

Sad but true: It's 2016 and cat calling still happens on our streets. See someone being harassed? Tips for bystanders here: StopStreetHarassment.org/strategies/bystander-responses/

Go with your gut: Local community venue Cerimon House hosts a three-day event from Oct. 14 through 16. "Gut Instinct: Living and Eating in a Microbiome World" will help connect folks living with gut health issues to local resources.

IF YOU'RE GOING TO PLAY THE

GAME OF HOMES

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Update on speed limit reduction requests



By Garlynn Woodsong
Chair, CNA LUTC

In January, Concordia Neighborhood Association (CNA) made a formal request to the city of Portland to lower the speed limits on Alberta and Killingsworth streets.

Last December, CNA's Land Use & Transportation Committee (LUTC) recommended – and in January, the CNA Board unanimously adopted – a proposal to request the city lower the speed limits on Alberta from 25 to 20 mph, and on Killingsworth from 30 to 25.

The 20 mph on Alberta would match the limit on Fremont Street through Beaumont Village, in keeping with state statutes for commercial districts.

The 25 mph on Killingsworth would more closely reflect its status as a mixed-use pedestrian and bicycle corridor through a residential area.

Oregon statutory standards for speeds are:

- 15 mph – alleys, narrow residential roadways
- 20 mph – business districts, school zones
- 25 mph – residential districts, public

parks, ocean shores

Here's the current status of our requests:

Alberta Street – The request has not yet been investigated. It was finally assigned to a traffic engineer at the end of August.

Killingsworth Street – In early August, the city wrote, "After reviewing available data, we have determined the current speed zones on Killingsworth to be appropriate, given the layout, and similar to other comparable-sized roads in the area. Therefore, no changes were recommended."

It seems pretty clear the city engineer studying Killingsworth reached the wrong conclusion. The question should be, for the business districts on Killingsworth, what justification does Portland have for not implementing the 20-mph statutory business district speed? For the balance of Killingsworth, which runs through a mix of residentially-zoned properties, what justification does Portland have for not implementing the 25-mph statutory residential area speed? What is the rationale and justification for higher speeds in these locations, despite injuries and fatalities?

A local lawyer has taken notice, and wrote, "The Vision Zero Crash Map

shows two people were killed while walking, and 33 people were seriously injured while walking, bicycling or using vehicles in 2005-2014 on N/NE Killingsworth. Those numbers appear similar to other comparable-sized streets in the area

Portlanders will continue to die and suffer serious injuries on N/NE Killingsworth and on our other comparable-sized streets."

It's my understanding the Oregon Department of Transportation (ODOT) has granted 95 percent (36 of 38, as of 2015) of Portland's requests to lower speeds that were higher than the statutory speeds. I hope the city will increasingly feel it has engineering, moral and political mandates to seek revocation of ODOT orders on streets like Killingsworth, where speeds are posted at higher than statutory speeds, and where Portlanders are dying and suffering serious injuries.

CNA is appealing the city's Killingsworth decision, and the issue is currently being re-examined by the city's traffic investigations manager.

The city is also asking ODOT to consider all modes with a new proposed methodology for adjusting speeds on local streets (as reported recently by the Portland Tribune). Unfortunately, Killingsworth will not qualify, as it is classified as an arterial. Only collector and local streets would be eligible under the proposed guidelines. However, the traditional speed zone adjustment request would still certainly be feasible for Killingsworth.

It seems pretty clear the city engineer studying Killingsworth reached the wrong conclusion.

where speeds are similar... and where there are many businesses, schools, residences, and users of all modes. I believe it is reasonable to expect that if speeds and right-of-way uses stay the same,

Land use, transportation & livability update



By Ben Earle
Secretary, CNA LUTC

The LUTC plate brims with substantial developments on three issues that will affect Concordia neighborhood livability for years to come.

Portland 2035 Comprehensive Plan

The Concordia Neighborhood Association (CNA) Board approved a LUTC-drafted letter to city council that supports a modified version of the Residential Infill Project's (RIP) "Housing Diversity Perspective." The RIP's purpose is to identify how best to reduce house size and retain neighborhood character and livability, while increasing the range of housing types to address community concerns about the scale of new homes

and current housing supply challenges.

The topics of the city council's Oct. 6 and 13 public hearings on the Portland 2035 Comprehensive Plan are the updated zoning code and map changes that reflect the early implementation components of the plan adopted June 15. These updates include the R5 to R2.5 rezoning for homes in the Killingsworth-to-Jarret corridor from 22nd to 33rd as well as the CM-1 and CM-2 mixed-use zoning determinations that both the CNA and Concordia residents provided input about on multiple occasions.

For more information and to submit comments online or via letter, visit PortlandOregon.gov/bps, email PSC@PortlandOregon.gov, or call 503.823.7700.

Traffic safety

See CNA chair Garlynn Woodsong's report above about the city's reluctance to reduce speed limits on Alberta and

Killingsworth streets.

Jessica Horning, Oregon Department of Transportation (ODOT) bicycle/pedestrian coordinator, attended the Sept. 21 LUTC meeting. She presented the "Safety and Active Transportation Enhancements" project for the US 30B/Lombard Street corridor, from the St. Johns Bridge to Northeast 162nd Avenue. These improvements include lane reshaping and restriping, signage and signal upgrades, new lighting, sidewalk upgrades and Americans with Disabilities Act ramps, and renovated pedestrian and bike lane paths.

In response to CNA's advocacy for changes to the 42nd Avenue overpass bridge access to better ensure safe passage for bicyclists and pedestrians, ODOT will construct a new eastbound path behind the guardrail. As well as providing a much needed sidewalk, this will provide protected access to the 42nd ramp where the bridge supports currently create a "pinchpoint" in the bike lane that forces bicyclists into traffic.

Project construction is slated for the

first week of November with completion in early 2017. As ODOT continues to assess viable solutions for the more complicated westbound access situation, it will also consider the LUTC's suggestions for possible additional short-term additions such as road diets, warning signs with flashing lights, etc.

Bighouse development

As of press time, there is no new news to report on any design changes for the four-story apartment building underway at Northeast 30th Avenue & Killingsworth Street. Stay tuned for the next update in the November CNews.

Concordia residents are always welcome at CNA LUTC meetings, 7 p.m. every third Wednesday in the McMenamins Kennedy School Community Room. For more information, visit ConcordiaPDX.org/category/land-use-livability, send your questions to LandUse@ConcordiaPDX.org or email LUTC_Secretary@ConcordiaPDX.org to join the LUTC notification list.

What's Selling in Concordia?

193 Homes sold in RMLS in last 12 months as of Sept 19 th	10.1% Increase since 2015 Average Sale Price: \$398,273
Avg. Days on Market:..... 17	Average List:\$467,344
Avg. Cumulative Days on Market19	Median List:\$429,900
Median Days on Market:7	Average List \$ per square foot:\$228
Median Cumulative Days on Market7	Average Sold \$ per square foot:\$238
Avg. square feet:2,050	Median Sale Price:\$454,500
Median square feet:2,044	Average Sale Price: \$487,500

This information provided by Mark Charlesworth, Concordia resident & Broker Keller Williams, Portland Central. charlesworthhomes@gmail.com · 503.807.9911

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Concordia hosts first two Portland crossbikes

By Jonathan Maus
Bike Portland

In early August, crossbikes were painted at seven intersections around the city – the first two in Concordia neighborhood.

If you see one, don't fret. Treat them exactly like they sound: like crosswalks, but for bikes, almost.

In Concordia, they are on 33rd at Going and on Killingsworth at 37th. Elsewhere, they are at N.W. Johnson at 21st, N. Williams at Rosa Parks, N.E. Tillamook at 15th, N. Michigan at Killingsworth, S.E. Lincoln at 60th and N.E. Rodney at Fremont. Another 15 are planned.

All are on neighborhood greenway streets. Roger Geller, Portland Bureau of Transportation (PBOT) bicycle coordinator, said it's just the latest effort the bureau has undertaken to make crossings safer on what are designed to be low-stress, family-friendly streets where priority goes to people on bikes and on foot.

The crossbike locations must meet specific criteria that have been vetted by Geller and PBOT traffic engineers. They

are used only on what are known as "minor collector streets" – a designation that applies only if the street has (at the most) one lane of traffic in each direction, no more than 10,000 cars per day (with 1,000 in the peak hour) and a maximum speed limit of 30 miles per hour.

Each marking costs about \$4,000, including signs and crosswalk striping if necessary.

Geller said crossbikes are an idea he's been working on for several years, and it came from how he observed people using curb extensions – where curbs are bulbed out to narrow the crossing distance.

"When a cyclist was taking advantage of the curb extension and stopped at the end of it, it was clear from our observations that motorists would be paying attention more because they would stop," Geller said. "So we thought, if we put more indicators in the intersection that more clearly signal that this is a crossing, it would lead to even greater awareness."

Legally-speaking, crossbikes aren't crosswalks. In a crosswalk, drivers are required by law to stop for anyone on



Of Portland's initial seven crossbikes, the first one to appear was on 33rd Avenue at Going Street. Photo by Marcus Murray

bike or foot who shows intent to cross. Not so in a crossbike. But if you've walked or biked at all in Portland, you'll know that people tend to happily stop at neighborhood greenway crossings already, so these markings should only increase awareness.

PBOT plans to work with a Portland

State University researcher to evaluate the new markings to see whether they improve conditions.

Jonathan is publisher/editor of *Bike Portland*. This story is condensed from *BikePortland.org* coverage of the crossbikes. Contact him at Jonathan@BikePortland.org or 503.706.8804.

It's only 20 minutes to the beach on your bike!

By Garlynn G. Woodsong
Chair, CNA LUTC

I recently took a ride with my 5-year-old son, Noamie, on the back of my Dutch bicycle. We rode for about 20 minutes – to the beach!

That's right, just north of the Concordia neighborhood is a good-sized beach on the south bank of the Columbia River, just north of the airport.

Just like at the Pacific Ocean beach, he loved the sand and building castles, finding (freshwater) mussel shells and other bits of flotsam and jetsam, exploring dunes, and just being there.

The best way to get there by bicycle is to ride north on 33rd Avenue, and take a left when the bicycle lane ends just before Marine Drive. That leads to an underpass entrance on the right, which leads to the Marine Drive bike path. Follow this path across Marine Drive to the river side of the levy, then look for the well-worn dirt paths leading down to the river. We found a large driftwood log to lean our bike against and locked it to itself.

How is this relevant to my work with the Concordia Neighborhood Association (CNA) Land Use & Transportation Committee (LUTC)?

Well, access to green space for all citizens is a goal stated in many state and city planning documents, including the current Portland 2035 Comprehensive Plan. To the extent people find their desire for a trip to the beach can be satisfied by riding a bicycle to the river – rather than driving a car to the ocean – having such a beach so close can help reduce

All of this can contribute to our better health, both individually and collectively.

auto miles traveled.

Plus it's a great opportunity to get some fun exercise. All of this can contribute to our better health, both individually and collectively.

However, this bicycle connection to the beach could be safer. In particular, the southbound crossing of Columbia

Boulevard needs improving. Currently bicyclists have only a painted bicycle sharrow marker to tell fast-moving traffic the road is shared with bicycles. The bicyclists are navigating the southbound 33rd Drive ramp along Columbia Boulevard to the 33rd Avenue overpass to cross the railroad tracks and Lombard Street.

The LUTC is recommending the city plan to incorporate safety improvements – and better bicycle and pedestrian connections – on a redesign of this route.

We Concordia residents are lucky to have our very own beach within such easy bicycling distance. I'd like to see it safer!

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more details at albertamainst.org

Opinion

We should not get rid of cars so quickly



By Steve Elder

Is the city of Portland, abetted by developer-friendly activists, trying to abolish private automobiles? It certainly looks that way when you consider a report by mayor Charlie Hales' planning department, a group styling itself Portland for Everyone and several informal groups.

A picture in a June pamphlet published by the Bureau of Planning and Sustainability for the Residential Infill Project features a row of four "skinny" houses with driveways, two with cars. A

second version of the picture shows the same houses with the cars and driveways photoshopped out.

The city doesn't just make off-street parking vanish. The report allows no "front-loaded" garages at all.

Portland for Everyone is pretty much in accord with the city's call for smaller houses, lower roofs and mostly shorter setbacks. It would go further to outlaw off-street parking. Its website urges us to "end stealth parking subsidies," that off-street parking runs up the cost of housing and "tilts the scale toward automobile usage and away from forms of transportation that work better in cities." Works better for whom?

Some of us have arthritis, or grocer-

ies or young children to carry. We don't want to drive around the block to find a place to park.

Clearly the trend is away from cars. Presently in Portland there is less than one car per household. Perhaps in the future all will walk, ride a bicycle or use public transportation.

There are alternatives that address many of the points of the anti-car people. I have gotten permits for and presently am building a residence that addresses many issues raised:

- Do away with garages. Most people use their garages for storage rather than car shelter. I got an "exception" to my permit for a parking space in front of the house. Answering the charge that garage doors are ugly, my house will

have a front window and no garage.

- Make driveways permeable, not concrete slabs. I am using an open concrete lattice.
- Group driveways for adjacent houses. A driveway has only to be nine feet wide. Adjacent houses could share a driveway that branches off to each neighboring house.
- Alleys that about 15 percent of Portland lots. Cleaning and using them for car access would make neighborhoods more livable.

Bicyclists, walkers and bus riders have rights. They may be the wave of the future. But it shouldn't be all at once.

We shouldn't just slam the car door on private transportation.

Opinions expressed by these writers do not necessarily reflect the views of Concordia Neighborhood Association. Deadline is the 10th of the month prior to publication. Please contact CNewsEditor@ConcordiaPDX.org earlier to discuss space limitations.

Letter to editor

Concerned about driving, citizen safety

Every morning I walk my dog in our neighborhood, and every morning I see many people speeding, running stop signs, and ignoring crosswalks. Two people in less than 10 days have come up to the light at 33rd and Ainsworth and pulled into the crosswalk WHILE I'M IN IT. This morning I had to slap the hood of the car to get the driver's attention as he was rolling forward into me.

People aren't paying attention to our traffic laws. They're using their phones, eating, or generally distracted.

I live across the street from the Faubion Grade School construction site, where they are going to increase the number of students by a few hundred kids when it reopens. Dekum Street has become a speedway because it's long with no stops. What will happen when we have all those

kids starting school?

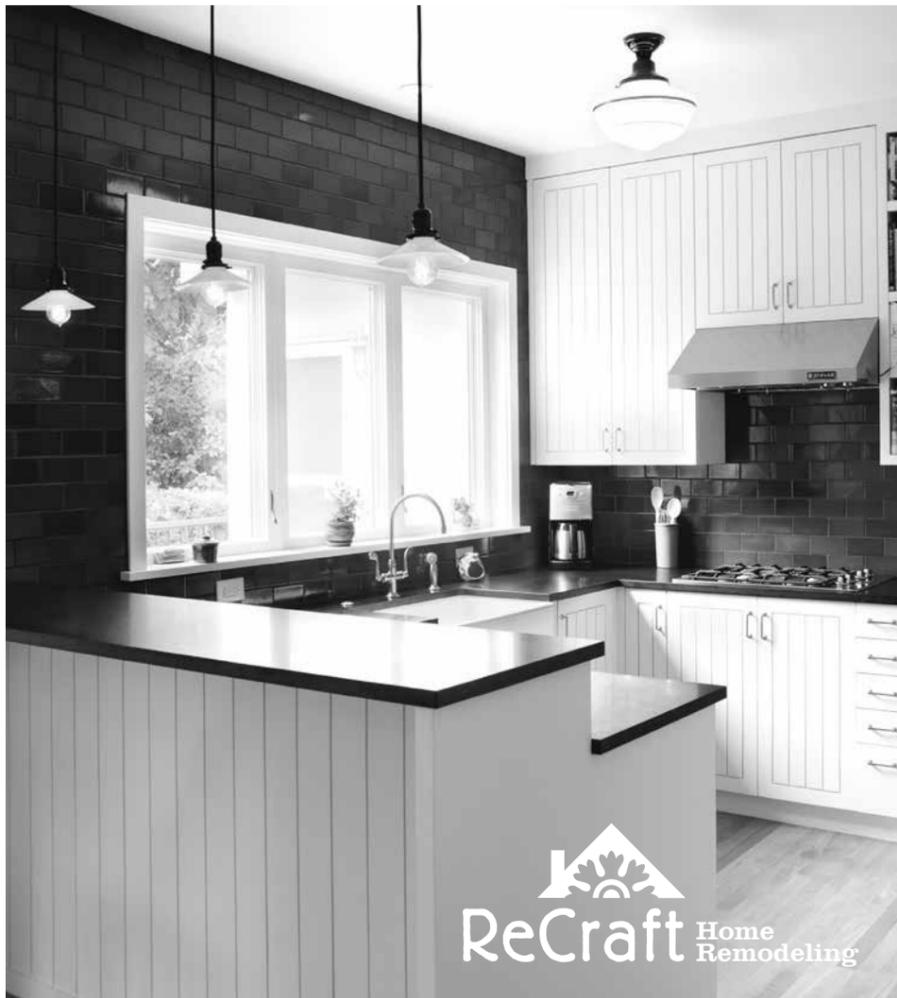
I called the police. They called me back a week later and said I could rent a "slow down" sign, and they would try to increase patrols. I haven't seen more patrols.

We have many more people moving here. The police are severely understaffed, our infrastructure is bursting at the seams, many roads are in disrepair,

and with all these new people come more cars. We need to start working together. I expect my city to be proactive, not reactive.

As for drivers, including myself, we need to remember each corner is a legal crosswalk for pedestrians, even if there are no stripes painted on the road.

James Keyes



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Design elements avoid costume hazards



By Karen Wells

Costumes bring out the magical in everyone, especially at Halloween. Whether it's a princess, a ghou, a pirate or the superhero de jour, keeping our children safe during the spookiest night of the year can be a challenge.

Creative costume designs can create trip and fall hazards. Layers of frilly or various fabric materials can become fuel for an unattended open candle flame (visit Consumer Product Safety Commission at CPSC.gov). If possible, skip the costumes with added flame retardant chemicals, especially Tris. True, flame-retardant-treated clothing doesn't burn

as hot and extinguish quickly, but most pose serious health risks to children (visit Environmental Working Group at ewg.org).

What to do? Try to use polyester- or cotton-based fabrics. Use only one type of fabric for the majority of the costume. Have your child wear a base layer of clothing against his or her skin. This protective layer will slow an advancing flame. Remember, to "stop, drop and roll!" to extinguish a flame. Don't use hands – let the ground do its job (see Closer Magazine at Lifestyle.one/Closer/).

What's a costume without a mask? The mask makes it all magical! Well, yes, and it has to have a snug fit on the head, with large enough eye holes allowing for as much vision as possible from all directions – direct and peripheral. Don't cover the ears. They won't hear the oncoming

car filled with other tricksters barreling down on them (visit BestPlaces.net/halloween).

Avoid the dragging cap that might cause trip and strangulation hazards. Leave the high heels at home because they're trips falls and ankle injuries waiting to happen.

Grab the reflective tape, let the kids go crazy enhancing their outfit. They'll come up with creative ways to be seen, while they chirp "Trick or Treat!"

Above all, be safe out there.

Karen is a master trainer in early childhood education and conducts health and safety trainings for parents and child care staff via Child Care Resource and Referral of Multnomah County. Email her at 5CornersFamily@gmail or text 619.244.7892.



Photographer Marcus Murray caught a glimpse of this pumpkin warming up for the busy holiday season.

Add safety to trick or treating plans



By Mary Tompkins
Portland crime prevention coordinator

Make your Halloween a safe and fun-filled event by developing a safety plan with your children. Consider before trick or treating:

- Determine if your children can go trick or treating without adult supervision. If they are at least 12 years old and mature enough, you may decide they can go out with buddies.
- Plan what to do if they become separated from you, another adult or friends.
- Teach your children to be aware and alert in public. A healthy vigilance over their environment can allow them to identify problems and prompt them to seek help. They shouldn't get distracted texting and playing games on their mobile phones.
- Review pedestrian safety:
 - Walking on sidewalks or the shoulder of the road instead of the middle of the street
 - Looking both ways and making sure drivers can see them before crossing
 - Crossing streets at intersections or crosswalks – not crossing in the middle of the street or between parked cars
 - Carrying a flashlight
- Map out the route they will follow, so

you will know where to find them. Set a time when they are expected to return from trick or treating. They should call you before changing their plans.

- Identify businesses and neighbors' homes along the route they can go to if they encounter someone who makes them uncomfortable.
- Visit only those homes where the porch lights are on.
- Accept treats at the door and never enter a stranger's house.

• Wait for you to inspect treats before eating them, and discard any candy that has packaging already opened.

• Look for alternative, family-friendly events to celebrate. Some business districts offer trick or treating during the day. (See Page 12 for Oct. 31 festivities.)

Halloween is a positive and memorable experience for kids and families. Talk to your children about safety, come up with a plan and have a great time!

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Thursday, October 6
**"Bridging Urban America:
The Story of Master
Engineer Ralph Modjeski"**
A documentary film and
presentation by the filmmakers
Theater • 7 p.m.

Tuesday, October 11
**RACE TALKS: An Opportunity
for Dialogue**
"PRODUCED BY HER"
Gym • 6 p.m. doors; 7 p.m. event

Thursday, October 13
**GREAT NORTHWEST MUSIC TOUR
TONY FURTADO**
American banjo, slide guitar, singer-songwriter
Gym • 7 p.m.

Saturday, October 15
**KENNEDY SCHOOL'S
101st BIRTHDAY**
Live music in the gymnasium by:
RED YARN
Bring the family! • Noon 'til 1:30 p.m.
MO PHILLIPS
Bring the family! • 2 p.m. 'til 4 p.m.
CORNER
4:30 p.m. 'til 6:30 p.m.
MEXICAN GUNFIGHT
7 p.m. 'til 10 p.m.

Thursday, October 20
**EXTRA CREDIT
BEER TASTING**
5 p.m. 'til the beer is gone
Brewery • 21 & over

Thursday, October 20
TONY SMILEY
Love-based vessel of music
Gym • 7 p.m.

Friday, October 21
**KENNEDY SCHOOL
BREWERS DINNER**
Smoked salmon corn chowder
paired with Pumpkin Golden Ale,
ribeye with smoked tomato demi
paired with Double IPA and more!
\$90 per person • 7 p.m. • 21 & over
Tickets at cascadetickets.com

Monday, October 24
HISTORY PUB:
**"Harmony and Hysteria:
Azalea Peet, Margaret Peppers,
and the Japanese American
Camps of World War II"**
Theater • 6 p.m. doors; 7 p.m. event

Thursday, October 27
McDOUGALL
Folk, old-time, rock 'n' roll, blues
Gym • 7 p.m.

Monday, October 31
HALLOWEEN
Willamette Radio Workshop presents:
DRACULA
4 p.m. 'til 5 p.m. and 5:30 p.m. 'til 6:30 p.m.
TRICK OR TREATING
4:30 p.m. 'til 6:30 p.m. in the halls
**FREAK MOUNTAIN
RAMBLERS**
Hilltop rock
7 p.m. 'til 10 p.m.





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Gardening Goddess says:

Cover crops provide green manure



By Jolie Donohue
The Gardening Goddess

Cover crops, sometimes known as “green manure,” are quick growing and planted primarily to keep the soil covered for a short period, often during fall and winter.

Then plowed under, they reduce erosion and suppress weeds by providing competition.

When the lush green decomposes, it returns large amounts of nutrients and organic matter to the soil. That stabilizes moisture content and improves garden soil texture.

Members of the legume family – crimson clover, Dutch white clover, fava beans, Austrian peas and vetch – return nitrogen to the soil. They host nitrogen-fixing bacteria and extract nitrogen from the air and convert it into a form that can be used by plants.

Other cover crops include rye, buckwheat and oilseed radish. There are also seed mixes that contain various cover crops.

Fall is a great time to plant cover crops. Unless you are growing winter crops, you are probably cleaning up and putting your vegetable garden to bed at this time of year. So why not plant some cover crops?

Depending on the variety you choose, they are usually seeded before November. Plant cover crop seeds by broadcast-

ing, check seeding rates for individual varieties. The seeds must be covered by soil and kept evenly moist while germinating. Most cover crops need full sun.

Every year at the beginning of Oc-

tober, we plant crimson clover in three raised beds. With a daily light watering, we are rewarded with germination in less than seven days, then lush green grass followed by bright flowers in the spring that attract bees before being turned over.

Fava beans are another excellent cover crop that grows into tall three-foot vigorous plants with beautiful flowers. The deep taproot loosens up those hard clay soils we have here.

Oilseed radish have the same beneficial taproot quality of fava beans; however, they are in the cabbage family so you need to consider them in your garden crop rotation schedule.

Rye germinates quickly and tolerates harsh conditions. Their dense mat of roots makes them excellent erosion controllers.

Jolie is a Concordia neighborhood resident who offers garden design and consultation services, and teaches workshops about therapeutic horticulture, floral design and seasonal recipes. For more information, visit MissJolieAnnKitchenGarden.blogspot.com and JolieAnnDonohue.com.

When the lush green decomposes, it returns large amounts of nutrients and organic matter to the soil.

Exercise can fight the effects of gravity, aging



By Penny Hill
Rising Sun Massage

A trainer I know refers to the exercises that most of us do as ones that make the “mirror muscles” look good. You know, the tight abs, the great arms and the chiseled

legs.

But today I want to talk about a set of muscles that – while no one is going to see the results of your hard work – are nonetheless critical to your well-being. They are, ahem, the pelvic floor muscles.

The pelvic floor is a set of muscles, nerves, tendon and ligaments. They attach front and back and side to side forming a hammock that supports the organs in the lower torso: the vagina, rectum, uterus and bladder.

Like all muscles of the body, they need exercise. As the pelvic organs are acted on by gravity and other pressures, they tend to move downward. This can cause changes in continence of, let’s call them, wind, water and earth. The other common causes of a weakened pelvic floor include childbirth, obesity and the associated straining of chronic constipation.

An online search will yield good exercises to strengthen these muscles. But

here is an easy start. Lie down on your back and tighten the muscles at the very bottom of your torso, between your legs.

There are three separate areas to work. Start in the middle – these are the

Like all muscles of the body they need exercise.

muscles that control the flow of water. Now think of tightening the area in front of that, and then the area to the rear of that. That’s it.

You may find in the beginning it is hard to locate these areas. You’ll recruit muscles from the glutes and abdomen, but keep going. Eventually you’ll be able to isolate just the ones you’re aiming for.

Remember to relax the contractions, too. You are re-establishing neural connections that have atrophied and, over time, it will become easier.

Penny, LMT, Certified EFT Practitioner can be reached through Concordia-MassagePros.com.

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—Horace Greeley

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Converted fire station offers clues to early use

The question:

The building with a flagpole on the east side of 33rd near Alberta looks kind of out of place for a house, but too residential to have been a commercial building. What's the story there?

– Bianca Karjalainen, 32nd Avenue

The historian reports:



By Doug Decker
Historian



Good eye. The building in question – 4828 NE 33rd Ave. – is the current home of the Oregon Stamp Society (OSS) but was originally constructed as a fire station, home of Engine Company 34, built in 1928.

The station was opened and dedicated Nov. 1, 1928, with Captain Dan Shaw in charge and R. Mitchell as junior captain. Over the

years, the station also served the neighborhood as a polling place, toy drop-off during holiday charity drives, and the focus of summer community barbecues and open houses.

During the teens and 1920s, a series of similar small fire stations – that each typically housed just one engine and were known as “three-man stations” – were constructed in the heart of Portland’s residential neighborhoods. They were designed to fit in. Have a look at similar stations at 2200 N.E. 24th Ave. and at Southeast 13th Avenue and Tenino Street which, incidentally were also decommissioned in the late 1950s.

Portland Fire Chief Lee Holden (1925-1927), who was also an amateur architect, designed these stations. Holden’s attention to details – the choice of red brick, the wide and inviting gables and exterior columns, the operating multi-pane casement windows, the interior boxed-beam ceilings and classic interior wood trim – all speak to popular residential design elements of the period.

Much of the original station interior on 33rd Avenue has been remodeled to serve the needs of the stamp club, but there are clues to its earlier life



The Oregon Stamp Society building at 33rd Avenue and Alberta Court may not look like a fire station now. But it did in the early 20th century.

Much of the original station interior on 33rd Avenue has been remodeled to serve the needs of the stamp club, but there are clues to its earlier life

- The original fire station kitchen in the basement, with a bank of lockers to hold firefighters’ food
- The entry and waiting area (including fireplace, mantel and built-in inglenook bench)
- The captain’s office
- The roof dormer, which was once the top end of a tower for drying wet fire hose

Mechanical systems, according to OSS president Eric Hummel, have been

replaced several times since the society acquired the building in 1960.

The original garage door for the fire engine was on the front right of the station, but a casement window from the south side was put in its place when the opening was bricked over in the early 1960s.

The station was functional until August 1959, when fire operations for the area shifted to the new station at 19th and Killingsworth (more on that in a moment), and Engine Company 34 was sent to serve the St. Johns neighborhood.

The closure was the result of a reorganization of the Portland Fire Bureau by city commissioner Stanley W. Earl and a \$3 million bond measure passed by voters in 1957 to build seven new stations across the city.

The OSS purchased the decommissioned building in 1960 for \$13,500. Reportedly, a church was vying to acquire the building as well.

The neighborhood mounted a major protest in 1959 when city council chose the site across from Vernon School as the location of the new fire station. Any CNews readers remember that uproar? We’re also looking for any photos of the old station during its years of operation. Stay tuned for details in a future column.

Have a question for the neighborhood historian? We love solving mysteries. Send your question to CNewsEditor@ConcordiaPDX.org and we’ll ask Doug Decker to do some digging.

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Saturdays, Oct. 1, 8, 15, 22, 29
STORY TIME
Location: Jody Thurston NW Center for Children's Literature, Concordia University

10:30 am
 All interested children & parents are welcome, to share books, sing songs & tell interactive stories. Reading sessions are about 30 minutes, followed by themed crafts. Each session is on a drop-in basis.
Details: cu-portland.edu/about/events/campus-calendar

Mondays, Oct. 3 & 17; Tuesday, Oct. 11; Wednesday, Oct. 19
LEAD POISONING PREVENTION WORKSHOPS
Locations:

Oct. 3: East County WIC, 600 NE 8th St., Gresham, 2 - 3 pm
 Oct. 11: Albina Library, 3605 NE 15th Ave., 6 - 7:30 pm
 Oct. 17: Northwest Library, 2300 NW Thurman St., 6 - 7:30 pm
 Oct. 19: East Portland Community Center, 740 NE 106th Ave., 6 - 7:30 pm
 Learn to prevent lead exposure at home. Great for households with children, pregnant women in housing older than 1978, others concerned about lead exposure. Qualified participants receive free kits of safety & testing supplies from Community Energy Project.
Details/registration: communityenergyproject.org, 503.284.6827, ext. 109

Tuesdays, Oct. 4 - Nov. 8
POWERFUL TOOLS FOR CAREGIVING
Location: Hollywood Senior Center, 1820 NE 40th Ave.
 10 - 11:30 am
 This support & educational group helps caregivers take care of themselves while caring for others, & includes information about local resources.
Details/registration: pre-register 503.288.8303

Saturday, Oct. 8
CULLY FARMERS MARKET
Location: 5011 NE 42nd Ave. @ Alberta St. (parking lots of Old Salt & Roses.)
 4 - 7 pm
 Final market of 2016, harvest picnic, local produce, food vendors, live entertainment, plus crafts & activities for kids; up to \$10 match for SNAP recipients
Details: cullyfarmersmarket.org, 503.912.8936

Thursday, Oct. 6
ST. MIKE'S KITCHEN: GERMAN FOOD
Location: St. Michael's Lutheran Church, 6700 NE 29th Ave.
 6 - 8 pm
 Join others in the kitchen to make & enjoy a variety of German foods. Some will be started/finished in advance, due to preparation time (i.e., sauerbraten & Black Forest cherry cake). Participants will make spaetzle, blaukraut (red cabbage) & rouladen.
Details: RSVP st.mikes@kitchencommons.net, 503.997.2003

Saturdays, Oct. 8 & 15
DIY WEATHERIZATION WORKSHOP
Locations:
 Oct. 8: Multnomah County Library, Troutdale, 2451 SW Cherry Park Rd, Troutdale, 1 - 3 pm
 Oct. 15: Midland Library, 10:30 am - 12:30 pm
 This interactive, hands-on workshop offers the tools to make the home you rent or own more comfortable & energy-efficient. Qualified participants receive free kit of weatherization supplies.
Details/registration: communityenergyproject.org, 503.284.6827, ext. 109

Sunday, Oct. 9
BIKE THE LEVEES
Location: Columbia Slough
 10 am - 1 pm

Bring your bike & your friends for an easy-terrain, 15-mile tour of Portland's levee system hosted by Multnomah County Drainage Districts & Columbia Slough Watershed Council. Learn about functionality & history of Portland's levee system which protects people & properties from flooding.
Details/registration: helmets required; recommended for ages 12+; pre-registration required: columbiaslough.org/events/event/356/, 503.281.1132

Monday, Oct. 10
LEAD-SAFE HOME PROJECTS WORKSHOP
Location: Community Energy Project, 2900 NE Stark St., Suite A
 6 - 7:30 pm
 Before any demo, scraping, sanding, remodeling in pre-1978 housing, check out this Community Energy Project class. It's for anyone who wants to do a small project that may involve exposure to lead paint, small construction project in an older home.
Details/registration: communityenergyproject.org, 503.284.6827 ext. 109

Tuesday, Oct. 11
RACE TALKS
Location: McMenamins Kennedy School Gymnasium
 Doors open 6 pm, discussion 7 pm
 These opportunities for dialogue about race in Oregon – both historically & up to the current time – are presented by McMenamins History & Donna Maxey.
Details: RaceTalksPDX.com/

Tuesday, Oct. 11
TIES THAT BIND
Location: Concordia University, George White Library, Room 120
 2 - 4 pm
 Join support & resource meeting for grandparents, foster grandparents & family members caring for grandchildren.
Details: 503.408.4088

Thursday, Oct. 13
ST. MIKE'S KITCHEN: MEAL FOR SENIORS
Location: St. Michael's Lutheran Church, 6700 NE 29th Ave.
 11:45 a.m.
 At this meal, all seniors are invited to simply come to enjoy a light meal featuring turkey vegetable soup & sides.
Details: RSVP st.mikes@kitchencommons.net, 503.997.2003

Saturday, Oct. 15
FALL BIRD WALK
Location: Smith & Bybee Wetlands
 8 am - noon
 Join wildlife biologist & Audubon trip leader Jason Wolf to walk the riparian areas & explore the largest wildlife area within a city limits in the U.S. Autumn is a perfect time to see a wide variety of birds because many species arrive to spend the winter here.
Details/registration: \$5/person suggested donation, all levels welcome, group limited to 15. Pre-register: columbiaslough.org/events/event/423/, 503.281.1132

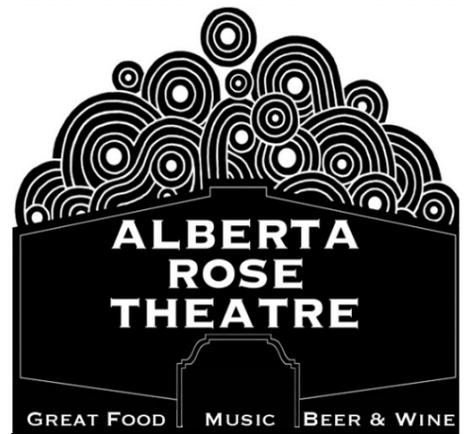
Sunday, Oct. 16
ART EXHIBITS OPENING RECEPTION
Location: George R. White Library, Learning Center, Concordia University
 2 - 4 pm
 Two exhibits are on display Oct. 14 - Dec. 18:
 Bus #75/ Hidden Portland: Geoffrey Hiller photography: unique photographic exploration that follows route of TriMet route 75 route 18 miles between St. Johns & Milwaukie, & traverses through Concordia neighborhood; visit Hiller's blog: bus75.org. Boycott! The Art of Economic Activism: more than 50 posters from historical & contemporary boycott movements demonstrate power of poster art to provide visual history of economic activism spanning 60 years.
Details: cu-portland.edu/academics/libraries

Thursday, Oct. 20
ST. MIKE'S KITCHEN: SLOPPY OTTOS
Location: St. Michael's Lutheran Church, 6700 NE 29th Ave.
 6 - 8 pm
 Help prepare & eat Sloppy Ottos, German take on Sloppy Joes that feature pork sausage, sauerkraut, peppers, onions & cheese served on a pretzel bun. Then make sauerkraut to take home in your own 1-quart Mason jar with lid.
Details: RSVP st.mikes@kitchencommons.net, 503.997.2003

Friday Oct. 21
OWL PROWL
Location: Whitaker Ponds
 7 - 9 pm
 Learn more about these amazing nighttime predators at this family friendly event. An indoor presentation covers local owls & their adaptations. Then the outdoor night hike offers the opportunity to look & listen for the great horned owls (& bats, deer & beavers).
Details/registration: \$5/person suggested donation. Dress for the weather. Pre-register at www.columbiaslough.org/events/event/129/, 503.281.1132

Monday, Oct. 31
TRICK OR TREAT ALBERTA STREET
Location: Alberta Street
 3:30 - 6 pm
 The fifth annual event provides costumed kids the opportunity for fun, safe trick or treating at about 50 local businesses that display Trick or Treat Alberta Street posters. The first 500 young, costumed trick or treaters at Green Bean Books, 1600 NE Alberta St., receive a limited-edition trick or treat bag.
Details: albertamainst.org/whats-happening/trick-treat-alberta-street/, 503.683.3252

Monday, Oct. 31
TRUNK OR TREAT
Location: Trinity Lutheran Church parking lot, 5520 NE Killingsworth
 4:30 - 6:30 pm
 This is a safe place for your kids to trick or treat.
Details: office2@trinityportland.org, 503.288.6403



OCTOBER 2016	
2	AN EVENING WITH JONATHA BROOKE
4	MORTIFIED TV SERIES TAPING SPECIAL EVENT
7	THE MYSTERY BOX SHOW
9	AN EVENING WITH OTTMAR LIEBERT & LUNA NEGRA
12	RICHARD SHINDELL SUZZY ROCHE & LUCY WAINWRIGHT-ROCHE
13	LIVE WIRE RADIO PHOEBE ROBINSON & BILL OAKLEY & BLIND PILOT
15	EVIL DEAD THE MUSICAL TWO SHOWS
16 3PM	TASTES LIKE FREEDOM: THE STORY OF CAMP BLUE SPRUCE A DOCUMENTARY FILM
16	KANDACE SPRINGS
17	JOHN MCLAUGHLIN + MARC SCIBILIA & BRAD RAY
18	LED KAAPANA & DA UKULELE BOYZ
19	OREGON HUMANITIES PRESENTS THINK & DRINK WITH KATHERINE BOO
21	NIGHT FLIGHT'S FRIGHT NIGHT A HALLOWEEN CIRCUS
22	
23	SIERRA HULL
27	NIGHTMARE
28	B4 XMAS
29	
30	

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 503.764.4131
 3000 NE ALBERTA

Holiday Centerpiece Class
Flowers In Flight . 1413 NE Alberta St.
November 5th, 2016 4-6pm

Kick off the holiday season with a fun and engaging lesson in centerpiece making. Enjoy a glass of wine and a nosh, all while learning how to create a uniquely beautiful centerpiece for your holiday table. Get details/reserve your spot with Lily Hutchins by Sat. Oct 29th by calling 503.274.7088 or emailing lily@flowersinflight.com.

\$75 covers the cost of the class and all materials.

Free
HOMEBUYER & SELLER CLASS


 Saturday, October 22nd
 11:00 AM


 McMenamins Kennedy School
 The Community Room
 at 5736 NE 33rd Ave.,
 Portland, OR

Presented by:
 Patty Goldberg & Judy Caramella
 The Goldberg Group | Realtors
 (503) 969-7661 or (503) 319-0726


 Wendy St. Clair
 Loan Originator | NMLS# 475089
 (503) 329-8297


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