



# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | [ConcordiaPDX.org](http://ConcordiaPDX.org)

July 2016

## IN THIS ISSUE

Chair's Corner	2
Community & Association	3
Land Use & Real Estate	7
Opinion	8
Business	9
Kids & Family	10
History & Culture	11
Neighborhood Events	12

## Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia Neighborhood.

## Mission Statement

To connect Concordia residents and businesses - inform, educate and report on activities, issues and opportunities of the neighborhood.

## Website

[www.ConcordiaPDX.org](http://www.ConcordiaPDX.org)

Concordia Neighborhood Association  
P.O. Box 1194  
Portland, OR 97211

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## Mark your calendars for FRIDAYS in JULY!



**July 8th:** Vacasa presents Tony Starlight (Music, laughter, Sinatra to the 80's)



**July 15th:** The Quick & Easy Boys (Harmonious Indie Rock)



**July 22nd:** LaRhonda Steele (Irresistible Soul Music)



**July 29th:** Mariachi Viva Mexico (The premier mariachi band in the Northwest)



**TUES., August 2** for NATIONAL NIGHT OUT Concordia Neighborhood Association presents: The Wanderlust Circus Orchestra (Rip-roaring cabaret)

## FERNHILL PARK CONCERT SERIES plus, Tuesday August 2nd for National Night Out!

The Fernhill Concert Committee has a sizzling line-up planned for this year's Concerts in the Park series. These five bands from five distinct musical genres represent some of the best that the Pacific NW - and the world, has to offer. Bring a blanket or chairs, a picnic dinner, and join us to groove to the tunes!

**All concerts start at 6:30 p.m. and end at 8:15 p.m.**

**Children's activities by COLLAGE begin at 6 p.m.**

See page 4 for more info about each band.



**NE SUNDAY PARKWAYS JULY 24**  
Bike, walk, or dance and sing your way around our neighborhood.



**TIES THAT BIND**  
Program assists those raising grandchildren, others kids not their own.



**ALBERTA ARTS TOUR JULY 7**  
Join Know Your City and Alberta Art Works for an arts-focused walking tour of Alberta Street.

See page 5

See page 10

See page 12

P.O. Box 11194  
Portland, OR 97211





**ISAAC QUINTERO**  
Chair  
Concordia Neighborhood Assoc.

Land use hot topic in Concordia,  
need your input on this, other  
neighborhood concerns

CHAIR’S CORNER

Hello Neighbor,  
Thank you for checking back in. First I want to state how impressed I am with our CNA board members who have been working tirelessly on our neighborhood’s behalf. I have worked with many boards of directors, in both the private and public sectors, and can say with total confidence this board is as capable as any corporate board with which I have ever worked. The board has been discussing oil train spills, toxic air and soils problems generated by industry, Summer Concerts at Fernhill Park, neighborhood Clean-Up day, and assisting Concordia University’s Community Outreach programs by offering the opportunity to reach our readers via the pages of Concordia News. We are pleased we can provide this venue to help Concordia University in its effort to make a positive impact on our community. You will find updates to some of these topics in this issue of Concordia News, and I encourage you to dig deeper for information of special interest to you.

Opportunity to input on neighborhood land use plans

At the June 14 board meeting we heard from our own Land Use & Transportation Committee and from Mary Kyle McCurdy, staff attorney for 1,000 Friends of Oregon. Mary gave us an update on potential changes to City of Portland building code. Mary Kyle has been advocating on behalf of “Portland for Everyone,” whose focus is to provide community input to the City of Portland Bureau of Planning and Sustainability to help balance the need for increased density with the quality and character of existing neighborhoods.  
There is probably nothing that will impact our neighborhood more in the near and far future than the upcoming building code changes, so please keep an eye out for updates. Most importantly, give your voice a vote in the decision making process.

*“There is probably nothing that will impact our neighborhood more in the near and far future than the upcoming building code changes...”*

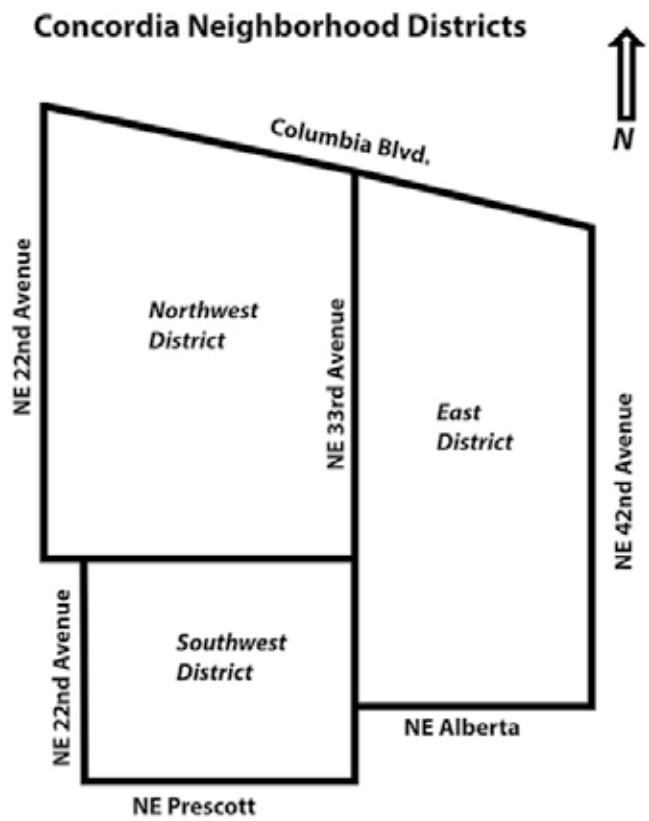
This is no time to sit on the fence to see what happens. The board is only one voice amongst many stakeholders, so we need each one of you to voice your opinion. The public outreach phase is now kicking off. (Look for details in LUTC Chair Garlynn Woodsong’s Residential Infill Project update on page 7.)  
Looking forward, we have serious challenges and opportunities in which your board can play a vital role in affecting positive change, but we can only do this if we hear from you. Sad to say, but over the last six months I’ve received only seven comments or requests for topics to be added to the board agenda. So we are working on what we believe to be your most important issues, but given the limited input we’ve had, we might be missing something that’s important to you.

This request for input is not just for board consideration, it also affects what we pursue as “relevant news” when publishing Concordia News.

Amanda Fritz likely at September General Meeting

Amanda Fritz, City of Portland Commissioner, has tentatively accepted the board’s invitation to attend CNA’s September 13th General Meeting. We will be asking her what Concordia neighborhood –relevant agenda items she will focus on during her upcoming city council tenure. Hearing directly from Commissioner Fritz, and helping her understand what is important to us, provides an opportunity for all parties to ensure we are working together for the benefit of our community. I invite you to attend this important General Meeting. Please let me know if you have specific questions you would like put to the Commissioner.

Thanks again,  
Isaac Quintero  
Chair/Concordia Neighborhood Association



Concordia Neighborhood Association  
Board of Directors (Elected Jan. 1, 2016)

East1   east1@concordiaPDX.org	Steve Elder
East2   east2@concordiaPDX.org	Vacant
NorthWest1   nw1@concordiaPDX.org	Isham “Ike” Harris
NorthWest2   nw2@concordiaPDX.org	Sean Duffy
SouthWest1   sw1@concordiaPDX.org	Garlynn Woodsong
SouthWest2   sw2@concordiaPDX.org	Daniel Greenstadt
At Large1   al1@concordiaPDX.org	Robert Bowles
At Large2   al2@concordiaPDX.org	Donn Dennis
At Large3   al3@concordiaPDX.org	Joe Culhane
At Large4   al4@concordiaPDX.org	Ali Novak
At Large5   al5@concordiaPDX.org	Chris Lopez
At Large6   al6@concordiaPDX.org	Truls Neal

**Need a place for your party?**  
The Community Room at McMenamins Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds.  
\$15/hr. for nonprofits. All others just \$25/hr.  
Email: [CommunityRoom@ConcordiaPDX.org](mailto:CommunityRoom@ConcordiaPDX.org)

Concordia Neighborhood Association

Meetings & Updates

**Board Meeting**  
July 12 @ 7:00 PM - 8:30 PM  
Second Tuesday of the Month  
McMenamins Kennedy School Community Room

**General Membership Meeting**  
September 13 @ 7:00 PM - 9:00 PM  
Second Tuesday Bi-Monthly  
McMenamins Kennedy School Community Room

**Social Committee**  
If you’d like to volunteer to help with the Fernhill Concerts in the Park and/or National Night Out Pedestrian and Bicycle Parade, please contact Katie Ugolini at [ktugolini@gmail.com](mailto:ktugolini@gmail.com) or call (503) 449-9690.

**Finance Committee**  
Policies/Procedures visit our website or email: [Treasurer@ConcordiaPDX.org](mailto:Treasurer@ConcordiaPDX.org)

**Media Team**  
July 19 @ 6:00 PM  
3rd Tuesday of the Month. Location changes monthly. Join the Media Team to volunteer on the newspaper, Website or Social Media. For more info & meeting location contact Susan Trabucco at [susan@trabucco.biz](mailto:susan@trabucco.biz) or call (503) 440-7732

**Land Use & Transportation Committee**  
July 20 at 7:00 PM  
Third Wednesday of the Month  
McMenamins Kennedy School Community Room  
[LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org)

**CNA Chair**  
Isaac Quintero  
(503) 351-4585 | [Chair@ConcordiaPDX.org](mailto:Chair@ConcordiaPDX.org)

**CNA Vice Chair**  
Chris Lopez | [Vicechair@ConcordiaPDX.org](mailto:Vicechair@ConcordiaPDX.org)

**CNA Secretary**  
Ali Novak | [Secretary@ConcordiaPDX.org](mailto:Secretary@ConcordiaPDX.org)

**CNA Treasurer**  
Robert Bowles  
(503)490-5153 | [Treasurer@ConcordiaPDX.org](mailto:Treasurer@ConcordiaPDX.org)

**Concordia Community Room**  
Rental | [CommunityRoom@ConcordiaPDX.org](mailto:CommunityRoom@ConcordiaPDX.org)

**Crime Prevention Officer**  
Mary Tompkins  
(503)823-4764, [mary.tompkins@portlandoregon.gov](mailto:mary.tompkins@portlandoregon.gov)

**Neighborhood Response Team Officer**  
Anthony Zoeller  
(503)823-0743, [Anthony.Zoeller@portlandoregon.gov](mailto:Anthony.Zoeller@portlandoregon.gov)

**Submissions**  
The deadline for submissions is the 15th of the month prior to Monthly publication.

**Advertising**  
Please send ad inquiries to [CNewsBusiness@ConcordiaPDX.org](mailto:CNewsBusiness@ConcordiaPDX.org)

**Editor**  
Please send article submissions to the Editor  
[CnewsEditor@ConcordiaPDX.org](mailto:CnewsEditor@ConcordiaPDX.org)

**CNA Media Team**  
**CNA Board Advisors:** Daniel Greenstadt & Steve Elder

**CNEWS Production:** Susan Trabucco, Gordon Riggs, Dan Werle, Kathy Crabtree, Tom Faulkner, Carl Jameson, Carrie Wenninger

**CNA Website:** Michael French, Tami Fung

**CNA Facebook:** Eric Hoyer





## New faces in lead media team positions, still seeking ad rep

By Daniel Greenstadt, CNA Board of Directors

As you may have read in past CNEWS issues, in order to help ensure a bright future for our community newspaper, in May the CNA board voted to fund four paid, part-time contract positions. Three of the positions were filled as of the CNA June 14 board meeting, effective with production of the August issue of Concordia News.

The advertising sales representative position remains unfilled, so please spread the word to your marketing-savvy friends

It's the pleasure of the CNA board of directors – and hopefully CNEWS readers as well – to welcome the following individuals to the CNEWS family as we embark on a new era of ever-improving service to our community.



Susan Trabucco

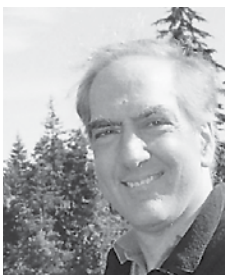
**Susan Trabucco** was named to the Managing Editor position. A Beaumont-Wilshire resident, Susan has been volunteering as team leader, editor, layout/graphic design and advertising

sales for CNEWS since early this year. Susan brings to CNEWS a background that includes 10 years in sales and sales management, 15 years as a freelance public relations and communications professional, and five years as an entrepreneur publisher; in 2006 she launched a monthly regional business and real estate journal established in Astoria, Ore. As the sole owner of the newspaper, she served as editor and publisher to a staff of five. She sold the newspaper in 2011. Susan is currently self-employed as a business communications consultant, providing P.R. and marketing services. She is a graduate of Lewis & Clark College.



Nancy Varekamp

**Nancy Varekamp**, who is new to Concordia News, was named to the Editor position. Nancy brings 43 years of communications experience to CNEWS, all of them editing and writing newspapers and newsletters, and 35 of them additionally advising clients on the strategies and mechanics of communicating with their stakeholders. She spent seven years as a reporter and editor in Tigard, 20 years in public relations and employee communications with Pacific Power, and has served a variety of clients for 16 years as an independent communications consultant. Nancy has lived in nearby Rose City Park for 22 years. She is a Lewis & Clark College graduate with a bachelor's degree in communications.



Gordon Riggs

**Gordon Riggs** was named to the Layout/Graphic Design position. A Concordia resident, Gordon stepped up to volunteer for the recently revitalized CNA media team in January this year, initially assisting with the CNA website; he then volunteered to undertake CNEWS layout for the June issue. He has a long career history as a project manager, engineer and software developer. Gordon transitioned to the field of graphic design around eight years ago, studying at the Pacific NW College of Art. He is a graduate of the University of Oregon, awarded the honor of Phi Beta Kappa. Gordon is currently self-employed as a graphic and website designer and consultant.

## Board Bullet POINTS: News from your neighborhood association board

The CNA Board held its regularly scheduled monthly meeting on June 14, 2016. Some highlights from the meeting are:

- The CNA will have games for kids and an informational table at NE Sunday Parkways on July 24 at Fernhill Park. Stop by and say “hi” and hear about what your neighborhood association is working on for the benefit of the neighborhood, and learn how you can get involved. (See more about NE Sunday Parkways on page 5).
- Garlynn Woodsong, chair of CNA's Land Use and Transportation Committee, provided an update on the city's Residential Infill Project Stakeholder Advisory Committee. Guest speaker Mary Kyle McCurdy, with 1000 Friends of Oregon and representing the Portland for Everyone coalition, provided some background information on how various plans under consideration will affect development in Portland's neighborhoods. Both Garlynn and Mary Kyle served on the Residential Infill Project Advisory Committee. (Find out more in this month's Land Use Update

on page 7, including how you can provide input at an upcoming open house and via online survey.)

- The Board heard an update on planning for National Night Out, scheduled for Tues., August 2. CNA's event will include a children's parade that starts at Dekum Court followed by the last Summer Concert of the season at Fernhill Park. (See front page for the concert schedule.)
- The CNA media team provided an update on its staffing proposal to contract several paid positions to help produce Concordia News. The Board approved the hiring of contractors for three of the four advertised contract positions: Managing Editor, Editor, and Graphic Designer/Layout. (See above for more details.) The search for an Ad Sales person is still active, so please visit the CNA website to learn more and apply today.
- The next Board meeting is Tuesday, July 12 at 7 p.m. at McMenamins Kennedy School, in the Community Room. Meetings are open to all - we hope to see you there!

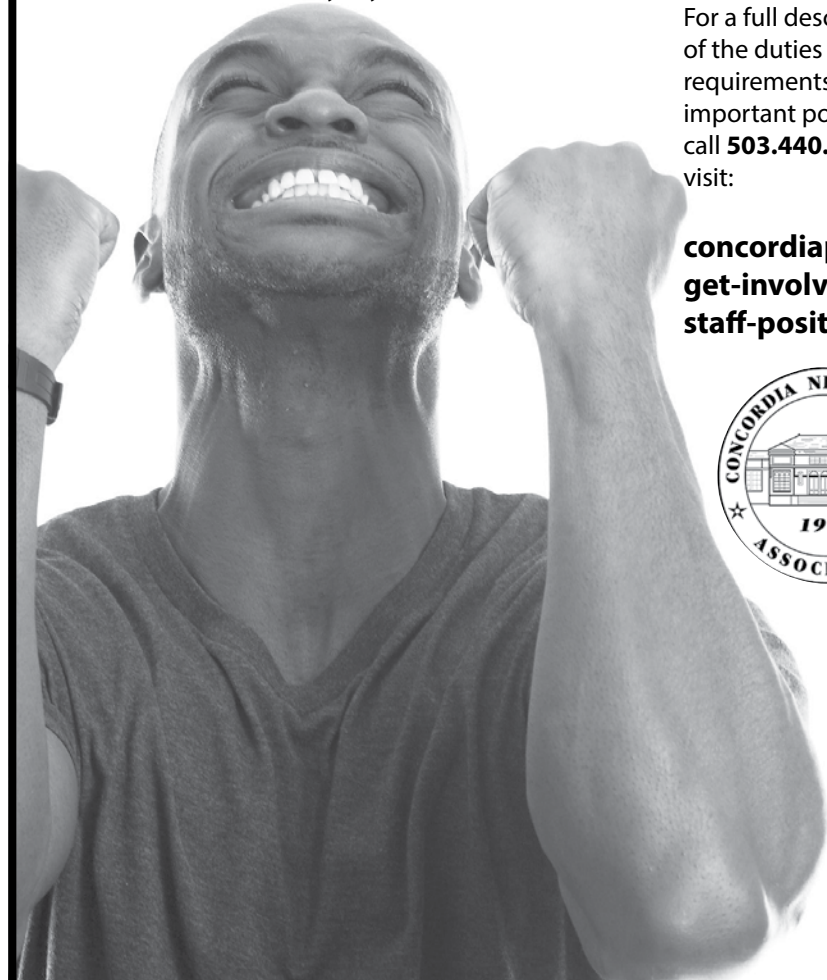
# YESSSSS!

...it feels great to be an ad sales professional.  
So be one for US!

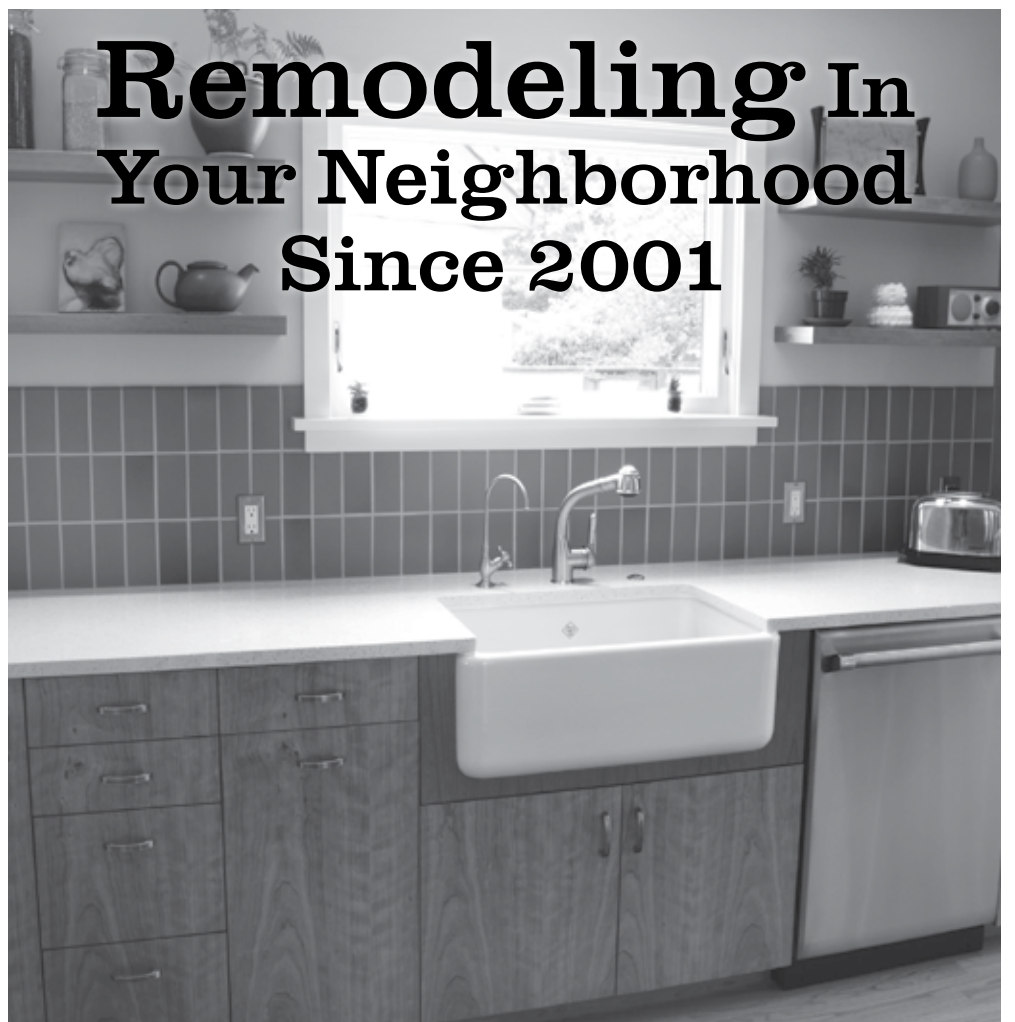
Do you have marketing savvy and a customer-focused approach to advertising sales? Join the CNA Media Team as our **Advertising Sales & Service Representative**. Earn \$\$\$ while helping advertisers reach our 10,000 very loyal readers.

For a full description of the duties & requirements of this important position, call **503.440.7732** or visit:

**concordiapdx.org/  
get-involved/open-  
staff-positions**



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July 1-3: IPA  
July 4-10: Fruit Beer  
July 11-17: Copper Moon  
July 18-24: 50/50 Blend  
July 25-31: Porter

Thursday, July 7

### **MEXICAN GUNFIGHT**

Seasoned and soulful songcraft  
Gym • 7 p.m.

Tuesday, July 12

**RACE TALKS:** An Opportunity  
for Dialogue  
“What Does It Mean to Be White in  
America? Breaking the White Code  
of Silence: A Collection of  
Personal Narratives”  
Gym • 6 p.m. doors; 7 p.m. event

Thursday, July 14

### **FREAK MOUNTAIN RAMBLERS**

As part of Great Northwest Music Tour  
Hilltop rock  
Gym • 7 p.m.

Thursday, July 21

**EXTRA CREDIT  
BEER TASTING**  
CONCORDIA COMMON  
5 p.m. ‘til the beer is gone  
Boiler Room Bar • 21 & over

Thursday, July 21

### **SATSANG**

Reggae, folk & hip-hop  
Gym • 7 p.m.

Monday, July 25

**HISTORY PUB:**  
“Fred’s Beer: A Sampling  
of What He Left Behind”  
Theater • 6 p.m. doors; 7 p.m. event

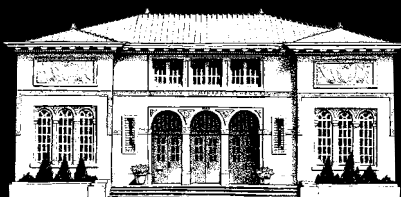
Thursday, July 28

**Global Folk  
Club hosted by  
Andrea Wild**

English ballads, Irish sing-alongs,  
Celtic songs  
Gym • 7 p.m.

**TUESDAY  
MOVIE SPECIAL**  
Pizza, Pint & Movie  
Ticket for \$12

Good at all showings • Theater only



## CNA’s Fernhill Park Summer Concert Series: More about the bands



**JULY 8 - VACASA PRESENTS, TONY STARLIGHT:** This year marks the 22nd anniversary of The Tony Starlight Show, which has been an ever-evolving hybrid of song, musical impressions and various tributes to iconic artists and pop culture phenomena.



**JULY 15 - THE QUICK & EASY BOYS:** They are a power-trio out of our own city of Portland, who creates their own blend of rock and roll. Imagine the Minutemen, the Police, and Band of Gypsies all rolled into one.



**JULY 22 - LARHONDA STEELE:** Larhonda began her musical journey in Jones, Oklahoma at age 13 singing her first solo in church one Sunday morning. She continued on to Portland, Oregon and beyond, culminating into a powerful legacy of musical experiences for which she is “Awed and Grateful.”



**JULY 29 - MARIACHI VIVA MEXICO:** This is the premier mariachi band in the Northwest and the band is very proud to represent and bring the best Música Mexicana to this beautiful region of the country.



**TUESDAY, AUGUST 2 - CNA PRESENTS, WANDERLUST CIRCUS ORCHESTRA:** This is the house band for Portland’s proudest bohemian brigade - Wanderlust Circus. In their words, “Our music crashes and reels like a calliope freight train off the rails weaving miraculous feats of skill through the extravagant orchestral warp of our live novelty band - sweating and sighing through standards and originals in Spike Jones fashion.”

### THANK YOU to our amazing SPONSORS!

This year’s Fernhill Concert Series was made possible by the generous donations of neighborhood businesses and organizations. Thanks to our generous Fernhill Park Concert Sponsors. We couldn’t do it without them!

#### CHAMPION SPONSORS

Collage  
Concordia Neighborhood Association  
Vacasa

#### MAJOR SPONSORS

Concordia University  
Inventif Solutions

#### CONTRIBUTING SPONSORS

EcoTech Seismic Solutions  
Legacy Health  
McMenamins Kennedy School

#### GOOD NEIGHBOR SPONSORS

Gazelle Natural Fibre Clothing  
Grasshopper Boutique  
Lombard Animal Hospital  
Our 42nd Avenue  
Smiles on Sandy  
St. Michaels Lutheran Church

#### FOOD VENDORS

Aladdin Café: Fresh & Tasty Mediterranean Food  
Island Daydream Shave Ice: Natural Shave Ice, Fresh Juices  
The Village Crepery: Crepes with Savory & Sweet Fillings  
Tortilleria Y Tienda De Leon’s: Authentic Mexican Fare

**Remember to support the folks who support our neighborhood!**

### National Night Out to include parade, music, fun!

Event slated for Tues., August 2 this year

By Katie Ugolini  
CNA Social Committee Chair

Neighbors are invited to join in on the National Night Out Celebration on the evening of Tues., August 2nd. This unique community event will be fun for the whole family with a focus on community building to prevent crime and fear of crime. National Night Out is held on the first Tuesday of August every year around the country and is designed to strengthen neighborhood spirit and community partnerships, generate support for participation in local anti-crime programs, heighten community awareness of crime and drug prevention, and send a message to criminals that neighborhoods are organized and fighting back.

Our neighborhood celebration will begin at 6 p.m. with a pedestrian and bicycle parade at Dekum Court, Home Forward’s Public Housing Community, located at NE 25th & Saratoga. The parade will wind its way to Fernhill Park via Dekum, NE 33rd Avenue, Ainsworth St., and NE 37th Avenue. We hope to see everyone, individually or in groups, get out and join the parade. Children and adults, marching bands, sports teams, church and civic groups, city officials, dance troupes and kazoo bands are all welcome! We will have a bicycle decoration station at Dekum Court beginning at 5 p.m., so bring your bikes, trikes, and strollers and get creative!

The celebration will continue at Fernhill Park with the last concert of our free Summer Concert Series, Wanderlust Circus Orchestra at 6:30 p.m. (See above for details about the band.)

## WOO HOO!

### I can help businesses and make \$\$\$ too!

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For a full description of the duties & requirements of this important position, call **503.440.7732** or visit:

**concordiapdx.org/  
get-involved/open-staff-  
positions**



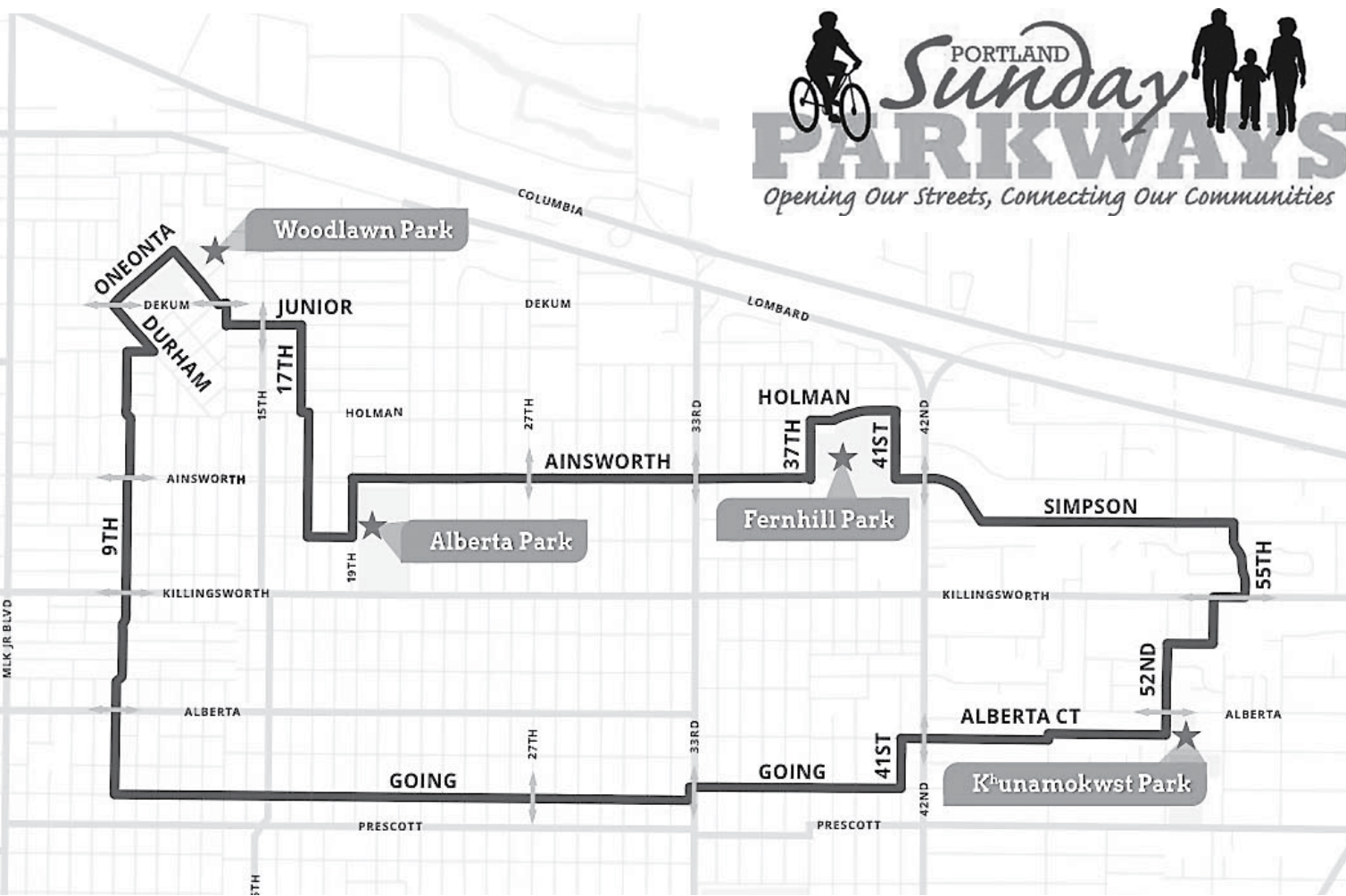
# Northeast Sunday Parkways JULY 24

Join in this annual traffic-free event put on by the City of Portland that brings people out to enjoy their neighborhoods and discover new ones. Ride your bike, walk, or dance and sing your way along the route! The Sunday Parkways courses open up between six to nine miles of city streets to the public once a month on Sunday, from May to October. The routes connect to a series of activity hubs with marketplaces that are usually stationed at parks. At these marketplaces find food, music, dancing, good conversation, city resources and more.

This month, the route is right here in our neighborhood, so join in the fun. The eight mile course is open on Sunday, July 24, from 11 a.m. to 4 p.m. This event will showcase the Northeast Neighborhood Greenways. While you make your way around the Northeast Portland route, stop by Woodlawn, Alberta, and Fernhill Parks where a collection of fun activities, festive music, and delicious food will be available. Look for the Concordia Neighborhood Association booth at Fernhill Park on the NE 37th Avenue side, too. They'll have games for kids and association information.

This year, NE Sunday Parkways will return to Khunamokwst Park, at which there will be a Bi-lingual Bike Fair held in collaboration with the Andando en Bicletas en Cully (ABC) Group.

Sunday Parkways provides a full day of play for anyone of any age. To get the most out of the day, stop by one of the Sunday Parkway hubs and pick up a Sun-



Northeast Route 2016

day Parkways brochure highlighting the hotbeds of activity along the route. Also find information on live performances and theatrical acts. During the event, visit Sunday Parkways on Facebook or

Twitter for event insight into what's going on throughout the day.

Don't forget to eat and shop locally at the event! Sunday Parkways offers a chance to see and buy a range of prod-

ucts that Portland offers. Stop by the Sunday Parkways marketplaces located at each park.

For more information visit [www.portlandoregon.gov/transportation/58929](http://www.portlandoregon.gov/transportation/58929).

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## Trinity Lutheran Summer Day Camps

June 9 Until August 26 • 3-12 yrs.



### New! Summer Art Camps

Five week-long camps • 8-13 yrs  
See site for details!



Pre-school-8<sup>th</sup> Grade

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## Concordia University, PPS, Faubion School and Trillium Family Service team up via 3 to PhD

Program aims to provide health & wellness for student, community success



Sarah Sweitzer



Karen Morgan

By Sarah Sweitzer, Dean, College of Health & Human Services, Concordia University & Karen Morgan, Visiting Assistant Professor of Exercise & Sport Science, Concordia University

Progress is underway on construction of the new Faubion School + Concordia University facility. This collaborative effort – known broadly as “3 to PhD®” – will open in fall 2017. Partners include Concordia University, Portland Public Schools’ Faubion School and Trillium Family Services. The vision is to create safer, healthier, and more educated communities. This article focuses on the “health” part of this vision.

Input from community members, teachers and school leaders identified a strong vision which included the need for health and nutrition education and services. Health and nutrition was deemed so integral to students’ ability to learn and thrive that, in response, the west wing on the first floor of the new building will be dedicated to developing a culture of wellness. 3 to PhD uses the latest research in nursing, social work, psychology, nutrition, and exercise and sports

science.

Health and wellness efforts are already underway, including:

Concordia’s College of Health & Human Services and Faubion School created a Youth Advisory Council on health and wellness, thanks to a grant from Kaiser Permanente. This group held a Spirit Week, and advocated for school-based health centers at the Oregon State Capitol.

Concordia students worked with Faubion students and held their own version of the Food Network’s series “Chopped” to promote healthy cooking, with help from Pacific Foods of Oregon, a major 3 to PhD collaborator.

Trillium Family Services provides a full time behavioral health specialist at Faubion, through innovative mental health promotion funding through the state of Oregon.

Concordia social work students engaged with local schools and churches to survey community members about health and fitness needs, thanks to a grant from United Way of the Columbia-Willamette.

A free community seminar series focused on Senior Healthy Aging was launched, thanks to support from The Jackson Foundation, which included foot care, scam prevention, and more.

Concordia students helped facilitate Faubion recess games and fitness awareness and testing.

To address food insecurity, a backpack program, started by nursing students at Concordia and supported by Pacific Foods, has expanded from long

weekends to also include holidays and summer.

Ongoing community input and engagement will be integral to continuing and expanding these health and wellness efforts. We want to hear from you! Please share your thoughts at CHHS@cu-portland.edu.

For more information about 3 to PhD, visit [www.3toPhD.org](http://www.3toPhD.org) or [FaubionBond.pps.net](http://FaubionBond.pps.net).

## What’s going on NEXT DOOR?

A new regular feature offering an insight into what’s on the minds of Concordians



By Carrie Wenninger

Curious about the news du jour right here in Concordia? From lost pets and found wallets to free mulch, hot tubs and kids’ clothing (just to name a few things!), from

neighborhood crime and safety warnings to coyote sightings to opinions on the newest urban development projects, NextDoor.com is a free resource offering hyper-local social interaction via its web site and app. From their site: “It’s the easiest way for you and your neighbors to talk online and make all of your lives better in the real world.”

This writer has used it personally to quickly raise funds and clothing donations for a family friend’s severely burned young son at Legacy Oregon Burn Center. Within minutes, neighbors began turning up with cash, clothes, offers of homemade lasagna and more, showcasing the power and immediacy of social networking. Here’s a look at last month’s discussions:

### May-June 2016 NextDoor.com Hot Topic Round Up

- Doug the dog is still lost! Surely you’ve seen his sweet mug plastered on telephone poles; this ginger long-haired dachshund is greatly missed by his family. He’s been gone since mid-April, but continues to be spotted about town
- Orange Splot’s new development project, Camp Cully, highlights the changing Portland home building scene and stirs up all manner of emotions.
- “Tree of Heaven” labeled invasive species from... the other place, should be pulled up/dug out/girdled immediately, say garden enthusiasts.
- Dog poop: take it or leave it? Neighbors sound off on how to best dispose of the baggie... in a neighbor’s trash can or by packing it home.
- Vernon Elementary School gets high marks from effusive parents! Goooooo Vernon!
- City wildlife is alive and well...another coyote sighting on June 13.

Carrie is a resident of NE 29th Ave. and a freelance writer with a penchant for poetic prose who tries to look for the humor in everyday life. She is also a mom and world traveler and, with her partner, owns a company that restores and repurposes vintage homes. If you see her, please say hello or email her at [wurdgurl@gmail.com](mailto:wurdgurl@gmail.com)

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## Annual Concordia garage sale set for August 13

Community member’s passing brings changes to the event

Many of you may already know that Concordia resident Donna Mae Carrier, age 58, passed away in December last year. She died after a short, fierce battle with Hodgkin’s Lymphoma. Donna was a wonderful mother to her three daughters, a caregiver to friends and family in need and a tireless volunteer in her community, including with Concordia Neighborhood Association where, for many years, she coordinated our neighborhood’s annual yard sale event.

Because of the huge void left where Donna’s energy once played a key role, the annual garage sale will be just a sliver of its former self this year. While CNA will advertise the event, scheduled for August 13 from 9 a.m. to 4 p.m., CNA will not be providing maps, signs, or post-sale charity donations.

So if you’re looking to clear out your overloaded garage, basement or closets burdened by items that still have a useful and potentially saleable life, CNA will do the advertising for the event. In that advertising we’ll encourage people to drive around Concordia for the best bargains to be found in town that day. Also consider posting your specific information and address on [Nextdoor.com](http://Nextdoor.com) and [craigslist](http://craigslist) to attract more customers.

For 2017, anyone interested in bringing the “full-meal-deal” event back to Concordia to carry on the annual garage sale with the vigor that respects Donna’s legacy, please contact CNA’s Social Committee at [social@concordiapdx.org](mailto:social@concordiapdx.org).



# Residential Infill Project Update

Opportunity to input on new home construction in neighborhoods



By Garlynn Woodsong  
Chair, CNA LUTC

The Residential Infill Project Stakeholder Advisory Committee (RIP-SAC), on which I have been serving since last September, has wrapped up the initial phase of its work. The results will be the subject of a series of public workshops, including one near our neighborhood: German American Society 5626 NE Alameda St. (at Sandy Blvd) Thursday, July 14, 6:30 – 8:30 p.m. At this workshop, you will hear from City staff about their proposal to change the single-family zoning code to reduce the scale of structures, change the way skinny houses are regulated, and make some baby steps towards allowing some Missing Middle Housing types in some areas where fewer of those types are currently allowed. However, you should know that the staff proposal is not supported by the infill project’s advisory group. Instead, a majority of the RIPSAC has signed on in support of the Portland For Everyone proposal, which is actually not very different from staff’s proposal regarding

scale, but takes more progressive steps towards allowing more Missing Middle Housing types in all of the City’s single-family zones. The differences can be quickly summarized in the table at right. Most committee members felt that we as a city can do more to help combat the housing affordability crisis. These members believe this can be done by making modifications to our zoning code to place tighter restrictions on the allowable scale of homes in return for looser rules governing how many residential units are contained within their walls. For more information visit [www.portlandoregon.gov/bps/infill](http://www.portlandoregon.gov/bps/infill) and [www.portlandforeveryone.org](http://www.portlandforeveryone.org) Based on public input received by August 15, city staff will revise the proposals for City Council and Planning and Sustainability Commission (PSC) review. Work on the resulting recommended code language is slated to begin Winter 2017 and be ready for public review next Summer. You can get info about the City’s draft proposals, open house schedule, and a new online questionnaire at [www.portlandoregon.gov/bps/infill](http://www.portlandoregon.gov/bps/infill). Visit [www.portlandforeveryone.org](http://www.portlandforeveryone.org) for info about the alternate Portland for Everyone proposal.

City Proposal	Portland For Everyone Proposal
Scale of Houses <ul style="list-style-type: none"><li>Limit sqft of house based on lot size</li><li>Height measured from low point of lot</li><li>Increase front setback by 5’ or match adjacent house</li></ul>	Scale of Houses <ul style="list-style-type: none"><li>Same as City proposal</li></ul>
Housing Type (within ¼ mile of centers & transit corridors) <ul style="list-style-type: none"><li>Allow duplex on all lots—same scale as house</li><li>Allow triplex on corner lots—same scale as house</li><li>Allow two ADUs or one with duplex</li><li>Develop cottage cluster code- everywhere</li></ul>	Housing Type (In all single-dwelling zones) <ul style="list-style-type: none"><li>Allow up to 3 units within the scale of a house</li><li>2 ADUs</li><li>Density bonus for affordable or accessible</li><li>Cottage cluster code</li></ul>
Narrow Lots <ul style="list-style-type: none"><li>Allow development on historically narrow lots only within ¼ mile of centers &amp; transit corridors</li><li>No front-facing garages</li></ul>	Narrow Lots <ul style="list-style-type: none"><li>Allow development on all historically narrow lots</li><li>Allow development of “lot remnants” at least 25’ wide</li><li>No front-facing garages</li></ul>
Preventing Demolition <ul style="list-style-type: none"><li>Allow one bonus unit for internal conversion of existing house within ¼ mile of centers &amp; transit corridors</li></ul>	Preventing Demolition <ul style="list-style-type: none"><li>Allow internal conversions everywhere</li><li>Allow a 2nd house on the same lot if the 1st is preserved</li><li>Allow flexible site plans to preserve houses &amp; trees</li></ul>

For an expanded table comparing more proposals visit [www.ConcordiaPDX.org](http://www.ConcordiaPDX.org).

## CNA Land Use, Transportation & Livability Committee Update



By Ben Earle  
Secretary, CNA LUTC

**LUTC mission & operations** Vice Chair. Tyler Bullen was unanimously selected to assist with many duties and to take over as Chair whenever needed. Safety & Livability Committee. We’re working with the Board to get the too long dormant CNA SALC up & running soon, so stay tuned! Concordia University. In conjunction with CNA Chair Isaac Quintero’s reach-outs to them, we’re asking for a designated CU LUTC liaison to facilitate addressing the impact of the school’s on & off campus developments on neighborhood livability.

**Bighouse development** With the continued absence of a proper response from Ascend Holding’s Brian Spencer to the carefully considered recommendations submitted by the team of five professionals to address the neighborhood compatibility design deficiencies of the 4 story “mixed use” apartment building planned for the NE corner of the unique “mini business” district at

NE 30th & Killingsworth, a number of concerned neighbors are actively working to enlist the support of influential community stake-holders, including City Commissioner Dan Saltzman and CU President Charles Schlimpert, to encourage Mr. Spencer to implement these carefully considered, reasonable suggestions. As the current Community Storefront (CS) zoning clearly states that its mixed use intent is to foster “a full range of retail, service, and business uses with a local market area,” we particularly want the first floor inward facing Killingsworth apartment unit, and the two units on the 30th side, to have doors that open to the street and larger windows so they can be used for commercial purposes alongside the single, minimally legally required retail space at the building’s NW corner. For current info, be sure to check the CNA website’s “Bighouse” section at [www.concordiapdx.org/tag/bighouseproject](http://www.concordiapdx.org/tag/bighouseproject).

**Residential development** I’ll report next month on the LUTC facilitated meeting to assist the impacted neighbors in establishing a positive relationship with the developer of the four non-connected 2-story “bungalow style” homes slated for the SE corner of 37th and Killingsworth. **Residential Infill Project** See CNA Chair Garlynn Woodsong’s accompanying article about both the

City’s and the RIP Stakeholder Advisory Committee’s residential zoning code update proposals to improve the scale of houses, narrow lot development, and alternative housing options. For more info, and to submit your comments, visit [www.portlandoregon.gov/bps/infill](http://www.portlandoregon.gov/bps/infill), email [julia.gisler@portlandoregon.gov](mailto:julia.gisler@portlandoregon.gov), or call Jill at (503) 823-7624. **Mixed use zoning project** Testimony on the Composite Zoning Map, which includes mixed use zoning changes recommended by both the City Council and the Planning and Sustainability Commission, is open via writing and online until the July 12 PSC Hearing. See [www.portlandoregon.gov/bps/article/57273](http://www.portlandoregon.gov/bps/article/57273), email [psc@portland-oregon.gov](mailto:psc@portland-oregon.gov), or call the Bureau of Planning and Sustainability (BPS) at (503) 823-7700. **Comprehensive Plan** For complete information about the Adopted 2035 Comprehensive Plan ap-

proved June 15 by the City Council, visit [www.portlandoregon.gov/bps/70936](http://www.portlandoregon.gov/bps/70936) or call BPS at (503) 823-7700. **Transportation** We are inviting the ODOT Region 1 Bicycle and Pedestrian Coordinator to the July LUTC Meeting to discuss how best to ensure safe passage for all bicyclists and pedestrians using NE Portland Blvd. / US 30, so stay tuned for a report on this important issue. *Concordia residents are always welcome at CNA LUTC meetings, starting at 7 p.m. every third Wednesday of the month in the Community Room in the SE corner of McMenamins Kennedy School. For more info see the LUTC section of the CNA website at [www.concordiapdx.org/category/land-use-livability](http://www.concordiapdx.org/category/land-use-livability), send your questions to [landuse@concordiapdx.org](mailto:landuse@concordiapdx.org), and email [lutc\\_secretary@concordiapdx.org](mailto:lutc_secretary@concordiapdx.org) to get on the LUTC notification list.*

### What’s Selling in Concordia?

214	Homes sold in RMLS in last 12 months as of June 9 <sup>th</sup>	11.6%	Increase since 2015 Average Sale Price: \$398,273
Avg. Days on Market:..... 13		Average List: .....\$427,799	
Avg. Cumulative Days on Market ..... 15		Median List: .....\$409,450	
Median Days on Market: .....5		Average List \$ per square foot: .....\$213	
Median Cumulative Days on Market .....5		Average Sold \$ per square foot: .....\$225	
Avg. square feet: .....2008		Median Sale Price: .....\$437,250	
Median square feet: .....2026		<b>Average Sale Price: ..... \$450,928</b>	

*This information provided by*  
Mark Charlesworth, Concordia resident & Broker Keller Williams, Portland Central.  
[charlesworthhomes@gmail.com](mailto:charlesworthhomes@gmail.com) · 503.807.9911

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# Letters to the Editor

The opinions expressed by these writers do not necessarily reflect the views of the Concordia Neighborhood Association. Submit opinion pieces (250 words maximum) to [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org).

## Divisive words not appropriate in CNEWS

I am writing in response to the article by Luke Griffin, “Opinion: Diary of demolition and development: Part 8,” that was published in the June 2016 edition of Concordia News.

I moved to Portland in 2001 from Atlanta, Georgia. I was 19 years old and while I was raised in Atlanta, in so many ways, I grew up in Portland. I loved the low-key city that I moved to 15 years ago. It was weird and wonderful and free. It felt like a secret, an under the radar place, a hidden gem. There was so little poshness and so much creativity and expression coming out of all the nooks and crannies.

Like Mr. Griffin, I grieve for the loss of the Portland that once was. The quick rate of change is troubling to a lot of long-time residents and I see, hear and feel the tension of that coming out in many ways around the city, including this article. Mr. Griffin accuses the “new Portland” of holding completely different values than those of “old Portland,” which he describes as “green space, gardening, outdoor hanging out, or community in-

teraction.” These are just some of the values that I have also appreciated feeling in Portland. There are a number of other important values that have flourished in this city, including tolerance and open-mindedness.

I recognize that this is an opinion piece, but I would challenge the decision to disseminate this kind of opinion through our neighborhood. We live in a time of so much hatred and bigotry, a sad truth that has been laid bare in the presidential election this year. I am sure it is true that Mr. Griffin will not share all of the same values with every new neighbor that joins the neighborhood, but I sincerely doubt that he ever has.

The power of community is in finding shared commonality and accepting the ways in which we are all different. The impulse to paint all the “new Portlanders” with the broad brush stroke of presumed greed and shallowness is hardly aligned with the values of community-

building, openness and acceptance that Portlanders have long been proud to live by.

So while I empathize with the frustration and sadness about the rapid change that is happening around us, I encourage even small neighborhood publications like Concordia News to promote adaptation and openness so that we can continue to build community together and sort out our differences through dialogue.

Ariel Singer  
Concordia News Reader

## Air Nat’l Guard air, noise pollution levels need to be published

There is a lot of talk about air quality in Portland these days. Whether it’s because of glass or parts factories or the cutting down of large trees - Portland’s air quality is something we’re all focused on and hoping to improve. For anyone

who lives in Portland there is an air (and noise) pollution source that no one seems to be talking about - the Air National Guard Base and the multiple flights that take place every day.

Fighter jets burn fuel just like any other aircraft - but is it just me, or is their impact 100-fold worse than the planes leaving PDX? What I’d really like to know is what their presence is doing to our air quality and if it would make sense for our health’s sake to move that base into a more remote location? Yes, Jobs. Yes, Freedom. I get it. And our health, air quality and peace of mind are also important, too.

I’d like Concordia News to publish information about what the impact on our air is from the Air National Guard Base - how much more exhaust are we all breathing because of those planes? And can we at least not invite other fighter jets to come here for practice sessions? That seems like low-hanging fruit to improve our air quality until the base is moved to a more remote location.

For a better world,  
Albert Kaufman  
Concordia News Reader

# OPINION: Diary of demolition & development - conclusion



By Luke Griffin

Everyone in Concordia has had the opportunity to watch a house be torn down to make way for new houses, duplexes, and “skin-nies”, for better and/or for worse. This is the last entry reflecting my experience.

## For Sale!

Have you ever wanted to live in a post-modern bread box despised by the surrounding neighbors? Have you ever dreamed of coming home at night to a beacon of glaring white light on a

quiet residential street? Have you ever yearned to own a place whose cheap construction is masked by a shiny facade of wannabe grandeur? Well, there are now not one, but two such incredible units available to you, each reasonably priced at \$749,000! That’s right! For almost a million dollars you can own a brand new, cheaply made duplex that sticks out like a super sore thumb.

## All the Perks!

These two tacky units have it all. Towering oppressive facades, 10 foot front yards and no usable green space, a shared wall through which you’ll be able to hear your neighbors, fences made with nails instead of screws, a cement pad in

the back for easy access, off-street parking via a narrow alleyway, and wall studs that are too far apart to securely affix doorways. Boasting 1800 square feet of living space and almost no storage space, these units also look great on the outside, especially if you are an out of town developer who was a complete jerk to the surrounding community.

These dueling cubes of “new” Portland coolness are just blocks from super hip Alberta St. and reasonably priced New Seasons. The light and bright formal living room with fishbowl windows boasts a fake fireplace perfect for cool evenings sipping wine while random people gawk at you from the sidewalk mere feet away. The high-end finishes mask any internal structural issues and the modern design will remind you how out of place your home truly is in this great, rapidly gentrifying location. These are not some old craftsman quality Alberta bungalows but new construction with the kind of glitz and glamor that Donald Trump would appreciate.

As a bonus, the steep stairs to the second floor and the open layout perfect for

entertainers will discourage any families with small, noisy children from ever buying either unit. And rest assured, with its design and price, this place will probably only appeal to high end professionals and trust fund recipients so you will never have to worry about the poor, the disabled, families with children, or likely people of color ever moving into the adjacent unit.

## Great greatness!

If you want to line the pockets of profiteer “bros” who are gleefully making a killing off of the neighborhood, this is the perfect place for you! Come by now and enjoy glares from neighbors, a false sense of self-importance, and the blinding white exterior which necessitates sunglasses to look at on beautiful sunny days. Buy now and make Concordia great again!

Luke Griffin is a native of Northeast Portland who has written for numerous publications, is an expert of civil rights in housing, has served on the neighborhood board, and is currently completing his Masters of Teaching at Concordia University.



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Owners, Carolyn Matthews and Bruce Nelson, long-time Portland residents, live on the property.

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# Cully Farmers Market opens under sunny skies

By Susan Trabucco  
CNA Media Team

The kick-off of farmers markets around the city heralds in summer for many Portlanders, and the opening day of the Cully Market on Thursday, June 2 was no exception. Warm sunshine and a slight breeze greeted market-goers to this small but growing farmers market that's been held for the last few years in the parking lot of Roses at 5011 NE 42nd Ave.

On market day, a lively band played music that encouraged dancing by adults and children; the aroma of grilled, smoked sausages by purveyor Southern Specialties beckoned the hungry, and Concordia, Cully and Beaumont Wilshire community members greeted each other with hugs, handshakes and smiles.

Vendors at the opening event offered locally-favored Hood strawberries and plump, sweet obsidian blackberries, Red Sauce Pizza introduced a variety of homemade breads including a flavorful and satisfying jalapeno cheddar cheese loaf; tomato plant starts were proffered,



Michael DeMarco, District Manager for Our 42nd Avenue, enjoyed the Cully Farmers Market opening on June 2. DeMarco's organization took on management of the market this year. Photo by Susan Trabucco

and goat's milk soap, custom creations from Metalwood Salvage and other locally-made goods were displayed for sale.

The market's website at [www.cully-farmersmarket.org](http://www.cully-farmersmarket.org) lists an array of vendors throughout the season, including Cully Neighborhood Farms, Kenai Red Fish Company, Heidi Ho Organics and



Cully Farmers Market-goers check out the offerings at the market's opening day on June 2. Photo by Susan Trabucco

Bare Naked Farms. Check the website for more vendors.

The Cully Market runs every Thursday now through August from 4 p.m. to 8 p.m. In September the market runs Thursdays from 4 p.m. to 7 p.m.

Market organizers are new this year; the event is now under the purview of Our 42nd Avenue, a non-profit, community-serving business and employment development organization. Visit [www.42ave.org](http://www.42ave.org) for more information.

## Cully Farm Store offers urban farmers convenient option, access to market

By Susan Trabucco  
CNA Media Team

Urban farming is alive and well in NE Portland, and Cully resident Ted Snider's new entrepreneurial pursuit aims to meet the needs of those who dig, plant, weed, feed and fertilize to grow food for their families, or those who grow and harvest to supply fresh produce to local farmers markets.

Snider recently opened Cully Farm Store from a shipping container that shares parking lot space with Roses Ice Cream on NE 42nd Avenue. From that small space, and additional canopied space behind Roses, Snider purveys used but reconditioned garden tools, supplies to satisfy chickens and their tenders; and organic soil amendments. Additionally, farmers from the surrounding neighborhoods provide vegetable starts for sale; Cully Farm Store offers these farmers an expanded market and ideally more sales.

"Cully Farm Store acts as a collaborative neighborhood outlet," said Snider, who has farmed in Cully for nearly 10 years. Snider was inspired to launch his micro-store out of a desire to help people in their efforts to grow their own food.

"I want to provide the plants, feeds, and other items necessary to support and increase food growth in the neighborhood," he said.

Snider said the Cully area was historically a food-growing area.

"There used to be two canneries in Cully," said Snider. People would bring their extra corn or tomatoes to a cannery one day, and pick it up to pack it home the next day."

As a provider of goods to urban farmers, Snider caters to those who choose not to drive or do not have a vehicle, packaging products in small quantities to allow shoppers on bicycles to carry items home easily.

"I've had customer walk their wheelbarrows over here and then wheel their goods back home," he said.

Snider seems to have found his calling. He attended Reed College for a year out of high school, but found the idea of desk job to be unattractive, so he discontinued his formal education.

"I wanted to work with my hands," Snider said with a smile.

Find Snider manning his post at the Cully Farm Store at 5011 NE 42nd Ave. from 10 a.m. to 6 p.m. Thursday through Sunday. To enter the shop, walk between Roses and the container that serves as the store, or enter via the Roses parking lot. For more information email [cullyfarmstore@gmail.com](mailto:cullyfarmstore@gmail.com) or call Snider's personal phone (503) 729-3508. A website, [www.cullyfarmstore.com](http://www.cullyfarmstore.com), is in the works.




Cully resident Ted Snider opened Cully Farm Store on NE 42nd Avenue in June. Store shoppers will find the supplies necessary to tend an urban farm or to feed and care for farm animals, including chickens, goats and rabbits. Photo by Susan Trabucco

## Last Thursday official season continues July 28



"The Last Thursday mural," shown here, was recently completed by artist Matt Schlosky. The mural can be found on the front of the Black United Fund building at 2828 N.E. Alberta St. Now in its 19th season, Last Thursday is held on N.E. Alberta Street on the last Thursday of every month year-round. It is a venue for creatives, artists, musicians and performers, and the visitors who come to enjoy the display.



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## Help available for grandparents, others raising children not their own



By Kathy Crabtree  
CNA Media Team

For many Portlanders, retirement as they planned it has hit the wayside. Not because of poor financial planning, but because the task of raising their grandchildren has fallen unexpectedly on them.

Connie, raising her three school age grandchildren, was at a loss. Her fixed retirement income was stretched thin in an attempt to provide healthy meals for the four of them. One of the children needed extensive dental work; the oldest was struggling with her studies, and the youngest was acting out in ways that were reportedly disrupting her classroom. The school principal appeared understanding, but seemed to expect her to be able to cope with these issues. Fortunately, the principle recommended that Connie contact the Ties That Bind program to get some guidance.

She was hesitant, however, to ask for help – ashamed that her daughter could abandon her own children, and embarrassed because she didn't have the financial or emotional resources to handle the situation on her own.

To protect the subjects' privacy, the above story is a composite of several local families' stories. But it could be your story, or that of a neighbor. Approximately 3,000 children in Portland live in multigenerational households without parents; Ties that Bind is working to address the needs of those affected.

"The Ties That Bind support group is a resource for foster grandparents and family members raising grandchildren, and speaks to the quality of life issues our members face," said Keren Brown Wilson, PhD. She is the president and founder of the Jessie F. Richardson Foundation, established as a non-profit in 1990 with a mission to work in resource-constrained areas to provide multi-generational support to underserved older adults. The foundation is a sponsoring partner in Ties That Bind with Concordia University and Faubion School.

One way Ties that Bind provides support services is via peer to peer navigators. The navigator, who is also raising children not his or her own, assists by inviting a newcomer to the support group that meets monthly, and can explain how to apply for food stamps, provide medical resource contact information, and recommend resources for dealing with behavioral problems.

"The most valuable help comes from the support of knowing that we're not alone," said Pamela Harris. She and her husband, Ike, are peer navigators in Concordia.

"Within the community grandparents of any age are suffering in the same manner and we all find comfort with others through the support group," Pamela Harris said.

"The peer to peer navigators know stuff; they know where to find the help that new members need," Wilson said. "Data shows that children being raised by grandparents have a higher risk of chronic mental and physical health issues and learning disabilities. The grandparents report social and emotional problems of their own. Our peer to peer navigators are there to help with the next crisis or conflict."

Another avenue for support from Ties that Bind are meetings that provide a social outlet, resources, and expert referrals – and even offer child care. Meetings are generally held the third Tuesday of the month during the summer at 2 p.m. at Concordia University in the George White Library Room #120; in the winter months the group meets at Faubion School.

Plans are in the works for a big family picnic at the end of August. Information about that event and additional information related to programs, resources, and peer to peer navigators is available by contacting Brown Wilson by calling (503) 408-4088 or email [kwilson@jfrfoundation.org](mailto:kwilson@jfrfoundation.org).



Jane Mayes, pictured here with her granddaughter, is a Ties that Bind navigator. Through the program Mayes offers support to other grandparents raising their grandchildren. Photo by Patience Tolentino.

bion School.

Plans are in the works for a big family picnic at the end of August. Information about that event and additional information related to programs, resources,

and peer to peer navigators is available by contacting Brown Wilson by calling (503) 408-4088 or email [kwilson@jfrfoundation.org](mailto:kwilson@jfrfoundation.org).

### JOIN US for our next TIES THAT BIND session!

**WHEN:** Tuesday, July 19 at 2 p.m. - 4 p.m.

**WHERE:** Concordia University, George White Library, Room 120

Join our support and resource meeting for grandparents, foster grandparents and family members caring for grandchildren. You are not alone! Join a fellowship of grandparents where you can share and participate in conversation important to you!

For additional information contact Keren Brown Wilson (503) 408-4088.

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## A simple summer: best for kids and best for you



By Jennifer Allison  
Gnome's Home

The school year rhythm has wound down, and now we are faced with summer! There are so many choices for you and your family, and it can be overwhelming just thinking about what activities and vacations to do with your children. My mind is boggled as I plan out adventures to embark upon with my three children. While sifting through the various summer options, it feels as though the weeks have already passed by. This is where I get grounded and I remember one of the golden rules of childhood; simplicity.

My summers were filled with days playing in the woods, walking down to the local lake and swimming with the neighbors and basking in the sun. We did the occasional family vacation to the Jersey shore, and I went to a very cool overnight camp near my home in the heart of the Pine Barrens. Mostly, however, my days were spent in the lush landscape of the forest and lakes that surrounded my neighborhood, where I would get lost in nature. I miss those days.

So when I want to be a supermom, and I start fussing with all the things we could be doing, I pause and remember these simple elements I am going to share with you that make childhood the wonderment it is and deserves to be.

• **Plan a simple rhythm:** What has to happen in your day? Eating, quiet time, a morning outing before the sun scorches you? Put down on paper the basic elements that you and your

youngsters have to do, and then let there be space for the unpredicted and unplanned to pull you into adventure. Keep your days and life simple! Summer is a good time to slow down and enjoy the natural elements. Build in a quiet time for you and the kids, even if it is 30 minutes. Everyone can benefit from alone time.

• **Do one special thing:** Have you made this mistake: In the morning we are picking berries, and then meeting the Jones's for lunch at the park, followed by friends over for dinner and ice cream at the local shop? Well, I have. This spells disaster for your littlest ones. It is simply TOO much. One of my mottos is, "Too much of a good thing is still too much." Just doing ONE of any of those things will make your day super special. Try it. It works.

• **Let your child get bored:** Every moment does not have to be the utmost supreme adventure that invokes every positive feeling your child has ever had. Seeking this goal sets kids up for the instant gratification monster that is always hungry no matter how much you feed it. The developing brain actually needs the down time, and you can tell your kids that something is coming right around the next corner.

Summer is a time of ease and enjoyment, so let your days be simple and fun.

Jennifer Allison is an early childhood educator at Gnome's Home. Visit [www.gnomeshome.org](http://www.gnomeshome.org) for more information on classes for children and adults.



### Need a place for your party...or?

The Community Room at McMenamins Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds.

\$15/hr. for nonprofits. All others just \$25/hr.

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# Alberta Streetcar: A catalyst for change



By Doug Decker  
Historian

Development of the streetcar line changed everything about the landscape that eventually became our neighborhood.

It takes lots of imagination to conjure up a picture of what our neighborhood might have looked like 100 years ago. The fields and forests of today's Alberta district, Vernon, and Concordia were way out in the country, beyond the far edge of Portland. But one key development changed all that: the Alberta Streetcar.

First constructed in 1903, the line left downtown at SW 2nd and Alder, crossed the old Steel Bridge and ran north up Union (today's Martin Luther King Jr. Blvd.), where it turned east on Alberta to NE 25th. A few years later it was extended five blocks east on Alberta to NE 30th, and then a few years later north on NE 30th to Ainsworth, which became the end of the line.

Wherever the streetcar went, so did development. Initially just two rails in the mud through brush and open fields, by the heyday of Portland's streetcars in the teens and 1920s, the Alberta streetcar had attracted scores of business owners and thousands of residents to this new developing part of the city. Its impact on the shape and feel of the neighborhood can't be overstated.

The December 28, 1913 edition of The Oregonian reported:

"The streetcars are now operated to East Thirtieth street and Ainsworth avenue. The line runs double cars in order to take care of the traffic and even then the cars morning and evening are overcrowded."

The fact that autos were not the primary mode of transport in those days meant streetcars—and lots of foot traffic—fueled growth of the business district along Alberta. It was a thriving place of activity and commerce, not un-



A photo from June 1940 looking north on NE 30th of the Alberta Streetcar at its far northern end, NE 30th and Ainsworth. Only the building on the northeast corner remains. Photo courtesy of City of Portland Archives.



*"I've heard there used to be a street car in the Alberta neighborhood. Can you tell your readers about it?"*

Raymond Crabtree, Concordia resident

like today. But by the 1940s, with automobiles dominating the transportation picture and Union Avenue no longer the main north-south travel corridor (travel had shifted to Interstate Avenue), the Alberta streetcar became disused and was eventually replaced by a bus. By then, Portland had turned its back on its once robust streetcar system. The last day for the line was August 1, 1948.

As if to silence the era of the Alberta streetcar once and for all, in September 1949 The Oregonian reported that the City of Portland authorized a \$75,000 paving contract that took 11 days to erase all evidence of the tracks:

"A total of 110,748 yards of materials went into the project to bury the old Alberta streetcar tracks. Paving tonnage amounted to 8,407 tons of blacktop."

Today, there aren't many specific clues other than the hundreds of street-

car-era buildings that would not have developed without the line. When you're out for a walk along our neighborhood's path of the old streetcar line (1.8 miles along Alberta between MLK and 30th; then 30th Avenue between Alberta and Ainsworth), see what evidence you can find.

Check out Northeast Portland neighborhood historian Doug Decker's blog [www.alamedahistory.org](http://www.alamedahistory.org) for more on local lore, including the history of the nearby Broadway Streetcar line.

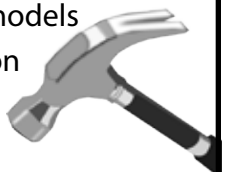
## ASK the Historian:

Have a history question that needs to be solved? Drop us a note and we'll put Doug Decker on it. Email [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org).

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## We really need a TREASURER!

Join the CNA Board as Treasurer. Be a critical part of helping your neighborhood association run smoothly, while building your credentials as a nonprofit manager.

### CONTACT US TODAY!

email [CNACHair@ConcordiaPDX.org](mailto:CNACHair@ConcordiaPDX.org)

For a full description of the duties & requirements of this important volunteer position, visit:



[www.concordiapdx.org/get-involved/volunteer](http://www.concordiapdx.org/get-involved/volunteer)



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Thursdays through September

CULLY FARMERS MARKET

4PM – 8PM now through August

4PM – 7PM in September

Location

5011 NE 42nd Ave @ Alberta St. (In the parking lots of Old Salt & Roses.)

Local produce, food vendors, live entertainment, crafts and activities for kids. Up to \$10 match for SNAP recipients. For more info call (503) 912-8936 or visit [www.cullyfarmersmarket.org](http://www.cullyfarmersmarket.org).

Saturdays in July

SUMMER STORY TIME

10:30 AM - 11:30 AM

Location

Concordia University  
2811 N.E. Holman St.  
George R. White Library & Learning Center in the Jody Thurston Northwest Center for Children’s Literature.

Children of all ages and their parents are invited to drop in for a free summer story time.

Month of July

NATURA MORTA

AlbertaStreetGallery

The art of Thomas Demas

Location: 2724 NE Alberta Street

A new collection of work by painter and print maker, Thomas Demas. Heavily influenced by graffiti culture, the still life, and traditional tattoo flash art, Demas’ paintings and prints draw you into the colorful and yet dark imagination of the artist. Work by Demas will be featured through July. For more information visit [www.AlbertaStreetGallery.com](http://www.AlbertaStreetGallery.com)

Month of July, various ending dates

3 ARTISTS

At Guardino Gallery

Location

2939 NE Alberta

Main Gallery (June 30-July 26)

The Main Gallery will feature “Flowers.” Betsy LeVine paints in oils on birch panels. Her concept, “Beauty Is Before Me,” concerns flora and mirrors. She carried a small circular pocket mirror and photographed flowers.

Dennis Floyd is a screen printer. His works of flowers are colorful and almost abstract in their creation.

Feature Area (June 30-July 24)

Jeanne Drevas works with old skateboards. She is fascinated by the distressed graphics on the undersides of the decks, the sides that get marred by all the attempts at curbs, stairs, railings. [guardinogallery.com](http://guardinogallery.com)

July 9, Saturday

ALBERTA ARTS TOUR

1PM-2:30PM

\$7 admission

For tickets, visit: [www.impactflow.com/event/alberta-art-tour-322](http://www.impactflow.com/event/alberta-art-tour-322)

Did you know there are over 50 public art projects on NE Alberta Street? Join Know Your City and Alberta Art Works for a walking tour that explores the invaluable contributions of artists on Alberta Street. The art projects cover a diverse number of mediums, including streets, ATMs, and bus benches.

JULY 9, Saturday 4PM-7PM

King School Park Community Cookout

Bring the family! Meet your neighbors! Let’s stand together and make our neighborhood a safe and friendly place! Bring a side dish or dessert to share. Please RSVP:

[www.kingparkcookout.eventbrite.com](http://www.kingparkcookout.eventbrite.com)  
Sponsored By :ML KING School, North-eastCoalition of Neighborhoods (NECN) Self Enhancement Inc. (SEI)  
Visit event FB page [www.facebook.com/NECoalition/events](http://www.facebook.com/NECoalition/events)  
To volunteer call (971) 334-3951 and leave your name and number.

July 9, Saturday

GREAT SLOUGH CLEAN-UP

9AM-NOON

Location

St. Johns Launch  
9387 N Columbia Boulevard

Join the Council for our seventh annual trash-hauling extravaganza! Help out in our bi-maran canoes, bring your own boat, or sort trash on land. With your help, the Slough gets cleaner ever year! Prizes for the best finds and the most enthusiastic volunteers. Boats, gloves, refreshments, and Slough mud provided. For this event we welcome volunteers age 14 and up.

Spots are limited for this unique event! Register now at: [www.columbiaslough.org/events/event/138/](http://www.columbiaslough.org/events/event/138/)

July 14, Thursday

INPUT ON NEIGHBORHOOD ZONING CHANGES

Residential Infill Project Workshop

(RIPSAC)

6:30PM – 8:30PM

Location

5626 NE Alameda St. (at Sandy Blvd)

At this workshop, hear from City staff about their proposal to change the single-family zoning code to reduce the scale of structures, change the way skinny houses are regulated, and make some baby steps towards allowing some Missing Middle Housing types in some areas where fewer of those types are currently allowed. This is the time to offer your input on the proposed changes. *(See more info on page 7.)*

July 14, Thursday

LEAD-SAFE HOME PROJECTS WORKSHOP

6PM 7:30PM

Location

Community Energy Project  
2900 SE Stark St, Suite A, Portland

Before any demo, scraping, sanding, or remodeling in pre-1978 housing, check out this class! Great for people who want to do a small project that may involve exposure to lead paint, such as sanding down an old window frame or a reused door with potential lead paint, or a small construction project in an older home. Register for the workshop at [www.communityenergyproject.org](http://www.communityenergyproject.org) or call (503) 284.6827 x109.

July 19, Tuesday

TIES THAT BIND

2PM- 4PM

Location

Concordia University, George White Library, Room 120

Join our support and resource meeting for grandparents, foster grandparents and family members caring for grandchildren. You are not alone! Join a fellowship of grandparents where you can share and participate in conversation important to you! For additional information call (503) 408-4088. For more information about this program, see page 10.

July 29, Friday

SHAKESPEARE-IN-THE-PARK ‘LOVE’S LABOUR’S LOST’

7 PM

Location

Concordia University’s campus green.

Enjoy an outdoor play performed by Portland Actors Ensemble. For more information visit [www.portlandactors.com](http://www.portlandactors.com).

August 2, Tuesday

CNA’S NATIONAL NIGHT OUT CELEBRATION

5 PM – Bicycle and stroller decoration station opens

6 PM – Parade starts

6:30 PM – Wanderlust Circus Orchestra band playing at Fernhill Park

Neighbors are invited to join in this unique community event. Fun for the whole family! The event focuses on community building in an effort to prevent crime and fear of crime. Our event begins with a pedestrian and bicycle parade at Dekum Court, Home Forward’s Public Housing Community, located at NE 25th & Saratoga, and ends at Fernhill Park on NE 37<sup>th</sup> Avenue for the last in the Summer Concert series. *(See page 4 for more details.)*



August 7, Sunday (Registration required by August 1)

22ND ANNUAL COLUMBIA SLOUGH REGATTA

9AM – 1PM

\$8 donation per person requested; no one will be turned away.

Registration required. To do so visit [www.columbiaslough.org/events/event/248/](http://www.columbiaslough.org/events/event/248/)

Location

St. Johns Launch  
9387 N Columbia Boulevard

The Columbia Slough Regatta returns for its annual festival in honor of Portland’s hidden waterway. This wetland waterway provides important habitat for bald eagles, turtles, fish, and otters, as well as enthusiastic kayakers and canoeists.

This year, meet at the St. Johns Launch to launch into the safe slack water of the Columbia Slough. The Regatta is not actually a race, but more of a leisurely wildlife-watching group paddle. Keep an eye out for Great Blue Heron, Osprey, Western Painted Turtle, Beavers and more!

Individuals and families are welcome to bring their own boats.



JULY 2016

2

BELOVED PRESENTS

FANNA FI ALLAH

SUFI QAWWALI IN THE LINEAGE OF NUSRAT FATEH ALI KHAN

6

CHAMBER MUSIC NORTHWEST SUMMER FESTIVAL

THE BEETHOVEN OF TOMORROW

8

WHISKEY SHIVERS

AMANDA RICHARDS  
AARON BACA

10

MALHEUR:

SEASONS OF CHANGE

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11

AN EVENING WITH SLAID CLEAVES

12

VIENNA TENG + JUSTIN KLUMP

13

CHAMBER MUSIC NORTHWEST SUMMER FESTIVAL

THE LAST QUARTET

15

BEN CAPLAN & THE CASUAL SMOKERS

SALOON ENSEMBLE

CHRIS CHANDLER & PAUL BENOIT

17

FRANCESCA BLANCHARD

+ BERGERETTE

20

OREGON HUMANITIES PRESENTS

THINK & DRINK

WITH ISABEL WILKERSON

27

CHAMBER MUSIC NORTHWEST SUMMER FESTIVAL

HSU & YU IN RECITAL

28

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