



CONCORDIA NEIGHBORHOOD ASSOCIATION
PO BOX 11194 / PORTLAND, OR 97211

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | concordiapdx.org

May 2014

CNA General Meeting May 6th Last Thursday on Alberta is Just Around the Corner!

7:00pm - 9:00pm

Kennedy School Community Room

Come hear about the City of Portland's plans to support Last Thursday! Share your perspectives & concerns and help be part of developing creative solutions.

And for the truly tantalizing part of the evening, come cast your Vote on the proposed revisions to the CNA Bylaws! We have had several general meetings to discuss the proposed changes to our bylaws, and the proposed revisions were posted in the February Concordia News and have been on our website since that time. The Board has received excellent feedback from the neighborhood over the past several months and these suggestions have been incorporated into the latest draft which can be viewed online at concordiapdx.org (hard copy can be requested from Katie Ugolini at 503-449-9690). Board and neighbors seem pleased with the current draft, but we want to hear from as many neighborhood members as possible and need a quorum of the general membership to approve the bylaws at our May 6th General Meeting.

We hope to see you all there for a lively discussion on Last Thursday and to vote on the blueprint for running the CNA!

Annual CNA Clean-Up: May 17th from 8am to 12:30pm

PCC Workforce Training Center on NE 42nd Ave & Killingsworth!

Tired of seeing all the clutter & junk in your closet, basement & garage? Drop it all off at the PCC Workforce Training Center on May 17th for **CNA's BIGGEST FUNDRAISER OF THE YEAR!** Spring Cleaning has come to Concordia and the CNA will dump, recycle and find a new home for your household items! Your trash may just be your neighbor's treasure!

WE WILL TAKE: Household Waste, Metal, Furniture, Electronics, Lamps, Styrofoam, Light Bulbs, Batteries, Mattresses, Clothes, Bicycles, Non-curb-side Plastics and other Household Stuff.

WE WON'T TAKE: Food Waste, Yard Debris, Tires, Rocks, Concrete, Paint, Oil, and other Hazardous Waste!

SPECIAL FEATURES in 2014

• **"You Price It" Yard Sale** for reusable household goods! You see something you like, tell us what it's worth to you, and it's yours!

• **Professional Tool Sharpening (8 AM - 3 PM):** Bring in your Knives and Garden Tools and have them professionally sharpened by 1 SharpTool Edge Service. 25% of tool-sharpening profits go to the CNA (see accompanying flyer for details).

• **Collecting household items for Community Warehouse**, a nonprofit organization that provides essential household furnishings to low-income people. Their high-priority items, in order of importance, are as follows: 1) Pots and Pans; 2) Silverware 3) Dishes/Bowls/Drinking Glasses (not mugs); 4) Blankets; 5) Toasters; and 6) Alarm Clocks. Items for Community Warehouse must be clean & in usable condition, & free of stains or tears.

SUGGESTED DONATION FOR CLEAN-UP VEHICLE LOADS:

\$10/car

\$15/truck, van, & SUV

\$20/large truck

\$30/oversized load

Extra \$5 Donation for Electronics & Batteries

ALL PROCEEDS HELP YOUR CNA!

VOLUNTEERS NEEDED to help organize event, & unload vehicles and direct traffic the day of the event. If interested, please email

Katie Ugolini at ktugolini@gmail.com or call 503-449-9690!



DULL BLADES?



Concordia Neighborhood Association

TOOL SHARPENING FUNDRAISER

**Saturday May 17, 2014
8 am to 3 pm**

5600 NE 42nd, Portland, OR 97218

Knives
Scissors
Machetes
Pruners
Loppers
Axes
Pocket Knives
Garden Shears
Shovels
Hoes
Chisels
Rotary Mower

*The Neighborhood Spring Clean Up is coming
What a great time to get your tools ready for the season too!

*Bring your Kitchen knives and Garden tools and have them professionally sharpened when you bring in your Spring Clean up items (first come first served).

*Prices start at \$6.25 for garden tools and \$7.50 for kitchen knives. Cash/Check/Card.



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Thursday, June 5
A Fundraising Show for Fernhill
Summer Concerts in the Park!

Featuring

PETE KREBS AND HIS PORTLAND PLAYBOYS

7:00-9:00 p.m.
The Kennedy School Gymnasium
5723 NE 33rd Ave. Portland OR 97211
FREE and ALL AGES!
Hijinks! Shenanigans! Raffle prizes!

FREE! RAIN GARDEN WORKSHOP

A rain garden is a sunken garden bed that captures stormwater and allows it to soak back into the ground naturally. This workshop provides step-by-step details on how to plan, design and build your own rain garden. Building a rain garden benefits the fish, wildlife, and people that are connected to local streams and rivers.

RAIN GARDENS 101
Sunday, May 18
1:00 - 5:00pm
Kennedy School
5736 NE 33rd Ave

Hosted by:
Concordia Neighborhood Association

Advanced registration is required and space is limited.
Register: www.emswcd.org
Information: 503-222-7645

If you cannot make the June 5th Benefit concert, we hope you will consider making an individual donation to the Fernhill Concert Series by going to the link: www.give2parks.org/concerts * Choose FERNHILL PARK from the Pull Down Menu * Click 'Donate Now' & Get an Immediate Tax Receipt
Any contribution is greatly appreciated! If you are a business or institution, there is still time to be a Fernhill Concert Series Sponsor by contributing \$250 or more! Please contact Judith Yeckel, Concert Production Manager at 503-249-8159 or judith.yeckel@gmail.com to find out about the awesome benefits of sponsorship!

Concordia Neighborhood Association

Meetings & Updates

Get the latest news at ConcordiaPdx.org

These committees have direct results on the Livability of our neighborhood- with your participation.

Board Meeting

Second Tuesday of the Month
May 13th @ 7:00 PM - 8:30 PM
McMenamin's Kennedy School
Community Room

General Membership Meeting

First Tuesday Bi-Monthly
May 6th @ 7:00 PM - 9:00 PM
McMenamin's Kennedy School
Community Room
Vote on Bylaws & Discussion about
2014 Last Thursday on Alberta

Finance Committee

For Meeting times and location visit our website or email: ContactCNABoard@yahoo.com

Policies/Procedures

Contact Katie Ugolini (Chair)
503-449-9690 for meeting time & place

Media Team

Newspaper and Website
Email: ConcordiaNews@yahoo.com

Social Committee

Contact Katie Ugolini (Chair)
503-449-9690 for meeting time and location.

Help fundraise for Fernhill Summer Concerts and Plan Annual CNA Yard Sale

Spring Clean-Up Committee (Ad Hoc)

Contact Katie Ugolini (Chair) at 503-449-9690 for meeting time and location

Help Plan CNA Clean-Up. Volunteers needed to plan event and unload vehicles & direct traffic the day-of. Exploring more re-use options this year.

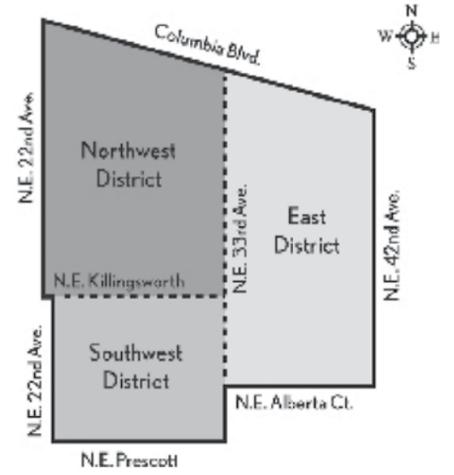
Land Use, Livability and Transportation Committee

Third Tuesday of the Month
May 15th at 7:00 pm
McMenamin's Kennedy School
Community Room

The land use committee grants approval for neighborhood projects. To hear about and try to solve issues affecting quality of life in Concordia brought to us by community members.

Tree Team Meeting

First Thursday of Every Month
May 1st at 6 pm
Dining Area at New Seasons
www.concordiatreeteam.wordpress.com



CONCORDIA NEWS

Concordia News is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia Neighborhood.

Mission Statement

To connect Concordia residents and businesses- inform, educate, and report on activities, issues, and opportunities of the neighborhood.

Concordia Neighborhood Association
www.concordiapdx.org
PO Box 11194
Portland, OR 97211

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contactcnaboard@yahoo.com

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Submissions

The deadline for submissions is the 15th of the month prior to publication. Concordia News may edit for form and length.

Advertising/Business Manager
Please send ad inquiries to:
Mary Wiley (advertising)
CNABusinessManager@gmail.com

Editors
Please send article submissions to:
Mary Wiley (newspaper)
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Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

www.ConcordiaPdx.org
Visit the website of the Concordia Neighborhood Association for:
Community Events &
News Neighborhood Information & Blog
www.ConcordiaPdx.org

2014 CNA BOARD OF DIRECTORS

Current Board	Title
Daniel Greenstadt	Chair
Steve Elder	E 1
Mark Charlesworth	E 2
Isham "Ike" Harris	NW 1
Katie Ugolini	NW 2
Luke Griffin	SW 1
Bill Leissner	SW 2
Robert Bowles	At-Large #1
Esther Lerman Freeman	At-Large #2
Bob Martinek	At-Large #3
Isaac Quintero	At-Large #4
VACANT	At-Large #5
Truls Neal	At-Large #6
Tracy Braden	At-Large #7

Chair's Corner

Life, Livability and the Pursuit of Happiness

Concordia Neighborhood Association strives to deliver a lot things to our community. Whether it's stuffing eggs for the annual Spring Egg Hunt, or dusting off our dusters for the upcoming Community Clean Up event, or wrestling with the spirit of Last Thursday, there's no shortage of things to keep our volunteers busy. High on the list of tasks are things that fall under the broad heading of Safety and Livability. We've got a whole committee by that name, even if we often find ourselves a bit short staffed.

Aside from the challenge of finding enough volunteers to do this important work, safety and livability are often moving targets. And that's where your contributions are most critical. Unless you tell us what matters most to you, we have to guess if you're more concerned about oil trains or barking dogs; graffiti or global warming; speed bumps or meteorites.

One thing I've learned is that people's priorities are as variable as...well... people. I've seen previously uninvolved members of the community rush pell-mell into a CNA board meeting because they woke up to find a bullet hole in their car fender. I'd be running too. Despite the extreme infrequency of something like that, it's certainly a motivator. Just like our recent focus on the prospect of an oil train explosion or fire along Columbia Blvd., just because the big scary things are uncommon doesn't mean they don't deserve thought and attention.

On the other hand, there are plenty of much more mundane issues we face everyday that also pique the interest, if not the ire, of some of our fellow neighbors. If you've lived in Portland very long, particularly in Concordia according to some people, you probably hardly notice that a large percentage of cars parked at the curb are facing the wrong direction. I remember being immediately struck by that phenomenon when I first moved to town from a city that had zero tolerance for such a thing. I simply assumed the laws were different here. As it turns out, it's still illegal, even if it just seems like another part of the local landscape. Should we be doing something to fix it?

And how about all those crazy alleys? We've got 120 blocks worth of them here in Concordia. My neighbor across the street maintains the alley behind his house like a formal English garden. One block away is an alley where Amelia Earhart's plane could be hiding. What should we be doing about it?

And don't get some people started about skinny houses...or suspicious tree cutting...or new liquor licenses...or affordable housing...or gentrification...or cracks in the sidewalk.

My point is that we've got lots to decide and we need lots of deciders like you to help lead the way. Dr. Seuss wrote, "Oh the things you can think up if only you try!" I'll bet you don't have to try very hard to think of a few things that impact your safety and livability. And I'll bet you're not the only one. Have I got a committee for you!

Daniel Greenstadt, Chair, Concordia Neighborhood Association

Wanted:

Community Room Manager

The community room at the McMenamin's Kennedy School is a very important asset to CNA and to our neighborhood. In addition to being the meeting place for many CNA events, it's also available to other nonprofit and private users who are looking to rent local meeting space.

The community room manager takes and manages reservations, maintains the reservations calendar and monitors the room to make sure policies and procedures are being followed. CNA recognizes that the level of effort goes a bit beyond the usual volunteer commitment so there is a \$200 stipend associated with the position.

If you think you have the flexible time and the administrative skills to do this job, please send a brief cover letter and resume of relevant skills and experience to contactCNAboard@yahoo.com.

Neighborhood Community Room

Rent it for your next gathering, book club, celebrate a special occasion, birthday, baby or wedding shower? CNA manages the rental space & benefits from the proceeds.

Non-Profit Organization for \$15 an hour

All others for \$25 an hour

CNAroomKennedy@gmail.com

**Thank you for a wonderful Spring Egg Hunt
enjoyed by many on Saturday, April 19th at Fernhill Park
Sponsored by: Concordia Neighborhood Association & American Legion Post 134**



Summer Concerts in Fernhill Park

If you would like to help the CNA Fernhill Concert Committee fundraise for this year's fabulous season, please contact Katie Ugolini at ktugolini@gmail.com or 503-449-9690.

We are also asking local businesses and individuals to donate anything they can to help make these concerts happen! Whether you are a business owner, a neighborhood family, or an individual, **WE NEED YOU to help raise funds to produce another memorable concert season in Fernhill Park.** If you would like to contribute to this Spectacular Summer Series, please visit:

-www.give2parks.org/concerts to donate!

-Choose FERNHILL PARK from the Pull Down Menu

-Click 'Donate Now' & Get an Immediate Tax Receipt

-Any contribution (e.g. \$5 or \$10) is greatly appreciated!!

Furthermore, if you are a business, institution, or individual and want to be a Fernhill Concert Series Sponsor; by contributing \$250 or more, you will receive these awesome benefits of sponsorship!

- Opportunity to have promotional table at all 5 concerts to display, give, or sell items.
- A chance to give to your neighborhood
- A tax deductible contribution staying "close to home"
- Your Business Name Recognized:
 - In the PP&R Summer Free For All Brochure distributed throughout the city to over 300,000 people
 - On the PP&R Summer Free For All Website
 - Thanked over the "P.A." at concerts
 - In the Concordia News, reaching 6000 households
 - On the Concordia Neighborhood website

Here are the options:

Champion Sponsor: \$2,500 Presenting sponsor status for one night of a concert series Opportunity to MC and welcome audience to the concert Logo or name on the concert banner, select Summer Free for All movie screens, season brochure and Concordia neighborhood flyer Listed as presenting sponsor in the season brochure and the neighborhood flyer Listed on the PP&R Summer Free for All website Recognized from the stage at all concerts Featured in community newspaper promotion

Champion Combo Sponsor: \$2,500 + \$2,000

Presenting sponsor status at one park for the standard rate; \$500 off the same sponsorship level at a second park All benefits of Champion sponsorship apply at both parks

Major Sponsor: \$1,000 and up Logo or name on concert banner, one Summer Free for All movie screen, season brochure and Concordia neighborhood flyer Listed on the PP&R Summer Free for All website Recognized from the stage at all concerts Featured in community newspaper promotion

Contributing Sponsor: \$500 and up Name in bold on the concert banner Name in bold in the season brochure and on Concordia neighborhood flyer Recognized from the stage at all concerts Listed on the PP&R Summer Free for All website

Good Neighbor Sponsor: \$250 and up Name in the season brochure and on neighborhood flyer Recognized from the stage at all concerts Listed on the PP&R Summer Free for All website Any sponsor may have a promotional table at the concerts they are supporting.

Sponsorship reservations are needed ASAP; payments are due June 1, 2014 to be included in promotional material. If you are a business, please contact Judith Yeckel, Concert Production Manager at 503-503-249-8159 or judith.yeckel@gmail.com. If paying by check, make checks payable to Portland Parks & Recreation/ Fernhill Concerts and mail to Summer Concerts ATTN: Judith Yeckel, PPR: Mt. Tabor Yard, 6437 SE Division St., Portland, OR 97206. CREDIT CARDS ALSO ACCEPTED.



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EASTBURN'S FEAST FOR BEASTS FUNDRAISER DINNER

IN SUPPORT OF THE ANIMAL SHELTER ALLIANCE OF PORTLAND'S SPAY & SAVE PROGRAM

MAY 28TH 6:30PM

- THREE COURSE DINNER WITH DRINK PAIRING AND RAFFLE
- \$50 PER TICKET
- TICKETS AVAILABLE FOR SALE UNTIL MAY 21ST FROM WWW.THEEASTBURN.COM
- ALL PROCEEDS FROM THE EVENT WILL GO DIRECTLY TO ASAP'S SPAY & SAVE PROGRAM



1800 E BURNSIDE 503-236-2876

GRANNY'S GARDEN COTTAGE
VACATION RENTAL



Friends or relatives coming to visit? Have them nearby and preserve privacy for everyone.

Remodeling your kitchen and need to get away from it for a while? Enjoy a getaway in this newly built cottage in a large garden setting, in the Cully neighborhood of NE Portland.

Owners, Carolyn Matthews and Bruce Nelson, long-time Portland residents, live on the property.

www.grannysgardencottage.com
(503) 287 - 7690



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Cully Farmer's Market

The Cully Farmer's Market is joining forces with Thursday's Old Salt Market. The Market is moving into the heart of 42nd Ave business district and will be located outside of Old Salt, Roses, and Rocket Pizza. The season will still be June through September but will change to Thursdays from 4 to 7 PM. This is a tri-neighborhood market and an opportunity to collaborate with nearby Cully and Beaumont/Wilshire neighborhoods.

The Cully Farmer's Market is unique in that it will be hosting mostly neighborhood-grown produce. In addition to local farming, it is creating a market that promotes neighborhood cottage industry. The Cully Market would like to encourage all of the neighbors who make or create products or services to consider having a booth at the Cully Farmer's Market. Booth price is \$25 per week. They will still have our community booth open to residents of Concordia, Cully, and Wilshire/Beaumont.

Additionally, they are introducing an entrepreneurial opportunity booth called Neighborhood Spotlight where you can sign up to have an entire booth to yourself free for one week. Please notify Myo at cullyfarmersmarket@gmail.com if you would like to have a booth at the market. Keep on the lookout for our website cullyfarmersmarket.com and checkout and like our Facebook page.

Alberta Street Fair

The 17th Annual Alberta Street Fair is Saturday, August 9, 2014 and the planning committee is already hard at work. **Sponsor Street Fair:** The eclectic mix of entertainment and craft at The Alberta Street Fair epitomizes the Portland draw and is a fantastic opportunity for exposure for your business. Download the sponsor packet or reserve your sponsorship online. **Vend or Perform at Street Fair:** If you or someone you know is interested in performing, the application is available online now. If you or someone you know might be interested, info@albertamainst.org 503-683-3252 albertamainst.org

Art Can: Art Works

A new non-profit has landed, born from Friends of Last Thursday, Alberta Art Works is focused on supporting the artistic culture in the Alberta District. How, you may ask?

- Artist Summits - connecting artists with resources, possibilities and opportunities
- Public Art Walk Map - of the Alberta corridor - Did you know there are over 45 public works, both sculptures and murals, on Alberta Street?
- Artist Registry - a guide to artists and art services in our area
- Art Works! Newspaper - a monthly newspaper supporting, educating and facilitating the arts in our community
- Murals on Alberta - Currently, we are raising funds for 12 8'x8' murals for the Black United Fund of Oregon building located at 2828 NE Alberta, that will depict the history of our area
- Learn more: <http://www.albertaartworks.org/>

Concordia Chiropractor

Thank you Concordia Neighborhood!
Concordia Chiropractic Center is moving it's location to a larger space on 42nd and Fremont, in the clinic that formerly was Beaumont Chiropractic. As the date gets closer to the move, Jason Lindekugel says, " he is feeling more and more nostalgic about our move from our location here on the corner of NE 33rd and Killingsworth. I remember when this building was getting completely remodeled, and everyday I would drive by it on the way to work down in SE. This was back in 2006, and it has been a fun ride ever since!" Lindekugel can be remembered as being on the wellness committee of the Neighborhood Association, writing articles in this paper, and hosting community wellness events. The good news is, they are not moving far, 1.5 miles to be exact, to the corner of NE 42nd and Fremont. They will now have more space, and more rooms, and more room to grow! Their hope is that another business can be as happy and supported by the community on the corner of 33rd and Killingsworth. Find out more from: Concordia Chiropractic Center, (503)287-2273, 42211 NE Fremont St.

Eat Well



"I don't like broccoli today." (Or peas, or beets, or salad, etc.)

If this is a commonly-heard phrase around your house, then you must have children (or cranky adults)! Children are notorious for their anti-veggie tastes. Some of them will go to great efforts in order to squirrel out of eating them. Now that spring is officially here, a batch of friendlier vegetables are coming to market. Will the arrival of sweet corn, peas, and green beans motivate your kiddo to get the recommended dose of daily green stuff? May I boldly volunteer a "nay" vote majority?

First, what is it about most kids not liking vegetables? It turns out children are in touch with their prehistoric programming; they avoid the famine by going for the most calorie-dense foods, attracted by sugar and fats. On top of that, unlike adults, they're eating to grow taller. Studies show that fast-growing kids prefer high-calorie foods compared to slow growers (who eat more veggies). Third and final reason: veggies are often bitter. Let's face it, eating vegetables is an acquired taste!

As we enter Farmer's Market, backyard garden, and abundant summer vegetable season, try these methods to get more vegetables into you and your kiddos' mouths.

- Grow your produce. The more access you have to it, the more likely you are to eat it! Gardening gets the whole family involved in producing (and therefore eating) produce. Garden veggies are convenient for those days when you run out of them in the crisper. They also gives children the opportunity to serve themselves and choose the quantity and food they want, which can benefit strong-willed children tremendously. While playing outside, my kids often pause to pick and munch on a purple broccoli floret or a kale leaf, foods they seldom accept to eat off their dinner plates.
- Slip veggies into a smoothie. Throwing a couple handfuls of green into your smoothie will feel sort of like cheating, if you get the correct ratio of vegetables to other ingredients. Here's a delicious summer smoothie recipe: Handful of Kale, 1 Handful of Spinach, 1 ½ Cup Almond, Coconut, or Cow's Milk, 1 cup frozen berries of your choice, 1 T. Honey, ½ tsp. ground cinnamon. (Adapted from Joy the Baker)
- Get them early. Serve vegetables for breakfast! Try veggie stir-fries, scrambles, smoothies, bruschetta, and breakfast salad. (That's right, breakfast salad. Google it.)
- Sunday Food Prep. Pre-chop ingredients for a week of salads, stir-frys, and sides.
- Serve the vegetables first. It is now known that whatever we eat first on our plate, we also eat the biggest portion of. Next time you hear "but I'm hungry now," while prepping dinner, casually set out a plate of crudité: an appealing rainbow of vegetables, maybe with a little fatty dip to make their prehistoric brains see the value in eating such "gross stuff."
- Be real with yourself. Look at the list above. What do all of these methods require? Preparation. Next time you find yourself looking dinner time in the eye and haven't a shred of green under your belt, remember that it's ok. You can plan for more success tomorrow!

Concordia Massage

The Concordia Area Massage Professionals is a newly formed group of professional colleagues with the goal is to generate a group that functions to support therapists professionally and personally, while also furthering the goal of increasing awareness in the community not only of the many great health benefits of massage but of the great variety of modalities and skills available to them very close to home. With Concordia at the heart, they invite Licensed Massage Therapists from the neighborhoods that touch our borders - Cully, Alameda, Vernon, Woodlawn, and Sunderland to join them. If you are a therapist in the area or if you have, or know, a great therapist please pass the word on to them. For more info please contact: Penny Hill, LMT (OR. License #4527) at 503-493-5954 / rsm@myabmp.com or Kim Magraw LMT (OR. License #19492) at 503-499-7631 / kim@concordiawellness.com, www.concordiamassagepros.com

Cycle the Well Field

Saturday May 31st at 8:45am-1:30pm.

Join the Portland Water Bureau and the Columbia Slough Watershed Council for a FREE bicycle tour through Portland's Columbia South Shore Well Field! Located deep below the Columbia Slough Watershed, the City's well field is capable of producing close to 100 million gallons of high quality drinking water per day. The well field is used as an emergency backup for the Bull Run source and to augment our water supply during the summer when demand for water is higher. Refreshments and give-aways will be provided. Space is limited so register early!

The Ride: At several stops along the ride, experts from the Portland Water Bureau and the Columbia Slough Watershed Council will reveal the mysteries of groundwater, discuss how groundwater provides flexibility and reliability to the City's water supply and explain how we can all protect this important resource. Bring your bike, helmet, water bottle and lunch. Dress for the weather.

Length & Difficulty: Approximately 16 miles over relatively flat terrain, at a slow/moderate pace. Suitable for advanced beginner and intermediate riders due to the length and possible headwinds. Ages 12 and up are welcome. Helmets and pre-registration are required.

Start/Finish Location: Aloft Portland Airport at Cascade Station, 9920 NE Cascades Pkwy

Event URL: <http://columbiaslough.org/index.php/events/event/107/> To register at: <http://columbiaslough.org/index.php/events/event/107/>



Friday, May 30th at 4:00-6:00PM

On May 30, 1948 at 4:17pm a levee burst and the Columbia River flooded Vanport City, once the second-largest city in Oregon. This tour features speakers, visits three sites with public art and informational signs and generally includes sharing by Vanport families. A World War II housing project,

Vanport was home to nearly 100,000 people during its existence, hosted Vanport College (now PSU) and many innovative educational and social programs. It housed a large African American community as well as returning Japanese internees and World War II veterans.

Historians Dr. James Harrison of Portland Community College- Cascade Campus and Ted Kaye will share their unique perspectives on the community and its relationship to Portland. Susan Barthel of Environmental Services will talk about storm water and rainfall and the Multnomah County Drainage District will talk about the levee system. The tour will include visiting the Columbia Slough levee.

This outdoor tour begins at the Delta Park/ Vanport Park & Ride and continues by carpool. Suitable for adults and children aged 10+; RSVPs appreciated. Event starts at Delta Park / Vanport Park & Ride -Look for the sandwich board sign that says "Slough Tour" 1940 N Victory Blvd, Portland, OR 97217

Event URL: <http://columbiaslough.org/index.php/events/event/108/> Sponsors: The Columbia Slough Watershed Council and the City of Portland's Bureau of Environmental Services



Albina Green Park Renovation

By Northeast Coalition of Neighborhoods

Humboldt neighborhood's only official park is getting a makeover this spring, with support from Northeast Coalition of Neighborhoods (NECN).

Albina Green, the tranquil public space at the corner of N. Albina Ave & N. Sumner St., was a vacant, tax-foreclosed property until a group of neighbors worked with Multnomah County and the City to convert it to a park in 1998-99. Albina Green is now used by as many as 200 people each day; later this month renovations will get under way to make the park even more welcoming and accessible.

Humboldt neighbor and artist Anne Greenwood was instrumental in establishing and designing the park in the late 1990s. She is now spearheading the upcoming improvements on behalf of Humboldt Neighborhood Association, which received a \$32,666 grant from the Portland Development Commission to fund the project.

"When the neighborhood originally designed this park in 1998 we needed to enclose, define, and identify the place as a green space," Greenwood reflected. "Now, sixteen years later, we need something new; we need to open up the park, give it unique features like a raised area for performance, expression, and activity, and invite community members in to do their thing."

The changes to Albina Green will be subtle, but significant. Fencing will be removed from the north

and west sides of the property, and replaced with an L-shaped raised area constructed of masonry and soil with grass on top. This will create an ADA-accessible space for performances, picnics and events, and will provide seating with a front-row view of activity along the street. The unique car-bumper bench currently at the park's northwest corner will be moved to the east side of the park, and a community bulletin board will be installed adjacent to the bus stop on N. Albina Avenue. Various landscape improvements will be also be made, including the replacement of four diseased street trees. Much of this work will be done by contractors who live in Humboldt and adjacent neighborhoods, including several state-certified Minority, Women and Emerging Small Businesses.

These improvements are made possible by NECN's behind-the-scenes role as the project's fiscal sponsor - handling the money and invoices and providing administrative support. (Visit NECN's website - necolalition.org/sponsored-projects - to find out how the Coalition can help your neighborhood association or other group carry out its next project.)

When the work is complete later this summer, a community celebration will be held in conjunction with Cherry Sprout Produce's annual Art in the Park event (date to be determined). Those with questions about the park, or ideas for events and programming to be held there once the renovations are complete, can contact project organizers at albinagreenpark@gmail.com.

Concordia Planning

By Garlynn Woodson, Chair of the CNA Land Use & Transportation committees

As a part of Portland's Comprehensive Plan update process, a concept is being developed that would allow specific areas of the city to apply to become "Plan Districts" where unique conditions (based on established settlement patterns; natural, cultural, or economic attributes; or problems resulting from rapid or severe transitions of land use) justify their use.

Some Concordia neighbors have proposed that a new Plan District should be created within a portion of our neighborhood; discussion thus far has centered around four elements:

1. The Plan District should apply to the portion of the neighborhood with alleys.
2. Within the District, any auto access to off-street parking should be via the alley; specifically, no new curb cuts for driveways shall be allowed to cross the sidewalk where an alley is available. If the alley needs to be improved to allow for this access, it would be the responsibility of the developer.
3. New skinny house proposals, proposals for R2.5 development in an R5 neighborhood, or any other proposal involving the subdivision of lots or demolition of existing houses, must be reviewed and specifically approved by the neighborhood association.
4. All new houses shall be constructed with front porches of sufficient size to serve as an exterior living space; or shall otherwise provide for the level of community interaction that is facilitated by functional front porches.
5. Other elements from the "10 Essentials for North/Northeast Portland Housing," as referenced and adopted in the Design Guidelines section of the 1993 Concordia Neighborhood Plan?

Concordia residents interested in helping to refine this proposal, or in discussing any other issue related to land use and transportation, are invited to attend the next Concordia Neighborhood Association Land Use and Transportation (CNA LU&T) Committee meeting, the third Tuesday of the month, 7pm, in the Community Room in the SE corner of Kennedy School. To join the mailing list, send an email to: pdx_cna_lu_and_t_committee@googlegroups.com

Letter to the Editor

Dear Editor,

As a Concordia resident for nearly 17 years, and homeowner bordering NE Lombard and 33rd, the issue of possible transportation of fuel and oil through our neighborhood raises a great concern for my family and for my neighbors. It surprised me to learn that this is happening in Portland, which has been considered one of our country's most environmentally conscious cities. If transportation of fuel and oil through Concordia were to increase in the future, this would heighten the chance of a blast that would destroy our neighborhood. This will also inevitably increase the threat to the sustainability of the Columbia River, one of the planet's most productive and diverse ecosystems.

This plan clearly threatens the safety of our neighbors, schools and local businesses that we have supported in our community for years.

As an active realtor in the neighborhood for the past 10 years, I also foresee some of the potential effects this could have on home values in the area. Portland homes buyers are very conscious of environmental hazards that could put their families in danger. While these oil trains may not be considered a material defect in a property disclosure, the internet provides enough for a buyer to form a decision. This could lead to Concordia becoming less desirable and cause less demand to live here. I am in support of any effort to educate our neighbors, community leaders and most importantly those responsible for putting our families in danger.

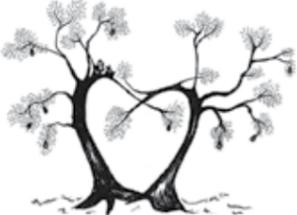
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Concordia Nursing Students focus on Food Insecurity with NE Backpack Lunch Program

by Madeline Turnock

The child at Faubion School preK-8 looked up, surprised, at the Concordia University student handing her a bag full of food for the weekend. Concordia nursing student Whitney Thomas was stopping by the classroom for the second Friday in a row.

"Again?" the child asked.
"Yes, every Friday," promised Whitney.
The student's face lit up with joy.
At a school where approximately 80% of the students receive free and reduced lunches, food insecurity remains at home and on the weekends for many children.

Oregon and New Mexico have the hungriest kids in the country. It is estimated that nearly 1 in 3 Oregon children are food-insecure, meaning that their families don't always know where their next meal is coming from, according to Feeding America and the U.S. Department of Agriculture.

As part of Concordia University's nursing program, students take a community health course and clinical, taught by associate professor Duane Miller and visiting professor Laura Sherburne. In fall 2013, as part of the clinical, Whitney and seven of her classmates conducted a community needs assessment at Faubion School, a preK-8 Title I public school in NE Portland. Their findings shocked them.

During the course of their study, food security emerged as a critical need to ensure children could succeed in the classroom.

"They're kids. Everyone deserves an opportunity to learn. But when you come to school hungry and tired, you're not prepared for successful learning," said Whitney. "We are preparing to be nurses, and part of nursing is being a connector. We identify the needs, then connect people with resources."

How does this tie in with a Concordia education? "Working with Faubion School, Concordia nursing students were able to have a practical experience to understand the social determinants of health,"



said Professor Miller. "Experiential service-learning is something we look forward to continuing as 3 to PhD™ develops."

Once food security emerged as a need at Faubion School, Whitney led Concordia's Nursing Club in an effort to find and create resources. The Nursing Club raised an initial \$200 through a bake sale. Then, under the mentorship of Marilyn Mauch, founder of the Northeast Backpack Lunch Program, a system was put in place to provide two weekend lunches at \$3.96 per child every Friday.

Whitney hopes this will grow as broader community connections begin to take shape, including with the school's Parent-Teacher Association (PTA), St. Michael's Church, the Concordia Neighborhood Association, and local businesses.

Whitney graduates this spring with a bachelor's degree in nursing from Concordia, and she has already landed a nursing position at Rogue Valley Medical Center in Medford, Oregon.

Food donations are being accepted at St. Michael's Lutheran Church M-W and Sundays between 9 a.m. and noon or email concordia.backpack@gmail.com or dmeyer@cu-portland.edu. For additional background about food insecurity in America, visit <http://www.takepart.com/place-at-the-table>.

Help Increase Access to Fresh Affordable Food

by Theresa, Marketing Coordinator at ACG

For years now Alberta Cooperative Grocery has been donating money annually to the Portland Farmer's Market's Fresh Exchange program. Fresh Exchange provides SNAP shoppers with a dollar-for-dollar match (up to an additional \$5 per week) to spend with market vendors at the NE King (and other) Portland Farmers Market locations. By making their benefit dollars go farther, Fresh Exchange encourages SNAP beneficiaries to frequent farmers markets, so they can enjoy the best local food and support local farmers. To date, over \$80,000 has been distributed to Portland people with EBT benefits, having a direct effect on people's ability to choose local, organic, fresh food in our neighborhoods.

This program speaks directly to our mission here at ACG, so we've been really proud to have been able to donate for so many years running, and having it be our biggest annual donation ever for years running, too.

This year, due to budget cuts, ACG isn't able to donate as much as we have historically to this

incredibly important program. But there's still hope! We are launching a full-scale donation drive to help supplement our own donation dollars so the Fresh Exchange program doesn't have to suffer. We need your help to get us there. We're trying to raise a total of \$2,000, which is a lofty goal, to be sure. Even with that in mind, we believe so strongly in the program and in the power of community that we think this can happen. But only with your help! **Come in to Alberta Cooperative Grocery to get some more info about the program and donate what you can to help keep this inspiring program alive.**

For more information visit www.albertagrocery.coop/news, or visit our store at 1500 NE Alberta St. We're open 7 days a week, from 9am to 10pm.

Local Food Resources

Find CSA farms: www.portlandoregon.gov/bps/csa.

Find Portland farmers markets: www.portlandoregon.gov/bps/farmersmarkets.

Learn about Portland Area Community Supported Agriculture Coalition (PACSAC)

Protected Sick Time is Here

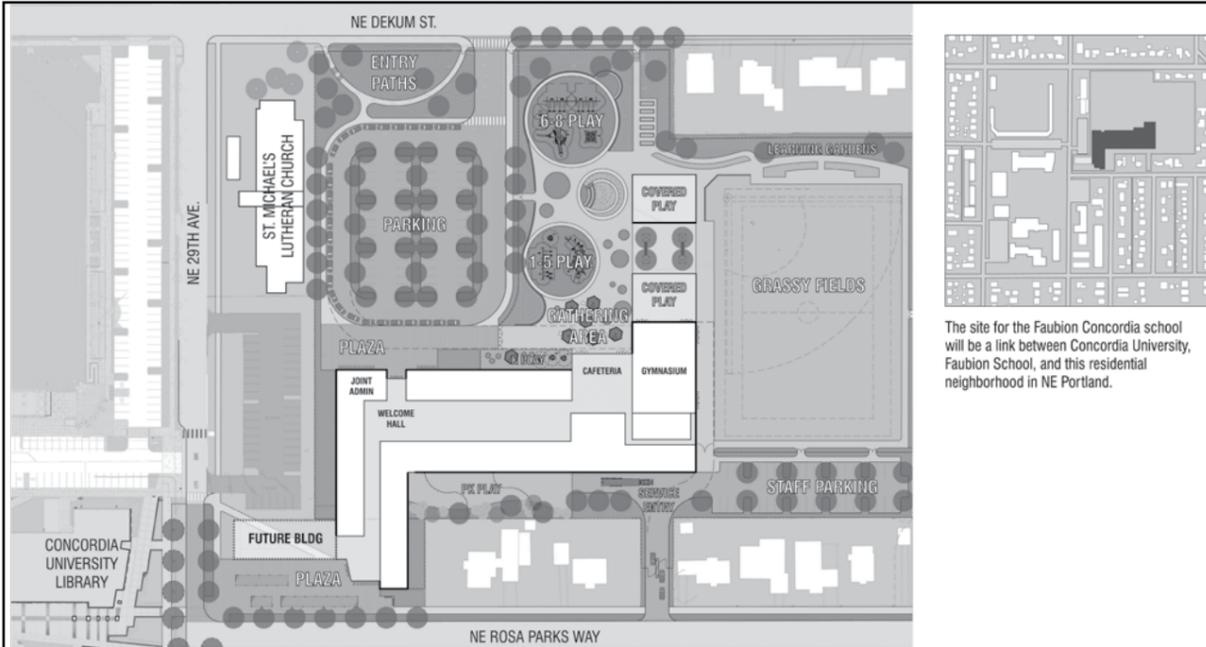
As of January 1, 2014, the City of Portland's new Protected Sick Time ordinance went into effect, providing workers in Portland with a protected right to earn sick time to use when they or a family member are sick, injured, or in need of preventive health care.

The ordinance applies to all employees who work within the geographic boundaries of the city of Portland for 240 hours or more in a calendar year. Employers with six or more employees must allow workers to earn paid sick leave. Employers with five or fewer employees are required to provide unpaid

sick leave. Full, part-time, and temporary employees should accrue one hour of job-protected sick time for every 30 hours worked and, if earned, can accumulate up to 40 hours paid or unpaid sick time per calendar year. Earned sick leave may be used in increments of one hour or greater, and may be used to cover all or part of a shift.

For employers and employees interested in learning more about this new law, visit www.portlandoregon.gov/sick-time, email sicktimeinfo@portlandoregon.gov or call 503.823.3994.

Faubion PK-8 School is 1 Step Closer to Reality



SITE PLAN

The new Faubion-Concordia school will occupy the existing Faubion PK-8 school site and extend onto Concordia University property to the Southwest. This arrangement allows a strong connection between the PK-8 school functions and the core of the Concordia University campus. The new site plan offers optimal vehicular, bike, and pedestrian traffic flow along with great visual connection between parking and play areas for easy drop-off and pick-up routines.

The site for the Faubion Concordia school will be a link between Concordia University, Faubion School, and this residential neighborhood in NE Portland.



The Portland School Board unanimously approved the master plans for the rebuilt Faubion PK-8 School that is being developed in partnership with Concordia University.

"It's incredibly exciting and we are all thrilled to see this unique partnership move forward," said Board Director Ruth Adkins after the April 16 vote.

PPS staff, Boora Architects and Concordia University presented the master plan for the proposed rebuild March 31. The Faubion rebuild and modernization of Franklin, Grant and Roosevelt high schools will be paid for with the eight-year, \$482 million PPS School Building Improvement Bond. Construction at Faubion is slated to begin in summer 2016 and planned for completion summer 2017.

The new Faubion is being developed as part of a unique partnership with Concordia, which will help raise part of the funding for the project. The bond is funding the construction of the new PK-8 school while Concordia's contributions from fundraising will bring additional services and innovative pre-kindergarten and other learning opportunities to the school.

The master plan shows the replacement of Faubion with an enhanced PK-8 school on the same site. The plans include a new College of Education facility for Concordia University, along with associated community service components such as an early childhood education facility and a health and wellness center.

The rebuilt Faubion PK-8 will become the heartbeat of the neighborhood, offering wrap-around services to Faubion families. A portion of the combined building and access will be on contiguous Concordia property.

Community helped develop plans

The plans were developed over the last several months with significant community support and involvement. Present and future Faubion families, the Faubion Design Advisory Group (DAG), PPS and Concordia staff, potential wrap-around service providers, neighboring St. Michael's Church and community members were all involved in developing the plan.

Concordia and Faubion have collaborated as neighbors for 63 years. During this time, many Concordia education students have completed a part of their field experience at Faubion. Concordia provides over 200 student volunteers each semester to help tutor and mentor Faubion students in the classrooms, and teach in the SUN after-school program. Concordia student nurses also support Faubion's health and wellness efforts. Working with Faubion teachers, Concordia students have helped improve learning outcomes for Faubion students in reading, math and science and dramatically reduced playground discipline referrals.

"In just a few short years, Faubion and Concordia University students will eagerly cross the threshold into a one-of-a-kind, distinguished school," said LaShawn Lee, principal of Faubion PK-8. "Our partnership is an exquisite example of a community bound together to enhance the lives of children and families through academics, health, nutrition, and safety."

Collaboration produces better outcomes for kids Gary Withers, Concordia University chief strategic relations officer, agrees. "We know we can accomplish more and better educational outcomes if we work together. Our collective vision through '3 to PhD' is to create safer, healthier, and more educated communities." Board member Matt Morton is looking forward to the implementation of the partnership plan and where it might lead. "There is a degree of innovation in this project that I'm excited about. I want to see where we can take this and if it's replicable and scalable in other schools in the District."

The Faubion Replacement project moves to the schematic design phase. Schematic design is a more detailed study of the layout of educational spaces and common areas. Public design workshops and Design Advisory Group meetings will continue as the project progresses forward in the coming months.

Learn more on the Faubion bond website: <http://www.pps.k12.or.us/bond/8497.htm>

David Mayne, PPS Bond Communications, 503-916-3009

Community Music Center

The Community Music Center (CMC) is a Portland Parks & Recreation facility in partnership with an all-volunteer nonprofit organization that raises money to help subsidize tuition fees at the school. It serves families across the Portland area and supports those with limited economic means by increasing access to music performances and educational opportunities. Benefit concerts support a need-based scholarship fund that enables students to follow their dreams in music.

PP&R's Community Music Center is now taking registrations for Summer 2014 camps, classes and lessons. For more information, call 503-823-3177 or visit www.communitymusiccenter.org.

Homestay Hosts Needed

This summer, international students will be learning about American culture and the English Language at Concordia University. We are seeking quality homestay families to house the students. Students will be in class from 9-4pm Monday through Friday. There are some excursions planned, but mostly the students will have evenings and weekends to be with their host families. Dates: June 29-July 27 (4 weeks) and/or Aug. 2-Sept. 7 (5 weeks). Students are from Baewha Women's University in Seoul, Korea or Bunkyo University in Japan. If you are interested, please contact Erika Wiescher, Assistant Director of International Studies, at ewiescher@cu-portland.edu or 503-280-8152.

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The Back Page - Neighborhood Events

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MAY IS OREGON WINE MONTH
Weekly Wine Specials

Thursday, May 8
HONKY TONK UNION
'60s Bakersfield sound
7 p.m. • Free • All ages welcome

Friday, May 9
'80s PROM
WITH RADICAL REVOLUTION
So, like, will you go to the prom with us, or whatever?
7 p.m. 'til 11 p.m. • \$15 • 21 & over
Tickets at cascadetickets.com

Sunday, May 11
MOTHER'S DAY BRUNCH
French toast, buttermilk biscuits and sausage gravy, specialty salads, fresh fruit, eggs, country sausage, smoked bacon and more.
\$28 adults, \$17 kids 5-12, Free for kids 4 and younger
Reservations required
9 a.m. 'til 3 p.m.

Tuesday, May 13
RACE TALKS: An Opportunity for Dialogue
WHERE PUSHOUTS LEAD: The Prison-Industrial Pipeline
6 p.m. doors; 7 p.m. • Free • All ages

Thursday, May 15
LIMITED-EDITION BEER TASTING
El Diablo
A combination of jalapeños & habaneros were added to kick the evil up a notch! You've been warned!
5 p.m. 'til the beer is gone
Boiler Room Bar • 21 & over

Thursday, May 15
Peter Pants
Hillbilly jazz
7 p.m. • Free • All ages welcome

Monday, May 19
HISTORY PUB
"Bud Was Serious!": A 30th-Anniversary Retrospective of Bud Clark's Successful Race for Mayor of Portland
Featuring Bud Clark, Tim Hibbitts & members of Bud's campaign staff
6 p.m. doors; 7 p.m. • Free • All ages

Thursday, May 22
Alexa Wiley and The Wilderness
Harmonic rock
7 p.m. • Free • All ages welcome

Thursday, May 29
THE TWANGSHIFTERS
Rocking the Pacific Northwest
7 p.m. • Free • All ages welcome

Guardino Gallery

April 24-May 27
Main Gallery: Gillian Freney paints on frosted Mylar with oils then uses subtractive techniques. Karen Croner is a mixed media sculptor inspired by iconic characters in favorite Grimm's fairy tales.
Feature Area: Mari Livie works with fiber and thread. She will be presenting two series.
2939 Alberta Street | 503 281-9048
www.guardinogallery.com

Six Days Art Gallery

April 24th - May
Inter-Face; featuring the art of Amy Zirkle, she explores ideas about human relationships, complexities in communications and the masks we wear in our daily lives.
2724 NE Alberta Street | 503-280-6329
www.sixdaysartgallery.net

Knitting & Cocktails

Mondays at 8pm
With Close Knit at Cruz Room
Knitters get a discount on food and drinks.
2338 NE Alberta St.
503-208-3483 info@cruzroom.com

Bingo

Every 1st & 3rd Friday of the month. Bingo starts at 8pm SHARP so show up early. \$1 a game for 3 cards (4 with a can of food for the Oregon Food Bank!
American Legion Hall, NE 21 & NE Alberta

Clash of the Cocktails

Thursday May 15th from 6-9pm
Alberta Abbey: 126 NE Alberta Street
Fundraising Event for Community Energy Project, Cocktail mixing event between eastside and westside distilleries, live and silent auction, delicious food, drinks
Tickets \$75 (\$120 for two)
Visit communityenergyproject.org for more

Sunday Parkways

Sunday Parkways is a series of free community events opening the city's largest public space - its streets - for people to walk, bike, roll and discover active transportation. Estimates put total attendance at the events at more than 100,000 annually. Residents and visitors say they come to enjoy the traffic-free streets connecting parks and schools filled with activities, music and vendors. It's safe, family-friendly and a chance to meet neighbors. To find routes please go to www.PortlandSundayParkways.org.
May 11 -East Portland
June 22 -North Portland

Aviation Noise 101

Friday, May 9
10 a.m. - 2 p.m.
PDX International Airport
St. Helens "B" Conference Room
Please join the Port of Portland for "Aviation Noise 101 - An Overview of Aviation Noise" led by Mr. Steve Alverson, one of the top aviation noise experts in the United States. The session will provide a framework for understanding the history, regulations, and simple physics behind aviation noise issues. This class will provide the basic technical knowledge of aircraft noise needed by community members.

Concordia Univ Events

The Future of Stuff, Portland's First Breaker Project May 4-19
Registration is now open. Breaker Project comes to Portland with The Future of Stuff, a manufacturing design challenge, hosted and sponsored by Concordia University, The Construct Foundation and PIE. Seats for Breaker participants of all ages are open. Students 17-24 will join businesses from across Portland to research local manufacturing, then design and test the viability and social impact of business opportunities they identify. For more information visit <http://www.projectbreaker.org/breaker-pdx/>.

WORSHIP IN PINK

Wednesday, May 14, 6-7:30 p.m.
Monday, June 9, 6-7:30 p.m.
Saturday, June 14, 10-11:30 a.m.
Legacy Emanuel Medical Center
2801 N. Gantenbein Ave. Room 1035
Invite congregation representatives to attend one of our free information sessions to learn how congregations can become involved in Worship in Pink. To reserve a space, call 503-735-1475 or email info@worshipinpinkpdx.org Worship in Pink is a health program promoting breast cancer awareness in our community. It provides information about risk factors and the critical role of early detection in saving lives. Congregations of all faiths provide education and activities during Worship in Pink Weekend, October 10-12, 2014. Worship in Pink is presented by Legacy Health in partnership with Susan G. Komen® Oregon and SW Washington.

CNA 16th Annual Yard Sale

July 25, 26 & 27, 2014
Questions contact: Yard Sale Coordinator—
Donna Carrier
Phone: 503-288-9826 or email: donna.carrier58@gmail.com.

Portland Storytellers' Guild

Story Swap and Potluck: 6:30 pm, Friday, May 2, Kennedy School, 5736 NE 33rd Avenue. Come and listen or share a 5 minute story in a safe, supportive environment. Oh! Was There Another Road? Ah-Ha Moments or Karmic Kickstart? You Decide! Come, enjoy an evening of stories about those surprise endings and 'Ah-Ha!' moments where everything changes in a splitsecond. Featuring: Ray Dalen, Ken Iverson, Pearl Steinberg and Rose Sweetwater
Friday May 9, 2014 7:30 PM, Hipbone Studio, 1847 E. Burnside



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MAY 2014

- 1 **THE SPEAKEASY INCIDENT**
WITH JACOB MILLER & THE BRIDGE CITY CROONERS + SMUT CITY JELLYROLL SOCIETY + SWINGTOWN VIPERS
- 3 **ECDYSIAST PRESENTS**
elemente
- 7 **JERRY JOSEPH**
BENEFIT FOR ROCK SCHOOL KABUL
- 8 **TAARKA**
- 9 **EILEEN JEWELL**
+ ZOE MUTH
- 10 **LIVE WIRE RADIO**
- 11 2PM **LISTEN TO YOUR MOTHER**
LIVE READINGS IN CELEBRATION OF MOTHERS' DAY
- 11 8PM **ROBERT JOHNSON'S**
103RD BIRTHDAY BASH
FEAT. MARY FLOWER • URAL THOMAS • TERRY ROBB • JOE MCMURRIAN • MORE!
- 12 **HOWE GELB + GRANT-LEE PHILLIPS**
- 13 + 14 **TEMPOS CONTEMPORARY CIRCUS TROUPE**
PRESENTS **BOTTOM OF THE WELL**
- 15 **OKAIDJA AFROSO + SHOKOTO**
- 16 **THE RIGHTEOUS MOTHERS & CHRISTINE LAVIN IN CONCERT**
- 17 **THE BANJO KILLERS PRESENT:**
SCOTT LAW 'BLACK MOUNTAIN' & TONY FURTADO
- 18 **COMMON GROUND WELLNESS**
CENTER ANNUAL MEETING WITH
PETE KREBS & BRENT MARTENS
- 23 **THIRD ANGLE PRESENTS**
NEW IDEAS IN MUSIC
COMPETITION & CONCERT
- 29 **TYLER WARD**
SINCERLY YOURS TOUR
- 30 **HOMOMENTUM**
THE MUSICAL
ALBUM RELEASE CONCERT
- 31 **LIVE WIRE RADIO**
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