



# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association

March 2021

## Homelessness: how does the city respond?

A member of the city's Homelessness and Urban Camping Impact Reduction Program will explain that Wednesday, March 3, at the Concordia Neighborhood Association general meeting. See Pages 2 and 7 for details, and visit [ConcordiaPDX.org/CNAMeetings](http://ConcordiaPDX.org/CNAMeetings) for information about attending the virtual meeting.

### CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

### Concordia News

This free, monthly publication of CNA will abstain from publishing anything that could be construed as libel.

Copies are delivered to all residences and many community and business locations in the Concordia neighborhood.

Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.

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## Trustee files foreclosure on CU

By Nancy Varekamp  
CNews Editor

**T**rustee Lawyers Title Insurance Corporation initiated foreclosure proceedings against Concordia University Jan. 27 for defaulted loans. It came 13 days short of a year after the school announced it would close its doors.

News of the foreclosure spread quickly after certified copies of an 11-page Trustee's Notice of Sale were posted on the campus by the trustee.

According to the notice, if CU does not repay the loans upon which it has defaulted, a sale of the properties and facilities is scheduled for 1 p.m. June 29.

"In a foreclosure, if the borrower cures the defaults and pays the amounts due, the lender will cancel the foreclosure sale," explained the trustee's attorney Teresa Pearson.

Many of the questions CNews asked weren't answered. Among those unanswered are: May someone pay the in excess of \$37 million named in the Trustee's Notice of Sale and preclude the June 29 sale? Will the four distinct areas named in the notice of sale be sold separately, or as one piece? Do those four areas comprise the entire campus, or only the majority of CU's property?

However, there is an answer to one question many neighbors ask, and that's to what uses a new owner is allowed to put the 24-acre campus.

Quite simply, that depends on what the new owner wants — and what the city allows.

Currently zoned Campus Institutional (CI1), colleges and medical centers — and a few other accessory uses — are allowed. That's according to Eric Engstrom, principal planner for the Portland Bureau of

**Descriptions** of the properties/facilities being foreclosed may not be clear to the casual reader of the Trustee's Notice of Sale. Teresa Pearson, attorney for trustee Lawyers Title Insurance Corporation, shared these descriptions with CNews:

- The property bounded by Dekum Street on the north, Holman Street on the south, 27th Avenue on the West, and 29th Avenue (including the vacated portion of 29th Avenue) on the east
- The area between Holman Street on the south, Rosa Parks Way on the north, the vacated portion of 29th Avenue on the west, and 30th Avenue on the east, except for the residential building and lot located on the most northeast corner of that section, which is not included
- The small plaza on the northeast corner 29th Avenue and Rosa Parks Way adjacent to the Faubion School property
- The Concordia House, Concordia Place Apartments and two other houses on the west side of the campus, each on 27th Avenue

A map of the foreclosure areas is available at [bit.ly/CUSaleMap](http://bit.ly/CUSaleMap).



The Concordia University campus has been devoid of students and instructors — and the staff has dwindled — since classes ended last spring. Pedestrians, dog walkers and other neighbors who read posted copies of the Trustee's Notice of Sale wonder who the new owner will be. Photo by Chris Baker

Planning & Sustainability.

He added, "A fundamental question, of course, is if the site is purchased by another educational institution who would use it in a similar way as Concordia, or if a new owner had an entirely different vision in mind.

"The current zoning does not allow general commercial uses or housing (other than student or employee housing associated with a campus institution)," he wrote in an email.

Continuing as a CI1, any major additions of new facilities would trigger a transportation impact review, he added. And that would involve community input.

If a new owner wants to change or modify the zoning, there are two options. Both require opportunities for public input, and the city council makes the decision, the planner pointed out.

"In both cases, considerations would include traffic, infrastructure adequacy and consistency with the city's overall

planning goals," he explained. "Some of those goals touch on things like community character and public involvement."

*Editor's note: The story doesn't stop here. There are already a few details known that don't fit this CNews space. Visit [ConcordiaPDX.org/OtherCUIssues](http://ConcordiaPDX.org/OtherCUIssues). And more details are expected to be revealed in coming weeks and months, so stay tuned to CNews, [ConcordiaPDX.org](http://ConcordiaPDX.org) and [Facebook.com/groups/ConcordiaPDX](https://www.facebook.com/groups/ConcordiaPDX).*

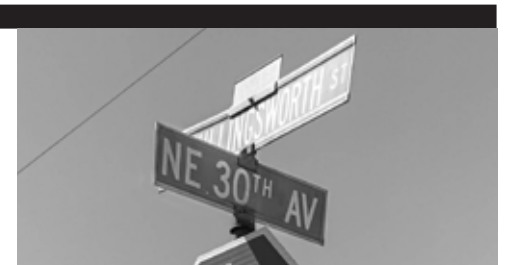


Nancy Varekamp is semiretired from her career in journalism, public relations and — her favorite work engagement — writing and editing targeted newsletters.



**GENTRIFICATION MEETS FOE**  
Taking Ownership PDX helps owners stay home, in business.

See Page 5



**WHAT'S UP ON 30TH?**  
Four businesses open, retool on one Concordia avenue

See Pages 6-7

From the Board

By Peter Keller, CNA Chair



# Imagine being homeless

It's mid-February as I write this, and we've just come to the end of a long, snowy weekend and possibly winter's last gasp. When we get these occasional big snow storms, we're fortunate to live on one of the best hills in our corner of Concordia for sledding.

Every year we watch the neighbors with their various sleds, tubes, cardboard boxes, etc. as they slide down the hill. While I was covering some of my plants to protect them from freezing rain, I decided

*Comparatively, the inconvenience of a power outage is nothing.*

to try to use one of the bottoms of the plastic planters as a makeshift saucer.

It didn't work, but one of our neighbors ran up with a saucer for me to borrow. It was a perfect day for it, and I felt like I was a kid for those two rides down the hill. I love how the snow puts everyone in a great mood, and you see the best in people.

The next morning the power went out and stayed out for more than 24 hours. This is not uncommon when we have these ice storms, and fortunately this wasn't too bad, but living without power for 24 hours or more helps you empathize with how hard it must be to be houseless – especially in the cold.

We have thousands of people currently living

outside in Portland as we all know. Comparatively, the inconvenience of a power outage is nothing.

In 2007, the city declared it would put an end to homelessness but, despite all the good work and money going into the effort, the crisis may get a lot worse especially with looming evictions in June.

On the Feb. 16 broadcast of OPB's "Think Outloud," Lisa Bates, of Portland State University's Homeless Research and Action Collaborative, said 89,000 households in Oregon are behind in their rent. Of those households, they predict 25-62% could be evicted in June. Of these households, over 90% have suffered unemployment due to the pandemic, 50% are households with children and 40% are BIPOC households.

These statistics are alarming, and I cannot do the topic justice in this short column, but we do want to start a dialogue with the neighborhood.

At the upcoming CNA general meeting we will have Jonathan Lewis, program coordinator for the city of Portland's Homelessness and Urban Camping Impact Reduction Program, on hand to make a presentation.

He will speak to the program's mission, vision and strategic plan – as well as expanded hygiene access, outdoor emergency shelters and the Shelter to Housing Continuum project.

Please join us for the presentation and Q&A at 7 p.m. on March 3. Details on how to join the virtual meeting are at [ConcordiaPDX.org/CNAMeetings](http://ConcordiaPDX.org/CNAMeetings).

*Native Portlander Peter Keller has lived in Concordia since 1997. He runs a small marketing agency with partner Max, out of their home studio. He loves exploring outdoors with and without his dogs.*

## Concordia Neighborhood Association

### Board Meeting

1st Wednesday of the month, Wednesday, March 3, 6:30 p.m., venue: see box below, contact Peter Keller, Chair@[ConcordiaPDX.org](mailto:ConcordiaPDX.org)

### General Membership Meeting

Wednesday, March 3, 7 p.m., venue: see box below

### Social Committee

If you'd like to volunteer to help plan fun, community building events, contact Sonia Fornoni at [SoniaGF419@gmail.com](mailto:SoniaGF419@gmail.com).

### Media Team

1st Tuesday of the month, Tuesday, March 2, 6 p.m., venue: see box below, contact Gordon Riggs, [MediaTeamLead@ConcordiaPDX.org](mailto:MediaTeamLead@ConcordiaPDX.org)

### Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, March 17, 7 p.m., venue: see box below, contact Garlynn Woodsong, [LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org)

### Finance Committee

Last Wednesday of the month, Wednesday, March 31, 7 p.m., venue: see box below, contact Heather Pashley, [Treasurer@ConcordiaPDX.org](mailto:Treasurer@ConcordiaPDX.org)

### Community Room Rental

For info and scheduling, visit [ConcordiaPDX.org/community-room-rental](http://ConcordiaPDX.org/community-room-rental) or contact Sonia Fornoni at [CNARoomKennedy@gmail.com](mailto:CNARoomKennedy@gmail.com).

### CONTACTS

#### CNA Chair

Peter Keller, [Chair@ConcordiaPDX.org](mailto:Chair@ConcordiaPDX.org)

#### CNA Vice Chair

Garlynn Woodsong, [SW1@ConcordiaPDX.org](mailto:SW1@ConcordiaPDX.org)

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#### North Community Safety Team

Jacob Brostoff & Daniel Franco-Nunez, [north.pdxteam@PortlandOregon.gov](mailto:north.pdxteam@PortlandOregon.gov), 503.823.4064

### SUBMISSIONS & ADVERTISING

**Submissions to Concordia News:** Deadline is the 10th of the month preceding the upcoming monthly publication. Contact [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org)

**Submissions to CNA Website:** Submit nonprofit news & events to [MediaTeamLead@ConcordiaPDX.org](mailto:MediaTeamLead@ConcordiaPDX.org)

**Advertising:** Gina Levine, [CNewsBusiness@ConcordiaPDX.org](mailto:CNewsBusiness@ConcordiaPDX.org), 503.891.7178

### MEDIA TEAM

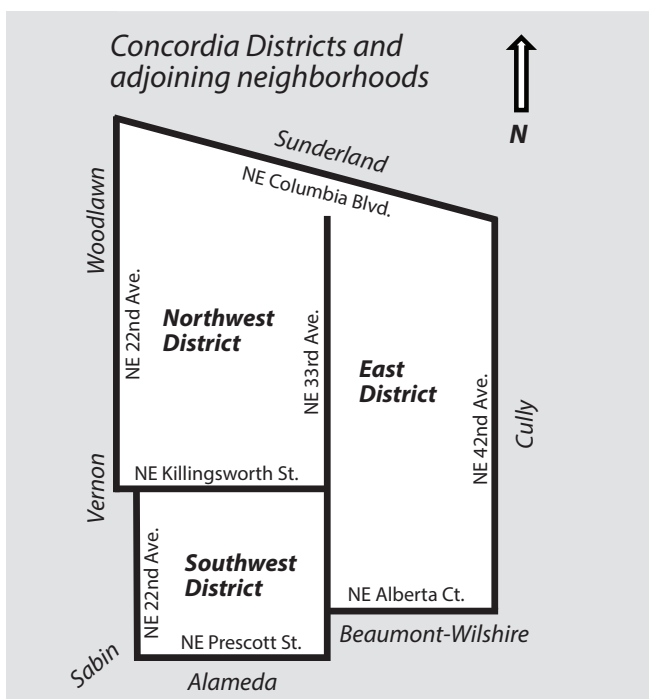
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**Media Team Lead:** Gordon Riggs, [MediaTeamLead@ConcordiaPDX.org](mailto:MediaTeamLead@ConcordiaPDX.org), 503.515.8209

**CNews Editor:** Nancy Varekamp, [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org), 503.740.5245

**CNews Graphic Designer:** Gordon Riggs

**Media Team:** Chris Baker, Kathy Crabtree, Keith Daellenbach, Joel Dippold, Steve Elder, Tamara Anne Fowler, Tami Fung, Will Goubert, Sharon Kelly, Lloyd Kimeldorf, Gina Levine, Vanessa Miali, Gordon Riggs, Rob Rogers, Marsha Sandman, Nancy Varekamp, Karen Wells, Carrie Wenninger, Dan Werle, Tara Williams



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### CNA meeting venues

Phone numbers and/or URLs to attend virtual CNA meetings:

- [Facebook.com/groups/ConcordiaPDX](https://www.facebook.com/groups/ConcordiaPDX)
- [ConcordiaPDX.org/CNAMeetings](http://ConcordiaPDX.org/CNAMeetings)

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Concordia Art Works

# 3 community shows are on tap

By Maquette Reeverts  
Alberta Art Works

In 2004 a group of artists from Saturday Market started a gallery where they could sell their work consistently, and Six Days Art was born.

The collective gallery's roster of artists has changed over time, as did the name. Now Alberta Street Gallery is a mainstay on Alberta Street. In 2018 a move to a better location allowed the gallery to double its artist members and to pursue a long-held vision to become a gathering point for the community, artists and art lovers.

The gallery is reaching out with three community shows this year. March is the 6x6x6 Community Show, open to all local artists who were encouraged to participate with the only parameters being the size.

This is the gallery's fifth annual event and runs through the end of the month. Artists are eligible for three cash prizes.

This year the gallery has doubled down on inviting artists in with a new show in June. The gallery has dedicated a room for special exhibitions and named it Lavaun's Community Gallery after the passing of a beloved artist member, Lavaun Benavidez-Heaster.

Lavaun was a paper artist and, being legally blind, she relied on high contrasting color and her intuition to create her collages. The new space will hold a retrospective of her work in April and, to further honor her memory, the Able Artist Show will be an open call that will feature work by local artists who identify as disabled.

Fall is when the gallery's third community show, Continuing the Conversation, will focus on the Black Lives Matter movement. This juried show is meant to keep a focus on social justice and is open to local artists.

Hours at the gallery at 1829 N.E. Alberta St. are 11 a.m. – 7 p.m. daily. Find out more at AlbertaStreetGallery.com.



Last year's fourth annual 6x6x6 Community Show drew visitors to Alberta Street Gallery. This year's display is scheduled through March and, once again, the art collective gave local artists just one parameter: small, square dimensions. Photo by Maquette Reeverts

*The gallery has dedicated a room for special exhibitions and named it Lavaun's Community Gallery after the passing of a beloved artist member, Lavaun Benavidez-Heaster.*



Michel Reeverts, aka Maquette, holds a master of arts degree in art education, serves Alberta Art Works as director and Alberta Street Gallery as a board member. She is also a practicing artist. Contact her at Maquette@AlbertaArtWorks.org



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## Letter to the editor

To the Editor:

For over 10,000 people living in Portland's Concordia neighborhood, there is a lot at stake with the impending sale of the private Concordia University campus on the steps of the Multnomah County Courthouse on 29 June.

Given the site's current educational zoning and the 116 years of continuous investment in building academic property assets, my first hope is that a large public Oregon university, such as OSU or UO, would purchase the 24-acre campus to establish a campus foothold in the state's largest metropolitan area with access to over half of Oregon's population.

Like OSU's Cascades campus in Bend, it is an amazing opportunity for a large and diverse public institution to establish new educational opportunities for people of Oregon. With this, PSU or OHSU, already based in Portland, would also seem to be a logical

new owner possibility as an extension of their existing Portland campuses.

Beyond that, perhaps a private Oregon college could be a new owner with the goal to establish a vibrant Portland campus.

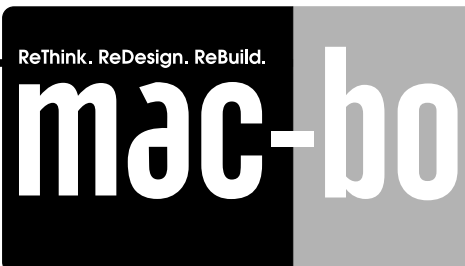
This kind of intact and close-in campus coming up for sale is exceptionally rare and could be an academic game changer not just for the institution that acquires it but also for the equity of a whole new population of Oregon students that already live right here in the City of Roses.

Because of over a century of investment, certainly preservation of the site as an academic institution makes sense.

It fits well into the site's history and proscribed use as well as it is a prime opportunity for a new century of scholarship and good neighborly relations that serves progress for the people of Oregon.

— Keith K. Daellenbach

CNA respects the views and beliefs of all Concordians, and their cultures and faiths. The views expressed by these writers do not necessarily reflect the views of CNA. Submit letters (250 words maximum) to CNewsEditor@ConcordiaPDX.org.



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Thanks for Asking

# She embodied what's fading from landscape

By Karen Wells  
CNA Media Team

Taking photos in the neighborhood recently, two images got my attention. A photo of Judy Mae Phillips in the window of Alberta Cooperative Grocery and a "Black Mamas Matter" placard in another window

passionate about community with a beautiful singing voice.

She cared for her aging mother and older brother, helping with self-care, meals and daily routines.

When she wasn't caregiving for family, she passed the time on the bench outside of Alberta Co-op, keeping an eye on life passing by. The bench was "her

*Judy Mae had a trusting familiarity with passersby, regardless of outward appearances. She was a cultural placeholder, a reminder of a way of life being replaced by a faster cadence.*

nearby.

A Google search revealed a 2017 Oregon Public Broadcasting (OPB) story on the former.

Judy Mae "Pretty Eyes" was a 5-foot, 3-inch "tiny" woman, "a force of nature,"

office," a porch for her "day job."

Judy Mae had a trusting familiarity with passersby, regardless of outward appearances. She was a cultural placeholder, a reminder of a way of life being replaced by a faster cadence.

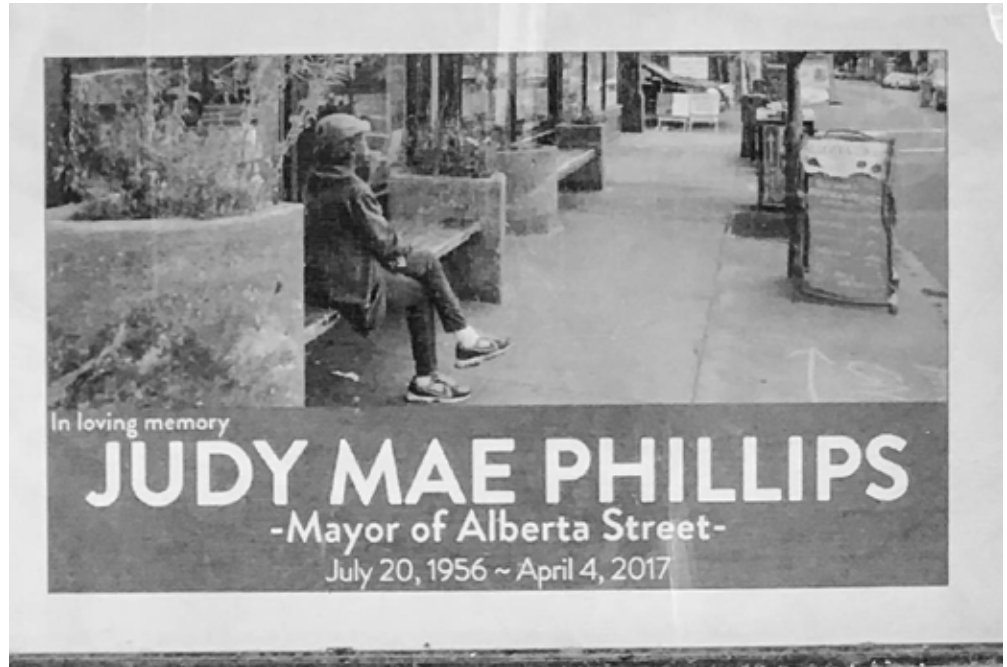
She was the "eyes and ears" of the community. Judy Mae was woven into the cultural landscape, and she greeted volunteers and staff at Sabin Community Development Corporation, Alberta Co-Op and adjacent businesses.

Her purview included Otesha Place just across 15th Avenue. She knew the kids and parents.

Otesha Place is a mixed-use building with offices and affordable apartments. At the time of her passing in 2017, Judy Mae had progressed to first on the wait list for Otesha Place. She would've had a home of her own.

The OPB story used "panhandler" to describe her vocation while "at the office on the bench." This description suggests Judy Mae was a "vagrant." That's the label used in the post-Civil War South for Blacks who couldn't find work because of race codes of the era.

Judy Mae was a mother of three, a



Since she died in 2017, you will no longer see Judy Mae Phillips participating in her community from a bench outside Alberta Co-op. But her memory lives on with the people who interacted with her daily, and in a photo memorial displayed proudly in the window. Photo by Karen Wells

grandmother of 15. A symbol of "Black Mamas Matter," she had a vocation and was always home by midnight to care for her mother and brother. She contributed to the social fabric of community.

Unfortunately "vagrant" hints at unintentional bias coloring her aura of humanity. Judy Mae was the embodiment of a neighborhood fading from the Alberta Arts District landscape.

What connects a photo in a storefront window and a placard in a neighbor's? Humanity's resilience. Do we celebrate

an activist or pen a requiem for a neighborhood?

Thanks for asking.



Karen Wells is a semi-retired adult and early childhood educator. She serves on the planning committee of Womxn's March and Rally for Action in Portland, WomxnsMarchPDX.com.

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**Sojourn Church – A Neighborhood Church**

Sojourn Church is collecting winter hats, gloves, jackets and blankets in partnership with The Portland Rescue Mission.

Donations should be in good condition and can be dropped off Sundays between 8-11am at the Oregon Stamp Society building (4828 NE 33rd Ave.) or contact [info@sojournpdx.org](mailto:info@sojournpdx.org) or 971-317-9892 to arrange porch pick up.

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Opportunities abound – volunteer and sometimes paid – to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.

**Ready to help?**  
Email: [Chair@ConcordiaPDX.org](mailto:Chair@ConcordiaPDX.org)

# Taking Ownership helps reduce gentrification

By Michael French  
CNA Media Team

When her furnace went out this winter, 83-year-old Lorene Wilder lived without heat for days before she took a leap of faith. With just \$400 in the bank,

retired or disabled, living on fixed or low incomes and unable to keep up with repairs.

Randal finds these residents are often reported to authorities by neighbors who see the unkept-looking homes as unsightly, resulting in liens that force

*“It’s providing reparations to Black homeowners and business owners in the form of repairs.”*

– Randal Wyatt

she wrote a \$722 check for repairs and hoped for the best.

Help came just in time when a friend connected the 50-year Woodlawn resident to Taking Ownership PDX. The soon-to-be nonprofit provides free critical repairs to Portland-area Black homeowners and business owners.

The organization covered her furnace repair, ordered heating oil and cleaned up her overgrown yard, all at no cost to Lorene.

“It’s providing reparations to Black homeowners and business owners in the form of repairs,” said Randal Wyatt, founder of Taking Ownership PDX.

“Right now we are prioritizing weatherization and life-safety issues. We’re doing a lot of roofs and window replacements and making sure homes are safe, dry and warm.”

In an effort to hold off gentrification that’s driving Black residents out of neighborhoods, Taking Ownership PDX serves people like Lorene, who are often

owners out of their homes when they’re unable to afford costly repairs.

Tyrone Tyler, 56, lives on Social Security income with his sister in the Woodlawn home their parents purchased in 1990. They endured discomfort – and combatted the moisture that caused it with tarps on the roof – for 10 years before getting a new roof from Taking Ownership PDX.

“It feels dry, safe and warmer,” Tyrone said. “It was a gift from God.”

Randal founded the organization last June. He is a musician who had worked as an advocate and mentor for Black, Latino, and low-income youth and young adults. He and a partner are the sole staff members, and they engage licensed contractors to perform the work.

Early publicity helped the organization. Community members donated \$250,000 in seven months, enough to help 17 homeowners and one business. On the waitlist are 95 more. This year Randal aims to raise \$500,000 to help



Taking Ownership PDX founder Randal Wyatt, foreground, visits Lorene Wilder, a 50-year Woodlawn resident who benefited from critical furnace repair and other home services. Photo by Michael French

40 or more Black property owners with critical repairs.

Requests for support may be made at [TakingOwnershipPDX.org](http://TakingOwnershipPDX.org).

Financial contributions and material donations are welcome. Due to licensing and liability concerns, volunteer labor may be provided only by licensed, bonded and insured contractors.

While seeking nonprofit status, All Ages Music/Friends of Noise serves as fiscal sponsor. Tax-exempt donations may be made at [TakingOwnershipPDX.org](http://TakingOwnershipPDX.org).



Michael French is grateful to live on 28th Avenue in Concordia, a place where neighbors talk to each other and he can get most places on foot, by bike or transit. Contact him at [MFrench96@gmail.com](mailto:MFrench96@gmail.com).

Paid for by the office of Dr. Carl Baird DC, MS, CCSP

## Shoulder Pain – How Bad Does It Have To Get Before You’re Unable To Work, Exercise, Or Perform Your Daily Routine?

– By Leading Shoulder Pain Expert, Dr. Carl Baird DC, MS



Portland, OR – This book is for the person who is suffering from daily, annoying, chronic shoulder pain. The type of ache, soreness, or pain that

makes it hard to concentrate at work, continue with your favorite exercise routine, or even perform tasks as simple as getting a full nights sleep or putting on a T-shirt. It’s for the person who is worried that if their shoulder pain gets any worse they may be forced to give up those activities all together.

The truth is, too many people are being limited by shoulder pain and being told it’s ‘part of getting older’ and need to give up their favorite activities, ‘accept it’, and move on.

Or worse, they’ve tried to solve their shoulder pain through their usual treatments (massage, chiropractic, physical therapy, etc.) and found only temporary relief with the pain coming back weeks (if not days later). Now they’re convinced that nothing can fix their shoulder

pain besides pain pills, injections, or surgery.

Over the last 10 years I’ve been working on a daily basis to help adults aged 40-70 find solutions to chronic shoulder pain – **and what I can tell you is that dangerous injections and expensive surgery will do absolutely nothing to get to the root cause of your shoulder pain...No matter what most doctors say.**

And it’s because I’m growing increasingly frustrated with the number of people who are suffering with shoulder pain unnecessarily and being told that pills, injections, or surgery is their only option that I’ve written this book. Inside, you’ll learn how to build the strength and confidence in your shoulder to be sure you can keep active and never have to miss out on work, exercise, or activities with family and friends.

The book is titled, **“Life Without Limitations: A Complete Guide to Overcoming Pain, Moving With Confidence And Maintaining Your Active Lifestyle - Regardless of Age.”**



It offers a better approach to overcoming shoulder pain and getting back to your favorite activities - **even when nothing else has worked.** This book is essential reading for anyone aged 40-70 worried about having to give up the activities they love due to shoulder (or back, or knee, etc) pain.

And for a limited time, we’re giving away free copies for readers of the Concordia Neighborhood Newsletter – just pay for shipping!

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- Three causes of shoulder pain overlooked by most doctors

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- What you can do TODAY to be sure shoulder pain isn’t a part of your future

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# 30th Ave. businesses open anew, retool

*Editor's note: CNews is catching up with Concordia businesses – ones that are new and others that are retooling. Below are synopses of stories about four businesses on 30th Avenue, two new and two that have been inspired by the pandemic to do business differently. A longer, more detailed version of each story awaits you on [ConcordiaPDX.org](http://ConcordiaPDX.org).*

## Full City Rooster/Natural Pain Solutions

The building at the corner of 30th Avenue and Emerson Street now offers options for body and mind: the chiropractic practice Natural Pain Solutions and coffee house Full City Rooster.

Both are owned and operated by husband-and-wife team Thomas and Rachel Grace.

The building provided what they needed for the wellness center to replace their southwest Portland clinic destroyed by fire. Natural Pain Solutions offers acupuncture, massage and physical therapy, with plans for adding naturopathy.

They were delighted with the large courtyard the other side of the building opens onto. Keep an eye out for future art shows, live music and more available there, along with Full Rooster's coffees, teas and pastries.

See Tamara Anne Fowler's full story at [ConcordiaPDX.org/FullCity](http://ConcordiaPDX.org/FullCity).



Rachel and Thomas Grace offer comfort from pain at their combination chiropractic clinic and coffee house. Photo courtesy of Full City Rooster

## Jinx/On the House

Jinx opened two years ago as a Cajun-inspired bistro at 30th Avenue and Killingsworth Street. By last November, however, the pandemic was taking its toll on how Jinx could and couldn't operate indoors or house what owner Courtney Hulbert-Lords calls community experi-

*Story continued on Page 7*



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# 30th Ave. businesses open anew, retool



In lieu of serving paying customers inside Jinx, Courtney Hulbert-Lords and her staff have served 3,300 free meals. Photo courtesy of Jinx

Continued from Page 6

So she launched “On the House” to provide Thanksgiving meals free to people living in houseless camps and to deserving families. Including those holiday meals, she estimates the Jinx kitchen had served 3,300 free meals by mid-February.

With the help of donations and a

federal Economic Injury Disaster Loan, Jinx employees cook four days a week, with meals delivered at least once a week. An application for nonprofit status is pending.

See Steve Elder’s full story at [ConcordiaPDX.org/OnTheHouse](http://ConcordiaPDX.org/OnTheHouse).

## Ripe Cooperative

Naomi Pomeroy and partner chef

Lucian Prellwitz recently re-established the trendy *Beast* prix fixe restaurant at 30th Avenue and Killingsworth Street into the Ripe Cooperative. They provide four-course, restaurant-quality, finish-at-home boxed dinners – as well as a neighborhood marketplace for in-house-made breads, soups, sauces, spreads and baked goods for the community.

Naomi hopes the frequently changing assortment of treats, entrees, baked goods and ice cream will become a staple in neighborhood households.

All this comes with a spendy price tag but Naomi, a veteran of *Iron Chef* and *Top Chef Masters*, stresses this is the cost of ethical quality, carefully- and skillfully-prepared food, as well as mini lessons in cooking and in plating, the art of arranging food on a plate.

See Kathy Crabtree’s full story at [ConcordiaPDX.org/RipeCooperative](http://ConcordiaPDX.org/RipeCooperative).

## Yui

From the streets of Bangkok to the streets of Concordia – by way of New York City – Chalunthron “Yui” Schaeffer brings her favorite flavors to her new restaurant, Yui.

The chef/owner learned her culinary skills from her mother and grandmother in Thailand, where she initially cooked from a street cart. After earning a bachelor’s degree in management and hospitality, she honed her skills at 4-star hotels.

After joining family in Portland in



After spending her childhood cooking in a Thailand street cart, Chalunthron “Yui” Schaeffer now has a restaurant of her own. Photo by Marsha Sandman

2017, Yui worked at *Yakuza*. When sister restaurant *DOC* closed a few doors north of Killingsworth Street on 30th Avenue – and with the help of friends – she invested all her savings and opened for business in only five days.

See Marsha Sandman’s full story at [ConcordiaPDX.org/Yui](http://ConcordiaPDX.org/Yui).



All the flavors of *Beast* – and more – are heading to local homes in weekend meal kits. Diners need only to finish off what Naomi Pomeroy and others prepare, then follow detailed plating guidelines. Photo courtesy of Ripe Cooperative



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## Responding to Homelessness

Join your neighbors Wednesday, March 3, at 7 p.m., to learn about the city’s One Point of Contact reporting system.

- How can you participate in the reporting system?
- How does city staff respond to reports?
- What are the program’s mission, vision and strategic plan?
- What about expanded hygiene access and outdoor emergency shelters?
- What is the Shelter to Housing Continuum?



See the Chair’s Corner on Page 2 for details. Visit [ConcordiaPDX.org/CNAMeetings](http://ConcordiaPDX.org/CNAMeetings) for information about attending the virtual meeting.



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# Cut fossil fuels to save lives, allay allergies

By Garlynn Woodson  
CNA Board Member, SW1  
CNA LUTC Chair

Two new studies released last month drive home the point that the human species needs to be working to end the era of fossil fuels as quickly as possible, for our own sake if nothing else.

The first study found that burning fossil fuels kills nearly nine million people worldwide and 350,000 Americans annually. That's more than twice what was previously estimated, according to the study published in the International Journal of Environmental Research by scientists from Harvard and three British universities.

"There's a perception in the United States that we have this under control, but that's a mistake," Joel Schwartz, told the Boston Globe. He is a Harvard professor and one of the study's authors.

The second study was published in the Proceedings of the National Academy of Sciences. It found burning fossil fuels

*Worsened pollen allergies are a significant public health concern because they can set off or exacerbate respiratory diseases like asthma.*

is making the North American spring pollen allergy season come earlier, linger longer and be all-around more miserable.

"This is a crystal clear example that climate change is here and it's in every breath we take," lead author Bill Anderegg told the Associated Press.

The study measured changes in pollen concentrations across North America from 1990 to 2018. It found the pollen allergy season now starts 20 days earlier, and results in 21% more pollen in the air.

The study further found this trend to be caused by global warming, which is caused by higher atmospheric carbon dioxide levels that are produced by the burning of fossil fuels.

It's more than just an obnoxious cause of sneezing and sniffling noses. Worsened pollen allergies are a significant public health concern because they can set off or exacerbate respiratory diseases like asthma. That chronic condition already costs the U.S. medical system \$80 billion annually in lost productivity and treatments.

Concordia is not immune from fossil fuel emissions with the roads, rail lines, airport and industrial facilities in and

near our neighborhood.

The only silver lining for us is that we're not as bad off as some. The worst U.S. pollen impacts, the study found, are in Texas, closely followed by the Midwest and Southeast.

Worldwide, nearly one in five deaths are from fossil fuel combustion. In much of east and southeast Asia, the rate is nearly one in three deaths.

The good news, however, is that reducing fossil fuel emissions can save lives. Emissions were cut nearly in half in China between 2012 and 2018. That saved 2.4 million lives worldwide during 2018, including 1.5 million in China.

Cutting, and eventually eliminating, fossil fuel consumption is something we can do.

Doing so will literally save our lives.

## News from the NET

# Where do supplies go?

By Erin E. Cooper  
Concordia/Vernon/Woodlawn NET

Last month, this column addressed what emergency supplies are needed in each home. Once you've started to save up some supplies, the question inevitably arises: where to keep these supplies so you'll be able to use them after an emergency?

There's no single answer because:

1. It's impossible to know exactly how every home will be impacted by an earthquake.
2. Everyone's living situation and storage options are different.
3. Supplies can be bulky and admittedly rarely fit in with home décor.

But there are some general guidelines to optimize your storage.

If possible, avoid storing supplies in multi-story portions of the home. Your supplies will be difficult to find if the building collapses. Basements are probably the least ideal location for supplies.

The best locations are those that would be easy to get to, even if the building is no longer standing. Good examples are sheds, detached garages, or single-story portions of the floor plan.

A car can be an ideal location to keep an emergency kit. You will be prepared even if the earthquake occurs while you're not at home, or if supplies within the home are inaccessible.


An important consideration is if one family member is frequently using the car while others are at home.

It's a good idea to divide supplies into different locations, such as keeping a small bag in the car and bulkier supplies

To learn more about the Land Use and Transportation Committee, visit [ConcordiaPDX.org/lutc](http://ConcordiaPDX.org/lutc) or use this QR code.



**Correction:**  
The piece headlined "Let's make 2021 the year of climate action" in the February CNews referenced the Clean Energy Works Oregon program, which is no longer available. CNews regrets the error.



Garlynn Woodson lives on 29th Avenue, serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at [LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org).

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in the home. If you have neighbors with better places to store supplies, consider working together on your caches.

No matter your living situation, it's important to have supplies, even if you have no ideal place to store them.

Using a better storage location increases the odds of accessibility after a disaster. But many homes may be structurally unaffected by an earthquake, and supplies in basements or attics may be easily accessible.

Use the best storage options you have to get prepared!



Erin E. Cooper is a marine biologist living in Woodlawn. She spends a lot of time thinking about disasters and has been a NET member for many years. Contact her at [OceanListener@gmail.com](mailto:OceanListener@gmail.com).



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