

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

April 2020

CNA cancels Egg hunt, **April mixer**

Social distancing prompts changes to CNA events, meetings. See Page 3 for details.

CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

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Concordia Neighborhood Association P.O. Box 11194 Portland, OR 97211

Students show passion for garden

By Marsha Sandman CNA Media Team

ongenial and engaging, Zoe Dawson is the garden coordinator at Vernon IB World School at 2044 N.E. Killingsworth St.

Zoe is passionate about the beautiful garden that's vibrant and mature with blueberry bushes, grape vines, strawberries, apple and Asian pear trees, 30 raised vegetable beds and vermicomposting worm bins.

The garden was created in spring 2007 by more than 600 volunteers from the neighborhood, local churches, PTA, student body, families of staff members,

Both gardens provide the perfect opportunity for hands-on experiential student learning in an outdoor environment.

Home Depot employees, Northwest Natural employees, SMART readers and people involved with Hands On Portland.

The garden was expanded in 2009 to include a native garden on the east side of the school. That garden has a mature alder tree, evergreen huckleberries, bachelor buttons, mock orange, goldenrod and lupine, among various other plants. Both gardens provide the perfect opportunity for hands-on experiential student learning in an outdoor environ-

our hope that children will become can get friendly with the plants and the more connected with the natural world, and find a lifelong source of enjoyment by experiencing the pleasure of working in the school garden.

"We find value in green areas, fresh food, and taking responsibility for other living things. We are delighted that so many members of the community support us in this vision."

Zoe Dawson, Vernon School garden coordinator, doesn't hide her passion for teaching children how to garden and to enjoy doing it. Students spend two 30-minute classes in the garden each week. Photos by Zoe Dawson and Marsha Sandman Zoe keeps the students engaged with

science experiments, biology, ecology and nutrition. Last year Whole Foods offered a grant so the kids could develop their own cookbook. There is a robust garden program The Vernon garden vision states, "It before and after school when the students

half hour classes two days per week.

The kids experience gardening, cooking,

garden healthy. The kids are invited to come on weekends, and families are welcome to harvest all year. The garden greens are often used for salads at various school events.

little red wiggler worms that keep the

The garden is supported by the PTA, which has an annual auction in February and a fun run. The garden always needs volunteers to fill a variety of roles. Contact Zoe at ZDawson@PPS.net to learn more.

Monthly garden work parties occur generally the second Saturday of the month from 9 a.m. to noon. Donations of supplies - like seeds, seed starter soil, containers, gardening gloves, small hand tools, hoses and more – are always appreciated.



After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at MarshaJSandman@ *amail.com.*



DINING OUT RAISES FUNDS Local HIV/AIDs day center benefits from your restaurant check.

See Page 4



STORE SERVES 4-FOOTEDS Pets – from hedgehogs to pigs – shop at this Alberta Street store.

See Page 6



NEIGHBORS EXPRESS DISSENT Residents are surprised, concerned about substation expansion.

See Page 8

Chair's Corner

By Astrid Furstner, CNA Chair

Together we face CU closing

By Astrid Furstner, CNA Chair

Resilience is defined as having the ability to recover readily from illness, depression, adversity or the like. In Concordia, the place we call home, resilience is being able to recover from the news that left us reeling – the closure of Concordia University.

At our March general meeting, we had asked Julie Dodge, doctor of ministry, to speak to us about resilience – something that she deals with and helps others to deal with on a daily basis. The university associate professor was invited as a speaker for our March event prior to the university's announcement about closing.

The strength and courage she showed in still coming to our meeting was amazing. As a matter of fact, there were several other staff/faculty members in attendance that night – not as representatives of the school, but as members of the community, neighbors and as people whose lives have also been changed.

The school is closing. The students will no longer be on campus. The faculty and staff are losing their jobs. This is what we have to contend with as a community.

There will soon be a void. There is uncertainty. How will we, as a community, come together and fill that void?

Let us begin with our children. Karmin Williams, Ed.D., Faubion School principal, attended. She alleviated some fears by reporting the Faubion building is owned by Portland Public Schools (PPS) – not the university.

Faubion is not closing. She also said the university was providing 40% of funding along with volunteers

and teaching students, in addition to a full-time employee who coordinated community activities. So Faubion will face a shortfall, both in finances and assistance

What can we, as a community, do to help? Volunteer. Any neighbor who wishes to volunteer must go through a PPS background check and application process. Learn more at PPS.net. How much time do you have?

The university provided our community with the use of its library. That's closing. But, did you know that we have six other public libraries that we can also use – for free?

They are: Kenton Library on north Denver Avenue, North Portland Library on north Killingsworth Street, St. Johns Library on north Charleston Avenue, Albina Library on northeast 15th Avenue and the Hollywood Library on northeast Tillamook Street

We also have several free little libraries in our community. Leave a book – take a book.

The closing of the university does have an impact on our community, but it does not have to destroy us. Change is here, how do we face it?

Personally, I say we face it together.

Why not work together to continue to make Concordia our home – a place where our children can live out their lives and create memories? A place where we care for our neighbors. A place where we thrive as a community.

Astrid Furstner is a mother, a wife, an immigrant, a local artist and an artisan. She lives with her luthier husband, Brent, and her artist-in-the-making daughter, Luciana. Together, they call Concordia their home.

Concordia Districts and adjoining neighborhoods Sunderland NE Columbia Blvd. NE Alberta Ct. NE Alameda Concordia Districts and adjoining neighborhoods NE Sunderland NE Columbia Blvd. NE Alberta Ct. Beaumont-Wilshire

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At Large 6 | AL6@ConcordiaPDX.org Matt Boyd

Need a place for your event?

The Community Room at McMenamins Kennedy School is a great place for your book club, birthday or baby shower.

Pricing: \$25/hr (\$15/hr. for nonprofits) **Info:** ConcordiaDPX.org/community-room-rental

Concordia Neighborhood Association

Board Meeting

1st Wednesday of the month, Wednesday, April 1, 7 p.m., venue: see Page 3, contact Astrid Furstner, Chair@ ConcordiaPDX.org

General Membership Meeting

Wednesday, June 3, 7 p.m., McMenamins Kennedy School Community Room

Social Committee

If you'd like to volunteer to help plan fun, community building events, contact Sonia Fornoni at SoniaGF419@gmail.com.

Media Team

1st Tuesday of the month, Tuesday, March 3, 6 p.m., venue: see Page 3, contact Gordon Riggs, MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, April 15, 7 p.m., venue: see Page 3, contact Garlynn Woodsong, LandUse@ConcordiaPDX.org

Finance Committee

Last Wednesday of the month, Wednesday, April 29, 7 p.m., venue: see Page 3, contact Heather Pashley, Treasurer@ ConcordiaPDX.org

Community Room Rental

For info and scheduling, visit ConcordiaPDX.org/community-room-rental or contact Sonia Fornoni at CNARoomKennedy@gmail.com.

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Heather Pashley, Treasurer@ConcordiaPDX.org

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SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org Submissions to CNA Website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org Advertising: Gina Levine , CNewsBusiness@ ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

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The concerts are coming! The concerts are coming!





Ready, set, start planning those picnic basket feasts. Concert dates are now set for three Fridays in Fernhill Park: July 10, 17 and 24.

Stay tuned for details on the performers and how you can help fund these enjoyable evenings.

All concerts are scheduled for 6:30 to 8:30 p.m. Additional entertainment for children those evenings is also being planned, and food and beverage vendors will be on hand. Admission, as always, is free.



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Concordia Art Works

Murals describe neighborhood in pictures



Jaamali Roberts' panel on the Black United Fund of Oregon building shows the area during the redline days and the resilience of the African American community. Photo by Maquette Reeverts

CNA events, meetings affected by COVID-19

oncordia Neighborhood learn how to dial/tune in. Association (CNA) wants everyone in the community to remain healthy. "We support the efforts Furstner, CNA chair.

"We will put off our next neighborhood mixer until possibly May or until it is safe for our community to gather once again," she reported. "Sadly, we are also canceling the Spring Egg Hunt altogether for this year."

By press time, decisions weren't firm on whether any April CNA meetings will be held in person. As many as four may be affected:

Wednesday, April 1, CNA Board of Directors plans to conduct its meeting virtually for board members and the public. Check Facebook, ConcordiaPDX. org or email Chair@ConcordiaPDX.org/ CNAMeetings to learn how to dial/tune

Tuesday, April 7, the CNA Media Team plans to conduct its meeting virtually for team members and the public. Check Facebook, ConcordiaPDX.org/CNAMeetings or email MediaTeamLead@concordiaPDX.org to

Wednesday, April 15, the CNA Land Use & Transportation Committee is scheduled to meet. To learn whether it underway to slow the progress of the is in person or virtual, Check Facebook, Coronavirus COVID-19," said Astrid ConcordiaPDX.org/CNAMeetings or email LandUse@ConcordiaPDX.org.

> Wednesday, April 29, the CNA Finance Committee is scheduled to meet. To learn whether it is in person or virtual, Check Facebook, ConcordiaPDX. org/CNAMeetings or email Treasurer@ ConcordiaPDX.org.

> Additionally, community-building events hosted by CNA in McMenamins Kennedy School Community Room may be affected. To confirm whether/how they will take place, consult the contacts listed in the event descriptions on Page 12. The same is true for events listed in the Page 12 community events calendar.

> "In the coming weeks, please take every precaution to stay healthy," Astrid stressed. "Look out for one another. Check in with neighbors. Be kind to each

> "Stay healthy and safe until we can come together again to celebrate our community."

By Maquette Reeverts Alberta Art Works

ublic art is a collaborative process and can transform our shared spaces. Our district is a true example of a landscape charged with creativity.

Our murals have become our neighborhood's identity and reflect our stories.

Birthed from Friends of Last Thursday, Alberta Art Works (AAW) consists of a few locals who continue helping support the artists and creativity of our arts district. The volunteer-run, nonprofit group facilitates public art by seeking funding to pay local artists to create street art.

It honored the neighborhood first with the façade of the Black United Fund of Oregon (BUFOR) project. Five mural panels were funded by Pie Footwear, Bitch Media, Bolt Fabric Boutique, Radio Room and Portland Association of Teachers.

The first panel, by Michael Feliz, depicts Chinook natives fishing. The next panel is of the Russian and German immigrants. Some of the buildings (that still exist) started our business district, painted by Lorena Garcia and me. The story of the Vanport flood and the migration of people in and out of the district is told using birds by Carla Bartow.

Jaamali Roberts' panel shows the area during the redline days and the resilience of the African American community. Matt Schlosky painted "Last Thursday," which was a catalyst in reviving the business district. The people in his painting are real people and include a memorial to his personal friend.

The last panel could be an entire feature. It contains many important and influential people in the region's Native American, African American and Asian populations, including Roslyn Hill, Ron Herndon and Avel Louise Gordly.

Call it art tourism – people are using our murals as the backdrop to their Alberta District experience. To encourage this, AAW has created a walking tour map of our 60+ public works of art and offers tours to colleges, elementary schools and

Find out more and/or help fund the repainting Alberta Street bus benches this spring at AlbertaArtWorks.org.



Michel Reeverts, aka Maquette, holds a master of arts degree in art education, serves Alberta Art Works as director and Alberta Street Gallery as

a board member. She is also a practicing artist. Contact her at Maquette@ AlbertaArtWorks.org

CNA respects the views and beliefs of all Concordians, and their cultures and faiths. The views expressed by this writer do not necessarily reflect the views of CNA.



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Dining Out for Life supports local HIV center

By Nancy Varekamp **CNews Editor**

ccording to Katie Ugolini, raising funds for a valuable community resource can be as easy as enjoying a meal in a local restaurant Thursday, April 30.

each diner's bill to Dining Out for Life to support that day center and the OHSU Partnership Project. The organizations provide vital programs and services to area residents living with HIV.

Supporting the day center isn't on Katie's calendar just one evening a year. For about 10 years, she's been a Friday

'Just washing dishes make me feel like I'm doing something. It's often my favorite day of the week. It's important to give back to people who have been marginalized and to ensure they are seen and heard."

– Katie Ugolini

That's the concept behind Dining Out for Life, and it's what you'll find her doing that evening.

She and husband Chris Lopez serve as ambassadors each year at a participating restaurant. They invite friends and acquaintances to join them, greet diners and generally spread the word about Ecumenical Ministries of Oregon's HIV Day Center in Concordia.

Check Facebook.com/groups/ ConcordiaPDX the week beginning April 23 for a list of local participating restau-

The restaurants donate 20-35% of

breakfast volunteer. She arrives in time to take orders, serve the meals and more.

"Just washing dishes make me feel like I'm doing something. It's often my favorite day of the week," she explained. "It's important to give back to people who have been marginalized and to ensure they are seen and heard.

"I think the stigma of AIDS and HIV still keep people from seeking services," she added. "Here people are respected and feel safe. And they're so supportive of each other."

Volunteering and fundraising is nothing new for the former CNA chair,



Chris Lopez and Katie Ugolini support the HIV Day Care Center every April during the Dining Out for Life fundraiser. Find them April 30 at a local restaurant, greeting diners and thanking them for the 20-35% of their bills the restaurant will donate to the organization. **Photo by Nancy Varekamp**

board member, social committee chair and still active participant. She became aware of the day center when fellow CNA veteran George Bruender invited her to an annual AIDS Day breakfast at Concordia University.

The center's clients spoke about what the center means to them.

"It definitely moved me," Katie said. "It's such an open, welcoming community for people."

The HIV Day center opened 30 years ago. It's the oldest free-standing, multi-service, drop-in center for lowincome people living with HIV/AIDS in the country, according to Katie. (See the CNews ConcordiaPDX.org/2017/04/ services-arent-limited-medical-hiv-

Among the myriad services offered

is foot care, currently provided by Concordia University nursing students. "Some remain as volunteers," Katie said.

Her day job is as a psychologist, so Katie is accustomed to hearing people's stories. At the day center, she is a friend and volunteer.

"The clients are very inspiring," she pointed out. "I feel so grateful to meet them and so honored to hear their stories."



Nancy Varekamp is semiretired from her career in journalism, public relations and – her favorite work engagement writing and editing targeted newsletters.



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Area needs safe crossings on busy corridor

By Garlynn Woodsong CNA Board Member, SW1 CNA LUTC Chair

since last summer, the Portland Bureau of Transportation (PBOT) has been working on a planning project focused on the Columbia/Lombard corridor, including north/south routes across it.

In July 2019, Concordia Neighborhood Association (CNA) wrote to PBOT with a collection of neighborhood concerns with – and requests for improvements to – the corridor, also including issues related to the bridges and overpasses on 33rd and 42nd avenues, and to the Columbia Slough Trail System.

The top priority of neighbors around the overpass is to provide north/south crossings in this corridor that are safe for people of all ages and abilities. The top priority of neighbors around the overpass is to provide north/south crossings in this corridor that are safe for people of all ages and abilities.

We can see the Columbia River from our neighborhood, but we can't walk there safely. Riding a bicycle there means taking a lane and your life into your own hands on Columbia Boulevard.

These are CNA's priorities as we review the proposals coming from this project:

• At 33rd Avenue, CNA is focused on the need for purpose-built bicycle and pedestrian connections across Lombard Street and Columbia Boulevard to a new bicycle and pedestrian pathway and trail system running north/south and east/west in the slough area. That will connect Concordia, Woodlawn and Cully neighborhoods to the Columbia River, as well as from I-205 to the I-5 bicycle paths.

- On 42nd Avenue, the overpass needs to be made safe for bicyclists and pedestrians with a new or rebuilt overpass. There is also the opportunity to free up land at the interchange of 42nd and Lombard for affordable housing or other purposes.
- On Lombard and on Columbia, we've seen too many injuries and fatalities. Too many crashes that leave automobile parts strewn across intersections with the neighborhood streets coming north out of Concordia. Too many vehicles traveling at extremely high rates of speed. Too many near misses. CNA requests both be placed on road diets that remove the second lane in each direction. Those second lanes now create deadly opportunities to pass other vehicles, weave and break

the speed limit. That right-of-way ought to provide safe, protected bicycle lanes, a continuous sidewalk network, street trees, median trees, turn lanes at intersections and – where appropriate – safe crosswalks with short crossing distances and median refuges.

 Finally, CNA would like to see all of the intersections of our numbered avenues that intersect with Lombard be kept open. CNA would prefer to see Lombard calmed to be more of a neighborhood boulevard, than to see avenue entrances closed. Otherwise, Lombard can act even more like an unsafe, highspeed expressway.

CNA would like to see this corridor safe to use on foot and by bicycle without taking our lives into our own hands. We don't want to see any more people killed or wounded in this corridor.

If you're interested in following this project, find more information and opportunities to provide feedback at PortlandOregon.gov/transportation/78303.



Garlynn Woodsong lives on 29th Avenue, serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the

planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at LandUse@

LUTC update

Dekum Court, overpass safety, CU are on radar

By Erik Van Hagen

ere is a rundown of just some of the topics discussed by the Concordia Neighborhood Association Land Use and Transportation Committee (LUTC) in January and February.

Dekum Court

Home Forward (formerly Housing Authority of Portland) representatives

The redevelopment
of Dekum Court,
2400 block of
Morgan Street,
will replace 40
apartments and add
160 more.

offered a presentation on its plans to rebuild and increase the supply of affordable housing in our neighborhood. The redevelopment of Dekum Court, 2400 block of Morgan Street, will replace 40 apartments and add 160 more.

The construction will be phased to avoid displacing families currently living there. With the increase of rent and home prices significantly outstripping incomes, projects like this one will improve housing options and affordability in Concordia. Funding for this project comes from the 2018 voter-approved Metro affordable housing bond.

Columbia/Lombard Corridor

A representative from Portland Bureau of Transportation discussed proposed changes to improve safety on



Erik Van Hagen lives near Alberta Park with his family. He's an attorney and a member of the LUTC. Columbia and Lombard. Our conversation focused on whether the project, as designed, goes far enough to protect vulnerable road users. The project is currently not funded, so there is no timeline for delivery.

For details, see Garlynn Windsong's report above.

Concordia University Closure

Of course the biggest news was the shocking demise of Concordia University – for which our neighborhood was named – whose officials announced abruptly it is closing at the end of the academic year. We heard about some of the factors that appear to have contributed to the decision, and assistance that is being provided to help students who have been placed in the difficult position of having their university close.

It is too soon to know what may become of the roughly 24-acre campus, which is zoned CI1, a multi-use zone for larger institutional campuses in residential neighborhoods. Obviously the entire neighborhood will be watching with interest.

The LUTC meets every third Wednesday of the month in the Kennedy School community room at 7 p.m. The next meeting is April 15. All are welcome.

What's Selling in Concordia? Homes sold in RMLS in last 12 months as of March 10

2.0% Increase in Average Sale Price

This information provided by

Mark Charlesworth, Concordia resident & Broker
Keller Williams, Portland Central.
charlesworthhomes@gmail.com · 503.807.9911

Like your neighborhood?

Opportunities abound – volunteer and sometimes paid – to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.



Ready to help?

Email: Chair@ConcordiaPDX.org



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Filling Station, four-footers celebrate 15 years

By Kathy Crabtree CNA Media Team

hat's in a name?
Laura Amiton chose
The Filling Station for the
name of her 2001 N.E. Alberta St. pet
store, "to emphasize our ability to fill the
needs of pets and their owners for nutritious and healthful food and treats."

The pet supply store has been true to that mission for 15 years, and she hopes to continue to serve the community for said there are some interesting pet visitors, listing a hedgehog and a pig that did tricks

The store's tag line, "Feed the love" is apparent in the array of dietary options for a variety of special-needs nutrition related to skin allergies, grain sensitivities and digestive health.

All the employees are knowledgeable about the products stored on the shelves and can provide resources for most questions concerning the family pet.

Growing with the neighborhood has been a source of pride. She values the sense of community, and it is evident in the number of her patrons, including four-legged ones.

years to come. Laura remembers in the very beginning her first location on Alberta was surrounded by empty lots and store fronts.

Growing with the neighborhood has been a source of pride. She values the sense of community, and it is evident in the number of her patrons, including four-legged ones.

Employee Yolin May estimated about 40-60 dogs a day visit the store along with their owners. They come for the treats and attention from the staff. Yolin

"We work closely with local vets and recognize that natural products are most pet owners' choice," Laura explained. "I believe good nutrition is the secret to a pet's long and active life."

Anna Ilchak, purchasing manager, added, "We get really attached to our pet visitors. We know most of their names and their favorite treats. Many are on special diets related to diabetes, obesity and cancer, so checking in with them on their progress is rewarding."

Healthy food and petting perks aren't



Filling Station employees take pride in sharing their knowledge and resources with customers. They are (front left to right) Brittany Simler and Laura Amiton, (rear left to right) Anna Ilchak, Blue Thomas and Yolin May. (Not pictured: Bear Raphael, Angelica Delima, Austyn Harris and Britney Byington) Photo by Raymond Crabtree

the only love being shared at the store. A variety of chew toys and activity-treat puzzles are also available.

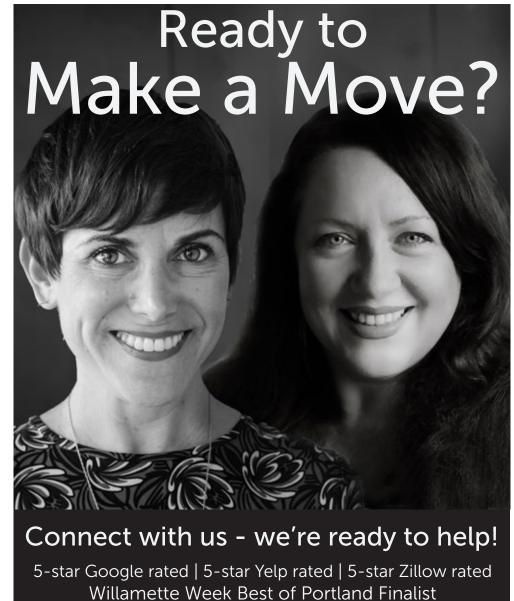
Winter coats and rain gear for pup sizes miniature to extra-large are in stock, as well as leashes, collars, halters and a variety of devices to walk your pet comfortably and safely.

Laura stressed the local community is The Filling Station's focus, so the store provides the best service she can and products she finds available to pet lovers in the store and online. And its merchandise is available for same-day delivery through TFSPets.com.



Kathy Crabtree lives near Fernhill Park and enjoys the constant flow of dogs happily on their way to romp off leash. In real life she is a nursing professor.

In her dreams she is the creator of a series of mystery adventures of a retired female lawyer/judge of a certain age — to be named at a latter date. Contact her at KCrabtree4320@att.net.



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Have you checked out CNA's Facebook page?

Keep informed of CNA activities and your neighbors' comments. Check out the page for:

- CNA Board meeting invites & meeting minutes
- Neighborhood events
- CNews story highlights
- Community discussions





Visit Facebook.com/groups/ConcordiaPDX/

Neighbors help transform Ainsworth median

By Nancy Varekamp CNews Editor

project that will benefit the environment plus the watershed and habitat – as well as the community – drew plenty of neighborhood interest and effort in February.

About 60 neighbors and nearby residents came out for three hours to turn the two blocks of the Ainsworth Street median – between 22nd and 24th avenues – into an attractive, self-sustaining habitat corridor.

The Columbia Slough Watershed Council organized the Stewardship Saturday in this pilot project. Eventually, it will connect Alberta Park's nature trail that's due for expansion and one planned for Fernhill Park. (See 2017 CNews report on Alberta Park at ConcordiaPDX. org/2017/12/ecology-sustainability-merge-in-local-park.)

"We bit off a chunk we knew we could finish," reported Max Samuelson, interim stewardship director. The dynamics worked well, so the next event will move east to the next two blocks. That's planned for early next year after the first effort is assessed to determine if plantings thrived and/or if tweaks to the

Nancy Varekamp is semiretired from her career in journalism, public relations and – her favorite work engagement – writing and editing targeted newsletters.

plan are needed.

The 15-block, 25-foot-wide median receives tending only at the mercy of neighbors, and its grass and weeds aren't always attractive. They also don't stop storm runoff that picks up pollutants to

"People were sticking their hands out of the cars, honking their horns and cheering us on as we were planting."

- Max Samuelson

flood and send sewer overflows into basements and streets and/or flow into the Columbia watershed,

Native shrubs, trees, grasses and rushes comprised the 1,700 plants chosen for their low maintenance and deep rooting abilities – as well as their habitat for birds, wildlife and pollinators.

The project is a partnership between the watershed council, Portland bureaus of environmental services and transportation, Audubon Society of Portland and Wisdom of the Elders.



About 60 volunteers turned out during on-and-off rain showers in February to turn two blocks of the Ainsworth Street median into an attractive, self-sustaining habitat corridor. Among them were neighbors Roger Smith and Sandra Wilborn. Photo by Autumn Lindseth

Enthusiasm for the project wasn't limited to the volunteers Feb. 8. "People were sticking their hands out of the cars, honking their horns and cheering us on as we were planting," Max reported.

He hopes community interest continues for future plantings, and especially this summer for the first two blocks. "We're looking to the same and more neighborhood heroes," he said. "Although the native plants we installed are intended to sustain themselves, they'll need watering, weeding and probably mulching to get them through their first year.

For details, contact Rachel.Walsh@ColumbiaSlough.org





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Substation expansion towers above neighbors

By Steve Elder CNA Media Team

acific Power began reconstruction of its dormant Kennedy Substation last September. But the utility neglected to advise neighbors in advance of its expansion plans to fill the growing energy needs of northeast Portland.

So the plans and the lack of notice have continued to be the talk of the neighborhood for months.

According to Tom Gauntt, Pacific Power spokesman, the utility is installing one transformer and three distribution voltage circuit breakers. Efforts include associated steel structures and wires on 41st Avenue to tap into the existing northeast Portland transmission system and provide three new sources to serve the neighborhood.

"We are not removing any facilities, but are replacing some existing distribution and transmission wood poles with a mixture of wood and steel poles to make the new connection," he said.

Neighbors reported they were surprised and dismayed when the substation reconstruction began, including a 52-foot structure. "We are developing a better protocol for providing notice to the



Steve Elder, East2@ ConcordiaPDX.org, is an inactive lawyer, a developer, activist and old grouch.

neighborhood before work commences again," the utility spokesman said.

A letter responding to their questions and concerns was sent by Pacific Power, following a meeting of those neighbors.

It addresses noise, landscaping, street repairs and more. Under consideration is building a wall between the substation and adjacent houses to buffer light and sound.

The letter goes into such details as the fate of the existing cherry tree on Emerson and removal of the dead tree on 42nd Avenue.

Pacific Power submitted a draft of a "good neighbor agreement" at a Feb. 27 meeting with neighbors. It calls for monitoring noise and

electromagnetic fields, a commitment to consider constructing a shell around the site, solar storage at St. Charles Church and a \$25,000 annual grant for energyrelated projects in the area.

The utility also offered to pave the section of Emerson Street between 42nd and 41st avenues, but neighbors declined, saying their property taxes would be



Michael and Linda Kelsaw have a new view from their back yard. Pacific Power's Kennedy Substation came out of mothballs beginning last autumn with an expansion plan that caught neighbors by surprise. Additionally, a mix of new wood and steel power poles will replace old ones on 41st Avenue. Photo by Chris Baker

impacted.

Those commitments are not enough for neighbor Rebecca Marshall.

"My concern all along has been the enormity of this 'upgrade," she pointed out. "This substation is a major change to the way our neighborhood looks, and we are also concerned about our health and loss of property value.

"We are also concerned about the noise this will make when it is fully energized."

Other potentially impacted residents expressed concern about noise and lights left on all night. So the utility pledged to contain noise to levels governed by city code and to install motion sensors for security lighting.



Adult volunteers are needed the evening before to stuff several thousand plastic eggs with treats and prizes. Join the party, 5-8 p.m., American Legion Post 234, 2104 N.E. Alberta St. Additional help is needed at 8 a.m. on Saturday at Fernhill Park to "hide" the eggs and set up!

No registration or RSVP is required for either event.

If you have un-opened items to donate as prizes — or candy for the eggs — please contact Sonia.



For more info, contact Sonia at SoniaGF419@gmail.com

Watch for details in the April CNews

Sponsored by CNA & American Legion Post 134

Searching for LUTC volunteers

The Concordia Neighborhood Association (CNA)'s Land Use and Transportation Committee (LUTC) is in need of neighbors who care about development, roads, safety, bike routes, climate change, housing, parks, intersection art, alleys, spot greening, or the other cool things that help make Portland the place that we love.





Committee members work with neighbors to understand concerns, opportunities, and strategies around these issues; speak with City, County, and other government representatives; work with other community partners; and provide policy recommendations to the CNA board.

Wednesday, April 15, LUTC is scheduled to meet. To learn whether it is in person or virtual, check Facebook, ConcordiaPDX.org/CNAMeetings or email LandUse@ConcordiaPDX.org.

Interested in participating? Let us know!

Email committee chair, Garlynn Woodsong, at: LandUse@ConcordiaPDX.org



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Fixing Our Streets up for renewal



On the May primary ballot, you'll have the opportunity to renew the 10-cent gas tax to raise \$74.5 million for road improvements in Portland. The \$64 million budget produced from the 2016 tax will finish off this year with repaving Alberta Street from 15th to 30th avenues. Photo by Nancy Varekamp

By Garlynn Woodsong CNA Board Member, SW1 CNA LUTC Chair

n May 2016, Portlanders voted to add a dime to the price per gallon of gasoline within city limits to raise money to fund city streets.

Since 2016, \$64 million has been raised to fund street repairs and safety improvements, including:

- 40 miles of road paving through more than 400 "base repair" heavy-duty street rebuild projects
- 27 new wheelchair-accessible sidewalk ramps to meet Americans with Disabilities Act standards
- 58 intersection safety upgrades
- 79 Safe Routes to School projects, serving at least 31 elementary schools, eight middle schools and 10 high schools
- Funding toward the repaving of Alberta Street from 15th to 30th avenues, expected this October

That four-year temporary tax is scheduled to expire this year. Portland City Council voted unanimously Feb. 6 to refer a renewal of the Fixing Our Streets program, to the May 19 primary election ballot.

The new four-year measure is expected to fund \$74.5 million of additional projects, including:

- \$25 million for paving
- \$4 million citywide for base repair, repairing sections of failing streets
- \$4 million for maintaining Portland's gravel streets
- \$5 million for a dedicated, year-round pothole repair crew
- \$5 million for new traffic signals and beacons on some of Portland's most dangerous streets
- \$4.5 million for sidewalks
- \$4.5 million for street lighting

- \$6 million for Safe Routes to School projects
- \$4.5 million for Neighborhood Greenway projects
- \$1.5 million for Neighborhood Safety Improvements focused on saving lives and preventing injuries for pedestrians and other vulnerable road users
- \$10.5 million for basic safety improvement projects

Spending under the new measure, if approved in May, will continue to be overseen by a committee, made up of representatives of multiple communities with a stake in Portland's streets and

When the original gas tax was passed in 2016, it established the city's first dedicated fund for street repairs and safety improvements. At that time, the city faced a \$2 billion street repair backlog. The Heavy Vehicle Use Tax that was passed at the same time on companies operating trucks more than 13 tons to ensure they also paid their fair share for



Garlynn Woodsong lives on 29th Avenue, serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the

planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at LandUse@ ConcordiaPDX.org.

road repairs, has since raised \$8 million.



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To your wellness

Rehearsal is powerful

By Penny Wells Licensed Massage Therapist

o learn something new, we practice. And practice and practice. With repetition, we move from conscious attempts to unconscious ease.

Most of us have been practicing being who we are for a good long time. And we're pretty good at it, regardless of how well "being who we are" is working for

What if you could replace those statements each time they arose and slowly change what you believe is true for you?

us. Our regularly scheduled, automatic, responses remind us who we are (just in case we forget).

Every time you have a response like: "I'll never have that," "I'm no good at that" or "I can't imagine that coming true," you are reinforcing what your life experience has taught you to be true for you.

But what if it wasn't? What if you could replace those statements each time they arose and slowly change what you believe is true for you? Perhaps your belief in the "I can't have that" was actually keeping you from seeing opportunities that would support, "Yes, I can have that!"

Each of those statements above is actually the first half of a statement. They can all be followed with "because." Here is where the reasons come in that make those beliefs so plausible. But what if they were not true either?

Just because no one in your family has ever – fill in the blank: had money, lived past 55, was healthy, etc. – in no way determines your own truth. It just sets up a beginning set of circumstances into which you were born.

Start rehearsing new truths. With feeling. Whenever you catch yourself rehearsing one of these limiting thoughts, reframe it and restate it.

Here's what that might sound like, "I'm no good at that" becomes "In the past I wasn't good at that, but I can get better."

You can change the "who" of you by rehearsing a new set of thoughts and feelings



Penny Hill provides stress relief to her neighbors through her businesses, Rising Sun Massage, and Tapping for Less Stress. Find other resources and contact

information at CalmHealthEase.com.

News from the NET

COVID-19 crisis may offer positive lessons

By Amy Gard, Team Leader Concordia/Vernon/Woodlawn NET

By the time this comes to publication, everyone will probably be thoroughly saturated with news about COVID-19 (AKA Coronavirus). It is scary.

And it's also very difficult for me to write anything that you haven't heard from 20 other sources already. So, instead, I will focus on positive results that are possible in the wake of this crisis.

One positive result I hope to see is for our response systems at every level to learn and grow to offer ever-improving assistance to future crises that develop.

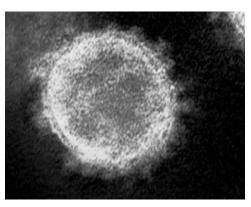
A second positive result I wish for is

But guess what?
You would already
have if you were
"two weeks
ready."

for more people to become "two weeks ready" along the guidelines laid out by the Oregon Office of Emergency Management. In NET, probably our biggest goal is to convince Portland residents to follow these guidelines to "be prepared."

We often focus on the Cascadia Subduction Zone (CSZ) megathrust quake that will occur here at some point. This focus is because a CSZ rupture will be unprecedented in scope and impact. But what isn't highlighted as often is that by preparing for a CSZ quake, you prepare your family for most types of disasters we might experience here — including pandemic.

Two week self-quarantine? No problem!



You've probably read that some stores have experienced a run on supplies following the announcement of a COVID-19 diagnosis in their area. But guess what? You would already have what you need if you were "two weeks ready." (Hint: everything you need, including masks, and without having to brave a rush to the store.)

But for now:

- Wash your hands
- Wash your hands (again)
- Don't touch vour face
- Stay home if you're sick
- Cover your cough (but not with your hand)
- Leave N-95 masks on the shelves for those who are infected – and for their care providers

Stay well out there! And visit MultCo. us/novel-coronavirus-covid-19 for more information.



Amy Gard is a mother, retired teacher/administrator, former Concordia business owner, saxophone player and active volunteer for the NET

and Oregon Food Bank.

Concordia News

is THE place to write!



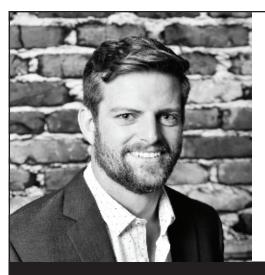
"I enjoy writing for the Concordia News because I believe everyone has a story. I delight in being continually amazed. What's your story?"

Marsha Sandman, CNA Media Team MarshaJSandman@gmail.com

Choose the subjects you want to cover — from events to new businesses, schools to community issues and so much more.

CONTACT US TODAY
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Concordians share their memories of CU

News asked readers to send their memories of Concordia University to share with the community at this time of grief about institution closing. Below are some of the submissions.

If you have any to share, post them on Facebook.com/groups/ConcordiaPDX.



This is Karen (Sasser) Wrye's confirmation class from St. Michael's Lutheran Church Concordia College in 1958. St. Michael's congregation began on campus and worshipped there for 10 years before the current church building was constructed.

Karen (Sasser) Wrye

Concordia University has been a part of my life for many years. My family moved to Portland in 1945. I grew up on 27th and walked past the campus on my way to Faubion to grade school.

We neighborhood kids also played on the campus. When it was time for college, I attended there to study to be a teacher.

After graduating, I lived out of state for eight years. In 1972, I moved back to Portland when my husband accepted a position to teach in the high school department at Concordia.

I have lived in the Concordia neighborhood since then. For 12 years, I was an adjunct instructor at Concordia University. Over the years I have witnessed the many changes and additions to the campus.

All my memories as neighbor, student and instructor are too many to list. A few of my favorites are singing in the Concordia College Choir, attending concerts and sporting events over the years, visiting the library and walking across campus on my treks through the neighborhood.

I live close enough to campus that, in recent years, I have enjoyed the music of the carillon.

I grieve the closing of Concordia University and wonder what will take its place as my neighbor.

Parks open, be careful

At CNews press time, all Portland Parks & Recreation (PP&R) facilities were closed, and indoor activities, programs and rentals were suspended indefinitely.

However, outdoor parks are open. PP&R suggested you practice social distancing when visiting them.

For the latest information, visit PortlandOregon.gov/parks.



The Concordia High School choir was directed by Dick Wrye, during the 1972-73 school year.

Dick Wrye

The first five years I lived in the Concordia neighborhood of Portland, I taught in the high school department of Concordia College and High School. The high school then moved off the Concordia campus and became Lutheran High School.

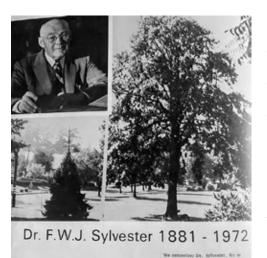
At Concordia I taught music, primarily choir and band. Many of those students are still my friends. I am glad to have memories of the many years of teaching.



This billboard continued in March to greet westbound MAX riders at the Rose Quarter.



Dolores Sharadin



This Concordia University tribute to founder F.W.J. Sylvester reported, "To forget him is to forget Concordia."

Georgina Sharadin Sievers

My parents, Don and Dolores Sharadin, built their house on 27th and Liberty in 1951 to send all their future children to Concordia High School — an all-boys high school, then a junior college, which later became a university.

They had five daughters, but fortunately the high school turned co-ed in 1968. Four of the five girls attended there, met their future husbands on the campus, and they were married in the chapel in Luther Hall.

After the girls left home, the Sharadins – who have seen tremendous changes to the campus – continued to support the growing university, and even rented bedrooms out to other students throughout the years.

Dolores received Concordia's first Lux Christi Award, given to an outstanding educator for the Lutheran Church. Don couldn't stay away from attending all the sporting events on campus. The Sharadins still maintain occupancy of the big yellow house. The landscape has changed immensely with the stadium, the library, the gym and campus apartments.

I taught swim classes as an adjunct professor, son-in-law Ken is the head of maintenance, granddaughter Karen is the campus nurse and great-granddaughter Atley is a freshman on the campus.

Sadly to say, we are all heartbroken. But we are thankful for the nearly 70 years our family has been a part of this Concordia community.

Save the Date!

Annual Spring Clean Up

Three neighborhoods, Vernon, Woodlawn and Concordia, team up to bring you Vernlawndia!

Saturday, May 30, 8 am – 2 pm PCC Workforce Training Center at NE 42nd Ave & Killingsworth

Tired of seeing all the clutter & junk in your closet, basement & garage?

Drop it all off at the

Drop it all off at the PCC Workforce Training Center.





The People of St. Michael's Lutheran Church wish you a blessed Easter. We are praying for all in our community in this time of anxiety and stress. God promises his love always.

Jesus said "I am the resurrection and the life." John 11:25



6700 NE 29th Ave. Portland, Oregon Corner of 29th & NE Dekum

503-493-6333 www.stmikeslutheran.org

Find us on Facebook at:
@StMichaels LutheranPDX

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Concordia community events calendar

Caution re: COVID-19 coronavirus

Check with the contacts listed in these items to confirm they are not canceled, postponed or otherwise affected by social distancing.

Saturdays, April 4, 11, 18, 25, 9-10:30am

WAKING UP COMMUNITY MEDITATION & DISCUSSION

Location: Leaven Community Center, 5431

This 50-minute meditation session includes sitting & movement, followed by discussion on a topic for the day. A social hour follows with conversation & refreshments.

Details: lavetagj@gmail.com

Monday, April 13, 7pm

HISTORY & PARANORMAL PUB

Location: McMenamins Kennedy School This screening & Q&A is for "Witness of Another World," an intimate documentary that intends to unveil the mystery of a spectacular close encounter case witnessed by a lonely gaucho. This is the only case in the history of ufology in which a witness has been studied several times during a period of 40 years, with his life & the impact of the experience documented fully. Minors welcome with parents or guardians. Doors open 6pm.

Details: mcmenamins.com/events/220071-witness-of-another-world-film-screening-and-

Wednesday, April 15,7-8:30pm

DESIGNING YOUR LIFE

Location: Leaven Community Center, Rm 15, 5431 NE 20th

This workshop is based on a book of the same name by Bill Burnett & Dave Evans. Reframe the dysfunctional question "I need to figure out my best possible life, make a plan, & then execute it" to "There are multiple great lives (and plans) within me, & I get to choose which one to build my way forward to next."

Details: leaven.org/events/2020/4/15/ desiging-your-life-odyssey-planning

Thursday, April 16, 6-8pm

FREE CRAFT NIGHT

Location: Atlas Pizza, 710 N Killingsworth collage & Atlas Pizza collaborate the third Thursday of each month to sponsor this

Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX. org by the 10th of the month preceding the event.

event. Supplies & instructors provided, no registration necessary.

Saturday, April 18, 9:30am-1:30pm

Details: collagepdx.com

ALBERTA STREET EARTH DAY CLEAN UP

Location: Alberta & 18th Avenue check in Remove graffiti & paint, pick up litter & clear blocked storm drains on Alberta Street between Martin Luther King Jr. & 33rd If possible, bring your own gloves, water bottle & any tools you think you'll need. The event is presented by Pacific Power, check in is 9:30-10am, cleanup is 10am-12:30, & 12:30-1 is pizza, prizes & the Golden Garbage Awards. Details: albertamainst.org/signature-events/earth-day-cleanup

Saturday, April 18, 4:30-6:30pm

SOCIAL IRISH DANCE CLASS

Wear comfortable clothes for this class. No partner – nor experience – is necessary. **Details:** \$5 person, oregonirishsociety.org

Tuesday, April 21, 7pm

OMSI SCIENCE PUB LOCATION: MCMENAMINS KENNEDY SCHOOL

"The Urban Effects of Climate Change on Portland" is a pre-Earth Day presentation about how climate change is affecting Portland. Groundbreaking research shows how past city planning decisions set the stage for urban heat islands & racial inequity – & the exciting ways that local researchers, city agencies & volunteer community scientists are teaming up to tackle the problem to help Portland adapt to our changing climate. Minors welcome with parents or guardians. Doors open 5:30pm.

Details: mcmenamins.com/events/21398

Friday, April 24, 6-10pm

FAUBION SPRING FUNDRAISER

Location: Cerimon House, 5131 NE 23rd The fundraiser offers dinner, drinks, live music, raffles, games, silent bidding, live bidding & class art. Proceeds support teachers, art, community building, garden program, field trips & so much more. Early bird discount tickets are available through March.

Ticket information/details: charityauction. bid/faubion2020

Saturday, April 25, 10am-4pm

PORTLAND INDIGENOUS MARKETPLACE

Location: 3917 NE Shaver St Indigenous Come Up is hosting 12 market-places in 2019 & 2020 to ensure indigenous vendors have opportunities to sell their wares at affordable & culturally respectful events. The larger markets will include entertainment such as music, storytelling & other performing arts. Great Spirit Church is the marketplace's fiscal sponsor & Metro supports its efforts through a Community Placemaking Grant.

Details: giftingartsandcrafts.com/buy

Thursday, April 30

near Concordia.

DINING OUT FOR LIFE

Locations: Varied
Restaurants, cafes & coffee shops throughout Portland donate 20-35% of each diner's purchase this day to Dining Out for Life.
Those donations go to support Ecumenical Ministries of Oregon HIV Day Center in Concordia & the OHSU Partnership Project. As the date approaches, check facebook.com/groups/ConcordiaPDX for establishments in/

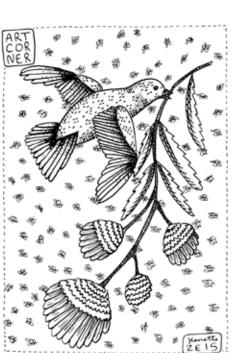
Details: Page 4, diningoutforlife.com/city/portland

Art worth repeating

As you might expect, social distancing has caused many cancellations at local businesses. Hence CNews advertising is reduced this month. So here's an opportunity to again enjoy Concordian Jeanette Zeis' art corners from past issues of the newspaper.







Community room calendar

Check with the contacts listed in these events to confirm they are not canceled, postponed or otherwise affected by COVID-19 conoronavirus social distancing.

Concordia Neighborhood Association hosts these events in McMenamins Kennedy School Community Room. If you're interested in sponsoring community-building events in this 49-person-capacity venue, contact Sonia Fornoni, SoniaGF419@gmail.com. Unless noted otherwise, events are admission free.

Thursdays, April 2, 9, 23, 6-7:30pm

SPANISH CONVERSATION

CNA sponsors these free classes. Brush up on your Spanish skills to reach out to the Hispanic community more effectively. All levels are welcome.

Details: soniagf419@gmail.com

Friday, April 3, 7-9pm

SPIRITUAL ABUSE FORUM

Admission: free

This informal, open group meets quarterly to explore issues of abuse that occur in churches & other religious organizations. Each meeting offers a topic.

Details: betsyfreeman16@gmail.com

Saturday, April 4, 9:30am-noon

THE IMAGINARIES TOOL CRIB DISCOVERY SESSION

This class is an opportunity for toddlers & their families to explore the way the world works.

Details: reframenw@gmail.com, thereframecollective.com

Mondays, April 6, 20, 10-11am **EFT TAPPING STRESS RELIEF**

EFT combines cognitive elements with tapping certain acupuncture points. This allows for quick release of current stress & the release of old, stuck energy that

may be affecting your health & well-being. **Details:** Penny Hill, pheft22@gmail.com, 503.493.5954, calmhealthease.com

Thursday April 16, 2-5pm

FUNDRAISING TRAINING

This monthly fundraising training is hosted by Willamette Valley Development Officers.

RSVP: kaitlin.nam@wvdo-or.org

Friday, April 17, 6:30-8:30pm

SAVVY SINGLES MONTHLY MEETUP DISCUSSION GROUP

The topic is dating & relationships. **Details:** kristen@kristenmiracoaching.com

Sunday April 26, 3-6pm & Thursday, April 30, 7-9pm

SACRED HARP SINGING

This is not a choir, & there are no auditions & no performances. Each session is composed of whoever attends, including every possible level of musical experience & ability—even those who were asked not to sing in their church choirs. **Details:** portlandsacredharp.org

For events scheduled after CNews press time, visit ConcordiaPDX.org/community-room-calendar

Library has digital offers

ll Multnomah County libraries were closed at CNews press time. However, they offer myriad materials online for all ages: e-books – among them academic titles – and audio books; educational games and activities for children; movies, music, comics and TV to stream.

Of special interest for parents with children out of school is the library's Overdrive site: MultCoLib.overdrive. com/library/kids. It's filled with activities. E-books, narrated books, games and more activities are on the Tumblebook site at: MultCoLib.org/resource/tumblebook-library. And EBook Central provides ebooks in all academic subject areas, plus research tools at MultCoLib. org/resource/ebook-central-proquest.

EBook Central additionally offers homework resources, databases and research tips for subjects that include: literacy and literature, history, people and places, science, math, and social issues.

Don't have a library card? Good for six months is a digital library card at MultColLib.overdrive.com/account/ozone/sign-in?forward=%2F&showIdcSignUp=false.

At this time, don't return any due and overdue physical materials in your possession. No fines will be charged.