



# CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | [ConcordiaPDX.org](http://ConcordiaPDX.org)

October 2019

## Upcoming CNA Events

### CNA Annual Meeting

Wednesday, Nov. 6, 7 p.m.

McMenamins Kennedy School  
Community Room

### CNA Holiday Party

(all ages welcome)

Wednesday, Dec. 11  
6-8:30 p.m.

Cerimon House  
5131 N.E. 23rd Ave.

See Page 8 for details

## CNA Mission Statement

To connect Concordia residents and businesses — inform, educate and report on activities, issues and opportunities of the neighborhood.

## Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

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## There's no slowing this tortoise

By Tamara Anne Fowler  
CNA Media Team

When Rita and Ross Davis first met Bump, Bump was sick, blowing bubbles out of his nose and lying all by himself in a cold and wet backyard. He was an African spurred tortoise in need of rescue.

Bump only weighed 3.5 pounds and was still a baby.

Rita had to spoon feed Bump medi-

*Rita started walking him when he was very young. Then, if he ever got out of the backyard, the neighbors would know where he belonged.*

cine mixed with small tortoise food (small kibbles) for two weeks.

That was nine years ago and he has been healthy ever since, weighing in now at 60 pounds.

Bump lives in the Davis house and has his own bedroom, although he loves to sleep under Ross' lazy boy chair and next to Rita's night stand.

Because Bump does not drink water, once a week he is treated to a spa day and is soaked in the bath tub. This helps him absorb water. He will splash water onto his back by flipping his front legs toward his back.

Bump's favorite foods are lettuce, green beans, raspberries, apples and watermelon, as well as his tortoise kibble.

Rita started walking him when he was very young. Then, if he ever got out of the backyard, the neighbors would know where he belonged.

Their walks take about two hours, but Bump can often walk about a mile in that time if it is warm enough.

On walks they have to watch their



**BUMP leads the frequent walks through his neighborhood, with Rita and Ross Davis following behind. They tow a wagon that – with the tortoise at 60 pounds – is getting difficult for even Ross to lift him into. So far, BUMP has resisted using the ramp built into his customized wagon. Photo by Nancy Varekamp**

time because, after two hours, Bump will get as stubborn as a toddler. They will try to go one way – toward home – but he wants to go the other way. The Davises always have a wagon – custom built by Ross and adorned with Bump's name – with them. If Bump gets tired or stubborn, he can take a Tortoise Time Out in the wagon and they head home.

Bump loves the attention he gets from everyone. Although he will not stop and pose for pictures, he is really good when people want to touch him.

Dogs seem to like him as well, although they are not certain what he is. The dogs and kids will circle around him, but he keeps moving. One dog even brought him a stick to play with, but Bump just kept moving.

A few years ago, the Naked Bike Ride started at Fernhill Park and Bump was in attendance.

When the parade started to move out of the park, Bump was determined to go

with the bicyclists. He made it as far as he corner of 42nd & Killingsworth and just crashed.

He crawled to a bush and passed out. Luckily, the Davises had the wagon.

*Editor's note: Tamara has more to share about Bump than space allows. For the rest of the story, visit [ConcordiaPDX.org/2019-Bump](http://ConcordiaPDX.org/2019-Bump).*



*Tamara Anne Fowler is Edit Kitten, a writer with 20-plus years of experience offering a softer, gentler approach to editing and coaching. Her personal editors –*

*Armani, Max Factor and Spicey'D – are also her cats. Visit her at [EditKitten.com](http://EditKitten.com) or contact her at [Tamara@EditKitten.com](mailto:Tamara@EditKitten.com).*



**COLLAGE CURES BOREDOM**  
Maria Raleigh built 4 stores with 1 successful concept.

See Page 4



**ALAMEDANS PRESERVE HISTORY**  
Brian and Mike McMenamin put old buildings to innovative uses.

See Page 7



**SHE MAKES GLASS IN CONCORDIA**  
Susan Hathaway fuses glass into jewelry and more, all at home

See Page 9

CNA VOICES

By Suk Rhee,  
Portland Office of Community & Civic Life Director



# Love, activism & city code

Love and activism are frequent topics in these pages, whether quoting Muhammad Ali (August) or demonstrated through master recycling (June). The Office of Community & Civic Life, and Portlanders, proudly share this heritage.

We love working together, and in many different ways. This is seen in Civic Life's programs, from neighborhood associations, to the city/county youth commission, to the Cannabis Policy Oversight Team. We love learning from change with an open heart, open mind and willing hands to better serve multiple generations.

We also love our city and recognize it is growing and shifting. Civic Life has been directed by the city auditor and council to change the part of city code that is our bureau's job description. This means updating our current code (PortlandOregon.gov/civic/78539) to engage our city's dynamic future.

To inform this change, we engaged with a diverse cross section of Portlanders –including those served and not served by Civic Life – about their values and how civic engagement can help us achieve greater things. This is important because government's responsibility is to reflect all its members.

This year-long process (PortlandOregon.gov/civic/77951) included online surveys, community forums in five languages, working with high school journalism programs, meeting with groups familiar and new, a gathering to bring these groups together and more.

We heard things in common. Portlanders demand more equitable outcomes as we grow from a city of 653,000 to 880,000 by 2035. This means tackling big issues so that working families, communities of color and rent-burdened tenants can keep calling Portland home.

Portlanders want government to recognize their realities and ways of organizing. Some work the late shift, are caregivers, want to participate digitally, combine social and volunteer activities or organize through important cultural traditions.

We also heard differences. Notably, communities' relationship with government is starkly unequal. The accountability – and the moral and legal obligation – to address this rests with government, not with those in whom government has invested, or not.

After a year of listening to Portlanders, the proposed code (PortlandOregon.gov/civic/article/740922) language builds on our current network by increasing opportunities for community building and engagement. It commits to delivering more racially and socially inclusive outcomes. It keeps current privileges in place for neighborhood associations, district coalitions and business districts until better systems are adopted. And, names government as accountable for serving all its members, with love for our differences and respect for our shared heritage of activism.

Learn more about the code change at [PortlandOregon.gov/civic/77951](http://PortlandOregon.gov/civic/77951).

*Editor's note: Suk Rhee is the guest speaker at the Nov. 6 Concordia Neighborhood Association annual membership meeting. It's at 7 p.m. in McMenamins Kennedy School Community Room.*

CNA respects the views and beliefs of all cultures and faiths. The views expressed by this writer do not necessarily reflect the views of CNA.

## Concordia Neighborhood Association

### Board Meeting

1st Wednesday of the month, Wednesday, Oct. 2, 7 p.m., McMenamins Kennedy School Community Room

### Annual Meeting

Wednesday, Nov. 6, 7 p.m., McMenamins Kennedy School Community Room

### Social Committee

If you'd like to volunteer to help plan fun, community building events, contact Sonia Fornoni at [SoniaGF419@gmail.com](mailto:SoniaGF419@gmail.com).

### Media Team

1st Tuesday of the month, Tuesday, Oct. 1, 6 p.m., McMenamins Kennedy School Community Room, contact [MediaTeamLead@ConcordiaPDX.org](mailto:MediaTeamLead@ConcordiaPDX.org)

### Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, Oct. 16, 7 p.m., McMenamins Kennedy School Community Room, contact [LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org)

### Finance Committee

Last Wednesday of the month, Wednesday, Oct. 30, 7 p.m., McMenamins Kennedy School Community Room, contact Heather Pashley, [Treasurer@ConcordiaPDX.org](mailto:Treasurer@ConcordiaPDX.org)

### Community Room Rental

For info and scheduling, visit [ConcordiaPDX.org/community-room-rental](http://ConcordiaPDX.org/community-room-rental) or contact Sonia Fornoni at [CNARoomKennedy@gmail.com](mailto:CNARoomKennedy@gmail.com).

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### SUBMISSIONS & ADVERTISING

**Submissions to Concordia News:** Deadline is the 10th of the month preceding the upcoming monthly publication. Contact [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org)

**Submissions to CNA Website:** Submit nonprofit news & events to [MediaTeamLead@ConcordiaPDX.org](mailto:MediaTeamLead@ConcordiaPDX.org)

**Advertising:** Gina Levine, [CNewsBusiness@ConcordiaPDX.org](mailto:CNewsBusiness@ConcordiaPDX.org), 503.891.7178

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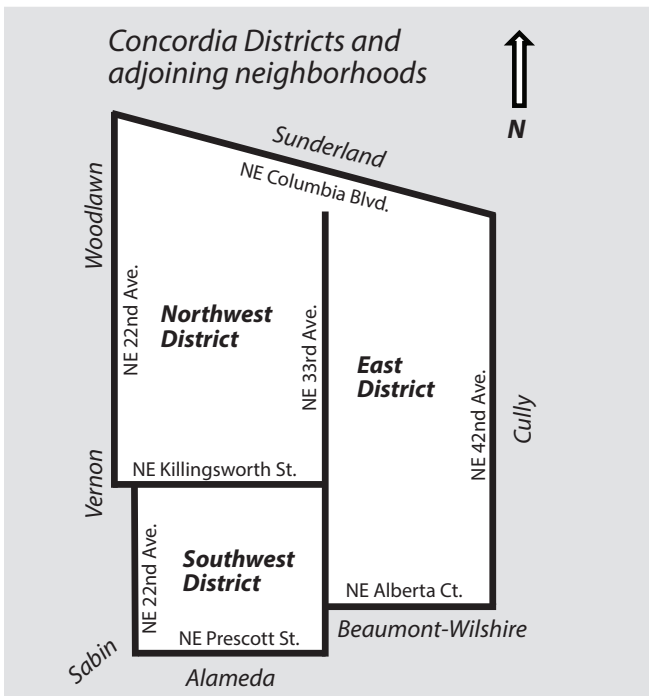
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## Need a place for your event?

The Community Room at McMenamins Kennedy School is a great place for your book club, birthday or baby shower.

**Pricing:** \$25/hr (\$15/hr. for nonprofits)

**Info:** [ConcordiaPDX.org/community-room-rental](http://ConcordiaPDX.org/community-room-rental)



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Concordia murals

# Nature mural greeted herbarium customers



It's all things natural with the 2013 mural that once led to Clary Sage behind 2827 N.E. Alberta. The herbarium has moved to a new store and the muralist now lives in Berlin. But the animals – the mountain lion and horses – plus the owl, their forest habitat, the Pacific Ocean and the four phases of the moon greet customers of Melville Books. Photo by Gordon Riggs

By Nancy Varekamp  
CNews Editor

When Laurie Lava-Books, Clary Sage owner, wanted a mural on the wall leading to her herbarium tucked behind 2827 N.E. Alberta St. in 2013, she commissioned the shop's intern, Kerstin Millnamow, to pay tribute to all things natural.

Her shop has moved one block east to 2901 N.E. Alberta St., but nature is still what it's all about.

Kerstin, who has also moved, explained from Berlin in an email that she painted the mural to also pay tribute to Laurie. "Clary Sage Herbarium is Laurie and Laurie is Clary Sage."

"I chose to show all those elements sharing the same space by collaging them

together with the transition between the realms of night and day," Kerstin said.

"I attempted to create an atmosphere that I consider to be an homage to the strengths and visions of Laurie."

The mural's elements are animals – the mountain lion and horses – plus the owl, their forest habitat, the Pacific Ocean and the four phases of the moon.

"When I look at it, I get lost in the activeness of the owl, and the mountain lion's roar pushes the day vision into the nebulosity of the abstract intentions of the spirit," Kerstin added.

The artist also selected a color palette that features the subtleties of nature. "I believe this is always possible, and nothing needs to be jarring for the sake of shock value."

"The harmony between elements may not always be immediately discernible because they need to come together for the harmony to arise from the sharing," Kerstin pointed out.

To Laurie, "The mural expresses how we are all connected – all animals, all nature. When you look at it, you just kind of feel like you can be transported from this urban setting and go to somewhere else."



Nancy Varekamp is semiretired from her career in journalism, public relations and – her favorite work engagement – writing and editing targeted newsletters.

## CNews update

### PCC still seeks input

Miss the September Concordia Neighborhood Association meeting? It's not too late to tell Portland Community College what you think about redeveloping its Metropolitan Workforce Training Center at 42nd Avenue and Killingsworth Street.

For details about the planning process – and to use the survey tool to report what community services you'd like to see at the center – visit [PCC.edu/bond/pmwtc](http://PCC.edu/bond/pmwtc).

## Spanish Conversation classes

CNA sponsors these free classes, held at the McMenamins Kennedy School Community Room.

Brush up on your Spanish skills. All levels are welcome.

Meets Thursdays (except last Thursday of the month) at 6:00 p.m.



For more info, contact Sonia at [SoniaGF419@gmail.com](mailto:SoniaGF419@gmail.com).

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# collage builds community through crafting



Maria Raleigh said she named her shops "collage" because the word means, "taking a little bit of everything and making it work." Photo by Marsha Sandman

By Marsha Sandman  
CNA Media Team

**Y**ou will never be bored again after a visit to collage on Alberta Street.

A sea of color greets customers at the door. Enter to find myriad supplies for the painter, print maker, rubber stamper, journaler, textile artist, book maker, etc. There is a wide array of how-to-books, children's arts and craft supplies, stationery, greeting cards, rubber stamps, decorative paper and so much more.

It is an inspirational, fun, exciting, vibrant, and a totally happy place – much like its owner, Maria Raleigh, a warm and delightful curator of everything creative.

Fifteen years ago collage opened on Alberta Street with one store. That store has doubled in size and collage now has two additional locations in southeast Portland. A gift store a few doors west on Alberta Street, known as the collage annex, has curated collectibles, handcrafted items, games and unique treasures.

Maria had a long history in retail sales and management experience when the idea for collage started brewing while she was home raising her two young sons.

She recognized a need, found a space and started filling it with everything for the crafter, artist and young crafter. She now employs 35 people in her four stores, and they are warm, friendly, accommodating and knowledgeable.

collage stocks more than 60,000 items from 400 vendors. The inventory is customer driven and the staff tries to fulfill customers' special requests. Maria's goal is to supply as much as possible to her diverse clientele while still being organized.

Maria explained the store's name. "A collage is taking a little bit of everything and making it work."

Her stores host free crafts nights at nearby Atlas Pizza locations in their neighborhoods. In addition, Maria uses crafting for team building. Among the clientele she has worked with are Nike

and Intel, and collage has provided craft tables at Concordia Neighborhood Association events.

"With three supply store locations and one gift shop, collage is so much more than just a local art and craft supply store," Maria pointed out. She is a joyful

*It is an inspirational, fun, exciting, vibrant, and a totally happy place – much like its owner, Maria Raleigh, a warm and delightful curator of everything creative.*

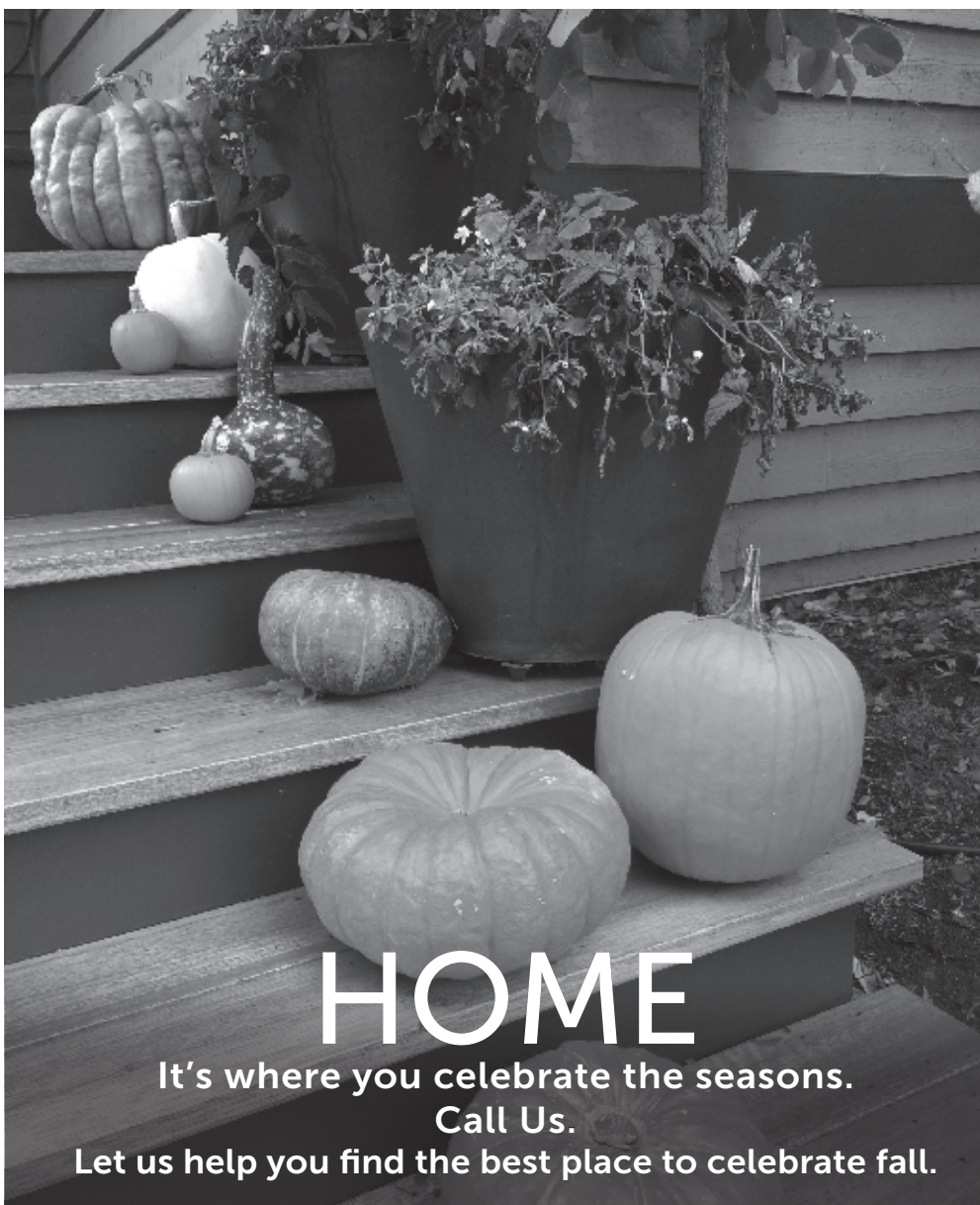
presence in the neighborhood, and she is committed to building community.

Her website at collagepdx.com is jam-packed with stimulating crafting details on varied subjects. It includes a calendar of events, store locations and hours.

Maria is currently in the process of creating an online store. But she still welcomes your visits to collage at 1639 N.E. Alberta St. and your calls to 503.249.2190.



After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at MarshaJSandman@gmail.com.



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LUTC Update

# Surely we can make our streets far safer

By Garlynn Woodsong  
CNA Board Member, SW1  
CNA LUTC Chair

There are several ways to make streets safer. One is lowering speed limits, like Portland Bureau of Transportation (PBOT) did recently on several Concordia roadways.

Killingsworth Street is one that Concordia Neighborhood Association (CNA) has asked PBOT to reduce the speed limit. After all, Oregon Department of Transportation speed zone standards state business districts should be posted at 20 mph.

However, PBOT refuses to lower the speed from 30 to 20 for the sections of the street at 30th and 15th avenues – clearly micro-business districts – with constant pedestrian traffic crossing the street, as well as significant cross traffic and turning movements that include TriMet buses.

In response to CNA's request, PBOT engineering associate Mike Corrie replied, "After reviewing available data, we have determined the current speed zones on Killingsworth to be appropriate given the layout, and similar to other comparable-sized roads in the area. Therefore, no changes were recommended."

This response is hard to reconcile with PBOT's focus on Vision Zero, and the "20 is Plenty" campaign that apparently does not apply to our section of Killingsworth.

It's possible, with the high volume of traffic on Killingsworth, lowering the posted speed limit alone might be sufficient to slow down traffic. This should certainly be the first step tried.

While lowering speed limits is something that CNA will continue to advocate in locations where it makes sense, such as the micro-business district of Killingsworth, we also are interested in solutions to lower speed by calming traffic with physical methods.

One is Ainsworth Street. Recent data shows, for two days in February, counts were measured on 4,330 trips average

per day eastbound, and 4,154 westbound. The posted speed on this roadway is now 20 mph, having been lowered from 30 within the past couple of years.

During the survey, 91.8% of drivers were observed traveling above the posted speed limit eastbound, and 94% west-

bound. Of those, 13.8% of eastbound traffic was traveling at least 10 mph above the posted speed limit, as was 21.1% of westbound traffic.

Multiple times a day in each direction, some drivers were measured traveling at speeds above 45 mph. This on a street with elderly citizens in mobility devices and people pushing strollers.

So 20 mph signs didn't help. A traffic-calming solution could include traffic-circle-type installations at inter-

sections that would require traffic to slow down to navigate each circle. That would eliminate the ability to drive fast in a straight line down the long stretches between the very few stop signs at 33rd and 15th avenues and MLK Jr. Boulevard.

On Alberta Street, the situation is a bit different, although we don't have traffic count data yet to quantify this precisely. The speed limit was lowered to 20 mph but anecdotal evidence suggests that at times when traffic is light – such as during morning rush hour – some drivers choose to use Alberta as their own personal freeway on-ramp, despite the presence of children walking to school.

A physical safety solution on Alberta could include raised crosswalks, such as those found on 42nd Avenue between Fremont and Knott streets.

Only through a combination of speed limit reductions and physical changes to the built environment can we achieve our desired outcomes: a safe neighborhood and city where nobody is seriously injured or killed in traffic accidents.

*This response is hard to reconcile with PBOT's focus on Vision Zero, and the "20 is Plenty" campaign that apparently does not apply to our section of Killingsworth.*



Garlynn Woodsong lives on 29th Avenue, serves on the CNA board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at LandUse@ConcordiaPDX.org.

News from the NET

## Bring the plan home to your own block

By Amy Gard, Team Leader  
Concordia/Vernon/Woodlawn NET

The Portland Neighborhood Emergency Team (NET) program, like other community emergency response team (CERT) programs around the country, was created from the observation – when major disaster strikes and people need help – they are most likely to receive that help, not from trained first responders, but from their neighbors.

Time and again, everyday people jump into action when facing the aftermath of destruction and come to the rescue of others who are injured or trapped.

It was these observations that started the idea behind the Federal Emergency Management Agency's CERT program – to provide training and structure to civilian community members before disaster strikes. Then recovery can be accelerated and volunteers can help others more safely and effectively.

Not everyone can set aside time to take the 30-hour NET training. So our volunteers try to magnify their impact by sharing their knowledge and training with the larger community in a variety of ways.

One way is by helping individual neighborhood blocks prepare together.

If you have a group of at least 10 households on your block whose residents can commit to attending, we can provide presentations to your group on the what, why and how of preparedness.

Typically, we help you host an event at a home on your street or at a public venue. We provide an abridged version of Mercy Corps' Cascadia earthquake discussion, which highlights the science behind the risks we face here in the Pacific Northwest and the likely ramifications of a

major regional disaster.

Once we cover the what and the why, we can help your group prepare individually and as a block to build the resiliency of your street. It's like a private training for you and all your most likely rescuers!

Contact us at ConcordiaNETs@gmail.com if you have a group that would like to take advantage of this free service.



Amy Gard is a mother, retired teacher/administrator, former Concordia business owner, saxophone player and active volunteer for the NET and Oregon Food Bank.



### What's Selling in Concordia?

173 Homes sold in RMLS in last 12 months as of Sept. 11

-0.6% Decrease in Average Sale Price since 2018

Avg. Sale Price in 2018: ..... \$523,453  
Avg. Sale Price currently: ..... \$520,187  
Avg. Days on market: ..... 29

*This information provided by Mark Charlesworth, Concordia resident & Broker Keller Williams, Portland Central. charlesworthhomes@gmail.com · 503.807.9911*

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Gardening guidelines

# Here are the autumn tasks for your garden

Jolie Ann Donohue  
The Gardening Goddess

This month our days continue to grow shorter as nights become longer. The October average high/low temperatures are 63/48 degrees with an average nine days of rainfall. Our average first frost in Portland arrives

*After harvesting completely, remove all plant material from your vegetable garden. If plant material is pest- and disease-free, add it to your home compost bin.*

or curbside yard debris bin.

October is the ideal month for planting garlic and shallots available at your local nursery. To plant, select a full sun location with good drainage and that's free of weeds.

Remove cloves from the bulb – do not remove the papery skin – and plant cloves flat-side down pointy-side up 1-2 inches deep and 6-8 inches apart. Garlic and shallots will overwinter and be harvestable late next spring.

Autumn-planted cover crops are an excellent way to block weeds, prevent erosion and provide large quantities of lush “green manure” when turned under in the spring.

Some cover crops – like crimson clover, fava bean and Austrian peas – are hosts to nitrogen-fixing bacteria in the soil. These cover crops are not edible. They are crops to build your garden soil during the winter “resting” season.

Cover crops can be planted in both raised beds and in-ground gardens. You can plant cover crops around your autumn and winter harvest vegetables like kale and Brussels sprouts, or in empty garden soil after you've harvested your summer crops.

To get all the dirt on October gardening projects visit [jolieanndonohue.com](http://jolieanndonohue.com).

anytime between Oct. 15 and Dec. 1.

Warm-season summer crops like basil, beans, cucumbers, eggplants, melons, peppers, pumpkins, squash and tomatoes need to be harvested this month.

After harvesting completely, remove all plant material from your vegetable garden. If plant material is pest- and disease-free, add it to your home compost bin. When pests and disease are present on plants, dispose of them in your trash



Jolie Ann Donohue is a garden educator, consultant and designer. She is the author of *The Gardening Goddess's Guide to Edible Gardening in Portland*. Reach her at her website, [JolieAnnDonohue.com](http://JolieAnnDonohue.com).

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# They save history from the wrecking balls

By Dan Werle  
CNA Media Team

Mike and Brian McMenamamin grew up in neighboring Alameda, attended The Madeleine School in Irvington and Jesuit High School in Beaverton before graduating from Oregon State University with degrees in political science.

Since then, they have helped establish or re-invigorate more than 55 pubs, restaurants, hotels and concert venues throughout Oregon and Washington – including the iconic Kennedy School in Concordia.

During their Alameda days, their mom, Pat, stayed home taking care of them and sisters Maureen and Nancy. Their dad, Robert, was an attorney, and he wrote a column for The Oregonian. As kids, their parents and grandparents exposed them to a variety of music, art and history.

Mike, the elder of the two, won a football scholarship but, in his second year, left the football program and began working at Togo's sandwich shop. There he enjoyed the work better than football.

In 1974, Mike purchased Produce Row Café on southeast Oak Street and their dad purchased the building. Brian later worked at Produce Row before 1978 when they sold it to the employees. In 1983, The Barley Mill on Southeast Hawthorne Street opened its doors and became the brothers' first joint venture.

Since then, the business has expanded to include such popular venues as the Crystal Ballroom downtown, Edgefield in Troutdale and, of course, Kennedy School.

Students had begun attending classes there in a one-room building in 1913. Two

years later the full school opened and, in 1975, the building was shuttered due to decreasing student enrollment and a crumbling infrastructure.

Thanks to former students, local community members and the Portland Development Commission (now Prosper Portland), the building was spared the wrecking ball.

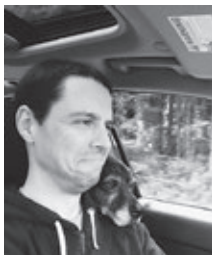
In 1980 Portland Public Schools abandoned the building, and it remained vacant until 1995 when Mike and Brian proposed renovation. The original bell of the school principal rang Oct. 22, 1997, at 7 a.m. to mark McMenamamins Kennedy School's first day "in session."

Four of the brothers' children are involved in McMenamamins Inc., and Mike's 12-year-old granddaughter is already providing advice for potential future pursuits.

Brian admits he and Mike began buying and restoring old taverns because, "They were cheap to start out with." Both confess a penchant for older, high-quality structures, and they enjoy sharing information with the communities in which their businesses operate.

"We like to leave the property in better shape than we found it," Mike explained.

Brian agreed, "We like to try to do the right thing and hopefully become a positive force in the community."



Dan Werle lives in Concordia with his wife, Anna, and their dogs.



Brian (left) and Mike McMenamamin grew up in neighboring Alameda with a respect for history. That's what led to restoring buildings like Kennedy School and filling them with vintage decor like this Dutch puppet theater. Photo by Dan Werle



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- \* Creative Path Walk: a restorative & unique indoor labyrinth

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**Want to get involved locally?**



Join us at the next Concordia Neighborhood Association Board Meeting on Wednesday, Oct. 2, 7-9 p.m. in the McMenamamins Kennedy School Community Room.

**All are welcome!**

**Want to get to know your neighbors?**

To your wellness

# Trade in auto pilot and just enjoy the present

By Kim Magraw, LMT

What is this we keep hearing about “being present in the moment”? On first glance it just seems silly. Of course I’m present! How could I function in the world without being here?

Do you ever feel like you’re on auto-pilot, or like your life is so crammed that there’s no space to breathe or rest? For many of us there’s a sense of disconnection with ourselves and others, a numbness. We find ourselves ceaselessly dwelling in the past or anticipating the future.

If this feels familiar – or as WebMD says, “If you have any of these symptoms” – consider how you might expand your awareness of this moment for two reasons: First, it is in this moment that we experience life’s richness – joy, connection, love, and yes, also negative and painful things.

Second, it is our actions and thoughts in this moment that guide our future and give meaning to our past. In other words, regardless of our past baggage and our future hopes and worries, our choices happen now.

Try this with me:

1. Set aside the next five minutes without interruption.
2. Find a comfortable position and then

take several slow and smooth breaths.

3. While resisting judgment, notice how your breath feels and how your body feels.
4. Ask yourself, “What are my emotions right now?” Allow your emotions to be heard and listen to these voices without judgment.
5. Ask yourself, “What is my thinking or intellectual brain occupied with right now?”
6. Ask yourself (and this is a toughy), “What is my authentic voice saying? What is my true voice unencumbered by expectation, prejudice and conditioning?”
7. Ask for a message or guidance from your true voice.
8. Take several deep and even breaths. Welcome to the present!



Kim Magraw, practices massage at Concordia Wellness, [concordiawellness.com](http://concordiawellness.com).

## The Concordia Neighborhood Holiday Party is coming!

Before your calendar fills up, mark **Wednesday, Dec. 11**, for the Concordia Neighborhood Association Holiday Party, from 6 to 8:30 p.m. at Cerimon House, 5131 N.E. 23rd Ave.

All residents and business owners of the Concordia neighborhood are invited to the free holiday festivities.

The holiday party is a great way to meet new neighbors and mix and mingle with friends – old and new – in a festive and family-friendly atmosphere.

If you would like to help organize the annual event, contact Sonia at [SoniaGF419@gmail.com](mailto:SoniaGF419@gmail.com) or 305.812.5280.

Come for scrumptious desserts and savory treats, with plenty of nonalcoholic beverages.

Holiday music and festivities for the kids top off the event.



Look for details next month in CNews and on [Facebook.com/groups/ConcordiaPDX/](https://www.facebook.com/groups/ConcordiaPDX/)

## Community Room Calendar

Concordia Neighborhood Association hosts these events in McMenamins Kennedy School Community Room. If you’re interested in sponsoring community-building events in this 49-person-capacity venue, contact Sonia Fornoni, [SoniaGF419@gmail.com](mailto:SoniaGF419@gmail.com). Unless noted otherwise, events are admission free.

Thursdays, Oct. 3, 10, 17, 24- 6-7:30pm

### SPANISH CONVERSATION

CNA sponsors these free classes. Brush up on your Spanish skills to reach out to the Hispanic community more effectively. All levels are welcome.

**Details:** [soniagf419@gmail.com](mailto:soniagf419@gmail.com)

Friday, Oct 4, 11, 18, 25, 10am-12pm

### REFRAME COLLECTIVE

The Reframe Collective Toddler Series classes are opportunities for parents & kids to learn & explore together.

**Details:** [thereframecollective.com](http://thereframecollective.com), [reframenw@gmail.com](mailto:reframenw@gmail.com)

Friday, Oct. 4, 7-9pm

### SPIRITUAL ABUSE FORUM

This informal, open group meets monthly to explore issues of abuse that occur in churches & other religious organizations. Each meeting offers a topic.

**Details:** [betsyfreeman16@gmail.com](mailto:betsyfreeman16@gmail.com)

Sunday Oct. 6, 9am-1pm

### VISION BOARD PARTY

Take time to create your best life with like-minded people. All materials provided & 100% of the proceeds go to Camp to Belong which reunites siblings separated in foster care.

**Details/fee:** [emily.berchier@gmail.com](mailto:emily.berchier@gmail.com)

Monday, Oct. 7, 21, 10-11am

### EFT TAPPING STRESS RELIEF

EFT combines cognitive elements with tapping certain acupuncture points. This allows for quick release of current stress & the release of old, stuck energy that may be affecting your health & well-being.

**Details:** Penny Hill, [pheft22@gmail.com](mailto:pheft22@gmail.com), 503.493.5954, [calmhealthease.com](http://calmhealthease.com)

Tuesday, Oct. 8, 15, 22, 29, 7-9pm

### CREATRIX SPARK BOX CLUB

Workshop/class, includes art/creative activities

**Details:** Bernadette Mineo, 480.246.5295

Wednesday, Oct. 9, 23, 7-9pm

### TALLERES & FANDANGO

“Fandango” is a family-friendly celebration of traditional music & folk dancing from Veracruz, Mexico. Beginners are welcome at these intergenerational workshops.

**Details:** Chariti Montez, 360.280.3868

Saturday, Oct. 19, 1:30-4pm

### PANEL DISCUSSION FOR ADHD

This is a middle & high school panel discussion on ADHD/ADD with peer-to-peer coaches available.

**Details:** [julie@jhidesign.com](mailto:julie@jhidesign.com), 703.608.3490

Friday, Oct. 25, 6-8pm

### THE INTENTIONALS

This semi-regular gathering was created with the goal of strengthening intergenerational community. Everyone has the opportunity to live intentionally & create traditions. Meetings are open to all ages & genders & allow participants to share stories, craft & create meaning together.

**Details/RSVP:** [reframenw@gmail.com](mailto:reframenw@gmail.com)

Sunday Oct. 27, 10am -1pm

### SINGLE MOTHERS BY CHOICE HALLOWEEN PARTY

A Halloween party for women who have pursued motherhood on their own, their families & for those considering this option.

**Details:** [betsyfreeman16@gmail.com](mailto:betsyfreeman16@gmail.com)

Sunday Oct. 27, 3-6pm & Thursday 31, 7-9pm

### SACRED HARP SINGING

This is not a choir, & there are no auditions & no performances. Each session is composed of whomever attends, including every possible level of musical experience & ability – even those who were asked not to sing in their church choirs.

**Details:** [portlandsacredharp.org](http://portlandsacredharp.org)

For events scheduled after CNews press time, visit [ConcordiaPDX.org/community-room-calendar](http://ConcordiaPDX.org/community-room-calendar)

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**[ConcordiaPDX.org/get-involved/ad-sales](http://ConcordiaPDX.org/get-involved/ad-sales)**





# Local artist fuses glass into jewelry, more

By Nancy Varekamp  
CNews Editor

**T**welve bars of soap turned Susan Hathaway into an artist at age 6, although now her medium is glass

“My grandparents worked with their hands,” she recalled. “They influenced me to want to work with mine.”

Her grandmother had planned to put the bars of soap to traditional use. However, when the grandmother returned home one day, Susan and the grandfather had put a carving knife to use. The result? Twelve animals.

In high school, her medium became paper and ink. Calligraphy launched Susan’s early career in an Old Town shop, where she penned wedding and shower invitations, framed pieces, and more.

A young man on a bicycle delivered sandwiches to the shop one day and now he – David – and Susan have been married 45 years.

When Susan was 26, she found her permanent artistic calling during a stained glass class, a gift from her mother. Cutting and applying lead and solder to colored glass wasn’t sufficient.

“From then on it was all about fusing glass,” Susan said. With the gift of a kiln from her uncle, she became a self-taught glass maker.

During the 10 years she managed a daycare center in the Concordia home the Hathaways bought in 1978, glass-making time was limited. When Susan was able to hire part-time help – fellow Vernon School parent Teri Knesal – she was afforded time to work with glass.

“Teri and David became my marketers,” she explained. And they continue to help out at street fairs and craft shows in northeast and southeast Portland, and previously for 20 years at Saturday Market.

You can also look for Concordia Glass earrings, necklaces, hair clips, garden stakes, angel ornaments and five-character nativity sets on sale nearby at:

- Sharon’s Hair and Nails, 4216 N.E. Mason St.
- Hollywood Senior Center’s Golden Treasures shop
- McMenamins Edgefield’s Gorge Glashaus

Although Susan stopped selling to Made in Oregon after a few years and left Saturday Market two years ago, she can still be found at local craft fairs with David and Teri.

“I’m her chauffeur and sometimes her ‘show-er,’” David rhymed. He retired three years ago years ago from Cloudburst Recycling.

Selling wholesale to stores helps pay the bills, but the shows offer them contact



(Left to right) David Hathaway and Teri Knesal are Susan Hathaway’s marketing team and support system for Concordia Glass. She’s been making jewelry and other items from her Concordia home for decades. Photo by Nancy Varekamp

*Nancy Varekamp is semiretired from her career in journalism, public relations and – her favorite work engagement – writing and editing targeted newsletters.*

with the customers, Susan pointed out.

“It’s nice just to have people appreciate what you’re doing, and I enjoy talking to the other vendors.”

David agreed and added, “The entry fees you pay to be in many of them – like the Hollywood Senior Center and All Saints School – go to a good cause.”

*Editor’s note: Find Susan – and most likely David and Teri – Saturday, Nov. 9, at the Hollywood Senior Center Holiday Bazaar from 9 a.m. to 3 p.m. at 1820 N.E. 40th Ave. In addition to shopping at the Concordia Glass table, you’ll find other local crafters with their wares, plus soup and pie for lunch.*



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Thursday, October 3

## THE HASSLERS

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Gym • 7 - 9 pm

Saturday, October 5 & 19

## Opera on Tap

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the Honors Bar.  
7 - 9 pm

Tuesday, October 8

## RACE TALKS

An Opportunity for Dialogue

THE COLOR OF FEAR (PART 1B):  
8 AMERICAN MEN DISCUSS RACE

Gym • 6 pm doors; 7 pm event

Thursday, October 10

## The Brothers Reed

Familial folk  
Gym • 7 - 9 pm

Monday, October 14

## PARANORMAL PUB:

An Evening with the Permanents  
Theater • 6 pm doors; 7 pm event

Thursday, October 17

## GREAT NORTHWEST MUSIC TOUR

### ERIN COSTELO

A golden age songwriter  
Gym • 7 - 10 pm

Sunday, October 20

## Brunch with Poison Waters & Friends

Ticket includes show and breakfast  
10:30 am doors; 11 am brunch • 21 & over

Thursday, October 24

## BOTTLENECK BLUES BAND

Red hot funky blues  
Gym • 7 - 9 pm

Saturday, October 26

Oregon Brewery Running Series

## HALLOWEEN 5K FUN RUN OR WALK

11 am • \$30-40 • All ages  
Register at mcmenamins.com

Saturday, October 26

## HALLOWEEN DANCE PARTY

BRIDGETOWN GET DOWN  
7 - 10 pm • 21 & over • mcmenamins.com

Monday, October 28

## HISTORY PUB

Hiking Oregon's History  
Theater • 6 pm doors; 7 pm event

Thursday, October 31

## HALLOWEEN

Willamette Radio Workshop

Frankenstein  
Theater • 4 - 5:30 pm

## TRICK OR TREATING

4:30 - 6:30 pm in the halls

## THE COASTLINE

Indie rock  
Gym • 7 - 10 pm

Thursday, October 31

## LIMITED-EDITION BEER TASTING

W/ BRIAN RILEY & RYAN LUND  
5 - 7 pm • 21 & over



# Classes here differ from the norm

By Mischa Webley  
Northeast Coalition of Neighborhoods

The first sign this isn't your average urban high school is the curriculum. Classes include Manhood, Skateboard Manufacturing, Mindfulness, Leadership, Rocketry and even one on starting a food cart.

There are no crowded classrooms, no shouting, none of the usual chaos of a school environment. There's a certain ease that's closer to family than educational facility, a noticeable familiarity between students and teachers.

At the eastern edge of Concordia, in the building that once housed Meek



Students sense a certain ease that's closer to family than educational facility at Alliance High School at Meek in Concordia.

*“We’re trying to unlearn for ourselves doing everything for the kids and to get in the habit they are capable and have their own thoughts on how to do things.”*

— Lorna Fast Buffalo Horse



Alliance High School gender studies teacher Alix Reynolds is among the faculty and staff who help students rebound if they fall behind at the alterative school, whatever the reason.

Elementary School, Alliance High School at Meek is an alternative school focused on career technical education.

And it's challenging assumptions about how to educate Portland's youth. It focuses on boys who have had the hardest time succeeding in the standard public school system.

Most dropped out or were pushed out of other schools. Most come with poor grades and spotty attendance. There is also a higher-than-average rate who experience homelessness, are parents or are impacted by drugs or gangs.

Many suffer from various forms of PTSD or anxiety. All receive free breakfast and lunch. They are what the school system calls “at-risk” youth.

Principal Lorna Fast Buffalo Horse thinks of them as students who learn outside the box.

“We’re trying to unlearn for ourselves doing everything for the kids and to get in the habit they are capable and have their own thoughts on how to do things.”

In a dimly lit classroom, a small cohort are led by teacher Andre Washington in discussion about the differences between sympathy and empathy.

A video depicts a racially charged incident in a barbershop, and the patrons' various responses. Will anyone speak up when a stranger acts out in public? What would the students do?

This is Manhood class, and there is no right answer.

“It's about learning compassion,” Washington said. “A lot of our students are coming from homes where there's not a strong male role model, so it's an important hole that we're trying to fill.”

Gaps in attendance and holes in performance are discussed at weekly meetings of the principal and about 20 teachers. They develop plans to ensure struggling students graduate.

It's less about the behaviors and more about what's driving them. Advisers — who help each student rebound after falling behind — develop action plans

with the teachers.

“It takes a village to get a child out of the village,” the principal pointed out.

That's the kind of attention that sets Alliance apart and will pay dividends to the students for years to come.

*Editor's note: This story was condensed and reprinted with permission from the Northeast Coalition of Neighborhoods (NECN). For the full story and more pictures, visit NECN's newsletter Hey Neighbor! at bit.ly/NECN-S2019*



## Care about transportation or land use issues affecting our Concordia neighborhood?



### Want to get involved?

It's easy. The Concordia Land Use & Transportation Committee meets next on Wednesday, Oct. 16 at 7 p.m. in the McMenamins Kennedy School Community Room.

(Generally, meetings are held on the 3rd Wednesday of the month.)

Meetings are open to the public. Just show up or contact [LandUse@ConcordiaPDX.org](mailto:LandUse@ConcordiaPDX.org).

Info: [ConcordiaPDX.org/lutc](http://ConcordiaPDX.org/lutc)



## Like your neighborhood?

Opportunities abound — volunteer and sometimes paid — to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.



## Ready to help?

Email [Chair@ConcordiaPDX.org](mailto:Chair@ConcordiaPDX.org)

Ask the Historian

# They named it Irvington for marketability

By Doug Decker  
Historian

The Concordia neighborhood is a quilt of underlying subdivisions, also known as plats filed by developers more than 100 years ago when they first laid out – and then carved out – streets and lots from the fields and forests that occupied these gentle slopes above the Columbia River.

My June column mentioned Foxchase, one of those plats (ConcordiaPDX.org/2019/07/you-can-find-foxchase-but-not-on-a-map). But there are many more, each one with its own history: Kennedy's Addition, Ina Park, Lester Park, Town of Creighton, Heidelberg, Sunderland Acres, Concordia Green and the largest of all, Irvington Park.

Interesting, isn't it, that the makers of our neighborhood wanted to name it after another neighborhood that already exists? That's marketing for you.

The Irvington Park plat occupies the area from 25th to 33rd avenues, between Rosa Parks Way and Killingsworth Street, an area of about 175 acres. That's big by northeast Portland plat standards.

When the Irvington Park plat was filed back in November 1890, the Irvington neighborhood we know today south of Fremont Street was already a going concern with wide streets, big houses and wealthy business people moving in and building up the area. Today we would say property values there were definitely skyrocketing.

The initial developer of Irvington Park here in Concordia in 1890, Edward Quackenbush, liked the vibe of the original Irvington – which he was not party to, by the way – and wanted to cash in on the coattails of its identity, something that other east Portland developers tried to do as well.

Check out the adjacent advertisement from The Oregonian July 10, 1907, that implies a connection with "Irvington Proper," but also points out that prices in Irvington Park are way less expensive.

Other eastside developers did the same thing, which was annoying for the Irvington real estate people. But it worked.



Doug Decker initiated his blog *AlamedaHistory.org* in 2007 to collect and share knowledge about the life of old houses, buildings and neighborhoods in northeast Portland. His basic notion is that insight to the past adds new meaning to the present.

## Why You Should Buy This Property

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**LOTS \$400 to \$500**

**LOTS \$450 to \$500**

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**Lots Only \$200 to \$300**  
Carline to center of tract this Summer; city water; higher grade improvements; stricter building restrictions, and greater amount of shade and higher elevation than any of others. Low prices can't remain – demand too great – BUY NOW.

**Lots originally \$700, now \$1500 to \$2000 – Irvington Park only 12 blocks north; has good carline.**

**Why So Cheap?**

We bought this property some time ago at a ridiculously low price, and we're giving YOU the benefit. It's worth MORE than surrounding property, but we want to do right by the public—let the buyers reap the difference. That's all there is to it. You'll want a lot as soon as you've seen the property. Don't fail to do so at once.

**IRVINGTON PARK**  
"The Tract With Character"

**F.B. Holbrook Co.**  
250 Stark St. Phone Main 5386

**F. E. SCHWAN, Agent, on grounds all the time. Alberta Car to East 27th, go 3 blocks north to Killingsworth Ave.**

The Oregonian 1907 advertisement implies a connection between Irvington Park and "Irvington Proper," but also points out that prices in Irvington Park are way less expensive

With the help of the Alberta Streetcar, homeowners flocked to Irvington Park and the commercial district around Alberta Street boomed. A community club was organized, a club house and dancing venue was built near 30th Avenue and Ainsworth Street.

And something else happened: community spirit. Here's a paragraph from The Oregonian July 25, 1915:

"There never was a finer feeling in a community than now exists in Irvington Park – and their community club has done it and its work will go on benefiting one and all and bringing them closer and closer together."

**Ask the historian** is a CNews standing feature that encourages readers to ask questions about the history of the neighborhood and its buildings. Is there something you've wondered about? Drop a line to [CNewsEditor@ConcordiaPDX.org](mailto:CNewsEditor@ConcordiaPDX.org) and ask Doug Decker to do some digging.

## CONCORDIA NEWS

is THE place to write!



"I enjoy writing for the Concordia News because I believe everyone has a story. I delight in being continually amazed. What's your story?"

**Marsha Sandman,**  
CNA Media Team  
[MarshaJSandman@gmail.com](mailto:MarshaJSandman@gmail.com)

### Have you checked out CNA's Facebook page?

Keep informed of CNA activities and your neighbors' comments.

Check out the page for:

- CNA Board meeting invites & meeting minutes
- Neighborhood events
- CNews story highlights
- Community discussions

[Facebook.com/groups/ConcordiaPDX/](https://www.facebook.com/groups/ConcordiaPDX/)



Choose the subjects you want to cover — from events to new businesses, schools to community issues and so much more.

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[ConcordiaPDX.org](http://ConcordiaPDX.org)



# Concordia community events calendar



Tuesdays, Oct. 1, 8, 15, 22, 29, 4-8pm  
**TIME TOGETHER: TUESDAYS AT CERIMON HOUSE**  
**Location:** 5131 NE 23rd  
 Gather, knit, craft, fold, chat, be. This open house connects friends. Most Tuesdays also include a 22-foot Chartres pattern labyrinth for a contemplative walk.  
**Details:** cerimonhouse.org

Tuesday, Oct. 1, 6:30-8:30pm  
**LEAD POISONING PREVENTION WORKSHOP**  
**Location:** Community Energy Project, 2900 SE Stark, Suite A  
 Participants learn how to prevent lead exposure in their homes, especially homes built before 1978 housing children, pregnant women & others concerned about lead exposure.  
**Details/registration:** communityenergyproject.org, 503.284.6827 x109

Fridays, Oct. 4, 11, 18, 25, 10:30am-noon  
**FEAST COMMUNITY CHOIR**  
**Location:** Subud Portland, 3185 NE Regents  
 Forget Everything & Sing Together (FEAST) is a community acapella choir with the goal to build community. New singers welcome.  
**Details/fee:** feastcommunitychoir.com



Tuesday, Oct. 8, 7pm  
**RACE TALKS**  
**Location:** McMenamins Kennedy School  
 The topic is "The Color of Fear," an insightful, groundbreaking film about the state of race relations in America. Look through the eyes of 8 North American men of Asian, European, Latino & African descent. In a series of intelligent, emotional & dramatic confrontations, the men reveal the pain & scars that racism has caused them. What emerges is a deeper sense of understanding & trust. Race Talks will explore this 4-part documentary series September-January. Doors open 6pm.  
**Details:** mcmenamins.com/events/197495-the-color-of-fear-part-1b-8-american-men-discuss-race



Friday Oct. 11, 7-9pm  
**OWL PROWL**  
**Location:** Whitaker Ponds Nature Park, 7040 NE 47th  
 Do your little owlets love owls? They're welcome at this Owl Prowl family-friendly event to learn more about these amazing nighttime predators. An indoor presentation covers local owls & their adaptations. Then the outdoor night hike offers an opportunity to look & listen for great horned owls (and bats, deer & beavers).  
**Details/registration:** columbiaslough.org/events/event/129, \$7-\$15/person suggested donation; no one will be turned away due to lack of funds.



Saturday, Oct. 12, 10am  
**AARP NEIGHBORWALKS: CONCORDIA FOR ALL GENERATIONS**  
**Location:** 3039 NE Rosa Parks  
 Celebrate health & community. Learn how 6 providers came together to create a healthier community & enhance learning for all ages. Meet in front of Faubion Elementary to see the 3toPhD center, explore Concordia University Campus & the neighborhood. Year-end prizes & treats. The walk is 4,646 steps, 2.2 miles, 2 hours. Don't forget to bring your NeighborWalks passport.  
**Details:** states.aarp.org/neighborwalks2019pdx

Monday, Oct. 14, 7pm  
**HISTORY & UFO FESTIVAL: AN EVENING WITH THE PERMANENTS**  
**Location:** McMenamins Kennedy School  
 Paranormal researchers Neil McNeill, Michael White, Casey Goodwin, Jay Verburg & Ben Robison will talk about their upcoming documentary, "The Permanents: A Paranormal Case Study," showcasing the storied activity of the paranormal "permanent residents" of the Old Wheeler Hotel on Nehalem Bay. Doors open at 6pm, minors welcome with parents or guardians.  
**Details:** mcmenamins.com/events/199333-an-evening-with-the-permanents

Wednesday, Oct. 16, 6-8pm  
**3TOPHD® COMMUNITY COOKING CLASS**  
**Location:** 3toPhD Community Kitchen at Faubion School  
 "30-Minute Recipes" is presented by Chef Brooke Jackson-Glidden of Eater Portland.  
**Details:** 3tophdpdx@gmail.com

Wednesday, Oct. 16, 6-7:30pm  
**HOME ENERGY SCORE WORKSHOPS**  
**Location:** Community Energy Project, 2900 SE Stark, Suite A  
 Portland homes now require home energy scores to be listed for sale. This class is for home sellers/buyers & real estate brokers. Class covers interpreting home energy score reports & effective energy efficiency upgrades.  
**Details/registration:** communityenergyproject.org



Thursday, Oct. 17, 6-8pm  
**FREE CRAFT NIGHT**  
**Location:** Atlas Pizza, 710 N Killingsworth  
 collage & Atlas Pizza collaborate the third Thursday of each month to sponsor this event. Supplies & instructors are provided, no registration necessary.  
**Details:** collagepdx.com



Saturday & Sunday, Oct. 19 & 20, noon-4pm  
**CREATIVE PATH WALK: LIFELONG LEARNING**  
**Location:** Cerimon House, 5131 NE 23rd  
 Cerimon House hosts a monthly indoor labyrinth walk installation, each featuring a new theme. The 30-minute immersive & contemplative experience offers a place to unplug, focus & restore. Enjoy the unique replicas of historic patterns from Reims, Chartres & guest patterns. This quiet activity is recommended for walkers 9 years & older, & walk ins are welcome. Donations are accepted.  
**Details/reservations:** cerimonhouse.org/calendar

Monday, Oct. 21, 6-8pm  
**3TOPHD® COMMUNITY COOKING CLASS**  
**Location:** 3toPhD Community Kitchen at Faubion School  
 "Indonesian Feast" is presented by Chef Brooke Jackson-Glidden, Eater Portland.  
**Details:** 3tophdpdx@gmail.com

Friday, Oct. 25, 7pm  
**CU INSTRUMENTAL CHAMBER FALL CONCERT**  
**Location:** Concordia University Fine Arts Building  
**Details:** wkuhn@cu-portland.edu

Monday, Oct. 28, 6:30pm  
**CU GRADUATE EDUCATION WINE & CHEESE INFO SESSION**  
**Location:** McMenamin Kennedy School.  
 Learn about Concordia University's graduate education programs, meet professors, speak with current & past students & get information about the program & the application process. Selections of wine & cheese will be served along with a variety of appetizers & refreshments.  
**Details/RSVP:** concordiateacher.com, 503.280.8501

Monday, Oct. 28, 7pm  
**HISTORY PUB: HIKING OREGON'S HISTORY**  
**Location:** McMenamins Kennedy School  
 William L. Sullivan, author of a dozen books about the state, offers an armchair hiker's tour of Oregon's most scenic historic sites. Based on his outdoor guidebook, "Hiking Oregon's History," the presentation follows Lewis & Clark's trail across Tillamook Head & traces Chief Joseph's trail of tears through Hells Canyon. Expect tips on dramatic hiking trails to fire lookouts, lighthouses & gold mines, too, mixed in with anecdotes about trailside wildflowers & geology. All ages are welcome, door opens at 6pm.  
**Details:** mcmenamins.com/events/197511-hiking-oregons-history

Thursday, Oct. 31, 5-8pm  
**HALLOWEEN-IN-THE-HALLS**  
**Location:** Concordia University  
 Families with youths 12 years old & younger are welcome to the family carnival in the George R. White Library & Learning Center, followed by with trick-or-treating tours through the residence halls.  
**Details:** available on the home page during Halloween week cu-portland.edu



OCTOBER 2019

- 1 **SKERRYVORE**
- 3 **STEPHEN KELLOGG & WILL HOGE**
- 5 **THE MYSTERY BOX SHOW**
- 6 **JERRY JOSEPH • CASEY NEILL**
- 7 **"STRONG, THE DESTRY ABBOTT STORY" MOVIE PREMIERE**
- 8 **TOM RUSSELL**
- 9 **CHAMBER MUSIC NORTHWEST DARK HORSE CONSORT: MODERN MASTERS OF PERIOD BRASS**
- 10 **LIVE WIRE RADIO WITH LUKE BURBANK**
- 11 **EVIL DEAD THE MUSICAL**
- 12
- 13 **CHE APALACHE**
- 14 **KEOLA BEAMER & JEFF PETERSON + MOANALANI BEAMER**
- 15 **SCIENCE ON TAP FUNGIPEDIA: A BRIEF COMPENDIUM OF MUSHROOM LORE**
- 16 **OREGON HUMANITIES PRESENTS THINK & DRINK WITH DESMOND MEADE**
- 17 **LIVE WIRE RADIO WITH LUKE BURBANK**
- 18 **NORMAN SYLVESTER A PHENOMENAL CONCERT THE JOURNEY OF BLUES & GOSPEL IN AMERICA**
- 19 **A-WOL AFTER HOURS**
- 24 **LIVE WIRE RADIO WITH LUKE BURBANK**
- 25 **STAND AND SWAY + FIVE LETTER WORD**
- 26 **RENEGADE SAINTS REUNION SHOW**
- 27 **CHAMBER MUSIC NORTHWEST ROLSTON STRING QUARTET : SCHUBERT'S "DEATH & THE MAIDEN" & MORE**
- 29 **FERRON**

**Community calendar items**

Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.