Art Walks resume on Alberta

Put on your walking shoes. Alberta Art Works is offering its third summer of Public Art Walks. Ninety-minute walks are led by volunteers from Alberta Art Works, the nonprofit that has served for six years as a catalyst for creating public art to celebrate, beautify and create community. Purchase tickets for upcoming walks at AlbertaStreetGallery.com/store/p8/Public_Art_Tour_with_Alberta_Art_Works.html.

"Public Art Walk," a self-guided tour brochure, is available free in many Alberta Street businesses. And, as of last year, you can download an app from TipTour.org for an audio tour that features voices of the muralists. "There's nothing new about public art," said Maquette Reeverts, a member of the Alberta Art Works board of directors who leads the tours. "Street art was born on the Roman wall paintings in Pompeii. And 1970s and 1980s New York City was the midwife."

Maquette has several favorite murals, each for a different reason. One is the "free wall" at south of Alberta Street in the alley between 27th and 28th avenues. It’s forever going up and coming down. The social and political artwork is incredible,” she said. That “sanctioned” wall is painted over every 12 months and artists and taggers begin anew. It’s currently one of two in town. (See ConcordiaPDX.org/2019/05/free-walls.) Maquette is proud to see the community involvement in the Cycling Center’s mural on 17th Avenue. Fifty volunteers participated to paint it.

There are many mediums. Mimosa studios’ mural doesn’t use paint. Instead, hand painted tiles – created and fired in the ceramics studio – adorn its storefront. And The Station has installed the first participatory street art on Alberta – a blackboard for anyone to write on. “Each piece of street art here is beautiful,” Maquette pointed out. “And each has something to say.”

AMS MARKS THE STREET
Group honors community pillars with metal, sidewalk ones.

See Page 4

TAKE NOTICE, SWEET TOOTH
Baker makes the treats that don’t break the bank account.

See Page 6

CENTER CYCLES FOR 25 YEARS
Join the Community Cycling Center – cycling – June 22.

See Page 8

Nancy Varekamp is semiretired from her career in journalism, public relations and – her favorite work engagement – writing and editing targeted newsletters.
Reify June 1, and always

It’s that time of year again! Clean up season. Many surrounding neighborhoods have had their collection events already. Concordia neighborhood’s event is Saturday, June 1, from 8 a.m. to 12:30 p.m. at the northeast corner of 42nd Avenue and Killingsworth Street.

It is organized by wonderful Concordia neighborhood volunteers and, in addition to helping the neighborhood clean out their spaces, this event raises money for the neighborhood association. That helps us produce this entertaining, informative, creative newspaper, and to host the spring egg hunt, the concerts in the park and other community events.

I hope you get a chance to come see us on Saturday. Please contact KTUGolini@gmail.com if you’d like to volunteer.

I have been on the neighborhood association board for about three years, having joined right about the time I became a Master Recycler. This article is a great chance for me to remind my neighbors about the wonderful resources the city provides to help us all take small steps to keep Mother Earth healthy.

The Portland Bureau of Planning and Sustainability website has a super section, ResourcefulPDX.com. It boasts ideas for you to make simple changes in your everyday choices to help you create less waste. The site has ideas and tips on how to:

• Buy, like choosing quality durable products rather than disposable items
• Reuse, like shopping at secondhand stores
• Borrow and share, like visiting the tool library

• Fix and maintain, like getting the soles of your favorite shoes fixed instead of buying new

There is even a map to help you find resources in your neighborhood, or for a friend who might live in another neighborhood.

Metro’s website also has an awesome section, OregonMetro.gov/tools-living. It has four subsections of earth-friendly tips and tricks:

• Dealing with garbage and recycling
• Living in a healthy home
• Creating and maintaining a pest-free yard and garden
• Getting around town using public transportation

There is a search option on each page so you can find anything you are looking for. The Garbage and Recycling page reminds us, “That stuff you’re throwing away may not be trash, and it can be the key to a healthy home.”

Another great option is to simply call Metro at 503.234.5000, from 8:30 a.m. to 5 p.m., Monday through Saturday. There is so much wonderful information out there. I hope you can take the time to check it out.

Heather Pashley was born in Portland and grew up playing at Fernhill Park. She has worked for OHSU for more than 20 years, worships at St. Charles Borromeo Catholic Church, and she has never strayed far from her beloved Concordia neighborhood.

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CONCORDIA NEWS

Three park concerts due this summer

Mark your calendar for the annual Concerts in the Park series in Fernhill Park:

Friday, July 12, 6:30 - 8:30 p.m. The Sirens of Blues: female blues legends and rising stars.

Friday, July 19, 6:30 - 8:30 p.m. Tony Starlight Showcase: music and laughter from Sinatra through the 1980s.

Friday, July 26, 6:30 - 8:30 p.m. Bloco Alegria: high-energy Brazilian music and dance.

For details, contact Sonia at sonia@419@gmail.com or call 503.812.5280.
**Concordia murals**

**19th Avenue mural is popular for selfies**

By Nancy Varekamp
CNews Editor

Alberta Art District’s newest mural – on 19th Avenue, south of Alberta Street – may be untitled, but it’s getting plenty of attention.

“We call it a ‘selfie wall,’” said Brad Fowler, building owner of the new 1930 Alberta Building. “A couple of times a day since it went up in October, people stop and take their pictures with the wall. It seems to be a very popular selfie spot.”

Created by muralist Maddo, the 30 x 11-foot wall features lush greenery with different animals popping their heads through the leaves. The Alberta Public Art Walk brochure published by Alberta Art Works describes it as, “An expression of our competition to obtain our own tiny area of space in our overcrowded cities.”

Brad worked with Portland Street Art Alliance to locate a muralist. “We wanted to give a bit of life to what would’ve otherwise been a blank concrete wall,” he said. The alliance identified three muralists and Brad selected Maddo.

“After that, the artist came up with three concepts,” Brad explained. “The assignment was totally wide open, and I did not give him any contextual ideas or colors. I tend to rely on the people I choose to come up with what they’re good at.”

The 1930s style – aptly located at 1930 N.E. Alberta St. – was designed by Emerick Architects and completed in November. It sports the second mural for Brad to commission. The other is on a building in southeast Portland.

“I’ve just always thought murals were a great way to give life to parts of buildings that would otherwise be nondimensional.”

He said he’ll never get tired of watching selfies taking place, nor will tenants Blueprint Modern Hair, a hair salon; EcoVibe Home, a home décor and plant store due to open this month; and future residents of the upper three floors of apartments.

**Check out 2019 Last Thursdays**

Last Thursdays open for art and family fun June 27, July 25 and Aug. 29 from 6 to 9 p.m.

The event is on Alberta Street between 15th and 30th avenues. Sponsored by Portland Bureau of Transportation, Last Thursday welcomes neighbors, families from throughout Portland, food vendors and artists/artisans to enjoy the vibrant street scenes.

“Last Thursdays are part of PBOT’s Portland in the Streets effort,” explained Greg Raisman, city of Portland Livable Streets Program specialist. “It uses our largest public space – our streets – as gathering places where neighbors come together, support local businesses and encourage creativity.”

He urges participants to travel to the events via TriMet, bicycle or by foot.

“Please be courteous to the surrounding neighborhood,” he added. “Park with consideration and limit the level of noise when returning to your car after the events.”

Vendors may register at LastThursPDX.org.
Markers honor pillars of the community

Neighbors in the Alberta Arts District have come together to honor pillars of the African American community. They hope this will continue the discussion about gentrification and displacement in the changing neighborhood.

Five informative public art structures called the Alberta Street Black Heritage Markers will tell the stories of nine significant African Americans who helped build, and who strive to maintain the livability and economic viability of the neighborhood.

“These are stories about struggle and accomplishment,” said Ann Griffin, Alberta Main Street (AMS) executive director. The nonprofit is leading the project.

“It’s important to maintain positive relationships with the storytellers as well as the remaining black-owned businesses on Alberta.”

The seven-foot tall, triangular-shaped markers will stand at the corners of 11th, 14th, 17th, 18th and 24th avenues. They will showcase the individuals’ stories through words, pictures and artistic elements.

Discussions began within AMS in 2015. A leadership team was assembled to review submissions from different artists and make the decision about which community members to honor.

The individuals chosen hold community positions that range from basketball coach to small business owners and investors to a union advocate. (See sidebar for names of the storytellers and artists.)

To make the project more interactive, an app will show viewers where to find additional information about the featured individuals. It was designed by Diversa, a company that combines storytelling and technology.

Diversa plans to donate earnings from the app to Micro Enterprise Services of Oregon, a nonprofit that assists small businesses facing the challenges of gentrification.

AMS hosted a neighborhood reception to promote the project at the Cruz Room Annex May 19 and is planning an eventful celebration for the markers’ mid-July installation.

Renee Mitchell, an op-ed writer for The Oregonian, will host the summer-time event and DJs from XRAY.FM will provide the musical entertainment. AMS has invited students from St. Andrew Nativity School to introduce the storytellers, read poetry or speak about what the neighborhood means to them.

The project is intended to be forward-looking, according to Ann. The hope is for the markers to foster a dialogue about inclusivity for those previously displaced from the neighborhood.

The markers are part of the broader goal to support the community’s African American and low-income neighbors, and to inspire the next generation.

And most important, Ann pointed out, the project is about encouraging those displaced to return to the neighborhood churches, parks and community events, and to feel welcome again.

Alberta marker participants

Storytellers whose words are due on five Alberta Street Black Heritage Markers are: Sam Brooks, Angellette Hamilton, Donna Hammond, Rosalyn Hill, Mitchell S. Jackson, Paul Knauls Sr., Marnella Mosley, Benita Presley and Pat Strickland. The local artists chosen for the task to capture those stories visually are Kayin Talton Davis and Cleo Davis. Fabricating the markers is Jesse Pierson, owner of SOLID and a Pacific Northwest Sculptors board member.

Karen Lotts is a local freelance writer who helps local small businesses and nonprofits connect with their audiences through copywriting. She can be reached at KarenLotts.com.

Alberta Street Black Heritage Markers, five informative public art structures, are in the works at a Portland fabricator. Photo by Lloyd Kimeldorf

Register Today: gocugo.com/youthsococcamp
Oil rolls on tracks bordering Concordia

By Garlynn Woodsong
CNA Board Member, SW1
CNA LUTC Chair

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n the Bakken oil fields of North Dakota, among other locations, new engineering innovations have allowed the use of shale fracking for greater oil and natural gas extraction efficiencies.

All that oil has to find its way to an ocean to get to market, so it’s coming by rail to the oil-to-shipping facilities right here in Portland and nearby Columbia River ports.

The exact contents of any given rail car or train is considered classified information for national security reasons, or something along those lines. However, we do know if the more than a dozen oil-by-rail projects currently planned are permitted, they could add a capacity of 88,800 barrels per day – more than the Keystone XL pipeline!

All of this crude oil would move in rail cars on the tracks that run just north of Concordia neighborhood.

News from the NET

Consider these ideas for emergency food supplies

By Amy Gard, team leader
Concordia/Vernon/Woodlawn NET

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ne of the most frequent questions your neighborhood emergency team (NET) receives is, “What can I include in my emergency food storage?”

While there’s no one-size-fits-all answer, there are some prudent considerations. These include price, shelf life, ease of preparation, nutrition, palatability and perhaps weight, in case you need to evacuate in nonmotorized fashion.

Regardless of the form of food – canned, dried or freeze-dried and/or or meals ready to eat, better known as MREs – you’ll need to store it. Generally, the cooler, drier, darker and more stable its storage environment, the longer the food will stay ‘fresh.’

There is one, in particular, that is real, that is happening now, and it’s within city limits.

Zenith Energy is performing work, under permits issued in 2014, to expand its capability to transfer oil from trains to boats by expanding its rail car unloading station’s capacity to unload from 12 to 42 cars at once. According to The Oregonian, federal export data show that Zenith Energy singlehandedly established Oregon’s crude oil export market over the span of the past year. Now it wants to bring Canadian oil through Portland.

This oil train expansion in north-west Portland is an example of how our existing fossil fuel infrastructure can be ramped up without much oversight.

It will move higher and higher volumes of volatile petrochemicals on tracks that are within a blast-radius distance of our homes.

Oil won’t be the only fossil fuel on the tracks if other proposed projects are completed. As much as 100 million tons of coal have been proposed to pass through at least six new terminals for export annually.

Even without explosions, pressurized train cars full of mixed petrochemicals are prone to leaking, as they roll mostly unsupervised down the tracks. These leaks can emit noxious liquid, gases and fumes that can travel into adjacent neighborhoods.

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Qualified, it’s a sure thing that they’re not good for your health. Citizen input could be helpful to city officials deliberating about how far the city should go to regulate the petrochemical export industry within its borders.

Write to your city commissioners if you’re concerned about this issue. Address your letters to 1221 S.W. 4th Ave, Portland, OR 97204. For email addresses, visit PortlandOregon.gov/article/224430.

Let us know – at LandUse@ConcordiaPDX.org – if you’re interested in helping CNA to act on this related issues.

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Concordia News

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LUTC update

Oil rolls on tracks bordering Concordia

By Garlynn Woodsong
CNA Board Member, SW1
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Consider the accessibility in terms of structural damage to your home. Will you be able to get to it when you need it?

The easiest strategy is often to buy more of the shelf-stable food you normally eat. Think snack bars and jars, canned and/or ingredients and meals packaged for lengthy shelf lives. And rotate, rotate, rotate.

If you normally avoid packaged food, you may want to invest in some freeze-dried meals in No. 10 cans which have shelf-lives of up to 30 years – keeping in mind you’ll need to store more water to rehydrate them and, ideally, have a way to heat them.

Also remember dried nuts, seeds and grains have oils that turn rancid with age and generally the more ‘whole,’ they are, the longer they will keep.

Salt and seeds are also recommended for those who aim to keep themselves in ‘fresh’ food.

Salt will allow you to ferment any fresh and sometimes even frozen produce on hand that may spoil without refrigeration. Ferments can buy you time when you need to save your ‘fresh’ food.

Seeds can be sprouted for a fresh nutritional boost or, alternatively, to replenish your veggie garden offerings.

Have a question about preparedness?

Contact me at ConcordianETs@gmail.com.
Sug Street Bakery and Bistro is new to Alberta Street, but owner and Concordian Darrell Hames is not new to feeding hungry customers. He’s been busy cooking, creating, catering, serving and even decorating cupcakes.

Years ago he lived in Los Angeles. There, he worked with a catering company that owned 20 wheeled kitchens that catered to the movie and TV industries, Disneyland and Hollywood special events. You may even have seen him cooking in the background on the Tom Arnold TV show.

Darrell said working in LA was too demanding for family time. So he settled in Portland, where he bought a catering company.

Not one to rest on his laurels, Darrell also spent three years renovating an old stagecoach stop known as the Wolf Creek Inn in southern Oregon.

Again he felt the wheels were spinning too quickly for family life, so he moved to Eugene, where he became a part owner. With his seemingly limitless energy and ambition, Darrell assisted Café Yumm franchisees throughout Oregon.

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He again felt the wheels were spinning too quickly for family life, so he settled in Portland, where he bought a catering company.

In 2011 Cookies, Cupcakes and More was born in a little kitchen in Oregon City. This was soon to be another success, and in 2015 Darrell moved his business to a larger building on southeast Water Street and renamed it Sugar Street Bakery & Bistro.

“What hasn’t changed is our commitment to high-quality gourmet food with down-to-earth customer service and prices,” Darrell pointed out.

Concordians can now enjoy Darrell’s offerings at 1405 N.E. Alberta St. In addition to lunch and pastries, Sugar Street Bakery caters weddings, including the wedding cakes.

“Our goal is to make your dream wedding cake without breaking your bank account,” Darrell said. “Come in and talk to our baker, and she will give you many options to choose from.”

The tasty menu at the Alberta Street Bistro includes sandwiches, salads, “heavenly” bowls and an assortment of cupcakes, cookies and treats. All takeout containers are bio-degradable.

To add to this deliciousness you will be greeted and served by the delightful Melissa Sanchez.

Bistro hours are Tuesdays-Saturdays noon-6 and Sundays noon-5. You can read more about Darrell, the restaurant and catering options at SugarStreetPortland.com.

Gardening guidelines

Warmer climes beckon to even more garden edibles

By Jolie Ann Donohue

The Gardening Goddess

The first few weeks of June are very favorable for planting a wide range of vegetables and herbs in the edible garden. This month our average high/low temperatures are 72/53 degrees.

Cool season crops to continue planting through the first two weeks in June are: beets, broccoli, cauliflower, cabbage, carrots, collards, kale, lettuce, mustard greens, parsnip, potatoes, radish, turnip, scallions, spinach and Swiss chard.

Heat-tolerant Swiss chard and collards will provide a summer-long harvest of succulent greens. They will be tasty long after spring-planted kale has turned bitter. Now is the time to plant summer lettuce varieties such as buttercrunch, tom thumb, optima, new red fire, maccara and valmaine.

Warm season vegetable crops require night temperatures consistently warmer than 55 degrees. This often does not happen until the beginning of June. Warm season crops that are planted too early become stunted, stressed and don’t recover. If you planted these crops in May, now is the time to assess your plants and consider replanting.

Warm-season crops to plant the first two weeks in June are: basil, beans, celery, corn, cucumbers, eggplant, melons, peppers, pumpkins, summer squash, tomatillo, tomatillos, winter squash and zucchini.

Beans and corn are successful when planted from direct seeding in the garden during the first two weeks in June. For all other warm-season crops, select varieties with days to maturity less than 90, and plant seedlings directly in the garden.

Ensure your garden is watered very favorably for planting a very favorable for planting a very favorable for planting a warm season vegetable crops require night temperatures consistently warmer than 55 degrees. This often does not happen until the beginning of June. Warm season crops that are planted too early become stunted, stressed and don’t recover. If you planted these crops in May, now is the time to assess your plants and consider replanting.

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Ensure your garden is watered consistently by using a watering wand or installing drip irrigation or a soaker hose.

The general rule of thumb for established vegetable gardens is that deeper and less-frequent watering is more beneficial than shallow and frequent watering.

To get all the dirt on June vegetable gardening, visit JolieAnnDonohue.com.
The fear is that the day may come when only the wealthy can afford pets. With the rising cost of pet deposits and rents, as well as veterinary care, that time might not be far off.

Enter Portland Animal Welfare (PAW) Team. PAW Team provides free veterinary care to the animals of people experiencing homelessness and extreme poverty. PAW Team offers vaccinations, some surgeries as well as spay and neuter services, and has been a part of the Portland community for the past 10 years.

In the recent past, there were no overnight shelter options for people who had pets – causing many to have no other option than to spend their nights on the street. Now, recognizing how important this is, some shelters are starting to allow pets.

Concordian Margaret Wixson volunteers for PAW Team. Landing her first job out of the University of California, Davis veterinary program, Margaret works at the Oregon Humane Society (OHS). She spends her weekdays working as a shelter veterinarian there.

During her off hours, she serves on the board of PAW Team. She has been doing so for the past year.

Margaret volunteers at drop-in clinics and provides phone and email consultations when she can’t be there during the week. “We have a team of amazing vets who see patients during the week,” she pointed out.

By the time a diagnosis reaches Margaret, the pet has been seen by the PAW medical team and comes with a plan of action.

PAW Team uses donated surgery spaces to conduct the spay and neuter clinic a few times a year. Those days are labor-intensive, including identifying volunteers to help some clients who don’t have transport.

So PAW Team relies on volunteers to caravan them.

Concordia is Margaret’s favorite neighborhood. She loves the linear arboretum on Ainsworth, and she appreciates how close she is to 42nd Avenue, and Dekum and Killingsworth streets.

“Concords is Margaret’s favorite neighborhood. She loves the linear arboretum on Ainsworth, and she appreciates how close she is to 42nd Avenue, and Dekum and Killingsworth streets.”

Being bike accessible is another amenity that impresses Margaret.

But, even more, she is thrilled being a part of PAW Team.

“Nobody should ever have to make the decision between their meds and their dog’s meds.”

Want to get involved locally?

Care about transportation or land use issues affecting our Concordia neighborhood?

It’s easy. The Concordia Land Use & Transportation Committee meets next on Wednesday, June 19 at 7 p.m. in the Kennedy School Community Room. (Generally, meetings are held on the 3rd Wednesday of the month.)

Meetings are open to the public. Just show up or contact LandUse@ConcordiaPDX.org.

Info: ConcordiaPDX.org/lutc

Concordian doctors pets, both on and off the job

By Tamara Anne Fowler

CNA Media Team

Veterinarian Margaret Wixson loves her Concordia neighborhood, caring for animals at the Oregon Humane Society, and especially for those that belong to the homeless and impoverished. Photo by Lloyd Kimeldorf

Tamara Anne Fowler is Edit Kitten, a writer with 20-plus years of experience offering a softer, gentler approach to editing and coaching. Her personal editors -- Armani, Max Factor and Spicey'D -- are also her cats. Visit her at EditKitten.com or contact her at Tamara@EditKitten.com.
Community builder

Wheels turn at cycling center for 25 years

By Vanessa Miali
CNA Media Team

Cycle, spin, roll or glide to the Community Cycling Center, 1700 N.E. Alberta St., and help celebrate its 25th anniversary this month.

Community Cycling Center’s decades of success was built on the vision of broadening access to bicycling and the benefits bicycling offers all people.

“We’re one of the longest standing businesses on Alberta Street.”
– Kasandra Griffin

The nonprofit was founded by experienced bike mechanic and Concordian Brian Lacy. He wanted to teach children how to fix their own bikes to empower them and help them to teach others.

“Bicycling, recycling and volunteerism is a magical combination that has helped us earn 25 years of the public’s support,” said Kasandra Griffin, executive director. “We see bikes as a vehicle for empowerment and a tool for change.”

“We have been working and evolving to make biking more welcoming and affordable to diverse audiences,” she said. “We’re one of the longest standing businesses on Alberta Street.”

The center now receives more than 1,000 bike donations per year, has 500-plus volunteers repairing and recycling bicycles, and it hosts a yearly holiday bike drive.

Individuals and government supporters provide scholarships for eligible students in the cycling center’s summer bike camps.

Other programs include after-school bike clubs, bike safety training, and mechanics classes in science technology engineering and math – known as STEM in academic circles. Since 2012, the center also operates the HUB in north Portland, a free bike repair service open twice per week May-September.

The first Tuesday of every month a volunteer orientation is offered at the Alberta shop. No prior experience is necessary. Volunteers learn how to clean and refurbish children’s bikes to donate to families with low incomes.

“We have a great team of volunteers trained to assess the bikes for repair, and we recycle what can’t be used,” Kasandra said.

Each year the nonprofit recycles nearly 30,000 pounds of metal and 7,000 pounds of rubber while putting hundreds of useable bicycles back on the road.

In recent years, the center has focused on asking how it can serve the communities, according to Kasandra.

“What we found was that some people wanted help organizing self-directed groups, rides and activism while other community members wanted affordable bike repair and safe bike storage outside of their apartments.

“We have tried to help with all of those things.”

June 22 the Community Cycling Center will celebrate its anniversary with a Quarter Century Bike Ride that ends in a park with a celebration and barbecue.

Stay tuned for event details at CommunityCyclingCenter.org/events.

Community Room Calendar

Concordia Neighborhood Association hosts these events in McMenamins Kennedy School Community Room. If you’re interested in sponsoring community-building events in this 49-person-capacity venue, contact Sonia Fornoni at SoniaFQ419@gmail.com. Unless noted otherwise, events are admission free.

Mondays, June 3, 17, 10-11am
EFT TAPPING STRESS RELIEF
EFT combines cognitive elements with tapping certain acupuncture points. This allows for quick release of current stress & the release of old, stuck energy that may be affecting your health & well-being.
Details: Penny Hill, phill923@gmail.com, 503.493.5854, calmhealthese.com

Thursdays, June 6, 13, 20, 6-7:30pm
SPANISH CONVERSATION
CNA sponsors these free classes. Brush up on your Spanish skills to reach out to the Hispanic community more effectively. All levels are welcome.
Details: soniafQ419@gmail.com

Saturday, June 29, 2:30-5:00pm
PANEL DISCUSSION FOR ADHD
This is a Pathways 4 Success panel discussion for middle & high school students & parents, ADHD support & peer-to-peer coaches.
Details: julie@jhidesign.com, 703.608.3490
Concordia News

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Home Remodeling

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Concordia home to two of busiest buses

By Dan Werle
CNA Media Team

At the intersection of Killingsworth Street and 42nd Avenue lies a treasure trove of opportunity, including restaurants, a nearby park and Portland Community College’s Portland Metropolitan Workforce Training Center. It’s also where two of the most frequent and high ridership TriMet lines intersect.

Line 72 offers service every 15 minutes or sooner. It travels back and forth from Swan Island to Clackamas Town Center. Last autumn the 72 experienced 87,920 weekly boarding rides – TriMet’s most among bus lines. Line 75 runs between north Portland’s Pier Park and Milwaukie. Last autumn it experienced TriMet buses’ fourth-most boarding rides, behind the 72, 20-Burnside/Stark, and 2-Division lines.

Clay Thompson, TriMet outreach services coordinator, explained the crossing of the 72 and 75 lines is a great benefit to riders.

“Having frequent north, south, east and west buses is the kind of service seen at transit centers, downtown and just a few other locations throughout the city.”

One of the challenging intersections 72 drivers navigate is at 30th Avenue and Killingsworth Street. There, buses turn from westbound Killingsworth to southbound 30th Avenue and from northbound 30th to eastbound Killingsworth.

Last autumn the 72 experienced 87,920 weekly boarding rides

Vehicle parking near the intersection is limited. The southwest corner of the intersection on 30th has several feet of space unavailable for vehicle parking; however, it remains an area frequently used for illegally parked vehicles.

Because the 72 is a frequent service line, its buses are 40 feet long to accommodate large numbers of passengers. Buses traveling in both directions of the route often meet at that intersection.

When they do, and vehicles are parked illegally, the buses turning south cannot do so safely. Under those circumstances, both bus operators negotiate with the familiar back-and-forth exchanges to ensure safe passage.

According to Clay, there are rare circumstances when bus operators believe they cannot navigate safely, so they notify their dispatcher. Then buses may be detoured and miss stops where riders may be waiting.

That’s when a towing service is notified to remove illegally parked vehicles.

TriMet encourages drivers at that intersection to use caution, keep an eye out for people boarding and disembarking buses, and to consider walking, biking or riding the bus instead of driving.

For help on trip planning and safe travel options in the region, TriMet customer service is available weekdays from 7:30 a.m. to 5:30 p.m. by calling or texting 503.238.RIDE (7433).

Information is available 24/7 on Trimet.org and Twitter @TrimetHelp.

Dan Werle lives in Concordia with his wife, Anna, and their dogs.

Syrian Home Cooking

Featuring fresh, healthy, homemade Syrian savories and pastries, made-to-order and available for pick-up right here in the Concordia neighborhood.

Check out our website for more information: syrianhomecooking.com

Dan Werle is pictured at the Killingsworth and 30th Avenue bus stop. Line 72 carries the most passengers of all TriMet bus routes.

Photo by Dan Werle

Clay Thompson is pictured at the Killingsworth and 30th Avenue bus stop.

Photo by Dan Werle

SOJOURN Neighborhood Cookout
June 2 at 6:30pm @ 4828 NE 33rd Ave

We invite you to come enjoy a neighborhood cookout as you interact with neighbors as we enjoy free food (including vegan options), drinks, and yard games. For more information please email us at info@sojournpdx.org or call us 971-317-9892.

SOJOURN Kids Camp, July 22-26
Who: Kids Ages 5+ | Time: 9am-12pm
Where: Alliance High School at Meek, 4308 Alberta Court, Portland
Cost: $25 for entire week, $10 for each additional camper
Registration: sojournpdx.org/kidscamp

The camp will consist of a variety of activities for kids to have fun and interact with others in the community. There will be sports, group games, and crafts. Don’t miss this great opportunity to help raise money for our neighborhood school, Vernon.

Concordia News
He assembles items to represent his worldview

As a gay man born in the Eisenhower administration who survived the AIDS epidemic in San Francisco and has lived a quiet life in Concordia for the past dozen years, Dan Pillers' exquisite works of art: “The inside of this guy’s studio must be pretty amazing.”

His perspective is one of a gay man born in the Eisenhower administration who survived the AIDS epidemic in San Francisco and has lived a quiet life in Concordia for the past dozen years. The basement studio of his Ainsworth bungalow is crammed with cabinets full of artifacts and curiosities, the building blocks of his art. The artifacts and woodwork come from thrift shops, yard sale free boxes and sometimes gifts left on his porch by mysterious benefactors.

His art is a mix of memoir, history, politics and popular culture. His pieces often take the shape of a glass case with elaborate woodwork – sometimes Victorian, sometimes mid-century modern. Etched onto the glass are ornamental designs or provocative bits of text.

And in the center of this space, often suspended in midair, is a central object of contemplation – some small thing of singular beauty, of wonderment, evocative of lost time or an emotion you can’t quite pin down.

Dan's training as an artist includes a bachelor of fine arts degree from the San Francisco Art Institute, residencies in France, and gallery shows up and down the West Coast.

But, as he excitedly shows a visitor some of the truly singular artifacts he’s collected, he repeatedly mentions his residency with a Metro program called “Glean.” Each year it gives a handful of local artists unlimited access to the local dump.

Next up for Dan is a joint show in June at the Guardino Gallery, 2939 N.E. Alberta St. There, you can see nearly a dozen of his pieces. In addition to the show through June 25, he is booked for an opening reception Thursday, May 30, 6-9 p.m., and an artist talk Saturday, June 15, 2 p.m.

All the details at ConcordiaPDX.org/cleanup

All proceeds support CNA’s mission to organize human and physical resources, build community and enrich livability here.

THANKS TO THE CNA SPRING CLEAN UP’S GENEROUS SPONSORS

SPECIAL FEATURES IN 2019

Document shredding: Bring your documents to this year’s clean-up to be securely shredded. Sponsored by the Mark Charlesworth Real Estate Team.

Recycling #6 Polystyrenes: Remember to check your numbers! Visit ConcordiaPDX.org/cleanup for details on the many #6 polystyrenes agilyx can accept.

“You Price It” Yard Sale: See something you like among the reusable household goods, say what it’s worth and it’s yours.

Professional tool & knife sharpening: Tool sharpening will be available by Edgemaster Mobile Sharpening from 9 a.m. to 12:30 p.m. Visit ConcordiaPDX.org/cleanup for a complete list of tools and prices.

CNA SPRING CLEAN UP Saturday, June 1 8 a.m. – 12:30 p.m.

PCC Workforce Training Center at NE 42nd & Killingsworth Spring cleaning comes to Concordia, and CNA will dump, recycle and/or find new homes for your household items.

All the details at ConcordiaPDX.org/cleanup

THANKS TO THE CNA SPRING CLEAN UP’S GENEROUS SPONSORS
SANITARY LANDFILL HERE WASN’T SO SANITARY

By Doug Decker

I’m still exploring the multiple orchard house possibilities sent along by CNews readers (thank you) in response to last month’s topic. Meanwhile, I’ve bumped into another layer of history – literally – that may be of interest.

Did you know Concordia once hosted an official city sanitary landfill? The landscape of pre-development northeast Portland was dotted with open fields, clumps of forest, orchards and gravel pits. Here in Concordia, up until the mid-1920s, there was an open gravel pit in the vicinity of 38th Avenue and Alberta Street.

By the early 1920s as the city’s population boomed, Portland was running out of ways to handle a growing stream of garbage. An old incinerator located in today’s industrial northwest Portland couldn’t burn it quickly enough.

So during the transition years to a larger incinerator located in north Portland, a tip of the hat to neighbors who raised their voices in concern.

By Kim Magraw

Licensed massage therapist

Who are you? There’s a short answer and a long answer, right? Mostly, it just raises more questions. Brain science answers the question “Who am I?” in part by dividing the brain into a “thinking brain” and a “feeling brain.” The latter is called the limbic system, which anatomically deep and evolutionarily ancient and whose functions center around self-preservation and species-preservation. We often have degenerative memory conditions often have degeneration in their hippocampus, and the effects on their sense of self are profound.

The amygdala: Sometimes when I’m overwhelmed I feel like I’m not myself at all. It’s as though some alternative circuitry has taken over as, in fact, it has. The amygdala is a center for anxiety and fear and for processing of other deep-seated emotions.

When we perceive something dangerous happening, our autonomic nervous system seizes the reins and, when that happens, the little amygdala plays an outsized role in our decisions and actions, and our body starts actually to prepare to defend itself.

Top your roasted amygdala with pan-fried hippocampus

By Kim Magraw

practicing massage at Concordia Wellness – ConcordiaWellness.com – and is a founding member of Concordia Area Massage and Bodywork Professionals.

To your wellness

Ask the historian

SANITARY LANDFILL HERE WASN’T SO SANITARY

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Historian

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By Kim Magraw

practicing massage at Concordia Wellness – ConcordiaWellness.com – and is a founding member of Concordia Area Massage and Bodywork Professionals.
Concordia community events calendar

**THE MYSTERY BOX SHOW**
Saturday, June 1, 12:30-2pm

**SCIENCE ON TAP**
Wednesday, June 5, 6:30-8:30pm

**ING & LEADERSHIP SKILLS**
Saturday, June 1, 8am

**CYNTHIA VILLAGE BUILDING CONVERGENCE**
Event throughout June.

**JARRET GROVE INTERSECTION PAINTING**
Location: Jarrett St & 28th Ave
Event throughout June.

**CULLY FARMERS MARKET**
Location: 5101 NE 42nd Ave
Thursdays, June 6, 13, 20, 27, 4-8pm

**THE MYSTERY BOX SHOW**
Saturday, June 1, 11am-3pm

**EXPLORING EL COLUMBIA SLOUGH!**
Location: Whittaker Ponds Nature Park, 7040 NE 47th Ave
Saturday, June 1, is the intersection painting party.

**TRUE STORIES ALL ABOUT SEX**
JUDGE XIOMARA TORRES
Friday, June 7, 6pm

**ANNUAL PRIDE SHOW!**
**WITH LUKE BURBANK**
Saturday, June 8, 1pm

**SUMMER STREET INTERSECTION PAINTING**
Location: Sumner St & Cesar Chavez Blvd
Saturday, June 8, 10am

**ACION TALKS**
Wednesday, June 12, 6pm

**DOLLY PARTON Hoot Night**
Live Wire Radio with Luke Burbank

**ANURADHA BHAGWATI**
Live Wire Radio with Luke Burbank

**TRUE STORIES ALL ABOUT SEX**
KAREN RUSSELL
Friday, June 14, 6pm

**WITH LUKE BURBANK**
Saturday, June 15, 7pm

**PAUL F. TOMPKINS**
Summer Concert: The 14th Annual
**CHAMBER MUSIC SUMMER CONCERT**
**TOMMY TUTONE**
Live Wire Radio with Luke Burbank

**KAMAU BELL**
Science on Tap

**CHAMBER MUSIC NORTHWEST SUMMER CONCERT**
Live Wire Radio with Luke Burbank

**THE JIMMY DORE SHOW**
Live Wire Radio with Luke Burbank

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You’re invited to paint Concordia intersections

The 10th annual Village Building Convergence (VBC) begins in just days, with two of 30 events in Concordia. Led by nonprofit City Repair Project, VBC is supported by community members throughout Portland. Both Concordia events are street intersection paintings. Events across the city include more street murals, earthy buildings – like cob benches and ovens – and ecological landscape.

Saturday, June 1, is the intersection painting party beginning at 6pm at 28th Avenue and Jarrett Street. Neighbors began working on the initial mural in 2015. “Our goal is to further develop our intersection and eventually create much more of a piazza feel like Sunnyside or share it square,” said Joe Culhane, coordinator.

For details, contact him at Joe.Culhane@pcc.edu. “Our neighborhood is interested in creating art and coming together as a community,” reported Johanna Pertsis. She coordinates the event, June 8, beginning at 3pm to paint a mural at Cesar Chavez Boulevard and Sumner Street.

For details, contact her at Summer.39.art@gmail.com.

Both painting parties invite volunteers to enjoy the camaraderie, snacks, beverages, entertainment – plus the block parties that follow the painting efforts.

Are you interested in supporting equity and diversity with place-making in your own block(s) in next year’s VBC? Visit CityRepair.org.

**Events Calendar**
Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local non-profit organizations. Submit information to CNewsEditor@Concordiapdx.org by the 10th of the month preceding the event.