Park updates promise big splash

By Rachel Richards
CNA Media Team

You CAN teach an old park new tricks.

Seytety-eight-year-old Fernhill Park will soon sport a new splash pad, the thoroughly modern version of running through a sprinkler.

Splash pads have replaced wading pools in several Portland parks. According to Portland Parks and Recreation project manager Travis Ruybal, children of all ages love the opportunity for water play provided by these features that shoot water into the air to allow a fun cool down on hot summer days.

Another benefit of splash pads is no city employees are needed to operate them, and parents are expected to supervise their children playing.

Restroom renovation is part of the project, with relocation of doors and windows in line with ADA requirements. Travis said he plans to invite the Beaverton Middle School students who last year painted the murals – one on each of the four exterior walls – to touch up and add to the mural when the renovations are complete.

Additional project elements involve water service lines, benches and irrigation improvements.

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New amenities will also include bike racks and updated drinking fountains, as well as additional picnic tables. New sidewalks and pathways are being added to make the park more accessible for all members of the community.

“The improvements will provide enhanced opportunity at the park, allowing the community to come recreate together at the new splash pad, paths and the other furnishings,” Travis pointed out.

These new amenities join the current baseball field, dog off-leash area, horse-shoe pit, paved paths, picnic tables, playground, soccer field, softball field, tennis court, track and volleyball court on 26.63 acres. The park is open daily from 5 a.m. until midnight, and the splash pad will be open from 11 a.m. to 7 p.m. through Labor Day.

Travis said construction is slated to wrap up this month, with an Aug. 25 grand opening of the splash pad. Keep an eye on Facebook.com/groups/ConcordiaPDX for details.

The costs for the project total $1.25 million dollars, with $500,000 provided by the Parks Bond Development Measure and $750,000 from System Development Charges (SDCs). Those SDCs are one-time fees assessed on new development to cover a portion of the costs of providing specific types of public infrastructure. They are for urgent repairs and other capital costs, not park operations.

“Park SDCs help ensure that Portland’s quality of life keeps pace with our growing and changing city,” Travis pointed out. “They provide additional parks and recreation facilities needed to accommodate growth.”

Rachel is a 16-year Concordia resident who loves her community. She has a background in counseling/education and uses her passion for helping others in her work as a real estate broker. Contact Rachel or learn more about her at RachelRichardsRealtor.com.

CONCORDIA NEWS
August 2018
Sewer work ahead of plan

Environmental Services – your public sewer and stormwater services provider – is constructing a sewer project to replace or repair as much as 16,000 feet, or about three miles, of public sewer pipes in the Concordia Neighborhood, plus a few blocks in Woodlawn and Beaumont-Wilshire.

Most of the sewers in these neighborhoods are 90–100 years old and in deteriorating condition. The project extends from Lombard to Bryce streets, and 10th to 41st avenues.

Landis & Landis Construction, a family-owned business, has been contracted by Environmental Services to do the construction.

Crew members mentioned that they are enjoying working in this area because the people really seem to take pride in their homes and the neighborhood, and they seem to care about their neighbors. They report that neighbors seem eager to work with the construction crews and city workers to help make the project go smoothly and with a minimum of impact.

The contractor has two to three crews working simultaneously in different areas of the project, from 7 a.m. to 6 p.m. Mondays through Thursdays. The project is on schedule and construction is about one-third of the way to completion.

The project will be cleaned up, and construction signs will be taken down.

These sewer repairs will improve sewer and stormwater infrastructure, increase sewer capacity, and reduce the risks of street flooding and sewage releases to homes, businesses and streets.

For more information, please contact me at Debbie.Caselon@PortlandOregon.gov or 503.822.2831. The project webpage at PortlandOregon.gov/bes-concordia is updated regularly.

Debbie Caselon has worked in community outreach at the city of Portland Bureau of Environmental Services for 10 years. She works on a large variety of sewer and stormwater projects in various stages of design through construction across the city. Outside of work, you might find her volunteering at SCRAP PDX or creatively reusing found objects in her artwork.
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Concordia murals

Muralist’s work offers vibrancy, whimsy

By Karen Wells
CNA Media Team

In need of a whimsical mental party? Standing in front of Hampton Rodriguez’s 2005 mural facing 14th Place at Alberta Street offers a refreshing “chill pill.” You don’t need water to absorb the vibrancy of the conga drum, saxophone and tambourine “getting down to business.” A street carnival scene set against a field of blues that fade to shades of green, captures your imagination.

Polka dots, irregular lines, zebra stripes and reptilian scale patterns adorn the partygoers. Or are the jovial five heading for some serious shopping at Frock, just inside 1439 N.E. Alberta?

A 16-year Portland resident, Hampton blends images of celebration, diversity and colorful attire on a hand-sewn multi-panel fabric canvas. He is originally from the Dominican Republic, where he studied contemporary abstract art and illustration at Altos de Chavon School of Design.

Rodriguez has continuously worked as an artist, illustrator and muralist since 1997, and his work has been displayed internationally in Spain, Cuba and the Dominican Republic.

In the Northwest, his work has been featured in group shows from Vancouver to Independence. His 2006 mural “Fusion” is on the south-facing wall of an apartment complex at 6850 N.E. Killingsworth St.

In fact, Hampton has created more than 10,000 images of Portland’s art scene, the Portlanders who live and thrive in the arts, and regular people who call Portland home. Bold colors, diversity and the contemporary urban experience are principle elements of his work.

Willamette Valley Vineyard will host Hampton Rodriguez’s subjects on the Frock wall facing 14th Place are always ready for a party. In fact, a “block party” in July celebrated the store’s 15th anniversary. Read about the business on Page 4. Photo by Chris Baker

Karen Wells is a retired early childhood community educator, health and safety trainer.

Calling all Vernon alumni

Your alma mater will celebrate its 111th anniversary at an open house Thursday, Oct 4, from 5:30 to 7:30 p.m. at the school, 2044 N.E. Killingsworth St. All Vernon alumni, their families and the entire Vernon community are invited.

The school is updating its database of alumni. If you attended Vernon School, add your name and contact information to the database at Goo.gl/forms/wNIUa52W9J62z98a2a/Connie or email CSchwend@pps.net. If you know people who attended, please provide that URL and/or contact information to them.

Corrections

The May CNews misspelled the first name of Faubion School’s 3 to PHD services coordinator. Our apologies to Jaclyn Sisto. Find the corrected story at ConcordiaPDX.org/2018/05/faubion-families-share-culture-food/

The July CNews published a mistaken address for the Jackie Robinson mural that faces Summer Street from the east side of 42nd Avenue. Find the corrected story at ConcordiaPDX.org/2018/07/concordia-murals-like-robinson-mural-is-larger-than-life/

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Friday, Aug. 3, at Fernhill Park
Join us to celebrate our community and to get to know your neighbors.

Bring the whole family (including the dog)! Free entertainment and activities are nonstop on the west side of Fernhill Park.

6 p.m. free activities
- Balloon artist
- Henna artist
- Face painter
- Firetruck to explore and local firefighters to meet

6:30 - 8:15 p.m. free music
- Eric John Kaiser, the amazing French troubadour performs Parisian American music

After dusk free movie & snacks
- Isle of Dogs, with Spanish subtitles, rated PG
- Popcorn
- Helados ice cream & fruit bars

Bring beverages & your picnic dinner or buy them from one of our sponsoring vendors:
- Aladdin Cafe
- Island Daydream Shave Ice
- Tortilleria Y Tienda De Leon

National Night Out has been celebrated across North America during the first week of August since 1983. It’s a time when people hold outdoor parties to strengthen community cohesiveness and crime resistance, and they get to know their neighbors and their local public safety officials.

When neighbors get to know each other, they create a connected and safer community. Every year, more than 20,000 people in Portland participate in National Night Out events across the city. So come on out and celebrate our Concordia community spirit!

Frock rejoices in its roots, 15th anniversary

F rom its inception at Burning Man to a fixture on Alberta Street, Frock has become one of the most unique stores in Portland for clothing, gifts and one-of-a-kind treasures.

Last month, Frock celebrated its 15th anniversary, and this month begins a 1,000-square-foot expansion.

Co-owners Angie Heiney and Ali Wykhuis met in Portland in 1997 and have been friends ever since. Ali has a bachelor’s degree in apparel design and Angie has a master’s in business administration.

Their talents brought them together, and their inspiration for Frock was ignited at Burning Man.

From 1999 to 2002, they attended the event in the northwest Nevada desert and spent thousands of dollars of their own money creating a vintage clothing store that quickly became one of the most popular boutiques at Burning Man.

“It was a huge privilege because we were contacted by Burning Man’s organizers to be a partner in the center camp,” Angie reported.

The crowd was treated to a shop filled with mannequins dressed in fanciful costumes, vintage clothing, accessories and wild decor. In the Burning Man “gift economy” tradition, Angie and Ali gave everything away.

At one point I looked around at the amazing shop we had built in the middle of the desert and said to Ali, “This is nuts. Our shop is as good as any boutique I’ve ever seen in the world.”

The following year, Frock opened its doors on Alberta. “It’s like a curated collection of things that represent the Alberta vibe,” Ali said.

“Walking into Frock is like being swept away at a carnival. You’ll find everything from off-the-wall accessories to modern and eclectic clothing mixes. Who doesn’t need platform shoes with a garden party in the sole?”

“We like to offer things people cannot find elsewhere,” Ali said. “We’ve had customers burst into tears over a found sole?”

The Frock ladies owe their long-term success to shared business goals. They let each other try out new ideas and foster a nonrestrictive philosophy.

“This is not some come-and-go shop. We have our heels dug in for the long haul.”

As to why they’ve thrived, “Last Thursday has been our anniversary last month, they are embarking on a 1,000-foot addition this month. Photo by Wes

Vanessa Miali has lived in Concordia for 18 years. She is a former public relations professional with two kids who cooks every day and gardens occasionally.

Heart in Hand Preschool
Waldorf in the neighborhood since 2002
Open House every first Thursday!

gnomeshome.org
Retrofitts help net-zero emissions

I'm a planner who specializes in the impacts of urban development on greenhouse gas emissions. As a Realtor and a general contractor, I spend a lot of time on job sites talking to people in the trades, in offices with professionals hearing about the latest technology, then installing it or otherwise having the opportunity to observe it in action.

I'm very interested in technologies that allow us to fuel-switch away from carbon-based fuels and toward electricity and other options to achieve net-zero-emission lifestyles. Installing solar panels on a house is ideally a minimum of three kilowatt-hours capacity per roof – provides power for water, home heating and home cooling services to shift efficiently toward electricity.

In this context, I share with you three strategies to support fuel switch to electric in pursuit of net zero, with which I have some experience:

Whole-house fans – There are two basic types:

• A standard insulated-door fan sits at the top of the livable space. When turned on, the insulated door on top opens to allow the fan to blow the hot air from the house interior into the attic, where it escapes through roof venting. You may have to add more than interior air at the top of the house, they won’t make much difference.

At all other times, however, they really work well, especially providing moderate-weather cooling.

Mini-split systems – These come in two varieties:

• Ductless mini-split systems are the most common. An interior “head” unit – a rounded rectangle about 18 by 36 inches that sits high up on the wall – is connected via heating/cooling pipes and an electrical cable to an external unit, just like built-in whole-house air conditioners. It also features a condenser drain tube, which can either be routed to a drain internal to the house – like a floor or laundry drain – or to the outside of the house through a wall.

• Ducted mini-split systems use a network to distribute their climate control services to each room.

Hybrid heat pump water heaters – These are the latest and greatest in water heating. Five years ago, it was tankless water heaters, but these units are now available for one-half to one-third the price. They operate by using a heat exchanger to suck heat out of the ambient air, and use it to bring the tank of water up to room temperature.

The electrical heating element is then used only to elevate the water from room temperature to the desired setting. They are more efficient at heating water than anything except passive solar panels. However, they have two issues:

• They can be loud. Not just a little loud, but jet-plane-taking-off loud.

• Did I mention they suck heat out of a room? Yeah. They need at least 100 square feet of room to operate, and more is better. They will keep a room that size cool like a wine cellar, by transferring room heat into the water. They should be placed accordingly away from sleeping areas and in open areas with lots of cubic feet of air.

All three of these are technologies that will save you money on home operational costs.

Don’t forget to store water

During our June Neighborhood Emergency Team (NET) meeting we conducted a tabletop disaster scenario exercise. We tried to simulate our response during an emergency situation.

We talked about how we would meet at our Alberta Park incident command site, and from there provide such services as we could to our community.

At one point, someone mentioned that people arriving at Alberta Park would be wanting water. Our team lead immediately stepped in to say, bluntly: “We are not there to distribute water.”

We all knew what she meant. We knew that city water lines would be devastated. We knew that we wouldn’t have any water to distribute. We knew no one would be bringing deliveries of water.

The only available drinking water would be what individuals and families had stored beforehand. Any supplies that stores might have will be gone quickly, if any stores are open at all.

Not only that, there would be no other cleaning, cooking or sanitary needs.

Remember – water is life! An active person needs at least two quarts of water each day. Hot environments and intense physical activity can double that need.

To adequately prepare for your water needs during an emergency we recommend that you store one gallon of water per person per day – two quarts for drinking, and two quarts for food preparation and sanitation.

And keep at least a three- to seven-day supply of water for each person in your household.

For a family of four that would mean storing 12 gallons of water for a three-day supply and 28 gallons for a seven-day supply. There are many water storage and purification solutions available to us but will do us little good if we do not prepare them ahead of time.

For more information, we encourage you to visit the Regional Water Providers Consortium website at RegionalH2o.org/storing-water-emergency.

Editor’s note: If you have questions about emergency preparation – individually or related to the Concordia neighborhood – send them to CNewsEditor@ConcordiaPDX.org.
Filmmaker prefers Concordia, new career

By Tamara Anne Fowler
CNA Media Team

Shannon Guirl lights up the world. And it all started with inspiration from Alberta Street. Shannon grew up in Chicago and traveled through Europe prior to landing in Brooklyn to work on film and television documentaries like "Bowling for Columbine" and "Shut Up and Sing" about The Dixie Chicks, plus reality TV shows like "American Pickers" and "Cash Cab."

She worked primarily as an editor, but also assisted with filming on documentaries and documentary-based TV shows. After 12 years in the film & TV industry, Shannon found she had hit a wall.

She needed something different. In 2009, she took a ceramics class in Brooklyn and learned the basics of slip casting and mold making.

"I researched and designed my first lamp on my own after work and on the weekends," Shannon explained. "It was a combination of the textures and materials I had become familiar with while exploring past mid-century designs. I felt the curves and shapes expressed a more modern version of the mid-century look."

After that, it was mostly reading books, watching YouTube.com videos and talking to other ceramicists, turners and makers that helped Shannon develop the skills to make her product and run her business.

She was drawn from Brooklyn to Portland in 2010. "Through my work with Etsy, I could see that the makers in Portland were building a strong creative community, and I wanted to be part of it."

"American Pickers" and "Cash Cab."

Shannon released her first design, The Alberta on Kickstarter.com that same year. The campaign was successful and she raised more than $50,000 in seed money to start Caravan Pacific.

Shannon assembled and packed each lamp for all of the backers. "It was a wonderful feeling to be supported by so many people and feel their excitement in producing that first design," she recalled.

"During my time in Portland, I've had the honor to be included in a number of formal and informal groups that support women-run businesses and designers, including the League of Women Designers and the Join Collective.

"I think sharing what you've learned and what you're struggling with in a supportive environment helps create an atmosphere of inclusiveness and learning," she added.

"I really hope I never stop exploring and challenging myself. It's been quite an adventure already."

Shannon currently produces a collection of ceramic lamps for Rejuvenation as well as her own collection, available on Caravan-Pacific.com.

"Concordia is a great place to call home. I just love it here."

Shannon Guirl once helped light TV and movie screens with documentaries and reality shows. Now she lights the homes of Portlanders and others with the lamps she makes in her Concordia home. Photo by Annika Bussmann.

Retrofits can help...

Continued from Page 5

available from which to suck heat. Garages, attics, basements and large utility rooms are thus the best places to put them.

All three of these are technologies that will save you money on home operational costs. Each home and each system would have its own cost-benefit ratio and, if you’re curious, look into each one further.

Although this sort of home energy efficiency upgrade discussion is a bit beyond our usual discussions, the CNA Land Use and Transportation Committee meets the third Wednesday of each month from 7 to 9 p.m. in McMenamins Kennedy School Community Room. I encourage you to join us Sept. 19 for a discussion of current land use & transportation issues in our community.

Garlynn Woodsong lives on 29th Avenue, serves on the CNA Board and is an avid bicyclist. He also is a dad who is passionate about the city his son will inherit. He is the planning + development partner with Cascadia Partners LLC, a local urban planning firm. Contact him at LandUse@ConcordiaPDX.org.

Find us (and LIKE US!) on Facebook for updates and other timely information.

www.Facebook.com/groups/ConcordiaPDX
Tastes grow for Tiny Moreso desserts

By Dan Werle
ONA Media Team

In January, 42nd Avenue welcomed Tiny Moreso to its ever-growing, diverse community. The café is tucked just inside the southwest corner of the Cully neighborhood, between Portland café would be complete without of course, no plant-based, raw, northeast desserts.

Jenn returned to Portland and began experimenting with her own raw, plant-based recipes. (com)motion & Caribbean Spice.

The sunny, cozy new home to Rawdacious Desserts provides a unique, healthy option for drinks, small plates and sweets.

Jenn Pereau named her café with wit. Small temptations come from her small bakery operation, Rawdacious Desserts. However, each delicacy achieves a greater degree of flavor and delight than any non-raw, non-vegan counterpart.

She initiated Rawdacious Desserts, after enjoying an inspiring raw dessert at a vegan/raw food restaurant in Austin, Texas, nine years ago. Jenn returned to Portland and began experimenting with her own raw, plant-based recipes.

Many of the longtime vegetarian and vegan café manager’s creations were met with enthusiastic high-fives and pats on the back. That led her to begin making individual desserts for Prasad restaurant.

The taste for her desserts grew, resulting in Jenn starting Rawdacious in southeast Portland. She and her staff continued their work at The Ford Building for the next seven years, producing delicious desserts for events, local restaurants and other businesses, such as New Seasons.

Jenn and her staff loved their work, but wanted more interaction with the people who buy their desserts.

She met with Michael DeMarco, Our Building was saved from demolition, and renovated with care. We are fully ADA compliant, and welcome your rentals: gatherings, weddings, memorials, classes and meetings.

The Creative Path Walk is a popular and artful community event. It features an indoor labyrinth, and provides a contemplative and restorative experience.

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The Creative Path Walk is a popular and artful community event. It features an indoor labyrinth, and provides a contemplative and restorative experience.
Man and food cart, both are Seven Rivers

By Steve Elder

Seven Rivers Barbecue is the eponymous creation of Seven Rivers. Yes, he gave his name to his food cart, a mix of the conventional and the unconventional. The conventional is that Seven cooks and sells fine barbecue. Seven will tell you he makes brisket primarily, but the ribs are to die for. It’s hard to say where the unconventional starts. There’s the location. The historical location of the barbecue is at 5527½ N.E. 34th Ave., behind Tuan’s service station. There are no other food carts on the street, or within blocks. No tables outside. You can leave home without your American Express card because the cart takes just cash. The proper name of the place is Seven Rivers Catering and BBQ. That’s more like it.

The place on 34th, for example, doesn’t include potato salad as a side dish – too much risk of food poisoning from mayonnaise. Potato salad with a catered order is great. For the conventional, flags and banners wave during business hours. Signs are up and down the sidewalks.

Seven Rivers’ real name is Seven Rivers. He was born on the seventh day of the seventh month of the seventh decade of the 20th century. His father was Ocie Rivers. His uncle was Alfred Rivers, lead singer of the Ink Spots, the pop vocal group that gained fame in the 1930s and ’40s.

seven rivers isn’t just in Concordia. Seven’s basketball claim is David Rivers, who played for Notre Dame and briefly for the Los Angeles Lakers. Seven Rivers was born and raised about a half mile down the street. When did he start cooking? “I don’t think there was any time when I didn’t,” he said. “My grandmother always in the kitchen. She would cook stuff like chitlins.”

“My grandmother was from Birmingham, Alabama. I was always there all the time. Look for the potato salad on the catering menu. Photo by Steve Elder

He claims no relationship to Doc Rivers, the coach of the Los Angeles Clippers basketball team, or Doc’s son and player Austin Rivers. “Don’t call him Doc. He’ll tell you his name is Glen.”

Seven’s basketball claim is David Rivers, who played for Notre Dame and briefly for the Los Angeles Lakers. Seven Rivers was born and raised about a half mile down the street. When did he start cooking? “I don’t think there was any time when I didn’t,” he said. “My grandmother was from Birmingham, Alabama. I was always in the kitchen. She would cook stuff like chitlins. I learned to do it early.”

Seven Rivers isn’t just in Concordia. For more than 10 years, he had the barbecue outlet at the Moda Center where he sold Blazer Nachos. After a year off, he soon will start selling wings at Moda events. This summer, Seven Rivers Barbecue is at the Cully Farmers Market in the parking lot of Los Pepitos restaurant at 501 N.E. 42nd Ave. Thursdays from 4 to 8 p.m. in August and 4 to 7 p.m. in September.

By Penny Hill

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Are you speaking kindly to your body?

By Penny Hill, licensed massage therapist

When your body hurts do you think ungentle thoughts toward it? Perhaps even angry or frustrated thoughts? You might want to rethink that habit. Thoughts are pathways in the brain and instructions to the body. The more often you have a thought, the bigger becomes the pathway devoted to it in the brain – especially ones packed with strong emotion behind them.

Additionally, your thoughts are instructions to the body. So, let’s say you’re going up a flight of stairs and your left knee hurts. With every step you take and think “%&^*# knee,” you are creating a bigger neural network devoted to actually feeling the pain.

The pain may not be getting worse, but your brain is telling you it is because the pathways for feeling it are getting bigger. You become hyper aware. And then think it’s getting worse, which causes more thoughts about how bad your knee is. And your body listens to your brain, and it can make the knee worse to follow your instructions.

Yikes, why weren’t we told this is how it works?

So let’s change that! It’s pretty easy. Stop it. OK, that was a joke. But really, it’s not hard. Sure, the pain is there but, when you’re going up that flight of stairs instead of cursing out your left knee, give it some love. It’s been working really hard for you for how many years?

Or affirm what you’d like to be true: that it’s getting stronger, that this is a temporary situation. Or focus on an area in your body that does not hurt. Try, “My right knee feels great.”

Watch your thoughts. They mean things and shape your life and energy. Always, always pick the best ones, those that move you in the direction of what you’d like to be feeling and experiencing.

Penny Hill is owner at Rising Sun Massage and CalmHealthEase, EFT Tapping for Stress Relief. She is also a cofounder of Concordia Area Massage and Bodywork Professionals.
Helping moms is right up Concordian’s alley

By Tamara Anne Fowler
CNA Media Team

Dana Lester focuses on Moms, thanks to her employment with Quality Health Solutions (QHS), a wellness company based here in Portland. She works as the program coordinator for the commercial accounts department, and she helps maintain client relationships.

QHS is renovating its Maternity Assistance Program, and Dana is spearheading the project. She works closely with the nurses on staff who provide the maternity coaching services.

“We are creating a robust online resource for new moms entering motherhood,” she explained. “Knowing how important support is during pregnancy from a prevention stance, it feels like I am really helping make a difference in future moms’ lives.”

Dana majored in nutrition and dietetics at Oregon State University. While she does not provide direct health education in her position at QHS, she said, “They are overflowing with plants. It’s truly beautiful.”

Since moving here, two houses have been demolished on the same block as her rental. She knows more are in store. Dana hopes to see continued work to provide affordable housing options. She knows it will be difficult as a future first-time home buyer to enter the market, especially if they want to stay in Concordia.

Dana has lived in the Concordia neighborhood for just more than a year. She moved here from Corvallis after graduation. She and partner Jonathan both work downtown, so they wanted a neighborhood reasonably close and an easy commute by busing or running. They also love how many parks are within walking distance. Their corgi-pomeranian Toby loves to run around Fernhill and Alberta parks.

Dana appreciates all the care Concordians take of their properties. “This time of year I can’t help but stop and stare at the gardens and yards,” she said. “They are overflowing with plants. It’s truly beautiful.”

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Her job brought her to Portland, but Dana Lester’s move to Concordia a year ago fulfilled her need for livability and an easy commute downtown. Her dog Toby likes it here too. Photo by Lauren Lester

Helping moms is right up Concordian’s alley

By Tamara Anne Fowler
CNA Media Team

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Dana majored in nutrition and dietetics at Oregon State University. While she does not provide direct health education in her position at QHS, she said, “They are overflowing with plants. It’s truly beautiful.”

Since moving here, two houses have been demolished on the same block as her rental. She knows more are in store. Dana hopes to see continued work to provide affordable housing options. She knows it will be difficult as a future first-time home buyer to enter the market, especially if they want to stay in Concordia.

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**Fernhill trees need you**

By Karen Wells  
CNA Media Team

Calling all hands! Our Fernhill Park Tree Inventory is scheduled for Wednesday, Aug. 29, from 4:30 to 8 p.m. and Saturday, Sept. 8, from 8:30 a.m. to noon. The Concordia Tree Team needs your help for both.

All hands are welcome. Young people, adults, kids and seniors are needed to measure, map and record information about the trees of Fernhill Park. Each new set of hands will be paired with a trained team leader from Portland Parks and Recreation/Urban Forestry and/or Concordia Tree Team member. Register for both dates at PortlandOregon.gov/parks/ article/68261. TinyURL.com/Fernhill2

You will need to bring: Your enthusiasm and team spirit, water, layered clothing for cool mornings/hot afternoon), cell phone, hat, sunglasses, sunscreen and backpack for miscellaneous items.

Your team leader will provide: a yellow vest to wear at all times, information and supplies/materials.

Information you will record: tree location, name, height, diameter, crown or width and condition.

You will get: Some walking exercise, new information about trees and a good feeling knowing you’ve helped your urban environment be more sustainable for future generations.

Past generations did not see the social, environmental or local climate benefits of the area now known as Fernhill Park. At the beginning of the 20th century, the surrounding areas were farms with dirt roads traversing the interior. A dump occupied the area.

In 1940, the city started buying land for public parks and, in 1956, changed the name from Ainsworth Park to Fernhill Park with a size of almost 27 acres. Concordia Tree Team member Barbara Wharton has been a tree team member since she moved to the neighborhood in 2008. She has enjoyed learning about park tree health concerns and building community while advocating for the green canopy of Concordia.

The Concordia Tree Team Facebook page – Facebook.com/Concordia-Tree-Team-456805847727560/ – gives more information on the team.

Karen Wells is a retired early childhood community educator, health and safety trainer.

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**Knock, knock, have you got a bed tonight?**

By Marsha Sandman  
CNA Media Team

When money comes knocking at your door do you answer? You might if you own one of the 116 accessory short-term rentals in the Concordia neighborhood.

What is an accessory short-term rental (ASTR)? According to the Portland Bureau of Development Services (BDS), “An ASTR is where an individual or family resides in a dwelling unit and rents bedrooms to overnight guests for less than 30 days.” Regulations allow ASTRs in houses, attached houses, duplexes, manufactured homes on their own lots, and accessory dwelling units (ADUs). Each ASTR type has unique requirements based on the number of bedrooms and structure type. Six or more guestroom rentals at one time are not considered ASTRs.

If sharing your home or ADU sounds appealing, there are a few hoops the city requires you to jump through:

- Fill out an application.
- Notify your immediate neighbors with the city’s form letter, “Neighborhood Notice.”
- Pay a permit fee rental ($180 and more).
- Obtain a permit from BDS every two years ($30 and more). In the intervening renewal years – or years two, four, eight, 10, etc. – the resident may self-certify compliance with the bedroom requirements.
- Have the rental bedroom(s) inspected by BDS. Rental bedroom(s) are inspected every six years thereafter.
- Still interested in that knock on your door?

Each bedroom must have a smoke detector and may require a carbon monoxide detector.

Hosts with ASTR permits are required to occupy their residences for at least 270 days during each calendar year.

There are no limits to the number of nights you may have a short-term rental. The maximum number of days you may be away from home and renting to overnight guests is 95, or roughly three months.

Rules, rules, rules. If you operate an ASTR without the required permit, you’ll be found in violation of Portland City Code and subject to citations with civil penalties of $1,000 to $5,000.

So it’s a good idea to know what you are doing before you answer that knock at your door. Information about the general inspection process is available at PortlandOregon.gov/bds/66502.

For questions about ASTRs, visit PortlandOregon.gov/bds/66835 or call 503.823.7526.

If you own an ASTR or live near one, and you have an opinion you’d like to share in a subsequent issue of CNews, please contact Marsha.

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**Fixing up a fixer-upper?**

Our professional team can help!

- Basement & Room Renovations
- Deck & Fence Installs & Repair
- Door Installs & Repair
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Your NE Neighbor for over a decade!

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**Want to get involved locally?**

Join us at the next Concordia Neighborhood Association Board Meeting on Wednesday, Aug. 1, 7-9 p.m. in the McMenamins Kennedy School Community Room.

All are welcome!
Ask the historian

Dig, follow clues about your home’s history

By Doug Decker
Historian

The question:
We’re interested in researching the history of our house. Suggestions about how to do that?
— Jennifer Maddox

The historian reports:
Researching your own home is a lot of fun, but let’s get the bad news out of the way first: chances are there are no remaining copies of plans for your house. And, most likely, you won’t be able to find individual photos of your house in any of the easily accessible public document collections. But here’s the good news: there is a lot of information about your house. If you’re willing to dig a bit and then follow the clues, you might eventually find a past family member with photos to share. I did.

Here are some suggestions of places to look.

If you’re willing to dig a bit and then follow the clues, you might eventually find a past family member with photos to share. I did.

• Multnomah County Division of Assessment & Taxation: Microfilm on file here will reveal home owner-ship over the years, when and between whom it changed hands, selling costs, property valuation and other information. As you search through the early years of the 20th century, be sure to “watch” the rest of the neighborhood, not just your property. You’ll see some interesting changes.

• Sanborn Maps: The Sanborn Fire Insurance Co. mapped Portland and hundreds of other American towns and cities from 1879 up until the early 1960s. These maps will come in handy, particularly when it comes to finding the original address for your house. The Portland street grid was completely renumbered in 1933 so, if your house was built before then, the address you have today will not be of much help. Try the Oregon Historical Society (OHS) Library. They’re also available online via the Multnomah County Library System, but be sure to go look at the OHS originals just for fun because they are beautiful and a sight to see.

• Polk Directories: Even if you aren’t looking for your own house here, these directories read like an annotated history of Portland life. Compiled by street address, they list the names and professions of the people who lived in your house.

• While not an official public document like you’ll find at the county, these directories are quick and easy to search, and make for fascinating reading. You’ll find these at the OHS Library and at the Multnomah County Library. You can also find online copies of these at places like Ancestry.com.

• Building Permits: You’ll be surprised how much you can learn about your house by looking at building permits. The folks at the Portland Bureau of Buildings are very helpful. Go up to the counter and tell them you’d like to look at the historic building permits and inspection cards for your address. Be sure to tell them you are the home-owner.

• Other Sources: Once you’ve gathered the official information on your house, you can extend your detective work, which could include searches through biographical indexes, OHS death records, U.S. Census records and obituaries. The Oregonian is now searchable back to 1866 from the Multnomah County Library website. Go look up your old address and see what you find.

If you get stuck and want a sounding board, drop me a note at Doug@AlamedaHistory.org.

My house was built by William B. Donahue in July 1912 and lived in by five families since then, most of whom I’ve met. Your research will pay off!

Doug Decker initiated his blog AlamedaHistory.org in 2007 to collect and share knowledge about the life of old houses, buildings and neighborhoods in northeast Portland. His basic notion is that insight to the past adds new meaning to the present. If you have a question for him to answer in CNews, send it to CNewsEditor@ConcordiaPDX.com.
SUMMER READING PROGRAM FOR CHILDREN
Location: Concordia University George R. White Library & Learning Center, 2800 NE Liberty St.
Hours: Mondays-Thursdays 7:30am-10pm, Saturdays 8am-5pm
Details: Drop by to learn about the summer reading program, which is open to all children.

Mondays-Thursdays, Aug. 1-17 & 22

FREE LUNCH + PLAY
Locations: Various parks
Lunches are free to youths 18 & younger, adult or guardian must accompany anyone younger than 10. In addition to standard daily fare – lunch, sports, games & crafts – special events are planned with music groups, sports teams, libraries & more.

Details: PortlandOregon.gov/parks/figs
- Woodlawn Park, through Aug. 17, activities 11am-3pm, lunch 11:30am
- Alberta Park, through Aug. 22, activities 11am-3pm, lunch noon
- Kunameke Park, through Aug. 22, activities 11am-3pm, lunch 12:30pm

Mondays-Thursdays, Aug. 1-17, noon
FAUBION SUN SCHOOL COMMUNITY LUNCH
Location: Faubion School, 2800 NE Dekum St
Lunches are free to youths 18 & younger, $4 for adults

Wednesday, Aug. 1
CONCERT & MOVIE IN THE PARK
Location: Woodlawn Park
Concert: 6:30pm, Mt. Elba’s World featuring Andi Ward; Movie: after dusk, “Hidden Figures”
Details: portlandoregon.gov/parks/619217

Wednesday-Sundays, through Sept 16, 1-4pm

LION HOUSE GROUP SHOW
Location: Emerson Street House, 1006 NE Emerson St
Jim Cahoone’s Mirkatiani was a fiercely independent Japanese American artist who lost his family & friends to the US internment camps during World War II & the Hiroshima bombing. This remarkable exhibition about his art & life is a poignant exploration of the lasting impacts of war & discrimination, & the healing power of creativity.
Details: emersonstreethouse.com/currentexhibit/

Thursdays, Aug. 2, 9, 16, 23, 30, 7:30-8:45pm
TOASTMASTERS
Location: George R. White Library & Learning Center Community Room, 2800 NE Liberty St
Advisors Toastmasters is a small, active, group that gives members opportunities to try speaking & leadership in a safe, nurturing & supportive environment with feedback that is aimed at helping you improve your speaking, listening & leadership skills.
Details: emersonstreethouse.com

Thursdays, Aug. 2, 9, 16, 23, 30, 4-8pm
CULLY FARMS MARKET
Location: 5011 NE 42nd Ave
Farmers market is back every Thursday through September. Meet & greet new vendors, enjoy entertainment, grab dinner with friends, connect with your community, buy fresh veggies, support local farms & artisans, trade & sell your home/handmade items at the Community Table.
Details: cullyfarmersmarket.org, facebook.com/cullyfarmersmarket/

Thursday, Aug. 2, 4:30-6:30pm
LEAD POISONING PREVENTION
Location: Multnomah County Northeast Health Center, 5329 NE Martin Luther King Jr Blvd
Participants learn how to prevent lead exposure in their homes, especially homes built before 1978 with children, pregnant women & others concerned about lead exposure.
Details: registration: communityenergyproject.org, 503.284.6827, x109

Cumulative community events calendar
Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.

Friday, Aug. 3, 6pm
CNA CELEBRATES NATIONAL NIGHT OUT
Location: Fernhill Park
It’s the final concert of the season in the park, & it’s Concordia’s celebration of National Night Out. Groove to the Panamanian American tunes of Eric John-Kaiser beginning at 6:30 pm, & enjoy the PG music “Isele of Dogs” with Spanish subtitles beginning after dusk. Children’s activities are free. So are popcorn & Helados ice cream & fruit bars for all ages.
Details: Page 4

Sunday, Aug. 5, 10am-2pm
24TH ANNUAL COLUMBIA SLough REGATTa
Location: St. John’s Launch, one driveway west of 9363 N Columbia Blvd
Columbia Slough Watershed Council stages its annual celebration of the slough with its on-the-water festival. More than 500 people will have the opportunity to rent canoes or kayaks to explore & learn more about the slough. Despite the name, the regatta is not a race, but a leisurely wildlife-watching group paddle. Other activities designed to develop connections with nature & neighborhood resources.
Details: registration: columbiaslough.org/events/event/24ar; suggested donation: $10-$50/person or $25-$75/family, sliding scale, no one will be turned away due to lack of funds; questions: susanne.raymond@columbiaslough.org, 503.281.1132

Mondays, Aug. 6, 13, 20, 27, sunrise-3pm
FREE GOLF MONDAYS
Location: Columbia Golf Center, Portland Parks & Recreation rounds of golf, time on the driving range & use of clubs on Mondays. The course is 9-hole, par 3 & the offer is open to youths age 17 & younger. Each child 9 & younger must be accompanied by an adult during play. Experienced golfers & newcomers to the sport are welcome. No reservations are taken, so tee times are on a walk-up basis.
Details: 503.254.5615

Saturday, Aug. 11, 6pm
FESTIVAL LATINO
Location: Thomas Curry Park
Concert: 6:30pm, Coleoto San Jarocho de Portland; Movie: after dusk: “Coco” in Spanish with English subtitles
Details: portlandoregon.gov/parks/619217

Tuesday, Aug. 14, 6pm
RACE TALKS
Location: McNameras Kennedy School
These opportunities for dialogue about race in Oregon – both historically & the current time – are presented by McNameras History & Donna Maxey. Doors open: 6pm; discussion: 7pm.
Details: ractalksptdx.com

Sunday, Aug. 19, noon
CREATIVE PATH WALK
Location: Cerimon House, 5131 NE 23rd Ave
Cerimon House hosts a contemplative labyrinth walk with a monthly theme. The 30-minute immersive indoor experience of light, sound & walking meditation offers a place for you to focus, unplug, & restore. This is a unique replica of a historic pattern from Reims, France. $10 suggested donation
Details: reservations: cerimonhouse.org

Saturday-Sunday, Aug. 25-26, 10am-2pm
FERNHILL PARK TREE INVENTORY
Location: Fernhill Park
Volunteers of all ages are needed to help with the inventory. Each new set of hands will be paired with a trained team leader from Portland Parks & Recreation/Urban Forestry & a Cerimon Tree Team member. A second day is scheduled for Saturday, Sept. 8, 8:30am-noon, to complete the inventory.
Details: Page 10, portlandoregon.gov/parks/article/485261, tinylurl.com/fen希尔, tinylurl.com/fen希尔2

Friday, Aug. 24, 6pm
TOMMY CASTRO & THE PAINKILLERS
STOMPIN’ GROUND TOUR
Details: portlandoregon.gov/parks/619217

TUCK & PATTI
ADLAI ALEXANDER

DELA REA

RACE TALKS

GIVING FEAR THE FINGER:
THE OKAY FINE WHATEVER BOOK RELEASE

DUFFY BISHOP & HER BADASS BLUES BUDDIES

THE MYSTERY BOX SHOW

SAWYER FREDERICKS & PARSONSFIELD

THE NOWHERE BAND
PRESENTS SGT. PEPPER’S LONELY HEARTS CLUB BAND

SCIENCE ON TAP INVENTION CONCERTS:
MOVIE STARS, MATH, & MARINE MAMMALS

AMANDA SHIRES
LILLY HIATT

CULT OF ORPHED: 5TH ANNIVERSARY CONCERT
A TRIBUTE TO CHARLES MINGUS JR.
THE ANGRY MAN OF JAZZ
BY AMP JAZZ ORCHESTRA FEAT. DEVIN PHILLIPS

THE GIRLIE SHOW
FEMME-FATALE BURLESQUE CIRCUS