



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | ConcordiaPDX.org

October 2017

Attracting Pollinators to the Urban Garden

Mark your calendar and register now for Wednesday, Oct. 11
6-8:30 p.m., McMenamins Kennedy School Community Room

Sponsored by CNA & EMSWCD – to register, visit EMSWCD.org/workshops-and-events



CNA Mission Statement

To connect Concordia residents and businesses – inform, educate and report on activities, issues and opportunities of the neighborhood.

Concordia News

is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered to all residences and many community locations in the Concordia neighborhood.

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She's homeless, not hopeless, in Concordia



By Dan Werle
CNA Media Team

Many readers may recognize the kind, soft-spoken woman who frequents the entrances to the New Seasons and Walgreens stores in Concordia. Few are

likely to know her name, or much else about her.

She's often seen sitting on the sidewalk, hand-written sign requesting help in hand, and one or two tail-wagging dogs flanking her side. Her name is Ashley, and she's one of more than 4,100 people in Portland who are homeless.

Ashley has been homeless on and off

She said one of the most challenging problems with being homeless is the sense of "being aimless."

for the past 10 years. She first became homeless after being kicked out of her home her senior year of high school. She's been in Portland for the past 1½ years, having moved from Eugene.

Along with her partner, Matt, and their two dogs, Medusa and Monoose (like "mongoose" without the "g"), she spends most nights at a nearby, make-shift campsite. One friend occasionally lets the four of them stay with her.

Ashley has tried staying in one of the shelters downtown; however, her dogs aren't allowed, and thefts and threats



Ashley and dog Monoose are familiar faces for shoppers at New Seasons and Walgreens. How can you help the homeless? "Help us help ourselves," she said. Photo by Dan Werle

from other women in the shelter forced her to leave. She said one of the most challenging problems with being homeless is the sense of "being aimless."

Concordia has provided Ashley a level of safety and familiarity that she hasn't found in other areas of Portland. *Aside*
Story continued on Page 3

Make your voice & vote heard

- Elect board members
- Learn about current and recent activities of your neighborhood association
- Discuss truly local issues

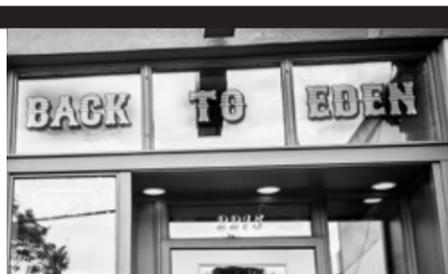
Details on Page 3

CNA Annual Membership Meeting
Wednesday, Nov. 1, 7 p.m.
McMenamins Kennedy School Community Room



SANCTUARY IS BASED HERE
IMIRJ grows in advocacy for just immigration policies.

See Page 7



'EDEN' TRIPLES ITS SPACE
Back to Eden continues its Alberta Street growth pattern.

See Page 8



PARENTHESES ARE SILENT
New space, (com)motion, is all about a community in motion.

See Page 9

CNA VOICES

By Gordon Riggs
CNA Media Team Lead



Find your voice with the Media Team

When I was asked to write this month's CNA Voices column, I asked myself, "What is my voice?" With my steady hand as Media Team lead, I encourage and guide members of the Media Team to share their perspectives and engage with one another as we address the tasks before us.

I believe we do our best work when it is something we truly want to do, for which we have a passion. Sometimes we don't know if there's passion until we try it out.

Almost two years ago, my neighbor – he knew of my interest in and knowledge of computers – invited me to join him at a Media Team meeting, because members were to discuss the CNA website. Soon thereafter, I found myself working with others to update the look and feel of the website.

Several months later, I jumped into the layout and graphic design for CNews. What propelled me forward was the joy and challenge of learning something new and discovering that I was developing a local community of my own. That sense of community – being part of something larger than myself and seeing tangible results – ultimately drew me into the role of Media Team lead.

Each month when the Media Team meets, with anywhere from five to 12 in attendance, our agenda covers topics pertinent to the publication of CNews, keeping the CNA website up to date, and finding ways

to make CNA's new Facebook page more relevant to the Concordia neighborhood.

We spend time brainstorming story ideas for upcoming issues of CNews. We are constantly asking ourselves how each story connects readers with their local neighborhood. Some story ideas take months to fully develop, others take less time.

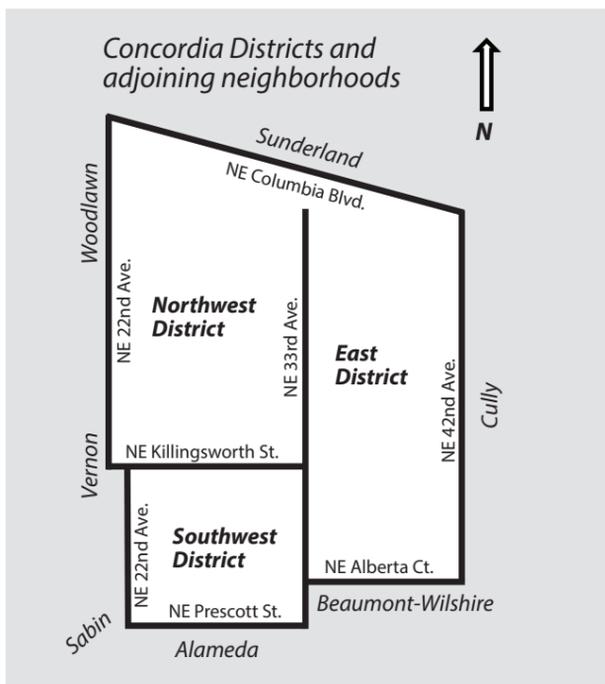
Lately, we have tackled some behind-the-scenes topics such as: determining why some households don't receive CNews in the mail, developing contingency plans when the content and ads exceed the space available, and defining criteria for events to include in the Concordia community events calendar.

Today, when I see a mural I recognize or a business that was featured in the paper, I find myself leaning in for a closer look. I experience a direct connection with my community.

Are you curious about your neighborhood? Come join us with your perspectives, questions and your voice. See where it might lead you.

Editor's note: The Media Team meets monthly on the first Tuesday of the month at 6 p.m. in McMenamins Kennedy School Community Room. You can contact Gordon directly at MediaTeamLead@ConcordiaPDX.org or 503.515.8209. Explore more at Facebook.com/groups/ConcordiaPDX and ConcordiaPDX.org.

We are constantly asking ourselves how each story connects readers with their local neighborhood.



CNA Board of Directors

- Chair | Chair@ConcordiaPDX.org Chris Lopez
- East 1 | East1@ConcordiaPDX.org Tyler Bullen
- East 2 | East2@ConcordiaPDX.org Steve Elder
- Northwest 1 | NW1@ConcordiaPDX.org Isham "Ike" Harris
- Northwest 2 | NW2@ConcordiaPDX.org Amelie Marian
- Southwest 1 | SW1@ConcordiaPDX.org Garlynn Woodsong
- Southwest 2 | SW2@ConcordiaPDX.org Daniel Greenstadt
- At Large 1 | AL1@ConcordiaPDX.org Robert Bowles
- At Large 2 | AL2@ConcordiaPDX.org Donn Dennis
- At Large 3 | AL3@ConcordiaPDX.org Jody Pollak
- At Large 4 | AL4@ConcordiaPDX.org Ali Novak
- At Large 5 | AL5@ConcordiaPDX.org Truls Neal
- At Large 6 | AL6@ConcordiaPDX.org Heather Pashley

Need a place for your party?
The Community Room at McMenamins Kennedy School is available for your next gathering, book club, birthday, baby shower or special occasion. CNA manages the rental space & benefits from the proceeds.
Pricing: \$25/hr (\$15/hr. for nonprofits)
Email: CNARoomKennedy@gmail.com

Concordia Neighborhood Association

MEETINGS

Board Meeting

1st Wednesday of the month
Wednesday, Oct. 4, 7-9 p.m., McMenamins Kennedy School Community Room

Annual Membership meeting

Wednesday, Nov. 1, 7-9 p.m., McMenamins Kennedy School Community Room

Safety & Livability Committee

Thursday, Oct. 26, 7-8:30 p.m., 3217 N.E. Ainsworth St., contact: TrulsRobin@hotmail.com

Social Committee

If you'd like to help plan the annual CNA Holiday Party for December and/or plan other fun, community building events, contact Katie Ugolini, 503.449.9690, KTUgolini@gmail.com.

Media Team

1st Tuesday of the month, Tuesday, Oct. 3, 6 p.m. McMenamins Kennedy School Community Room, contact MediaTeamLead@ConcordiaPDX.org

Land Use & Transportation Committee

3rd Wednesday of the month, Wednesday, Oct. 3, 7 p.m. McMenamins Kennedy School Community Room, contact LandUse@ConcordiaPDX.org

CONTACTS

CNA Chair

Chris Lopez, Chair@ConcordiaPDX.org, 503.290.6871

CNA Vice Chair

Daniel Greenstadt, ViceChair@ConcordiaPDX.org

CNA Secretary

Steve Elder, Secretary@ConcordiaPDX.org

CNA Treasurer

Heather Pashley, Treasurer@ConcordiaPDX.org

Crime Prevention Coordinator

Mary Tompkins, Mary.Tompkins@PortlandOregon.gov, 503.823.4764

Neighborhood Response Team Officer

Anthony Zoeller, Anthony.Zoeller@PortlandOregon.gov, 503.823.0743

SUBMISSIONS & ADVERTISING

Submissions to Concordia News: Deadline is the 10th of the month preceding the upcoming monthly publication. Contact CNewsEditor@ConcordiaPDX.org

Submissions to CNA Website: Submit nonprofit news & events to MediaTeamLead@ConcordiaPDX.org

Advertising: CNewsBusiness@ConcordiaPDX.org, 503.891.7178

MEDIA TEAM

CNA Board Advisers: Steve Elder & Daniel Greenstadt
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CNews Graphic Designer: Gordon Riggs

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Website Managers: Tami Fung, Gordon Riggs

Facebook Manager: Eric Hoyer

Advertising Representative: Gina Levine, CNewsBusiness@ConcordiaPDX.org, 503.891.7178

Help make Concordia (even) more livable

The Safety & Livability Committee is an avenue to focus on issues that affect the quality of the Concordia neighborhood, and to propose plans and recommendations – not only to your CNA Board of Directors, but also the city leaders.

Topics may include, but are not limited to:

- Air quality
- Crime
- Disaster preparedness
- Home safety for residents
- Noise and nuisance concerns
- Stronger community emphasis
- Traffic and street safety
- Zoning issues

Interested? Write to Truls Neal, chair: TrulsRobin@hotmail.com



"Harvest Theme" Childrens Drawing Contest!

Two grade categories: K-5 and 6-8.

For official rules and entry form, pick up the Country Financial office or visit ConcordiaPDX.org/concordia-creative.

Submit entries by **Tuesday, Oct. 10** in person or mail to:

Country Financial
1468 N.E. Alberta St.
Portland, OR 97211

Selected entry in each category will be printed in November CNews. All entries will be posted on ConcordiaPDX.org/concordia-creative.

Sponsored by Country Financial and Concordia News



Concordia murals

Oregon graces local retaining wall mural



Murals in Concordia adorn walls – inside and out – benches and even intersections. The latest one, at 32nd & Wygant, is on an 80-foot-long residential retaining wall. For a closer look, before you get there in person, visit ConcordiaPDX.org/murals.

It may be a first for Concordia and even for Portland. The mural on a residential retaining wall at 32nd Avenue and Wygant Street is definitely a first for homeowner Brian Caufield and muralist Michael Feliz.

Since buying the house four years ago, Brian pondered a facelift for the 80-foot expanse of concrete. He considered a layer of paint or applying a stone front.

“Then I thought, ‘What about a mural? That’d be great here in the Alberta Arts District.’”

He described his plan to Michael, a local resident who has two murals on Alberta Street alone, one on the Black United Fund wall and another on a bench at 24th Avenue. By coincidence, he was already wanting to paint a retaining wall.

“I’m a dog walker, and I’d built up an admiration for the ones I’ve seen in north and northeast neighborhoods,” he said. “They have so much character.”

every mile of scenery.

“I’ve put my roots down here,” he explained. “So I named some of my favorite landmarks to Michael, and we

Hills, rolls through the Columbia Gorge and past Mount Hood, Hood River and Multnomah Falls. In Portland, it depicts the white stag sign and the St. Johns and Steel bridges – Brian’s favorites – before it crosses farmlands en route to the coast.

Like with painting all his public murals, Michael enjoyed interacting with passersby.

“On a neighborhood street, it’s different. You see the same faces regularly,” he pointed out. “And you find yourself becoming part of their schedule, whether it’s walking their dogs, making coffee runs, whatever.”

Michael became so much a part of the neighborhood, he was invited to the September block party.

“Then I thought, ‘What about a mural? That’d be great here in the Alberta Arts District.’”

– Brian Caufield

It didn’t take Brian, a five-year transplant from the East Coast, long to decide on the design. His job requires driving throughout the state, and he admires

decided to have the mural traverse the state from east to west – like it’s following the sun.”

The mural begins in the Painted

Make your voice & vote heard at annual meeting

Seven positions on the Concordia Neighborhood Association (CNA) Board of Directors are up for re-election/election at the Wednesday, Nov. 1, CNA Annual Membership Meeting

Terms expiring Dec. 31, and the incumbents, are:

- East 1, Tyler Bullen
- Southwest 1, Garlynn Woodsong
- Northwest 1, Isham “Ike” Harris
- At large 1, Robert Bowles
- At large 3, Jody Pollak
- At large 5, Truls Neal
- Chair, Chris Lopez

See the map on the opposite page for CNA and district boundaries.

Terms begin in January. Each board member commits to attending monthly board meetings, attending regular and special membership meetings, attending CNA-sponsored events and membership on at least one CNA committee.

Board members should additionally be willing to represent the community

to the city on issues such as land use, livability and safety. They are also ambassadors within the neighborhood and at association events.

A candidate must be a CNA member – the primary qualification is residency or owning property or a business within the neighborhood. The age minimum is 14 years, and any nominee younger than 18 must have written permission from a parent.

For complete details on CNA elections and positions, visit ConcordiaPDX.org/about-cna/bylaws/. If you have questions prior to the Nov. 1 meeting, contact board member Ali Novak, AL4@ConcordiaPDX.org.

The Nov. 1 meeting begins at 7 p.m. in McMenamins Kennedy School Community Room, and nominations – including self nominations – will be accepted from the floor. You will be asked to sign in at the meeting and confirm your CNA membership to run for election and/or vote.

Homeless in Concordia

Continued from Page 1

from downtown, she said, “This is the only other area I’m familiar with. It’s not so bad in this neighborhood.”

Ashley’s eyes light up and a faint smile spreads across her face when she talks about her dogs. Both share Ashley’s friendliness, and both have endured – and survived – significant health challenges, thanks to Ashley’s care and dedication.

Not coincidentally, Ashley’s long-term

goal? “I want to be normal. I want to go back to school to get my vet tech degree.”

One suggestion she has for aiding people who are homeless is, “Help us help ourselves. Once you’ve been in this situation for a long time, you forget how to do normal things. I don’t know how to apply for an apartment or write a résumé.”

Dan Werle lives in Concordia with his wife, Anna, and their dogs.

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aryneanddulcinea.com



Concordian enjoys adding green to Portland



By Karen Wells
CNA Media Team

Friends of Trees (FOT) is nationally recognized and locally known as the Portland metropolitan go-to resource for homeowners who want to plant trees. Working with

the organization is hassle free, and the costs of the trees fit neatly into most household budgets.

Starting this month, and on most weekends through April, volunteers dressed for the weather are sent across Portland neighborhoods with twin goals of planting trees and building commu-

nity. Cheryl Brock is the FOT neighborhood coordinator for Concordia. She's been a Concordia resident for nine years, seven of those years as a FOT volunteer. In the beginning, she contacted FOT for a tree for her home. She enjoyed getting to know the neighbor volunteers who dug the hole, set and planted her tree.

Inspired by her experience, she contacted FOT and offered to help with their tree planting events. Cheryl has never regretted getting involved. FOT's core value of community engagement to improve livability resonates with her.

From the annual mid-March Concordia neighborhood tree planting event to sharing wholesome lunches with planting volunteers, to learning tree pruning, Cheryl thoroughly enjoys being part of the FOT team.

"It just feels good, the right thing to do," she said.

Cheryl is one of the nearly 6,300 volunteers who, in the words of the FOT annual report, grow the mission "to inspire community stewardship of our urban forest by bringing people together

Cheryl has never regretted getting involved. FOT's core value of community engagement to improve livability resonates with her.

to plant and care for urban trees and natural areas."

Although substantial – FOT has planted 650,000 trees and native shrubs in the Willamette Valley since its inception in 1989 – it's not the first effort in Portland to increase the tree population. The history of community stewardship and tree planting here can be traced to the Olmsted Brothers' plans of 1902

and the Albina Neighborhood Improvement Project (ANIP) of the 1960s.

The Olmsteds drafted plans for some of Portland's neighborhoods, college campuses and public parks. Their plans linked parks and streets with tree-lined neighborhoods.

The ANIP was tasked with planting nearly 600 Kwanzan flowering cherries in a 20-block section of Albina, the present day Eliot neighborhood.

Many of these early plantings can still be seen between Humboldt and Fremont,



Seven years ago, Cheryl Brock enjoyed getting to know the Friends of Trees who planted a tree on her property. Now she is one. Photo by Karen Wells

and between Albina and Haight. The Kwanzan provide the spectacular spring blossom display of the Washington, D.C. mall.

Karen is a retired early childhood community educator, health and safety trainer. Reach her at 619.244.7892.

Editor's note: Karen tapped many resources for this story on community tree planting. She shares those resources with you at ConcordiaPDX.org/trees.

and between Albina and Haight. The Kwanzan provide the spectacular spring blossom display of the Washington, D.C. mall.

Want to work as a beat reporter?



As a reporter for CNews, experience the thrill of bringing relevant info to Concordia readers.

Choose the subjects you want to cover — from events to new businesses, schools to community issues and so much more.

CONTACT US TODAY
CNewsEditor@ConcordiaPDX.org
ConcordiaPDX.org



CONCORDIA NEWS

Parks & Rec convenes Tree Summit

The Portland Parks & Recreation Tree Inventory Project – a like-minded organization that relies on volunteers to support Portland's urban forest – convenes its annual Tree Summit on Saturday, Nov. 4. It's at Mt. Scott Community Center, 5530 S.E. 72nd Ave., from 8:30 a.m. to 1 p.m.

For details and/or to register, visit PortlandOregon.gov/parks/article/501565.

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gnomeshome.org

Parking takes center stage at general meeting



By Garlynn Woodsong
Chair, CNA LUTC

Parking in the neighborhood was the focus of the Concordia Neighborhood Association (CNA) general membership meeting Sept. 6.

Guests for the evening were Jay Rogers from the Portland Bureau of Transportation (PBOT), and Tony Jordan from Portlanders for Parking Reform. They joined a room full of neighbors who came to discuss residential on-street parking.

The PBOT representative walked folks through the current city of Portland policies related to on-street parking, as well as the pilot project currently authorized by city council and underway with residential permit parking in northwest Portland's Alphabet District.

The current policies – outside of the Alphabet District pilot project – were developed in the 1980s and are largely focused on areas adjacent to downtown that experience large volumes of commuters driving in to park while at work.

These 30-year-old policies were not developed to address parking problems related to large amounts of visitors – for various purposes – at many times through the day and night, week and weekend. The policies were not devel-

oped to address the situation of greater residential demand for than supply of on-street parking.

The Portlanders for Parking Reform representative then laid out the basic

them. That includes the ability to design policies to match the results of surveys of on-street parking use on individual block faces.

Neighbors had many questions for

These 30-year-old policies were not developed to address parking problems related to large amounts of visitors – for various purposes – at many times through the day and night, week and weekend.

policy points of the residential on-street parking policy toolbox that city council requested, staff developed, and that city council then failed to adopted last December.

This toolbox was developed specifically to address the parking problems on residential streets in Portland today, including how to handle the needs of residents and visitors in neighborhoods that don't just see commuter-related parking issues.

The toolbox would empower neighborhoods to work directly with PBOT to develop tailored policies to fit the problems they see in the places where they see

both guests about parking. A civilized, neighborly discussion ensued concerning what would happen under a residential permit parking system:

- What the money would be used for
- How a parking benefit district would operate
- How the neighborhood could design policies to mitigate the impact on low-income residents
- What the equity impact would be on property owners
- Whether the revenue would be primarily to benefit the city or the neighborhood

Land use and transportation update

By Garlynn Woodsong
Chair, CNA LUTC

Industrial proposal for Broadmoor site

The developer Homer Williams, known locally for his involvement in the development of the Pearl District and the South Waterfront areas, has proposed to re-zone and re-develop the Broadmoor Golf Course into an industrial area.

A Sept. 12 meeting allowed neighbors to discuss the proposal with the developer's team. Concerns expressed by residents included:

- Additional pollution due at the very least to increased diesel truck traffic, if not also from point-source emissions from industrial uses that might be sited there
- Loss of greenspace and wildlife habitat
- Preservation of the Columbia Slough and adjacent greenway, as well as development of the planned Slough Trail bicycle/pedestrian path system through the area

33rd Avenue safety issues

The concerns and alarm experienced by adjacent residents – about speeding vehicles, accidents and unsafe behavior on 33rd Avenue – is the topic of a letter from the Concordia Neighborhood Association (CNA) to the city.

Among the concerns residents voiced to the LUTC, specifically about 33rd Avenue from the overpass up the hill to Holman Street were:

- Parked cars are hit on a regular basis, with mirrors knocked off and more than one vehicle totaled by collisions.
- Speeding traffic is incompatible with

the safe routes to school required by the newly-reopened Faubion Elementary School.

- Disconnected bicycle networks in the area force bicyclists into conflict with large freight vehicles.

The CNA letter to the city proposes various solutions supported by residents, including:

- Installation of emergency-vehicle-friendly speed bumps
- Stop signs
- Traffic signals
- Pedestrian crossing beacons
- Removal of on-street parking for replacement with bicycle lanes

Coalition fights I-5 widening

A new coalition has formed of Portlanders working to stop the widening of I-5 at the Rose Quarter. They are requesting city council to remove the project from the Portland Transportation System Plan, an action that would lead to the launching of a regional conversation about the value of the project.

The group is concerned that this

project will:

- Have little or no impact on congestion due to induced demand
- Consume scarce dollars – to the tune of \$450 million – that are much needed for transportation projects elsewhere in Portland, particularly in east Portland
- Result in reduced air quality near schools, parks and neighborhoods
- Be a step in the wrong direction for the commitment to reducing greenhouse gases

More information is available at the group's website: NoMoreFreewaysPDX.com

Concordia residents are always welcome at CNA LUTC meetings, every third Wednesday – except December – at 7 p.m. in the McMenamins Kennedy School Community Room. For more information, visit ConcordiaPDX.org/lutc/, send your questions to LandUse@ConcordiaPDX.org, or email LUTC_Secretary@ConcordiaPDX.org to join the LUTC notification list.

- Many other related issues

By the end of the evening, it seemed clear that neighbors wanted to see the parking policy toolbox adopted by city council.

Then they would have the option to decide for themselves what parking policies to implement in the neighborhood – when, how and where. That would also include the details of how much it would cost, how the funds would be used and who would pay.

The CNA Board of Directors recommends Portland City Council put the Parking Policy Toolbox back on its agenda, and vote to pass it ASAP.



Cerimon House is a humanities and cultural arts organization, located in the former Alberta Lodge on the corner of NE 23rd Ave. and NE Sumner St. and renovated to maintain its 1920's charm.

We welcome your rentals and are fully ADA compliant.

The Creative Path Walks series, a signature monthly program, is a labyrinth walking experience and unique community activity.

Visit our website to learn more about renting the space, booking a contemplative walk, or attending other artful events.

CERIMONHOUSE.ORG

What's Selling in Concordia?

187 Homes sold in RMLS in last 12 months as of Sept 13th

9.6% Increase in Average Sale Price since 2016

Avg. Sale Price in 2016: \$469,377

Avg. Sale Price currently: \$519,247

Avg. Days on market: 23

This information provided by Mark Charlesworth, Concordia resident & Broker Keller Williams, Portland Central. charlesworthhomes@gmail.com · 503.807.9911

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Every Saturday

Opera on Tap

Live opera singers in & around
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Thursday, October 5

Rich Layton and the Troublemakers

Texas twang and tremolo
Gym • 7 p.m.

Tuesday, October 10

RACE TALKS: An Opportunity for Dialogue

Gym • 6 p.m. doors; 7 p.m. event

Thursday, October 12

ROBERT WYNIA

Rock pop
Gym • 7 p.m.

Wednesday, October 18

Concordia Brewers Dinner

Five-course feast paired with
unique brews.
\$80 per person • 7 p.m. • 21 & over
Tickets at cascadetickets.com

Thursday, October 19

GREAT NORTHWEST MUSIC TOUR CROW AND THE CANYON

Americana
Gym • 7 p.m.

Thursday, October 19

EXTRA CREDIT BEER TASTING

5 p.m. 'til 7 p.m. • 21 & over

Thursday, October 26

FLOATING POINTE

Alt rock
Gym • 7 p.m.

Saturday, October 28

HALLOWEEN

ADVERSE EFFECTS WITH FALCON HEART

Hip hop & funk dance party
7 p.m. 'til 10 p.m.

Monday, October 30

HISTORY PUB

Theater • 6 p.m. doors; 7 p.m. event

Tuesday, October 31

HALLOWEEN

Willamette Radio Workshop

Live radio show storytelling
Theater • 4 p.m. 'til 5 p.m. and
5:30 p.m. 'til 6:30 p.m.

TRICK OR TREATING

4:30 p.m. 'til 6:30 p.m. in the halls

THE COASTLINE

Indie rock
7 p.m. 'til 10 p.m.



Oct. 12 workshop offers info

Small grant apps due in December

Is there a community project you'd like to spearhead in Concordia?

The 2018 Neighborhood Small Grants Program is now open for applications. The deadline is Dec. 1 and Northeast Coalition of Neighborhoods (NECN) hosts a Thursday, Oct. 12, information session and workshop. It's at 7 p.m. in the NECN office, 4815 N.E. 7th Ave.

Each year, NECN awards grants of \$1,500 to projects based in the inner northeast and north neighborhoods.

Funds – \$100,000 city wide for 2018 – are distributed by the Portland Office of Neighborhood Involvement (ONI) to NECN and the other six neighborhood coalitions.

The competitive process challenges neighborhood and community organizations to present plans to improve the quality of life for residents. Awards are selected based on project potentials to:

- Involve and benefit a diverse, broad group of people
- Build leadership, identity, skills, rela-

tionships and partnerships – especially with and among historically underrepresented populations

- Increase community capacity to influence public decisions and shape the future of inner northeast and north Portland

For details and application information, visit NECoalition.org/neighborhood-small-grant-opportunities-2016-2017/ and/or contact Fran Ayaribil, fran@necoalition.org, 503.388.9188.

Concordia benefits from 2 recent grants



Beaumont Middle School students last year applied for – and received – a small grant to paint murals on all four sides of the Fernhill Park restroom. It was a lesson in government, finance, community and art, including their presentation at National Night Out. Photo by Brian Burk

Civil rights and art were the emphasis of two grants received by Concordia neighborhood applicants from last winter's NECN small grants cycle.

One was the Fernhill Park restroom mural project conducted by Beaumont Middle School residents and dedicated during Concordia Neighborhood Association's National Night Out event in August. If you missed the story in the September CNews, find it at ConcordiaPDX.org/concordia-news/concordia-news-downloads/.

The other is "Women of the Civil Rights Movement" at McMenamins Kennedy School History Pub next March. It is one element of the larger project, "Racing to Change: Oregon's Civil Rights Years," an interactive exhibit and associated programs about the courage, struggle, and progress of Oregon's black residents during the civil rights movement in Oregon in the 1960s and 1970s.



JOIN US to celebrate the start of the NCAA Division II era with the Concordia community.

Saturday, October 7 | 12:45 p.m.

NCAA Pre-game Ceremony with President Schlimpert & Student-Athletes

Concordia University Hilken Community Stadium
2800 N.E. Liberty Street, Portland, Or 97211

FREE ADMISSION

SOCCER DOUBLE HEADER

1:00 pm Concordia women's soccer vs. Simon Fraser University HALFTIME: On-field recognition of Scholar Athlete award winners	4:00 pm Concordia men's soccer vs. Seattle Pacific University HALFTIME: On-field recognition of Concordia Athletics Hall of Fame Class of 2017 Inductees
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Enjoy seeing our soccer players in action! The first 500 fans to arrive will receive an official Cavalier cellphone wallet keepsake!

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Aging Well meeting set for Oct. 21

The Aging Well Conference moved from Concordia University this year to the University of Portland. It's slated for Saturday, Oct. 21, in the Buckley Center, 5000 N. Willamette Blvd.

Doors open at 8:15 a.m. for the free event. The program fills the day from 9 a.m. to 4 p.m.

This year's theme is "Toward Resilience: Building a Community for All Ages." Presentations, interactive and informative learning opportunities cover a variety of topics, including:

- Building community and social networks
- Managing chronic conditions and maintaining well-being
- Economic security and entrepreneurship
- Shared housing
- Building intergenerational friendships and networks of support
- Emergency preparedness

Find more information and register at MultCo.us/agingwellconference.

Sanctuary cohort takes shape here

By Rita Jiménez
IMIRJ

Our world, our country, our city and our neighborhood need sanctuaries. So creating sanctuary for immigrants is the focus of local nonprofit Interfaith Movement for Immigrant Justice (IMIRJ).

Founded in 2006, IMIRJ advocates for just immigration policies, as well as direct action like coordinating physical sanctuary for an immigrant seeking protection from deportation – the rarest form of sanctuary.

When social and political tensions began to climb across the U.S. last year, IMIRJ formed a Portland Sanctuary Cohort, and more are forming across Oregon.

During the past six months, Concordia's Leaven Community Center has been IMIRJ's meeting point for the local sanctuary movement to develop local leadership to resist unjust immigration policy.

Each month between February and July, Portland Sanctuary Cohort convened about 100 volunteer leaders from 24 faith communities to build our capacity to take coordinated action for immigrant justice.

At these dynamic gatherings, we



Interfaith Movement for Immigrant Justice (IMIRJ) meets in Concordia's Leaven Community Center, the former Redeemer Lutheran Church. IMIRJ advocates for just immigration policies.

Lutheran Church, is on a similar journey to many other congregations across Oregon, and is actively exploring what resistance to unjust immigration laws could look like.

In July we gathered to share our migration stories, followed by meetings on physical sanctuary in August and September.

Leaven will formally make our sanc-

neighbor. Neighbor becomes family. Risk becomes natural. We belong to one another. We are more powerful together."

Sanctuary is a powerful vision that is unfolding in our neighborhood. Find your way to create a community that is welcoming for immigrants and refugees. Whether it is through a congregation, IMIRJ or another path, there are many ways to get involved.

Rita is a Concordia resident who worships at Salt and Light Lutheran Church, a part of the Leaven community. She also serves on the board of IMIRJ. She's passionate about social justice, yoga and organic gardening.

"As we listened to our neighbors' stories and developed relationships, we could not ignore the fear and real threat our immigrant neighbors and members face."

– Pastor Melissa Reed

shared our experiences and questions, received training, and we built our congregational and personal capacity. They were a combination of action, coaching and spiritual underpinnings.

Located on Killingsworth Street, Leaven is a four-year-old nonprofit at the former Redeemer Lutheran Church. It is now an intentional community of neighbors and friends rooted in building relationships through sharing stories and acting collectively.

Leaven, which includes Salt & Light

tuary declaration Oct. 15.

"As we listened to our neighbors' stories and developed relationships, we could not ignore the fear and real threat our immigrant neighbors and members face," explained Pastor Melissa Reed.

"That's what happens when we listen to one another intentionally, truly see and know one another, find our own stories in the others', fall in love with one another," she added.

"Suddenly, your life is not separate from my own. Stranger becomes

Interested in more info?

Connect with this sanctuary movement at IMIRJ.org, LeavenCommunity.org, Facebook.com/imirj.oregon and/or Twitter at [@IMIRJ1](https://Twitter.com/@IMIRJ1).

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Bakery offers case study in (delicious) growth



By Nancy Varekamp
CNews Editor

Eden just got bigger. So did its menu of meals and treats to tempt you.

The Back to Eden 500-square-foot bakery storefront now has a neighboring

1,193-square-foot café that offers breakfast, Sunday brunch, lunch and dinner.

It's the latest in the ever-growing business for John Blomgren and Garrett Jones. They first opened in 2007 as a wholesale bakery, complete with organic garden, in a house at 58th Avenue and Killingsworth Street.

Back to Eden Café at 2215 N.E. Alberta became available in 2011, they moved the kitchen there.

In 2013, the 3,000-square-foot space behind the original shop became available, and now serves as office and storage space.

Notice the growth spurts are in odd-numbered years?

In 2015, they were asked to join a food cart pod at S.E. 28th Place and Division Street. "It's more like a shop than a cart," John said of the wood exterior. That year they also resumed more of their wholesale business.

Each of the three retail outlets carry the same branding, with a pastel color palette that's clean, quiet and refreshing.

customer requests for gluten-free products was so successful, they dedicated the kitchen to gluten-free ingredients.

"Everything is equal or better than the original recipes," John reported.

Catering to customers' health and environmental consciousness comes naturally to the business owners.

"We source our ingredients carefully and, as a business, we partner with

organizations that agree with our environmental, political and social justice perspectives," John pointed out. "We use our platforms to advocate for people who don't have their own platforms."

Has that cost them any business?

"No, we've found people want to do business with those who are aligned with their own values. We've received a really positive response."

What began with a vegan cupcake and two employees – John and Garrett – in 2007 now tops 40 employees and countless edible offerings.

"By 2009, we realized we wanted a different experience," John recalled. "We wanted to connect with the community. We wanted to see people enjoy our baked goods."

They leased the small space that's now called the Back to Eden Dessert Bar at 2217 N.E. Alberta, and reduced their wholesale sales.

When a building behind the new

What began with a vegan cupcake and two employees – John and Garrett – in 2007 now tops 40 employees and countless edible offerings.

John – a graduate of the school of hard knocks in managing the accounting, HR and payroll – credits the business's success to the creativity and innate ability of self-taught vegan baker Garrett.

Five years ago, their response to



Back to Eden's presence on Albert Street nearly tripled during the summer. In addition to the original storefront, now called the dessert bar, is the Back to Eden Café, which serves breakfast, lunch and dinner. Photo by Chris Baker

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Want to get involved (more) in your neighborhood? Join the CNA Finance Committee and find out how you can help make a real difference here.



Activities include, but are not limited to:

- Providing stewardship of CNA's finances, which include income from donations and rental of the Community Room; expenditures, on things like special events and improvement initiatives
- Helping to develop the annual CNA budget
- Ensuring that all financial matters undertaken by the CNA Board of Directors are fully transparent, & reflect association policies and procedures

Interested? Write to Jody Pollak, chair: AL3@ConcordiaPDX.org

Get the move on – (com)motion opens this month

By Nancy Varekamp
CNews Editor

Soon this month, 4520 N.E. 42nd Ave. will be the latest place for people who want to move.

Call it exercise, fitness or movement. Our 42nd Avenue sponsors the new business and calls it “community in motion,” (com)motion for short. The parentheses

“We want underrepresented teachers to have a place to teach and for underrepresented people to have a place to come to learn,” Theresia explained. “Portland has a shortage of diverse spaces and a shortage of spaces for diverse people.

“So I’m reaching out to teachers of color, body inclusive teachers, teachers with disabilities and queer teachers,” she

“We want underrepresented teachers to have a place to teach and for underrepresented people to have a place to come to learn. Portland has a shortage of diverse spaces and a shortage of spaces for diverse people.”

– Theresia Munywoki

are silent.

Collaborative efforts between Our 42nd Avenue, Theresia Munywoki and community members are funding the build out. Once open, Theresia will manage the space and oversee its operation while acting as liaison between teachers.

Classes may range from quiet, gentle yoga to the less quiet vogueing, Zumba, dance and martial arts. Although no one will be turned away, the emphasis at (com)motion is on teachers and students of diverse backgrounds.

explained. “This is a place for diverse people to be seen, and to see each other.

“It’s important to make space for that. Our goal is for everyone to think this is a place where they fit in.”

A longtime yoga practitioner – and now certified yoga instructor – plus a 16-year veteran of various dance styles, Theresia is enjoying the job.

“I’ve worked as a manager before, but never on a project like this,” she said with a laugh. Now she and business partner Laura Voss are involved with the process from meeting teachers, to inspections, to



Theresia Munywoki, (com)motion manager, and Michael DeMarco, Our 42nd Avenue district manager, have spent countless hours, days, weeks and months getting ready for the movement center’s opening. The building is nearing completion, so stay tuned for that October celebration.

convening with Nick and Risa Boyer, the builders/owners of Makers Row.

And she’s learned to be patient with delays. “The rain slowed down the beginning of construction. Even the ash impacted us because construction workers were released early a couple of days when the air quality got bad, and when we were nearing completion.”

Makers Row is a three-story project, with (com)motion as one of two busi-

nesses – along with Rawdacious Desserts – on the ground floor. Nineteen apartments share the rest of the building.

As of press time, (com)motion’s grand opening was being planned for some time in October. For details, contact Theresia at 971.217.8240 or Theresia.commotion@gmail.com, or visit commotionpdx.org.

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Have you checked out CNA’s new Facebook page?



The all-new page continues to keep you informed of CNA activities and your neighbors’ comments. It also invites you to update your neighbors and them to share posts with you. Check out the page for:

- CNA Board meeting invites & meeting minutes
- Neighborhood events
- CNews story highlights
- Community discussions

Visit Facebook.com/groups/ConcordiaPDX/ today.



It's important to get the subtle flow going



By Penny Hill
Rising Sun Massage

The subtle flow I'm referring to is the lymphatic system. It's responsible for removing waste products and toxins from the body. Unlike blood, the

Unlike blood, the lymph has no pump of its own, and relies on passive pumping by the action of muscles around the vessels to do the work.

lymph has no pump of its own, and relies on passive pumping by the action of muscles around the vessels to do the work.

But, in modern life, we spend vast amounts of time sitting. That causes stagnation in the body and, when the lymph is not working properly, toxins and waste products can build up and make you sick.

The lymph is drained from three areas of the body into "watersheds"

which, in turn, drain into the duct at the left axilla. (Nicer word than armpit, don't you think?) To assist this flow, there is a wonderful routine you can use called dry skin brushing.

It can stimulate lymph flow. It can also improve skin texture by exfoliating, which can increase the skin's ability to expel toxins. It is invigorating and has been practiced by many cultures, both modern and ancient. Native Americans

variously used sand and corn husk, and Japanese use loofah.

Because one of the lymph system's jobs is to regulate body fluids it may also improve kidney and digestive function.

Although not a complex activity, it is beyond the space I have here to truly explain.

- Start with the head and do the whole body. The strokes are generally upward and toward the sides of the torso.

- Then do the arms, and legs.
- Do the left side, and then the right.

As with all techniques, assess your results. Do not brush broken or inflamed skin, and stop if "invigorated" is not the result.

Look for videos online that talk about the "watersheds." These will show a better understanding of anatomy and give superior instructions.

One video I like is by Trista Thompson. Search her name with "+ dry skin brushing" and you should find it. Or, you can contact me for a paper copy of the routine.

Contact Penny Hill, through CalmHealthEase.com or email RSM@myabmp.com.

Oct. 7 doubleheader celebrates NCAA II

A ceremony and two soccer games Saturday, Oct. 7, celebrate Concordia University (CU) being accepted as a full member in NCAA Division II

The public, community-wide celebration begins at 12:45 p.m. at Hilken Community Stadium. At 1 p.m., the women's soccer team takes on Simon Fraser. At 4 p.m. men's game is against Seattle Pacific.

Both games offer free admission, as well as activities for children and families, with access to food vendors.

During halftime at the women's

match, the Cavaliers will recognize scholar-athletes and, during halftime of the men's match, the Department of Athletics will recognize its Hall of Fame Class of 2017 inductees.

"NCAA Division II affords our student athletes opportunities to excel at the highest level both academically and athletically," said Lauren Eads, CU interim athletics director. "We are thrilled to join this group of prestigious institutions."

NCAA II approved CU during the summer, the final step of a three-year process. As the university has expanded,

so have its student athletics programs and facilities. In the past year:

- CU athletics was named the 2016-2017 Great Northwest Athletic Conference (GNAC) Academic All-Sports Champion.

- 45 Concordia student-athletes received All-GNAC honors.

- 76 students were named to the GNAC All-Academic Team.

- The Cavaliers also had their first DII All-American in Meghan Luebbert.



CU soccer team members celebrate a goal in a 2016 match. You're invited Oct. 7 for a doubleheader soccer match to help them celebrate the Cavaliers entry into NCAA Division II. Photo courtesy of Chris Oertell, Concordia University



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Like your neighborhood?

Opportunities abound – volunteer and sometimes paid – to help support your community through Concordia Neighborhood Association programs. From executive leadership to social activities to land use to digital and print media, CNA needs you.

Ready to help? Email Chair@ConcordiaPDX.org



Here's a DIY to research your home's history

Editor's note: Neighborhood historian Doug Decker is on the river this month. So here's a condensed version of his DIY sleuthing tips from AlamedaHistory.org. These are the sources he taps for the histories of local homes.

Multnomah County Division of Assessment & Taxation

Microfilm on file at 501 S.E. Hawthorne Blvd. reveals home ownership over the years, when and between whom it changed hands, selling costs, property valuation, etc. As you search through the early years of the 20th

house was built before then, the address you have today will not be much help. These are available at the Oregon Historical Society (OHS) Library, and online via the Multnomah County Library System. Be sure to go look at the originals just for fun, and because they are a sight to see.

Polk Directories

Even if you aren't looking for your own house, these directories read like annotated histories of Portland life. Compiled by street address, they list the names and professions of the people who lived in your house. While not an official public



Doug Decker investigated his own historic house in neighboring Alameda, and now he researches the history of other people's homes. He shares his resources here for any would-be DIY sleuthers. Photo courtesy of Northeast Coalition of Neighborhoods' Hi Neighbor newspaper.

The Portland street grid was completely renumbered in 1933 so, if your house was built before then, the address you have today will not be much help.

century, be sure to "watch" the rest of the neighborhood – not just your property – for some interesting changes.

Sanborn Maps

Sanborn Fire Insurance Co. mapped Portland and hundreds of other American cities from 1879 to the early 1960s. These maps come in handy, particularly for finding the original address for your house. The Portland street grid was completely renumbered in 1933 so, if your

document like you'll find at the county, these directories are quick and easy to search, and make for fascinating reading. You'll find these at the OHS Library and at the Multnomah County Library.

Building Permits

City of Portland Permit Center, 1900 S.W. 4th Ave., 503.823.7660.

You'll be surprised how much you can learn about your house by looking at building permits. The folks there are

very helpful. Drop by, fill out the form, provide your address and see what they bring back. This typically costs \$15 for a copy of your original building permit.

Other Sources

You can extend your detective work, which could include searches through biographical indexes, Oregon death records, U.S. Census records (now available up through 1930), and obituaries. With a little luck, these sources are going to lead you to real live people, memories, stories and – if you are determined and lucky – maybe even photos. As you

conduct your search, keep good records and notes, keep an open mind, use deductive reasoning and have fun.

If you get stuck and want a sounding board, drop Doug a note at Doug@AlamedaHistory.org. He prepares house history studies for clients who don't have the time, but is also glad to help you get unstuck, or just offer some words of advice on your own search.

If you have a question for the neighborhood historian, email CNewsEditor@ConcordiaPDX.org.

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**TRICK OR TREAT
ALBERTA STREET**

**TUESDAY, OCTOBER 31
3:30 - 6:00PM**

The first 500 costumed kids to visit Green Bean Books (1600 NE Alberta) will receive a limited edition reusable trick or treat bag!

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Concordia community events calendar

Sunday, Oct. 1, Saturday, Oct. 28

RAIN GARDENS 101

Locations: various
Join the Columbia Slough Water Council & East Multnomah Soil & Water Conservation District for this workshop. Learn how to build your own rain garden, explore the critical role rain gardens can play in urban stream restoration, & how they add beautiful landscaping to your yard at the same time.
• Oct. 1: 1-5 pm, Bridgeport United Church of Christ, 621 NE 76th Ave
• Oct. 28, 9 am-1 pm, NE Coalition of Neighborhoods Office, 4815 NE 7th Ave
Details/registration: emswcd.org/workshops-and-events/

LEAD POISONING PREVENTION WORKSHOP

Location: various
Participants learn how to prevent lead exposure in their homes, especially homes older than 1978 with children, pregnant women & others concerned about lead exposure.
• Oct. 3: 6-7:30 pm, Albina Library, 605 NE 15th Ave
• Oct. 5: 4:30-5:30 pm, NE WIC, 5329 NE Martin Luther King Jr Blvd
Details/registration/additional dates & locations: communityenergyproject.org, 503.284.6827 ext. 109

ST. MIKE'S KITCHEN

Location: St. Michael's Lutheran Church kitchen, 6700 NE 29th Ave
Join others in the kitchen to cook & eat turkey sliders, apple slaw, baked sweet potato fries & dessert.
Details/RSVP: st.mikes@kitchencommons.net, 503.997.2003

Saturday, Oct. 7; Thursday, Oct. 12; Sunday Oct. 15

WEATHERIZATION

Location: various
Workshops for homeowners & renters teach participants how to stop drafts in their homes, especially around doors & windows to save energy & increase comfort.
• Oct. 7: 2-4 pm, Hollywood Library, 4040 NE Tillamook St
• Oct. 12: 6-8 pm, North Portland Tool Library, 2209 N Schofield St
• Oct. 15: 2:30-4:30 pm, Gregory Heights Library, 7921 NE Sandy Blvd
Details/registration: communityenergyproject.org, 503.284.6827 ext. 108

Sunday, Oct. 8, 10 am-1 pm

BIKE THE LEVEES

Location: Blue Lake Park, 20500 NE Marine Dr, Fairview
Bring your bike & your friends for a tour of Portland's levee system on this 15-mile, easy

terrain ride cosponsored by the Multnomah County Drainage Districts. Learn about Portland's levee system that protects people & properties from flooding. Helmets are required. Event is recommended for ages 12+.
Details/registration: columbiaslough.org/events, susanne.raymond@columbiaslough.org, 503.281.1132

Tuesday, Oct. 10, 6 pm

RACE TALKS

Location: McMenamins Kennedy School
These opportunities for dialogue about race in Oregon – both historically & the current time – are presented by McMenamins History & Donna Maxey; doors open: 6 pm; discussion: 7 pm.
Details: racetalkspdx.com

Wednesday, Oct. 11, 6-8:30 pm

POLLINATOR WORKSHOP

Location: McMenamins Kennedy School Community Room
Learn about the different kinds of pollinators – flies, beetles, moths, butterflies, etc. – that might help flowers set seed, & help fruit & vegetable plants produce edible harvests. Workshop is sponsored by Concordia Neighborhood Association & the East Multnomah Soil & Water Conservation District.
Details/registration: emswcd.org/workshops-and-events/

Thursday, Oct. 12, 7 pm

NECN SMALL GRANTS WORKSHOP

Location: NECN office, 4815 NE 7th Ave
Community projects will vie for \$1,500 grants from Northeast Coalition of Neighborhoods. Although the application deadline isn't until Dec. 1, this workshop will prepare potential applicants for the process.
Details: necoalition.org/neighborhood-small-grant-opportunities-2016-2017/, Fran Ayaribil, fran@necoalition.org, 503.388.9188



Thursday, Oct. 12, 11:45 am-12:15 pm

ST. MIKE'S KITCHEN

Location: St. Michael's Lutheran Church, 6700 NE 29th Ave
Join other seniors for a free meal & company.
Details/RSVP: st.mikes@kitchencommons.net, 503.997.2003

Saturday, Oct. 14, 11:30 am-3:30 pm

NATURESCAPING BASICS

Location: Peninsula Park Community Center, 700 N Rosa Parks Way Naturescaping

Community calendar items

Admission to events is free unless otherwise noted. Priority is afforded to local events sponsored by – or which benefit – local nonprofit organizations. Submit information to CNewsEditor@ConcordiaPDX.org by the 10th of the month preceding the event.

is the practice of designing (or redesigning) your landscape so it reduces water use & decreases stormwater runoff while saving you time, money & energy. East Multnomah Soil & Water Conservation District's introductory workshop introduces the core concepts of naturescaping. Even if you decide to enlist the help of a contractor, you'll have the framework to make decisions & effectively communicate the vision you have for your yard. Class will visit a nearby naturescaped project to see design principles in action. You'll receive a comprehensive workbook to help you get started.
Details/registration: emswcd.org/workshops-and-events/

Thursday, Oct. 19, 6-8 pm

ST. MIKE'S KITCHEN

Location: St. Michael's Lutheran Church, 6700 NE 29th Ave
Join others to cook & eat a variety of pear dishes.
Details/RSVP: st.mikes@kitchencommons.net, 503.997.2003

Friday, Oct. 20, 7-9 pm

OFF THE COUCH EVENTS ACTIVITY NIGHT

Location: St. Charles Catholic Church, 5310 NE 42nd Ave
Differently-abled individuals, 18 & older, are invited for games, crafts, dancing & snacks. October theme is Monster Mash. Admission is \$7 per participant & first companion is free.
Details: offthecouchevents@gmail.com, 503.702.2394

Friday Oct. 20, 7-9 pm

OWL PROWL

Location: Whitaker Ponds Nature Park, 7040 NE 47th Ave
This family-friendly event offers the opportunity to learn about these nighttime predators. An indoor presentation covers local owls & their adaptations. The outdoor night hike offers the opportunity to look & listen for the Great Horned Owls (& bats, deer & beavers).
Details/registration: \$5/person suggested donation, columbiaslough.org/events, susanne.raymond@columbiaslough.org, 503.281.1132

Sunday, Oct. 22, 1-3:30 pm

URBAN WEEDS

Location: Northeast Community Center, 1630 NE 38th Ave
Learn how to identify the most common garden & landscape weeds along with some of the other more notorious plant invaders of the region. East Multnomah Soil & Water Conservation District walks you through how these aggressive plants take over in your yard, & provide some simple yet effective tips that will help you get the upper hand without turning to synthetic herbicides.
Details/registration: emswcd.org/workshops-and-events/

Sunday, Oct. 22, noon-4 pm

CREATIVE PATH WALK

Location: Cerimon House, 5131 NE 23rd Ave
Cerimon House's walk this month carries the theme "Shadow & Light" in an immersive indoor experience of light, sound, & walking meditation. It's a time & place for you to focus, unplug & restore. \$10 suggested donation
Details/appointments: cerimonhouse.org

Tuesday, Oct. 31, 3:30-6 pm

TRICK OR TREAT ALBERTA STREET

Location: Participating Alberta Main Street businesses
Costumed trick or treaters are welcome at businesses that display Trick or Treat Alberta Street posters (see advertisement, Page 11).



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1 HANS-JOACHIM ROEDELIOUS + XAMBUCA

3 A HAWAIIAN EVENING WITH MAKANA + ESTRELLA

4 SCIENCE ON TAP: A SCIENTIFIC APPROACH TO RAISING AN IDEAL DOG

6 ARISTOPHANES' LYSISTRATA THE ORIGINAL BURLESQUE COMEDY

7 BEAUSOLEIL AVEC MICHAEL DOUCET

8 RED MOLLY ONE FOR ALL & ALL FOR ONE

10 THE ACCIDENTALS + THE TALBOTT BROTHERS

12 LIVE WIRE RADIO WITH LUKE BURBANK

13 TWO SHOWS! EVIL DEAD THE MUSICAL

14 THE MYSTERY BOX SHOW

15 LOUDON WAINWRIGHT III

17 SCIENCE ON TAP: EXPLORING THE DEEP SEA WITH NAUTILUS LIVE

22 MARCH FOURTH TWO SHOWS

20 NIGHT FLIGHT'S 7TH ANNUAL FRIGHT NIGHT A HALLOWEEN CIRCUS

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Church opens on Alberta

A new church in Concordia opens the doors of Alberta Rose Theatre, 3000 N.E. Alberta St., Sunday, Oct. 1, at 10 a.m.

Services are planned for every Sunday morning, with programs for children available.

C3 RipCity leaders Seth and Karen Brooks have served several churches as pastors over the last two decades. They offer a diverse blend of ministry experiences.

"We are alive with bold aspirations

and the celebration of diversity," the Brooks report on the church website, C3RipCity.com. "We enjoy a shared respect for others and a capacity to appreciate the journey of a fellow traveler."

Part of C3 Americas, the new church participates in a global movement of churches that currently include 400 in 64 countries.

For details, visit the website or contact Seth at Hello@c3ripacity.com or 503.701.0165.

Looking for a home game?

CNews now publishes an online schedule of local school athletic home events. Find it updated each month at ConcordiaPDX.org/school-athletic-events.

This month's schedule features: home football and volleyball games

of Jefferson High School; football, volleyball and soccer home games at Madison High School; and home games for Concordia University's women's soccer, men's soccer and volleyball teams.