



CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association visit the website: concordiapdx.org February 2012

TRASHED!!



Luckily, these are trash and newspaper bins. It could just as easily have been a pedestrian or bicyclist.

“Some people have strong feelings about art.”

While we encourage expressing one’s self, —this is Alberta Street— using the destructive weight of your car to do so has a down side.

Early on a mid-January Sunday morning, the street furniture bolted to the sidewalk and bus stop on the southwest corner of NE 30th Avenue at Alberta Street; in front of Bar Lolo and Bella Faccia —you know, it’s the corner where there isn’t any street furniture anymore— were struck by a car eastbound on Alberta and lofted from one side of the intersection to the other like luggage at the airport, across 30th, to wrap around the power pole in front of the Alberta Rose Theater.

The photograph at the left describes the aftermath of the new trash receptacle and the newspaper bins as they lay on the sidewalk. The lower photos at the left show the dislodged lamp standard.



While no eye-witnesses to the accident itself have come forward, one account said that a person was seen fleeing the scene of the accident; leaving the car with the keys in it.

When the registered owner was located, a Washington County Deputy spoke with her. She said she had sold the car to an unknown person a couple of weeks earlier.

Portland Police tracked the vehicle, a white Honda Accord with an Oregon license plate, through the Department of Motor Vehicles where records show that no transfer of title has been registered.

Sara Wittenberg, executive director of Alberta MainSt, the organization that designed and placed 19 of these trash receptacles along Alberta St. this past summer, was summoned to the accident and took the accompanying photographs. “Now that the registration information is known we will let our insurance company pursue the remediation,” she said when the police released the information.

Inside this issue

- Candidate Forum Feb. 28
- Vernon School Auction -pg. 4
- Party at Soi Cowboy -pg. 10
- Unleashed Art -pg. 3
- Bike Fix-It Fair -pg. 5
- New Stadium Dedication -pg. 9
- Erica Lurie, Garnish -pg. 11



Defying gravity.
An accident that destroyed the street furniture left the lamp post askew. The City replaced it and re-hung the metal banner, the next day.

Photographs this page: Sara Wittenberg

Concordia University, NE Coalition of Neighborhoods Host Mayoral and City Council Candidates Forums

Please join NECN and Concordia University for two forums with the 2012 Mayoral and City Council candidates. The first forum will be held on Tuesday, February 28th at 7 p.m., with doors opening at 6:30 p.m. at Concordia University on the 2nd floor of the Hagen Campus Center.

This forum will focus on community and neighborhood livability issues such as transportation, safety, jobs, and more. The second forum will take place on Thursday, March 22nd at 7 p.m., with doors opening at 6:30 p.m. at Concordia University in the lobby of the George R. White Library & Learning Center. This second forum will focus strictly on education, from Pre-K through to higher education.

Mayoral candidates: Eileen Brady, Jefferson Smith, Charlie Hales

Council candidates: Amanda Fritz, Mary Nolan, Steve Novick, Jeri Williams, Teressa Raiford, Mark White

What questions would you like to ask the candidates?

NECN is currently soliciting community feedback on questions and topics for the candidates to address. Please send questions to: info@necoalition.org or 503.823.4575. We will be collecting and grouping all question and topic ideas and working with the event moderator to ask the candidates a wide range of questions about how they will work to promote thriving, livable communities for all.

Get the latest updates at concordiapdx.org

February's Neighborhood Meetings

General Meeting

TUESDAY, FEB. 7, 7 P.M.

Topics: Planning the year ahead and why it conflicts with the by-laws.

Board Meeting

TUES. FEB. 7, AT 6 P.M.

McMenamin's Kennedy School in the Community Room.

Next Board mtg: March 13, 7 p.m.

Wellness

WED. FEB. 8, AT 7 P.M.

Caffé Vita, 2909 NE Alberta St.

Everyone is invited to every neighborhood meeting!

These committees have direct results on the livability of our neighborhood.

Tree Team Meeting

THURS. FEB, 2, AT 6 P.M.

New Seasons dining area

Land Use, Livability and Transportation Committee

TUE. FEB. 21, AT 7 P.M.

McMenmins Kennedy School, Community Room

We have two purposes: to hear about and try to solve issues affecting quality of life in Concordia that are brought to us by individuals, and to identify changes and developments related to land use and transportation that could improve life for large numbers of residents.

CONCORDIA NEWS
 Concordia News is a free monthly publication of the Concordia Neighborhood Association. Newspapers are delivered residences and community locations in the Concordia Neighborhood.
Submissions
 The deadline for submissions is the 15th of the month prior to publication. Concordia News may edit for form and length.

Contact the Editors
concordianews@yahoo.com

Advertising
 Please send advertising inquiries to:
cnabusinessmanager@gmail.com
 503 688-3290

Concordia Neighborhood Association
 PO Box 11194
 Portland, OR 97211

Contact the CNA Board
contactcnaboard@yahoo.com

Community Room Rental
cnaroomkennedy@gmail.com

CNA Chair Robin Johnson 503 477-6807	Land Use Chair George Bruender 503 287-4787
---	--

Transportation Chair Jean Keady 503 477-5575	Livability Chair vacant
---	-----------------------------------

MISSION STATEMENT
 To connect Concordia residents and businesses — inform, educate, and report on activities, issues, and opportunities of the neighborhood.

Editor Jeff Hilber	Contributors John Chism Bart Church Clifford Dimoff Lani Farnworth Neveah Dawan-Fluker Jill Muhm-Glover Jean Keady Jennifer Kerns Robison Sara Wittenberg Chris Yensan
Layout Designer Jeff Hilber	
Photo Editor Bob Pallesen	
Business Manager Katie Transeth	

Concordia News is printed on 40% post-consumer, or better, paper.

Visit the website of the Concordia Neighborhood Association



www.concordiapdx.org

Need Neighborhood Association help?

contactcnaboard@yahoo.com

Chair's Corner



City of Portland, Oregon
Bureau of Development Services
Inspection Services - Enforcement
 FROM CONCEPT TO CONSTRUCTION

Dan Saltzman, Commissioner
 Paul L. Scarlett, Director
 Phone: (503) 823-7306
 Fax: (503) 823-7915
 TTY: (503) 823-6868
www.portlandoregon.gov/bds

Noise Review Board

Announcement of a Board Opening

Portland's volunteer Noise Review Board currently has a position the City is looking to fill. One seat is open for a "Citizen at Large" community representative on the board.

The Board is comprised of five members including: three citizen at large positions, a representative from the construction industry, and a professional in the field of acoustics. Appointments to the volunteer Noise Review Board are made for a three-year period.

The Noise Review Board normally meets once a month on the second Wednesday evening of the month. The Board is charged with making decisions on Noise Variances for projects that range from nighttime construction projects to large outdoor concerts. The Board also works to develop long term objectives for achieving reduction of sound levels in the community.

If you have further questions regarding the Noise Review Board, contact the City's Noise Control Officer, Paul van Orden at (503) 823-5829. Interested parties are encouraged to file an official application for the City of Portland Noise Review Board and attend a Noise Review Board meeting (next scheduled meeting is February 8th, 2012 at 6 PM). Applications can be acquired from the City's Office of Neighborhood Involvement. **Completed applications should be filed by no later than Friday, February 15, 2012 .**

For applications please see the web at:
<http://www.portlandonline.com/oni/index.cfm?c=38616>

Or contact:
 Kathy Couch, Office of Neighborhood Involvement
 1221 SW 4th Ave Suite 110 Portland, Oregon 97204
 Phone: (503)-823-3992 E-mail: kathy.couch@portlandoregon.gov

Rent the Neighborhood Community Room

The Concordia Neighborhood Association rents the Community Room to non-profit organizations for \$15 per hour. For all other uses the hourly rate is \$25.00. To reserve the Kennedy School Community Room for events and meetings, please e-mail: cnaroomkennedy@gmail.com

STOREFRONT TAKEOVER
ART INSTITUTE STUDENTS UNLEASHED...
...Only on ALBERTA

Alberta Main Street **The Art Institute of Portland®**
 CREATE TOMORROW

MAC-BO
REMODEL SPECIALISTS

YOU CAN TRUST THE AWARD WINNING MAC-BO TEAM

- BATHROOMS
- KITCHENS
- BASEMENTS
- ADDITIONS
- GARAGES
- DORMERS

503.282.1841 mac-bo.com
 ccb 166263

Handyman Services

Specializing in your "Honey Do" list
 General home repairs · Maintenance
 Small remodel · Restoration

Jobs by Rob, llc 503.789.8069
jobsbyrob.com
 Licensed, Bonded, Insured CCB# 177552

Unleashed Art Takeover? ...Only On Alberta

by Sara Wittenberg

Alberta Main Street, in partnership with the Art Institute of Portland, announces Storefront Takeover: Art Institute Students Unleashed... Only on Alberta. Twenty-six Art Institute of Portland Advanced Visual Merchandising students will be taking over the storefronts of 12 Alberta Street businesses.

The student storefronts will be installed and premier on Last

Thursday, February 23, 2012. Storefront installations will be complete by 4:30 p.m. Join us on NE Alberta Street to celebrate art in our galleries and our storefronts! The following businesses are participating:

- Amy Dotts -2916 NE Alberta.
- Six Days Art -2724 NE Alberta.
- pedX -2230 NE Alberta.

Abrahams & Duffy
 -2215 NE Alberta.

Tumbleweed
 -1812 NE Alberta.

Red Sail -1723 NE Alberta.

Alberta Main Street
 -1722 NE Alberta.

Garnish -1524 NE Alberta.

Frock -1439 NE Alberta.

Screaming Sky Gallery
 -1416 NE Alberta.

Modern Domestic -1408 NE Alberta.

Community Energy Project
 -422 NE Alberta.

Second Annual Earth Day -District Clean Up and Golden Garbage Awards

by Sara Wittenberg

The Second Annual Earth Day District Clean Up and Golden Garbage Awards, hosted by Alberta Main Street, will take place rain or shine on **Saturday April 21, 2012.** The Clean Up will focus on graffiti & litter removal on NE Alberta Street between MLK and NE 33rd Avenues.

Volunteers will be assigned sections of the street when you register the morning of the event. Please bring your own gloves and any tools that will aid in the clean up. Some tools will be provided. Volunteers can pre-register online at <http://albertamainst.org/whats-happening/earth-day/>.

Alberta Main Street is also seeking cash and in-kind sponsors to help ensure that volunteers are recognized for their efforts and of course you will be recognized for yours! Information about sponsorship: albertamainst.org/whats-happening/earth-day/.

After the Clean Up, we'll celebrate our accomplishments at the Golden Garbage Awards. Alberta Main Street, one of the three Portland Main Street programs, is advancing efforts to develop Alberta Street as a vibrant, creative and sustainable commercial district serving residents and visitors to the community.



Earth Day on Alberta Street last year. 150 volunteers removed graffiti, cleaned power poles, picked up trash and recyclables. Join the party this year.

Photograph: *Liz Grottyhann*

No Clipping Required.

ON AVERAGE, AARP MEMBERS ENJOY

\$364 SAVINGS

ON AUTO INSURANCE

when they switch from companies like **GEICO, State Farm and Allstate**

The AARP® Auto Insurance Program from The Hartford.
 The only Auto Insurance Program endorsed by AARP.

Saving is easy! With this exclusive policy, members who switch save an average of \$364 in the first year alone—and they get all the benefits and privileges you'd expect with the AARP Auto Insurance Program. (Since drivers 50+ are safer, you don't pay for younger drivers' mistakes.) Your own savings could actually be greater. Call now or stop by to request a FREE money-saving quote. No coupon necessary.

- 24-hour Claims Service
- Lock in Your Rate for 12 Months, Not Six
- Lifetime Renewability*
- New Car Replacement Protection

GOOD NEWS! The AARP Auto Insurance Program from The Hartford is now available through your local Hartford independent agent!

Call today for your FREE, no-obligation quote: **503-517-5717**
 email: nvtran@pacific-ins.com

Nghi V Tran
 Pacific Insurance Agency
 5263 NE martin Luther King Blvd
 Portland, OR 97211

* Savings amounts are based on information from The Hartford's AARP Auto Insurance Program customers who became new auto insurance policyholders between 1/1/10 and 12/31/10 through the traditional AARP Auto Insurance Program and provided data regarding their savings and prior carrier. Authorized agents can also provide coverage under this Program. Your savings may vary.
 * If you are age 50 or older, once you're insured through this Program for at least 60 days, you cannot be refused renewal as long as applicable premiums are paid when due. Also, you and other customary drivers on your vehicles must retain valid licenses, remain physically and mentally capable of operating an automobile, have no convictions for driving while intoxicated and must not have obtained your policy through material misrepresentation. Benefit currently not available in Hawaii, Michigan, New Hampshire, and North Carolina.
 The AARP Automobile Insurance Program from The Hartford is underwritten by Hartford Fire Insurance Company and its affiliates, One Hartford Plaza, Hartford CT 06155. In Washington, the Program is underwritten by Trumbull Insurance Company. AARP and its affiliates are not insurance agencies or carriers and do not employ or endorse insurance agents, brokers, representatives or advisors. This program is provided by The Hartford, not AARP or its affiliates. Paid endorsement. The Hartford pays a royalty fee to AARP for the use of AARP's intellectual property. These fees are used for the general purposes of AARP. AARP membership is required for Program eligibility in most states. Applicants are individually underwritten and some may not qualify. Specific features, credits, and discounts may vary and may not be available in all states in accordance with state filings and applicable law. The premiums quoted by an authorized agent for any Program policy include the additional costs associated with the advice and counsel that your authorized agent provides.
 * In Texas, the Program is underwritten by Southern County Mutual Insurance Company, through Hartford of Texas General Agency, Inc. Hartford Fire Insurance Company and its affiliates are not financially responsible for insurance products underwritten and issued by Southern County Mutual Insurance Company.

ARTIST PARENTS COMMIT TO VERNON

PARENTS KEEP ARTS ALIVE AT VERNON SCHOOL

by Jennifer Kerns Robison and Lani Farnworth

Two years ago, Portland Public Schools (PPS) budget cutbacks forced Vernon PK-8 school to drop its art and music programs. Unsatisfied with the lack of creative arts being provided for their children, Vernon parents and PTA took action and raised funds to bring music and art back to all Vernon students.



(L-R) Dulcinea, Holland, Lucelle and Jared are using their background as artists to raise awareness for Art education at Vernon School.

Photograph: CNews

Sitting in the positions of co-chairs of the newly formed PTA Art Committee are husband and wife team Dulcinea Myers-Newcomb and Jared Lewis. Dulcinea and Jared have been residents of the Concordia neighborhood since 1999, when they were drawn to the budding Alberta Arts district that was becoming the focus of the neighborhood.

As Jared recalls, "We were in the height of our bohemian lives, just recently out of college, playing music. Dulcinea was dancing in Gypsy Caravan, and we were holding 'Creative Sundays', a weekly social

event we hosted to draw, paint, and get together with friends."

Dulcinea is also an art teacher for the Lake Oswego school district and thus, with art playing such an integral part of their life, these parents were unsure whether they would send their eldest son, Holland, to the neighborhood school when he reached Kindergarten age. They were concerned that Vernon lacked the creative arts that are a staple at more affluent schools and that are so important to their family.

Their minds were changed, though, when they attended the Vernon School 2011 Auction that was held to raise money for music and art programs for all Vernon students. Dulcinea remembers that something "sparked" in her, "The enthusiasm and emotional conviction of the parents was infectious and convinced me that this was a community of families that cared deeply about their children's education. They were willing to put in the time and energy to keep making it a better place." It was then that Dulcinea and Jared made the decision to send Holland to Vernon, but knew that they too would need to contribute to help the school reach its full potential. Together, they joined the newly formed PTA art committee and shortly after, stepped up to become the committee co-chairs.

The first year goal of the committee

is to bring three focused art projects to all Vernon students: classroom auction art projects, a school legacy project, and an artist in residence program for each grade.

The committee has also charted plans to bring in guest artists from the community, facilitate class trips to galleries and museums, create a student gallery, and add murals/art installations to the plethora of blank spaces in and around the Vernon campus.

The idea behind all the projects is that they be integrated into the classroom, the curriculums and demonstrate the value of creativity as a daily occurrence.

Ultimately, the main goal for the art committee is to push PPS to provide Vernon with a full time art teacher. "Art as part of the regular curriculum is something that PPS should be providing Vernon and it is something that we as parents and the broader united community need to start strongly asking of PPS," says Dulcinea, "Not only does Vernon's recent designation as a PYP International Baccalaureate school require that art be part of the regular curriculum, but Vernon is in the heart of the Alberta Arts District. Art should be present in this neighborhood school".

While the PTA works toward convincing PPS to invest in arts at Vernon, Dulcinea and Jared continue their efforts with other parents to bring a great art curriculum to the students. Recently the art committee partnered with Art on Alberta to bring the Red Rover, a mobile art gallery, and artist



The Vernon School Auction Committee rising money for Art education at Vernon School. This year's auction is March 2.

(L-R) Leslie Napoles, Laura Joyce, Lisa Hatten, Jamie Stout, Donnette Sand, Christian Elkin, Kurt Sand.

Photograph: Tim Acock

Elly Baldwin's work to the school.


Jared teamed up with other parent volunteers to lead a Kindergarten art project that had the children connect to Baldwin's series of self portraits. The end result is a beautiful class art piece that will be part of the upcoming March PTA auction.

"Education does not start and stop at the doors of the school. A neighborhood school is nothing without the community and demonstrating the power of the community to our child has been an uplifting experience. We walked Holland to school on the first day and days since, and to see the migration of the students and parents to the neighborhood school was, and is, a very enriching and powerful experience. Choosing Vernon was not an easy decision as we were not sure that the ends would justify the means.

"However," Jared further explains, "as a complete educational, community, and social experience for our kids, developing and encouraging growth in the community has been extremely rewarding."

See the art of all Vernon students at the upcoming Vernon PTA auction March 2, 2012 at the North Star Ballroom. For more information, or if you cannot attend but would like to contribute to Vernon PTA Music and Arts, please go to

www.vernonowls.org.



Vernon School AUCTION

For Music, Arts, and Drama

Come join us on the evening of
Friday, March 2nd at 6:00pm
for Vernon's 2nd annual auction

NorthStar Ballroom
635 N. Killingsworth Court

Tickets are \$35 and will be available February 1st
for more information and to purchase tickets please go to:
www.tinyurl.com/vernonauction2012

VERNON SCHOOL EVENTS

Thursday February 16th –Vernon School Kindergarten Round-up

Thursday February 23rd–Vernon School Black History Night

Friday March 2nd–Vernon School 2nd Annual Auction

For more information on all events, please go to www.vernonowls.org

Vernon school is located on NE Killingsworth between NE 20th and 22nd. and has a current enrolment of 504 students

Livability and Transportation

Pedestrians: How to Walk the Walk

by Jean Keady

As much as the news media reminds us about safety, we sometimes forget even the most common sense safety practices.

In Portland we have been afforded some of the most unique traffic opportunities in the country: Bikes have Boulevards and Pedestrians have street and road crossing laws.

These opportunities are designed with the idea of cooperation with motor traffic in mind. For the most part we have learned that we have to go along to get along.

We have these rights and now we have to learn to use them responsibly.

Let's start with the most basic transportation –pedestrian traffic.

Pedestrians have the right of

way when crossing at marked intersections and unmarked intersections.

Drivers at night are only looking for what they expect. They don't expect you.

Pedestrians, at unmarked intersections need to make some sort of gesture to indicate they wish to cross the street. The city suggests that they step one foot in the street, or put out a hand. It is imperative that pedestrians make a real effort to be seen.

Remember, at night if you are wearing dark clothing you may not be seen. Light colored clothing, reflective markers or carrying a light source are all good practices for a pedestrian.

At speeds over 20 mph, drivers lose eye contact with pedestrians.

In a car traveling at 35 miles per hour at night, the average travel speed on NE Killingsworth, the driver will not see you, a pedestrian, or much else.

On the other hand, studies have shown that pedestrians think drivers can see them twice as far away as the drivers actually do.

Drivers register light colors faster than dark ones. Drivers at night are only looking for what they expect. They don't expect you.

Jean Keady is Chair of the CNA Transportation Committee.

Bike Safety and Free Fix-It Fair

by John Chism

Safe Routes to School Organizer
Portland Bureau of Transportation
503-823-5246
www.walknbike.org

In rainy cold weather, water seeping into bike cables and shifters can freeze up as soon as the temperature dips to 32 degrees. You don't want to come out of your warm house or school, jump on your bike, and pedal off, only to find that when you try to

shift or squeeze your brakes, nothing happens. You may want to cover hand brakes and shifters with plastic bags when it's rainy and the temperatures can dip to freezing. You might also ask mom or dad if they have any WD-40. It's good at pushing out the water that creeps inside most shifters and cable housings. If used often, it can reduce freezing and rusting. Something on your bike not working - remember there is free bike repair at the City of Portland Fix-It Fairs.

Tips to Staying Healthy and Alert

Fix-It Fair - Free Bike Repair for Students and Families. Saturday, February 25, 8:30 a.m.-2:00 p.m. Jefferson High School, 5210 N. Kerby Ave,

Caring for Your Bike During Winter Months

Tips to Staying Healthy and Alert
Cartoon Contest Winner
Fix-It Fairs - Free Bike Repair for

Students and Families
Safe Routes to School Workshop –
Organizing a Walking School Bus

Please e-mail me if you have any questions or need more information on the topics above.

John.Chism@portlandoregon.gov

REMODELING IN YOUR NEIGHBORHOOD SINCE 2004



ReCraft

HOME REMODELING

www.recrafthome.com • 503.680.0939
Licensed, Bonded, Insured • CCB #160319

Paul Lyons HAIR STUDIO

London Educated
Vidal Sassoon
Cut & Color Specialist



4562 NE 36th Avenue/Portland
503 709 2946/by appointment only
paullyonshairstudio.com

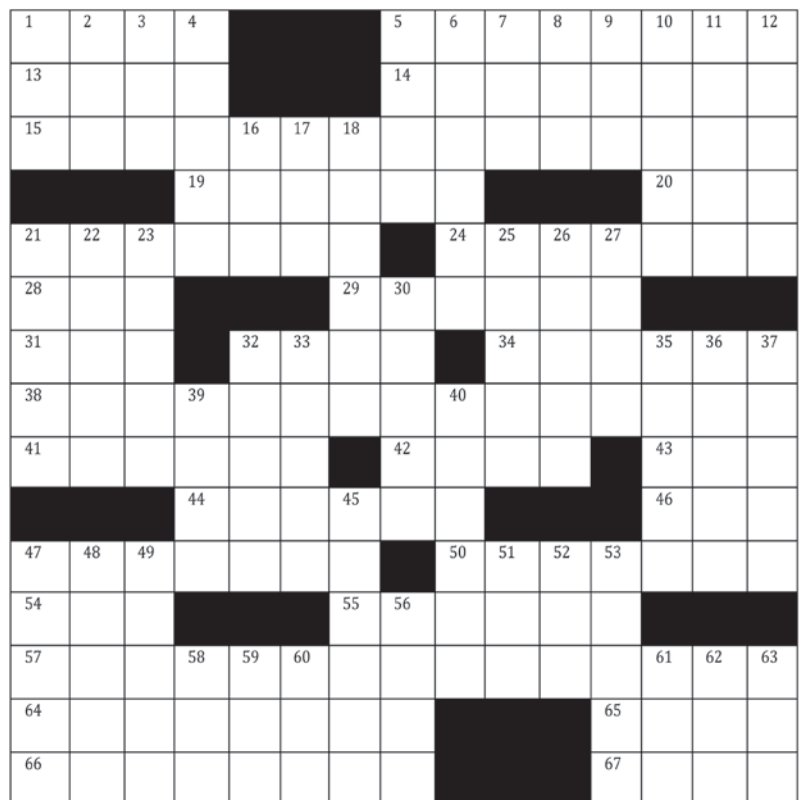
Crossword

by Chris Yensan

Puzzles are produced exclusively for CNews by our neighbor Chris.

<p>ACROSS</p> <p>1. Southwestern monster</p> <p>5. What Mel Gibson portrayed, in a 2000 film</p> <p>13. Apple product</p> <p>14. Jimmy Cagney's mom, in White Heat?</p> <p>15. Part one of Oliver Wendell Holmes quote</p> <p>19. Treasures</p> <p>20. Id's partner</p> <p>21. Injurious</p> <p>24. Avenging monster, in Greenlandic mythology</p> <p>28. Unfinished item (Abbr.)</p> <p>29. "You can count on me!"</p> <p>31. PD radio broadcast regarding wanted suspects</p> <p>32. School org. that encourages parental participation</p> <p>34. Type of bike shoe</p> <p>38. Part two of Oliver Wendell Holmes quote</p> <p>41. Tissue swellings</p> <p>42. Cathedral de ___ (where Louis IX was married in 1234)</p> <p>43. Clumsy one</p> <p>44. Horse louse</p> <p>46. Exploit</p> <p>47. You could tie a yellow ribbon around an old one</p> <p>50. You put a drink on it</p>	<p>54. Hitter's stat</p> <p>55. Genus of rat snake</p> <p>57. End of Oliver Wendell Holmes quote</p> <p>64. Gave supporting evidence</p> <p>65. Latin deity</p> <p>66. Rates for a speaking engagement with Young or Diamond?</p> <p>67. Espies</p> <p>DOWN</p> <p>1. ___ Gunderson (down-on-his-luck Simpsons character)</p> <p>2. Humble texting abbr.</p> <p>3. WC</p> <p>4. Jude ___ (New Orleans Chess Master)</p> <p>5. Pain's partner</p> <p>6. Magician's word</p> <p>7. Museum org.</p> <p>8. US gov't agcy. providing electricity and land management for seven southeastern states</p> <p>9. Carne de ___</p> <p>10. Hi-tech employer</p> <p>11. Greek's last letter</p> <p>12. European card game, played with a mix of standard and tarot cards</p> <p>16. Between II and IV</p> <p>17. Hist. org. based on lineage traced to Southern Civil War soldiers</p> <p>18. Believer in a higher power</p>	<p>21. Conscious</p> <p>22. Having two feet</p> <p>23. A little further on</p> <p>25. Let out of the corral</p> <p>26. Fixed rods for weaving</p> <p>27. Masayoshi and Hirobumi, for two</p> <p>30. Largest species in the deer family</p> <p>32. Liz ___ (singer)</p> <p>33. Just a small bite</p> <p>35. Ale variety</p> <p>36. Period of change</p> <p>37. Put off</p> <p>39. Comic book superhero turtles, commonly</p> <p>40. For each person, for short</p> <p>45. Small titter</p> <p>47. Precedes grinder or donor</p> <p>48. Lessen</p> <p>49. ___'s Hog-Nosed Bat (aka Bumblebee bat)</p> <p>51. Syn.'s antonym</p> <p>52. Tuna type</p> <p>53. Emits</p> <p>56. Lasses' counterparts</p> <p>58. Mature elver</p>	<p>59. Popular stage festival in Ashland, OR (Abbr.)</p> <p>60. 36-40 hrs a wk, typically</p> <p>61. Extra wide show width</p> <p>62. Take to court</p> <p>63. Punctured tire's complaint</p>
---	---	---	---

Happy Valentines Day!
Here's to love . .



BORDERLINE FUNNY

Taking the edge off of humor.

The latest in funny definitions to existing words...

-Flabbergasted (adj.), appalled over how much weight you have gained.

-Abdicate (v.), to give up all hope of ever having a flat stomach.

-Esplanade (v.), to attempt an explanation while drunk.

-Negligent (adj.), describes a condition in which you absentmindedly answer the door in your nightgown.

-Lymph (v.), to walk with a lisp.

-Gargoyle (n.), olive-flavored mouthwash.

-Flatulence (n.) emergency vehicle that picks you up after you are run over by a steamroller.

-Balderdash (n.), a rapidly receding hairline.

Will Rogers had many timeless observations...

- A fool and his money are soon elected.

-Never pass up a good chance to shut up.

-Never kick a cow chip on a warm day.

-There are two theories to arguing with women. Neither works.

-Everything is changing. People are taking their comedians seriously and the politicians as a joke.

-It's not hard being a humorist when you have the whole government working for you.

So Did Groucho...

-Those are my principles, if you don't like them...well, I've got others.

Wellness

Why New Year's Resolutions Fail, And... What You Can Do Instead

by Jill Muhm-Glover

How is that New Year's Resolution Coming along? Are you indeed exercising more, cooking more, or eating less junk food?

According to surveys, only eight percent of Americans successfully achieve their New Year's resolutions so ninety-two percent are not kept. Eighty percent of those who make New Year resolutions have failed by January 20.

What???? And you thought this year would be different! Well, don't worry, I'm here to shed some light on why many New Year's resolutions fail and how set a SMART goal that you can stick to!

SMART is an acronym that spells out Killer Goal Setting and Achieving, (Well, not really but you get my drift), so read below to make sure you set yourself up for success this time around. Better late than never. Right?

S-specific. Too often we set goals that end in *er*, as in be healthier, or stronger, or happier –so dull! What exactly does that

er look like? Make a goal that is specific. Rather than resolve to eat better, for example, resolve to eat clean for 7 days in a row.

M-measurable. When we don't measure our progress, it is very difficult to know that we are indeed progressing—which can kill motivation. If the goal is to get more sleep, set up a system that helps you get to bed thirty minutes earlier each night, and you can compliment the system by recording how rested you feel during the day. Over the course of 7 days, you will be able

to measure the benefits of sticking to your goal!

A-attainable and

R-realistic. Get real, set goals that you can accomplish! This might mean setting a series of small goals that lead up to big goals. You may be tempted to set a goal to lose 50 lb. in the next year, but a more

attainable and realistic place to start is to set a goal of eating clean for a realistic period of time, say 7 days. Once you reach that goal, you can then move to the next, and so on!

T-timely. Keeping in mind to follow the above guidelines, give a set date by which your goal will be met. Maybe you want to fit into your pre-holiday jeans by Valentines Day. Or maybe you want to feel noticeably and measurably more energized throughout the day by March 1st. If you don't set a date by which the goal will be accomplished, you may never begin. I like to see my clients set dates for starting their journey, and with my support, the rest falls into place.

So there you have it! Simple tricks for setting SMART goals rather than doomed to fail New Year Resolutions...

If you'd like some support in creating SMART goals for yourself, please don't hesitate to contact me. I love helping people get clear on where they want to be and help them create the road map on how they will get there!

Jill Muhm-Glover is the chair of the CNA Wellness Committee

www.healthymuhm.com



Jill's challenge: "Eat clean for seven days."

Photograph: Jill Muhm-Glover

Have You Been To The Sabin Community Orchard?

The Sabin Community Orchard, further proof of how much our neighbors care about their place. This orchard project is located in the Sabin neighborhood, just a short walk from Concordia. Transforming an abandoned roadway by neighborhood volunteers, the Portland Fruit Tree Project and the NE Portland Tool Library into an educational and edible landscape. I highly recommend a visit. -CNews Ed.

The Sabin Community Orchard was founded with the mission of creating a site that will provide nutritious food, educational demonstration, and the opportunity for community leadership in the backyard of Sabin Neighborhood residents in Northeast Portland. The Sabin Community Association and the Portland

Fruit Tree Project collaboratively manage the orchard project. With help from many community members (including Mayor Sam Adams and commissioner Amanda Fritz), eight new fruit trees—figs, plums, Asian and European pears, persimmons, quince, and apples were planted on site in February 2010 to accompany two existing cherry trees and an apple tree.



The Whole Foods regional team members that mulched load after load in the pouring rain to finish putting the orchard to bed for the winter.

Photograph: Sabin Community Orchard

The site now has under-story plantings around many of the fruit trees, water catching swales along the slope, and beautiful signs explaining the space to passerbys.

The orchard is located on NE Mason Street between NE 18th and 19th Avenues. Although it will take a few years to produce abundant food for its community, the Sabin Community Orchard is well on

its way to becoming a hub of sustainability, recreation, and stewardship in Sabin.

For more information on how to become a volunteer and an application form, please contact

Katy at 503-284-6106

katy@portlandfruit.org

Application deadline is February 12th.



A volunteer at the Orchard, Rosemarie Cordello is digging out blackberry using tools from the NE Portland Tool Library.

Photograph: Sabin Community Orchard

New Year's Resolutions 2.0: Make 'Em Real and Local

In Jill's article we learned that many people's New Year's resolutions have already begun to fade into an uncomfortable fog of guilt, frustration, or simple forgetfulness. Many of the rest of us didn't even bother to make resolutions to lose weight, exercise more, eat clean, etc. -- because we are so tired of the "make em & break em" routine.

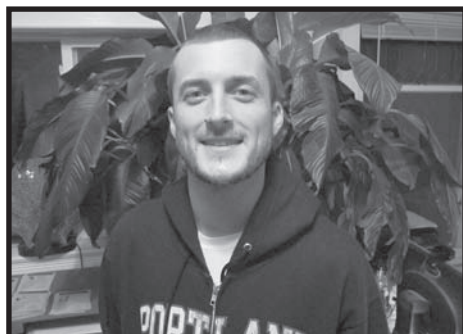
This year a group of wellness centers in the neighborhood have gotten together to encourage all neighbors to start over in February to make realistic resolutions AND then follow them up with a **FREE CLASS** or neighbor discount within walking distance of your house -- so you can get practical support that is convenient, affordable and supports our neighborhood economy.



Working with Catherine Egan, an ACE certified personal trainer at West Coast Fitness, will help you turn your resolutions into good habits.

Photographs this page: CNews

WEST COAST FITNESS is offering a free fitness consultation and \$52 DISCOUNT for Concordia residents who sign up by 2/15/12, PLUS, you get 52 video rentals at VideoRama, plus two 2-week fitness passes for friends. They offer a full-service gym, including various cardio/strengthening machines, free weights, climbing wall, sauna and showers, boxing room, a wide range of classes including yoga, spinning, fitness boot camp, muscle/cardio, Tai Chi, abs and weight-training.



Levi Banner helps nourish his resolve with support from Manifest

2640 NE Alberta St. 503 288-4500.

www.westcoasthealthandfitness.com

EXHALE YOGA STUDIO The first class is free for Concordia residents in February. They offer a variety of yoga classes and styles to suit different needs and levels, including strengthening, gentle,

partner, and restorative classes. It is an eco-friendly yoga studio, and all drop-in classes are sliding scale. Being a smaller studio means smaller class sizes, offering you more of the attention you need and deserve.

4940 NE 16th Ave. 503 545-8312

www.exhalepdx.com

MANIFEST MEN'S WELLNESS, a non-profit based in Concordia empowers men to achieve their wellness goals together in more than 80 educational, activity, and support groups monthly, including yoga, biking, hiking, cooking, gardening, QiGong, time management, life coaching, etc. In the month of

by Bart Church

February, they are offering a **FREE CLASS COUPON** to any man in the neighborhood who fills out a short wellness survey either online or by calling:

503 223-8822 x 1

www.manifestpdx.org

Levi Banner, 30, a Concordia neighbor who is also a PCC Cascade yoga and hip hop dance instructor, has been attending Manifest programs for two years. He says this about how Manifest is helping with his 2012 resolutions: "Manifest provides a space for me to have a solid daily morning yoga practice. This class is the best way for me to start the day and gives me peace within throughout my busy schedule. I also enjoy the nutrition and herbalism class as it has changed the way I eat and my relationship with stress. I love the location of the classes and the community of men focused on health. Manifest is a great place to achieve my new year's goals."

GREEN MICRO-GYM is waiving their \$100 initiation fee for Concordia residents who sign up by 2/15/12. You can generate electricity and save the planet while working out on state of the art elliptical, treadmill, exercise bikes, and other eco-machines, or use traditional free weights or weight-training machines. Plenty of space, equipment, and instruction for yoga, stretching, cardio and strength training. Classes include Energy



CANS FOR KIDS!

Turn your can and bottle deposits into **cash for public schools** at New Seasons Market.

www.newseasonsmarket.com

GET COZY
warm brownies
pie a la mode
YoChoice
SELF-SERVE FROZEN YOGURT
SUN. - THURS. 12 - 9 PM
FRI. & SAT. 12 - 10 PM
4941 NE FREMONT ST. YOCHOICEYOGURT.COM

Spinning, Nutrition, Fitness Boot Camp, Run/Fitness. Personal training available, as is a \$30/month yoga joint membership with nearby Exhale Yoga Studio.

1237 NE Alberta St, call Adam at 503-933-2230

albertapdx.thegreenmicrogym.com/

"I've been a member of The Green Microgym since January 1st," said Allison M, a Concordia resident. "I know it's cliché to start at New Year's, but having a gym where I can make the atmosphere my own and watch Hulu on the iPad ellipticals has actually made working out fun for the first time ever! Generating electricity is cool too."

Bart Church is a newly elected CNA Board member.

Don't Let Go of Your Dreams

by Nevaeh Dawan-Fluker

At an early age or as a teenager you think anything is possible. And that's how it should be, because dreams are about not giving up and achieving anything you want such as becoming a dentist or an artist or maybe the President. It's simple. All you have to do is get motivated, be productive, stay focus and preserver.

As my Omi is always saying, "A dream without perseverance is simply a 'once was'."

I realize that some people in the world may not believe that dreams come true, but I say don't take your dreams for granted. Instead, believe in yourself and find ways to turn

your dreams into reality. Choose to believe something good can happen and your mind will follow what you expect to happen.

Unlike some people, I believe my dreams have no ceiling, so I reach toward Heaven (Nevaeh spelled backward) and keep going until my dreams come true. You know that saying, "I fall, but I get up."

Your dreams are out there. Go get them. Nothing is impossible.

Do you have a Dream?

Nevaeh is a student at Faubion School.

Rest In Peace! 3035 NE Jarrett -Gone



Fill dirt is all that remains from a demolition of the house at the corner of NE Jarrett and 31t Ave. No one CNews talked with saw any recycling of materials by the contractor.

Photograph and insert: CNews

Volunteer –Is It On Your Résumé?

What You May Not Know About Alberta Main Street

Alberta Main Street depends on volunteers. If you have the time and interest, we'd love to have you join us.

Alberta Main Street committees are working committees! Each committee meets once a month with their focus on implementing a series of projects. Volunteers are needed at special events, on our four committees –each with 3-4 projects– and in the office. Below, you will find a sample list of projects our committees will be working on in 2012.

You can find more information about the committees:

albertamainst.org/get-involved/join-committee/.

Promotions Committee

Host Earth Day District Clean Up (April) - Alberta Street Fair (August) - Holiday Promotion (December) - Manage Coop Advertising Opportunities & other Promotions

Business Development Committee

Create & Host Small Business Seminar Series - Conduct Building & Business Inventory - Develop Alberta Street Market Analysis

Organization Committee

Create and Implement a Volunteer Program - Develop & Implement Fundraising Activities & Events - Create and Implement a Communication Plan

Design Committee

Create a District Design Plan - Draft the Alberta Appendix to the Portland Main Street Design Guidelines - Design and Implement a District Improvement Project(s)

Office Management – Help in the office on a regular and ongoing basis. If you are ready to volunteer your time and energy, please complete our online sign up or contact Sara at 503-683-3252.

Get Involved–Stay Informed

Be the first to know what's happening on Alberta Street. Every month Alberta Main Street distributes an electronic newsletter with information about upcoming events,

SAND'S
taxes and business consulting
SOLUTIONS, INC.

KURT M. SAND, CPA problem solver

3939 NE MLK Blvd., #208
Portland, Oregon 97212
phone 503 493 2417
fax 503 493 2491
kurt@sandsolutions.com
www.sandsolutions.com

new businesses and much more. Subscribe at

www.albertamainst.org

Corrections to last month's article: Alternatives to Insurance for Individuals and Business Owners. Hubbub president's name is Tony Bacos. The Hubbub employee incentive program is funded by the employer, not the employees.

Get To Know NW VEG

Are you looking for a great opportunity to put your enthusiasm and dedication to work? Northwest VEG is seeking two part-time employees or one nearly full-time employee to serve as our Volunteer Coordinator and Event Coordinator. We are seeking employees who are passionate about promoting a 100% plant-based diet for a healthy, sustainable, and compassionate world.

The part-time positions will average 15-20 hours each per week over the course of the year, or if one person fills both positions it will average

out to 30-35 hours per week, with the busiest time of year being July-September. Northwest VEG does not have an office. Each employee must be able to work from his/her own home. Applications are due by Wednesday, February 1, 2012.

The Volunteer Coordinator oversees the volunteer program and recruits, motivates, trains and supervises volunteers for Northwest VEG

events, programs, and projects. The Event Coordinator is involved in all aspects of coordinating Northwest VEG's annual 2-day VegFest, Race for the Animals, Compassionate Thanksgiving, and other annual events.

Applicants must be friendly and outgoing with good interpersonal skills, be well-organized, self-motivated and effective communicators.

More details: <http://nwveg.org/job>



If you were in the 99% that saw this painting, do you remember where you were standing?


Photograph: CNews

February crossword


S	E	R	S		S	E	R	E	F	T	I	E	N	
S	N	E	D		D	E	L	S	E	L	L	V		
S	S	E	N	I	D	D	V	H	D	O	E	L	V	O
				E	H	D	V	T	E			I	B	R
R	E	L	S	V	O	C		E	E	R	L	K	V	O
E	S	N					R	E	L	L	I	N		
J	V	O		S	N	E	S		S	V	W	E	D	E
E	H	L	S	N	E	D	O	L	V	H	L	A	E	K
D	D	S	O	R	D		O	S	L	D		E	D	V
				L	I	N	O	W	I			D	I	M
K	V	T	I	D	N	L		E	A	I	S	N	B	V
O	G	E				S	E	H	C	I	R			
R	E	L	S	V	W	E	H	L	S	I	E	A	O	T
V	W	N	E	A	V	R	C			C	V	W	I	
L	O	I	R	L	V	D	V			V	T	I	D	

BE CART SMART


YOUR NEW CURBSIDE COLLECTION SERVICE



NEW
WEEKLY




WEEKLY









NEW
EVERY OTHER
WEEK

Join the Include the Food campaign and raise funds for your community organization!




What: The Bureau of Planning and Sustainability (BPS) invites neighborhood associations, nonprofit groups, ethnic groups, and communities of faith to mobilize volunteers to go door-to-door to answer questions about changes to the curbside collection system, to promote composting and to earn money for the group. Bilingual groups particularly encouraged to get involved.

-  **Why:** Just like when Portlanders first started recycling, it takes time to create and establish new routines for households.
- Portlanders are doing a great job adapting to the new Curbside Collection Service with food scrap composting and the change to weekly pick up of the green Portland Composts! roll cart and every-other-week garbage collection. The City wants to continue to help Portlanders adapt and to answer questions about the changes.**
-  **How:** Participating groups commit to mobilizing volunteers ages 18 years and older. BPS provides training, safety vests, maps, walking lists and literature. Volunteers earn \$2.00 per conversation or \$.50 per piece left behind for their organizations.
- Any group size is welcome, but you must commit to a certain number of people. The more volunteers who show up and households talked to, the more money raised for your group!**
-  **When:** February 28 – May 19, 2012
Tuesdays, Wednesdays, Thursdays (evenings), Saturdays
Groups pick days and times for the training and to canvass together.
Come out as often as you like!
-  **Where:** Target neighborhoods include St Johns, Woodlawn, King, Concordia, Cully, Centennial, Lents, Powellhurst-Gilbert, Brentwood Darlington and Woodstock.
-  **Contact:** Babs Adamski, 503-823-8753, barbara.adamski@portlandoregon.gov.



Bureau of Planning and Sustainability
Innovation. Collaboration. Practical Solutions.
City of Portland, Oregon
Sam Adams, Mayor • Susan Anderson, Director





GRAND OPENING
of the
Concordia University Hilken Community Stadium
 our new soccer and baseball complex

Saturday, March 3 | 12:00pm

— highlights —

- Food, fun, and activities for the entire family
- Special game memorabilia for the first 100 people to arrive
- Stay for a baseball double header (Concordia vs. Patten University)



2715 N.E. Liberty Street, Portland, OR 97211
 RSVP: 503.280.8505 or www.BringTheTeamsHome.com

JOIN US TO WELCOME THE TEAMS HOME.



The athletic complex, Hilken Community Stadium, at Concordia University has been completed and the final home soccer matches were played “at home”. This view is from the right field stands looking west at home plate with the south soccer goal in the foreground.

Photograph: CNews



Looking north on a clear day, the Faubion School field, just one block east of the new Concordia University athletic field, sports a fabulous view of Mount St. Helens. Not shown are the other three mountains also visible from this site --Mts. Rainier, Adams and Hood.

Photograph: CNews

Retiring Chair Announces Vacancy

Julia Baumann Sarver, Co-chair of Concordia Neighborhood Association’s Land Use Livability Committee is retiring. CNA would like to thank Julia for her hard work on this vigorous committee, with warm wishes for her future endeavours. This committee is involved in every corner of the Concordia neighborhood.

Responsibilities of the Livability Co-chair of the Land Use group include:

- Attending monthly Land Use groups
- Help neighbors write neighborhood agreements with businesses
- Serve as a neighborhood liaison with the Kennedy School, Concordia University and other neighborhood institutions
- Respond to neighborhood livability concerns.

To volunteer, e-mail:
contactcnaboard@yahoo.com



Where were we when we took this photo? -CNews

Restaurant Spotlight

The Soi Cowboy Lounge Hidden party room opens

2703 NE Alberta St.

503 922-3675

Everynight, 4 p.m. to midnight

The building occupied by the Siam Society restaurant was a power substation supplying electricity to the streetcars that traveled through Alberta. The restaurant opened in 2005 after extensive renovation to change the substation into a restaurant.

Explore the newer building behind the restaurant, just up 27th Ave, a few steps from Alberta St. There on the second floor, you will find the Soi Cowboy lounge.

Originally this building was added as a kitchen for the restaurant and to provide a living space up stairs. "That is why the bathroom has a shower," explains Steve Park, a bartender at the restaurant, who is now in charge of opening the room, "I have a little kitchen set up here to serve food after the restaurant closes.

"We had a soft opening and three private parties in December. Some nights are still slow, because we are new and hard to find."

Steve has begun decorating by asking Rachel Sanders, a neighborhood artist, to install some of her latest paintings. "They are really wonderful and I am going to let things evolve from there. Maybe some of the customers will bring things in. I want it to come together over time."

His idea is a comfortable neighborhood bar, so he has furnished it like a lounge with couches, no tables for formal dining. "I want people to come in, relax and

feel like they are in their living room, or their wealthy friend's living room that has its own bar stocked with local spirits and a terrific patio on a balcony away from the street."

The origin of the name Soi Cowboy is in Bangkok's notorious red-light district, for the many Westerners that visited there.

"We like the name because we are hidden and you climb the stairs as if you are going through an alley to get to the door. It feels like you are in a speakeasy." Steve emphasis the feel of a speakeasy when talking about the room.

The food menu is basic, including tater-tots, edamame and chicken tenders, but ever evolving. Steve is a creative one-man show, "I am bartender, chef and manger. Food is also available from the menu down stairs, until the restaurant closes. I don't have a lot of space. And you can see my cooler is full of beer."

This is an ideal room for a private party of 15-25 people. The restaurant

will cater parties or food can be brought in. Steve wants to make the space available to as many people as possible at a reasonable price. So while there is a \$400 drink minimum for private parties, there is no room rental fee.

The owners, Barchar and Diyana Kassab, have allowed Steve to decide how to set up the room. "They have been very supportive. After opening the Aladdin Cafe on NE 33rd Ave., six years ago, the Kassab's wanted to have a restaurant on Alberta St. and purchased the Siam Society last year -keeping the entire staff."



The entrance to Soi Cowboy is on 27th Ave. through the iron arch under their sign.

Working for yourself?
Want to?



We can help.

organization • bookkeeping
business setup • advice

contact us for a free consultation
sproutbookkeeping.com • 503.704.9813



Steve Park, the one-man show, behind the bar. His dream and hard work have led to the opening of Soi Cowboy.



Pot Stickers - stuffed dumplings with a special dipping sauce.

Photographs this page: CNews

At Soi Cowboy the focus is on the party. It is a great place to get together with your friends. The living room has the bar, TV, jukebox and pinball. The pool table is in the dining room. It is warm and friendly and cozy. Steve is just the kind of guy you like to have at your party.

Oh? So It Wasn't Because of Air Pollution?

by Clifford Dimoff

At one time Portland residents were allowed to burn yard debris in their back yards as long as a permit was obtained from the Portland Fire Department, and the burn pile was located a minimum distance from structures or other combustible material.

This practice is no longer permitted, but my father habitually followed the practice in a properly placed position adjacent to the alley behind our home on N. E. 30th, just north of Ainsworth. One time in about 1950 my father had collected a small pile of trash, and sent me on my bicycle to get a permit from the local fire

department, at that time located in the building on the corner of NE 33rd and Alberta Court, which now houses the Oregon Stamp Collectors Society.

Not long after my return with the permit my father had started the fire and was carefully tending it when we heard sirens blaring. As a child the sound of sirens approaching was an exciting thing, so I ran up to the corner of 30th and Ainsworth to see them pass and turn down 29th Avenue. I then ran back through our yard just in time to meet the firemen coming through the yard behind ours, to find my father stirring a

small pile of ashes.

We later found out that the neighbor living on the corner of 29th and Ainsworth had seen the small column of smoke from the fire rising over the house and hedges separating our yards, and without stopping to determine the cause of the smoke, ran up to the corner, broke the glass in the fire alarm box on a telephone post on the corner at 30th, and rang the alarm.

I would not be at all surprised if this incident was one of the reasons the burning permits are no longer issued.



Chris Giffin, showing at Guardino Gallery, has created found art sculpture around a cast of characters that live in a world both beautiful and confounding.

Photograph submitted by Guardino Gallery

Artist Spotlight - Erica Lurie

Garnish

1524 NE Alberta St.

503 282-3200

www.garnishapparel.com

How did you get to be in Fashion Design?

I started sewing when I was little. In high school I had a polar fleece hat business called Fleeces Pieces --my first taste of being an entrepreneur. I went to college, first in Maine, then graduating from Montana State University in Bozeman as a sculpture major with a clothing/textile minor. I moved to Portland from Montana in 2002 and worked at Tumbleweed [a designer operated clothing store on Alberta St.]. Then I took a job at Adidas and did my clothes design on the side. Adidas gave me a leave of absence to work on my business and I got it going. I was selling through wholesale and consignments, but decided to open a shop.

I used to sell to the shop here before [Lilith] and she was one of my best clients. When I was looking for a space I thought, obviously this street is already supporting me and she was



What was your job at Adidas?

I learned a lot when I worked at Adidas. I wasn't a designer, I was a developer. My job was to write all the instructions on how to construct the garment; work with the factories to have them produced; write comments on the samples --more of the nuts and bolts of the technical side rather than the creative side. It was good, because it was all information I needed to know in order to make quality garments.

When you started, did you have certain design ideas or were you aiming at a market point?

Seeing the evolution in my own pieces in the past seven years has been fun.

I find a lot of my inspiration from my fabric. A lot of times I do designs that I would like to wear and there seems to be a lot of women like me. There are plenty of things I would like to design, but as I've become a better businesswoman I realize they wouldn't sell as well.

I am always very conscience of making things that are flattering.

I don't do custom; we will alter



The work bench and sewing station in her shop where Erica lays out the patterns and sews the samples.

Photographs this page: CNews

closing her shop, so I took over the space. I've been here for five years. When the economy took a nosedive it was really tough; I questioned whether should I keep going. I am really glad I did.

How were you introduced to sewing?

My mom is a seamstress. She still does a lot of sewing, but we have very different styles.

In college I spent a semester with a family whose son had an upholstery business and let me use the scraps. That is when I started my own business.

I made hats and appliqué jackets. Little scenes, bold colors.

anything on the floor, but custom becomes too time consuming and expensive.

Everybody is different in some way.

Fitting things to people's bodies is a really important element of the shop. Many people wear clothes that don't fit, but they don't realize it.

We encourage our customers to come out of the dressing room, then we can make suggestions and show how some slight alteration will turn a dress that doesn't look quite right into one that looks really good on them. It's those little things.

Is it hard to approach people about what they need to change?

Initially it was, but my two employees and I are used to it now.

We are tactful, but really honest. If something doesn't look right we definitely tell them. We want our customers to feel comfortable and look good. One thing we hear over and over again is, "I bought such and such from you and I get so many compliments on it."

What do you do differently? What is it that means it is your style?

Our clothes are flattering and just different enough. They have that little something that makes them stand out. People really feel good in them and it radiates.

I love fabric, so I pick really interesting, high quality fabric to start. The fit is very important. The designs are simultaneously classic and contemporary, so they have a timelessness.

We try to not follow the fads. I would rather they have a piece of mine in their closet that they can wear for several years, rather than just for the season.

How is your shop set up?

Both of my employees have been with me for two years and they are fabulous.

Shannon does all of the alterations and most of the samples. Kate is the manager. She helps me with the website, newsletter and marketing. They both understand sewing and how to work with the garments and people.

How much sewing do you do?

I do the designing and will often sew the first sample; especially if it is a piece I have never done before. I want to make sure the pattern goes together as I am expecting it to. Sometimes I do the flat pattern and Shannon sews the sample.

As I have matured in the business I, unfortunately, do less of the sewing. I have a seamstress in SE Portland who does the production.

What is it like being a fashion designer in Portland?

When I was getting started, I did more fashion shows selling to other boutiques, so I was out in the community more. To be in the fashion industry is a lot of work. You rarely ask a businessperson to be a good artist, but to be successful as an artist you have to be a good businessperson.

I am always working on a short time line, not a year or two ahead. We put out a new collection every four to six



Being a top fashion designer has advantages. Erica wears her new styles all of the time.

Photographs this page: CNews

weeks.

We do more styles for work and special occasion, then casual.

Where do you get your fabric?

I buy from jobbers that have leftovers from other design houses. I get really great fabric at a decent price. Sustainable fabric is getting easier to find. But determining what is actually sustainable is hard. Bamboo or soy based fabric may be sustainable, but maybe the dye is not.

How do you like having your own shop on Alberta Street?

I like it; there are a lot of great people over here. Some of my customers may not have as much disposable income as other parts of the city. They have to think a little bit more about what they purchase. I appreciate it when they come in and have decided this is where they want to spend their money. This is a really vibrant community. Last Thursday is a successful night and gives us a lot of exposure.

I love that my work is a little bit of everything. I love the creative process and my customers.

ALBERTA ROSE THEATRE
GREAT FOOD MUSIC BEER & WINE
FEBRUARY 2012

Friday 2/3
Alice DiMichele
with Jeff Pevar & Demian Erskine

Saturday 2/4
The Liv Warfield Experience

Sunday 2/5
45th Parallel Quartet
Death & The Maiden/Sweet Child O' Mine

Thursday, 2/9
John Gorka
and Rose Cousins

Saturday 2/11
Martyn Joseph
with Gretchen Peters

Sunday 2/12
One Hit Wonders & Guilty Pleasures
Valentine Cabaret featuring *The Perfect Angels*

Tuesday 2/14
Portland Story Theater:
Kiss & Tell

Friday 2/17
Too Slim & The Taildraggers
with Lloyd Jones

Saturday 2/18
LIVE WIRE!

Tuesday 2/21
Mardi Gras Celebration
with Too Loose Cajun Zydeco Band
The New Iberians and Bon Ton Roulet
plus File Gumbo Feast!

Saturday 2/25
MUSHKIN'S RUBY WARBLERS
CD Release Show

Sunday 2/26 3:30 pm
Music Together
Teachers' Concert and Fundraiser
coming up in March...

3/1 Ellis Paul
3/2 Tim Berne/Blue Cranes
3/3 Live Wire!
3/4 Nellie McKay
3/8 Portland Youth Jazz Orchestra/ The Quadrapphones
3/9 Red Molly
3/10 Anne Weiss CD Release
3/24 Darrell Scott

ALBERTAROSETHEATRE.COM
(503) 764-4131
3000 NE ALBERTA

Guardino Gallery
January 26-February 21
2939 Alberta St. 503 281-9048
www.guardinogallery.com

MAIN GALLERY:
Chris Giffin will present her mixed media sculptures. She creates one of a kind art from recycled materials and found objects. Her sculptures are all figurative (animal and human) in some way. **Maryanna Hoggatt** works on paper are a combination of ink, watercolor and pastel. Rich in color and detail, they take you into a world of whimsy and otherworldliness.

FEATURE AREA:
The 4th annual group show, "The Heart of the Matter", will feature sixteen artists interpreting everyone favorite theme in February: Hearts.

NE Portland Tool Library:
www.neptl.org

Welding Tools! Did you know that the tool library has welding tools? We have a 110-volt wire welder and mask, gloves and a chipping hammer to support you in your next welding project. Check out one of the new angle grinders to clean up rust on your project. Always been interested in welding your own projects but don't know where to start? Check out the classes at PCC: <http://neptl.us2.list-manage2.com/track/click?u=8ba68059a10e29947a423ef4f&id=76016de880&e=a1858922fa>.

Here at NEPTL, we're already gearing up for the busy spring season by purchasing new tools with our grant funds from Meyer Memorial Trust. Don't hesitate to let us know at tomsco51@yahoo.com what else you'd like to see in our inventory:

5431 NE 20th Avenue
Wednesday 5:30-7:30 p.m.
Saturday 9 a.m.-2 p.m.

The neighborhood sponsored **Concert Series in Fernhill Park** committee is starting to plan for the summer series. These five concerts are put on by the Concordia Neighborhood Association and Portland Parks and Recreation. There might also be a movie in the park this year. The committee will be out talking to sponsors and residents. If you would like to be part of this exciting series e-mail: contactnaboard@yahoo.com

Talisman Gallery
www.talismangallery.com

Annual public art exhibit – "Open Walls". The gallery walls will be open once again to guest artists for the annual public art exhibit entitled Open Walls. Artists of all types with all levels of experience will be given the opportunity to show their work in the gallery. Please join the Talisman members in welcoming these guest artists as they share their artwork in our gallery.

1476 NE Alberta St.
January 26 - February 19

The Portland Storytellers Guild will present a program, "A Date With Destiny", tales of vampires, hijackers and hostages. Kennedy School Community Room in McMenamin's Pub on NE 33rd Ave. **Saturday, February 11th, 7:00-9:00 p.m.** Suggested donation: \$5.00 per person, \$10.00 per family. Come and enjoy stories that will chill you and thrill you, told by four of our outstanding tellers.

Portland Fruit Tree Project –2012 Winter Tree Care Workshops
Learn how you can improve the health and productivity of your fruit trees. PFTP's hands-on workshops are fun opportunities to learn basic methods of organic fruit tree care.

Winter Pruning: Feb. 5, 1 - 4 p.m.
Winter Pruning: Feb. 19, 1- 4 p.m.
Pollinators: Feb. 25, 10 a.m.-1 p.m.
Winter Pruning: Mar 11, 1 - 4 p.m.
Grafting: Mar 18, 10 a.m. - 1 p.m.
Young Fruit Trees: Selection, Planting, Espalier, & Care: Mar 24, 10 a.m. - 1 p.m.

Workshops are open to anyone, but pre-registration and pre-payment is required. Please contribute the standard workshop fee of \$25. Sliding scale options are provided for those who feel unable to contribute at that level. In addition, a limited amount of full scholarships and work-trade scholarships are available. Tree care workshops (except for the Grafting workshop) are free of charge for tree owners who have fruit trees registered with us, though contributions are gladly accepted!
www.portlandfruit.org

KENNEDY SCHOOL McMenamins

5736 N.E. 33rd Ave. · Portland
(503) 249-3983 · mcmenamins.com

Thursday or Friday, February 2 & 3

Family-Style CRAB DINNER

It's fun, it's messy, it's one of our most popular events of the year.
7 p.m. · \$60; reservations required
21 & over

Friday through Tuesday,
February 3-14
Valentine's Sweethearts Package
Guestroom for two, Edgefield sparkling wine, dinner and breakfast the next morning.
Starting at \$200 per couple
Reservations required · 21 & over

Thursday, February 9
BROWNISH BLACK
Garage soul
7 p.m. · Free · All ages welcome

Tuesday, February 14
RACE TALKS:
An Opportunity for Dialogue
Screening of the film,
Race: The Power of an Illusion (part 1)
7 p.m. · Free · All ages welcome

Thursday, February 16
Portland Opera ToGo
HANSEL AND GRETEL
A lively 50-minute adaption of the classic Grimm fairytale.
7 p.m. · Free · All ages welcome

THE FAREWELL DRIFTERS
as part of GREAT NORTHWEST MUSIC TOUR
"...sunny harmony-laden alt roots music..." –Popmatters
7 p.m. · Free · All ages welcome

Thursday, February 23
pagan jug band
Swampgrass
7 p.m. · Free · All ages welcome

Friday, February 24
CD RELEASE!
WATER TOWER
(formerly Water Tower Bucket Boys)
SASSPARILLA
C.W. BECK
7 p.m. · Free · All ages welcome

Monday, February 27
HISTORY PUB MONDAY
Portland and the Art of Mark Rothko
Every last Monday, hear a free history lecture.
7 p.m. · Free · All ages welcome

Walk, shop, have some good food.
PLEASE VISIT OUR ADVERTISERS
This is your neighborhood, enjoy it!