

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | concordiapdx.org

November 2010



Land Use/Livability/

Transportation Meeting

November 4

1st Thursday of each month at 7 P.M.

Tree Team Meeting

November 7 at New Seasons

1st Thursday of each month at 6 P.M.

Board Meeting

November 9

2nd Tuesday of each month at 7 P.M.

Media Commitee

November 10 at New Seasons

2nd Wednesday of each month at 6 P.M.

The October edition of the Concordia News was not published last month due to a technical problem. Articles that were not date sensitive have been reprinted in this edition. We sincerely apologize to our readers and advertisers. It is available in our archives on the Concordia website at Concordiapdx.org.

– The Editor

The Columbia River Crossing (the I-5 Bridge)

Where's the Groundswell of Public Enthusiasm?

This past spring supporters of the new 10-12 lane I-5 bridge, expected to cost almost 4 billion dollars, presented their side of the story to the general membership of CNA. At the Tuesday, November 2 meeting you will get a chance to hear about what was not said or was glossed over. The Northeast coalition of Neighborhoods (Concordia is one of 12 members), after holding a forum, unanimously asked that the CRC folks go back to the drawing board and come up with better alternatives. And at our November meeting four Concordians with land use and transportation backgrounds will present the issues and will ask both the general membership and the board to support the request for the CRC to look elsewhere for solutions to very real traffic congestion. We encourage you to attend because Concordia will be definitely affected by the choices being made in our name without our real input.

A recent article in the Portland Mercury reported on a new study by the chair of the Governor's Council of Economic advisors which says that \$2.7 billion in interest needs to be added to the real price of the proposed bridge. And where is the state share of \$7 billion going to come from?

Mike Warwick, chair of Eliot neighborhood's land use committee, notes that the current bridge plan will ease traffic for at most only 20 years; then what? He also is concerned about the chronic dust, odors, and noise of the 2 to 4 year or longer construction period. This would be coupled with disrupted businesses on Hayden Island and the bridge ramp areas, and the fact we'll have only the I-405 bridge to get across the river while the old one is torn down and the new one built in its place.

Concordia resident Ken Forcier echoes a lot of observers' concerns about CRC's current plans: What happens to Vancouver traffic when it hits the super-congestion at the Rose Quarter when I-5 meets I-84? How would a wider bridge of any number of lanes help that situation? Just where is the traffic going when it reaches Oregon from Vancouver?

Ken and Mike both say that the proposed bridge and ramp system do not invite access to the riverfront. In fact, a potentially beautiful and usable recreation area will be turned into a maze of concrete underramps and a decimated Hayden Island. To them ODOT seems ready to repeat the mistakes of locating I-5 along the Portland waterfront that citizen action has been trying to undo for three decades.

Another Concordia resident expressed concern about one of the effects of the planned bridge on traffic patterns that hook into both bridges: increased traffic on Columbia, Lombard, Killingsworth Streets and even NE 33rd, just in our neighborhood.

You will hear a discussion of these weaknesses and many others in the current plan when you attend the meeting. There are a number of alternatives to be considered that might be more feasible and have less of an environmental impact than the current plan. It's telling that the reaction of most of our political leaders is that of being resigned to the current plan, rather than really championing it. Maybe the public will have to provide the needed leadership.

November 2 is Election Day, and CNA will also have elections at our meeting. Stay to hear what we will tell our new and/or re-elected leadership they need to do for us and

with

money.

our

Free Beer and CNA Elections; A Time Honored Tradition Tuesday November 2, 2010

The Concordia Neighborhood Association elections are set for Tuesday November 2 at 7 p.m. in the Community Room at Kennedy School. This election round there are eight positions open including Chair and Co-Chair. If you have been thinking you'd like to get more involved, now is your chance.

The openings are for the following positions (please refer to Association map page 2): E-1, E-2, SW-2, NW-1, NW-2 and 3 at large positions. You may come to the meeting to nominate yourself or a neighbor. Hopefully if you nominate a neighbor or friend, that person has already considered serving on the board. If you decide to run, be prepared to give a very short talk about yourself, how long you have lived in Concordia, any issues of particular interest to you and briefly why you would like to serve.

Just what does a board member do you may wonder. The duties of a board member include attending monthly general and board meetings (first and second Tuesdays of the month), participating in planning general meeting topics and making necessary arrangements for speakers, etc., serving on one or more committees, contributing to the monthly newspaper, attending and helping at CNA sponsored events. Board positions start in January following elections and run for 2 years.

Come to the meeting to cast your vote. As has been the tradition for

several years, there will be free beer and nonalcoholic beverages available. This is a great time to show your support, meet neighbors, and get involved. The election will be followed by a presentation and discussion on the Columbia River Crossing (see accompanying article).

Chair's Corner

By Anne Rothert

I consider it a privilege to serve on the Concordia Neighborhood Association Board. Our Association has a great reputation throughout the city as strong and effective. From planting trees in Fernhill Park to getting speed bumps installed on NE 37th Ave., from a hugely successful annual egg hunt to an ever growing holiday party and much more, we get a lot accomplished. We take on many important topics, such as the Columbia River Crossing (see front page article). I've been on the board through many incarnations, from way back when 33rd and Killingsworth was home to a deserted old grocery store and dry cleaner building. I have met wonderful enthusiastic people and made some very dear friends.

Members

oard

Portland is lucky to have the Neighborhood Association system in place. When I moved back to Portland after 20 years in Seattle, I was thrilled when I found out just how effective it is. In Seattle, I was so frustrated at watching the city change around me and not have any avenue to participate in the process. Portland is definitely known as a process city. Sometimes, yes, maybe too much, but I'd much rather have it that way.

I hope you consider getting involved. My term as Chair comes to an end in December. You may be the next Chair or Co-chair. Belinda Clark and I can tell you how well it works to share the position. Perhaps the time is right for you to become a board member. Not everyone can make the commitment to serve on the board, but do at least come out November 2 to elect our next round of board members. Or maybe our other issue of the evening will inspire you to become part of the land use committee, one of the hardest-working, most effective groups we have. Maybe the Tree Team will entice you. Or maybe you will simply enjoy meeting your neighbors and sharing a beverage. I do urge you to join us, so you can be part of our election process. See you on November 2!!

Public Hearing

Metro Council Chambers 600 NE Grand Avenue • Portland, OR November 18, 2010 at 6:30 pm

DEQ is proposing to issue an air permit and a solid waste permit for an anaerobic digester facility, to be located at 6849 NE Columbia Blvd., Portland and is holding a hearing and inviting comments. To view the public notice and the proposed air and solid waste permits, go to www.deq.state.or.us/news/ publicnotices/uploaded/101014_816_ ColumbiaBlogas-PNE-SW.pdf

>>>>>>>

Concordia Neighborhood Association Board Members and Elected Officials

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Bob Pallesen	432-8355	bob@section314.com
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(SW1) Kelly Welch	481-1920	fydx3@yahoo.com
(SW2) Jennifer Warberg	971-506-9958	jwarberg@comcast.net
(NW1) Isham "Ike" Harris	282-1543	ishamharris@msn.com
(NW2) Gretchen Volker		
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Transportation Chair Ben Adrian		benadrian@gmail.com
Economic Development Ch VACANT	nair	
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Wellness Committee Chair VACANT	r	
Media Chair VACANT		

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503-522-7660 Ken Forcier ken@gracewooddesign.com **Yard Sale** Donna Carrier (Paul) 288-9826 donna.carrier58@gmail.com Tree Team

Chair, Concordia Foot Patrol

Green Team Chair

VACANT

Dove Hotz

CONCORDIA NEWS

Concordia News is a free monthly publication of the Concordia Neighborhood Association (CNA). 5,693 newspapers are mailed to its members and surrounding neighbors. 1,000 are delivered to community locations.

The deadline for articles and advertisements is the 15th of the month prior to the next issue.

Please send advertising inquiries and artwork to: cnabusinessmanager@gmail.com Submit articles, letters to the editor and calendar events to: concordianews@yahoo.com

The Concordia News welcomes your letters to the editor. We consider letters individually for publication. We accept requests to withhold author's names only in special circumstances. Please note, Concordia News may reject or edit for form and length any material, including letters to the editor, submitted for publication.

If you would like to participate in the Concordia News, please contact: concordianews@yahoo.com

> PO Box 11194 Portland, OR 97211

MISSION STATEMENT

To connect Concordia residents and businesses - inform, educate, and report on activities, issues, and opportunities of the neighborhood.

> **Managing Editor** Belinda Clark

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Layout Editor

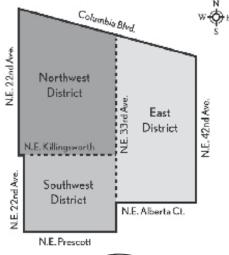
Rene Choy

Journalists George Bruender

Calendar

Jeff Hilber

The Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.





Wanted: Newsletter Editor

missdove@alumni.reed.edu

We are looking for a community member with publication experience to fill the Editor position at the Concordia News. This publication is delivered to over 5,000 households and businesses monthly, and is the main method of communication used by our neighborhood association.

This is a volunteer position with the Concordia Neighborhood Association, which can increase your skills and build on your resume. If you would like more information, or to apply please submit a letter of interest and resume to concordianews@yahoo.com. Please list "Editor Position" in the subject line of your email.



Concordia Tree Team Ponders Future Projects

By Rebecca Wetherby

As the calendar winds down, the tree planting season ramps up. Fall is great time to put in a new tree. The next six months of rain ensures plenty of moisture to establish deep roots. The Tree Team will be two years old this winter and has grown into an established sapling with "roots" throughout our neighborhood in the form of accomplished goals.

The street tree inventory is wrapping up and we expect to have data on all our street trees available by January. From this scientific basis we will try to create a tree stewardship plan that will serve our canopy and neighborhood best. Even if you haven't been able to participate in the inventory, you are welcome to join in crafting this plan.

On December 10 we will fill in the spaces you may have noticed at the Meek High School planting. Jim Gersbach and Karl Dawson are devising what tree species will go in next and a couple of Japanese umbrella pines are probably going to be planted. If you live near Meek and enjoy having a public place with interesting trees, rather than a windswept barren field, please get involved.

Our agreement with the school is that we, the Concordia Neighborhood Association, will maintain them for the next three years. If you have just a couple of hours a month to help with weeding and watering, email us.

Friends of Trees is taking orders for trees now. Jim Gersbach will be presenting a slideshow with information about what trees are available for your planting strip and can answer questions about species you are considering. The deadline for ordering trees is February 21, but often the most popular trees are sold out by then.

The Friends of Trees Concordia/Vernon planting will be on March 26. Last time, ours was the biggest planting out of over 100 neighborhoods. Let's keep our number one rank this season.

Finally, trees give us so much. They make our neighborhood quieter, healthier and raise property values, and they look beautiful while doing it. If you have ideas about how we can best honor our urban forest and want to get involved, now is the time to come and propose future projects and bring your energy and creativity.

We meet at New Seasons in the community room area at six p.m. every first Thursday. Information about the inventory, the Meek planting, Friends of Trees and our tree stewardship retreat can either be found on our blog at concordiatreeteam. wordpress.com or by emailing concordiatreeteam@yahoo.com.

Tree Team Aims High

by Dove Hotz, Tree Team Chair

The CNA Tree Team has been working diligently on some great projects recently, such as a neighborhood tree inventory, and the successful planting of a diverse mini-arboretum at Meek School back in April. An important upcoming project is the March 26, 2011 neighborhood planting with local nonprofit Friends of Trees. This year, trees will be available for only \$50. That covers all materials and labor needed to get a wonderful tree in your yard or planting strip—plus breakfast and lunch! It is also a great opportunity to meet your neighbors and contribute to the overall effort, and we need lots of volunteers to make this happen.

Representatives from the Tree Team and Friends of Trees will be present at the October 5 CNA general meeting to discuss the benefits of street and yard trees, the process for ordering a tree, and opportunities to volunteer with the planting. Friends of Trees has planted hundreds of thousands of trees in

Portland over the past decade— come and see what is being planned and how you can get involved.

Letter to the Editor

To the CNA Board,

I am writing as a resident of Concordia about the prominent placement of the ad for Chris Dudley that was published in the Neighborhood Bulletin Board section of the newsletter, September 2010. This a biased political ad, disguised as a feel-good article about a current candidate for political office.

It is particular on a number of levels:

- The newsletter has not previously published an article about this camp.
- The website URL is easily confused with the political website of this candidate.
- The camp is not run in Portland, much less in our neighborhood.
- A child must have diabetes and \$610 to attend this camp. The host does not pick up this cost.

Politically motivated articles and endorsements, no matter how disguised, have no place in the newsletter.

Best regards, Jeff Hilber

(With permission of the author, this letter has been edited for length)

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It is not the policy of the Concordia News to endorse nor publicize any political candidate. We sincerely apologize for the error.

~Concordia News

Letter from the Editor

Greetings Concordians! This is both my last issue and my last month in the neighborhood. Unfortunately a new job brings me farther afield to a more southerly part of our east side. I want to thank all of you for reading during my limited stint with the paper. You should be aware of the talented group of people donating their time to ensure our community gets information and resources and that they attempt to share these in a consistent and timely matter.

What are my suggestions to all of you?

Contribute. Attend a board meeting, volunteer for a position with the paper or just go out and take some photographs. Make suggestions, write articles, document a block party...anything! I've yet to see a love story or poem and we've been requesting those for months.

Diversify. This is a diverse community but a lot of the content doesn't seem to reflect that ethnic, racial and socioeconomic variance that makes our community unique in Portland. Plus, in recent years, NE Portland has seen an influx of international community members. I hope the paper finds ways to include people originally

from other parts of the globe that are now calling Portland home.

Educate. After my personally fascinating discovery of the Linear Arboretum I had a plan to learn more about the derivation of all the street names in NE Portland; I was pleasantly surprised to learn many had Native American origins. This research also brought me to learn about some of the local history regarding Portland's racially divided past.

Love. When you're out and about in our neighborhood: smile, wave, chat with a neighbor you've not done that with (yet or recently), whistle, tell a joke, skip.

This past month, riding the seven long miles on my bike back from my new job I feel a sense of calm when I finally get close to home. There's a vibe around here that's warm, inviting and more quiet than other parts of the city. I'll surely miss it here and thank you all for contributing to that wonderful feeling I've had during my brief eight month stay.

Ciao Concordia community, Christopher

Newsletter Home Delivery: Do you get Concordia News?

We have been getting a lot of questions about how home delivery of the newsletter works. This publication is sent bulk mail each month. If a residence has signed up to stop junk mail, this would also prevent the Concordia News from being delivered. If you are not receiving and haven't blocked junk mail delivery, please send an email to concordianews@yahoo.com with the subject heading "Home Delivery" or call one of our board members (contact information is listed inside the paper). We will follow up to see if this can be corrected. You can also pick up a copy at local outlets, like New Seasons and Kennedy School.



New Trees Thrive at Meek School

by Dove Hotz

In April 2010, a diverse mix of about a dozen young trees were planted in the playground at Joseph L. Meek Technical School, 4039 NE Alberta Court. This project was a partnership between the school, Portland Parks and Recreation, Friends of Trees, and the CNA Tree Team. Since the planting, the Tree Team has been responsible for the weekly watering of the trees throughout the summer. When school starts back up, students and teachers will take over care of the trees until our wonderful Northwest winter rains can take over the job.

The trees are thriving in their sunny location (although we unfortunately lost one Oregon white

oak early on). The playground is also used by neighbors in the area, so the community will enjoy the aesthetic and environmental benefits that trees provide for many generations.

The CNA Tree Team meets every first Thursday of the month, 6-7 p.m. in the New Seasons dining area. We have many more fabulous projects in mind, and you are welcome to join us to talk about trees in our neighborhood. We also maintain a web site with upcoming events, volunteer opportunities, and links to area tree resources: http://concordiatreeteam.wordpress.com/.

« CNA Tree Team member Kristin Kaye waters a tree at Meek School. Photo: Bob Pallesen

You Can Be Part of New Changes Coming Soon to Alberta Street

Portland recently awarded funds for the upgrading of Alberta Street between NE 15th and 31st Avenues as one of three city improvement projects. The groundwork is being laid right now for what needs to be done, so the project needs both residents' input and a large number of community volunteers. Alberta Street has definitely changed and developed over the past few years, but still has a lot of rough edges that need to be smoothed off, so this is your chance to weigh in on the street's future.

The Alberta Main streets Project is organized around four committees (organization, promotion, design, and economic restructuring) which will both preserve and revitalize the neighborhoodbusiness district. It will look at local, historical, cultural, and architectural resources already in the community, assessing what can be done to encourage them to develop into a more healthy commercial area. It's a matching fund program with City dollars matched with local contributions. To find out what these plans are,

come to one of the November meetings at The Alberta Rose Theater:

Monday, November 1, 6:30 - 7:30 p.m. This is an opportunity to find out what's going on and to ask questions.

Monday, November 29, 5 - 9 p.m. This will be the community-wide visioning session with your ideas discussed and specific goals set up. So that they will have enough materials for everyone, they hope you will RSVP (see below for contact).

Everyone obviously has a stake in their community so this is a chance to claim your part by your participation. And encourage your neighbors to come and listen and discuss. Community wide participation, something Concordia is noted for throughout the city, is especially critical to the success of this program.

Contact: Sara Wittenberg at (503) 358-9421 (sarawittenberg@ me.com), executive director

New! Larger Repair Program for Seniors

By Community Energy Project

Thanks to funding from the Portland Housing Bureau, Community Energy Project is now able to make larger repairs (up to \$2,500) to lower-income seniors along the Interstate Corridor Urban Renewal Area (ICURA). These repairs can include fixing gutters, patching part of a roof, or making small plumbing/electrical repairs.

If you think you might qualify, call (503) 284-6827 \times 104 or email homes@communityenergyproject.org

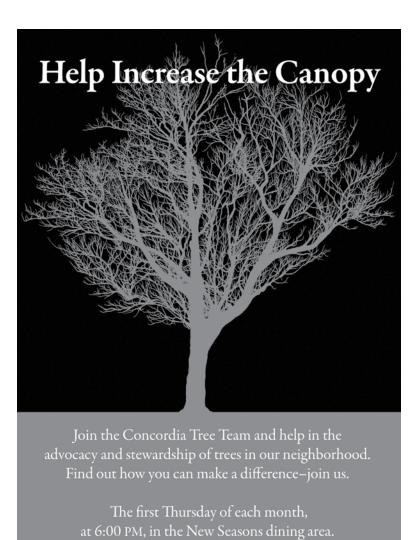
World AIDS Day Coming to Concordia – You Are Invited to Join the Battle

Worldwide HIV/AIDS has killed 25 million people, and 33 million are currently living with the virus. Portland is no different than the rest of the world and the Concordia neighborhood is doing its part to help those living with the disease. We are home to the HIV Day Center, a non-denominational project of EMO (the Ecumenical Ministries of Oregon) located in the Ainsworth United Church at NE 30th Avenue and Ainsworth Street.

This center provides over 700 meals each month to low income people dealing with HIV in addition to counseling, recreational therapy, computers, phones, clothing, laundry, showers, mutual support, etc. For example, student nurses, from Concordia University two blocks away, provide care to clients as part of their practical community health experiences. Volunteers and a part time staff of three serve over 50 clients a day – and, of course, could use a variety of more volunteers.

Portland's city-wide commemoration of the day, its annual attempt to raise awareness, will focus this year on Concordia's Day Center with its annual breakfast from 7:30 to 8:30 a.m. on Wednesday, December 1 at Concordia University. Everyone is invited to eat an early breakfast, hear program coordinator for New Portlanders Ronault Catalani, donate to the Center's work if they wish, and get off to work on time. In fact, get off to work feeling good as they have been part of a worthwhile project that is losing federal funds (because of federal cutbacks) as their number of clientele greatly increases. CNA folks have attended in past years and hopefully will this year as the Center's clients and staff and volunteers are all part of our larger community.

If you wish to attend and reserve a spot, call Lindsay at (503) 460-3822. Or Concordia residents can contact George Bruender, gbruender@comcast.net and (503) 267-8979.



Or contact us at: concordiatreeteam@yahoo.com

Rose City Highlights (solution found on page 7)

By Chris Yensan

ACROSS

- 1 ____ room (game room)
- 4 Clobbers a noggin
- 11 Amateur golf assoc. in 17A
- 12 ___ Song (Korean pro golfer in LPGA)
- 15 Rose City
- 17 Where 15A is located
- 19 MS Windows worm
- 20 Rounded projection on a building
- 22 New Guinea dialect
- 23 ABBA's Spanish language Greatest Hits album
- 24 Devoured
- 25 Giant 4-legged armored walker in Empire Strikes Back
- 26 ___ Moss (Musician and longtime actor on The Bold and the Beautiful) 28 They make the beer (more here than in
- any other city in the world) 31 ___ Peron (longtime 1st Lady of
- Argentina)
- 32 Legs (Slang)
- 33 Cycling accessories company
- 37 Angry reprimand (alt. spelling)
- 39 They'll get you across the Willamette River
- 40 Thrashes about
- 41 Golfers pegs
- 42 Graduate school entrance exam
- 43 They play at the Rose Garden Arena
- 45 Son of Seth
- 46 Countess of Lovelace, and others of the same name
- 49 Consume
- 50 Org. officially representing Palestinians in the UN
- 51 Tear
- 52 Frees from
- 54 2nd largest city in Africa
- 57 The ___ in the ___ (Dr. Seuss story)

- 59 Catch; ensnare
- 62 With 63A, nickname for Portland
- 63 Second part of 62A

66 Elite tactical unit

- 64 Hallow
- 65 Covert military actions
- 67 Spoil

DOWN

- 1 1948 Hitchcock film
- 2 Alter ___ (second selves)
- 3 Pasta dish with eggs
- 4 Famous sled dog
- 5 Komodo dragon, to Komodo Islanders
- 6 Type of name?
- 7 Induces a state of relaxation
- 9 Ward in Tokyo
- 10 Intolerant one
- 13 Calculator func. key (related to sine and tan.)
- 14 Soft drink
- 16 Ripped

- 25 Sociopath's illness (Abbr.)
- 26 It may be coral

- 32 Sea bird
- 38 Tells a little lie
- 39 Ernie's roommate

- 8 Folk wisdom

- 18 Wayne's World word
- 21 Sunday seat
- 24 HS math team comp. (Abbr.)

- 27 Egg shape
- 28 Toy glider wood
- 29 French verbs
- 30 French kings
- 34 Drinker of a holiday beverage?
- 35 Pertaining to aviation
- 36 HTML filtering prog. (Abbr.)
- 41 What you'll need for tea parties
- 38
 - 44 Frenchman's last letter
 - 45 Vigor
 - 46 Circle part
 - 47 Bartolomeu ____ (Portuguese explorer in the 1400s)
 - 48 Likely
 - 50 Factory

- 52 Dodge trucks
- 53 Low platelet disease (Abbr.)
- 55 Margarine
- 56 Emitted
- 58 Drill Sergeant's word?
- 60 Not then
- 61 Defunct airline (Abbr.)

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Neighborhood Bulletin Board

Donate Your Time

Harvey Scott SUN School (Schools Uniting Neighborhoods) is currently seeking volunteers for our after-school activities. Be a homework tutor, mentor, role model, or support person in the enrichment classes (Gymnastics, African Drumming, Soccer, Arts & Crafts, the list goes on!) for a minimum of one hour a week between 2:15 - 5:15 p.m.; Monday - Thursday. We are looking for positive and reliable role models who enjoy working with students. All of our volunteers complete a basic application and background check before they begin their volunteer service. If you are interested in knowing more about our program and ways to get involved contact Annie Nguyen at anguyen@impactnw.org or call the SUN office (503) 916-5418. Harvey Scott K8 is located in 6700 NE Prescott St. between 66th and 68th Avenues in the Cully neighborhood.

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Scholarships Available

Did you know that the Elks are third in awarding the most monies to college bound students? Only the US government and Bill Gates award more! The Elks have various scholarships available for students wishing to continue their education. The Most Valuable Student Award is open to any high school senior who is a US citizen wishing to continue on to a 4-year college program. There are 500 awards given at the national level so there are lots of opportunities to win. Applications for the MVS Award must be turned in to the lodge office at 3717 NE Columbia Blvd. by 5 pm on December 1, 2010. Applications can be found online at www.elks.org/enf/scholars or at the lodge office.

For those students wishing to pursue a 2-year vocational/technical program beyond high school, Vocational Grants are available. This grant is a one year award of \$1,000. The application can only be found online at http://www.greshamelks1805.org/images/Vocational_Grant_Application_2011-2012_fill-in.pdf and must be applied for online. Oregon has seven of these awards available. The application must be submitted by February 1, 2011.

Finally, children and grandchildren (or stepchild, step-grandchild or legal ward) of living Elks may apply for the ENF Legacy Award. Students will receive scholarships of \$4,000 awarded over a 4-year period. This award is again only available online at www.elks.org/enf/scholars/legacy.cfm. Deadline for application submittal is no later than February 1, 2011. Winners will be announced in April. For more information, you may contact Emma Pletz at (503) 285-5853.

* * *



Fresh off last month's success of a #1 ranking in the nation for community service hours (by Washington Monthly magazine) Concordia University Executive Vice President Gary Withers (center left) and Portland Mayor Sam Adams (center right) are presented with a \$40,500 grant by State Farm representatives at a September 15 press conference announcing the expansion of Concordia University's Student Service Corps (serving K-12 youth in NE Portland through a partnership with SUN Community after-school programs.)

Local Nonprofit Offers Free Home Hazard Assessments

Not many people realize that our indoor air is generally 5-20 times more polluted than the air we're breathing in the great outdoors, and we spend up to 90% of our time inside, unaware of the increased risks. There is a general lack of knowledge about common indoor hazards; for example, everyday cleaning supplies can be seriously toxic, harmless-seeming mold and mildew increase asthma and allergies, and the invisible presence of lead can severely affect the development of children.

Luckily, the Josiah Hill III Clinic can help! Thanks to funding from the Environmental Protection Agency and the Bureau of Housing and Community Development, JHC now offers free Healthy Home Check-Ups to the residents of North and Northeast Portland, as well as the Centennial neighborhood in East Portland. During your one-hour Healthy Home Check-Up, a friendly volunteer or staff member tours each room of your home and assesses every potential hazard.

Risks assessed include asthma, allergy, and migraine triggers; lead exposure; mold and mildew; and toxic chemicals linked to adverse health outcomes. Once hazards are identified, JHC provides consultation on exposure elimination and gives families helpful resources. Not only is the service free of charge, but it also includes a gift card to Fred Meyer to help clients purchase their own "green" cleaning products.

Sign up for yours today!

Josiah Hill III Clinic also offers free workshops on lead poisoning prevention, mold, and green cleaning, as well as blood lead testing for children under 6 years of age, pregnant women, and nursing mothers. Services are available in Spanish and English. To sign up for a Healthy Home Check-Up or for information about other programs, contact Amanda Lawrence at Amanda@jhillclinic.org. Josiah Hill III Clinic 5018 NE 15th Avenue Portland OR

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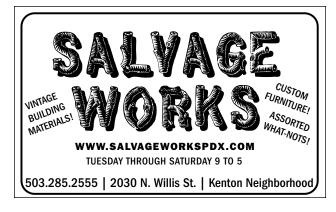
Need a Job? Want a Promotion?

The truth is in order to find a job or become promoted, you may need to become a better presenter and more confident team leader. You need the ability to talk and answer questions off the cuff. If you want to land a good position, you'll need job interviewing skills. All of these skills can be learned in the supportive setting of a local Toastmasters.

Toastmasters is a nonprofit educational organization that helps you develop communication and leadership skills needed to reach your goals. Since its founding 85 years ago our organization has helped more than four million members worldwide. We meet Monday eves 6:30 p.m. at Concordia University. We look forward to seeing you at our next meeting. Please visit www.portlandtoastmasters.org for more info.

Visit us online at concordiapdx.org







High Speed Rail: We Need to Get a Move On

George Bruender, Co-chair, CNA Land Use

Special Land Use/Transportation Meeting Nov. 4

President Obama is promising \$50-75 billion in stimulus funds for fast mass transit. Oregon has nothing "shovel ready" or even planned for any of that money.

Recently Washington State was promised \$590 million to plan for high speed rail; Oregon will get only 8 million, because we haven't projected a plan, and so won't get our share.

We're on the brink of building a \$3.8 billion bridge on I-5 that will get us from Portland to Vancouver in half an hour. High speed rail, which isn't even in the plan, could do it in 10 minutes. Faster and more frequent service is the only way workers will leave their cars behind, and we are mandated to reduce vehicle emissions by 40% in the future.

Milwaukee to Madison, Wisconsin, will build a 90 mph-plus high speed service between its two major cities. The east coast already has parts of a high speed rail system in place and is rapidly connecting them. California has its plans ready to start.

A lot of money could be spent, but Oregon is bogged down in adding more lanes as the only solution to our traffic problems. Ultimately, taxpayers will pay the bill for a bad as well as a good project.

CNA's general meeting on Tuesday, November 2 will discuss some of the major faults with the projected Columbia River Crossing, the I-5 bridge replacement. On Thursday, November 4 at 7 p.m. in our community room at Kennedy School, CNA's Land Use, Livability and Transportation Committees will go one step further and hold an informational discussion of the possibilities for high speed rail for our communities.

Because of a lack of state efforts and foresight and a lack of political leadership, high speed rail is being promoted by a number of average concerned citizens. Their model is the 1960's and 70's citizen opposition to the proposed Mt. Hood Freeway that would have gutted the heart of SE Portland, but instead lead to the MAX lines and a rejuvenation of Tri-Met. Maybe lightning can strike twice, but it will take ordinary people demanding thoughtful alternatives to solve our current traffic congestion.

High speed rail is planned for the center of the I-5 right-of-way from Eugene to Portland to Vancouver, Washington to Vancouver, British Columbia as an alternative to driving or flying. Come to this meeting and see a slideshow presentation of the initial plans, hear details about why this is a viable alternative for Portland and the whole area. We'd like to get the discussion going in our Concordia neighborhood because transportation changes will have a ripple effect on all northeast neighborhoods. And we have all sat in our famous traffic jams and slowdowns and have a vested interest in workable improvements.

It can't be done. We'll see.

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Solution to Rose City Highlights

Portland Fire & Rescue Announces Smoke Alarm Giveaway

Portland Fire & Rescue (PF&R) is handing out free smoke alarms to owners of single family homes in Portland through November 30. As fire agencies statewide join together in support of the 2010 Fire Prevention Week theme: "Smoke Alarms: A Sound You Can Live With", PF&R wants to reinforce the message that fire safety starts in the home.

"A critical improvement in fire safety that everyone should know about is that in addition to having a working smoke alarm on every floor, every sleeping area (bedroom) in your home should be outfitted with a working smoke alarm, and existing smoke alarms should be replaced every 10 years," said Fire Marshal Erin Janssens. "This could be the single most important step homeowners can take to significantly increase their chances of surviving a fire."

Through November 30, single-family home owners can visit any Portland Fire Station and receive needed smoke alarms free (for self installation). To find a list of fire station locations in Portland, visit: www.portlandonline. com/fire/stations.

Fire Prevention Week is observed annually throughout the United States, marking the anniversary of the Great Chicago Fire. This fire destroyed a four-mile long part of the city and killed 250 people on October 9, 1871.

Contact: PIO Paul Corah, (503) 940-6003

What is a Tool Library?

Content from neptl.org

Tool libraries are just like traditional libraries, but with tools instead of books. They are great for people who can't/don't want to buy/rent tools they are only going to use once in a while.

The Northeast Portland Tool Library (NEPTL) is your neighborhood tool library. We lend out free of charge an ever-growing inventory of home-repair and gardening tools to Northeast residents and community groups. We are located in the basement at Redeemer Lutheran Church at NE 20th Avenue and Killingsworth Street (entrance is on Killingsworth).

We are open for borrowing on Saturdays 9 a.m.-2 p.m. with extended summer hours on Wednesdays 5:30-7:30 p.m. Join the Library – it's FREE!

You can sign up to borrow tools for free from NEPTL if you are 18 or older and reside in Northeast Portland west of 82nd Avenue. To learn more visit http://www.neptl. org/membership or stop by the Tool Library during our Saturday open hours to get an application packet. Sign and bring in the forms, show the requested proof of identity and residency, and you're ready to go!

Membership

Members can check out up to seven tools per week from the Library during our Saturday open hours. Tools are due back by 10:00 a.m. the following Saturday, or fees will be charged for late items.



Before being allowed to borrow, you must read our borrowing rules and fine schedule, fill out and sign an application and waiver, and present acceptable proof of identify and residency. Proof of identity can be a driver's license, passport, or other government-issued identification with photo. Proof of residency can be a utility bill, mortgage statement, lease agreement, carinsurance card, or similar document that shows a current address in Northeast Portland.

In addition to a wide assortment of hand tools, members can check out a select number of electric power tools. For safety and liability reasons, we do not lend out gaspowered tools or tools that contain or use hazardous materials.

Also, only members presenting valid member numbers can check out tools. You can't share your membership or have others check out tools for you.

concordiaCULTURE

November 2

WHAT: Community Energy Project Weatherization workshops-participants learn how to weatherize their homes and apartments using simple tools and draft-stopping materials. Qualified participants receive a free kit of materials worth \$150 in addition to information. Call (503) 284-6827 x108 or email energy@communityenergyproject. org to register.

WHEN: Tuesday, November 2, 6-8 p.m., check the Calendar page at www.communityenergyproject.org for other workshops.

WHERE: Peninsula Park Community Center, 700 N Rosa Parks Way

November 4

WHAT: Brew on the Slough. Join the Columbia Slough Watershed Council and learn about the wetlands of the Columbia Slough. Light refreshments and drinks provided: 21+. To foster action to protect, enhance, restore and revitalize the slough and its watershed.

WHEN: Thursday, November 4, 6-7:30 p.m. Space is limited, sign up at www.columbiaslough.org or (503) 281-1132. A \$5 donation is greatly appreciated.

WHERE: Lucky Lab Tap Room, 1700 N Killingsworth St.

November 6

WHAT: Award-winning author Bonny Becker visits Green Bean Books!

Bear is back, and as big a curmudgeon as ever! Bear was fussy about houseguests in Bonny Becker's EB White Read Aloud Award-winning book, A Visitor for Bear. Bonny Becker will visit Green Bean Books to read her new sensational book, A Bedtime for Bear. She will also help children make their own adorable beds to tuck their own bears in at night! You will not want to miss this spectacular event! And it's free!

WHEN: Saturday, November 6 at 1 p.m.

WHERE: Green Bean Books, 1600 NE Alberta St.

November 13

WHAT: "Mothers, Maidens, and Monsters." A Portland Storytellers Guild program.

Stories of strong women taking action to change life for the better. This show contains some adult language.

Suggested donation: \$5.00 per person/\$10.00 per family.

WHEN: Saturday, November 13 at 7 p.m. Doors open at 6:30 p.m.

WHERE: Kennedy School (McMenamin's Pub), 5736 NE 33rd Ave.

WHAT: Join the Portland Water Bureau and the Columbia Slough Watershed Council for Groundwater 101, a free educational workshop. Learn about groundwater basics and what needs to be done to protect this important resource. This casual workshop is appropriate for adults and high school students aged 14 & up. Light refreshments will be provided. Advanced registration is required: www.columbiaslough.org or (503) 281-1132.

WHEN: Saturday, November 13, 8:45 a.m. - 1:30 p.m.

WHERE: The Lake House at Blue Lake Park, 20500 NE Marine Dr., Fairview

November 17

WHAT: Sisters Of The Road will hold its first-annual Online Auction. The 2-week auction will be available through Sisters' website: www. sistersoftheroad.org, or at bit.ly/sotrauction beginning November 17.

Funds received through the Online Auction from first-time donors to Sisters will be matched 1:1 by grants from the Collins Foundation and the Rose E. Tucker Charitable Trust. Contributions from all donors will be matched 50 cents on the dollar from Sisters' Matching Grant Pool. That means a winning bid of \$100 from a new donor becomes \$250, or from a returning donor becomes \$150!

Sisters' Online Auction will include packages in a variety of price ranges, from local cafe gift certificates to big-ticket items.

Contributions received from the Online Auction will benefit all Sisters' vital programs, including their flagship non-profit cafe, as well as their Empowered Voices Media Project and recently launched Dorothy Day Community School.

WHEN: from 9 a.m. Wednesday, November 17 through 11:59 p.m. on Wednesday, December 1.

WHERE: www.sistersoftheroad.org

For more information contact: Erinne Goodell, (503) 222-5694 ext 22; erinne@sistersoftheroad.org

Saturdays

WHAT: The Tool Library, www. neptl.org

Join the Library – it's FREE! You can sign up to borrow tools for free from NEPTL if you are 18 or older and reside in Northeast Portland west of 82nd Avenue.

Tool libraries are just like traditional libraries, but with tools instead of books. They are great for people who can't/don't want to buy/rent tools they are only going to use once in a while.

The Northeast Portland Tool Library (NEPTL) is your neighborhood tool library. They lend out free of charge an ever-growing inventory of home-repair and gardening tools to Northeast residents and community groups.

WHEN: open for borrowing Saturdays, 9 a.m. – 2 p.m.

WHERE: in the basement at Redeemer Lutheran Church, NE 20th Avenue & Killingsworth Street (entrance on Killingsworth).

November

WHAT: November 2010 Family Events and Classes at Milagros.

Some of the fun events include: Piano Pixies Piano Intro Class, Shadow Puppet Theatre, Prenatal Yoga, Professor Banjo, Mr. Ben Music for Families, Music with Mr. Hoo from The Alphabeticians, Cloth Diapering 101, Babywearing

Since 2004, Milagros has offered wonderful natural, fairly-made, and recycled products. It strives to be a place where families can feel at ease browsing for clothing, learning about attachment parenting, or just hanging out and visiting.

WHEN: Please visit http://milagrosboutique.com for the entire schedule with links to performers, classes and events. Some events ask for RSVP.

WHERE: Milagros Boutique, 5433 NE 30th Ave.



WANT TO WRITE FOR THE CONCORDIA NEWS? SEND YOUR ARTICLES, POEMS, LETTERS TO THE EDITOR, LOVE LETTERS, ETC.

TO: CONCORDIANEWS@YAHOO.COM OR PO BOX 11194, PORTLAND, OR 97211