

CONCORDIA NEIGHBORHOOD ASSOCIATION
PO BOX 11194 / PORTLAND, OR 97211

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association | concordiapdx.org

August 2010



Be a part of what's happening
in the neighborhood.

Meetings held in the
Community Room
at McMenamins
Kennedy School

General Membership
No Meeting in August
National Night Out Celebration
1st Tuesday of each month at 7 P.M.

Land Use & Livability Meeting
No Meeting in August
1st Thursday of each month at 7 P.M.

Board Meeting
August 10
2nd Tuesday of each month at 7 P.M.

Media Committee
August 11 at New Seasons
2nd Wednesday of each month
at 6 P.M.

Neighbors Night Out

August 3 • 6:30–8:30 p.m.

'America's Night Out Against Crime,' introduced in 1984 to heighten awareness and strengthen participation in local anticrime efforts.

Plan your National Neighbors Night Out meal in Fernhill Park with our sponsoring food vendors. These folks have been instrumental in bringing you our concert series and they are offering up some great food: **Nepo 42:** pulled pork sandwiches, brats, house-made veggie burgers; **Aladdin Cafe:** chicken or falafel shawarma sandwiches; **Mountain Ice:** gourmet Italian ice; **Hot Dog Ernies:** kielbasa, polish sausage, turkey dogs; **Knights of Columbus:** chicken or beef kabobs

THE CONCORDIA NEIGHBORHOOD ASSOCIATION PRESENTS...

NATIONAL NIGHT OUT

TUESDAY, AUGUST 3, 2010



STARTS AT NE 30TH
& DEKUM

@
Faubion
School

AINSWORTH BLVD
NE 33RD AVE

Fernhill
Park

ENDS AT NE 37TH
& AINSWORTH ST.

ON STAGE AT FERNHILL PARK FROM 6:30–8:30 P.M.:

Black & Blue with Devin Phillips
with special appearance by 2010 Teen Idol Winner

**Faubion School
Decoration Station
Opens at 5 P.M.**

(Decorate your
bicycle, tricycle,
unicycle, stroller,
skateboard,
roller skates)

Parade Starts
at 6 P.M.

Free activities will include:

Face Painting
Balloon Artist
Hula Hoop-A-Thon
Henna Artist

**Buy your picnic dinner
from our sponsoring vendors**

Aladdin's Cafe,
Hot Dog Ernie's,
Mountain Ice,
Nepo 42, and
Knights of Columbus
Council 678

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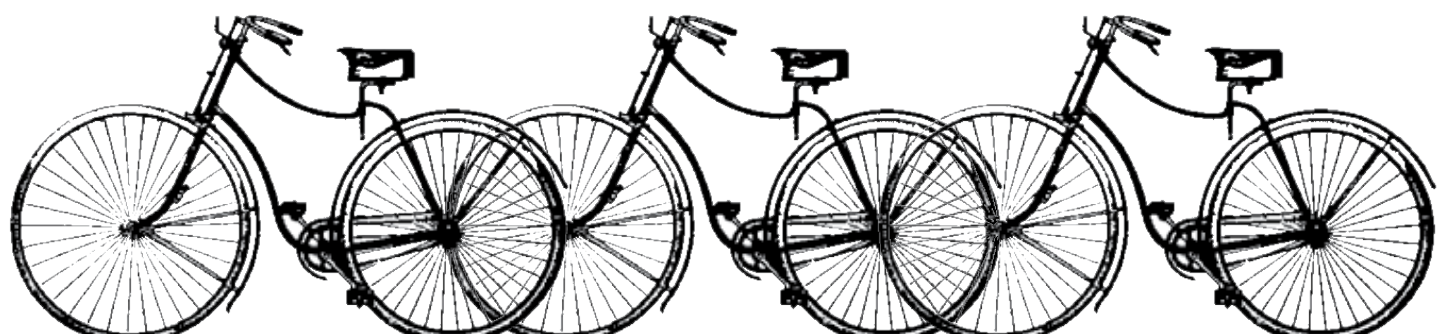
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Chair's Corner

By Belinda Clark, Co-Chair

I was thinking about what to write this month, and as usual I thought of what's going on in my life. I recently put a new roof on my house. I had a good experience with the contractor, and it came in at budget. I've been doing some other things around the house, which turns 100 years old next year.

While taking a week off, I got my nephew to help me with pulling weeds and doing yard work. Unfortunately, weeds come back. I think my nephew will be spending more time over here this summer. Doing yard work is good exercise, it gets you out in the sun (with sunscreen of course) and it's even a good way to see what's happening in the neighborhood and meet your neighbors.

Another way to take advantage of being outside, we will be celebrating National Night Out at Fernhill Park instead of our general meeting on Tuesday, August 3. Join us for live music with Devin Phillips performing traditional New Orleans jazz. Before the concert, we'll have a parade from Faubion School. If you'd like to enter the parade to walk, ride your bike, or scooter contact Anne Rotherth arothert@gmail.com.

The social committee of our neighborhood association does all the fundraising and coordinating to put concerts together every year. This year was especially challenging for fundraising, but at the final hour we had some last minute sponsors and fund raisers. Please plan to stop by the CNA table to say thanks, support our sponsors, and make a contribution for next year's concert series.

Board Members

Concordia Neighborhood Association Board Members and Elected Officials

Chair	Anne Rotherth	493-1938	arotherth@gmail.com
Co-Chair	Belinda Clark	680-2075	clarkbbc@yahoo.com
(E1)	Bob Pallesen	432-8355	bob@section314.com
(E2)	Robin Johnson	477-6807	rbettyj@aol.com
(SW1)	Kelly Welch	481-1920	fydx3@yahoo.com
(SW2)	Jennifer Warberg	971-506-9958	jwarberg@comcast.net
(NW1)	Isham "Ike" Harris	282-1543	ishamharris@msn.com
(NW2)	Gretchen Volker		
At Large Board Members			
	Robert Bowles	490-5153	rbowles01@yahoo.com
	Ken Forcier	522-7660	ken@gracewooddesign.com
	Joel Schuldheisz	282-4640	jschuldheisz@cu-portland.edu
	Katie Ugolini	449-9690	kugolini@earthlink.net
Recording Secretary			
	Joel/Mary Schuldheisz	282-4640	mschuldheisz@cu-portland.edu jschuldheisz@cu-portland.edu
Crime Prevention Specialist			
	Celeste Carey	823-4764	celeste.carey@ci.portland.or.us
NE Precinct Neighborhood Response Officer			
	Officer Schull #47433	823-5833	wschull@portlandpolice.org
Land Use Chair			
	George Bruender	287-4787	gbruender@comcast.net
Land Use Co-Chair			
	Julia Baumann Sarver		Julia2403@yahoo.com
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	Ben Adrian		benadrian@gmail.com
Economic Development Chair			
	VACANT		
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CNA Bookkeeper			
	Jeanette Eggert	331-1884	jeggert@cu-portland.edu
Social Community/Committee Chair			
	Katie Ugolini	449-9690	kugolini@earthlink.net
Wellness Committee Chair			
	Rev. Stephen Hamiton	281-6261	spiritbro@spiritone.com
Media Chair			
	Christopher G. Marquardt	206-419-8477	concordianews@yahoo.com
Concordia News Manager Editor			
	Christopher G. Marquardt	206-419-8477	concordianews@yahoo.com
Concordia News Business Manager			
	VACANT		
Webmaster			
	Bob Pallesen	915-6407	bob@section314.com
Community Room Scheduler			
	Anne Rotherth	493-1938	arotherth@gmail.com
Neighborhood Clean Up			
	Ken Forcier	503-522-7660	ken@gracewooddesign.com
Yard Sale			
	Donna Carrier (Paul)	288-9826	donna.carrier58@gmail.com
Tree Team			
	Dove Hotz		missdove@alumni.reed.edu
Chair, Concordia Foot Patrol			
	VACANT		
Green Team Chair			
	VACANT		

CONCORDIA NEWS

Concordia News is a free monthly publication of the Concordia Neighborhood Association (CNA). 5,693 newspapers are mailed to its members and surrounding neighbors. 1,000 are delivered to community locations.

The deadline for articles and advertisements is the **15th** of the month prior to the next issue.

Please send advertising inquiries and artwork to:
cnabusinessmanager@gmail.com
 Submit articles, letters to the editor and calendar events to:
concordianews@yahoo.com

The Concordia News welcomes your letters to the editor. We consider letters individually for publication. We accept requests to withhold author's names only in special circumstances. Please note, Concordia News may reject or edit for form and length any material, including letters to the editor, submitted for publication.

If you would like to participate in the Concordia News, please contact:
concordianews@yahoo.com
 or
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 Portland, OR 97211**

MISSION STATEMENT

To connect Concordia residents and businesses — inform, educate, and report on activities, issues, and opportunities of the neighborhood.

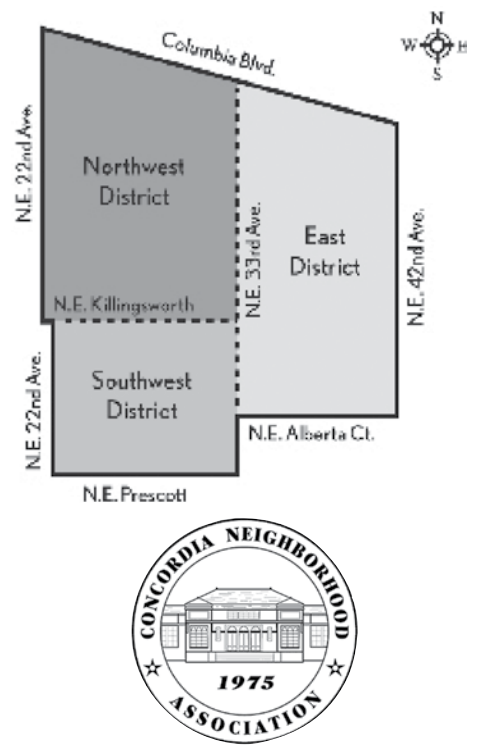
Managing Editor
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Copy Editor
Joe Clinkenbeard

Layout Editor
Rene Choy

Journalists
George Bruender

The Concordia News is printed on 40% post-consumer or better paper, manufactured at a local mill.



Open Position: CNA Newsletter-Business Manager

We are looking for a community member to fill the business manager position at Concordia News. This publication is delivered to over 5,000 households and businesses monthly, and is the main method of communication used by our neighborhood association.

This position works closely with our local business community to promote our advertising services for monthly publication. It involves tracking and reporting of monthly advertising revenue, and promoting ad sales to potential customers. If you like working with people and building relationships in the community, while increasing your skills this could be the place for you!

If you would like more information or to apply, please submit a letter of interest to CNABusinessManager@gmail.com. Please list "Business Manager Position" in the subject line of your email.

National Neighbors Night Out Sponsors

Please take time to patronize or thank our sponsors for this event!

Champion Sponsors: Concordia Neighborhood Association

Major Sponsors: Concordia University, Earthquake Tech, Trinity Lutheran School

Contributing Sponsors: Ciao Vito, New Seasons Market, Port of Portland

Good Neighbor Sponsors: An Anonymous Music Lover, Andeo International Homestays, Bernie's Southern Bistro, Cully Association of Neighbors, Englewood Christian Church, Gazelle Natural Fibre Clothing, Gracewood Design, McMenamins Kennedy School, Milagros Boutique, Robert Bowles/Rose City Mortgage



Photo by Bob Pallesen

Concordia Tree Inventory

By Bob Pallesen

The CNA Tree Team is partnering with Urban Forestry to conduct a street tree inventory over the coming year(s).

Data collected will be used to create maps and a "Street Tree Report Card" describing the stocking levels, age and species diversity, and maintenance needs of the community. Our project will also serve as a guide for Urban Forestry as they develop a method for collecting data throughout the city.

The city has chosen to initiate this pilot effort in Concordia because of the work the CNA Tree Team has done and its positive outreach with

city agencies and the community. Angie DiSalvo from Urban Forestry will lead the project in Concordia.

This is very exciting for Concordia and a significant investment in the community by the city. August 21st will be Concordia's first street tree inventory. Meet at Kennedy School's Community Room at 8:30 a.m. for a brief training. After the training, which will have coffee, set off to help shape our arboreal future. We will have cool tree-specific supplies to help. If you have tree identification skills, you are especially needed, but all are welcome. Questions? Contact concordiatreeteam@yahoo.com.

Fernhill Park Improvement Priorities

By Robin Johnson and Julia Baumann Sarver

Come join us on Sunday afternoon, August 22nd from 3:00 to 5:00 p.m. in the children's play area/picnic area at 37th Avenue and Ainsworth Street for lemonade as a kick-off celebration for the newly reorganized Friends of Fernhill Park. This is the group that, after much work and time, was successful in getting the wonderful playground equipment installed last year. At this kickoff meeting, we want to discuss with neighbors and users of the park alike where you see the Friends concentrating efforts for fundraising and park enhancements in the coming year and beyond.

Many of you may remember that the neighborhood conducted a survey of neighbors a little over a year ago to find out what issues existed and what improvements could be made at Fernhill Park. A list of potential improvements resulted from this survey. We want to review this list with neighbors and users of the park at this meeting.

The list currently includes:

1) A wood chip running path around the park (similar to the one at Alberta and Wilshire Parks);

- 2) Landscaping design to reintroduce native ferns to the park;
- 3) Additional signage regarding park rules;
- 4) Signage in the playground area to discourage dogs from being off leash in this area;
- 5) Existing bathroom upgrades;
- 6) Additional trash facilities in the picnic and playing field areas;
- 7) Additional lighting in and adjacent to the playing fields;
- 8) Picnic and other seating areas in the dog park area.

Please look at the items above and come to the meeting ready to make additional suggestions, make comments about those now on the list and share which are most important to you and the future development of the Park.

This past year the emphasis to improve the park has centered on helping resolve the issues around the playing fields adjacent to Simpson Street. The neighbors along Simpson Street and 38th Avenue have been

Did You Know...

...Portland remains the second most volunteering city in America, second only to Minneapolis. According to volunteeringinamerica.gov, 37.4% of Minneapolis residents volunteer 43.9 hours each and 37.1% of Portland volunteers give 48.2 hours each. (Source: APNBA)

Is There a Micro-Wave Antenna Coming to your Block?

By George Bruender, Land Use Co-chair

About four years ago, Concordia residents around NE 30th Avenue and Alberta Street signed a petition against the installation of a group of micro-wave antennae atop the Victory Outreach building. Although these residents cited fears about possible radiation effects from the devices on people's, especially children's, health and the unaesthetic pollution of the antennae, the Portland City hearings officer rejected their pleas as having no basis in law.

Federal law, passed with support of the wireless industry lobbyists in the early 90s, says that health dangers, real or not, cannot be the basis for denying a company's right to build. And federal law pre-empts any possible local exemptions or challenges. So the City is hamstrung.

About three years ago, a wireless company announced that they wanted to build a major cell tower on the chimney of the Meek Voch-Tech High School on NE Alberta Court and 40th Avenue. Based on the experience of the Victory Outreach decision, Concordia residents realized that they had few options to oppose the construction. Instead they worked closely with the company to get the least visually obtrusive facility possible, one that blended in with the existing brick building. It looks fairly natural. Portland Public Schools since then has decided not to allow any new construction or renewal of existing antennae, so there seems to be some leeway for public facilities.

Recently Beaumont Wilshire NA (site on NE 37th Avenue and

Fremont Street) and Irvington NA (site at Qwest building near NE 24th Avenue) have held highly attended and contentious meetings with their land use committees, with City officials and with Clearwire Co. The opposition has been overwhelming since the sitings are in residential areas, atop power poles.

The industry itself estimates that for full cell-phone, wifi, and other coverage, it needs antennae to be placed at 650-foot intervals (which means roughly every six blocks or so). And this is for each of the five or so major providers. Most facilities end up on public property and commercial buildings, but in residential areas, they end up on top of utility poles to a height of 95 feet or so. Portland now has at least 800 of the antennae with plans to double that number soon.

So an antenna may be coming to your block. You will be notified if you are close by. You will be asked to come to a public meeting with the company where you can vent your feelings. You won't be able to raise certain issues. You won't be allowed to veto the company's plan. You don't have that power. Apparently neither does the City or the State.

Note: If you are interested in more information, check The Oregonian archives for an excellent article by Anna Griffin, page C1, for Saturday, June 12, 2010. If you want to take a more active role, like pressuring City Council, contact our CNA Land Use committee. We meet on the first Thursday of the month at 7 p.m.

working with Portland Parks and Recreation to help alleviate the weekend parking crush that often occurs during soccer games and cross country meets. Traffic flow increases significantly during large park events. Neighbors have been struggling with cars blocking their driveways, fire hydrants, the cul de sac, and even complete blockage of the street.

After many meetings and discussions about potential solutions, we've come up with a first step in the right direction. Parks and Recreation has agreed to paint the driveways of the four residences most severely

impacted: those along Simpson Street east of 38th Avenue to the cul de sac. Driveways will be marked with "No Parking" and the street will be painted to help prevent blockages. The striping will occur over the summer and should expand to 38th Avenue and the remainder of Simpson Street to 37th Avenue over the course of the fall.

Again, join us on Sunday afternoon from 3:00 to 5:00 p.m. in the children's play area/picnic area at 37th and Ainsworth for lemonade and discussions of the future of Park improvements.

That Uncut Lawn...What to do

By George Bruender, Land Use Co-chair

CNN just reported that there may be 1 million homes added to the foreclosure list this summer and fall. We are all well aware of the already vacant homes in our Concordia neighborhood that have been repossessed or maybe even abandoned, so we should be seeing more of them. The most telltale signs are the obviously unmown lawns and plantings growing wildly amok. Although the tragedy each vacant home represents is much more serious than foot high weeds, to many residents, the unkempt properties represent diminishing value in their own nearby homes and they are concerned. And so they call the Concordia Land Use and Livability committees, asking what can be done.

Our committee's answers are not very reassuring: You could call the City of Portland's information number at (503) 823-4000 and ask to speak to someone about the out of control lawn. They usually, even in good times, reply that they are too short-staffed to go after the owners. And even when they do, the owner can be given up to 60 days to "make improvements." Still it is worthwhile to file a formal nuisance complaint (request a case number) so that there is a record and occasionally corrections and connections are made and properties get cleaned up. Keep a log and the contact numbers and names of everyone you talk to.

If a senior citizen is involved, a good contact to get a referral is Hollywood Senior Center at (503) 288-8303. They have connected folks with such groups as Project Linkage which will do a one time property clean-up.

To contact the owner or the bank who owns the home or the realty company marketing the home, go to Portlandmaps.com and type in the address. You can often pull up their names and phone numbers and try to convince them that they have a responsibility to keep the whole property looking sale-ready. Usually, but not

always, the information on the site is up-to-date.

If the situation is beyond just tall grass, call that City info line. For trash in yards call the city nuisance office at (503) 823-7306. If there's an abandoned car on the site or on the street, call that office at (503) 823-6814 with all info about the vehicle you can get. If you see rats or there's rotting garbage (both are health hazards and a danger to children), call the County Vector Nuisance Control. Folks have reported a good response from them.

Recently some neighbors have resorted successfully to getting together a work party and lawn mowers and cleaning up fronts of properties. Again, try to contact the owner first; otherwise you're trespassing. Not everyone is grateful and some are litigious.

Neighbors have been more successful with getting groups together to mow school lawns and trim bushes. Portland Public Schools, long fearful of getting sued, made it difficult for residents to get permission to improve the looks of the schools' lawns, but have eased up recently. Again, contact them to get permission [Kerry Hampton at (503) 916-3256]. Some residents have mowed the central parts of the boulevard on NE Ainsworth, most likely without permission, since there is a years' long dispute over who owns the strip of trees and who is required to keep it up.

The land use and livability committees of Concordia commend these folks who've stepped forward and volunteered to clean up and maintain both private and public properties in these tough economic times. We also ask why the City departments and mayor who are responsible for keeping Portland "the most livable city" aren't doing the minimum that should be expected of them. Citizens seem to be doing the work we citizens are paying "our employees" to do.

Portland Acupuncture Project in Concordia

Contributors, Bob Pallesen and Christopher Marquardt

Artist Adam Kuby's Acupuncture installation entitled "Field of Neighborhood Dreams" marks a prominent spot at the southeast corner of Fernhill Park. The sculpture highlights an empty parcel of land resting at the site of the former Whitaker-Adams School torn down three years ago as a result of significant mold and radon problems. Now the Cully and Concordia neighborhoods are pressing for something to develop here that benefits and empowers our local area. Another school or, a college campus or community center, affordable housing or even a commercial center would be welcomed development to provide more resources and jobs for our community.



Photo by Bob Pallesen

Susan Anderson, the Director of Portland Bureau of Planning & Sustainability says, "Using the body as a metaphor for the entire city, Kuby hopes to identify those places in the landscape that are important to us as a community, drawing attention not only to the significance of each focal point but also to the interconnectedness of them to each other as well as to ourselves." That's what we call a great way to get one's point across...

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Ainsworth Linear Arboretum (solution found on page 8)

By Chris Yensan

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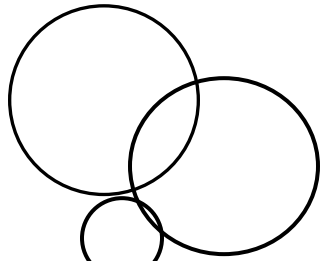
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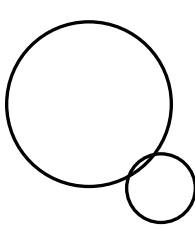


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What Is Healing?

By Stephen Hamilton

In my work as a minister over these past 40 plus years I often have had the need to ask the question of people when they were facing a major health challenge, "when you think of healing, what is the first thing that comes to mind for you?" For some it meant 'fixing something that is broken'. For others 'it was being healed from a serious illness or disease'. And yet for others it meant 'returning to a sense of balance and wholeness'. What I discovered in these examples and the myriad of other responses that I have heard from people over the years is that healing for them was directly related to the world view they embraced. If they viewed their world, including their physical bodies, as solid mechanical objects and that all phenomena, including human consciousness, was the direct result of the interactions of the so-called separate 'mechanical' parts comprising them then their view of healing was to fix or replace the broken part. On the other hand if people viewed their world as an infinite, multi-dimensional, interconnected inter-dynamic Universe where all are part of the larger whole, then their view of healing tended to be holistic in nature meaning they were a central part of their own healing. Their responses gave me a clue as to how I could best support them in light of their understanding of healing, health and well-being.

The first world view illustration is a very abbreviated version of what most of us learned in our science classes known as Newtonian's theory

of how the universe works. It was mechanical, physical and deterministic. The second world view illustration comes out of the relatively new science of Quantum physics as well as the ancient traditions of medicine, such as Ayurveda and Chinese medicine and the medicine traditions of the indigenous peoples of the world. These views are inclusive of every level of human life, and are in fact based on a world view which recognize individual life as part of a larger whole. They are based on philosophies which are essentially energy, spiritual and earth based.

There has been a gradual shift taking place in the American people not only in our understanding but in our consumer practices of where we have been turning for healing. Recent reports both from independent as well as special interest groups reveal that upwards of 60% of the American people have at one time or are currently utilizing one or more of these other complementary traditions of healing other than the practice of allopathic medicine alone. The fact that third party payments are being made from many insurance companies for treatment and care from complementary healing practitioners for chiropractic, naturopathic, homeopathic, and acupuncture, as well as the growing host of other healing modalities tells us that the concept of healing in this country in particular is expanding its base of understanding as to what constitutes healing.

There is an abundance of evidence from various sources that tell us as a result of peoples day to day experiences, most humans interpret reality in terms of the Newtonian world view in which everything is perceived as being separate from everything else. Consequently, for most of these folk they will tend to look outside of themselves for their experiences in life, including solace and comfort as well as healing. This point of view is soundly reinforced by the plethora of commercials that want to convince us and our families that our life will be so much better if we just buy and use their product (something outside of us). This is particularly true for the ads from the pharmaceutical companies.

For those who lean more towards a holistic world view they will tend to want to explore the source(s) of the deeper human experience that lies within, and the essential interconnectedness (ONENESS) and multi-dimensional, infinite nature of reality and they will tend to be more inclusive of the complementary practices of mind, body, emotion and spirituality for their healing, health and wellness.

So let me ask you, the reader, what comes to mind for you when you think of healing? Where and to whom do you turn for your health care? And finally, do your answers reflect in any way your own world view? May the discussion and exploration continue.

To your good health and wellness!



Thank You

to the wonderful staff at Fernhill Estates for a deficiency free survey. Your hard work and dedication are the reason Fernhill received a 5-star rating by Medicare.gov



Fernhill Estates
5737 NE 37th Ave.
Portland, OR 97211
503-288-5967

Fernhill Estates is small 45-bed skilled nursing facility. If you are interested in having your loved one live at Fernhill Estates, please give us a call at 503-288-5967.

Neighborhood Bulletin Board

\$8486 in Community Graffiti Abatement Grant Funds Available for your area!

The Office of Neighborhood Involvement (ONI) recently announced the availability of funds through a new Graffiti Abatement Community Grants Program. The application deadline is August 4. For more information and an application form, go to www.southeastuplift.org.

☆☆☆

Suicide and mental health issues are at record levels among American soldiers – in the war zone and after they return home. Oregon Partnership's Crisis Lines staff and volunteers are proud and excited to have launched a 24/7, full-service, confidential line, dedicated to soldiers and veterans in Oregon and throughout the Northwest. The number is 888-HLP-4-VETS (888-457-4838)

☆☆☆

Oregon Tradeswomen, Inc. empowers women to enter into high skill, high wage careers in construction through our FREE, seven-week Trades and Apprenticeship Career Class.

Their next class starts on August 10, 2010. Information Sessions about what to expect from the class are held at the PCC Metro One Stop and attending is the first step to entering our class. Info sessions are held twice a month. Class meets Tuesdays, Wednesdays and Thursdays from 8:30 a.m.-4:30 p.m. and includes classroom training (including 5 hours of green job training), hands-on construction work, field trips, valuable industry certifications, strength/fitness training, construction math and measurement, and career counseling. Women can call us to sign up for the next info session at (503) 335-8200 x21 or sign up online at: www.tradeswomen.net/tacc-info-session-signup.php

☆☆☆

Metro recognized for Outdoor School support

The Association of Oregon Recyclers recognized the innovative and effective partnership between Metro and Outdoor School when they presented the Education Program of the Year award to Metro's waste reduction education program. Since spring 2009, more than 12,000 sixth grade students learned about reducing waste as part of their Outdoor School experience. Activities are integrated throughout the week in all aspects of the programs including meals, duties, field study, recreation and evening events. Surveys used to assess the effectiveness of the program found that students who participated were more interested and willing to increase waste reduction behaviors such as using refillable water bottles, taking reusable bags to the store and donating used items to thrift shops. Special thanks goes to program manager Freda Sherburne.

I worked hard to get this funding approved because I believe the additional waste reduction education programming will help reduce the amount of waste entering landfills. At the same time, the additional funding for Outdoor School will ensure schools that are currently sending students to Outdoor School will be able to continue doing so and will provide an incentive for those schools that are currently not sending students to start up their Outdoor School programs again. I will continue looking for new potential partners to provide a stable source of funding for the region's Outdoor School

program. These kinds of partnerships are an invaluable way to ensure we are reaching the young people who will be the environmental stewards of the future.

Rex Burkholder, Metro Councilor, District 5

☆☆☆

Portland Parks & Recreation's first location created just for small dogs is now open in the off-leash area at Normandale Park, NE 57th Ave. and Halsey St. The 7,500 square-foot fenced area is open to dogs weighing 25 pounds or less, and may also be used by shy or elderly dogs.

☆☆☆

Share Our Strength, a national organization which weaves together a net of community groups, activists and food programs to catch children facing hunger and supply them with nutritious food where they live, learn and play, announced on July 8 that Portland Parks Foundation (PPF) is a winner in its No Kid Hungry Innovation Award competition, and the only organization to win west of the Mississippi. The Foundation will receive \$12,500 to help support Portland Parks and Recreation summer playground sites featuring mobile climbing walls and the summer lunch program funded by the USDA.

☆☆☆

Portland Parks & Recreation (PP&R) announced an agreement has been reached with Ethos, Inc., to occupy and manage the historic Interstate Firehouse Cultural Center (IFCC), located at 5340 N. Interstate Ave. On Wednesday, July 14 the non-profit arts organization signed a contract at Portland City Council. Ethos Music Center has won awards through their dedication to the promotion of music and music-based education for youth in underserved communities.

☆☆☆

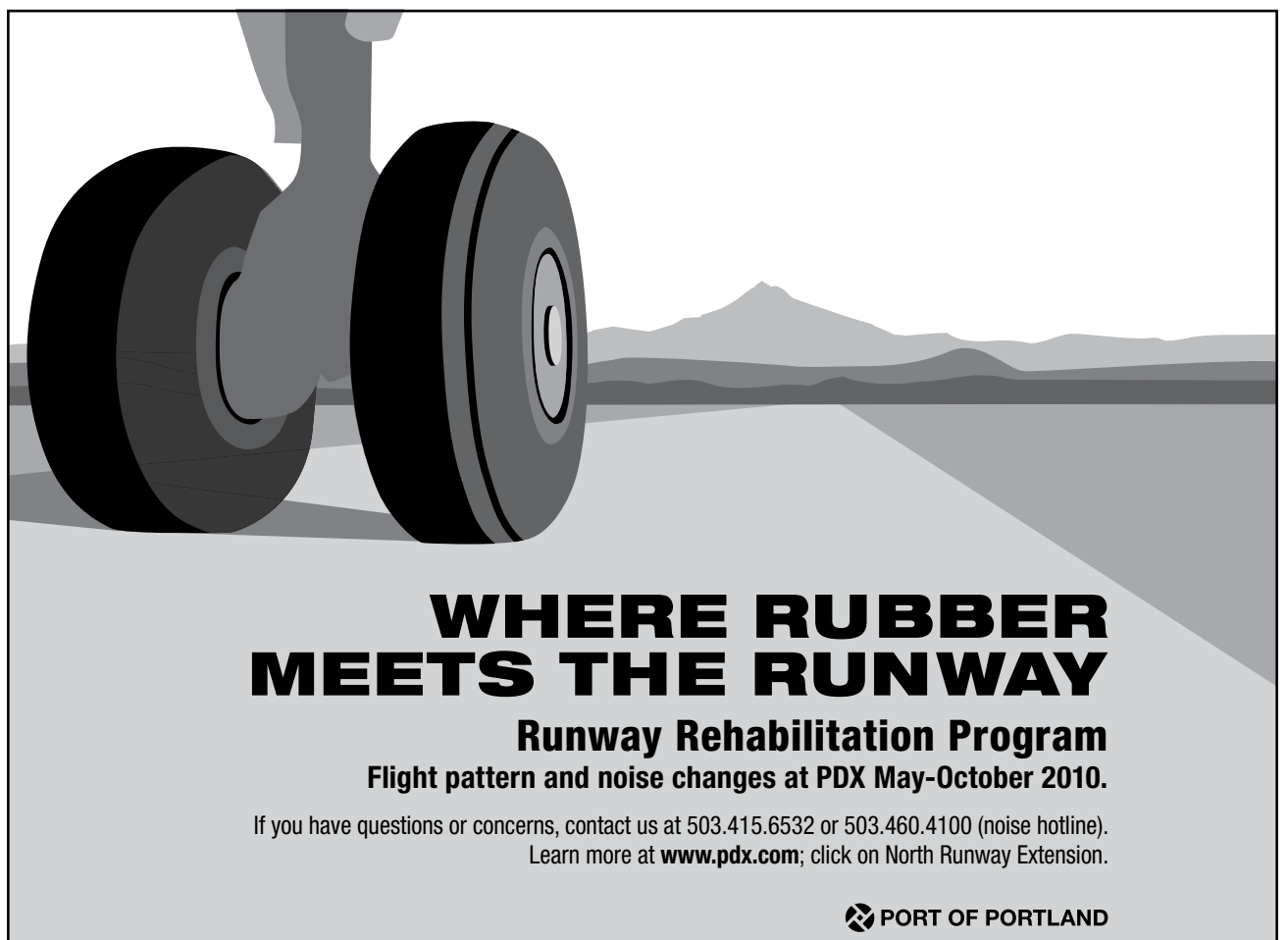
Let's Congratulate Tom Parker, long-time broadcast personality and spokesman for joining the staff of Oregon Partnership. Oregon Partnership, a statewide non-profit organization committed to providing alcohol and drug prevention education and treatment referral, has hired Tom as its new communications director. Good luck!

☆☆☆

Calling all neighborhood activists interested in transportation issues. The Portland Bureau of Transportation and Portland State University are offering a FREE class just for you. Local traffic and transportation issues, transportation options, and how to get things done in your neighborhood are the focus of this well-respected, ten-week, university course. Over 1,000 Portland residents have taken this popular class and learned how to negotiate the maze of traffic and transportation agencies and issues. Here's your chance to learn how you can make a difference even in these times of budget cuts and shrinking gas tax revenue. Speakers include policy and decision makers, planners, and engineers from TriMet, Metro, and PBOT. The class is facilitated by Rick Gustafson, transportation planning consultant and former Metro executive officer. To learn more and apply for a free scholarship go to: www.portlandonline.com/transportation/psuclass. Or contact Scott Cohen at (503) 823-5345 or scott.cohen@portlandoregon.gov

Check out this online petition and see where you stand on the issue of shuttering Jefferson High School:


<http://petitions.tigweb.org/Democrats>



WHERE RUBBER MEETS THE RUNWAY

Runway Rehabilitation Program
Flight pattern and noise changes at PDX May-October 2010.

If you have questions or concerns, contact us at 503.415.6532 or 503.460.4100 (noise hotline).
Learn more at www.pdx.com; click on North Runway Extension.

 PORT OF PORTLAND

concordia CULTURE

Mondays

What: Free For All Summer Playground Program

When: Until August 18th from 11a.m.-4p.m.

Where: Fernhill Park

Fridays

What: Free Yoga, open to all levels

When: 11:00a.m.-12:00p.m.

Where: Exhale Yoga Studio, 4940 NE 16th Ave.

Saturdays

What: Gentle yoga class open to all ability levels.

When: 9a.m.

Where: Fernhill Park in the flat area near the restrooms.

Extra mats are available. Classes led by Shani Joy, please contact her if you plan on attending: cucumis.melo@gmail.com

August 6

What: Portland's Big Latch On—Join the group to try and break the record for the most women breastfeeding simultaneously! Celebrate breastfeeding and World Breastfeeding Week.

When: Friday, 10:30a.m.

Where: For details: www.biglatchonpdx.weebly.com

August 4

What: The Annual Fremont Festival
When: 10a.m.-5p.m.

Where: Beaumont Middle School

Streets will be closed between NE 42nd to NE 50th. Entertainment will include a bike and pet parade. There will be PRIZES! Get the kiddies and pets costumed and meet at the school at 9:30a.m.! After the parade artisans, crafters and food vendors will line the streets to tempt visitors. The Soluna Grill will sponsor a Salsa Challenge, so create and bring a gallon of your best home-made for the contest! Call Becky Lehman at (949) 395-3305 or Dan Straub at (971) 222-3433 to enter. Prizes for the best costumes, best decorated booth, Salsa People's Choice Award, Judges Award and more! Sponsored by Beaumont BDA.

August 7

What: Hollywood Harvest Festival

When: 10a.m.-3p.m. (and each subsequent Saturday in August)

Where: Hollywood District participating stores along and just off Sandy Blvd.

There will be daylong events, great food, live music and special sales, there will be an ongoing scavenger hunt throughout the month during business hours with great prizes!

August 8

What: Free screening of Fantastic Mr. Fox

When: Pre-movie entertainment at 6:30p.m., movies begin at dark.

Where: King School, 4906 NE 6th

August 10

What: Infant CPR for New Parents

When: Tuesday, 6:00p.m.

Where: Milagros Boutique, 5433 NE 30th Ave., (503) 493-4141

Join Red Cross instructor Art Graves for this special CPR and first aid class. This class will provide hands-on instruction on what to do if your infant or child is choking, and teach rescue breathing, basic CPR and First Aid. Class fee is \$25, More information and registration: www.oregonredcross.org

August 17

What: 7-week classes on Basic Manners for your dogs.

When: 7-8:00p.m.

Where: Doggy Business, 4905 NE 42nd Ave., (503) 327-8877

For more information on classes, fees and services check out their website: doggybusiness.net

August 19

What: Water to the Weather, a Community Energy Project

When: 6-7:30p.m.

Where: Whittaker Ponds, 7040 NE 47th Ave.

Learn to protect the watershed and keep outdoor plants healthy according to weather patterns. To register call: (503) 284-6827 x109 or email water@communityenergyproject.org. Participants receive a free kit of conservation materials – soil probe,

hose nozzle, rain gauges, bucket and more.

August 21

What: 'Back to School' Gospel Event

When: 12-5p.m.

Where: Fernhill Park (East of restrooms)

Live music and food will be on hand for a five hour concert to help Straight Path Inc. meet their mission to provide children with school supplies for the upcoming school year. Check it out!

August 29

What: Cruise for a Cure: NE 42nd Avenue's first annual street party!

When: Sunday, from 2p.m.-10p.m.

Where: NE Alberta Court between US Bank and The Spare Room will be closed.

There will be great local Blues music bands playing outside the Spare Room, food vendors from NE 42nd Ave., classic cars, a beer garden...

August 30

What: Learn more about how your neighbors are promoting healthy, affordable food.

When: 6-8p.m.

Where: Rigler Community Garden, NE 52nd and Prescott

An informational group tour will begin at 6p.m. and will include stops such as: a proposed neighborhood garden, a yard sharing example and an affordable housing complex garden. It will be a two-hour tour done easily by bicycle or we can offer shared transportation. RSVP with your transportation preference by sending an email to billb@cnncoalition.org or call (503) 823-2883.

Presented and produced by Minority Information Outreach with Captivus Events

**Rich Layton and the Troublemakers - ISSA - Diezel P
Seven Reasons 7 - Transcendental Brass Band
and more!**

FEATURING
Solar-powered stage
Green and Organic
Vendors, Sponsors, and Speakers
Beer garden
Food and Beverage

Free Admission
Fernhill Park Portland, Oregon
August 7th 2010

What to bring:
Blanket, lawn chair,
sun block, ice chest,
Plastic bottles are ok

What not to bring:
Alcohol or glass

**OFF THE GRID
ECOPALOOZA
ENVIRONMENTAL AWARENESS CONCERT**

Alternative Energy Source with
Zero Electricity From The City

Visit econw.org for more details!

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