



CONCORDIA NEIGHBORHOOD ASSOCIATION
PO BOX 11194 / PORTLAND, OR 97211

CONCORDIA NEWS

A free publication of the Concordia Neighborhood Association

March 2009



**Be a part of what's happening
in the neighborhood.**

Meetings
held in the
Community Room
at McMenamins
Kennedy School

General Membership
MARCH 3
1st Tuesday of each month at 7 P.M.

Land Use & Livability Meeting
MARCH 5
1st Thursday of each month at 7:15 P.M.

Board Meeting
MARCH 10
2nd Tuesday of each month at 7 P.M.

Green Team
MARCH 24
AT NEW SEASONS
4th Tuesday of each month at 7 P.M.

Media Committee
MARCH 12 @ New Seasons

The Health of Our Schools, Runway Expansion, and More!

Join us at our Concordia Neighborhood Association General Meeting Tuesday March 3rd for a full menu of topical subjects.

Jason Schwartz, the Port of Portland's Noise Manager, will give a short presentation on the plans to lengthen one of the two existing runways at Portland International Airport. He will be joined by George Bruender, our representative to the Citizen Noise Advisory Committee. They will be available for questions after their presentation.

An anchor in any community is the local school. Concordia has several. One of our focused goals of the CNA this year is to strengthen our partnership with our schools. With this in mind we will have speakers from

the educational institutions along with some of the programs housed in the schools. Give and take, you will learn what benefits you can access as well as ways (and there are many, many) you can contribute. You don't need to be a parent or grandparent to be involved. The students are members of this community and they are our future. We all have a vested interest in participation in their lives. This can take many forms, from being a SMART reader to buying a dinner at the annual fundraiser. We will hear from staff at Faubion (at this time the principal, Ms. Lee is scheduled) and Rigler (yet to be confirmed). There will also be folks from the SUN programs, the PTAs, and the SMART program.

Also on our agenda will be Concordia

University. Certainly there will be questions about their expansion. This is also an opportunity to learn all that is available to community residents. Did you know you have access to their library? This is just one area of collaboration the University has with the neighborhood. A representative from the University will be there to answer questions and explain all that the University has to offer now and in the future. Come learn what this great resource just down the street has to offer you.

Mark your calendar and plan to be at the Kennedy School Community Room at 7:00 P.M. on March 3rd. As always, it's a great time to meet neighbors and the board of your favorite neighborhood association.

And Our Haiku Contest Winner is ...

sun-dappled canyon
two butterflies awaken
in a sea of sage

-John Donahue

Read other haiku submissions on page 2.

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ANNUAL SPRING EGG HUNT

FERNHILL PARK
(Near the playground along
NE 37th Avenue)

SATURDAY, APRIL 11TH
Hunt begins at 10:00 A.M. SHARP

Please Join Us for Free Family-Friendly Fun!

Sponsored by

The Concordia Neighborhood Association & American Legion Post 134
Rain or Shine!



Chair's Corner

by Belinda Clark,
Vice-Chair

I've been a volunteer with various events and organizations for several years. Helping people makes me feel good, and gives me a sense of accomplishment. There's a saying, "think globally, act locally", and I believe it's true. To make a difference, start near home. Whether it's getting involved with your neighborhood association, or just checking in on an elderly neighbor, take that first step as small steps do lead to big change.

Everything we do has an impact on someone. Consider random acts of kindness. In our December snowstorm I got my car stuck at the end of my street. Within a few minutes, a man with a shovel helped me get my car out. I never got his name, but he made an impression, obviously!

I believe in being an advocate for positive change. It's our neighborhood, community, and city. As a member of the community, you are part of the Concordia Neighborhood Association. You can get involved by calling or emailing one of the board members, or by attending a general meeting and making connections. I've lived in the neighborhood 18 years, and only became involved with the neighborhood association two years ago. This is a vibrant and organized group, totally run by volunteers. We've been involved with getting speed bumps and crosswalks in our neighborhood, putting on summer concerts, and raising funds for playground equipment at Fernhill Park. That's only a short list of accomplishments by your neighborhood volunteer board. Don't you want to be a part of it? It's a great group of committed people. Come join us!

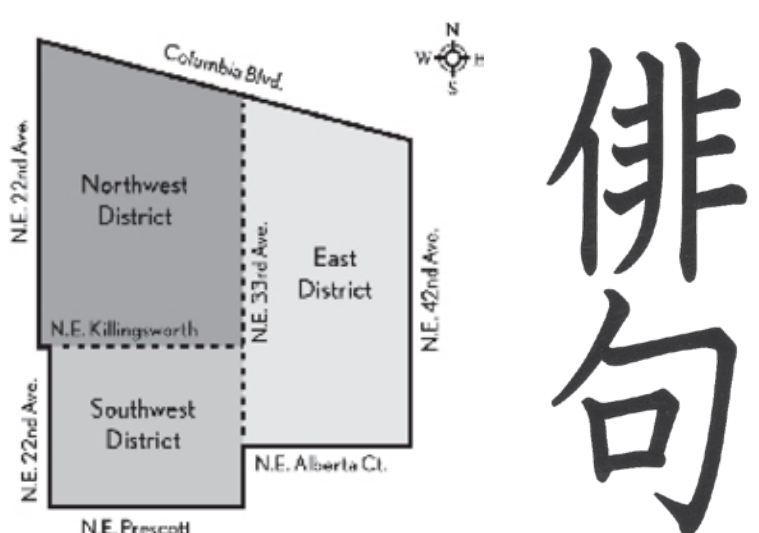
Interested in Gardening or Creating a Plant Exchange?

The CNA Board is considering creation of a general meeting focused on gardening.

If you would be interested in helping put together such an event, please contact Belinda Clark at clarkbbc@yahoo.com. Please mention CNA Gardening Meeting in the subject line.

Concordia Neighborhood Association Board Members and Elected Officials

Board Members	Chair		
	Anne Rothert	493-1938	arothert@gmail.com
	(E1)		
	Bob Palleson	432 8355	Bob@section314.com
	(E2)		
	Robin Johnson		rbettyj@aol.com
	(SW1)		
	Peggy Alter		pegalter@msn.com
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	Isham "Ike" Harris	282-1543	ishamharris@msn.com
	(NW2- Shared)		
	Joyce Zerwekh	282-0118	zerwekh@cu-portland.edu
	At Large Board Members		
	Robert Bowles	490-5153	wwrbowles1@yahoo.com
	Belinda Clark	680-2075	clarkbbc@yahoo.com
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	Joel Schuldheisz	282 4763	jschuldheisz@cu-portland.edu
	Katie Ugolini		kugolini@earthlink.net
	Recording Secretary		
	Joel Schuldheisz	282-4640	jschuldheisz@cu-portland.edu
	Crime Prevention Specialist		
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	NE Precinct Neighborhood Response Officer		
	Officer Ric Deland	823-5818	rdeland@portlandpolice.org
	Land Use Chair		
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	Land Use Co Chair		
	Joseph Occi		jocci@comcast.net
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	Matt Steadman	806-5010	mrsteadman@gail.com
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	Social Community/Committee Chair		
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	Wellness Committee Chairs		
	Amy Watson	975-5716	amywatson@mac.com
	Jason Lindekugel, DC		pdxchiroguy@hotmail.com
	Green Team Chair		
	Katie Steinhauer		concordiagreenteam@yahoo.com
	Media Chair		
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	Neighborhood Clean Up		
	TJ Millbrooke	460-3506	tj@yolocolorhouse.com
	Yard Sale		
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	Friends of Trees		
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CONCORDIA NEWS

Concordia News is a free monthly publication of the Concordia Neighborhood Association (CNA). 4,899 newspapers are mailed to its members and surrounding neighbors. 1,000 are delivered to community locations.

Deadline for articles & advertisements is March 15 for the April 2009 Issue

Please send advertising inquiries and artwork to:
cnabusinessmanager@gmail.com
Submit articles, letters to the editor and calendar events to:
concordianews@yahoo.com

Please note, Concordia News may reject or edit for form and length any material, including letters to the editor, submitted for publication.

If you would like to participate in the Concordia News, please contact Peggy:
concordianews@yahoo.com
or PO Box 11194
Portland, OR 97211

MISSION STATEMENT

TO CONNECT CONCORDIA RESIDENTS AND BUSINESSES – INFORM, EDUCATE AND REPORT ON ACTIVITIES, ISSUES AND OPPORTUNITIES OF THE NEIGHBORHOOD.

More Haiku For You

wing patterned light breaks
a cawing cacophony
hunger or hearsay

-Thomas Rude

soft mist in the air
against my soft cheek i fear
i will disappear

-Eva Leung

A long, cold winter,
but with much patience, the Ox
pulls us in to spring.

-Carly Samish

the garden lies fallow
mulch warms earthworms muddy lair
waiting for spring rains

-Sheryll Chambers

clouds filling the sky.
a silver moon floats above.
the night is quiet.

-Aaron Meyers

hunger awakens
to the whispers of kind warmth
some say life returns

- m.piché

massed crocus, purple
on black earth;
by the grey rock
three white ones, alone
-Colin Cameron

Concert Series to Return to Fernhill Park, But Your Help is Needed!

By Katie Ugolini

For the last four summers, the Concordia Neighborhood Association in cooperation with Portland Parks and Recreation has held a concert series in Fernhill Park, bringing free, family-friendly, high-quality entertainment to the neighborhood. The concert series has been an unqualified success. Over 1,500 people of all ages have attended annually – with familiar faces from the Concordia community and new friends from all over the city. The enthusiastic feedback from audiences sends a clear message “We want more!”

Of course they do! And that’s why this summer we are planning on offering incredible music four consecutive Fridays in July (7/10, 7/17, 7/24 and 7/31), plus a concert for National Night Out on Tuesday, August 4th. Our audiences always give generously when we pass the hat at intermission, but it is truly the investment from the business community that allows us to offer these exceptional concerts free to the public. We are counting on the generosity and community spirit of local businesses and institutions to help raise the dollars we need to produce another memorable season.

Below is a breakdown of the sponsorship levels and the opportunities associated with each level. As an added incentive, we will be offering Presenting and Major Sponsors extra coverage in the Concordia News. We also encourage individuals and /or families to contribute to the concert series, and any contribution (e.g., \$5 or \$10) is greatly appreciated. Contributions are tax deductible.

Benefits to you and your business:

- Chance to give to your neighborhood
- Tax deductible contribution that stays close to home
- Option to display, give, or sell items at the concerts
- Your business name recognized:
 - Displayed at all concerts
 - In the city-wide Summer Concerts Brochure (25,000 circulated)
 - In the Concordia News, reaching 5000 households
 - On the Portland Parks and Recreation website
 - Thanked over the PA at concerts

Options:

Presenting Sponsor: \$2500 or more
Business name included as presenting sponsor of one night of the concert

series with opportunity to MC and welcome audience to the concert. Logo and name on the concert banner displayed at all concerts, listed as Presenting Sponsor for one night in the series in the city-wide printed schedule, on the Portland Parks and Recreation website, recognized from the stage at all concerts and featured in press materials.

Major Sponsor: \$1000 & up
Logo or name on the concert banner displayed at all concerts, in the city-wide printed schedule, on the Portland Parks and Recreation website, and announced at all concerts, plus mentioned in press materials.

Contributing Sponsor: \$500 & up
Name in bold on the concert banner displayed at all concerts, in the city-wide printed schedule, on neighborhood flyers, on the website, and announced at all concerts.

Good Neighbor Sponsor: \$250 & up
Name in the city-wide printed schedule, on neighborhood flyers, on the website, and announced at all concerts.

Concert Fan: under \$250
For individuals and families who do not wish to be a sponsor, but would like to contribute.

Free concerts in a neighborhood park are one of the best ways to build community and increase safety for neighbors. We hope you will consider becoming a sponsor of this series in its third year. Every sponsor is invited to have a presence at the concerts to vend or give away products or just meet your neighbors. If this option interests you, please talk to us, as some restrictions apply.

Sponsorship commitments are needed by March 15th, 2009 but payment is not due until June 1st, 2009. If you are a business, please let us know how you would like to participate as a sponsor by contacting Judith Yeckel, Concert Production Manager at 503.249.8159 or 503.823.5446. If you are a family or individual and would like to contribute to the Concert Series, please make checks payable to PP & R/Fernhill Concerts and mail to Judith Yeckel, Concert Production Manager, Portland Parks and Recreation, 1120 SW 5th Ave., Ste. 1302, Portland, OR 97204. Invoices will be sent upon request. Thank you very much for your support!



How To Reduce Crime in Your Neighborhood

While we don't like to talk about it, or even think about it, crime is on the increase in America and throughout the world. The number of burglars, muggers, auto thieves, and robbers is growing at a huge rate. Now you, as a resident, working with neighbors can help reduce the crime rate.

How? By organizing and/or joining a Neighborhood Watch Program in which you and your neighbors get together to learn how to protect yourselves, your families, your homes, and your property. Working together, you can get the criminals off your block and out of your area.

There's safety in numbers and power through working with a group. Start a Foot Patrol in your neighborhood. You'll get to know your neighbors better, and working with them you can reduce crime, develop a more united community, and provide an avenue of

communications between police and citizens.

To start or reactivate a Neighborhood Watch or Foot Patrol in the Northeast Portland area contact:

- Mary Tompkins, Crime Prevention Coordinator for Concordia, Irvington, Grant Park, Alameda, Lloyd and Sullivan's Gulch at 503.823.4763, e-mail mary.tompkins@ci.portland.or.us
- Celeste Carey, Crime Prevention Coordinator for Boise-Elliot, Humboldt, King, Sabin, Vernon, Woodlawn, at 503.823.4763, e-mail celeste.carey@ci.portland.or.us
- To locate a Crime Prevention Coordinator in your area call 503.823.4064 or go to our website www.portlandonline.com/oni/cp

The Little Red Schoolhouse Down the Block

by Don Gire, PTA President



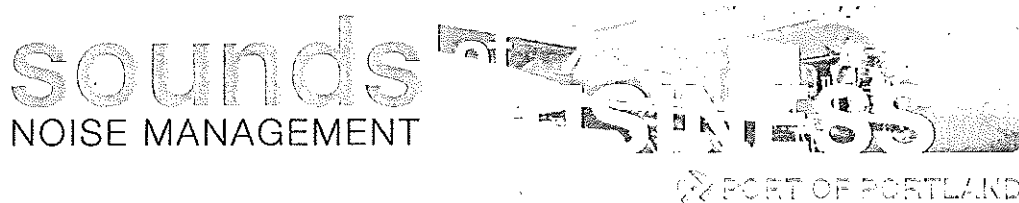
"Faubion on steroids? The overall capacity of our building is stretched, it's pumped up, it's full of energy. For years, our school population hovered between 300 and 350 students. Change, being the order of the day, seems to be exerting itself at this "Lil Schoolhouse". With our middle school grades settled in and a burgeoning pre-K program, two classes each for K through 3rd grades, Faubion has grown to over 400 students driven by those lower grades. Although the

number of neighborhood houses hasn't increased (and maybe even declined as entire blocks have made way for Concordia University's expansion), our demographics are changing. Your recently new neighbors with those tiny babies are now of school age. The streets, in the morning, show these wonderful kids walking to school or being dropped off from vans, station wagons, and yellow school buses.

Time to do something? Time for that oft mentioned rebuild to occur to

better handle the student population and the increased demand at this great neighborhood school? Time for the "stimulus package" and the federal help promised to address this growth? You betcha.

In the meantime, community members can volunteer, help out, join one of the many student/parent school support groups that keep Faubion alive. It's time for you to join this crowd. Call the school and see how you can contribute: 503.916.5686



PDX Cargo Feeder Study Update – 2008 Recommendations and Status

Background

In 2005, a citizen committee was formed to identify strategies to reduce noise impacts on north and northeast Portland residents generated from regional cargo feeder and other small non-jet aircraft. In 2006, a second committee was formed to evaluate impacts on Vancouver neighborhoods from the same category of aircraft. Together, these committees developed a set of recommendations which were presented to the Federal Aviation Administration (FAA), the Port of Portland and aircraft operators, proposing changes in the way these aircraft operate at Portland International Airport (PDX).

What exactly are cargo feeders?

Cargo feeders are small, propeller-driven planes weighing 12,500 pounds or less that transport packages to and from PDX and airports throughout the northwest. Cargo feeder activity at PDX has doubled over the past decade due to an increase in online shopping, next-day delivery, and what is known as "just-in-time" shipping. Cargo feeder flights account for about 10 percent of all PDX operations. Most cargo feeder flights occur on weekdays, with a limited number occurring on Saturdays. On the busiest weekday, PDX sees about 60 departures and 60 arrivals of these aircraft. Small single-engine aircraft (i.e., propeller airplanes) were also addressed within the study and recommendations.

Why are these aircraft such a concern?

These planes are smaller and slower than the larger jets which make up the majority of aircraft using PDX. FAA air traffic controllers separate them from jets and large turboprop aircraft by directing them to the crosswind runway and/or turning them away from the parallel runways as soon as possible after departure. These flights are often flying over residential neighborhoods at lower altitudes than larger, jet aircraft. The Portland and Vancouver Regional Cargo Feeder Committees were formed to identify potential solutions for recommendation to the FAA, Port of Portland and aircraft operators.

Recommendations and status

The committee's work resulted in a number of recommendations. These recommendations and their current status are below:

Phase I Recommendations (Implemented)

(1) Route cargo feeder/light general aviation aircraft away from or higher over residential land uses: Operators are encouraged to fly over industrial or other non-noise-sensitive areas whenever possible and, to remain as high as possible when flying over residential communities. These messages will be reinforced through cargo feeder and general aviation outreach as part of the PDX Fly Quiet program, currently under development. This recommendation has been implemented through a new arrival procedure which allows inbound and outbound aircraft to maintain higher altitudes than they could previously. (Implemented Fall 2007)

Social Committee Report

By Katie Ugolini

The Social Committee is beginning to plan for the Annual Spring Egg Hunt, which will take place on Saturday, April 11th at 10 A.M. sharp in Fernhill Park, so mark your calendars! We will be hiding hundreds of candy-filled eggs in the park, and children lucky enough to find a "gift" egg will also take home some terrific prizes! The hunt will take place near and around the playground which is situated just east of NE 37th Avenue and north of Ainsworth.

The Social Committee is also working with Portland Parks and Recreation to return the Summer Concert Series to Fernhill Park. We are planning to offer another four weeks of concerts on Fridays in July, plus a concert for National Night Out on Tuesday, August 4th, but we need to raise enough funds. We are currently looking for businesses wishing to sponsor this event and continue this great summer tradition. There are a variety of sponsorship contribution levels, many with great publicity benefits (see accompanying article). Moreover, the Social Committee is also looking for neighbors and businesses to be on the Concert Committee and help with the fundraising for the Concert Series. Individuals on this committee will work with representatives from Portland Parks and Recreation to make important decisions regarding the organization of this event.

Please contact Katie at 503.449.9690 or kugolini@earthlink.net if you are interested in helping with the Fernhill Summer Concert Series or Spring Egg Hunt.

Concordia Money Savvy

by Matt Steadman

It's always a good time to save a little money when you can and especially in times like these. With that in mind, I wanted to recommend a few websites and resources to help you save a few dollars.

There are many websites but some that I like are listed below. These sites have some differences but all of them provide coupons, discount codes, and some even have information for free trials of products

General Sites – Wide range

WWW.COUPONCABIN.COM
WWW.COUPONMOM.COM
WWW.RETAILMENOT.COM
WWW.FIGHTDIVX.COM
WWW.DEALCATCHER.COM

Grocery Coupons

WWW.COUPONS.COM
WWW.KROGER.COM – for Fred Myers

Outdoor and Activewear

WWW.STEEPANDCHEAP.COM

Computers and Electronics

WWW.BENSBARGAINS.NET
WWW.TECHBARGAINS.COM

There are other sites that make you sign up and register which can very useful as well, but the ones mentioned above require no registration or fees. Good luck!



Enriching the Lives of Mature Adults

Groups Plan Education Fair Geared Towards 50+

A broad sampling of food for the mind is on the menu for the public at "Take a step: on your journey of discovering ... YOU," an education fair for people aged 50+ years at OASIS at Macy's in downtown Portland, Friday, February 27, from 1:30 to 5:30 P.M.

Mini-classes or workshop at the fair will include:

Engaging the Community—Elders in Action

Plan for Your Health Future—AARP

Your Gift to the Community—Hands on Greater Portland

Walk-a-Beat Workshop—OASIS

Get Outdoors in the Pacific NW—Portland Parks and Recreation

Discover, Engage, and Design Your Future—Life by Design Northwest

Representatives of AARP, Elders in Action, Hands On Greater Portland, Heritage Center, Life by Design NW, Multnomah County Library, Osher Institute,

continued on page 5

- (2) Disperse cargo feeder/light general aviation aircraft: The committee recommended air traffic control reduce the concentrations of aircraft flying over specific communities south and north of the crosswind runway. (Implemented August 2007)
- (3) Climb to 500 feet before turning from runway heading: This recommendation was adopted as company policy by cargo operators participating in the study. The intent of this recommendation is to increase the altitude of aircraft over the residential communities immediately after departure. (Implemented Summer 2007)
- (4) Discontinue intersection departures on crosswind runway departing south: This recommendation was adopted by cargo operators. The recommendation is intended to decrease the number of flights at lower altitudes over communities close in to the airport. (Implemented Winter 2006)
- (5) Use best noise abatement practices: Operators and air traffic control are made aware of community noise impacts and encouraged to use "best practices" for reducing noise when able. (Implemented Summer 2007)
- (6) Include cargo feeder/light general aviation pilot outreach program in PDX Fly Quiet program: Cargo feeder operators and general aviation have been incorporated into the PDX Fly Quiet program plan. Additionally, targeted outreach is currently being developed. The Fly Quiet program being developed is designed to encourage participation in the PDX noise abatement program. (Implemented Summer 2007)
- (7) Raise the crosswind runway departing north visual guidance: This recommendation increases the altitude of aircraft when they are preparing for arrival at PDX via Runway 3. (Implemented April 2008)

Phase II Recommendations

- (1) Develop special late night cargo feeder and general aviation procedures: The FAA will explore the potential for special night time procedures (for use during the hours of 11 pm to 5 am). This recommendation is awaiting evaluation of the daytime procedural changes, described above. The recommendation is intended to direct aircraft to depart over the Columbia River (during nighttime hours).
- (2) Extend hours of special late night cargo feeder and general aviation procedures: The committee recommended expanding the hours of the nighttime procedures from 11 pm to 5 am to 10 pm to 7 am). This recommendation is currently on hold pending implementation of recommendation above.
- (3) On departure, climb to 600 or 700 feet before turning: This recommendation is on hold pending review/analysis of the impact of recommendation, "Climb to 500 feet before turning from runway heading."

Other Recommendations

Utilize larger aircraft: Fleet make-up is market-dependent. Operators utilize larger aircraft if/when the market demands it. For example, a single large aircraft can replace multiple smaller aircraft reducing the number of flights to and from PDX (and over noise-sensitive communities).

For more information

Please contact the Port of Portland Noise Management Department by calling (503) 460-4100 or (800) 938-6647 or visit us on the web at: www.portofportland.com.



Enriching the Lives... continued from page 4

OASIS, Portland Community College, Portland Parks and Recreation, Ride Connection, and Senior Studies Institute will be on hand with information about class offerings and costs. There will be door prizes from all agencies.

OASIS is hosting the event, located on Macy's fourth floor. The fair is free to the public, and attendees may drop in at any time during the afternoon. Espresso beverages and wine tasting are complimentary.

OASIS has provided learning options for mature adults in the Portland area for more than 20 years, through classes, workshops, and volunteer opportunities. Part of the national OASIS Institute, the Portland center's partners include Macy's, Legacy Health System, and Regence Blue Cross/Blue Shield.

For more information about this free event, contact OASIS, 503.241.3059, or www.oasisnet.org/portland, or any of the participating agencies.



Dogs Love to Stay at STAY Pet Hotel Popular Dog Boutique Hotel in Concordia Expanding Facility

Married couple Kim Hormby and James Taylor decided to take the entrepreneurial leap and open STAY Pet Hotel in 2006, a boutique dog hotel located in the Concordia neighborhood. An evolution of Hormby's original venture, Waggin' Wagon, a mobile dog playgroup, pet sitting and walking service, STAY offers the latest amenities to keep dogs happy and pampered while their owners are away.

Their dream of opening a dog hotel came to light when Hormby came across a property for sale on NE Columbia which included a house, a run-down kennel, an aging arena and grounds. She came home and told her husband they needed to sell their home in North Portland and buy the property and open a hotel for dogs.

"I said she was nuts and we dropped the subject," Taylor laughs. At the time, Taylor was working as a customer service representative at Powell's Books and at Waggin' Wagon. "He had to jump on board, because it was a rolling board," counters Hormby.

Hormby and Taylor took the plunge. They used proceeds from

their house sale for the property's down payment, and procured an additional bank loan to renovate and open. The property needed a lot of mending. It took approximately \$80,000 to open the doors, along with sweat equity.

STAY opened in December 2006 just in time for the holiday travel season. The hotel reflects the couple's love for modern design and features all the comforting amenities that make it a popular place. The mid-century interior with 50 sqft private suites, large comfortable beds, relaxing music and 12,000 square feet of play-yard space, including a 1600 square foot rubber-matted arena for all-weather play, are added bonuses to the quality, attentive, and personalized care given to each guest. What's more, Hormby and Taylor also make their home in an attached bungalow where they live with their own family of cats and dogs, creating a comfortable and trusting home-away-from-home environment that appeals to many dog owners.

Through a growing group of loyal clients and word of mouth, STAY has been on a fast growth track – so fast in fact that a remodel project plan is now in the works. With the help of PCC's

Small Business Development Center (SBDC), the couple secured a \$600,000 infusion of capital to add a new two-story building to triple client space and upgrade the playground facility.

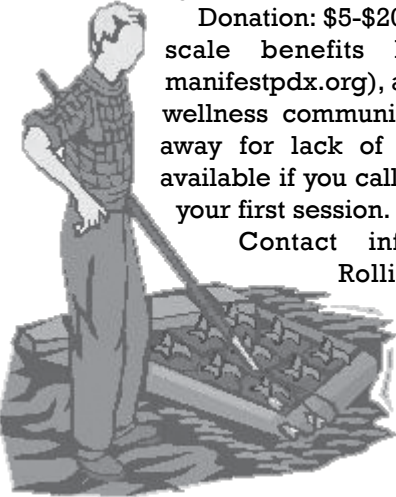
Construction is slated to start in March. Plans are to tear down the aging 1,600 square foot arena on the approximate half-acre property and construct a two-story, 5,000 square foot steel structure. It will bring their capacity to 50 suites, up from the current 17 spaces. The lower level will be an indoor play yard. STAY also has 8,000 square feet of outdoor play space, an office, and registration area. They will also double the workforce to 10 once the construction is completed in late summer.

"We're excited to continue building and expanding our business in Concordia, and to bring more people and their pooches into the neighborhood to experience a stay at STAY," says Hormby.

STAY Pet Hotel
3606 NE Columbia Blvd.
Portland, OR 97211
503.288.7829
www.staypethotel.com

Men's Gardening and Food Sustainability Group: Spring Meeting

We are happy to announce the new Men's Gardening and Food Sustainability Group that will begin meeting this March, every Saturday from 10 A.M. to noon. The group's intention is to gather men in Portland who would like to work together and share skills, wisdom, and energy in a community of gardeners - whether you've been doing it for many seasons or not at all! We'll be working on one another's gardens together and creating new plots for those who are just getting started. Local gardening experts and veterans will join the group each week to share their hands-on knowledge with us, and local nurseries have supported us by donating seeds and tools. Now all we need is a sincere group of men who would like to explore the possibilities of food sustainability, community, and what can happen when several hands come together as one.



Donation: \$5-\$20/session sliding scale benefits Manifest (www.manifestpdx.org), a non-profit men's wellness community. No one turned away for lack of funds; work-study available if you call to set it up before your first session.

Contact information: Bryan Rollins, 503.223.8822 x1; gardenteam@manifest.org

Value of Trees

Everyone enjoys walking along a tree-lined street. Trees create feelings of relaxation and wellbeing. They lower air temperature and reduce glare on sunny days. They soften and complement architecture and direct pedestrian traffic. Studies show that people linger and shop longer along tree-lined streets.

Trees also offer environmental benefits to our community. They are a natural resource for pollution control. Trees absorb harmful gases such as carbon dioxide and carbon monoxide, and in return give off oxygen. A single acre of forest provides enough oxygen to support the needs of 18 people. They also measurably reduce erosion and storm water run off by absorbing and dispersing rainwater through leaf and root systems, thereby reducing the chances and the severity of storm related flooding. In fact, a single tree can absorb up to 30 percent of the rain that falls over its canopy!



But, did you know that trees also provide

considerable economic benefits? They reduce reliance on energy to cool and heat homes and commercial buildings. The Center for Urban Forest Research reports that a tree planted along side of a home should result in a three percent reduction in an energy bill in five years. In 15 years the savings grow to nearly 12 percent. The USDA Forest Service advises that trees properly placed around buildings can reduce air conditioning needs by 30 percent and can save 20 to 50 percent in energy used for heating. Just as a tree reduces energy expenses year after year the positive impact to property value grows at a similar pace.

Friends of Trees supports the community treescape by coordinating events each year, this year planting in Concordia on February 28. The Concordia Tree Team is currently in the process of identifying locations for additional plantings. If your property is selected as a proposed location you will be contacted to confirm your acceptance of a tree for your yard or curbside. If you would like more information on how to best care for the trees on your property visit <http://www.arboday.org> or <http://www.friendsoftrees.org>.

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St. Michael's at the University

"Faith Seeking Understanding"

6700 NE 29th Ave
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Pastor Bob Schmidt

Sunday Mornings:
8:30am - Traditional Worship
9:45am - Bible Study for all ages
11:00 am - Contemporary Worship

HOPE

FOR THE FUTURE

This 8-week course continues in February in the ongoing "Faith Seeking Understanding" lecture series. Dr. Bob Schmidt will be posing contemporary questions and, in this class, will talk about how aspects of the Christian Faith seek to answer those questions.

Tuesday nights
7:00pm to 8:30pm
St. Michael's Fellowship Hall,
beginning January 13th.

Feb 3rd *The Source of Confidence*
a) Where do we get a sense of personal worth and dignity?
b) Is there a new spirit for our age?

Feb 10th *Dealing With The Loss of Community*
a) What is the remedy for loneliness?
b) Where can we get help when you need it?

Feb 17th *Living Up to Your Potential*
a) Can we make a fresh beginning?
b) How can we start over again?

Feb 24th *Learning How To Live Together*
a) The ritual of love
b) How then shall we live?

Dr. Robert Schmidt has several graduate degrees in theology and political science. He has lectured in Nigeria, Zimbabwe, China, Japan, India, Kazakstan and Germany. Most recently he served as the Dean of Theological Studies at Concordia University and is currently the pastor at St. Michael's Lutheran Church.

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A Sign of Hope in Challenging Economic Times

Inspite of the worst economic conditions since the Great Depression, St Andrew Catholic Church, a pillar of community service in inner North/Northeast Portland, has secured more than 50% of its \$3.4 million dollar modernization project. According to church officials, the project's fund-raising campaign has received pledges totaling more than \$500,000 from church members and a substantial grant from the Terrell Fund of the Oregon Community Foundation. When completed, the over 8,000 square foot expansion of the facilities on its NE 8th and Alberta campus will allow St. Andrew Catholic Church to respond more effectively to the more than 7,000 people who turn to it annually for emergency services of food, clothing, furniture, utility, and rent assistance. Most of the families served are non-Catholic and live at or below the federal poverty level.

Steve Nicholson, manager the St Andrew Community Service Center, described a particularly moving interaction. A man came into the emergency services center, visibly upset. He attempted to regain his composure, but upon beginning to tell me his story, the man choked up and began to cry. He had moved with his two sons up to Portland from Compton, CA, an exceptionally rough city in Los Angeles County notorious for its crime and poverty. His hopes had been better education, and a more positive childhood for his two sons. Everything was going well until an accident left him unable to work, and without money to pay his rental bill for

that month. His landlord had issued him an eviction notice, and the man only had two days before he and his two sons would be evicted from their home when he arrived at my office. Fortunately, thanks to the generous giving of St. Andrew parishioners, the rental assistance we were able to provide to this man allowed him to avoid eviction and remain in his home in Portland with his two sons.

"This expansion will provide the facilities to accommodate the growth of our community, and the number and variety of services we provide," said Fr. Charles J. Lienert, pastor of St Andrew. Another plus, said Lienert, is that the project will lay the foundation for future initiatives and activities that will further the mission of the St. Andrew community, including helping those neighbors in need, as illustrated in the story above.

Developed from a Master Plan process that began in 2004, the expansion of facilities will include:

- A new 3,000 square foot building for Community Services and Offices – new offices, flexible space and storage; enlarged food storage and service area; new eco-roof courtyard; welcoming office and lobby; and improved Americans with Disabilities Act (ADA) access throughout the campus.
- A 2,000 square foot addition to the present Community Center – large, flexible meeting room;

new childcare center; a new community kitchen; and new ADA restrooms.

- A 3,300 square foot addition to the Jesuit-run St. Andrew Nativity Middle School two new fifth grade classrooms added so the school can serve younger students; graduate support and health classrooms; five new religious education classrooms; and, a new central courtyard.

The \$3.4 million project will be financed through parishioner contributions over a three-year period, sale of a nearby building owned by the parish, a commitment from St. Andrew Nativity School, and grants and donations from foundations and friends of St. Andrew. More than 75 parishioners are working on the fundraising campaign, which is taking place in addition to the many other programs already underway at St. Andrew. "This is a real bare-bones budget," said Lienert, "but with everyone pulling together, we'll be able to transform this vision into reality."

About St. Andrew

St Andrew is a multi-ethnic Catholic faith community located in inner N/NE Portland at NE 8th and Alberta. Most of the members are either low income or of modest means. Since its beginnings in 1907, it has served that part of the city through prayer and community outreach. That outreach

presently includes a Jesuit-run middle school for low income and at risk youth (St. Andrew Nativity School).

Additionally, more than 7,000 people throughout inner North/Northeast Portland and the greater metropolitan area turn to the St. Andrew community each year for help. The community's ministries focus on people and on alleviating immediate suffering and want, while working to improve civic well-being and to advance the common good.

Some of the many ministries include: providing food, clothing, furniture and assistance with utilities; Community food baskets; weekly Sunday sharing tables; Harvest Share program with the Oregon Food Bank; Community-wide Thanksgiving dinner; Christmas baskets to NE Portland families; tutoring King School students; and many others.

St. Andrew also hosts dozens of organizations representing the scope and reach of the city, such as the African-American Catholic Community of Oregon, Alberta Arts Network, the Mayan and Guatemalan communities, Oregon Action, Latino Network, Recovery Association of Portland, and American Red Cross Blood Drives.

For more information, contact:
Jerry Bitz, campaign co-chair; 503.654.0094
Lisa Hatten, campaign coordinator; 503.287.3357

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concordiaCULTURE

March 2nd

Concordia University Concert

WHAT: Winter Concert featuring the Concordia Wind, Brass, String and Handbell Ensembles.
WHEN: 7 P.M.
WHERE: St. Michael's Lutheran Church (NE Dekum and NE 29th Ave.)

March 3rd

Vernon School Kindergarten Roundup

WHAT: TourVernonSchool;talkwith Principal Tina Acker and Vernon teachers; and stay for the Parent Teacher Association (PTA) meeting at 6:00 P.M.. Vernon PTA meets the first Tuesday of each month, 6:00 P.M., in the Vernon multipurpose room (enter at southwest corner of the school); pizza and childcare provided. (Contact Satha Berres to join the Vernon PTA email list: Satha Berres, sathab@aol.com)
WHEN: 5:30 P.M.
WHERE: 2044 NE Killingsworth St.

March 6th

Old-time Music

WHAT: The Stumptown Jug Thumpers, an old and new time Americana jugband.
WHEN: 7 P.M.
WHERE: Star E Rose, 2403 NE Alberta

March 7th

Parent Panel and Social Gathering

WHAT: Prospective families of Vernon School talk with current Vernon School parents. Contact Elizabeth and Tim to join the Prospective Families of Vernon email list: bilyeuking@comcast.net

WHEN: 4 to 6 P.M.
WHERE: Concordia Neighborhood Room, McMenamin's Kennedy School, 5736 NE 33rd Ave.

Slough 101

WHAT: This free workshop explores the unique character, challenges, and opportunities of the Columbia Slough and its watershed. Learn about water quality, neighborhood history, vegetation, and urban development challenges. Whether you're interested in fish, wildlife, communities, or businesses, this workshop has something for you. Hands-on activities include:
-- A group " Build the Columbia Slough Watershed" game
-- Macroinvertebrate identification activity
-- Slough levee and pump station tour
Slough 101 is designed for adults interested in learning more about the Columbia Slough watershed. Refreshments and materials will be provided.

Pre-registration is required and space is limited. Please register early by contacting Melissa at melissa.sandoz@columbiaslough.org or 503.281.1132.
WHEN: 8:45 A.M. to 1:00 P.M.
WHAT: Multnomah County Drainage Districts, 1880 NE Elrod Drive, Portland, OR 97211

March 10th and 11th

Open House

WHAT: Open House at Trinity Lutheran School (Grades PK-8th Grade). If you have any questions call 503.288.6403 or go to www.trinityportland.org.
WHEN: 7 to 8 P.M. on March 10th and 8:30 to 11 A.M. on March 11th
WHERE: 5520 NE Killingsworth St.

March 19th

Lyceum Series Lecture

WHAT: Presented by Concordia University, "Salvation, the World, and the Gospel of Judas." CU Alumnus Benjamin Nickodemus will discuss the Gospel of Judas and its importance for modern Christianity. For more information go to www.cu-portland.edu
WHEN: 7:30 P.M.
WHERE: Fine Arts Building

Bright Neighbor Training

WHAT: Free Tools for Community Building Workshop. Learn how to swap and share with your neighbors. Find out about local events and community resources. Discover transportation and ride sharing options. In this workshop, founder Randy White will teach you how to use Bright Neighbor (an online social networking site) to connect with your neighbors. Free and open to all. Light meal provided. Register by March 16th to info@ourunitedvillages.org or 503.546.7499
WHEN: 6:00 to 8:00 P.M.
WHERE: New Columbia Community Education Center, 4625 N Trenton St.

March 21st

Community Discussion

WHAT: Sunday Parkways Café. Sunday Parkways is coming to the Northeast and we want you to be a part of the planning! Everyone is welcome to join in this collaborative and interactive conversation on how we can make this an amazing community event. Bring the kids - they have great ideas! Sunday Parkways is six-mile "temporary park", connecting Northeast Portland neighborhoods and residents. Northeast Portland Sunday Parkways will be held on July 19th, 2009.
WHEN: 9 to 11 A.M.
WHERE: Redeemer Lutheran Church, 5431 NE 20th (just off Killingsworth)

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Thursday, March 12
KATHRYN CLAIRE
CD Release • Family frolic
7 p.m. • Free • All ages welcome

Sunday, March 15
CRAIG CAROTHERS
Songwriters in the Round
San Francisco's Steve Seskin
7:30 p.m. • \$10 donation • All ages welcome

Tuesday, March 17
St. Patrick's Day
Celebration
Joe Mishkin "the Balloon Guy"
4 p.m.-7 p.m.
Brongaeene Griffin
& Nancy Conescu
4:30 p.m.-6:30 p.m.
Irish Dancers
5:30 p.m.-6 p.m.
Casey Neill
and The Norway Rats
7 p.m.-10 p.m.
All day • Free • All ages welcome

Thursday, March 19
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MEN OF THE WEST
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Thursday, March 26
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Thursday, March 26
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